



# BALOO'S BUGLE

Volume 19, Number 10

“Wisdom, compassion, and **COURAGE** are the three universally recognized moral qualities of men.” Confucius

June 2013 Cub Scout Roundtable

July 2013 Core Value & Pack Meeting Ideas

## COURAGE/CUBS IN SHINING ARMOR

Tiger Cub, Wolf, Bear, Webelos, & Arrow of Light Supplemental Meetings

### CORE VALUES

*Cub Scout Roundtable Leaders' Guide*

The core value highlighted this month is:

- **Courage:** Doing what is right regardless of how hard it is or what the consequences are. Cub Scouts will learn that courage means to be brave and do what is right, no matter what their friends are doing.

**Why Cubs in Shining Armor for the Core Value Courage:**

- Many associate courage and valor with knights because of their code of conduct. The Knights Code of Conduct extols these virtues, which reinforce that a true chivalrous knight does what is right regardless of the difficulties or consequences. He exhibits true courage

### And speaking of Training

**PHILMONT TRAINING CENTER 2013**



**June 23-29 is Commissioner's Week at PTC**

Commissioner Conferences being offered include

- The Council Commissioner
- District Commissioner and Asst Dist Comm Training
- District Committee

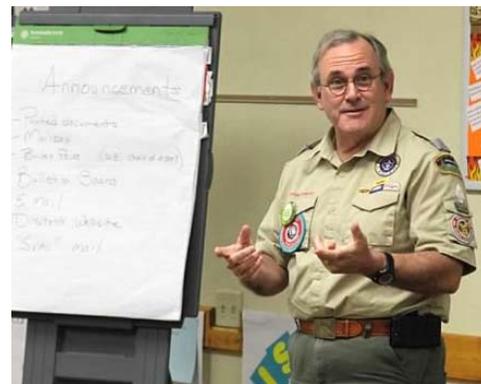
#### Effective Roundtables

- How to Conduct a Commissioner College
- The Unit Commissioner

Did you notice **Effective Roundtables** on the list?? Well, I received a very humbling call this month - Tim Acree, the Training Person on Tico's National Commissioner Staff called to ask me if I wanted to work with George Costigan of National Cap Council as the "Philmont Phaculty" members facilitating the **Roundtable** conference!! He said I had to talk with my wife, before I could tell him YES!!!

So, if you are a RT Commissioner, an Asst RT Commissioner (formerly called Staff) or just interested in RTs - for a great experience, go to <http://philmontscoutranch.org> learn about the Philmont Training Center and sign up for **Effective Roundtables** and then come on out and meet George and I and learn a lot about Roundtables. **We will have the 2013-2014 CS and BS RT Planning Guides for you!!** Write PTC (or me) if you have questions on the National Training Center

- This will be my 13th trip there - the first on "Phil Phaculty!!"  
More Info Next Month!!!



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## Man of Courage - Franklin Delano Roosevelt

**"The only thing we have to fear is fear itself."**

Who is Franklin Delano Roosevelt? FDR was the thirty-second President of the United States. He was the president during the Great Depression, which was a time period where the economy crashed. The Great Depression started with the Stock Market Crash of 1929. During the 1920s, the value of these stocks increased a lot. In 1932 and 1933, the Stock Market decreased rapidly. This decrease affected everyone in the United States. People began to feel as though they were at risk of losing all their savings and, because they were so poor, they did not buy a lot of products. Many people who deposited their money into the banks wanted to withdraw money, but these banks could not give back all of the money that was deposited. One hundred forty billion dollars that was deposited in the banks was lost and disappeared.



In 1933, Franklin Delano Roosevelt was elected into office. America had a "Bank Holiday," which was when FDR closed the banks for three days. He created the New Deal, which was meant to help the economy to recover. The Congress made up many groups to help to relieve the economy. Some of these groups were NRA, FDIC, and AAA. This was part of the first phase of the New Deal. The second phase of the New Deal was to help the people of America get jobs. The social security system was established in 1935 for people to have economic security.

Roosevelt had to have a lot of courage to run this country during such a harsh time. He also had a lot of courage because he was suffering from poliomyelitis. In summer 1921, he was diagnosed with this disease. He started to get tired, and he couldn't move his legs. With this disability, Roosevelt could not do things by himself. He had to have someone help him do everyday things. He swam to try to get more movement into his legs. He spent a lot of money trying to find a cure for poliomyelitis. Jonas Salk made a vaccine to stop poliomyelitis because of Roosevelt's efforts to find a cure for it. Even with this disability, Roosevelt ran the country through the most devastating time the United States had ever faced.



### "THE NEW DEAL":

A package of programs introduced by President Roosevelt aimed at ending the Depression by stimulating the economy and putting people back to work. The "New Deal" programs were enacted during the first 100 days of the Roosevelt Administration.

March 9:	Emergency Banking Act
March 20:	Economy Act
March 31:	<b>Civilian Conservation Corps</b> established
April 19:	End of the gold standard
May 12:	Emergency Farm Mortgage Act
May 18:	Tennessee Valley Authority established
May 27:	Truth in Securities Act
June 13:	Home Owners' Loan Act
June 16:	National Industrial Recovery Act and Farm Credit Act

"I think," his wife, Eleanor (Roosevelt), observed, "probably the thing that took most **COURAGE** in his life was his mastery and his meeting of polio. I never heard him complain." And though anyone remembering how athletic and strong he had been as a young man could not fail to realize what a terrific battle must have gone on within him, "he just accepted it as one of those things that was given you as discipline in life." After his struggle with polio, he seemed less arrogant, less smug, less superficial, more focused, more complex, more interesting. "There had been a plowing up of his nature," Frances Perkins commented. "The man emerged completely warm-hearted, with new humility of spirit and a firmer understanding of philosophical concepts." He had always taken great pleasure in people, but now they become what one historian has called "his vital links to life." Far more intensely than before, he reached out to know them, to understand them, to pick up their emotions, to put himself into their shoes. No longer belonging to his old world in the same way, he came to empathize with the poor and the underprivileged, with people to whom fate had dealt a difficult hand.

What is more, Roosevelt had a remarkable capacity to transmit his internal strength to others, to allow, as White House counsel Sam Rosenman observed, the men and women who came to Washington during the New Deal "to begin to feel it and take part in it, to rejoice in it-- and to return it tenfold by their own confidence." Frances Perkins claimed that "his capacity to inspire and encourage those around him to do tough, confused and practically impossible jobs was without dispute." Like everyone else, she said, she "came away from an interview with the president feeling better not because he had solved any problems," but because he had somehow made her feel more cheerful, more determined, stronger than she had felt when she went into the room. "I have never known a man who gave one a greater sense of security," Eleanor said.

"I never heard him say there was a problem that he thought it was impossible for human beings to solve."

Following the attack on Pearl Harbor, FDR had the **COURAGE** to demand we attack the Japanese mainland. And when he was told it was not possible he stood, to show nothing was impossible. And so his courage led to the Doolittle Raid and our eventual victory in World War II.

Both my Mom and my Dad were greatly affected by FDR. My Dad and all his brothers were Civilian Conservation Corps (CCC) members and WWII veterans. My Mom's family benefitted from his restoration of the economy keeping the Pennsylvania Railroad busy and my Grandfather employed.

**"Courage is not the absence of fear, but rather the assessment that something else is more important than fear." Franklin D. Roosevelt**

## THOUGHTFUL ITEMS FOR SCOUTERS

*Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at [bobwhitejonz@juno.com](mailto:bobwhitejonz@juno.com) or through the link to write Baloo on [www.usscouts.org](http://www.usscouts.org). CD*

### Prayer

Oh Great Eternal Father, we thank Thee for the knowledge that gives us power to have the courage to face life's challenges. Grant us the wisdom and courage to face those obstacles and be of good courage, and let us behave ourselves valiantly for our people, and for the cities of our God: and let the LORD do *that which is good* in his sight in our lives that would block our health and progress. Amen.

13 Be of good courage, and let us behave ourselves valiantly for our people, and for the cities of our God: and let the LORD do *that which is good* in his sight.

1 Chronicles 19:13

### Courage amidst Trial

*Scouter Jim, Great Salt Lake Council*

The thing that helped me most while I was a POW was my undying FAITH, faith and testimony in my God, Country, Family, and the People of America. *Major Jay R. Jensen Vietnam POW*

On July 6, 1966, 47 years ago this July, 52 Prisoner of War were march down the streets of Hanoi, North Vietnam, surrounded by jeering crows. Though assaulted and beaten as

the crowd chanted "Bow your heads!" The Americans would not bow their heads. They held them high and looked straight ahead. Each man was handcuffed to a fellow prisoner. They were hit with flying bottles and rocks and as the crowd pushed forward they were beaten, but each man who could would hold up his buddy who was unable to walk because he was hit in stomach or kicked in the groin. When that prisoner had recovered enough to walk, the roles would often be reversed as the other prisoner was assaulted.

Try as they may this act did not break the spirit of the prisoners. These men continued exemplify the Cub Scout Oath:

I, (say your name), promise to DO MY BEST

To do my DUTY to GOD And my COUNTRY

To HELP other people, and

To OBEY the LAW of the Pack

"Lucky" Larry Chesley, a prisoner at the time of the march that was not forced to join in tells the following story:

On July 11, another group of prisoners were moved to Briar Patch, and at this time the man who had been living solo next to me was moved into my cell with me. This was Jim Ray, an air force lieutenant. A few years younger than I and a bachelor, Jim was from eastern Texas, a graduate of Texas A&M, where he was president of the student union. He had been Top Gun in his F105 fighter-bomber class at Nelis AFB. In addition to having this kind of background of achievement, he was just an all-around good guy. His coming was a partial answer to prayer, for I prayed constantly in prison for two things--to have a good roommate I could get along with, and to have a roommate who could teach me a foreign language. When Jim moved in with me it was an answer to my first prayer. We got along well, especially considering the close quarters. A Baptist, Jim knew a lot of scriptures, and we talked about religion a great deal.

From James Edwin Ray's biography we read the following:

"Bible verses, whispered back and forth by the American prisoners, were vital to our daily existence. Those Bible verses became rays of light, constant assurances of His love and care.

"For five weeks out of the six years one prisoner was allowed to see a Bible one hour per week for copying. When we would start to copy, the interrogator would plant his elbow on the Bible for the first fifteen minutes. After he'd let us start, he would ask mundane questions to distract us. I would ignore him and write as fast as I could. The next week we would have to return the previous week's copy work. They seemed to be afraid to have us keep the scriptures, as if they sensed that the spiritual help kept us from breaking."

The guards failed in their efforts. During each week the men memorized the Bible verses and recited them from memory to each other.

Jay Hess another POW summed it up in this story:

It was Thanksgiving time and somebody tapped through the walls and came up with this little thing, "As we pause to reflect on this Thanksgiving Day of the many blessings that have come our way. For having lived in a country so fine where justice prevails over evil and crime. For these things we are thankful." I don't remember it all. "But for being more fortunate than many a friend, for just being alive, while their lives end, for these things, we are thankful."

For without belittling the courage with which men have died, we should not forget those acts of courage with which men have lived. [John F. Kennedy](#)

This month's theme is Courage, and Knights in Shining Armor, however, as we celebrate the Birthday of our nation, it would be well that we remember that message tapped on those prison walls:

"For having lived in a country so fine where justice prevails over evil and crime. For these things we are thankful."

For the courage of those who serve or have served, we are thankful, and for you we will continue to Do Our Best.

When a young David stood face to face with the mighty Goliath wielding only the weapons of a shepherd boy, a sling and a pocket of stones, he became a hero. Goliath was a giant clad in armor wielding the weapons of a man of battle. The difference in the fight was the courage of the boy. It was not

superior training, wealth or weapons that turned the tide of battle, but rather the courage of a shepherd boy who had faced the lions in his life to protect his father's flock. Goliath mocked the shepherd boy, but David stood firm in the courage that he had the preparation and tools to defeat this foe. It the end it was David who was victorious.

From time to time we hear stories of Cub Scouts earning the Medal of Honor for Heroism. Few of these boys were unusually strong or intelligent. The difference was the same preparation that David had and the knowledge that they had been given by good Scout Leaders. Whether it was the boy that pulled his brother from a burning house in Utah, or the Cub Scout calling 911 to save his mother in New York, both showed the courage of their inner knight.

A Scout Friend of mine who has epilepsy taught a game to her pack she titled "Cubs are Prepared" (CAP) to know what to do if they saw someone having a seizure. The following Pack Meeting, she had a seizure the boys knew what to do in this situation. They had been given the weapons to face this challenge, and that weapon was Knowledge.

### Quotations

*Scouter Jim, Great Salt Lake Council*

*Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover*

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

15 And your feet shod with the preparation of the gospel of peace;

16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

(New Testament | Ephesians 6:13 - 18)

A true knight is fuller of bravery in the midst, than in the beginning of danger. [Philip Sidney](#)

Men, we don't need you to be a knight in shining armor. We just need you to be a little bit brave, just a little bit. And some of them are, and that's what he does. [Virginia Madsen](#)

"Courage is the ability to move; when all around you are frozen in fear and no one would blame you if you did nothing at all." [Capt. Benny Click, Phoenix Police Department](#)

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. [Winston Churchill](#)

Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow. [Mary Anne Radmacher](#)

Sometimes even to live is an act of courage. [Lucius Annaeus Seneca, Letters to Lucilius](#)

Courage is resistance to fear, mastery of fear - not absence of fear. Except a creature be part coward it is not a compliment to say it is brave. [Mark Twain, Pudd'nhead Wilson's Calendar, 1894](#)

Courage is being afraid but going on anyhow. [Dan Rather](#)

Bravery is being the only one who knows you're afraid. [Franklin P. Jones](#)

Fear and courage are brothers. [Proverb](#)

Courage is not simply one of the virtues, but the form of every virtue at the testing point. [C.S. Lewis](#)

The courage of life is often a less dramatic spectacle than the courage of a final moment; but it is no less a magnificent mixture of triumph and tragedy. [John F. Kennedy](#)

One man with courage makes a majority. [Andrew Jackson](#)

To live with fear and not be afraid is the final test of maturity. [Edward Weeks](#)

A brave arm makes a short sword long. [Author Unknown](#)

Courage is fear that has said its prayers. [Dorothy Bernard](#)

A hero is no braver than an ordinary man, but he is braver five minutes longer. [Ralph Waldo Emerson](#)

Courage is never to let your actions be influenced by your fears. [Arthur Koestler](#)

Valor is a gift. Those having it never know for sure if they have it till the test comes. And those having it in one test never know for sure if they will have it when the next test comes. [Carl Sandburg](#)

Have the courage to live. Anyone can die. [Robert Cody](#)

## Knights of the Modern Day

*Scouter Jim, Great Salt Lake Council*

Well, I love America and I love freedom, and I don't think we did this in vain. And freedom is for those who defend it." [Colonel Chase Nielsen, USAF, POW World War II](#)



### Emil Joseph Kapaun

Emil Joseph Kapaun was born 20 April 1916 near Pilsen, Kansas; He graduated from Pilsen High School in May 1930. He attended Divinity Scholl as was ordained a Catholic Priest on 9 June 1940. He was appointed auxiliary Chaplain at Herington Army Airfield in Kansas. In July 1944 he joined the army.

He served in India and was promoted to Captain in January 1946. His was discharged that year and worked to earn his Master's degree in Education in 1948.

In September 1948 he re-joined the Army and resumed was stationed at Fort Bliss, El Paso, Texas as Chaplin.

In January 1950, he was stationed near Mount Fuji in Japan as military Chaplin. In July he was transferred to Korea a month after North Korea invaded South Korea. Kapaun was part of the 8<sup>th</sup> Cavalry Regiment, 1<sup>st</sup> Division. As his unit moved northward, he ministered to the dead and dying.

In November 1950, he was captured near Unsan, North Korea. He and other prisoners were forced marched 87 miles to a prison camp near Pyoktong, North Korea. At the camp he dug latrines, mediated disputes and gave away his own food to other prisoners. He was known among other prisoners as the "Good Thief" for stealing coffee and tea, and a pot to heat them from the Communist guards.

Kapaun developed a blood clot in his leg, dysentery, and pneumonia. He passed away May 23, 1951 and was buried in a mass grave near the Yalu River.

It is the soldier, not the reporter,  
Who has given us freedom of the press.  
It is the soldier, not the poet,  
Who has given us freedom of speech.  
It is the soldier, not the campus organizer,  
Who has given us the freedom to demonstrate.  
It is the soldier,  
Who salutes the flag,  
Who serves beneath the flag,

And whose coffin is draped by the flag,  
Who allows the protestor to burn the flag.

- Father Dennis Edward O'Brian, USMC

### Lieutenant Colonel Jay Criddle Hess

Jay Criddle Hess was born 9 May 1930 in Farmington, Utah. He attended local schools and then Weber State College and Brigham Young University before serving a two year mission for the Church of Jesus Christ of Latter-day Saints in the Western United States, including serving in Denver and Grand Junction Colorado, Grand Island, Nebraska, and Roswell New Mexico.

He always wanted to fly and after his LDS mission he attended the University of Utah and enrolled in the Air Force ROTC. He finally received his Pilot's wings.

He was assigned to Germany. After three years in Germany he was assigned to Cam Rahn Air Base in South Vietnam. He was then transferred to Takhli Air Base in Thailand. After 33 successful missions he was shot down over North Vietnam. He was taken prisoner and was held over five and one-half years in North Vietnam. Years after be captured he was finally able to received letters from home. Of one letter he writes:

Well, I thought, "Oh, man. I'm getting one of those." But I opened it up, and it started out, "Dear Dad." So it was from my oldest son. It said, "We all miss you, and I got my Eagle last Sunday." Wow. I started to smile. So we couldn't keep the letters; they just let you read 'em quickly, and then they took 'em back because they suspected code messages and other stuff in there. You knew you had to read it quickly, and that was it.

But I went back to the room. I said, "Hey, guys! I got this letter! My son got his Eagle!" Everybody's cheering, "Yeah! That's great!"

<http://www.kued.org/productions/vietnam-war-stories/?area=vietnam-war-stories&action=transcript&do=jay-hess>

In the final paragraph of a biography on him he writes:

But - there was a way! For it I thank a lot of people. First, our courageous President, then



my family and you who worked to improve our treatment, those who prayed, wrote letters, wore bracelets and all who have written to express their joy in my return. Thanks, also, to all who have done so much for us since we've come home. And to you who still wait for someone, or a certain answer, thanks for your faith, your courage, your strength and for what you do for all of us. If some should walk these same paths tomorrow, or any other which causes worry and doubt, remember with me, "There is a way!"

<http://www.pownetwork.org/bios/h/h047.htm>

Jay Hess still lives with his wife in Utah.

