



BALOO'S BUGLE



**June Cub Scout RT
Tiger Cub**

Inside, Out & Backwards

Webelos—Aquanaut & Geologist

Volume 8 Issue 11

Focus: !EMEHT TAERG A TAHW Don't you think?! This monthly theme allows the boys to "think outside the box" and to maybe discover some things in the process. It's also an opportunity for us, as leaders, to shake off some of our "grown up" thinking and have some fun and discovery time with the boys. Let's get the boys thinking about things from all directions so they don't get stuck in the rut of only seeing things one way—and let them have a great time doing it. So let loose and have some NUF!

Circle 10 Council

INSIDE OUT AND BACKWARDS

Backwards thinking poses a challenge to come up with unique ideas while at the same time backing into information.

You start with the idea or an actual object and work backwards to how it is brought to be. You might ask the boys to make a change to a pile of earth or rock and to name the changes that took place before the dirt got to where it is now.

You start with the end result and work backwards discovering the form change, disappearance of some of the changes, to where the pile of dirt started. This is just one example of ways you can think backwards.

This is an exciting fun theme. Have the boys have an official backwards den meeting or pack meeting. Inside out and backwards activities can be planned. The boys can play games backwards, talk backwards, write backwards, etc. Your imagination is your only limitation. Each Scout has something special to offer the group and will come up with ideas we have not thought about.

For backwards day, why not have a backward relay race for your children. They would have to run or walk backwards and complete the course backwards.

On Backwards day I place a large piece of paper behind the child and let them draw on it upside down and backwards (between their legs). It is a real coordination challenge and lots of fun.

Did you know The strawberry is sometimes called the "inside-out" fruit because its seeds are on the surface.

Every berry has an average of 200 seeds

There is so much great stuff in Baloo's Bugle, courtesy of many wonderful powwow books, but there are so many issues to look though. Mike, our Wizard of the Web at USSSP has made everyone's search for **stuff** in the Bugle

easier. We now have a search engine that searches only Baloo's Bugle to make it easier to find things from past issues. Yeah! Check out <http://usscouts.org/bbugle.asp> or <http://cubmaster.org>.

Lorie McGraw sent me an alert that I NEED to share with everyone. The Webelos in June work on Aquanaut, and typically I would put this Alert there, but this Alert covers so much more than a swimming pool. A few years back a Friend lost his son tragically in a swimming pool drowning.

May 23, 2002

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CPSC Warns: Pools Are Not the Only Drowning Danger at Home for Kids

Data Show Other Hazards Cause More than 100 Residential Child Drowning Deaths Annually

WASHINGTON, D.C. - Young children are irresistibly drawn to water, and tragically, about 350 children under age 5 drown in swimming pools each year. But even if you don't have a pool, your young children may not be safe from drowning. At next month's World Congress on Drowning, the U.S. Consumer Product Safety Commission (CPSC) will present data showing that about one-third as many children (an average of about 115 annually) drown from other hazards around the home as do in pools. CPSC has received reports of 459 young children who drowned in bathtubs, buckets, toilets, spas, hot tubs and other containers of water in a 4-year period between 1996 and 1999.

"While many of us are aware of the dangers a backyard pool poses to young children, not everyone knows about other drowning hazards around the home," said CPSC Acting Chairman Thomas Moore. "CPSC is alerting parents and caregivers to drowning hazards that might not be so obvious, to help prevent these devastating losses." Bathtubs

Children drowning in bathtubs account for about two-thirds of the 459 reported drowning deaths in the home. The majority of these bathtub deaths occur when the caregiver is not present. In the time it takes to step out of the room to get a towel or answer the phone, a young child can drown. In at least 29 of the 292 bathtub drowning

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deaths reported to CPSC between 1996 and 1999, the victims were using bath seats.

Buckets

Many parents and caregivers may not realize the danger buckets pose. From 1996 through 1999, CPSC received reports of 58 children under age 5 who drowned in 5-gallon buckets. Even a small amount of liquid can be deadly. Of all buckets, the 5-gallon size presents the greatest hazard to young children because of its tall, straight sides. That, combined with the stability of these buckets, makes it nearly impossible for top-heavy infants and toddlers to free themselves when they fall into the bucket headfirst.

Toilets

Toilets can be overlooked as a drowning hazard in the home. The typical scenario involves a child under 3-years-old falling headfirst into the toilet. CPSC has received reports of 16 children under age 5 who drowned in toilets between 1996 and 1999.

Spas and Hot Tubs

Spas and hot tubs, typically located near or sometimes inside the home, pose another hazard to young children. CPSC is aware of 55 children under age 5 who drowned in spas and hot tubs between 1996 and 1999.

Other Products

Though not as frequently involved in deaths, other products around the home containing water can be drowning hazards. The most common of these are buckets with a capacity different than the 5-gallon size. Additional drowning deaths have also involved landscape ponds, sinks, and fish tanks, among other products.

TIPS

CPSC offers these tips to help prevent young children from drowning:

- * Never leave a baby alone in a bathtub for even a second. Always keep the baby in arm's reach. Don't leave a baby in the care of another young child. Never leave to answer the phone, answer the door, to get a towel or for any other reason. If you must leave, take the baby with you.

- * A baby bath seat is not a substitute for supervision. A bath seat is a bathing aid, not a safety device. Babies have slipped or climb out of bath seats and drowned.

- * Never use a baby bath seat in a non-skid, slip-resistant bathtub because the suction cups will not adhere to the bathtub surface or can detach unexpectedly.

- * Never leave a bucket containing even a small amount of liquid unattended. When finished using a bucket, always empty it immediately.

- * Store buckets where young children cannot reach them. Buckets, accessible to children, that are left outside to collect rainwater are a hazard.

- * Always secure safety covers and barriers to prevent children from gaining access to spas or hot tubs when not in use. Some non-rigid covers, such as solar covers, can allow a small child to slip in the water and the cover would appear to still be in place.

- * Keep the toilet lid down to prevent access to the water

and consider using a toilet clip to stop young children from opening the lids. Consider placing a latch on the bathroom door out of reach of young children.

- * Learn CPR (cardiopulmonary resuscitation) -- it can be a lifesaver when seconds count.

Swimming Pools

Consumers with residential pools need to be aware of all the safety tips

regarding in-home hazards, and also be aware of how to protect young children from the dangers a pool poses.

The key to preventing a swimming pool tragedy is to have layers of protection. This includes placing barriers around your pool to prevent access, using door and pool alarms, closely supervising your child and being prepared in case of an emergency. CPSC offers these tips to prevent pool drowning:

- * Fences and walls should be at least 4 feet high and installed completely around the pool. Fence gates should open outward from the pool and should be self-closing and self-latching. The latch should be out of a small child's reach.

- * If your house forms one side of the barrier to the pool, then doors leading from the house to the pool should be protected with alarms that produce a sound when a door is unexpectedly opened.

- * A power safety cover -- a motor-powered barrier that can be placed over the water area -- can be used when the pool is not in use.

- * Keep rescue equipment by the pool and be sure a phone is poolside with emergency numbers posted.

- * For above-ground pools, steps and ladders to the pool should be secured and locked, or removed when the pool is not in use.

- * If a child is missing, always look in the pool first.

Seconds count in preventing death or disability.

- * Pool alarms can be used as an added precaution.

CPSC offers free publications consumers can use to help prevent child drowning: "Safety Barrier Guidelines for Pools," "How to Plan for the Unexpected," "Guidelines for Entrapment Hazards: Making Pools and Spas Safer," and "Prevent Child In-Home Drowning Deaths." Copies of these publications can be obtained here on CPSC's website, or by writing to

"Prevent Drowning," CPSC, Washington, D.C., 20207.

To establish a link from your web site to this press release on CPSC's web site, link to the following address:

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml02/02169.html>

PRAYERS & POEMS FOR SCOUTERS

Why I'm A Leader

York Adams Area Council

I'm not a Cub Scout Leader for the easy hours, high pay, parents' gratitude, power or prestige.

I'm a leader because I want the world for your son and mine,

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a world he can shape; a world of love and laughter, where he can show compassion.

I want him to be able to look at the stars, a sunrise, a sunset, the work and world of man -- and feel their beauty inside himself.

I want to help him to learn to finish anything he starts and do it well and to guide him to know his worth with a deeper understanding of himself.

I want to help shape men who have strength of character and are sensitive to others.

I want them to be the best they can be.

I'm giving of myself and my time. I reap rewards far beyond what I give. I receive for my children and future generations a better world.

I am a Cub Scout Leader because I care!

Tribute To A Volunteer Circle 10 Council

The more you give, the more you get,
The more you laugh, the less you fret.
The more you do unselfishly,
The more you live abundantly.
The more of everything you share,
The more you find that others care.
The more you love, the more you'll find,
That life is good and friends are kind.
For only what we give away,
Enriches us from day to day.

TIGER CUBS

Recruiting should always be ongoing in every level of scouting. Many young boys have just graduated from kindergarten. Don't sit around waiting for those parents and boys to come to you. Remember to have a strong pack recruiting is necessary and don't forget the Tiger age Boy and their Parents. To learn more about Tiger Cubs visit our site at

<http://usscouts.org/advance/cubscout/cstiger.html>

PRE-OPENING

Backward Treasure Hunt York Adams Area Council

Set up a kind of scavenger/treasure hunt area with different "prizes" at each clued location (e.g., a piece of candy in a can at each clue point). Then make up clues for how to get to each location, but write them out backwards so that they have to decipher them. Give the boys the clues as they arrive and send them on the hunt. At the

beginning of the meeting see how each one made out in his search for the hidden treasures.

Scrambled Proverbs

York Adams Area Council

Write out these phrases on a large poster or white board or written out on sheets of paper. As the boys arrive, have them try to figure out what each one is supposed to be. After the Den Meeting Opening, go over them and ask the boys what each one means.

Mixed Up Phrases:

1. of feather flock together a birds
2. barrel spoils the whole apple rotten one
3. don't try again if first succeed at try you
4. you don't come cross to it a bridge until
5. laugh laughs you with and the world
6. nine saves time in a stitch
7. away the doctor keeps a day an apple
8. the worm catches the bird early
9. moss gathers no stone a rolling
10. a dull jack makes all play and boy work no

The Real Sayings:

1. Birds of a feather flock together.
2. One rotten apple spoils the whole barrel.
3. If at first you don't succeed try try again.
4. Don't cross a bridge until you come to it.
5. Laugh and the world laughs with you.
6. A stitch in time saves nine.
7. An apple a day keeps the doctor away.
8. The bird early catches the worm.
9. A rolling stone gathers no moss.
10. All work and no play makes Jack a dull boy.

Unscramble the Message York Adams Area Council

Have the boys work on unscrambling messages that you prepare or you can use the following list of odrws (words!) and have the boys figure them out:

Cubmaster	Mbucretsa
Pack	Kcap
Backwards	Sdrawkcab
Fun	Ufn
Summertime	Remtmiumes
Cubs	Bucs
Wolf	Lofw
Bear	Aber
Tiger	Gietr
Webelos	Ebleows

"What's The Word?" Bee York Adams Area Council

(Editor's Note: If you prepare well enough in advance, the boys in the den that has to prepare the pre-opening activity can work on this and run it themselves. There are

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electives in the Wolf Book for making a game. Check for other electives that might be satisfied.)

This game supports “join the game as you arrive” players. Create a stack of flashcards with words that are written in “mirror image” of how they normally appear (like the word “AMBULANCE” on the front of ambulances). (An easy way to create these cards is to print off a list of words in large print, have someone make transparencies of them and then have copies of the transparencies made “backwards.” As people arrive, they’re assigned to one of the two teams playing. Have the players line up in a “math bee” fashion (pairs of players next to each other) and the flashcard presenter sitting opposite the players. As the flashcard is presented, the two “front line” players try to figure out the word. The player who guesses correctly gets a team point and those players go to the back of the line. Make sure the words aren’t too big for the boys (even forward!).

Unscramble Your Own Mess

NE-CS-54

York Adams Area Council

This was an activity we did in Wood Badge Training many moons ago. Have a group of about 5 to 8 people form a circle with all players facing in. Have each player hold hands with two other players (never holding both hands of one other player). Once the group is “connected,” have it unscramble the mess without letting go of one another’s hands. You can add one more “director player” to the activity to walk around and give directions to the tangled group on how to get untangled. As people arrive at the meeting, have them form up into new groups and have each group try the activity.

Crossroads of America

Set up the room with balloons and streamers to celebrate summer and the anniversary of our great country.

Name Tags

Make name tags out of shapes of a flag.

OPENING

Inside-Out

Trapper Trails Council

Have signs that each boy can hold (3 that say inside, 3 that say outside, 1 that says inside-out)

Boy 1: (Inside sign) I am proud to live in the United States.

Boy 2: (Inside sign) I am happy to be free to say what I want and be what I want to be.

Boy 3: (Inside sign) I am grateful for those who fought and died so that we could enjoy our freedom.

Boy 4: (Outside sign) I will show respect for those who fight for our country.

Boy 5: (Outside sign) I will show respect for the flag by wearing my uniform tucked in during flag ceremonies.

Boy 6: (Outside sign) I will salute the flag or place my hand on my heart during the Pledge of Allegiance.

Boy 7: (Inside-Outside sign) Inside and Out, I will always be proud to be an American. Please rise and repeat the Pledge of Allegiance with me.

Opening

Inland NW Council

Start this ceremony from the bottom do it backwards!

Cubmaster: Ladies and gentlemen, on behalf of the Cub Scouts and Leaders of Pack ____ Welcome to your Pack Meeting.

At this time, I will light the candle that represents the Spirit of Cub Scouting and will let it burn throughout our meeting to remind us of our overall purpose in the program of Cub Scouting.

I have here four candles. With the "Spirit", let me ignite the first to represent the imagination of you the parents and you the adult leaders. The second represents the material, the Cubs whom you have molded into masterpieces of art, good men of tomorrow. The third and the fourth candles represent the various tools you use to build these men, let's call them citizenship training and character development. May I remind you to work carefully but not slowly. We have the material available and the world is in due need of the finished product. If you make a mistake or if the material is not easily worked, be careful. Make the corrections carefully and with patience. We cannot afford to lose a single product.

Boys, do your part by responding readily to these Imaginations. When a builder sees progress, they are urged to build more. We need the builders to be encouraged too.

From the Inside Looking Out

York Adams Area Council

Setup: Have the boys prepare their own pictures for each of the sets of lines, maybe even from the perspective presented. (For example, for the Cub 1 lines, the picture might be someone looking longingly for freedom.)

Narrator: Have you ever imagined what it must be like seeing things from a different perspective? Tonight, as we focus, or unfocus, on seeing things differently, let's consider another perspective for some everyday things...

Cub 1: As it waves and unfurls in the breeze
There are many things that our flag sees
It sees those who upon it stare
And see the power and beauty there.

Cub 2: As our highway across the land
It's awfully hard to understand
How someone could think himself better
To not obey the law when it comes to litter.

Cub 3: The air we breathe is all around
It also is there to carry sound
How strange it must feel to carry forth
Words that tear down—that have no worth.

Cub 4: So as this great country comes to be
The land that protects both you and me

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Let's all commit to a different view

Let's all commit to goodness anew

Narrator: To seal our commitment, let's begin our meeting with the Pledge of Allegiance.

A Backwards Pledge York Adams Area Council

Note: The following is not meant to be disrespectful in any way. In fact, it hopefully will be different enough that everyone will stand up and take note—it might keep us from saying the Pledge as rote.

Setup: Have the boys who will be reading their lines practice them ahead of time so that they can run through the ceremony smoothly and with full sincerity. Give each boy a card with the lines for one Cub to read, in the order they are presented here. If you are using a color guard to present the colors, have everyone stand for the posting and remain standing during the reading of the Pledge.

Leader: Tonight, as we enjoy our "Inside Out and Backwards" theme, we are opening with a different look at the Pledge of Allegiance the we say each month. Our color guard will present the colors and all will please remain at attention as the Cubs from Den ___ recite the Pledge for us.