**American Modern Knights – Last 50 Years**

*Scouter Jim, Great Salt Lake Council*

NAME	HONOR	YEAR	FIELD
Alan Greenspan	KBE	2002	Government
Alistair Cooke	KBE	1973	Broadcasting
André Previn	KBE	1996	Arts
Arthur Rubinstein	KBE	1977	Arts
Bill Gates	KBE	2004	Business
Billy Graham	KBE	2001	Religion
Bob Hope	KBE	1998	Arts
Brent Scowcroft	KBE	1993	Military
Casper Weinberger	GBE	1988	Government
Cecil H. Green	KBE	1991	Business
Colin Powell	KCB	1993	Military
Dean Rusk	KBE	1976	Government
Donald Berwick	KBE	2005	Medicine
Edward Kennedy	KBE	2009	Government
Edward R. Murrow	KBE	1965	Broadcasting
George H. W. Bush	GCB	1993	Government
George J. Mitchell	GBE	1999	Government
John Warner	KBE	2009	Government
Leighton W. Smith, Jr.	KBE	1997	Military
Lewis Mumford	KBE	1973	Arts
Mstislav Rostropovich	KBE	1987	Arts
Murray Perahia	KBE	2004	Arts
Norman Schwarzkopf, Jr.	KCB	1993	Military
Paul Getty	KBE	1987	Business
Paul Mellon	KBE	1974	Humanitarian
Raymond Sackler	KBE	1995	Science
Rick Trainor	KBE	2010	Education
Robert Worcester	KBE	2004	Government
Ronald Reagan	GCB	1989	Government
Rudolph W. Giuliani	KBE	2002	Government
Steven Spielberg	KBE	2001	Arts
Tommy Franks	KBE	2004	Military
Walter Annenberg	KBE	1976	Diplomatic
Wesley Clark	KBE	2000	Military
Yehudi Menuhin	KBE	1965	Arts

**Call to Action**

This month as I researched the “Thoughts” section; I researched the lives and actions of some our most un-sung veterans. As I studied the lives of the Vietnam Prisoners of War I would come across other names mentioned in their stories. As I would reach out and study those individuals, more names would be mentioned. This effort was not unlike mining gold. The vein of information went deeper and farther

leading to more heroes and men of Courage. There were times when these stories of Courage and Patriotism quite literally brought me to tears.

The end of the United States involvement in Vietnam is forty years ago this year. Those veterans who survive are in their sixties, seventies and beyond. One of the POWs in the Biography, Jay Hess, came home to my hometown and still lives not far away. There are un-doubtable veterans within confines of my own neighborhood, and possible the grandparents of Cub Scouts in my local pack. Would not this be a good time, on this Fortieth Anniversary of the end of the War to give these men the welcome home they never got and salute their courage for doing what their country had asked them to do? Welcome Home Vietnam Vets, we appreciate your service, and honor your lives.

**Mafeking - Baden-Powell's game of Bluff**

When the siege of Mafeking began, the British regiment was outgunned, outnumbered, and cut off from the outside world by an army of more than 6000 Boer soldiers.

But Baden-Powell was in charge of the defense, and he was an expert at the "Game of Bluff".

**The Butterfly Hunter**

Many years before Mafeking, B-P had disguised himself as a butterfly hunter in Dalmatia, and spied on the forts and defenses of the enemy. Whenever he met an enemy soldier, 'With my sketch book in hand, I would ask innocently whether he had seen such-and-such a butterfly in the neighborhood, as I was anxious to catch one. Ninety-nine out of a hundred did not know one butterfly from another - any more than I did - so one was on fairly safe ground in that way, and they thoroughly sympathized with the mad Englishman who was hunting insects.'

Baden-Powell, quoted by Hillcourt in Baden Powell: the two lives of a hero

What the officers did not notice was that Baden-Powell's sketches of butterfly wings included maps of their own forts and defenses...

**Warning: landmines!**

One of the first priorities was to prevent the Boers from storming the town, because they could easily overpower the flimsy Mafeking defense. But Baden-Powell deduced that the Boers were afraid of minefields...

So, to confirm the Boer fears, B-P got strings of the town's inhabitants to carry metal boxes around the town, with dire warnings not to drop or bump them. Hundreds of these were buried on the outskirts of the town, and the areas marked with warnings for the inhabitants and cattle herds to stay clear. Then he warned the townsfolk to keep inside while the new mines were tested.

With everyone safe indoors, Major Panzera and I went out and stuck a stick of dynamite into an ant-bear hole. We lit a fuse and ran for cover until the thing went off, which it did with a splendid roar and a vast cloud of dust.

Out of the dust emerged a man with a bike who happened to be passing, and he pedaled off as hard as he could go for the Transvaal, eight miles away, where no doubt he told how by

merely riding along the road he had hit off a murderous mine. The boxes were actually filled with nothing more dangerous than sand!

Baden-Powell, quoted by Duncan Grinnell-Milne in Mafeking

### Many searchlights

In the town when the siege began was a traveler who made acetylene lamps. Baden-Powell and Sergeant Moffatt put him to work in creating a searchlight: by soldering together two biscuit tins, and inserting an acetylene burner with a rubber tube supplying the gas. This was attached to a sharpened pole which could be stuck into the ground.

The first night the searchlight was put into use. First it was shone over the Boer outposts on one side of the town, then rushed over and shone on the other side... before long, the Boers were convinced that an attack at night was hopeless because the whole town was surrounded by searchlights...

Unfortunately the searchlight did not last long: the supply of carbide was soon destroyed, either in a fire caused by a Boer shell, or by flooding after a rainstorm.

### Two more guns

The same bluff was also used with the town's small supply of guns. B-P built gun emplacements around the town, and his soldiers would fire a gun from one of them, then rush it to another and fire it again. To the Boers it appeared that there were dozens of guns protecting the town.

But Mafeking soon added to its own limited heavy artillery: an ancient cannon was found being used as a gatepost. The gun was soon mounted and put into active service. It was named 'Lord Nelson', and fired a ten-pound cannon ball. A Major Godley commented that 'it bumped along the road exactly like a cricket ball ... and one old Boer tried to field it with disastrous results to himself.'

Strangely enough, 'Lord Nelson' had the initials B.P. & Co. stamped on it. It had been cast in the foundry of Bailey & Pegg in 1770.

Another gun soon came into action: home-made in Mafeking, in a furnace made of a cistern lined with bricks. The gun was made of a 4-inch steel furnace pipe strengthened by rails bent into rings. The chassis came from an old threshing machine. Spherical shells were made by melting down scrap metal. The gun could fire an 8kg projectile almost 4000 metres.

The gun was named 'The Wolf' in honour of Baden-Powell: Impesa, the Wolf that never sleeps.

### Barbed Wire

Soon B-P ran out of barbed wire to protect his soldiers' trenches. But he noticed that from a distance, all he could see was soldiers crawling under some invisible obstacle - he could not actually see the wire. So he told them to continue putting up posts and stringing imaginary wire between them. Then they would pretend to crawl under the new 'obstacles' they had erected... The enemy had no way of telling that there was no wire in place.

<http://www.scouting.org.za/seeds/bluff.html>

## Training Topics

### Cub Scout Resources

#### NEWS FLASH: TONS OF RESOURCES HELPFUL TO DEN LEADERS!

#### Characteristics of a Great Den

Recently research revealed what a den needs to be great. Hopefully this describes your den. If not, maybe you can start applying these methods to build a strong and successful den.

1. Our den has a motivated den leader - that's you. (by the way, parents responded that this is the most important element to them.)
2. A trained and prepared den leader.
3. Every boy in our den has his own book for his rank.
4. Our den has a program plan. (This can be shared with families in the form of a calendar.) Also, our den communicates regularly with the parents.
5. We conduct fun, relevant den meetings.
6. Our parents are actively involved with the den.
7. Our Cub Scouts experience advancement on a regular basis.

The den leader position could be the most important one in the Boy Scouts of America. As den leader, you personally affect the future of six to eight Cub Scouts. Will they have a good experience that will influence them positively for the rest of their lives? Or will they have a negative experience, which can have the opposite effect? What you do is *extremely* important. Thank you!

Did you know that the BSA provides many resources to help you as a den leader? In addition to the direct support you receive from your district and council in the form of training, **ROUNDTABLES**, activities, program planning, and other help, we offer many supplemental resources on our websites.

**Here are some of those resources.**

For frequently asked questions, new parent orientation, training, awards, and more  
(<http://www.scouting.org/scoutsources/CubScouts.aspx>)

#### Specifically for den leaders:

- Character Development  
<http://www.scouting.org/scoutsources/CubScouts/Parents/About/CharacterDevelopment.aspx>
- The following Den Leader resources are available here  
<http://www.scouting.org/sitecore/content/Home/CubScouts/Leaders/DenLeaderResources.aspx>
  - Cub Scouting's 12 Core Values  
<http://www.scouting.org/sitecore/content/Home/CubScouts/Parents/About/CharacterDevelopment.aspx>
  - Cub Scouts Academics and Sports Program  
<http://www.scouting.org/sitecore/content/Home/CubScouts/CubScouts/UniformsAndAwards/sanda.aspx>
  - Den Meetings  
<http://www.scouting.org/scoutsources/CubScouts/Activities/den.aspx>

- Den and Pack Meeting Resource Guide  
<http://www.scouting.org/scoutsources/CubScouts/Leaders/DenLeaderResources/DenandPackMeetingResourceGuide.aspx>

### Resources for new leaders:

<http://www.scouting.org/scoutsources/CubScouts/Leaders/NewLeaderResource.aspx>

- Cub Scout Leader Fast Start  
<http://www.scouting.org/scoutsources/sitecore/content/Scouting/Training/Adult.aspx>
- So You're A New Den Leader, No. 510-239   
<http://www.scouting.org/filestore/pdf/510-239.pdf>
- So You're A New Tiger Cub Den Leader, No. 510-233   
<http://www.scouting.org/filestore/pdf/510-233.pdf>
- So You're A new Webelos Leader, No. 510-247   
<http://www.scouting.org/filestore/pdf/510-247.pdf>

**CubCast** is an audio podcast featuring a variety of how-to and information topics for Cub Scout leaders and parents.

<http://www.scouting.org/ScoutCast.aspx>

### Training

<http://www.scouting.org/sitecore/content/Scouting/Training/Adult.aspx>

### Awards

[http://www.scouting.org/scoutsources/Awards\\_Central.aspx](http://www.scouting.org/scoutsources/Awards_Central.aspx)

### Uniforms

- <http://www.BSAUniforms.org> and
- [www.ScoutStuff.org](http://www.ScoutStuff.org)

### Note from National at the end of the Cub Scouts E-News Letter -

We hope these resources help you fulfill your position responsibilities. If you would like to share your comments or ideas with us, we have a site for that, too. Just email the national office at [program.content@scouting.org](mailto:program.content@scouting.org). Good luck.

### Electives

*Bill Smith, the Roundtable Guy*

**Summertime is a GREAT time to work on Electives!!! CD**

I know that a lot of you like to have your Tigers, Wolves and Bears complete their respective badge requirements by the Blue and Gold celebration so I thought we should now take a good look at electives.

There is much value in these electives and I'm not sure we appreciate just how much they can contribute to reaching the purposes of the Cub Scout program. The boys' books are full of wonderful opportunities for parents and leaders to involve Cub Scouts in things that will help them grow.

Too often, I think, we tend to dismiss the electives as a trivial add-on to the advancement method. The big badge is the goal; the arrow points are inconsequential. Yet, electives supply a richer variety of opportunities than do the achievements. They give boys and parents the chance to choose and explore – to develop the interests, curiosity and talents within the growing

child. We should never underestimate the values of these options.

I have had the luck and the privilege to observe and participate in the work that goes into the boys' books. I have worked on a task force to update the Wolf Handbook and another to create the first Tiger handbook. In both cases, I was awed by how much effort and concern went into the process. Questions like: What will this do to the boy? Can parents anywhere do this? How can a den leader use this? The first and last question was always: How does this fit into our *Purposes of Cub Scouting*?

One of the great joys of the electives is that the requirements are generally looser so that a boy can be rewarded for just exploring a new pathway to adventure.

As long as he does his best Akela can sign it off. Moreover, if he discovers a wonderful world that sparks a new fire within him, many electives provide chances to explore further. My Tiger Cub Handbook seems to set no limit on how often a boy may return to the same elective.

One aspect of electives sets BSA apart from any other youth program I know of. It gives parents a spectacular set of tools to use with their sons. Each elective consists of short projects designed so that a boy and his parent – or even his whole family – can work together on it. This gives families lots of short activities where a boy and his parents do things together.

These activities: preparing meals, singing songs, checking smoke detectors, building a model- automatically involve TALKING. They TALK, they listen to each other, they plan, they express their hopes, their concerns, and their jokes. They learn to respect each other's moods and styles. They create special communication channels that remain vital and valuable for all their lives.

**Nothing tells your child you care more than choosing to be with him.**

*Parent's Little Book of Wisdom.*

The time to do electives varies – some may be as short as fifteen minutes so that they can fit into anybody's schedule. I remember a single mother telling me how she and her son did electives while waiting for the machines at the Laundromat to finish. If a parent spends as little as an hour a week doing these fun things with a Cub Scout son, they could easily earn an Arrow Point each month. Each Tiger Track Bead and Arrow Point on his shirt is a sign that says "We spent hours doing neat things together!"

When our task force worked on updating the Wolf Book, I was assigned the task to "do something about the Indian Sign Language Elective." Space in these books is a critical issue and the sign language illustrations took up two whole pages. That was too much space for one little elective.

So I spent some time talking to a lot of people about what we could put in to replace the sign language. I was looking for more modern ideas of communication and I needed some expert advice. My list of experts included den leaders, teachers, parents, and, of course, Cub Scouts.

To my surprise there was almost unanimous opposition to removing the Indian Sign Language elective. Boys and leaders loved using the signs in ceremonies, skits and special

messages. It was fun, it was special and it made the boys more aware of an important American heritage. The clincher came when a computer arts teacher reminded me of the value of learning another symbolic language to prepare children for their futures.

**ELECTIVE** 1 **It's a Secret**

Learn to send secret messages. Only those who know the secret code can read them. Learn to "talk" with your hands.

**d** **Use 12 American Indian signs to tell a story.**

Sometimes, American Indians would "talk" to others by using a sign language. This way, members of different tribes who didn't share a spoken language could still communicate.

**American Indian Sign Language**

  
Listen

  
I or Me

  
You or Him

  
Yes

When I reported this back to the task force, we agreed to leave Indian Sign Language in the Wolf Book – at least until the next update. I notice that some 20 years later, Indian Sign Language is still there and now fills four pages.

In order to make electives work, we must somehow make every Cub Scout parent aware of how to use electives. Den and pack leaders should strive to show parents how to go through the books with their sons and pick out things that will work for them. It's not going to happen unless we make the necessary effort to get the word out to every family. It can be done best at Parent Meetings, but we can also use newsletters, ceremonies, and Cubmaster's minutes. It helps if leaders show newly recruited parents examples of how electives can be used creatively.

You could even measure how good your pack is just by counting up the number of Arrow Points and Tiger Beads you present each month. It's one of the best indicators of quality home and den Cub Scouting activity I can imagine.

**What are YOU going to do now?**

*The best gift for a Cub Scout.....  
.....get his parents involved!  
The greatest gift you can give your child  
..... good self respect!*

- ✓ **Be sure to visit Bill Smith's website at <http://rt492.org/>**  
To find more ideas on everything Cub Scouting.  
**Reach Bill Smith at [wt492@wtsmith.com](mailto:wt492@wtsmith.com).**

**ROUNDTABLES**



**Roundtable Planning**

*Barbara J. Hicklin, DelMarVa Council*  
Contact me at: [bjhicklin57@hotmail.com](mailto:bjhicklin57@hotmail.com)

**Plan for Success!**  
**KISMIF - Keep it Simple, Make it Fun**

**Planning for Your Roundtable**

As for any unit outing, planning makes all the difference in delivering a quality program experience to Scouts and Scout Leaders. There are three key steps in roundtable planning.

- Annual Planning
- Monthly Planning
- Just-before-the-roundtable planning

**The Annual Plan**

The Cub Scout Roundtable Planning Guide is designed to support the monthly themes. EXPECT BIG THINGS for the 2013-2014 Cub Scout Roundtable Planning Guide as our very own BALOO's Bugle Editor, Dave has had a big hand in the process. The monthly Themes will remain the same and we will use Set B of the Supplemental Pack Meeting Themes. It is important that the Core Values be merged with district and council programs and calendars. Involve the district commissioner and professional staff member in developing the annual planning conference.

The planning conference gives you a chance to

- ★ Review roundtables from last year.
- ★ Use feedback from leaders for ideas and suggestions related to roundtable programs.
- ★ Ask unit commissioners for general needs identified by their commissioners' work sheet or Unit Self-Assessment forms.
- ★ Review national Journey to Excellence objectives for program emphasis ideas. Prioritize the unit needs of your district!
- ★ Review the Roundtable Planning Guide. Coming soon!
- ★ Study the council/district calendar of activities and special events that help strengthen and support unit programs.
- ★ Establish a meeting location for every roundtable during the year

Promotion gets them there the first time.  
Good program gets them to return.

### June Roundtable: for July Pack Program

Core Value: Courage

Supplemental Pack Meeting Theme:

Cubs in Shining Armor

### Suggested Roundtable Agenda:

[http://scouting.org/filestore/training/pdf/511-410\\_WB.pdf](http://scouting.org/filestore/training/pdf/511-410_WB.pdf)

#### Preopening

##### Displays:

- *Parking Lot*: Make it easy for participants to ask questions
- *Highlighted Resources and Other Displays*
- *Supplies* - Forms and literature

Registration: Sign-in Sheets - Greet and welcome everyone

Preopening Activity: Get-acquainted game

#### General Opening (All Scouting Programs)

Welcome - Enthusiastic and friendly call to order

Prayer- Pre-select someone comfortable

Opening Ceremony - Flag ceremony / focus on Core Value

Introductions & Instructions - Introduce first time attendees

#### Combined Cub Scout Leader Session

Icebreaker, Song & Cheers – See Group Meeting Sparklers

Tips for Pack Activity – **Historic trails**

Safe Scouting - **New**, materials available in the *Guide*

Sample Ceremony – **Advancement Ceremony**

Resource Highlight – Book of the month

Leader Specific Breakouts:

- ❖ Cub & Webelos Den Leaders –**Flag Ceremonies & Etiquette**
- ❖ Cubmasters - **Building and Maintaining Pack Spirit**
- ❖ Pack Leaders – **National Awards/Summertime Awards**

Membership & Retention- **New**, available in the *Guide*

Open Forum (Q & A) - Answers questions from parking lot.

#### General Closing (All Scouting Programs)

Announcements:

- Invite contact responsible for upcoming events to make announcement. Limit to a short introductory statement and where to find more information
- Promote - date, theme, special topics for next roundtable
- Recognize Attendance - Cubbie, Totem, or Scout Bucks

Commissioners Minute – **What is “Your Daily Task”?**

Closing Ceremony - Retire colors

#### After the meeting

Fellowship / Refreshments or “Cracker Barrel”



### 2013 - 2014 Cub Scout Roundtable Planning Guide

Flexibility is the key word for this year -

Remember that the Roundtable Planning Guides (actually just pdf's) are just that a guide and not mandated material.

Potential for 2013 – 2014

- Agendas for 60, 90, 120 and 180 minute were developed.
- There is a 30 minute combined opening for all groups.
- Breakouts for Specific Cub Leaders are suggested and materials to be provided. There can be one for each rank, Cubmaster and Committee members. The Roundtable Commissioner chooses what agenda items to drop, merge, shorten, ...
- The B list of Supplemental themes will be used. The column that starts with Amazing Games.
- There will be a Big Rock topics
- There may be a Cub Scout Interest Topic in the Cub Scout Leaders session.
- More detail in the Roundtable Task Force Summary

### Supplemental Pack Meeting Plans

As some of you are aware, last year in May we made an educated guess as to which Supplemental Pack Meeting Themes would be included in the Roundtable Planning Guides. We were surprised when the Guide was published! Well this year we are planning for **Set B List** of Supplemental Themes to be used. That is the column that starts with Amazing Games. (And this time our Editor, Dave, knows he is right as he wrote the Roundtable material along with Mary, Cheri and others)

We want to reinforce the thoughts of Kim, the chair of the task force creating the plans who said **"I do want to stress that the focus is still the Core Value and the theme is just there as an**

**enhancement."** The Supplemental Pack meeting themes are specifically crafted to bring out the important points of the Core Value in a fun way. These alternate pack meetings are posted at the web site below, thus providing variety so Cubs will not have to see the same thing every year.