Cub #1: With liberty and justice for all—Freedom and fairness. This is what every person in every land wants for him or herself. Isn't it only right that each of us work to make that happen for everyone else so that each of us has it? Let's work to make this real throughout the US and the world.

Cub #2: Indivisible—It cannot be broken apart. Our country's very short history has been tested time and time again, but we stand fast to this. We cannot and will not be broken apart.

Cub #3: One nation under God—We are a community that as a community understands and recognizes that God is our strength and our protection. We may have different names for God, but that does not change our basic understanding and belief.

Cub #4: And to the Republic for which it stands—We are a people united. Although we are all different, when we combine the strengths of our differences, we are the strongest united people in the world.

Cub #5: To the flag of the United States of America—A symbol of a nation that stands for all we have just described.

Cub #6: I pledge allegiance—I am a part of all of this and I will do my part to keep it so.

Leader: Two.

Crossroads of America

Note: Since the theme is partially **backwards**, use the closing as the opening and the opening as the closing.

We have had a lot of fun with the theme in **inside out and backwards** today (or evening). But we also saw that even when viewed from a different angle, they remain the same.

For example, a frown is a backwards smile. Just depends on how one looks at it. A frown may cause a person to stay away while a smile will cause a person to feel welcome and valued. A smile is a welcome as well as a goodbye. Tomorrow, lets each of us smile to not only those we know, but also to those we do not know so well. A smile is a wonderful thing to share. Please rise and join me in the Pledge of Allegiance. When done, have everyone sit down.

PACK/DEN ACTIVITIES

Activities and Games Trapper Trails Council

Let your boys get to know each other inside and out by putting together collages of all the foods they like, favorite colors, games, songs, sports, hobbies, interests, collections, etc.

July is a great month for a campfire activity. At pack meeting, get to know family members by having Cubs, Parents, and Sibling tell their most frightening, funny, or memorable experiences. They could also share stories of their favorite teachers, first in their lives, greatest learning experiences, etc. The possibilities are unlimited.

In the book "Fun to Make Wooden Toys and Games", by Jeff and Jennie Loader, there is a pattern of a Magic Box. It has the patterns for a box, which would be perfect to illustrate inside, outside, and backwards. It could then be used for a cub magic show. (Due to the copyright laws, the patterns couldn't be placed in this book.

Connie Rouse sent this great idea in for the Acbracadabra Theme. Thank you Connie

Comments: For the magic theme of May, we made a magicians hat out of a refrigerator box. We covered it in black paper, the kind schools use for bulletin boards. We cut a hole in the back and a hole in the side. The boys entered from the side, we said the magic words and they came out with their next rank scarf on. The kids loved it. We had a parent whose son was not involved in that particular rank work with changing scarves for the boys. We even let the siblings get into the act at the end because everyone was so excited.

Cap On Peg Slide Debbie Kalpowsky

Note: This is a reverse version of the cup in a ball game.

Materials:

- Wooden spool
- Wooden peg or dowel to fit center of spool, about 1 ½ inch long
- 5 inches cording or heavy thread
- Plastic cap to fit over the top of the dowering or peg
- Paint, color of your choice
- ¾-inch PVC slide ring

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Equipment:

- Hot glue
- Paint brushes
- Punch awl or small drill

Directions:

1. Hot glue the wooden peg into the spool.
2. If desired, paint both pieces and allow to dry.
3. Punch a small hole in the center of the plastic cap.
4. Glue one end of the cording to bottom of the wooden spool.



5. Slip the other end of coring through the hole in the plastic cap, make a knot and glue in place
6. Mount the slide ring to back of the spool using hot glue.

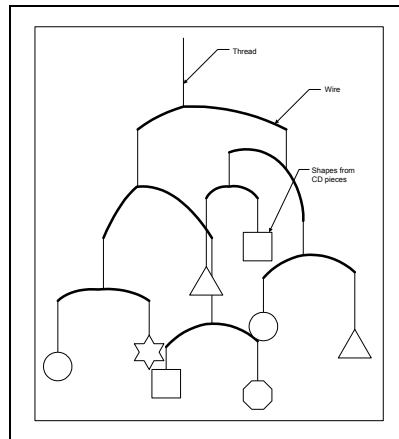
Mirror Mobile

York Adams Area Council

Materials:

- Aluminum wire (use a length of main feed electrical house wire, stripped and unbundled)
- Junk CDs (e.g., AOL)
- Thread
- Hot glue
- Utility knife

DIRECTIONS: Ahead of time, cut the CDs into various shapes. You will need a dozen or more for each mobile. Also, cut the aluminum wire into different lengths (3" to 6"). Put a slight hook on each end of each length of wire to give a place to tie the thread. Cut the thread into varying lengths (6" to 10"). Have the kids glue one end of each thread sandwiched between two pieces of CD. Have them tie and glue the other ends to ends of the some of the wire pieces. Tie and glue the centers of these pieces to ends of other wires forming a mobile. (This is really hard to describe in words—how about looking at a picture instead!?)



Mirror Messages

York Adams Area Council

Materials: Paper, pencils, mirror

Have the boys practice writing letters backwards and looking at them in the mirror. Have them write a mirror message question to another boy in the den and have them give their messages to the boy next to them (so that each boy gets a message to answer). Have the boys then answer in backwards lettering as well.

Dress Down Meeting

York Adams Area Council

Have the boys wear something other than their uniforms but have them wear the clothes inside-out and backwards for the meeting.

Summer Fun Backwards Olympics (opposite handed events, slowest wins, etc.)

York Adams Area Council

Conduct an Olympic event that does things a little differently—i.e., everything backwards! Have events such as:

Backward 50-yard dash

Backward standing long jump.

Backward (or over the head) "shot put" and javelin throw

Backward balance beam walking

You can also "throw in" some "opposite handed" events, like "Other Hand" throws

Mirror Maze Relay Race

York Adams Area Council

Set up a serpentine maze that the teams must navigate walking backwards using a mirror to see their way.

Eb Gnilleps Drawcab

York Adams Area Council

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Hold a two-team spelling bee—with a catch. The boys must spell the words backwards. You won't have much success with long words so you need to come up with a list of short ones. Suggestion: To prepare the words, have someone make up index cards or a listing of the words and their backward renditions.

Behind My Back!

York Adams Area Council

Put together a grab bag full of lots of common items that can be identified by feel. Line up each of two teams so that the teammates are standing shoulder-to-shoulder, with the two teams facing each other. Have as many different items for each team as you can find (but same items can be included) and have the items listed out on a checklist for after the "passing" part of the race. Have a "starter" adult for each team, who has the items hidden in a bag, standing at one end of team, behind the players. Have a "finisher" adult at the other end of the line. On the signal "go." The starter places the first item in the first player's hands which are behind his back. After one second blow a whistle to signal passing the item to the next person as the starter hands the next item to the first player. This continues until all of the items have been passed through all of the players and have been "secured" in a bag by the "finisher" adult. Gather each team together to see if they can recall all of the items they "saw."

AUDIENCE PARTICIPATION

Abe the Left-footed Mule

York Adams Area Council

Mr. Mullins: "Whoa there!" (Gestures as if pulling on reins)

Mrs. Mullins: "Stop, Stop!" (Holding hands to head)

Abe, The Mule: "Haw Hee, Haw Hee" (index fingers pointed up like ears)

Able, The Mule: "Hee Haw, Hee Haw" (index fingers pointed up like ears)

Jasper: "Howdy folks" (hand raised in greeting)

This is a story about **MR. Mullins** and **Mrs. Mullins**, two of our Pilgrim ancestors and their little mule named **Abe**.

Abe was left-footed and he did everything just exactly backwards. When **Mr. Mullins** wanted to, plow the fields, **Abe** pulled the plow so far to the left that he went in big circles. When **Mrs. Mullins** wanted to go to the village, **Abe** went backwards instead of ahead. "It is Very embarrassing," cried **Mrs. Mullins**. "It is very confusing," cried **Mr. Mullins**. And **Abe** just cried.