*And don't forget to use YOUR IMAGINATION, too!!!*

<http://www.scouting.org/scoutsource/CubScouts/Leaders/DenLeaderResources/DenandPackMeetingResourceGuide/PackMeetingPlans.aspx>

**National Roundtable Task Force**

**Overview**

A volunteer Roundtable Task Force was started in 2011. The mission of the Roundtable Group was to:

- \* Undertake a comprehensive study of how effectively we are delivering and supporting Roundtables in the various types of councils around the country, with a separate focus on the needs of each of our traditional programs, the Cub, Boy Scout, and Venturing programs;
- \* Improve the content and quality of Roundtable communications and training support by identifying and deploying best methods and developing technology resources that will result in more effective administration of Roundtables, and
- \* Coordinate with other Task Forces and BSA National Office resources in order to jointly develop and deliver the "next generation" of Roundtables as we enter our second century of unit service

**Roundtable Changes As of January 2013**

The two positions described below are recommended as standardized operating practice, but not required. In large councils there may be a need for more than one ACC Roundtable in order to viably cover a huge number of districts or territory. In small councils one may be fine, or perhaps not needed at all. Or in these smaller councils perhaps an ACC Roundtable is needed, but the ADC Roundtable isn't. One or the other seems necessary to give better oversight to the Roundtable program since lack of oversight appeared to be one of the factors contributing to poor performance! These two positions will also promote the use of technologies to most effectively reach units that do not or cannot attend normal Roundtable meetings.

Month	Core Value	Supplemental Pack Meeting Themes to Enhance the Meaning of the Core Value		
		Set A	Set B	Set C
September	Cooperation	2013-2013 CS RT PG * Hometown Heroes	2013-2014 CS RT PG * Amazing Games	2014-2015 CS RT PG * Under the Big Top
October	Responsibility	* Jungle of Fun	* Down on the Farm	* Dollars and Sense
November	Citizenship	* 50 Great States	* Your Vote Counts	* Give Goodwill
December	Respect	* Holiday Lights	* Passport to Other Lands	* Stars and Stripes
January	Positive Attitude	* Abracadabra	* Lights, Camera, Action	* Yes, I Can
February	Resourcefulness	* Turn Back the Clock	* Invention Convention	* Litter to Glitter
March	Compassion	* Planting Seeds of Kindness	* Pet Pals	* Aware and Care
April	Faith	* Cub Scouts Give Thanks	* My Family Tree	* Soaring the Skies
May	Health & Fitness	* Cub Café	* Destination Parks	* Backyard Fun
June	Perserverance	* Head West Young Man	* Over the Horizon	* Go for the Gold
July	Courage	* Cubs in Shining Armor	* Space - The New Frontier	* Under the Sea
August	Honesty	* Kids Against Crime	* Heroes of History	* Play Ball

**1. Assistant Council Commissioner- Roundtable-** this person would report to the Council Commissioner and conduct an annual council wide Roundtable planning meeting followed up by a mid year review. This process would bring some standardization to district Roundtable in terms of content of material by promoting the use of National Roundtable Guides and this should help keep meeting interesting and focused on assisting units. It would be recommended that this person visited district Roundtable from time to time to review content and attendance. While the position of Assistant Council Commissioner currently exists in some councils, this specific assignment pertaining to Roundtable responsibilities is not formalized and thus a specific job description has been designed.

**2. Assistant District Commissioner- Roundtable** – This person would report to the District Commissioner and work with the district structure, but needs to be responsive to and work in cooperation with the ACC Roundtable to see that the annual planning and mid year review programs are well attended by the district program specific Roundtable Commissioners. In addition it is a perfect position from which to see that National Roundtable Guide materials are being used so that proper program materials are being given to units. This person could also be the moderator for Roundtables held at the same time and place for all program levels within a district. This gives a dynamic to the meeting with broader social opportunities and sheer numbers, both of which can provide energy to an event. This person should be visiting program specific Roundtable groups on at least a quarterly basis to evaluate content and attendance and report such to the District Commissioner at Commissioner meetings. While the position of Assistant District Commissioner currently exists in some councils, this specific assignment pertaining to Roundtable responsibilities is not formalized and thus a specific job description has been designed.

**Program specific Roundtable Commissioners** for Cub Scouts, Boy Scouts, Varsity, & Venturing are responsible for the development and delivery of their monthly meeting agenda and program items.

**Assistant Roundtable Commissioners** - All others who assist these individuals are deemed Assistant Roundtable Commissioners. That negates the need for a Staff position. Most importantly it allows the Assistants to pursue the normal Roundtable training and awards structure. Each program specific Roundtable Commissioner would be able to have as many Assistants as are needed; i.e., Cub Scouts may need several to facilitate their program breakouts while others may not need as many. So, each could have as many as they deem appropriate based on district size, attendance numbers, and break out groups formed. The current Staff patch will be redesigned as shown below.

**Revisions to the Roundtable Guides** for Cub Scouts and Boy Scouts began in January 2013 with a completion date of March 30, 2013 and a roll out date of the National Annual Meeting in May of 2013. Other additions to the Cub Scout and Boy Scout Guides and work on the Venturing Guide will begin thereafter with a completion date of March 30, 2014 and a final rollout date of the National Annual Meeting in May of 2014.

### **Roundtable topic information preview**

Samples only and not intended to be a complete listing:

Big Rock Topics: 7-10 minute topics of general interest

- a. Charter Organization Relationships
- b. JTE
- c. Reverence and religious emblems
- d. Youth with Disabilities
- e. Retention
- f. Rechartering

Cub Scout Leader Interest Topics:

- a. Advancement
- b. Academic and Sports Program
- c. Safe Scouting
- d. Outdoor Program
- e. Why Uniforming

Cub Scout Breakout resource sheets: These are plans for den leaders, pack leaders, and committees that follow the monthly program from the Pack and Den Leader Resource Guide.

Pack program resource sheets: These cover each month and are based on Core Values and Themes.

## **Pack Committee Chair**



### **Cub Grub Cookbook**

[www.cubmaster.org/Leaders/Program.Planning/baloo's bugle/2013-june/Cub-Grub-Cookbook.pdf](http://www.cubmaster.org/Leaders/Program.Planning/baloo's%20bugle/2013-june/Cub-Grub-Cookbook.pdf)

### **Games**

[www.cubmaster.org/Leaders/Program.Planning/baloo's bugle/2013-june/BBGames.pdf](http://www.cubmaster.org/Leaders/Program.Planning/baloo's%20bugle/2013-june/BBGames.pdf)

### **School's Out - Family Vacations,**

Summer School, Swimming Lessons

All can play a part in summer schedules.

Most Boy Scout Districts put on summer programs for Scouts:

### **Cub Scout Day Camp:**

for Cub Scouts, a week long, all day camp filled with activities for the Tiger to the Webelos Scout. All packs within the district need to provide volunteers to help out making the day camp successful. This insures Cub Scout participation as well. Sign-ups have already begun so submit your name early so you will be included in the pre-camp planning meetings. This also gives the camp director a good feel for all the great help packs are willing to provide making the District Day Camp a Camp to remember.

**District Derby Day:**

For Cubs Scouts, a daylong event with racing activities and events.

Bring your Pinewood Derby car and see how fast it can go on the track. You never know unless you try and you could go home the District Pinewood Derby Champ for the year. Raingutter Regatta, Space Derby, Paper Rockets (presented last month) and Cubmobiles are favorites. There are always creative souls who can come up with obstacles courses that are very challenging.

**Cub Family Weekend**

Council wide summertime event held at Camp Whittsett in the Angeles Forrest area.

How many councils put on Cub Parent Weekends?

WLACC has continued this program for many years. Considered a valuable experience for the Cub Scout and their parent. Think about it, how many times do you go with your son on a campout?

Just the two of you! It will be a very special weekend. The summer program includes the whole family. Go check out WLACC for more information.

<http://www.campwhittsett.org/>

And let's not forget recruiting. Always have some information flyers handy and or at least a business card with your contact info. They are easy to make now a days. Just need a computer, printer and business card stock. Pull off some great Scout icons to cut and paste. You have a great way of recruiting and staying in touch with your scouts. Let's not forget a Pack website with schedules and rosters. You may need help with this and just maybe there is someone in your unit that is good at it.

Since it's summertime you have a break from weekly meetings and with all that extra time try setting up a web page. It's always better to share and get help with. Two heads are better than one as they say.

I have provided a new belt loop submission to national and hope we can gather support here. Just send on to national and maybe this fall we will see a new belt loop added. "Knots"

I have added several links for ideas to incorporate in your program that will add to the excitement.

Have a great July 2013 and don't forget the 4<sup>th</sup>.

**Cub Scout Academics and Sports Belt Loops and Pins****Homemade Root Beer**

Recipe yields 4 gallons (serves 64)

Use a large insulated drink cooler (do not use aluminum) to brew root beer in

Ingredients:

6 cups white sugar

3 ½ gallons cold water

1 (2-ounce) bottle of root beer extract

4 pounds dry ice In a 5-gallon cooler, mix together the sugar and water, stirring to dissolve sugar completely. Stir in Root Beer Extract. Carefully place the dry ice into the cooler; cover loosely with the lid. Do not secure the lid, as pressure may build up. Let the mixture brew for about an hour before serving. Left over root beer can be stored in clean milk jugs.

**Other Events**

June end of the school year and great time to recruit new scouts for the fabulous summertime Cub Scout Day Camp. This does not mean just Tigers, but all ranks. Have your Scouts do the Flag Ceremony for the school Open House. This is a great way to smooze the Principal and a free plug for your unit. Make sure you set up a table of scout literature and uniform, with handouts of your Calendar of Events. I always get, "How much does it cost?", questions. And so I made up a, "How much Does It Cost?", chart included here. (revisable)

Our Pack goes on a summertime campout at a local lake. Add one more outing and you have just completed the Pack Summertime Award needed to be a Quality Unit. Pack Literature could include: annual calendar of events, "How much does it cost" sheet, (included here),

**Pack 212, Cub Scouts Membership Fees, Dues and Other Costs (January 2001)**  
 \* These items are covered by the Pack Membership. All Cub Scouts \$35.00 a annual membership fee. Tiger Cubs \$25.00 a annual membership fee

<b>1. Annual Membership Fees for Tiger Cubs</b>		<b>2. Uniform Items for Tiger Cubs</b>	
National Scout Dues incl. Parent	\$7.00*	Tiger T-Shirt	\$9.95
Boys Life Magazine	\$9.00*	Tiger Book	\$4.50*
		Belt Tieson 5 @ \$7.75	\$1.55*
		Scout Belt	\$5.90
		<b>Sub Total</b>	<b>\$21.90</b>

<b>3. Annual Membership Fees for Wolf (2<sup>nd</sup> Grade), Bear (3<sup>rd</sup> Grade) and Webelos (4<sup>th</sup> and 5<sup>th</sup> Grades)</b>	
National Scout Dues	\$7.00 per year*
Pack Committee Member Parent	\$7.00 per year
Subscription Boys Life	\$9.00 per year*

**4. Uniform Items**  
 A uniform shirt can be expected to last two years if you buy one that your son can grow into. The blue uniform shirt may be worn for Wolf, Bear and first year Webelos (4<sup>th</sup> grade) years. Normally, the Blue shirt is replaced by a Tan shirt during the 2<sup>nd</sup> Webelos year. The Tan shirt can be worn by first and second year Webelos and the new Scout (if it still fits)

<b>For Wolf (2<sup>nd</sup> Grade) and Bear (3<sup>rd</sup> Grade)</b>		<b>For Webelos Scouts</b>	
Cub Scout Short Class "A" (Blue)	\$21.70	Cub Scout Short Class "A" (Tan)	\$21.70
Neckerchief (card)	\$4.00*	Neckerchief (card)	\$4.50*
Neckerchief Slide	\$2.10	Neckerchief Slide	\$2.10
Hat	\$9.15	Hat	\$9.15
Belt	\$5.90	Belt	\$5.90
World Scouting Crest	\$1.15	World Scouting Crest	\$1.15
Council Patch	\$2.00	Council Patch	\$2.00
Pack Numbers (set of 3)	\$1.45	Pack Numbers (set of 3)	\$1.45
Den Bag	\$1.10	Den Bag	\$1.10
Wolf/Bear Book	\$4.95	Webelos Book	\$4.95
Annual Service Pin	\$0.72*	<b>Sub Total</b>	<b>\$54.00</b>
<b>Sub Total</b>	<b>\$54.22</b>		
Optional: Cub Scout T-Shirt Class "B"	\$9.10		

**5. Advancement Patches and Badges**

<b>For Wolf (2<sup>nd</sup> Grade) and Bear (3<sup>rd</sup> Grade)</b>		<b>For Webelos Scouts</b>	
Bobcat Badge	\$0.65*	Activity Pins (10 each year)	\$10.00*
Bobcat Pin	\$1.05*	Compass Patch & Pins	\$5.05*
Wolf/Bear/Bank Badge	\$0.65*	Arrow of Light Badge/Pin/Cerif	\$3.65*
Wolf/Bear/Bank Pin	\$1.05*		
Immediate Recognition Kit	\$0.50*		
Arrow Points (1 Gold / 2 Silver)	\$1.45*		

**6. Other Awards**

Event Patches (100)	est. \$12.00*	<b>7. Activity Kits</b>	
Summertime Award Pin	\$0.75*	Pinewood Derby Kit	\$3.00*
World Conservation	\$1.05*	Rainwater Ragnara Kit	\$3.00
Religious Knot (3 Set) \$10.00	\$1.05*	Space Derby Kit	\$3.00
Recruiter	\$1.05*	Mandala (Red White Blue)	\$7.35
Academic Sport Pin (ea)	\$1.25*	Academic Sport Beltloop (ea)	\$1.25ea*

Pack Leadership List or Unit Roster for those that sign up on the spot. Pack meeting time and place, contact information. We have set up Raingutter Regetta or Paper Rocket Launcher for added excitement. You've got help with the scouts and their parents so go for it!

One event I always try to plug in somewhere is a "Knot Tying Event" All you need is some rope and know your knots. Do you know your Knots? There are eight that all Cub Scouts need to know and tie.

Overhand – This knot gets no respect and is hardly ever mentioned, but it is a part of most all knots

Figure Eight – Stop rope from going thru

Square – Tie rope together, First Aid

Sheet Bend - Tie ropes of different sizes

Clove Hitch - Hitch your horse to a post, used for rope bridges and camp structures. Makes a great rope neckerchief slide

Two Half Hitches – Tie things down or up

Taut line Hitch – Tie things down or up and know that it will not loosen

Bowline – the Rescue Knot



**June Knot Event**

*Judy Soyster, Western LA County Council*

Last Monday meeting in June we will have a knot competition between the Webelos and the Bear Scout Dens.

The two dens will be asked to set up a lean to structure that could withstand a wind storm utilizing all the knots listed. The Bear Den will start with a structure partially completed for a head start because of age.

Figure Eight, Square, Sheet Bend, Clove Hitch Two Half Hitch, Taut line Hitch, and Bowline

All supplies will be provided. Winning Den will receive special recognitions throughout the current year of scouting.

I have submitted a Knot Belt Loop and Pin Application to National without a response. What do you all think about helping me out and lets all submit the application and maybe we can get a new Belt Loop for our Cub Scouts to work on. Included here:

**BOY SCOUTS OF AMERICA**

**Award Submission Summary**  
 (To be used for merit badge, submission of sports belt loops/pins and other awards proposals)

**CONTACT INFORMATION**

Submitter's Name: Judith P. Soyster  
 Contact Information:  
 Address: 5429 Partridge Avenue Phone: \_\_\_\_\_  
 City: Woodland Hills Email: judysoyster@dslextreme.com  
 State: CA Zip Code: 91303  
 Scouting Affiliation (Unit, Council, and Role): WIACC, Las Colinas District Roundtable Commissioner, Knot Lady at Cub Parent Weekends, Camp Josepho

Organizational Affiliation (association, foundation, corporation -if appropriate): \_\_\_\_\_

**AWARD PROPOSAL**

Merit Badge       XX Academic and Sports Belt Loop and Pin       Other Award

Short Title of Award Proposal: KNOTS  
 Description of Award and Rationale (attach separate sheets if desired): \_\_\_\_\_  
Cub Scout Knot Belt Loop and Pin  
Knowing basic knots is a core skill that every scout needs to know. Be prepared, scouts need to start as Cub Scouts and build up. Concepts are difficult to understand and need repetitive learning environments to grasp. Using the belt loop program will give KNOTS the respect they need and deserve as a integral part of the Scouting program

Discussion of how the award proposal relates to the primary areas of consideration below. Be as expansive or brief as you feel is appropriate. Attach as separate sheet(s)/file(s) if desired.

- Fit with Scouting (values, oath, law, Guide to Safe Scouting, etc.)
- Practicality (availability of merit badge counselors, uniqueness, existence of standardized "rules" and oversight organization, safety risk considerations, etc.)
- Fun & Engaging (depth and breadth of appeal, age appropriateness)
- Resource Requirements (cost to Scouts/units, camp implications, etc.)

**Draft of the Award's Requirements.** Develop and attach a draft or initial thoughts on the requirements for the award. Be as specific as possible.  
 Complete these three requirements  
 1. Learn how to do the 8 basic Scout Knots  
 Figure Eight – Stopper Knot  
 Square Knot – First Aid and tying ropes together

**Scouter's Survival Kit**

*Judy Soyster, Western LA County Council*

Tea Bag - To let you know you're "Tea-rific"

Band Aid - For all the aid you provide

Life Saver -To remind you that you're appreciated a "Hole" lot

2 Pennies - So you'll have the "Cents" to realize how valuable you are

Mint - To remind you that we're thankful for your commit – "mint"

Tootsie Roll - For the important "Roll" you play

Paper Clip - For keeping things organized

Rubber Band - To remind you to stay flexible

Crayon - To color your days cheerful and bright

## Pack Participation - A Key to Attendance

*2010-2011 CS RT Planning Guide*



Roundtables should be presented as learning experiences. Leaders watch demonstrations, then practice what they just learned. Since people learn best by active involvement rather than by observation, Cub Scouting leaders attending a roundtable should have as much opportunity as possible to participate. Participation can be as informal as playing a game or making a craft. Or, a segment of the program can be assigned to individuals or a pack in advance so they have time to prepare. This makes roundtables more satisfying experiences and convinces Cub Scout leaders that these are *their* roundtables. Pride in doing a task well can help Cub Scouters develop their leadership skills.