One day their cousin **Jasper** came to visit and he saw **Abe** plowing circles and pushing the wagon backwards. **Mr. Mullins** was so confused. **Mrs. Mullins** was so embarrassed. **Abe** was so unhappy. "We'll have to send **Abe** away," said **Mr. Mullins**, "or we can never get to the village," said **Mrs. Mullins**. "And we do love him so," they both cried. "Hmmm," said Cousin **Jasper**, "**Abe** is a

very handsome mule, even if he is left-footed." So Cousin **Jasper** thought it all over and he said: "Why don't you get a right-footed mule to go along with left-footed **Abe**?"

"Yes, why don't we!" said **Mr. Mullins** and **Mrs.**

Mullins. So they did; they got a very right-footed mule named - **Able**.

Now everything works out very nicely. When **Abe** plows left, **Able** plows right. Between them their field was the straightest in all the colonies. When **Mrs. Mullins** hitches them up to go into the village, she hitches **Abe** backwards and she hitches **Able** front wards. And away they go at a good, fast-pace. "We may look strange" says **Mrs.**

Mullins -, "But we do get to the village in a hurry".

So **Mrs. Mullins** is happy. **Mr. Mullins** is happy, And **Abe** and **Able** are happy. And Cousin **Jasper** went home very well pleased with himself.

Rindercella

York Adams Area Council

This is just a fun read-it-to-them story. Better get lots of practice before attempting it, though—its not an easy read! Once upon a time in a corn foundry there lived a geautiful birl and her name was Rindercella. Now Rindercella lived with her mugly other and tow sad listers. Also in this same corn foundry there lived a pransome hince, and this pransome hince was going to have a bancy fall and he'd invited people for riles amound especially the pick people. Now Rindercella's mugly other and her tow sad blisters went to town to buy some dancy fesses for the bancy fall, but Rindercella cound't go cause all she had to wear were some old ruddy dags. Finally the night of the bancy fall arived and Rindercella coudn't go so she just crank down and shried. And she was sitting there shrieving when all of the sudden there appeared before her, her gay mudfather and he touched her with his wagic mend and there appeared before her a kig hutch and hix white sorces to take her to the bancy fall, and he said-"Rindercella, be sure and be home before midnight or I'll purn you into a tumpkin!"

When Rindercella arrived at the bacy fall the pransome hince met her at the door because he'd been watching behind a wooden hindow. Rindercella and the pransome hince mance all night until nidnight and they Jeff in fove. And finally the midclock struck night, and Rindercella spaced down the rairs and just as she beached the rottom she slopped her dripper! The next day this pransome hince went all over the corn foundry looking for the geutiful birl who had slopped her dripper. They finally came to Rindercella's house, and he tried it on the mugiy other and if fidn't dit. The he tried in on the two sisty uglers and if fidn't dit and then he tried it on Rindercella and if fid dit! It was exactly the sight rite! And so they were marned and lived heavenly after nappily. Now the storl of the mory is: If you go to a bancy fall and you want a pransome hince to Tell in fove with you--don't forget to slop you dripped!

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ADVANCEMENT CEREMONIES

Package Award Presentation Trapper Trails Council

Wrap awards inside a small box and then inside a larger box, wrapping each boy's awards in two or three boxes. "Inside" several packages to get their awards "out. You can never judge a book by its cover, a package by its wrapping, or a boy by his outward appearance. Tonight we have many boys who are earning awards. Some will be presented tonight, and others are in the process of earning their advancements. Sometimes you have to look deep inside a boy to see who he really is. Tonight you may have to look deep inside your package to see what you have earned. As Cub Scouts, may we all look deep inside and discover the potential that is hidden inside each person. (Call the boys up to receive their awards.)

Inside-Out Pocket Presentation Trapper Trails Council

Turn pockets from old jeans, turn the pockets inside out, and have awards in the pockets. Our boys have been working so hard for their awards they feel like they've been turned inside out. Now they've received their awards. I'm sure they will feel like everything is all right. (Turn pockets right side out and send awards home in the pockets with boys.)

Ceremony Awards Backwards (Backwards Awards Ceremony)

York Adams Area Council

This award ceremony will be a challenge to anyone who conducts it. Therefore, it is short and to the point. The best advice is to practice it, practice it, and practice it. Then, make sure you have a cheat-sheet with you when you try to conduct it. (You might decide to have an "interpreter" who, in a quieter voice, repeats each line "backwards" after the Awards Chairman has said it backwards.) Scouts Cub our of accomplishments the celebrate we tonight. Tonight are they where get to hard very worked have they. Bobcat of level the for requirements eight the completed have who Cubs [number] have we. Parents their with up come boys the would. [List names of boys (backwards).] Sons your to badges these award please. [Hand parents badges and offer the backwards applause.] Rank Wolf the for requirements their completed have who Scouts Wolf our recognize to want also we Forward come please parents their and boys following the would

Wolf of rank the reached have and Wolf for requirements twelve the completed have Cubs these [List names of boys (backwards).]

Sons your to badges these award please. [Hand parents badges and offer the backwards applause.] Rank Bear the for requirements the finished have who Cubs some has also Pack our. Requirements achievement twelve complete Cub each requires rank Bear the. Self and family country God of areas the in are achievements the. Forward come please parents their and Cubs these would. [List names of boys (backwards).] Sons your to badges these award please. [Hand parents badges and offer the backwards applause.]

Badges Activity on working been have Dens/Patrols Webelos our. Meeting Pack last the since badges these earned have Webelos following the. [Call off names of boys (backwards) and the Activity Badges they have earned to come forward and receive them.] Requirements rank Webelos the completed have who Scouts Webelos our honor to want we finally. Forward come please to parents their and Webelos these ask we. Program Scout Cub the in "rank" last the is rank Webelos the. Award Scouting Cub highest the earn to you challenge we rank this reached have you that now. Light of Arrow the is award that. Well done have son(s) your parents. Badge(s) Webelos their them award please.

Back to the Woods Ceremony Crossroads of America

Props: Fishing pole, small empty child's swimming pool. **Cubmaster:** Sorry everyone, but the meeting has worn me out, so I am going fishing. (Tosses line into the pool and pretends to fish pulling the line out several times with nothing on the line.) Sets the pole down where the Assistant Cubmaster can reach the line (Assistant Cubmaster attaches a bag full of advancements) and stands and says "You know many boys have also done a lot over the last month and they might like to fish too. (Have a Cub come forward and help the Cubmaster fish again.) This time every one sees "the catch" and the Cubmaster continues the ceremony by calling up the boys and their parents and awards the advancements.

GAMES

Water relay

Trapper Trails Council

Supplies needed: Children's swimming pool or large buckets filled with water, two empty buckets, and two large sponges. Fill swimming pool or large bucket with water. Divide boys into two teams. Have first member of each team fill

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his sponge with water, and run to the empty bucket. Squeeze water from the sponge into that bucket, then return back to his team. Tag the next team member and have him repeat the process. First team to fill their bucket wins. We are taking water from the inside of the bucket or pool and putting it out in the other bucket. To make this a backwards game, have the boys run backwards on their way to or from the empty bucket.

Back To Back Push Up

Trapper Trails Council

Have boys sit back to back and lock arms with each other. Push against each other while trying to stand. Can be done as a race to see which team can stand up first.

Hold a carnival and have a variety of inside out and backward games. Play ring toss, throw balls into boxes of various sizes, throw balls backwards into a basket, run relays backwards- -(after the relay is over, announce that the slowest team members are the winners.)

Blind Artist

Trapper Trails Council

Blindfold a cub scout. Give him a crayon, and tell him to draw a head on a poster paper. Blindfold the next scout and have him add two eyes to the head. Blindfold each boy in turn and have them create a new inside out, backwards cub scout. Display it at pack meeting.

Gossip

Trapper Trails Council

Have the cub scouts line up in a row. Have the first boy pass a message to the boy next to him, who in turn passes it to the next boy. See how backward the message is when it gets to the last boy.

Suitcase Relay

Trapper Trails Council

Supplies-two suitcases, set of clothes for each suitcase(make sure they have the same number of similar articles in each suitcase.), two chairs. Divide the boys into two teams. Give the first boy from each team a suitcase full of clothes. Have him run down to his chair, and put the clothes on. Once he has dressed completely, have him take the clothes off again, put them in the suitcase, and run the suitcase to the next person in line. See which team gets through all members first.

Tennis Ball Puppet Game

Trapper Trails Council

Supplies: Old tennis balls, permanent markers, and popcorn kernels. Cut a one inch hole in the tennis ball for the mouth of the puppet. Draw eyes and nose on the ball. Squeeze the sides of the ball together to make the mouth open. Place the popcorn kernels on a table top or in bowls. Squeeze the ball to open the mouth and try to pick up the kernels in his mouth without using your other hand.

Time the boys for 15 seconds, and then count to see who picked up the most kernels.

Tangled Web Relay

Trapper Trails Council

Divide boys into teams. Give each team a small ball of yarn (make sure they are all the same length). Have first boy of each team wrap yam around the back of a chair in a web. After they get it all wrapped, they wind it up in a ball again and then take it to the next person. Continue until all members have had a turn.

Mirror Relay Race

York Adams Area Council

Must walk backwards through course and return to line and pick "next letter" runner whose letter is written backwards. Use a mirror to navigate and see next runner.

Inside Out Race

York Adams Area Council

Each team has "manikin" at one end [a scout in swim trunks]. Clothes are all right side out folded next to manikin. On go, one runner runs to manikin, turns article of clothing inside out and waits for manikin to put it on. When on, runner returns to starting line for next runner to go.

Speak and Do The Opposite

York Adams Area Council

I couldn't think of a better title for this, but it is fun to play both for kids and adults. Each team sends a person to challenge a member of another team. The person challenging says something like "**I Am Patting My Head**" but in fact they are rubbing their tummy. The person being challenged has to say in reply "**I Am Rubbing My Tummy**" and at the same time be patting their head. If they fail to do it properly in a given time or get it the wrong way round, then the challenging team wins a point.

Shoe Mix-Up

York Adams Area Council

The Beavers are divided into two equal teams. The team members will take off one of their shoes and put them into a pile; with one pile per team. The Beavers will stand about eight feet from their pile waiting for the leader to give the signal to start. On the word 'go', team Beavers will put on a shoe that belongs to another team member. Once the shoes are on, the Beavers must then match up their left and right feet with the other team members wearing similar shoes. The feet of each Beaver must be pressed against the same shoe to be matched. The first team to match all of their feet wins the game.

Back-to-Back Relay

Crossroads of America

For anyone who wants to participate, have them divide themselves into several teams. Try to balance the ages and

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sizes to allow a more even outcome. People stand back-to-back and link their arms.

On the word “Go”, the first people of each team begins walking towards a turn around point about 30 feet away with one person in front and the other in the rear. When they reach the turn around point, have the person who was in the back now be the person in the front and have them walk back and tag off to the next pair who will repeat the action until all people in the line have completed the activity. First team that has all the people complete the task wins!

SONGS

OGNIB

(similar to BINGO, but backwards!)

York Adams Area Council

There was a farmer who had a dog and OGNIB was his name, oh!
O-G-N-I-B, O-G-N-I-B, O-G-N-I-B, and OGNIB was his name, oh!
For each verse after the first, omit saying one letter more, so that the second verse is:
There was a farmer who had a dog and OGNIB was his name, oh!
(Sh)-G-N-I-B, (Sh)- G-N-I-B, (Sh)- G-N-I-B,
And OGNIB was his name, oh!

And so on

My Mother, She Set Out My Play Clothes (tune: My Bonnie Lies Over The Ocean)

York Adams Area Council

My mother, she set out my play clothes
For me to wear on Saturday.
But when I woke up in the morning,
I saw she'd done it the wrong way.

Chorus

Lay out, lay out, oh lay out my clothes the right way, right way.
Oh Please Mom, please Mom! I want to go out and play!

She had the blue jeans on the top
Of the stack—which means put them on first.
And next to the shoes and the socks,
Were my boxers—the pattern star burst.

Chorus

I put on my play clothes in the order
That Mom had placed them out for me.
But when I put on my white tee shirt
The sleeve got stuck on my knee.

Chorus

The socks got stuck on my hands,
The shoe did not fit on my arm,
Luckily when I put on my pants,
The buckle did not my face harm.

Chorus

The morale of this silly tale
Is based on how silly I felt
When putting on clothes Mom laid out.
Don't wrap your feet up with your belt!

Chorus

SKITS

Mirror Stunt

York Adams Area Council

With some practice, this can be a very amusing stunt. The idea is for 2 boys to harmonize their pantomime movements so it looks like there is only 1 boy looking in a mirror. They do everything in unison. Here are some suggestions:

Boys face each other, sides to audience. They should be about the same size and height and dress alike.
Practice all movements in slow-motion, then speed up slightly.

Use movements that can be seen clearly by audience.
Don't laugh or smile.

Do movements like leaning forward and touching noses, putting palms together and tilting head, twist face into comical expression, etc.

Stunt can be ended by 1st boy waving good-bye while other boy motions 'come here'. They stare at each other in surprise, shrug, face audience, bow in unison and exit.

BUC TUOCS

York Adams Area Council

The following den radio skit is easily adapted to a make believe TV commercial using live Cub Scouts or puppets.
Announcer: Boys, have you been feeling sluggish lately? Do you have that gray feeling? Do you have that “over six” feeling? I have the answer to your woes—BUC TUOCS. We have with us tonight some people who have tried it and are wild about it. Here are our guests to tell you all about it.

Cub 1: When I reached 7, I needed something, I was out of touch. I tried BUC TUOCS and got the lift I needed.

Cub 2: I couldn't adjust. My social life was falling apart. BUC TUOCS was the answer.

Cub 3: I was plagued with the feeling of growing old. Was life passing me by? BUC TUOCS gave my life a purpose.

Cub 4: BUC TUOCS changed my life. New horizons were opened to me.

Cub 5: Girls were my problem. My kindergarten friends had gone in different directions. BUC TUOCS helped me find new acquaintances.

Announcer: Thank you fellas, for your unsolicited testimonials. Remember folks, try BUC TUOCS—it's CUB SCOUTS spelled backwards!

Cub Scout Upside Down Stew
York Adams Area Council

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Setting: On stage is a huge pot, made from cardboard carton. The pot could be painted on the side of the carton. Boys getting into the pot, pile on top of each other face down. Boy with chef's hat is stirring in pot with a broomstick.

Chef: (pretends to taste) Hmmm-mm. Tastes like a well-rounded den to me.

Den Leader: What did you put in it?

Chef: (reading from oversize card marked "Recipe") Cub Scouts that do their best.

(Any number of uniformed Cubs climb into pot)

A sense of humor. (Grinning Cub wearing sign "Humor" climbs into pot)

A pinch of wanting to please. (Cub wearing sign "I want to please" climbs into pot)

A dash of mischief. (Cub wearing "Mischievous" sign climbs into pot)

A bit of obedience. (Cub wearing "Obedience" sign climbs into pot)

A bundle of sunshine. (Cub wearing "Sunshine" sign climbs into pot)

And a ton of energy. (Cub wearing "Energy" sign scampers into pot)

Stir well and you have Cub Scout Upside Down Stew.

Den Leader: (pretends to taste) Tastes like dirty blue jeans to me!

Shrinking Oil

Crossroads of America

Two boys are talking about muscle building with one proudly striking poses and bragging how perfect his body is.

The second boy asks, "How did you get such a great body?"

The first boy responds "I rub down every night with oil."

The second boy decides to give that a try and the next day both reenter the stags with the second boy going in on his knees and says, "I shrank!"

The first boy asks "What went wrong, what kind of oil did you use?"

The second responds "Crisco."

The first boy then exclaims "No wonder, that's shortening!!" Both depart laughing!

CUB GRUB - Fun Food

OERO SEIKOOC (pronounced "errow sea-kook")

York Adams Area Council

MATERIALS NEEDED:

- Waxed paper
- Package of Oreo Cookies (get it now?!)
- Thread or dental floss
- Someone to help you!