### Pack Assignments

Set up a schedule that allows packs or individuals to volunteer in advance to be responsible for presenting a song, skit, game, or ceremony at upcoming monthly roundtable meetings. Your staff may wish to provide the specific activity for them to use, such as those suggested in this *Roundtable Planning Guide*, or you may allow presenters to be creative with their own ideas. Designate a roundtable staff member to preview all original presentations for suitability, making sure they meet the purposes of Cub Scouting, the Core Values, and the aims of the Boy Scouts of America. Have a staff member check on the pack leaders' progress in preparing their presentation, and also send them a reminder about their roundtable assignment. Ask this staff member to be prepared as a backup should the person or pack fail to deliver on their assignment.

Do not leave an embarrassing gap in the evening's program. Encourage packs that present preapproved, original material to make the information available to all roundtable participants as a handout. This will enable all leaders attending to readily use these ideas in their own den or pack meetings.

### Show and Tell

Roundtables are most successful when Cub Scout leaders have the opportunity to share information and ideas with other leaders. Ask pack leaders to bring examples of their den yells and songs, newsletters, den doodles, den flags, and pack meeting props and ceremonies. A special area may be set up to display these items during the preopening.

### Participation Awards

Pack participation is an important part of building roundtable attendance and motivating Cub Scout leaders. A system that has worked well in many districts is to award "points" to those packs that prepare and present a portion of the roundtable program. When a certain number of points is earned, the pack

gets an award. Packs volunteer for specific assignments for next month's roundtable.

Competition for assignments is usually keen because packs are eager to work toward an award.

**Promotion gets them there the first time.  
Good program gets them to return.**

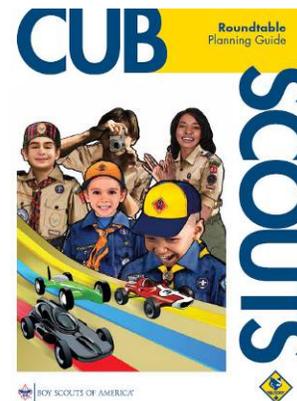


### CS Roundtable Planning Guide

The 2013-2014 issue of the Cub Scout Roundtable Planning Guide is out!

[http://www.scouting.org/filestore/training/pdf/511-410\\_WB.pdf](http://www.scouting.org/filestore/training/pdf/511-410_WB.pdf)

Thanks to the volunteers that served on this year's Task force assembling the CS RT Planning Guide!!



### Cubcast

**Note - National had not yet updated CUBCAST from Perseverance to Courage at the time of Baloo's publication but maybe by the time you see this, it will be COURAGE!!**

Cubcast is an audio podcast featuring how-to and information topics for Cub Scouting leaders and parents. There is an RSS icon on the page where you can subscribe to ensure you do not miss an episode/edition. Old Cubcast broadcasts are archived and may be downloaded from the site. If reading on-line, click the picture to go to Cubcast –

It is not necessary to own an iPod in order to view or listen to a podcast; the name is merely a holdover from the device on which they were introduced.

Likewise it is not required that you have iTunes on your computer to listen to podcasts. Other applications can manage your podcast subscriptions.

The current podcast can be found here at the link below

<http://www.scouting.org/Scoutcast/Cubcast/2013.aspx>

**2013 CubCast**

**May - Cub Scout Retention**



In this episode, Peter Self, member of the Youth Development Team and executive producer of Cubcast, tells us it's not enough to recruit boys into Cub Scouting. Your Cub Scouts are getting older, so Peter shares with us some really good ideas on keeping boys in the program.

Download | Zip File

What is the difference between Tried and Triumphed?  
**A little "Umph" (Oomph)**

Both are great ways to explain Perseverance. Click on Cubcast and enjoy!!!

*Please let me know about Pow Wow's and Pow Wow Books!!*

*I cannot do this job without your help!!!*

**PACK MEETING THEMES**

*Commissioner Dave (with help from Kim)*

All 36 Supplemental Pack Meeting plans are posted at: <http://www.scouting.org/scoutsources/CubScouts/Leaders/DenLeaderResources/DenandPackMeetingResourceGuide/PackMeetingPlans.aspx>

Here are the last 2 in the current CS RT PG -

Month	Core Value	Supplemental Theme
July	Courage	<a href="#">Cubs in Shining Armor</a>
August	Honesty	<a href="#">Kids Against Crime</a>

Here are the 12 for 2013-2014 in the CS RT PG -

Month	Core Value	Supplemental Theme
September	Cooperation	<a href="#">Amazing Games</a>
October	Responsibility	<a href="#">Down on the Farm</a>
November	Citizenship	<a href="#">Your Vote Counts</a>
December	Respect	<a href="#">Passports to Other Lands</a>
January	Positive Attitude	<a href="#">Lights, Camera, Action</a>
February	Resourcefulness	<a href="#">Invention Convention</a>
March	Compassion	<a href="#">Pet Pals</a>
April	Faith	<a href="#">My Family Tree</a>
May	Health and Fitness	<a href="#">Destination Parks</a>
June	Perseverance	<a href="#">Over the Horizon</a>
July	Courage	<a href="#">Space - the New Frontier</a>
August	Honesty	<a href="#">Heroes in History</a>

Kim, the chair of the task force, says "I do want to stress that the focus is still the Core Value and the theme is just there as an enhancement. The theme pack meeting plans are specifically crafted to bring out the important points of the Core Value in a fun way."

Here is the complete list of all 36 Supplemental Themes. Any Pack/Cubmaster can use any theme any month. The year

designation is to show you which themes will be featured at Roundtables each year.

Month	Core Value	Supplemental Pack Meeting Themes to Enhance the Meaning of the Core Value		
		Set A	Set B	Set C
September	Cooperation	2012-2013 CS RT PG * Hometown Heroes	2013-2014 CS RT PG * Amazing Games	2014-2015 CS RT PG * Under the Big Top
October	Responsibility	* Jungle of Fun	* Down on the Farm	* Dollars and Sense
November	Citizenship	* 50 Great States	* Your Vote Counts	* Give Goodwill
December	Respect	* Holiday Lights	* Passport to Other Lands	* Stars and Stripes
January	Positive Attitude	* Abacadabra	* Lights, Camera, Action	* Yes, I Can
February	Resourcefulness	* Turn Back the Clock	* Invention Convention	* Litter to Glitter
March	Compassion	* Planting Seeds of Kindness	* Pet Pals	* Aware and Care
April	Faith	* Cub Scouts Give Thanks	* My Family Tree	* Soaring the Skies
May	Health & Fitness	* Cub Café	* Destination Parks	* Backyard Fun
June	Perseverance	* Head West Young Man	* Over the Horizon	* Go for the Gold
July	Courage	* Cubs in Shining Armor	* Space - The New Frontier	* Under the Sea
August	Honesty	* Kids Against Crime	* Heroes of History	* Play Ball

**UPCOMING MONTHS**



Patches shown are available at [www.scoutstuff.org](http://www.scoutstuff.org)

★ July's Core Value, **Courage**, will use the Supplemental Theme "**Cubs In Shining Armor** "

★ Month's that have themes that might help you with **Courage** and "**Cubs in Shining Armor** " are:

Month	Year	Theme
<b>Cubs in Shining Armor</b>		
November	1946	When Knighthood was in Flower
March	1955	Knights of Yore
January	1962	Knights of Yore
March	1966	Knights of the Round Table
March	1973	Knights Of the Tournament
November	1979	Knights of Yore
January	1986	Knights of the Roundtable
January	1989	Knights in Armor
January	1992	Knights of the Roundtable
November	1995	Knights of the Roundtable
November	2006	Cubs in Shining Armor
July	2013	Cubs in Shining Armor
<b>Summertime Stuff</b>		
August	1977	Water Fun
July	1984	Fun in the Sun
August	1989	Outdoor Festival
July	1992	Fun in the Sun
August	1994	Water Fun
July	1995	Water Carnival
July	1996	Water Fun
August	2001	Summer Songfest
July	2004	Fin Fun
August	2005	Campfire Tales and Traditions
July	2008	H2 OHhhhhh!
August	2010	Waves of Fun
<b>Courage</b>		
July	2011	Courage
July	2012	Courage
July	2013	Courage

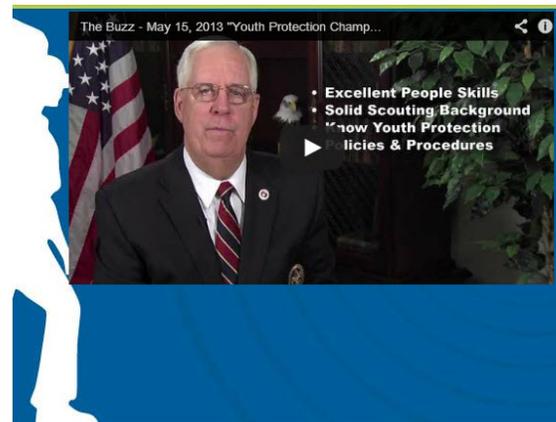
Month's that have themes that might help you Honesty, will use "Kids Against Crime" are:

Month	Year	Theme
<b>Honesty &amp; Kids Against Crime</b>		
January	1943	Do Your Bit
December	1958	The Golden Rule
August	1968	Mystery Month
September	1998	Be a Detective
November	2001	Hometown Heroes
November	2002	Kids Against Crime
January	2004	Home Alone

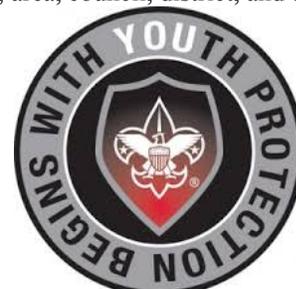
November	2009	Scout Salute
<b>Honesty</b>		
August	2011	Honesty
August	2012	Honesty
August	2013	Honesty (Kids Against Crime)

## THE BUZZ

*Note - The Buzz is a biweekly video detailing recent changes and such in Boy Scouting.*



Jim Wilson, chairman of the Boy Scouts of America's National Youth Protection Committee, explains how the organization is improving its already excellent Youth Protection program by appointing volunteer Champions at the regional, area, council, district, and unit levels.



Go to the Youth Protection website for more information  
<http://www.scouting.org/youthprotection.aspx>

Or to see it in Spanish -



[http://www.scouting.org/Training/YouthProtection.aspx?sc\\_lang=es-MX](http://www.scouting.org/Training/YouthProtection.aspx?sc_lang=es-MX)

A little olf for our Cubs, but a cool video - Check out the buzz on Game Design Merit badge



View more episodes of *The Buzz* on BSA's [YouTube channel](#).

Click on the picture above or go to: <http://www.scouting.org/sitecore/content/InternalCommunications/The%20Buzz.aspx>

## DEN MEETING TOPICS

MONTH/ CORE VALUE	JUNE: PERSEVERANCE	JULY: COURAGE	AUGUST: HONESTY
ALTERNATE PACK MTG THEME	HEAD WEST, YOUNG MAN	CUBS IN SHINING ARMOR	KIDS AGAINST CRIME
MEETING #	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE	LETTERED MEETING OF YOUR CHOICE
TIGERS	Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice.	Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice.	Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice.
WOLVES	Remember Boys want to be outside.	Remember Boys want to be outside.	Remember Boys want to be outside.
BEARS			
WEBELOS			
ARROW OF LIGHT			
RT FOCUS	Rodeo and Pioneer Day, friendship Campfire, Other Outdoor Activities	CAMP, Photo Scavenger Hunt, Cubmaster Induction, Sportsmanship, Youth Leadership	Sportsmanship, District & Council Activities, Youth Leadership, Recruiting, Retention

When a Den Meeting occurs depends on when you start your year and how often you meet. A Den that starts in August will be doing meetings 1 & 2 then, and 3& 4 in September. A

den that meets three times a month will do 1, 2, and 3 in September. *The pace is up to you!!*

## PACK ADMIN HELPS

**Why Take Boys Outside**  
*Kristy Wheeler, Chief Seattle Council*

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts.”  
*Rachel Carson*

### Why take scouts outside? What are the benefits?

**1. Health:**

*“Nature heals us”*

- a. We all need at least 30 minutes a day of activity to stay healthy.
- b. Kids with more exposure to nature have decreased behavioral and conduct disorders. Additionally, kids with behavioral and conduct disorders show a decrease in their symptoms when exposed to nature.
- c. Vitamin D is necessary for many bodily functions
- d. What about parental fears of traffic, crime, Lyme disease, west Nile virus, etc? It may be necessary to take parents along when we go outdoors. That’s what first aid kits are for.
- e. Camp is a respite. It is the 4<sup>th</sup> most popular sport in the united states.

**2. Happiness:**

*“Humans have an innate affinity for the natural world”*

- a. Being in nature reduces stress levels, decreases anxiety, and decreases depression.
- b. Kids learn confidence as they try out new things. Self esteem comes not from receiving praise, but from facing and conquering new challenges. When we first started letterboxing 3 years ago, my son stayed by my side and was fearful about where the trails might lead. Now he runs ahead and climbs trees and fights dragons along the trail.
- c. Being outdoors allows movement at a natural pace rather than a scheduled pace. You can’t just turn on the microwave and cook dinner. Kids learn to play on their own terms. They learn what to do in new settings.
- d. A study in Finland showed that kids with access to nature had twice as many friends as those without access to green areas.
- e. Kids in nature show more care toward plants, animals and the environment
- f. Studies show that in parks with play structures, kids establish their hierarchy based on physical competence. In open spaces kids use fantasy play.

Their social standing is based on language, creativity and inventiveness.

### 3. Mind:

*Someone once told me that when she learns the name of a new plant, she feels like she is meeting someone for the first time. Giving a name to a thing is a way of knowing it.*

- Teach kids about what is in nature, to identify trees, rocks, plants, animals, bugs, fungus, and slugs increases their knowledge base. Then teach them what they can do with those things.
- Kids with direct access to nature do better in school.
- Kids with ADD have a decrease in symptoms when allowed to spend time in nature.
- Nature's patterns help kids to organize their thoughts. They learn to categorize things. What they learn outdoors, they take to school with them.
- Being in nature is a multi-sensory experience. There is an increase in stimulation of all the senses.
- When allowed to play in nature, one of the first things kids do is find a shelter. That may be in the roots of a tree, or making a fort out of branches.

#### At Kids Discover Nature Learn

**10 Reasons Why Kids Should Play Outside**  
<http://www.kidsdiscovernature.com/2009/08/10-reasons-why-kids-should-play-outside.html>

*This is just the list.*

*On the website there is more detail about each item. Please visit the website for more complete information*

- K-12 students participating in environmental education programs at school do better on standardized tests in math, reading, writing and social studies.
- Children and adults find it easier to concentrate and pay attention after spending time in nature.
- Nature provides a rich source of hands-on, multi-sensory stimulation, which is critical for brain development in early childhood.
- Children's play is more creative and egalitarian in natural areas than in more structured or paved areas.
- Living in "high nature conditions" buffers children against the effects of stressful life events.
- Views of nature reduce stress levels and speed recovery from illness, injury or stressful experiences.
- The ultimate raw material for much of human intellect, emotion, personality, industry, and spirit is rooted in a healthy, accessible, and abundant natural environment.
- Access to nature nurtures self discipline.
- Nearby Nature Boosts Children's Cognitive functioning.
- Children diagnosed with attention-deficit/hyperactivity disorder (ADHD) or attention-deficit disorder (ADD) showed reduce symptoms after playing in natural areas

#### Also at Kids Discover Nature:

- [30-Day Outdoor Challenge](#)
- [8-Step Plan to Disconnect Your Kids from the Telly and On to Nature](#)

- [All about inchworms](#)
- [Birthday party idea](#)
- [Hiking With Kids: What to Pack](#)
- [Invite Wildlife to Your Yard - Wildflowers](#)
- [Kids benefit from nature](#)
- [Safe drinking bottle for outdoor adventures](#)
- [Three Things to Think About when Going Camping with Your Kids](#)
- [The Perfect Summer Vacation: Family Fun and Nature at Smuggler's Notch Resort](#)

#### Additional References for Outdoor Adventures

##### Kids Discover Nature:

<http://www.kidsdiscovernature.com/>

##### The Children's Nature Institute

<http://www.childrensnatureinstitute.org/aboutus/>

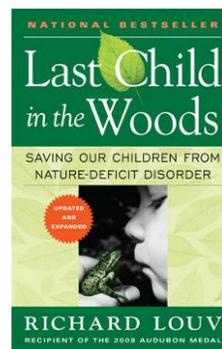
##### Children & Nature Network

<http://www.childrenandnature.org/>

##### "Last Child in the Woods," Richard Louv

In this influential work about the staggering divide between children and the outdoors, child advocacy expert Richard Louv directly links the lack of nature in the lives of today's wired generation—he calls it nature-deficit—to some of the most disturbing childhood trends, such as the rises in obesity, attention disorders, and depression.

*Last Child in the Woods* is the first book to bring together a new and growing body of research indicating that direct exposure to nature is essential for healthy childhood development and for the physical and emotional health of children and adults. More than just raising an alarm, Louv offers practical solutions and simple ways to heal the broken bond—and many are right in our own backyard.



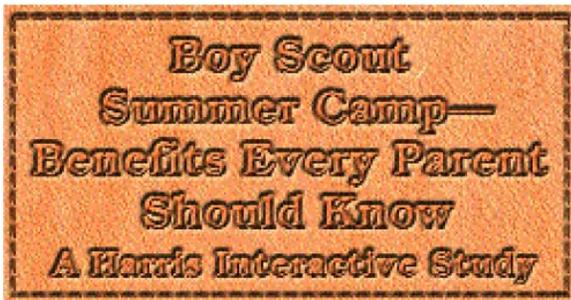
##### "Sharing Nature with Children," Joseph Cornell

"Sharing Nature with Children is not just a book but a powerful approach to nature education. The first edition of this book sparked a worldwide revolution in nature education and became a classic. The author, Joseph Cornell, is one of the most highly regarded nature educators in the world today."

##### National Association for Interpretation

Newly revised and expanded for its 20th anniversary, it now has 50 fascinating games for children of all ages. Almost a

half a million copies sold and printed in over fifteen foreign languages.



**The Value of Scout Summer Camp**

Picture this:

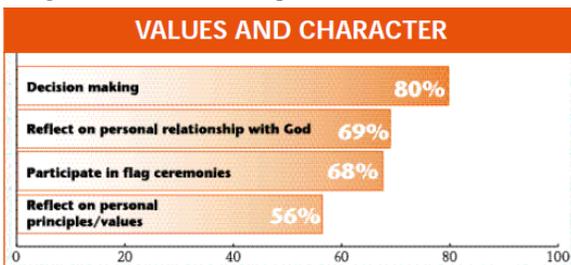
- Boys splashing into a cold swimming pool on a hot day
- An archery bow stretched tight by a small hand and aimed at a colorful bull’s-eye
- Hikers on a brush-laden trail stopping to admire a spider forming its web in a tree
- Teams of two paddling wildly in a six-boat canoe race on a shimmering lake

These are the images of Boy Scouts at summer camp. Hidden within the camp adventure lie the true benefits of a boy’s week at camp.

Harris Interactive of New York designed a study on the impact of summer camp in the lives of Boy Scouts, Scout leaders, and parents of Scouts. The researchers concluded that within the typical six days of Boy Scout summer camp, boys are in an environment that comprehensively provides them with critical elements of healthy youth development .

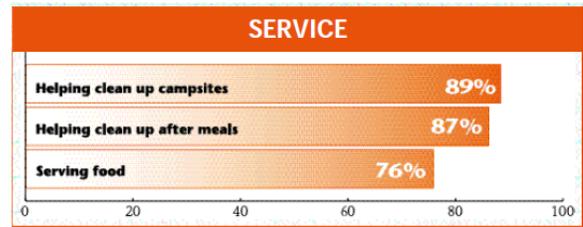
Camps are removed from the hustle and bustle world of mass information, media, and technology. This type of “protected environment” provides a significant opportunity for growth among young men. Time seems to take on a different meaning when the day is not filled with television, radio, video games, and visits to malls. This is the starting place for change.

At camp, boys have time to consider and reflect on their place in life. **Strong personal values and character** are shaped as young boys are encouraged to take a part in decisions that impact others, contemplate their relationship with God, reflect on personal values, and participate in patriotic activities regarding American citizenship.



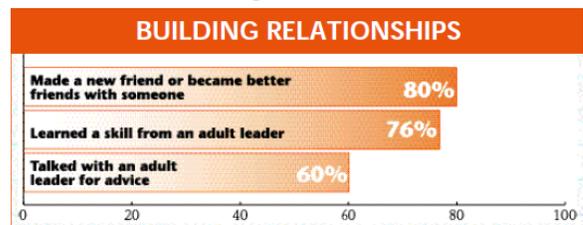
Since its beginning in 1910, the Boy Scouts of America has believed in personal growth through service.

At camp, boys gain a **positive sense of self-worth and usefulness** through serving others. Majorities of boys serve their peers at camp through helping clean up campsites, helping clean up after meals, and serving food.



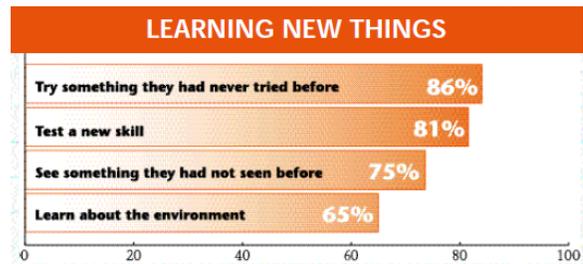
A majority of boys at camp receive praise from others. Compliments are received from adult leaders (76 percent) and peers (72 percent) . Another key finding is that 78 percent of boys indicate that they “accomplished something worthwhile” during camp.

Scout camp is a place where **caring and nurturing relationships** are developed and deepened. According to the study, most Scouts made a new friend or became better friends with someone while at camp. In this environment,



friendships don’t stop at the peer level. Adult leaders develop respect and trust among Scouts as they mentor skills and share knowledge. Also, many boys mention that they talk with an adult leader for advice during camp.

Young boys seldom consider “school learning” to be exciting. **Learning** at Scout camp is a different story! Summer camp is an outdoor classroom in which boys test themselves. They test their skills, as well as their courage to try new things.



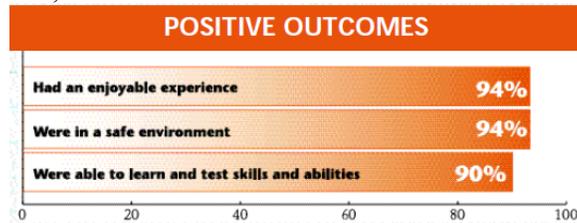
Learning alone is not enough to engage young boys. It has to be challenging and fun. Majorities of boys say they feel challenged (69 percent) and test their mental/thinking abilities (71 percent) while at camp.

Scouts are **productive and creative** at camp. Young boys are motivated by the concept of mastery. It is the basis for what has driven the extreme popularity of video games .When coupled with learning useful life skills, this need results in truly productive outcomes. Almost all Scouts “ work with others on a badge or task” (88 percent) or “complete a merit badge” (83 percent) at camp.

Camps are structured to encourage boys to spend time working and playing **socially** in ways that may seldom happen outside of camp. Majorities of Scouts collaborate with other youth on accomplishments (73 percent), participate in group decision making and activities (64 percent), and help resolve interpersonal conflicts (53 percent).

Parents see the difference Scout camp makes. A clear majority (81 percent) of parents of Scouts who attend camp say the camp experience resulted in a positive change in their sons. They agree their sons have fun, are new skills.

safe, and learn and test



Moreover, a clear majority of parents (84 percent) say their son learned personal responsibility while at camp.

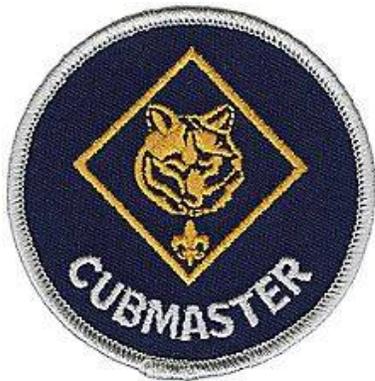
For these reasons, almost all parents (96 percent) would recommend camp to others .

Make sure your Scout does not miss the opportunities of Scout summer camp. Contact your local council office to get dates and registration information for your area. The “hidden value” of Scout camp will benefit your son for a lifetime!

*From BSA publication 02-448-3*

## CUBMASTER'S CORNER

*Pamela, North Florida Council*



### Courage ~ Cub in Shining Armor June RT 2013

Its June and your pack events should already be planned out and announced to all the parents and Scouts. Dates, time, locations, and what to bring so you all can earn the Summertime Awards. These are all great opportunities to encourage all your Cubs and leaders to invite guests so they too can get a sample of what Scouting is like especially those on the fence about joining or not. Encourage them to attend and invite them to join and sign up. Many times parents say to me that they wish they joined earlier but no one asked them. So ASK and ask again and don't forget to make a big deal about the Recruiter patches to your Scouts who do get someone to sign up and possibly have a tent or mess

kit for the Scout that recruits ( and they sign papers, pay etc.) say 5 Scouts during the summer. Recruiting happens ALL year long!

### Advancement Ceremony

Setup: Enough chairs to seat the boys receiving awards are arranged in a semicircle around either side of a central table.

CUBMASTER: Lords and ladies, noble members of the pack, we bid you welcome to the Court of Pack [number] . We come this day to recognize those knights who, by their diligent effort, cheerful spirit, knowledge, and willingness to do their best, have earned a seat at the Roundtable. They have proved themselves to be worthy of this honor. Knights of the Order of the Bobcat, come forward. Sir [boy's first name] of [boy's last name].(Each boy comes forward with his parents as his name is called, and his rank is presented.)

CUBMASTER (after all boys have received their rank): Will you uphold the honor of the Order of the Bobcat?

CUB SCOUTS: I will.

CUBMASTER: Then take your place at the Roundtable. (Parents return to their seats, and each boy takes a chair in the circle.) (Repeat with each rank until all boys earning recognition have been seated in the circle.)

CUBMASTER: Knights of the Roundtable of old were men of great courage, honesty, humility, loyalty, and strength. These young knights today have, by their hard work, shown that the spirit of the Roundtable lives still. Lords and ladies, Cub Scouts, and honored knights of the Roundtable, please rise and repeat with me the Cub Scout Promise.

Medieval Tournaments are a great idea for Pack meetings!

### Moat Challenge Game

Setup: Set up a “safe area” by drawing two lines around the safe area to create a “moat.” This may be drawn with chalk, marked with rope, etc.

The moat was a water-filled trench around the castle. Built for security, it was often also filled with sharp and dangerous objects such as rusty metal and glass. Set up an area with the castle “safe zone” placed in the middle. Place a string or tape outside, and then another string 2½ feet farther out.

Boys are challenged to jump the moat and land in the safe area of the castle.

To make this challenging for different age levels, vary the size of the jumping space. Assign different points for the amount of distance from the outside of the moat to the safe area.

### **Robin and Little John**

Equipment: Wide flat board, preferably 1-by-6 ft. or 1-by-8 ft., 6 feet long (long enough for two boys to stand on)

Lay the board on the ground. The boys stand right shoulder to right shoulder, facing opposite directions and clasp right forearms. Keeping the left hand free and not using anything but their clasped right arms, the boys try to knock each other off the board and into the "stream."

### **Tilting**

Equipment: 4-in.-diameter ring (can be a canning ring from a large-mouth jar, a plastic ring cut from a margarine tub lid, or something of similar size), string, 3-ft. length of soft foam stick or pipe covering.

Suspend a ring on a string so that the ring hangs about shoulder high for a Cub Scout. Each Cub Scout gets a turn as a knight jousting for a prize. Using a lance (foam stick), each knight runs at the target and tries to spear it.

### **To Arms! To Arms! Game**

Materials: Lots of old adult-sized clothes (armor), various toy weapons (such as the "lances" used in Tilting)

Form two teams. Mix together the armors and weapons of each team. Boys sit on the floor. At the call "To Arms! To arms!" both teams scramble to find their own weapons and armor. When each boy is fully armed, he races to the finish line.

### **Cub Master's Minute: Knights' Code**

Whatever you are, be noble. Whatever you do, do well. Whatever you speak, speak like a knight. Spread happiness wherever you dwell.

### **Closing Ceremony: knights of Old**

Personnel: Den of Cub Scouts in costume

NARRATOR: Knights of old stood straight and tall as they pledged themselves to defend all things that were good and to strive to always do right. (Boys turn and form a Living Circle.)

Cub Scouts today stand straight and tall as they pledge themselves to do good, taking the Cub Scout Promise as their code while they do what they should. (Boys repeat the Cub Scout Promise.)

Let each of us now tonight silently pledge again to live up to a good knight's code of friendly service to others.

### **Skit: Chess**

Boys pose as the pieces of a chess board as the narrator explains each one. Then pantomime a chess game.

NARRATOR: The origins of chess are uncertain, but it may have come from a game in India, and before that, China. In the Indian version, the pieces stood for parts of an Indian army: elephants, cavalry, chariots, and infantry. Europeans changed the pieces to reflect their lives. Like a medieval European city, the chessboard has the following pieces:

KING: Dignified and deliberate, he takes only one step at a time.

QUEEN: She has the power to move in any direction, including diagonally. But her move has to be in a straight line.

CASTLES (or ROOKS): They move across and back and forth, protecting the king in times of danger.

BISHOPS: They move only on the diagonal.

KNIGHTS: Riding on horseback they make an L-shaped move, two steps forward, and one to the side.

PAWNS: These humble foot soldiers pay the price of war. They move one step forward at a time, attacking on the diagonal. As in real life, they're the first to fall in battle.

### **Applauses**

#### **Knight Applause**

Kneel and place your right hand on your left shoulder, then on your right shoulder, while saying "I dub thee Sir Knight."

#### **Roundtable Applause**

Move your hands in a big circle while clapping

Hear ye! Hear ye! All Cub Scouts can be Knights. With some creative costuming and imagination, boys can be transported back to the Middle Ages. The ideals of truth and honesty ring true today as they did long ago. The quest to achieve a noble cause is reinforced for boys this month as they explore their own desires. Enlist parent help to prepare a great Teeterboard Jousting set, which the den can use again and again. Encourage Cub Scout families to work on additional achievements and electives that support this theme such as:

- **Achievement 21c,**

“Build a Model”: Boys can make a model of their room and change the furniture around. Imagine how the furniture of the Middle Ages would have been different.

- **Achievement 23e,**

“Sports, Sports, Sports”: Families will enjoy attending a sporting event together.

- **Elective 21a,**

“Sales”: Knights presented themselves with honor and courage. Boys can do the same as they participate in a council- or pack-sponsored money-earning sales program. Parents can review safe sales tactics with Cub Scouts.

**Be a Knight Activity**

The den chief provides each point of the Scout Law (trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, reverent) on a card for the boys and asks each to choose one as his personal standard for the month: “Knight [Cub Scout’s name]the Trustworthy,” for example. The den chief then introduces each Cub Scout with his knightly name while he holds up his card during the opening.

**Knights opening Ceremony**

**CUBMASTER:** Like knights of old, our den knights pledge their allegiance to our flag. Its colors stand for principles we treasure and defend: red for bravery, white for purity, and blue for loyalty. Knights, please join in the Pledge of Allegiance to our flag

Tonight as we stand and salute the flag, let us consider how strongly the knights of yesterday felt about their duty...whether that duty was to man or God. Their Standards of Conduct or code was real

and binding. When they promised something, they did it. A knight would die before he would lie, steal, cheat or in any way dishonor his Standards of Conduct. Let us think about what we promise each time we say the Pledge of Allegiance to the flag...Do you keep your promise? How strong is your Standard of Conduct? Please join me in the Pledge...

**Shields and Banners**

Each den should make a flag to fly at the castle. The flag should be approximately two feet wide and three feet long. Make the top and sides straight and curve around the bottom. Use a light colored cloth and have the boys decorate with non-washable markers. The boys should decide on the design they want to use. In the days of the Knights of the Round Table, each knight had a different design on his shield. In the heat of battle, one knight in armor looked much like another. Therefore, in order to make it easier to tell friend from foe, knights had their own personal patterns or emblems painted on to their shields. These emblems, which were sometimes embroidered onto their coats, became known as "coats of arms".

The surface of a knight's shield was called the field. The figures or shapes on it were called charges. The simplest charges were chief, fess, pale, bar, bend, saltire, chevron, pile and cross. The field and charges had to be painted in certain colors. Only red, black, blue, green, purple, gold and silver were allowed. The charges described are shown below. Use one of these designs for your flag. Write your den number somewhere on the field. This design will also be used for the den name tags to be made at the next den meeting.

**Cubmaster Minutes:**

**Modern Knights** As we leave our meeting, let us remember our roles as modern knights to improve ourselves physically, mentally and spiritually, and always be ready to help other people. Good night and good scouting.

**Why is the Table Round?**

Have the boys stand in a line, one behind the other. Ask three boys the following questions:  
 “\_\_\_\_\_, you are the first person in line. Does that make you feel more important?” (have him answer).

"\_\_\_\_\_, you are in the middle. Would you rather be at the head of the line?" (have him answer).  
 "\_\_\_\_\_, you are at the very end. How does that make you feel?" (have him answer).  
 We all have different feelings about where we are in this line. Now, let's form a circle. (Do so.)  
 When we are in a circle, everyone is on an equal basis. That is why King Arthur had the Round Table, so no one knight would feel more or less important than any other knight. Since we are here in a circle, let's repeat the Cub Scout Promise to start our meeting.

### **The Shield and the Flag**

Every knight had his own design on his shield to represent who he was. In our country, our flag represents who we are. The colors and the number of stars and stripes represent how our country was founded and what makes it so great today. Let us honor what the flag represents to us as we repeat the Pledge of Allegiance.

### **CLOSING**

#### **Chivalry**

When the age of knighthood first started, knights were a rough breed of men. In those days, the Catholic Church was very powerful in Europe. So, when the church pointed out that knights everywhere had a duty to fight for God, protect the poor and generally start behaving themselves, many of them began to shape up. During the 1100s, the knights went one step further and developed their own code of behavior, called chivalry. This code demanded that a knight be a gentleman, uphold the law, and protect the Church, women and orphans. Many of the ideals of this code of chivalry are also in our Cub Scout Promise. Let us think about these ideals as we close our meeting by repeating the Cub Scout Promise together. "I, ....."

#### **Knights**

(The first six boys have letters spelling out KNIGHT.)

- CUB 1: K is for King, the knight with most heart.
- CUB 2: N is for Night, without the K at the start.
- CUB 3: I is for Iron, weapons made with the best.
- CUB 4: G is for Grail, the holiest quest.
- CUB 5: His for Honor, a knight's highest aim.

CUB 6: T is for Tournaments, the knight's friendly game.

CUB 7: And so starts our meeting, with knights willing and able.

CUB 8: So join us tonight, the knights of the round table.

### **APPLAUSE**

**Archer Applause:** Pretend as if shooting an arrow into the air. Wait for 5 seconds and yell, "Bulls Eye!!!"

### **GAME**

#### **Spoon Jousting**

Give each Cub Scout a small potato and two tablespoons. In one spoon, he carries the potato. He uses the other spoon as a sword and tries to knock the potatoes off the spoons of the other players.

### **APPLAUSE**

**Knight Applause:** Throw arms up high and call, "Two Arms, Two Arms!!!"

### **Cub Scout Knights Advancement Ceremony.**

Equipment: Wooden sword, Ceremonial candle boards, one with four candles (in front) and another with eight on an inverted V, Extra candle to light others, Match, Badges, awards and certificates  
 Cubmaster should be costumed in knight outfit. A Webelos Scout or Den Chief should serve as a page.  
 CUBMASTER: "Just as the knights of old had their code of conduct, the young knights of Cub Scouting also have their code, the Cub Scout Promise. (The page lights the candles on the inverted V as the Cubmaster reads the lines.) A Cub Scout promises to do his best...(light candle), To do his duty to God and his country...(light candle), To help others...(light candle), and to obey the Law of the Pack...(light candle).

The young knight also abides by the Law of the Pack: The Cub Scout follows Akela. (light candle)  
 The Cub Scout helps the pack go. (light candle)  
 The Pack helps the Cub Scout grow. (light candle)  
 The Cub Scout gives Goodwill. (light candle)  
 As the knights of the Round Table traveled together, certain of their members performed tasks so well that they earned special recognition. In Cub Scouting, we follow a similar recognition of tasks well performed.

There are four ranks in Cub Scouting: (light candle) The Order of the Bobcat; for all boys just

entering Cub Scouting. (light candle) The Order of the Wolf; for first year Cub Scouts who complete the 12 Wolf achievements. (light candle) The Order of the Bear; for second year Cub Scouts who complete 12 of the 24 Bear achievements. (light candle) The Order of the Webelos; for the Webelos Scout to earn before beginning his Arrow of Light, the highest award of Cub Scouts.

While waiting to become of age to pass the next rank for which he is eligible, a Cub Scout may earn additional honors called Arrow Points. Tonight at our Round Table, we will welcome new knights and recognize those earning special honors. Will the following candidates for the Order of the Bobcat please come forward? (Candidates come forward as names are called.) Candidates will kneel on the left knee. (They do so.) As knights of this pack, we will expect you and your family to help us in all our activities. Our Round Table can be no stronger than its youngest and weakest members. You will be expected to follow your leader and give good will. Repeat after me:

"I \_\_\_\_\_, promise to do my best."

(Touches blade of sword to each candidate's shoulder.) I dub thee, Sir Bobcat. (Gives badge and certificate to candidates.) Welcome, new knights! As you leave this great hall of the Round Table, may you carry with you the spirit of true knighthood. (Bobcats leave.)

The following knights have performed their tasks so well they have earned recognition in the Order of the Wolf. Will these knights come forward? (Reads names of candidates for Wolf rank.) You will kneel on your left knee. (Touches shoulders with sword.) I dub thee Sir Wolf. (Gives badge and certificates as name is repeated.) Congratulations to each of you and may you earn many more recognitions. (Follow same procedure for Bear Candidates.)

The following knights are candidates for the rank of Webelos. After they achieve this rank, they then go in quest for the Arrow of Light, the highest award a Cub Scout can earn. (Reads names of candidates for Webelos Badge or activity badges.)

Please kneel on your left knee. (Touches shoulders with sword.) I dub thee Sir Webelos, and challenge you, the wisest and most able of the knights of the roundtable to live bravely and with honor.

Congratulations to all of the Cub Scouts who sit at the Round Table. They all strive to follow the Cub

Scout motto, "Do Your Best". May they all reach their quest in Scouting.

### **CLOSING**

If I Were a Knight

1st Cub: If I had been a Knight of the Round Table.

2nd Cub: I would have opened up the door.

3rd Cub: For queens and damsels to pass through.

4th Cub: I would have been trustworthy true.

5th Cub: I would have ridden giant steeds.