Using the thread or floss as a flexible saw blade (or an Oreo garrote, if you will), separate one side of the cookie

cracker from the cream and other cracker. Then, from another cookie, completely separate the cream from both cracker sides. Put the cream wafer from the one cookie on the "outside side" of the first cookie/cream piece. (The directions might not do a good job, but the end result is supposed to be an Oreo Cookie that has to cream outsides with a chocolate cookie center!)

Inside-Out Jell-O Rings Contest

York Adams Area Council

Make up a tray of Jell-O on a cookie sheet, making the Jell-o about ¼-inch thick. Using two different sizes of circle cutters (like cookie cutters), cut out rings about 1 ½ inches in diameter and about ½-inch thick. Give these out and have the boys try to turn them inside out before enjoying them. (Side note: I haven't tried this, so if it works, please let me know!)

Backward Ice Cream Cones

York Adams Area Council

Use cone-shaped sugar cones and break off the bottom of each one. Fill with ice cream "as usual" and have boys eat from the bottom up. (Messy but fun, again!)

Cooking Inside an Orange

I have done this with a white cake mix and even with hamburger. Use an orange with a thick skin To prepare the orange, cut it in half and place your fingers between the meat of the orange and the skin. Slide your fingers back and forth to loosen and separate the orange from the skin. A spoon can also be used to remove the meat of the orange. Eggs, muffins, or cakes cook well in the shell. With cakes and muffins, fill the shell 2/3rds full of batter. Place the shell on a square piece of heavy-duty foil, bringing the foil up around the orange and coming together at the top of the orange. Leave enough room for the food to rise in the shell. Place it on the hot coals for 10 minutes or until the food is cooked. YUMMY!!!

STUNTS & APPLAUSES

Summer Jokes

Trapper Trails Council

Son, if you want to learn anything you have to start at the bottom.

But Dad, I want to learn to swim.

You shouldn't swim on a full stomach.

Okay, I'll swim on my back.

Camper: Can you pitch a tent?

Beginner: Overhand or Underhand?

Why did the hamburger look sad?

Because it was grounded.

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What do Spiders eat with their hamburgers?
French Flies.

Willie: I just found a lost baseball.

Dad: How do you know it was lost?

Willie: Because the kids down the street are looking all over for it.

Boss: Did you mark the crate "Fragile, this side up"?

Worker: Yes, sir, and just to be safe, I marked it that way on both sides.

Why are you crying?

I cleaned the bird cage and the canary disappeared.

How did you clean it?

With the vacuum cleaner.

Traveler: I'd like to buy a round trip ticket, please.

Agent: To Where?

Traveler: Back to here, of course.

What do you call an airline that flies backwards?

A receding airline.

"I slept with my head under the pillow last night."

"What happened?"

"The tooth fairy came and took my teeth out."

Applause

Put handkerchief into pocket. Have everyone cheer until you pull the handkerchief out of your pocket. Repeat.

Back Applause

Give yourself a pat on the back.

York Adams Area Council

When I Do : The orders are "When I bring my hands together, you do. When I do not, you must not." Then go through several false motions to see if you can catch the group napping.

Round of Applause: While clapping hands, move them around in a circle in front of you.

Reverse Applause: Move hands away from each other.

Once Over: Circle hands, at bottom of circle clap palm of one hand and back of the other hand together.

Pat on the Back: Everyone pat the back of the left shoulder with their right hand.

CLOSING CEREMONY

A Little Story

Inland NW Council

This is a little story about four people named Everybody, Somebody, Anybody, and Nobody.

There was an important job to be done, and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did it.

Somebody got angry about that, because it was

Everybody's job. Everybody thought Anybody could do it,

but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done! The next time Somebody asks you to do something, just remember Anybody can do it, but Nobody will if you don't.

Opening Ceremony

York Adams Area Council

This one works with the "opening closing ceremony."

Sometime during the meeting, have someone remove the colors to the back of the room (at some point when no one is really paying attention). The den assigned closing retreats to the back of the meeting room just before the closing and at the signal from the Cubmaster, they present the colors with all the normal fanfare used at the start of the meeting. Have everyone recite the Pledge of Allegiance and then wish them a Good Night!

Thgin Doog

York Adams Area Council

Have the boys draw their letters on large pieces of paper to hold up in front of the audience. Have them write their lines on the backs of the papers. In the order presented, have each boy step forward, hold up his paper, and recite his line. The whole closing spells out "Good Night" backwards. If you want, you can then have them rearrange themselves to spell it correctly (left to right!).

T: Tonight has been a really great time

H: Hope you all had fun

G: Great to see the Pack together

I: In play and having fun

N: Now it's time to say farewell

D: Don't worry 'bout it though

O: Of course we'll be back really soon

O: One and all we'll be ready to go

G: GOOD NIGHT PACK ___!

Good Night Shirts

York Adams Area Council

Give boys large tee-shirts with the letters G-O-O-D-N-I-G-H-T printed on them. (Use cut out letters stitched on, temporary iron-on, washable marker, or some other method that doesn't destroy the shirts.) If you need to double up on letters per boy, just make sure the letters stay in order. Have the boys don their shirts inside out, backwards, inside out/backwards. They all walk on stage and stand in line across the front of the stage. Leader comes up and says "Den XX: Prepare for Inspection!" All the boys stand ramrod straight. As the leader goes from boy to boy, he tells him what's wrong with his shirt. ("Joe, your shirt is on backwards; please fix it. Tom, what's wrong tonight? You have your shirt on inside out." Etc.) As boys are corrected, they correct their shirt positions. By the end of the "inspection," the group is standing there with the message "Good Night!" for the

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audience. On the leader's signal, they all shout "Good Night Pack XX!"

Welcome Ceremony

Crossroads of America

Have Cubs draw the letters **W-E-L-C-O-M-E** and write the following on the back, and then have them read their parts.

W- well it's that time again

E- everyone here is a friend

L- let's all say hello

C- 'cause it's time to go

O- or is it?

M- my oh my

E- is this really the end?

Cubmaster: Goodnight Scouts!

WEBELOS

Circle 10 Council

As a general rule, every boy likes water as long as it isn't in a bathtub. Swimming is one of the best sports that a boy can be involved in. It is one of the few sports in which every muscle in our body is exercised. This activity badge is designed to get a boy well-grounded in basic water safety procedures and help him learn to swim.

Through learning to swim, each boy will gain a sense of self-achievement, as well as gaining a life saving skill.

Make a sincere effort to be trained in the BSA "Safety Afloat" program. Information can be found in the Cub Scout Leader book. If that is not possible, try to find someone who is trained to attend the Webelos meetings to cover this badge. Possible places to swim include city park recreation departments, Camp Wisdom pool, or a pool at a family residence. Remember to provide lifeguards. Get permission slips for the outings and file a tour permit.

Each Scout needs to know and understand about the buddy system. Sometimes it helps to let them know that when they become Boy Scouts the buddy system it still required at the council camps, and that if the big boys do it, it is important for them to prepare and follow that instruction. It is also wise for them to know that to save someone they do not need to jump in. Reach, Throw, Go can be followed. It is discussed below. Boating can be taught at a regular den meeting instead of at a pool or other water facility. Try to have more than one type of personal flotation device, PFD, for them to see. They need to know that different PFDs can help different sized people, and to know which is best for their respective sizes.

Rules For Safe Swimming

It should be safe, hazard-free, and well marked-off.

There should be a lifeguard or adult with water-safety training keeping watch from the "shore."

Establish and follow "pool" rules.

Maintain good discipline.

Teach the buddy system and its importance. Enforce the system with frequent buddy checks.

Ability group the Scouts.

Teach rescue methods.

Drownproofing

This technique for staying afloat indefinitely may give confidence to boys who fear the water and don't believe they can float. The steps are:

Relax completely. Be lazy. With lungs full of air, float face down with back of neck on the surface. Let arms and legs dangle at rest. Rest for 3 seconds.

Extend your arms forward slowly.

Raise your head to the surface; exhale through your nose and mouth. Your shoulders should stay underwater.

Keep your head straight. Push downward with your hands to keep your head above water. Inhale slowly.

With your lungs full of air again, drop your head forward and assume rest position again. Rest for 3 seconds, then repeat steps again (Increase rest periods for up to 10 seconds as you become more adept.)

The first thought of most boys when they see someone in trouble in the water is to rush to his aid. Quick action is important, but other methods are safer:

If you can **Reach** the person with any object at hand, then this is the first choice. Your hand, leg, fishing rod, branch, pole, anything that's long enough for him to grab and strong enough not to break while you pull him to shore. Just make sure you have a good grip on something secure so you're not pulled into the water.

If the victim is further out, **Throw** a rope or a ring buoy with line attached. Or throw an inflated inner tube, a boat cushion of anything else that floats. Any object that will support the victim will do. Then you can encourage him to kick his way back to the shore.

If there's a boat or any other small craft nearby, get into the water quickly. **Row** out to the victim and have him hold onto the boat as you tow him to safety. Always approach a victim stern-first in a rowboat.

Only if there is no other way, and if you have confidence in your ability, should you **Go** into the water to attempt a rescue. It takes a strong, experienced swimmer, well trained in water-rescue methods, to save a drowning person. You may be safer and wiser if you go for help. If you attempt the rescue, carry a towel or shirt in your mouth. When near the victim, toss him one end of the towel or shirt and tow him to shore. If he grabs you, take a big breath; submerge until he lets you go.

Pack Pool Party

A fun idea for a pack meeting is to place the boys' awards in zip lock bags, you may want to double them with something to weight the bag down, toss the award into the pool and have the boys dive in to retrieve his award.

Other ideas can include adding floating items to the water that the boys need to retrieve, such as throwing in plastic-

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sealed frozen Popsicles, or an oiled watermelon, which can make great refreshments.

Inner Tube Strength

Inner tubes are great muscle-builders. It's possible to get used bike tubes; try them for these limbering-up exercises: Cut the tube's circle in half, and then loop it behind your hips, gripping the loose ends with both hands. Keep your elbows at your sides and stretch the tube forward as far as you can. You should do this eight to ten times.

If you have two bike tubes, loop both of them around an upright pole, then lie face down and slip each foot through the loops of rubber. Pull against the tube, one leg at a time, with tubes resting just around the heels. A-half dozen tries at this exercise will do as a start. You can increase the number of "pulls" after a week.

Floating Exercises

Some boys may not be able to swim yet. Floating exercises can help overcome fear or unfamiliarity with water.

Turtle Float

In waist-deep water, take a deep breath. Reach down and wrap arms around knees. Hold the knees. Your body will bob to the surface and float.

Jellyfish Float

In waist-deep water, take a deep breath, reach down and grab ankles. Hold ankles. Your body will bob to the surface and float.

Prone Float

After doing the turtle float, extend arms and legs. The next step is to add a swimming kick to move through the water!

Aquanaut

Crossroads of America

This activity badge involves water fun. Some boys may be good swimmers, but others may need considerable help. Encourage them to practice anytime. Start with a fun water game. Play the games suggested or ones your boys may think of. Observe the boys carefully and determine who may need help and encouragement to be better swimmers. If you have non-swimmers, find a certified instructor to teach them. See "Cub Scout Water Fun, No. 3220, for instruction ideas and steps. Have this person instruct and demonstrate safety rules and rescue methods. Have boy's practice towing a buddy with a pole and throwing a rope and towing a buddy after he has grabbed the rope. Have boys practice methods and procedures. Give each boy a chance to practice.

If the boy learns to swim, teach them boating fundamentals, he will have completed two individual sports that are required for the Sportsman badge. But he must be able to know the rules, know the equipment and demonstrate to a reasonable degree that he can do this. Do

not expect perfection, if you know your boys, you can know if they are doing their best.

Suggested Den Activities

Crossroads of America

- Make a simple buddy board and have buddy tags for all the boys. Insist that they are used each time they go swimming; each boy is responsible for his buddy.
- Take your den swimming and classify the boys according to swimming ability. See how many can pass the 100-foot requirements.
- After your boys are classified, play some water games and observe the boys carefully. Determine which ones need help and encourage them to become better aquanauts. If you have no non-swimmers, get another father to help you.
- Have someone demonstrate the use of mask, fins, and snorkel. Have boys take turns using the equipment, or have them use their own. Start off with fins and show them the difference in speed with and without them. Have the boys practice seeing in the water with the masks and learning how to breathe.
- Next, the boys try the snorkel in shallow water (learning to breathe) before venturing out where the water is deeper.
- Have the boys learn the basic rescue methods. Have them practice a reaching rescue with a shirt, pole, or by throwing a rope, ring buoy or other lifeline.
- If a rowboat is available, have boat safety methods and rowing techniques demonstrated by an expert. Give the boys a chance to practice these methods.
- Explain how to set up a safe swim area and then have the boys set one up.
- Have someone tell the boys about "How to Help Yourself if in an Emergency."

The three basic rules: don't panic, think and save your strength. Explain what you do in case of cramps, currents, undertows, under water obstructions and how to use clothing for flotation.

Today, swimming and water safety go hand in hand and it is important that all Webelos Scouts can swim but are water safety conscious. Being at home in water is self-defense against water tragedies. With more pools being built each year and with easier access to swimming areas, boys need this skill!

The aquanaut requirements are simple and are the most important of all Webelos requirements as lives depends on them. Swimming is one of the skills that once learned, lasts a lifetime and provides excellent exercise. Read the pages on this activity in the Webelos Scout Book, and then get your boys into the water. The Aquanaut badge is designed for good swimmers. Before attempting to do any games for this badge, it is important to not that all Cubs should be aware of all safety rules regarding swimming and boating.

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They should swim in a well-supervised area with permission from their parents.

One of the main points of this badge is to teach safety rules. These rules will be found at every Scout waterfront. The rules may not particularly impress a Webelos Scout this year at the neighborhood pool where he swims daily, but next year at summer camp, their value will become apparent to him.

Rules For A Safe Swim

Crossroads of America

1. Secure adequate facilities.
2. Teach the Buddy system.
3. Maintain good discipline.
4. Follow pool rules.
5. Teach rescue methods.
6. Use a qualified instructor

Safe Swim Spots

Crossroads of America

The best place to swim is one that has qualified lifeguards. If there is "no" supervision, always make sure you go with a buddy, never alone.

Weeds - It's pretty creepy to swim through weeds as they can get tangled in your legs and cause trouble. If you get trapped, don't struggle...take it easy with slow movements to free yourself.

After Dark - Don't do it, ever!

Current - Sometimes you run into these in rivers. It's best to stay away from them. If you are caught, don't try to swim against it, swim the flow and diagonally until you reach the shore.

One of the things that should always be used with any water activity is the Safe Swim Defense Plan. There are eight factors involved:

1. **Qualified Supervision:** A responsible adult in complete charge and has water safety

The following are some good beginner's games: Catching ball in shallow water, Passing water ball while standing in water, Tunnel ball--passing ball back and between the legs, Cat and Mouse (cat outside circle), mouse inside, Spoon and Ping-Pong ball relay, Kickboard race for 10 to 25 yards, Relay race in shallow water. Have a swimming game of "Horse" for the swimmers. Leader calls out a stunt. Swimmers performing it remain in the game -- others are eliminated.

Examples: Swim with one arm out of water (sidestroke), Swim on back with both arms out, Duck dive (surface dive), Log roll (arms and feet extended, roll the body), Front somersault, Pendulum float.

2. **PHYSICAL FITNESS:** Every boy should have a physical examination each year.
3. **SAFE AREA:** Marked-off swimming area. Not more than 3 1/2 feet deep for non-swimmers; shallow water to just overhead depth for beginning swimmers; and water not over 12 feet for swimmers. The total swimming area should be checked out for any dangerous objects hidden in the water

(glass, cans, deep spots in shallow areas, rocks in diving areas, etc.)

4. **LIFEGUARDS ON DUTY:** Two who are capable swimmers stationed ashore with life lines such as 100 feet of No. 5 sash cord).

5. **LOOKOUT:** Someone who can see all swimmers from shore.

6. **ABILITY GROUPS:** Divide Webelos Scouts into non-swimmers, beginners, and swimmers. Make sure each group stays in its area.