6th Cub: Accomplishing noteworthy deeds.

7th Cub: Today, there are no knights about.

8th Cub: So I've become a brave Cub Scout.

### **Catch the Dragon's Tail Game**

Split the group into subgroups of 10. Have each group line up, one person behind each other. Have everyone put their arms around the waist of the person in front of them. The last person in line tucks a handkerchief in the back of their belt or back pocket. At the signal, the dragon begins chasing its own tail, the object being for the person at the head of the line to snatch the handkerchief. The tricky part of this struggle is that the people at the front and the end of the dragon are clearly competing, but the folks in the middle aren't sure which way to go. When the tail is finally captured, the head dons the handkerchief and becomes the new tail, while the second from the front becomes the new head. After three or four runs of this, have the dragons try to catch each other's tails, for a full field of fun.

### **Toad Slings Game**

One of the most popular castle activities for children was to go out the moat and sling toads. The toads would come out of the moat, and the children would take sticks, slide them under the toads, and sling them back into the moat. That's the object of this activity. Place a five gallon big bucket about fifteen feet in front of where the toads are to be launched. Have each person slide their stick under one of the bean bag toads and sling them toward the bucket. Count one point for each toad that goes in the bucket.

### **Maze Game**

This activity is fairly self-explanatory. Open the gate to the maze at the back of the castle and also open the exit spot on the back side of the maze. Have people enter at about 30 second intervals, so

they don't get all clogged up. Obviously, the objective is to get the other end of the maze successfully.

Those who don't make it will be devoured by the dragon (just kidding??).

Start with a fanfare from the cassette tape.

"Hear ye! Hear ye! Hear ye! I have received word from Camelot that King Arthur himself will be our guest of honor at our campfire tonight. Let us put out a call for him. Shout along with me-- Ar-thur! Ar-thur! Ar-thur....."

(Cubmaster, wearing a helmet and carrying whatever knight weapons he can find that weren't destroyed during the day, enters the campfire area.)

"What a great band of knights we have gathered around our fire tonight. The court jester has told me we have a fun-filled campfire planned for tonight, so without further ado, let the festivities begin!!!!"

### **Run Ons.**

GALAHAD: Lancelot, do you know where Sir Percival I earned how to joust?

LANCELOT: No Galahad, where did he learn to joust?

GALAHAD: At knight school!

LANCELOT: Do you know the favorite song of the Knights of the Roundtable?

GALAHAD: No, what song would those knights like?

LANCELOT: "Joust One of Those Things...."

GALAHAD: Did you know King Arthur lived in the desert?

LANCELOT: No, how do you know that?

GALAHAD: Everybody knows he lived in a "camel lot".

LANCELOT: Galahad, do you know what a knight's favorite food is?

GALAHAD: No Lancelot, what is a knight's favorite food?

LANCELOT: Swordfish!

GALAHAD: Lancelot, do you know what I wear to bed?

LANCELOT: Not that I really care, but what do you wear?

GALAHAD: My knight shirt!

LANCELOT: Oh, and I'll bet you have knight mares, so you keep your knight light on!

GALAHAD: OK, OK, I give up! Good knight!!!!

### **CLOSING**

Have five Cub Scouts and a leader line up across the stage. Cubs should have props as indicated.

CUB 1: (holds up sword) The Sword: its hilt forms a cross, reminding the knight of his pledge to serve with a pure mind and heart.

CUB 2: (holds up shield) The Shield: its strength reminds the knight of his pledge to devote the strength of his arm to the defense of the weak and those in need.

CUB 3: (holds up helmet) The Armor: its steel protects the knight from harm, but must be kept in good condition or it will rust. It reminds the knight that he must stay physically fit or he also will be unable to carry out his quest.

CUB 4: (holds up lance) The Lance: its unbending shaft reminds the knight of his pledge to maintain his honor and integrity.

CUB 5: May we as Cubs so remember our pledge to do our duty to God and country, to help others, and to obey the Law of the Pack.

LEADER: May we as parents and leaders remember our responsibility to guide, strengthen, nurture, love and serve worthy examples to these young lives entrusted for a time to our care.

### **Knights Benediction**

May your heart be pure and your sword be true,  
May the good Lord shine his face on you,  
May your road be straight and your life be long,  
May your shield protect you from what's wrong.  
And when your quest through life is run,  
May the world be better for what you've done.

## **SPECIAL OPPORTUNITIES**

*Pat Hamilton, Baltimore Area Council*

I'm breaking from my habit of linking the Sports and Academics loops and pins to the Core Value and Supplemental Theme this month so I can catch up on a couple that haven't been featured for a while. I'm going with **Collecting** for the Academics loop and pin, and **Softball** for the Sports loop and pin.

Even though our Supplemental theme is **Cubs in Shining Armor**, I couldn't find jousting in the list of Sports Belt Loops (even though jousting is the official state sport where I live).

### Collecting Loop and Pin

from <http://www.usscouts.org>

The requirements listed below are taken from the Cub Scout Academics and Sports Program Guide (34299) 2009 Printing.

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

#### Collecting Belt Loop



#### Complete these three requirements:

1. Begin a collection of at least 10 items that all have something in common. Label the items and title your collection.
2. Display your collection at a pack or den meeting.
3. Visit a show or museum that displays different collections

#### Collecting Academics Pin



#### Earn the Collecting belt loop, and complete five of the following requirements:

1. Give a talk about your collection to someone other than your family. Give a description of your collection, including a short history. Explain how you got started and why you decided to collect what you do.
2. Show how you preserve and display your collection. Explain any special precautions you must take including handling, cleaning, and storage. Note precautions for dampness, sunlight, or other weather conditions.
3. Read a book about what you collect and then discuss it with your den or an adult family member.
4. Start a new collection of at least 20 items. Label the items, and title your collection.
5. Explain to your den or an adult family member what *numismatics* and *philately* mean.
6. With your parent's or adult partner's permission, join a club of collectors who share your hobby. This club may be a group of your friends.
7. Find out if there is a career that involves what you collect. Find out what kind of subjects you need to study to prepare for such a career.
8. If you collect coins or stamps, make a list of different countries in your collection. Explain how to identify each country's issues. Make a list of "clues" that help you identify the origin.

9. With an adult partner, visit an online auction and look for items you collect. Discuss what it tells you about rarity and value of the things you collect.
10. Create a method for organizing and keeping track of your collection. Use a computer if possible.
11. Help a friend get started on a collection of his or her own.

For worksheets to help with earning these awards go to <http://www.usscouts.org/advance/cubscout/academics/collecting.asp>

#### Resources

Check the reference section at your local library for information on collecting and a wide variety of things people collect. If you have access to the Internet, try using various search engines to look for the information you need. (Be sure to have your parent's or adult partner's permission first.)

Other resources might include collecting clubs and specialty shops in your area.

A field trip to a nearby museum can provide an excellent opportunity to learn more about what you collect.

#### Things Some People Collect

- Arrowheads
- Autographs
- Barbed wire
- Baseball or sports cards
- Books
- Boule caps or bottles
- Butterflies and other insects
- Christmas ornaments
- Coins and stamps
- Dolls and plush animals
- Leaves
- Little or antique cars and toys
- Mugs and china
- Neckerchiefs
- Old tools
- Restaurant menus
- Rocks and minerals
- Scout patches
- Shells
- Spoons
- TV or movie posters
- Water samples

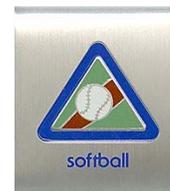
#### Softball Loop and Pin

from <http://www.usscouts.org>

The requirements listed below are taken from the Cub Scout Academics and Sports Program Guide (34299) 2009 Printing. Webelos Scouts that earn the Softball Belt Loop while a Webelos Scout also satisfy part of requirement 4 for the Sportsman Activity Badge.

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

#### Softball Belt Loop



#### Complete these three requirements:

1. Explain the rules of softball to your leader or adult partner.
2. Spend at least 30 minutes practicing softball skills.
3. Participate in a softball game.

**Softball Sports Pin**



**Earn the Softball belt loop, and complete five of the following requirements:**

1. Compete in a pack or community softball tournament.
2. Demonstrate skill in the following throwing techniques: overhand, sidearm, underhand, and the relay throw.
3. Demonstrate skill in the following catching techniques: fielding a ground ball, fielding a pop-up, catching a line drive.
4. Demonstrate correct pitching techniques and practice for three half-hour sessions.
5. Demonstrate correct hitting techniques, including bunting. Practice for three half-hour sessions.
6. Explain the rules of base running and demonstrate skill in the following sliding techniques: the straight-in slide, the hook slide, and the headfirst slide.
7. Learn and demonstrate base coaching signals.
8. Learn about one defensive position (shortstop, catcher, etc.) and practice at that position for three half-hour sessions.
9. Attend a high school, college, or community softball game.

For worksheets to help with earning these awards go to <http://www.usscouts.org/advance/cubscout/sports/softball.asp>

**Special Rules for Cub Scout Softball**

1. The batter is automatically out on the third strike and may not advance to first base. If he steps across the plate while the ball is in motion, the batter is automatically out.
2. A player may NOT steal home on a passed ball, wild pitch, or while the catcher is returning the ball to the pitcher. One base is given for an overthrow into foul territory. If the ball is in any playable territory (on an overthrow), the runners may advance at their own risk.
3. Any player who throws his bat a distance deemed dangerous to players or spectators will, at the discretion of the umpires, be called out. The ball is dead-no play.
4. Each batter must be pitched to; no intentional walks are permitted.
5. Each team will use a continuous batting order for all players who are listed on the score sheet for that game.
6. Mercy Rule-Any team that scores 10 runs in one inning automatically takes to the field, and the other team comes to bat, except in the seventh inning or extra innings.

**National Summertime Pack Award**

[www.scouting.org](http://www.scouting.org)

As summer vacation is coming up, now is the time to plan your activities for the National Summertime Pack Award.



<b>Tiger Cub</b> Neckerchief No. 80871 Slide No. 80870 Pin No. 14332	<b>Wolf Cub Scout</b> Neckerchief No. 00802 Slide No. 80000 Pin No. 14333	<b>Bear Cub Scout</b> Neckerchief No. 00801 Slide No. 80001 Pin No. 14334	<b>Webelos Scout</b> Neckerchief No. 80890 Slide No. 00891 Pin No. 14335
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**Award Pins for Cub Scouts**

As summer vacation winds down and school is getting ready to start, you can submit the paperwork for the National Summertime Pack Award.

*(from scouting.org)*

A pack can earn the National Summertime Pack Award by doing three pack activities when school is out for the summer—one activity each in June, July, and August. Packs that qualify get a colorful streamer for their pack flag.



**Pack Award Ribbon**

Dens that have at least half of their members at the three summer pack events can earn a den ribbon. Pack members who take part in all three events are eligible for the National Summertime Pack Award pin, to wear on the right pocket flap of their uniform.



**Den Award Ribbon**

If a pack is in a "year-round school" (or is part of a home-school association), the pack could earn the Summertime Pack Award by having a special pack activity during school breaks.

For an application for the National Summertime Pack Award go to <http://www.scouting.org/filestore/pdf/33748.pdf>

**Boys' Life Reading Contest for 2013**

<http://boyslife.org>



**SAY 'YES' TO READING**

*Enter the 2013 Boys' Life Reading Contest*

Write a one-page report titled "The Best Book I Read This Year" and enter it in the *Boys' Life* 2013 "Say Yes to Reading!" contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

- \* 8 years old and younger
- \* 9 and 10 years old
- \* 11 years old and older

First-place winners in each age category will receive a \$100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a \$75 gift certificate, and third-place winners a \$50 certificate.

Everyone who enters will get a free patch like the one on this page. (*And, yes, the patch is a temporary insignia, so it can be worn on the Boy Scout uniform shirt, on the right pocket. Proudly display it there or anywhere!*) In coming years, you'll have the opportunity to earn different patches.

The contest is open to all Boys' Life readers. Be sure to include your name, address, age and grade in school on the entry.

**Send your report, along with a business-size, self-addressed, stamped envelope, to:**

Boys' Life Reading Contest  
S306  
P.O. Box 152079  
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2013 and must include entry information and a self-addressed, stamped envelope.

For more details go to <http://boyslife.org/> and click on "Contests."

### Knot of the Month Roundtable Staff Training Award



It's getting to be District Dinner time and be sure you take time to recognize your faithful Roundtable Staff. The Roundtable Staff Award is available to all Scouters. By showing your skills and crafts at Roundtable, you receive recognition for your extra effort to help other Scouters in our District.

Requirements include attending Roundtable Training, staff meetings (4 times per year), helping with 6 breakout sessions over two years, developing a display that relates to a Roundtable theme, doing an opening ceremony, and doing a Roundtable presentation. Sound hard? It's not (or is it knot?).

The Roundtable Commissioner is always looking for people to help put on our great roundtables. We value our friendships with those on staff. If you would like to be part of the fun, ask your Commissioner tonight.

If a Roundtable Staff member has already earned the BS Training Knot, he or she can simply just affix a Commissioner's Device to the knot in addition to the devices

already on the knot. Wearing more than one of any particular knot is against the rules.

This award can be earned by:

- Cub Scout roundtable staff
- Boy Scout roundtable staff
- Varsity Scout huddle staff, or
- Venturing roundtable staff

#### **Training**

1. Review with the roundtable commissioner orientation material in the current *Cub Scout Leader Roundtable Planning Guide*; or *Boy Scout Leader Roundtable Planning Guide*; or *Venturing Roundtable Guide*.
2. Review all material in the current *Cub Scout Program Helps/Webelos Leader Guide*, *Troop Program Resources* and *Troop Program Features*, or *Varsity Scout Game Plan*.
3. Complete basic training for Cub Scout, Boy Scout, or Venturing roundtable commissioners and staff.

#### **Tenure**

Complete two years as a registered roundtable staff member. (Tenure for one award cannot be used for other training awards.)

#### **Performance**

Do the following:

1. Participate in six roundtable staff meetings.
2. Actively assist in six roundtables.
3. Conduct a successful roundtable attendance promotion project.
4. Develop and exhibit a display related to the theme at one roundtable.
5. Conduct a preopening activity and an opening ceremony.
6. Conduct or be responsible for a major project, presentation, or demonstration at one roundtable.

A progress Record for the Roundtable Staff Scouter's Training Award may be downloaded at:

<http://www.scouting.org/filestore/pdf/34169-60.pdf>

## GATHERING ACTIVITIES

*Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD*

### Courage Ideas

*Alice, Golden Empire Council*

#### **Have a Tongue Twister Challenge**

Have a Tongue Twister Challenge in honor of Stick Out Your

Tongue Day – it will quickly dissolve into laughter all around. (See some examples under Run-Ons)

### Play “Look for Courage” Bingo

Print off bingo cards with 9 squares labeled with descriptions such as: Favorite Superhero, Sports Hero, Favorite Teacher Hero, Family Hero, Military Hero, Environmental Hero, Community Hero or Project, Favorite Knight of the Roundtable. Have a space or line inside each square. Give each person or family a bingo card as they come in. They must go around the room and find a different person to fill in each square. You could share some of the entries, or give a prize to the person who has a filled-out card first.

### The Courage of Their Convictions

Let each boy, den or family choose someone who showed courage – then find a way to share their story with everyone – it could be a poster, a display, or even a costume. Examples: Wear Mickey Mouse ears and tell about the courage of Walt Disney in building Disneyland. Or bring a map showing the journey of Lewis & Clark and some facts to share. Or download some pictures of Tom Whittaker, who climbed Mt. Everest with a prosthetic leg and share part of his story. Or choose an everyday person – maybe even a family member, and make a poster about how they have showed courage.

### Display all kinds of maps and have a round robin to learn how to read them –

Boys could also demonstrate what they learned about using the compass while earning the Map & Compass Belt Loop and Pin

### Set up the Hug A Tree and Survive Relay –

Directions are shown under GAMES. *Note: Whistles are available on lanyards at some Party Supply stores or online – you could present each child with a whistle!*

### Treasure Hunt

**Materials:** Pencils or pens, sheets of paper with the letters “no trace” written vertically along the left side, and lines to the right. Draw several lines per letter.

As people arrive, hand out a copy of the game sheet and a pencil. Cub Scouts and family members go around the room looking for items that begin with the letter on the left. They can use any item in the room, including what they wear or have with them. Encourage them to be creative. During the meeting, ask the group for sample answers of what was found for each letter. Follow with a cheer.

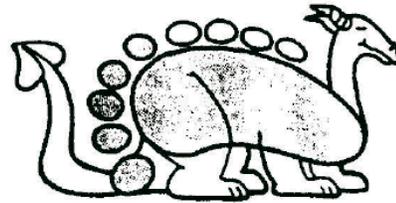
## Knight Ideas

### Stand Up & Find the Dragon

*Alice, Golden Empire Council*

*From the Program Helps for November 2006:*

**Have each boy create his own dragon** by standing up, tracing around his foot and then adding other details to create a medieval dragon:



**Have materials available for each family to make a family shield or banner** – Be sure to provide information about heraldry to help with ideas about color and images to represent the family traits and activities. *See Pack & Den Meeting Ideas*

**Your Pack Meeting could become a Tournament, even more fun if you do it outdoors** - pool noodles can be swords, and the whole family can dress the part. Sisters can wear a Medieval cone-shaped hat with a veil and sparkles. Check out the Book on Castles for some great costume and game ideas. More possibilities in Baloo and the How to Book.

**During the month, have the boys in each den work to become pages, squires and knights** - complete both scout achievements and electives and value-related activities to advance from page to squire to “kighthood” being conferred at the pack meeting. *For some ideas, look under Value Related (July is a Month for Courage) and also under Advancement Ideas.*

*At age 7, the son of a nobleman or knight would be sent to serve as a page, learning horsemanship, archery and swordsmanship and performing various duties around the castle.*

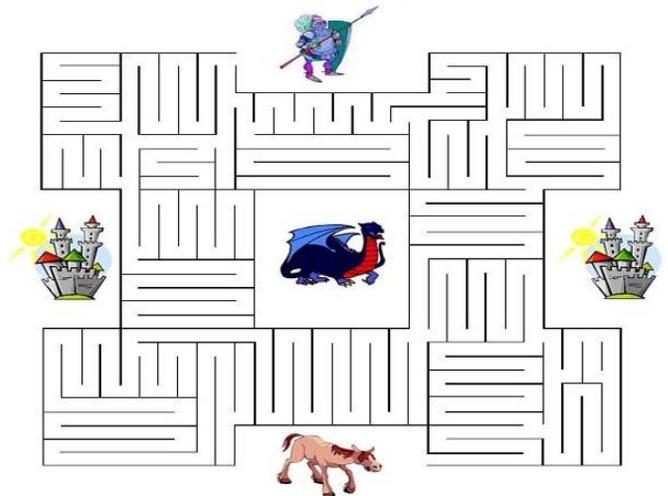
*At about age 10, the boy would become a squire, serving a knight and training for strength, fitness and skill with weapons. Squires also worked together in teams to become skilled horsemen. Other duties of a squire were to care for his knight’s horse, clean the stables, and polish and maintain his weapons.*

*Before becoming a knight, a squire had to know the codes of chivalry and be familiar with all the tales of famous knights.*

### HELP THE KNIGHT FIND HIS STEED:

*Sam Houston Area Council*

*(You will need to enlarge this CD)*



**FIND THE KING'S TREASURE***Grand Canyon Council*

Hide gold covered chocolate coins. Explain to the guests that The Royal Treasure has been scattered throughout the land. They must retrieve the coins and place them back into the treasure chest, which is an aluminum foil covered shoe box. After the coins are collected they can be divided up evenly.