7. **BUDDY PLAN:** Pair every boy with a buddy in his own ability group. Make sure each buddy understands that he is to be on constant lookout for his buddy and vice-versa, and that they are to stay near each other at all times. Buddies join and raise hands together every time they hear the call "buddies." They check in and out of the water together.

8. **DISCIPLINE:** Be strict but fair. Play no favorites. All Scouts and parents must understand the need for obedience to the instructions of swim leaders.

Study about the water pollutants in the lakes and rivers in your area, and their effects on the uses of water for consumption and recreation. One of the things that should always be used with any water activity is the Safe.

Gathering Activity

Crossroads of America

Water Safety

For each statement, circle the correct answer, **Do** or **Don't**.

- | | |
|----------|---|
| DO DON'T | 1. Show off in the water. |
| DO DON'T | 2. Dive into strange or shallow waters. |
| DO DON'T | 3. Go in swimming right after eating. |
| DO DON'T | 4. Have your family physician tell you of any problems found in your fitness checkup. |

Towel Relay Rescue Race

Crossroads of America

Divide group into two teams. Station one boy from each team on the shore. Give him a bath towel. The other team members stand in shoulder-deep water, facing the shore. On signal, the boy on shore runs into the water, heaves an end of the towel to first teammate, and pulls him to shore. Boy just rescued jump back into water and rescues next boy, etc.

Cork Retrieve

Crossroads of America

Assign a small area of the poolside to each player. Scatter a dozen or more small corks or blocks of wood on the water close to the far side of the pool. On signal, each player dives into the pool and brings back corks one at a time and places them in his assigned area. The player who I retrieves the most corks wins.

Bobbing For Apples

Crossroads of America

Surely you have tried this at Halloween...but it's much more fun in the swimming pool. The only change in the rules is that the boy must grab onto the apple from underneath the water.

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Frog In The Sea

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This is a ideal pack game that can be played in a yard or in shallow water. Players form a circle around five 'frogs' who sit with their feet crossed. The players in a circle skip (if on land) or walk (if in the water) close to the frogs and try to tap them on the head as they repeat the words, "Frog in the sea, can't catch me". The frogs try to tag the players without rising or uncrossing their feet. If a player is tagged, he changes places with the frog

Simon In The Water

Crossroads of America

When leader prefaces a command by saying, "Simon says", each player must follow instructions immediately. If he gives a command without saying "Simon says" no player may move. Commands

Shallow-Water Scavenger Hunt

Crossroads of America

Place a number of objects (all different) in shallow water and then line up the boys on the water's edge. Call out a specific object that is in the water ... flat stone, golf ball, piece of brick, etc. The boys then go into the water to try to find that object and return it to the leader.

Neckerchief Slide-Life Preserver

Crossroads of America

On a piece of Styrofoam about 1/2" thick, draw a 3" circle and cut out. From the center of the circle, remove a 2" circle. Loosely wrap cord around edge of Styrofoam and bind in place, as shown, with red "Mystic" tape. Print "Cub Scout" on one side and "Pack No." on the other. Insert and glue ends of a piece of white chenille into back for ring.

Geologist Activity Badge

Crossroads of America

To most ten-year-old boys, the study of Geology will not sound too exciting. But the fact is Geology can be fun. Here's another opportunity for the Webelos leader to present the subject in such a way that the boys will find it not only fun, but they'll learn a good deal also. This natural curiosity about rocks can make this a natural starting point for the Geologist Activity Badge. In working on this badge, the boys will learn how the earth is formed, how rocks and minerals are used and how a Geologist works. You'll find that the Webelos Scout Book contains information on volcanoes, geysers and the formation of mountains. Using this resource, the boys should acquire a fairly good understanding of this with only a little assistance. To make your job easier and the activity more interesting, check with rock and gem clubs in your area - most 'rock-hounds' are eager to tell what they know about rocks.

Ideas For Den Meetings

Crossroads of America

1. Go on a treasure hunt for rocks and minerals and identify them and check specimens on mineral hardness scale. Use small cardboard boxes with dividers to display them.
2. Make a collection of geologic materials used in construction. Make a display too.
3. Visit a geology exhibit or department at a museum.
4. Visit a jeweler's shop.
5. Visit a rock collector's club meeting.
6. Tour a quarry, mine, or gravel pit.
7. Look for fossils.
8. Visit an industry that uses geological materials.
9. Make a mineral hardness kit.
10. Study cause and effects of earthquakes. Make posters and charts.

Geology deals with the earth's composition, structure and geologic processes and surface changes.

This includes:

Mineralogy: study of minerals.

Petrology: study of rocks.

Structural geology: study of arrangement of rocks on earth.

Geomorphology: study of the origin of surface features.

Economic geology: study of earth's economic products and their uses.

Stratigraphy: origin, composition, proper sequence, and correlation of rock strata.

Paleontology: study of ancient organisms, fossils.

Importance Of Rocks

Crossroads of America

To introduce boys to rocks, tell them of the importance of rocks and how they can determine the wealth of a nation. Their kinds and quantities can determine whether the people of a nation are poor or wealthy. The importance of rock can easily be pointed out in four different ways:

1. **Food** -- Soil is made up of the fragments of rocks with their minerals and many other substances. Soil is a direct result of the weathering of rock of which it is composed. Except for the products of the sea, all animals and people are directly dependent upon food grown in the soil.
2. **Fuel** -- Fuel comes from rocks. Coal is a rock composed of organic material. Oil is found in rocks such as sandstone and shale. Our economy couldn't exist without a good supply of fuel.
3. **Mining** -- Many ores such as iron, copper, zinc, aluminum, lead, sulfur, borax rocklike. Without these ores, manufacturing would be impossible.
4. **Construction** -- Tons of crushed rock, gravel and sand that are used in making roads and buildings. There are the various kinds of cut stone used for building blocks and

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monuments, and the materials used in the building of your home and the many things that are in it.

If you can round up a "rock hound" from your pack, he can help the boys with some of the technical aspects of geology and the study of rocks and minerals.

Volcano Slide

Crossroads of America

Materials: 1½" x ½" plastic pipe, Plaster or self drying clay, Paint

Use plaster or clay to build up the pipe in the shape of a volcano. Let the plaster or clay set up until completely dry and hard. Let some plaster "run" down the mountain to look like the escaping lava. Using green and or brown paint, paint the mountain. Use red to paint the lava flow.

Games

Crossroads of America

Rock or Mineral Identification Contests: Identify specimens and name them.

Flash Cards: Cut out photographs of a variety of rocks and tape & each one onto an index card. (You can buy rock hounds magazines and cut them up.) Write the correct identification on the back. Work in pairs to learn rock identification.

Nuggets In The Bag: Put a certain number of different sized rocks in a cloth drawstring. Each boy is given the bag for 15 seconds. He then passes it to the next boy. When all the boys have had a chance to examine the bag for fifteen seconds, it is returned to the Den Chief. The boy who guesses the correct number of rocks in the bag then takes his turn as the one who puts an amount of nuggets in the bag.

Rock Pick Up: Arrange the players around a table or kneeling in a circle on the floor. Give each a saucer with two toothpicks and 12 small rocks. On signal, the contest is on to see who can be the first to lift out five rocks. With each round, increase the number of rocks needed to win.

Don't forget that we have brought back the Internet Patch for Scouts, yes Cubs can earn this patch, as a temporary one. <http://usscouts.org/internetscoutpatch-earnit.asp>



Web Sites

Barb Creighton has always had great information to share with leaders—Check out her site_
<http://www.creighton.edu/~bsteph/pack114/library/rtable/index.html>

Leslie Herman (CubBobWhite), another great resources for your program

<http://www.powwow-online.net/index.htm>

Don DeYoung for years has given us the Virtual Cub Scout Leader Book, THANKS!

<http://www.geocities.com/~pack215/>

Bill Smith will get you up and going with his Tiger Cub info and other Scouting info

<http://www.wtsmith.com/tiger/advancement.html>

Scouting Bear has a new home, and if you haven't visited his site, DO IT!

<http://www.scoutingbear.com/>

My all time FAVORITE place to hang out on the web

<http://www.usscouts.org/>