**Knight of the Roundtable Word List***Heart of America Council*

Give the boys a timed amount of time to write as many words as he can using only the letters in "Knights of the Roundtable".

*Please let me know about Pow Wow's  
and Pow Wow Books!!*

*I cannot do this job without your help!!!*

**OPENING CEREMONIES****Courage Is... Opening***Alice, Golden Empire Council*

**Set Up** - Prepare posters with each letter on them – they could be done by each boy, or printed out from online images. Depending on the age of your scouts, write the script on the back of each letter in LARGE print, or have an adult read the narration as each Cub comes out and holds up his letter. Or you might have each scout say his Letter and its meaning then have a narrator read the description.

**Narrator:** Our Value for this month is Courage. The boys have been learning something about what is required if you want to show courage. We'd like to share what they learned.

**Cub # 1: C – is for Choice** – If I am going to show courage, I have to make a choice about how I will act – I must listen to that still small voice and do what is right.

**Cub # 2: O – is for Overcoming** – If I am going to show courage, I must feel my fears but have faith enough to Overcome them.

**Cub # 3: U – is for Understanding** – If I am going to show courage, it will be because I understand the challenge I am facing, and have a healthy fear, but choose to tackle it!

**Cub # 4: R – is for Respect** – If I have Courage, I will show respect for myself, others and also for the challenges I face – even if I have to refuse to do something when everyone is daring me to do it.

**Cub # 5: A - is for Ability** – If I have courage, I will find and strengthen my abilities, and find ways to "think outside the box" when needed.

**Cub # 6: G - is for Gratitude & Giving Back** – If I have Courage, I will find ways to Give Back to others; I will be grateful for my strength and share it.

**Cub # 7: E - is for Energy** – If I have courage, I will be willing to work hard and use all the physical,

mental and spiritual energy I have to accomplish a goal, even when everyone tells me it can't be done.

**Narrator:** I think you will agree that we've learned a lot this month about Courage. In July, we think about the Courage of those who helped create our country, and who continue to preserve our freedoms. To honor their courage, we will now present our flag.

*Move into a flag ceremony...*

**Courage Is "A #1"***2010-2011 CS RT Planning Guide*

**Materials:** Four large cutouts of the letter "A" and one cutout of the number "1."

**Personnel:** Den Chief (DC) or adult leader as Narrator and four Cub Scouts

**DC:** The Core Value for this month is courage. These Cubs from our \_\_\_\_ Den would like to tell you what they have learned.

**Cub # 1:** (holding letter A): Courage is always telling the truth.

**Cub # 2:** (holding letter A): Courage is admitting to mistakes.

**Cub # 3:** (holding letter A): Courage is apologizing for mistakes and wrong doings.

**Cub # 4:** (holding letter A): Courage is accepting the consequences of your actions.

**Cub # 5:** (holding number 1): Courage is that one Cub Scout, standing up for his beliefs, resisting peer pressure, and telling the truth.

**DC:** Please rise and join us in the Pledge of Allegiance.

**C-O-U-R-A-G-E***North Star District and Thunder Wolf District  
Sam Houston Area Council*

**Cub #1:** C is for Cub Scouts of Course

**Cub #2:** O is for the Outdoor appreciation Scouting provides us

**Cub #3:** U is for the Uniqueness of the Scouting experience

**Cub #4:** R is for the Rewards that both the boys & the Leaders Receive from Scouting

**Cub #5:** A is for the Associations & friendships that Scouting builds

**Cub #6:** G is for the Growth of the boys characters as they progress through Scouting

**Cub #7:** E is for Everyone because Everyone is welcome in & can be involved in Scouting

**The Knight's Code***Heart of America Council*

**Set Up** –

After blast of trumpet, a single file row of Knights marches in with flag

Flag is posted and boys lead Pack in the Pledge of Allegiance.

Trumpet blasts again, boys in ceremony form a half circle (or other shape) in front of room, facing the audience.

Then they recite **The Knight's Code**. Each Cub has a card with his part on back in LARGE print and an appropriate picture on the front.

- Cub #1:** Be always ready with your armor on, except when you are taking your rest at night.
- Cub #2:** Defend the poor and help them that cannot defend themselves.
- Cub #3:** Do nothing to hurt or offend anyone else.
- Cub #4:** Be prepared to fight in the defense of your country.
- Cub #5:** At whatever you are working, try to win honor and a name for honesty.
- Cub #6:** Never break your promise.
- Cub #7:** Chivalry requireth that youth should be trained to perform the most laborious and humble offices with cheerfulness and grace, and do good unto others.

*Boys march off together.*

**Knights of The Roundtable**

*Heart of America Council*

**Set Up** – Cubmaster dressed to resemble King Arthur, 7 Cub Scouts, Cub-a-labra with seven candles and cards with parts written on table with Cub-a-labra

**Cubmaster:** Welcome, Knights of the Roundtable. Just as the Knights of old had their code of conduct, so the young Knights of Cub Scouting have their code, the Cub Scout Promise. A Cub Scout promises to do his best.

- Cub #1:** (lights candle) To do his duty to God and his country
- Cub #2:** (lights candle) To help other people
- Cub #3:** (lights candle) To obey the Law of the Pack
- Cubmaster:** The young Knights also abide by the Law of the Pack.
- Cub #4:** (lights candle) The Scout follows Akela.
- Cub #5:** (lights candle) The Cub Scout helps the pack go.
- Cub #6:** (lights candle) The pack helps the Cub Scout grow.
- Cub #7:** (lights candle) The Cub Scout gives good will.
- Cubmaster:** You may now join the other Knights and let the evening begin.

**Our Best**

*Heart of America Council*

**Personnel** – **Den Chief and** Cubmaster, Four or more Cubs in full or partial costume and two Cubs in uniform

**Den Chief:** To promote our theme, Cubs in Shining Armor, we have some special guests who have come all the way from King Arthur’s court to be with us this evening. (Four or more Cubs in full or partial costume.)

- DC:** Sir Shawn.
- Sir Shawn:** I’m the best dragon-slayer in the land.
- DC:** Sir Paul.
- Sir Paul:** I’m the best Jousting in the country.
- DC:** Sir Michael.
- Sir Michael:** I’m the best rescuer of damsels-in-distress.
- DC:** Sir Phillip.
- Sir Phillip:** I’m the best crusader in all of the kingdom.

*Pause for a few seconds as Den Chief looks at two remaining boys in Cub Scout uniforms*

- DC:** And what do you do best?
- Two Cubs (in Unison):** We DO OUR BEST at everything!

**Shields of Courage Opening or Advancement**

*Alice, Golden Empire Council*



Before the Pack Meeting, each boy can create his own shield, based on his chosen color, shape, motto, and symbols. Encourage the boys to explore the different facets of courage, and include some symbol or color on their shield. **SEE Ideas under Pack & Den Activities – Make a Shield.**

**Narrator:** This month, the boys in our Pack/Den have been learning about courage – and about Knights and their shields. Each knight created his own shield or used a traditional family one. Shields were used to cover the entire left side of their body and curved in toward the body. And although courage was a requirement of each knight and his squire, every one of them also valued being prepared and being protected as much as possible. Although the shield was heavy and sometimes awkward, training and lots of practice made it valuable protection for a knight who knew how to use it.

The boys of our Pack/Den have also been training to gain and perfect skills in scouting – and learning how to be prepared. We want to share these unique shields with you – each boy has designed and made his own.

**Boys hold up their shield as the narrator explains the symbols and meaning of each one, or why the boy chose a certain color, shape or symbol.**

*(If you are using this for Advancement, call up each boy and his parents to share his shield before receiving his advancements; then dub each of them a knight in a traditional sword on shoulder ceremony)*

**Narrator:** As you can see, our scouts are very creative – and they understand how important a symbol can be. In Cub Scouting, we have learned that the Flag is also an important symbol of Loyalty, Justice and Courage.

And like all Knights of Yore, we ask you to pledge fidelity to that flag....

*Move into flag ceremony*

**AUDIENCE PARTICIPATION**

**The Fair Maiden’s Plight**

*Heart of America Council*

Divide the audience into 4 groups and have them make the appropriate responses to the following words:

- KNIGHTS** – “Clankety-clank!”
- MAIDEN** – “Help, help!”
- MEAN KING** – “G-r-r-r-r!”
- DRAGON** – “Roar-r-r-r-r!”

Back in the day of bold **KNIGHTS** and fair **MAIDENS**, there lived a **MEAN KING** with his daughter who was indeed the

most beautiful **MAIDEN** in all the land. All those who passed by their castle would see this fair **MAIDEN** sitting by the hour in the window longing to be set free.

It was told about the land that this fair **MAIDEN** had a curse put upon her by the wicked witch that if a **DRAGON** which lived in the woods close by were to look upon her, she would suddenly become the most ugly **MAIDEN** that lived so that was why the **MEAN KING** kept her locked within the castle.

Of course, after hearing this all, the brave **KNIGHTS** for miles around came to that part of the land hoping to kill the terrible **DRAGON**, and thus save the fair **MAIDEN** from a terrible fate.

Night and day the brave young **KNIGHTS** searched for that terrible **DRAGON**. Each hoping to be the one to save the fair **MAIDEN** and take away from the castle of the **MEAN KING**.

However, one day there came a gallant **KNIGHT** who was much wiser than all the rest. He decided that since the **DRAGON** was nowhere to be found that maybe there was another reason why the **MAIDEN** didn't come out.

So he rode his horse as swiftly as he could and charged at full speed right through the door of the castle sending debris and rubble flying in all directions.

It seems the **MAIDEN** couldn't find the door because the castle was such a mess and that's why she hadn't come out.

The brave young **KNIGHT** bounded up the stairs and carried his fair **MAIDEN** down and put her on his horse and rode away from the castle of the **MEAN KING** and left the other **KNIGHTS** in the land still searching for the terrible **DRAGON** while he saved the damsel in distress.... right out of her terrible mess!

For some ideas for stories about courage and other values, go to:

[www.freestoriesforkids.com/tales-for-kids/characters-and-situations/stories-about-knights](http://www.freestoriesforkids.com/tales-for-kids/characters-and-situations/stories-about-knights)

## LEADER RECOGNITION

### BEST PARENT MEDAL

*Grand Canyon Council*

Give this special award to a helpful parent.

#### Materials

Frozen juice can lid;  
Colored paper;  
Crepe streamer;  
Markers;  
Small star stickers (optional);  
Scissors; Glue; Magnet strip



#### Directions:

1. Trace the can lid on a colored sheet of paper. Cut out the circle.
2. Using a round container or cup slightly smaller than the lid, trace and cut a circle.
3. Write your message on the smaller circle—like “HERO,” “BEST MOM,” “BEST DAD,” “BEST PARENT SCOUTER” etc.

4. Glue the smaller circle in the middle of the larger circle. Let dry.
5. Cut crepe streamer about three times longer than the circumference of the lid.
6. Fold crepe paper lengthwise, leaving about 1/4” on one side. (Don't worry if it's not too straight)
7. Glue the folded side of the crepe paper on the juice lid, tucking paper so it fits in the circle. The edge of crepe paper should be sticking out from the lid.
8. Glue circles on the lid and part of the crepe paper.
9. You may want to decorate the circles with star stickers.
10. Cut “ribbons” out of colored paper and glue on the back of the lid so the ribbon hangs down nicely.
11. Attach magnet strip on the back.

### Two Different Types of Homes

*Heart of America Council*

**Material:** Appreciation certificate for each den leader and Webelos den leader

**Cubmaster:** There is something that parents sometimes overlook when they consider the possibility of serving as den and pack leaders. There are two very different types of homes. In one type, everything will always be just so. The furniture is not likely to be marred; there will be little shouting or noise except from the boy who lives in that house; and even his shouting will be subdued and experimental. His mother will seldom be troubled by the shouts of other boys, because it is not likely that they will come here. And unless something unusual happens, that is the type of home it will always be. As the children who live in it become young men and women, the rug will never be rolled up for social occasions. They will take their noise and laughter where it is better understood and more welcomed.

But there is another type of home. This type attracts the friends of the children who live in it. They would rather bring their friends there than join them elsewhere. It is a home where children are welcome, where they learn to take care of the furniture rather than preserve it through lack of use. It's a home, which later will attract young adults.

It's true – the first type of home will be peaceful, because it will be empty. Too empty, too peaceful, too quiet.

But there are more wonderful things to be sought after in life than peace and quiet. And besides, a noisy busy home does not mean that all personal comforts and pleasures must be sacrificed. Lasting satisfaction comes from the knowledge that, as each day goes by, children's future memories of their home will be happy ones.

Most Den Leaders want the second type of home and they have started to build now, because in a year or two it will be too late. That's why Cub Scouting is not all giving on their part. They'll receive a finer home life and stronger family because of it.

(Call forward all Den Leaders) these people are making one of the finest possible contributions to our community by serving as Den Leaders. They not only deal with boys, but with parents too. They are strengthening the life of our community by enriching the families who live in it. They are teaching boys to respect their homes and their parents, and they are helping parents understand their boys better by doing things

with them. Few community services are more important than this.

Please accept these certificates as a small token of the pack's gratitude for your help in Cub Scouting, and the thanks of all the boys you are helping by your service. Thank you.

### Leader Appreciation Ceremony

**Materials:** 4 candles

Scouting is made up of many things, people, and ideas. Tonight we are going to take a few minutes to reflect on some of the more pertinent aspects of scouting.

First – Scouting is a program. As depicted by our first candle it is a program dedicated to the development of character, citizenship, and the mental and physical fitness of our youth.

Second – Scouting is for the youth of our community. Young men, who expect to learn, gain recognition by advancement, but most of all they expect to have fun with others of their own age.

Third – Scouting is the parents of our Scouts. For without parents taking an interest in the activities of their sons, taking to meetings, and fulfilling their part of the Scouting program, we could not have Scouts.

But, as you see, this leaves one lone candle. This candle represents the Leaders of Scouting. As I call your name would you please come forward?

Leaders, I light this candle for you, for you have been faithful leaders to us and we want you to know that your work, dedication, and tireless effort have been gratefully appreciated. For without your leadership as well as the leadership of all Cub Scout leaders. The first three candles – program – youth – and parents would be meaningless.

Thank you!

Maybe you want to present the following -

### Backbone Award:

A dried turkey bone spray painted and glued to plaque or hung on ribbon for "You are the Backbone of Pack #".

**Here are two more potential recognitions for parents. Be sincere in your appreciation and they will volunteer again!**

### HERO'S MEDAL

Grand Canyon Council



### Materials

- Stiff paper (cardboard, tag board);
- Wide ribbon (3-4" long);
- Large safety pin.

### Directions:

1. Fold a piece of notepaper and cut out a star shape. For instructions on how to make a perfect five-pointed star, go to the Betsy Ross website - <http://www.ushistory.org/betsy/flagstar.html>. The trick is in using 8 1/2" x 10" paper

2. Trace the star on cardboard and cut it out.
3. Decorate the star with markers and stickers. Include the word "HERO."
4. Fold the ribbon in half and glue the ends to the back of the star.
5. Slip a large safety pin through the fold in the ribbon.

## ADVANCEMENT CEREMONIES

### Decide to Show Courage Advancement

*Alice, Golden Empire Council*

*Use the examples below either for giving out regular rank advancement, and/or for giving out other awards that have been earned. If you have checked with Den Leaders and/or parents in advance, you can give examples of how a particular scout or den has worked on "Doing the Right Thing" during the month.*

**Narrator or CM:** As the scouts explored Courage this month, we all learned that a person with courage makes decisions – and their choice is based on what is the RIGHT THING TO DO. Let's see how it works:

Everyone has that "little voice" inside their head – your conscience can help you make the right choice. Even our newest scouts use that "little voice" to help them do what's right.

*Call up Tiger Cubs and parents and have the Tiger present the parent pin and the parent present the award to their son.*

There's another question every scout can ask to help them decide what's the RIGHT THING TO DO: Could it hurt me or someone else – if I do this, will I be following the Golden Rule? Our Wolf Scouts have also learned another quick test: "How would I feel if someone did this to me?"

*Call up Wolf Scouts and parents and have the Wolf present the parent pin and the parent present the award to their son.*

Bear Scouts are learning to look back to help make good decisions. A Good Scout might ask himself "Have I ever been told that it's wrong?" before making a decision to do something.

*Call up Bear Scouts and parents and have the Bear present the parent pin and the parent present the award to their son.*

Webelos Scouts are moving out into the world as they grow older, and facing more difficult decisions about what is right. Sometimes, it can be hard to decide what to do, and to have the Courage to do it. But a Webelos Scout can ask himself "Is it fair? Deep down, how do I really feel about it?"

*Call up Webelos Scouts and parents and have the Webelos scout present the parent pin and the parent present the award to their son.*

Scouts who are ready to become Boy Scouts and follow the Scout Law can ask themselves another question: "How will I feel about myself later if I do this?" or "What would adults I respect say about it?" Arrow of Light Scouts have learned the Scout Law and can look ahead to being good examples to younger scouts by making good decisions. And an Arrow of Light Scout also has the courage to talk over a problem with

someone he trusts and respects – and to take the time to make the Right decision. Tonight, we will honor our Arrow of Light Scout(s) with a special ceremony.

*Move into the Arrow of Light Ceremony*

### **Knights Rank**

*Heart of America Council*

#### **Equipment:**

- ✓ Awards pinned to paper gloves made of silver paper or foil like a Knight's gauntlet(glove),
- ✓ Cardboard Crown and sword for "King" (Cubmaster)

*Cubmaster says all words*

I call forth the following Knights(read names of boys receiving awards) and their faithful squires, their parents.(Parents and Cubs come forward)

Squires, as faithful companions to your Knight, you have given him guidance and assistance along his journey.

Therefore I present to you the gauntlet for which your Knight has bravely worked. *Read names and awards so all may hear as you present them to the parents*

Knights, after your squire has pinned on your award, kneel before me that I may acknowledge you for your courage in meeting the challenge of completing your next rank.

(Each Knight kneels on one knee. Cubmaster touches him on right shoulder, left shoulder, and head with sword)

I knight you Sir Tiger Cub, Wolf, Bobcat, Bear, or Webelos (name).

### **Knighted Knights**

*Heart of America Council*

Ladies and Gentleman, you are about to see a Parade of Knights like you have never seen before. The knights that I speak of are from royalty in the Boy Scouts of America.

(BOBCAT) For our first group of Knights, I would like (names) to don their armor and parade around the room one time and come forward for their ceremony to Knighthood. Will the parents of these new Knights please come forward and help present the awards. (Present awards.)

(TIGER CUBS) The second group of Knights I would like to introduce are (names). Please don your armor and parade about the room one time and come up here for the ceremony of Knighthood bringing your adult partners with you. (Present awards.)

(WOLVES) For our next group of knights, I would like (names) to parade around the room and come then come forward for their ceremony. Will the parents of these Knights please come forward and help me with their Knighthood. (Present awards.)

(BEARS) To prepare for Knighthood, each stage of the royal roundtable consists of achievements and electives that are slightly harder to accomplish than the previous. Now I would like to Knight (names) for their endeavors. Please parade around the room and return to the front for your Knighting. Will the parents of these Knights please come forward and help me. (Present awards.)

(WEBELOS) There are no Knights more important than another, since it has taken different levels to reach their Knighthood goals. But, some have been around longer than others and have come to the time when they have reached their last stage as a Knight. I would like these Knights (names) and will the parents please come forward to assist me with these honors. (Present awards.)

I wish to thank everyone who has been Knighted this evening and their parents for helping them achieve this rank. Will all the Knights please come forward for their final appearance? (After the boys come forward, have them parade around the room in single file one more time.)

### **KNIGHTS AND HEROES ADVANCEMENT**

*Grand Canyon Council*

**Props:** Make award cards cut out of card stock or poster board in the shape of trophies or medals (see craft section) for each boy. Write each boy's name on an award and attach his awards.

During the ceremony, talk about how the boys have helped other people during the month. How their helpfulness has touched the lives of many people and to those people they are Knights in shining armor. Knights are people who did good deeds to show their honor. Not all knights became famous people, but were heroes to those around them. The same can be true today, you boys can be just like the knights of old and can be heroes. In fact, most heroes are people we know and love, people who influence our lives every day in every way. As each boy advances along the Trail to the Arrow, he performs acts of service and kindness.

As each boy and his parents come forward, present his award with heartfelt thanks for his heroic deeds that have touched so many people.

### **Leave No Trace Awareness Award**

*2010-2011 CS RT Planning Guide*

**Materials:** Poster-size drawing of Cub Scouting's Leave No Trace Awareness logo, posters created by the dens to illustrate the Leave No Trace guidelines. (Cub Scouting's Leave No Trace Awareness logo is available for download from these web sites

<http://www.ussscouts.org/advance/cubscout/leavenotrace.aspand>

<http://www.scouting.org/scoutsourc/CubScouts/resources/LeavenoTrace.aspx>,

CUBMASTER: Leave No Trace is a plan that helps us protect our environment for future generations. This month, our Cub Scouts have learned the Leave No Trace frontcountry guidelines and have earned Cub Scouting's Leave No Trace Awareness Award. Requirements for this award include earning one specific achievement or activity badge, and participating in a Leave No Trace related service project.

Will all of the boys who have earned the Leave No Trace Awareness Award please come forward with their parents?

*(Den leaders present badges to the parents, who present them to the boys.)*

We will complete this ceremony by asking each boy to repeat the Cub Scout Leave No Trace Pledge. Please give the Cub Scout sign and repeat after me:

I promise to practice the Leave No Trace frontcountry guidelines wherever I go. I will:

- Plan ahead,
- Stick to trails,
- Manage my pet,
- Leave what I find,
- Respect other visitors, and
- Trash my trash.

Congratulations! Let us honor these Cub Scouts with a round of applause!

### Hiking Recognition Ceremony

*2010-2011 CS RT Planning Guide*

**Preparation:** On a poster board or a large sheet of butcher paper, draw a Cub Scout trail. Mark the trail with a sign for Bobcats, then move down the trail with a sign for Tiger Cubs, then further on for Wolf, Bear, and Webelos Scouts. Add animal tracks for Bobcats, Tiger Cubs, and Wolf and Bear Cub Scouts as you wind down the trail. Webelos tracks can be large W's. Decorate your trail with sketches of trees, bushes, and rocks. Add photos of boys from this month's den outdoor activities, if desired. Attach awards to cutouts of footprints and place the cutouts at the appropriate places on the trail. (Cub Scout logos are available for download from <http://clipart.ussscouts.org/library> and <http://www.glcscouting.org/ClipArt/index.html>)

**CUBMASTER:** Tonight we are here to honor those Cub Scouts who worked hard and earned awards.

**Bobcat-**These boys have started off on the right foot down the Cub Scout trail. (Call boys and parents forward and present awards.)

(Call the rest of the award recipients and their parents by rank or den. For each group, use one of the statements below or create similar comments.)

- You put your best foot forward to earn your
- You walked an extra mile to do a super job in earning your
- You've made great strides in Cub Scouting. Congratulations on earning your \_\_\_\_\_
- You've made great impressions by working hard to earn

### Immediate Recognition Den Ceremony

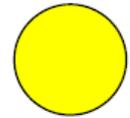
*Utah National Parks Council*

*Here is one the Den Leader can use when her Cubs earn their first Immediate Recognition beads.*

As a Cub Scout completes achievements for Wolf and/or Bear, the den leader should make sure that a simple recognition Ceremonies is held in the den meeting. Use the Cub Scout Immediate Recognition Kit which contains enough materials for a den of Cub Scouts for two years. This is a motivational device used to encourage each boy to complete the rank for his age. Use a brief ceremony related to the monthly theme, or the one below:



**Bear**



**Wolf**

**Personnel:** Den Leader (DL), Den Chief (DC) (May use Assistant Den Leader if there is no Den Chief)

- DL:** We would like to tell you the story behind these wonderful beads. The custom of awarding beads started in the ancient tribes of the Webelos. They were given to braves who did their best to help the tribe and others.
- DC:** Many moons ago, when the animal world was ruled by wolves and bears, the braves of the Webelos tribe feared these strong beasts.
- DL:** But some braves (names of boys being recognized) still untried, decided that the best way to live without fear was to learn to understand the creatures of the forest.
- DC:** So they went, disguised as animals, to live with the wolves and bears. The animals accepted them and all their brothers and called them 'cubs' just as if the braves were their own. This was according to the Law of the Pack.
- DL:** For their bravery and friendliness to the beasts, they were given a thong with colored beads on it. It signified that he knew the ways of the tribe and did his best at everything without worrying if someone else did better. This is the Law which the tribe borrowed from the animals and had the 'cubs' learn. (Ask den to form a living circle and repeat Law of the Pack.)
- DC:** For doing your best in completing three achievements toward your (Wolf/Bear) badge, I award you (names) this thong and this bead. May you always obey the Law of the Pack.

## SONGS

### Courage Songs

#### Courage

*Alice, Golden Empire Council*

(Tune: Supercalifragilisticexpialidouscous)

Standing up for what is right is sometimes hard to do  
But if you just take courage you will be a stronger You  
And even if you're feeling scared,  
Let conscience be your guide –  
Remember all that you've been taught,  
And do what's right with pride!

Oh... Courage is Contagious  
If you stand up for the Right  
Courage is Contagious  
Even in the darkest Night  
Courage is Contagious  
So just take that little step  
And what you do will guarantee  
A future that is Bright!

#### Cub Scout Courage

Tune Bill Grogan's Goat

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

Tiger Elective 6, Wolf Elective 16f,  
Webelos Showman, music

This is a repeat after me song. The leader says a line then all repeat it. After four lines, sing the whole verse together.

Cub scouts have courage (audience repeat)  
They follow rules (audience repeat)  
Like wear your lifejacket (audience repeat)  
When boating, not in pools. (audience repeat)

*Leader and audience repeat the whole verse*

Cub scouts have courage  
It is evident to me  
When they say no to smoking  
Gossip and to TV

*Leader and audience repeat the whole verse*

Cub scouts show courage  
When they run and play  
Rather than sit and video  
Game all day.

*Leader and audience repeat the whole verse*

Cub scouts know bravery  
When they help a bud  
Say no to something  
They know is crud

*Leader and audience repeat the whole verse*

To be brave and have courage  
Does not require a death defining act  
It requires Cub scouts to live  
With morals and tact.

*Leader and audience repeat the whole verse*

### Knight Songs

#### Grand Old Duke of York

*Grand Canyon Council*

*A great action song and very theme appropriate. One of two songs I have heard called "The Cub Scout National Anthem." The other is "Tarzan," (I love bananas, coconuts and grapes). Be sure to have people stand up on up and sit or squat down on down. CD*

Oh, the Grand Old Duke of York (hold shield high)  
He had ten thousand men (flash fingers in 'tens')  
He marched them up the hill (march to full height)  
and then he marched them down again (march down again)

And when they're up, they're up (stand up)  
And when they're down, they're down (squat down)  
But when they're only halfway up (raise up halfway)  
They're neither up nor down (raise up and down quickly)

#### Variations –

- Have people go up on the word down and down on the word up
- Sing three times, getting faster each time

#### We Are Knights

*Heart of America Council*

(Tune: Three Blind Mice)

We are Knights!  
We are Knights!  
We wear our swords!  
We wear our swords!  
We fight and joust and go off to war!  
We save fair damsels and slay dragons galore!  
We're loyal to King Arthur and Camelot's soil,  
Oh, we are Knights!

#### The Knight's Oath

*Heart of America Council*

(Tune: The Farmer in the Dell)

A dragon slayer am I,  
I cannot tell a lie.  
For truth and honor and loyalty,  
Are always on my side.

A cause is all I need,  
I'm ready to do a good deed,  
To rescue and save in King Arthur's name,  
For God and country!

#### In Days of Old

*Heart of America Council*

(Tune: Auld Lang Syne)

In Camelot long, long ago,  
When Arthur was the king,  
The Knights of legend  
Held the realm  
With the code of chivalry.  
Each maiden then was safe there  
From the fire-eating dragon,  
And all the knights  
Spent their days  
Around the Roundtable.

**PUFF THE MAGIC DRAGON***Grand Canyon Council*

Puff, the magic dragon lived by the sea  
 And frolicked in the autumn mist in a land called Honah-Lee  
 Little Jackie Paper, he loved that rascal Puff  
 And he brought him strings and sealing wax and other fancy stuff

**Chorus:**

Oh Puff, the magic dragon lived by the sea  
 And frolicked in the autumn mist in a land called Honah-Lee  
 Puff, the magic dragon lived by the sea  
 And frolicked in the autumn mist in a land called Honah-Lee  
 Together they would travel on a boat with billowed sail  
 And Jackie kept a lookout perched on Puff's gigantic tail  
 Noble kings and princes would bow when e'er they came  
 Pirate ships would lower their flags when Puff called out his name

**Chorus**

A dragon lives forever but not so little girls and little boys  
 Painted wings and giants' rings make way for other toys  
 One grey night it happened, Jackie Paper came no more  
 And Puff that mighty dragon, he ceased his fearless roar

**Chorus**

His head was bent in sorrow, green scales fell like rain  
 Puff no longer went to play along the cherry lane  
 Without his life-long friend Puff could not be brave  
 So Puff that mighty dragon sadly slipped into his cave

**Chorus**

Oh, Puff the magic dragon LIVES by the sea (present tense!)  
 And frolics in the autumn mist in a land called Honah-Lee  
 Oh, Puff the magic dragon LIVES by the sea  
 And frolics in the autumn mist in a land called Honah-Lee

**Come A-Jousting***Heart of America Council*  
(Tune: Are You Sleeping)

Come a-jousting, come a-jousting,  
 Cub Scouts all, Cub Scouts all,  
 Out into the Courtyard.  
 Out in to the Courtyard.  
 Hear the call, hear the call!  
 We're coming, we are coming,  
 Knights of Yore, Knights of Yore,  
 Out into the battleground, out in to the battleground,  
 Men of war, Men of War!

**Come to the Castle***Heart of America Council*  
(Tune: Down by the Station)

Come to the castle early in the morning.  
 See the lords and ladies all in a row.  
 See the prince and princess leaving in the carriage,  
 People throw confetti as they go.  
 Come to the castle early in the evening,  
 See the King and Queen sitting on their thrones.  
 See the Knights in armor coming from a battle.  
 See the captured dragons rattling their bones.

**Knights in Armor***Heart of America Council*  
(Tune: Clementine)

We are Knights in shining armor  
 With horses that are fast indeed  
 Ready to ride the countryside  
 On our mighty, fiery steed.

**Chorus:**

We are the Knights, we are Knights.  
 Always read to defend our fight,  
 Prepared to always defend our country,  
 And for that cause we will fight.

In the tournament we perform,  
 In many feats of strength and skill,  
 Doing our best to pass each test,  
 So fiery dragons we can kill.

**Chorus**

We strive to honor in what we do.  
 And fair maidens we do save,  
 For a Knight should always fight,  
 To help other be brave.

**Chorus****Sir Galahad***Heart of America Council*  
(Tune: My Bonnie)

Sir Galahad, he was a strong knight,  
 As pure as the snow, that was he,  
 He rode upon a white charger,  
 With dimples and smiles on her knees.

**Chorus:**

Bring back, bring back, oh...  
 Bring back my charger to me, to me.  
 Bring back, bring back, oh...  
 Bring back my charger to me, to me!

He rode it each Monday thru Friday,  
 On weekends he allowed to rest,  
 Each Sunday he traveled to Camelot,  
 Upon a gray mule he named "Pet".

**Chorus**

Sunday morning he rode from his castle.  
 Upon his favorite mule,  
 He discovered upon arriving,  
 His blisters never would cool!

**Chorus****Knights are We***Sam Houston Area Council*  
(Tune: Row, Row, Row Your Boat)

Knights, knights, knights are we. Strong and brave and true.  
 We're always there, we always care, Akela gold and blue.

Knights, knights, knights are we. We stand up to the test.  
 We always try, we never lie, We always do our best.

Knights, knights, knights are we. Scout leaders make us able.  
 Scouting's good, grows brotherhood, gathered 'round the table.

**Oh, Sir Win-Fred***Heart of America Council*

(Tune: Clementine)

Oh, Sir Winfred, Oh Sir Winfred,  
 There are dragons by the score.  
 Mount your charger,  
 There's none larger,  
 Rid this kingdom of these boors.  
 Chase them hither,  
 Run them thither,  
 Till their scales fall off in droves  
 Run the heat off,  
 Run the beasts off,  
 Be our hero ever more.

**Dragon's Fire***Sam Houston Area Council*(Tune *Great Chicago Fire*)*(sing three times, in rounds by the dens)*

One fearsome dragon had a cold up in his head,  
 That fire-breathing scorcher, woke up in his bed  
 And when he huffed up and sneezed, he lit a farmer's shed.  
 There'll be a hot time in the olde towne for knights.  
 WATER! WATER! WATER!

**Fun Songs****Tongue Twister Song***Alice, Golden Empire Council*

(Tune: The Battle Hymn of the Republic)

*A Boy Scout favorite in honor of "Stick Out Your Tongue Day" on July 19<sup>th</sup>.*

One flea fly flew up the flue,  
 the other flea fly flew down  
 One flea fly flew up the flue,  
 the other flea fly flew down  
 One flea fly flew up the flue,  
 the other flea fly flew down  
 Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar  
 Glory, glory how peculiar  
 Glory, glory how peculiar  
 While one flea fly flew up the flue,  
 the other flea fly flew down.

One sly snake slid up the slide,  
 the other sly snake slid down  
 One sly snake slid up the slide,  
 the other sly snake slid down  
 One sly snake slid up the slide,  
 the other sly snake slid down  
 Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
 One sly snake slid up the slide,  
 the other sly snake slid down

One big bug bled black blood,  
 the other big bug bled blue  
 One big bug bled black blood,  
 the other big bug bled blue  
 One big bug bled black blood,  
 the other big bug bled blue  
 Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
 One big bug bled black blood,  
 the other big bug bled blue

One red rooster ran up the road,  
 the other red rooster ran down.  
 One red rooster ran up the road,  
 the other red rooster ran down.  
 One red rooster ran up the road,  
 the other red rooster ran down.  
 Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
 One red rooster ran up the road,  
 the other red rooster ran down.

One pink porpoise popped up the pole,  
 the other pink porpoise popped down.  
 One pink porpoise popped up the pole,  
 the other pink porpoise popped down.  
 One pink porpoise popped up the pole,  
 the other pink porpoise popped down.  
 Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
 One pink porpoise popped up the pole,  
 the other pink porpoise popped down.

When one trim train trundled up the track,  
 the other trim train trundled down  
 When one trim train trundled up the track,  
 the other trim train trundled down  
 When one trim train trundled up the track,  
 the other trim train trundled down  
 Oh glory, glory how peculiar.

**Chorus**

Glory, glory how peculiar (3X)  
 When one trim train trundled up the track,  
 the other trim train trundled down

**STUNTS AND APPLAUSES****APPLAUSES & CHEERS***Alice, Golden Empire Council***Sword Applause**

Pretend to draw your sword from its scabbard and swing it in front of you and yell: "Swish, swish, swoosh!"

**Bow and Arrow Applause**

Make a motion as if drawing arrow from quiver or back, put it in bow, pull string and say "Zing". Put your hand over your eyes and pretend to look after the arrow. **Yell**, "Bull's Eye!"

**Cowardly or Courageous Lion**

Divide into two groups;

- ☉ Group 1 says "I'm scared! and quakes and trembles.
- ☉ Group 2 says "I have a medal!" and proudly all the members point to their chests.

Leader randomly points to one group and then another for several times.

At the end, the leader asks:  
What's the Difference?

And then both groups answer "**Courage!**"

**Lion Cheer**

Lions have been a symbol for courage and bravery for cultures around the world so we're going to perform the Lion's Cheer

- ✓ Place your hands behind your head and spread your fingers to represent the mane of a male lion.
- ✓ Give a hearty ROAR!

*2010-2011 CS RT Planning Guide*

- ✓ **Leave No Trace**

Clean it up, pick it up, and leave no trace  
Clean it up, pick it up, and leave no trace!  
Yea, Cub Scouts !

- ✓ **Lion Applause**

"A R-O-A-R-R-R-I-N-G success!"

**RUN-ONS**

*Alice, Golden Empire Council*

**Jester:** Why was the period between the tenth and fifteenth centuries A.D. called the Dark Ages?

**Voice:** Why?

**Jester:** It was Knight time.

**Jester:** Why do dragons sleep in the daytime?

**Voice:** I don't know, why?

**Jester:** So they can hunt knights.

**Tongue Twisters for  
Stick Out Your Tongue Day**  
*Alice, Golden Empire Council*

Peter Piper picked a peck of pickled peppers.  
Did Peter Piper pick a peck of pickled peppers?  
If Peter Piper Picked a peck of pickled peppers,  
Where's the peck of pickled peppers Peter Piper picked?

She sells seashells by the seashore.  
The shells she sells are surely seashells.  
So if she sells shells on the seashore,  
I'm sure she sells seashore shells.

Which wristwatches are Swiss wristwatches?

How much wood would a woodchuck chuck  
If a woodchuck could chuck wood?  
He would chuck, he would, as much as he could,  
And chuck as much as a woodchuck would  
If a woodchuck could chuck wood.

A skunk sat on a stump and thunk the stump stunk, but the stump thunk the skunk stunk.

Does this shop stock short socks with spots?

A big black bug bit a big black bear.

A cup of proper coffee in a copper coffee pot.

Some say sweet scented shaving soap soothes sore skin.

Many an anemone sees an enemy anemone.

Imagine an imaginary menagerie manager  
imagining managing an imaginary menagerie.

**JOKES & RIDDLES**

*Alice, Golden Empire Council*

**Some Hero Riddles:**

Q: What is light as a feather, but even the strongest hero can't hold it more than a few seconds?

A: His breath!

Q: What do you get if you cross an elephant with a Boy Scout?

A: An elephant that helps old ladies cross the street.

Q: What kind of food do brave soldiers eat?

A: Hero sandwiches.

**Who's the Hero?**

Q: A hero says, "Brothers and sisters, have I none, but that man's father is my father's son." Who is he pointing at?

A: His own son – father's son has to be himself, since he has no bothers, and since this is the father of the person he is pointing at, he is pointing at his son!

**Running from Heroes**

Q: A man left home running. He ran a ways and then turned left, ran the same distance and turned left again, ran the same distance and turned left again. When he got home there were two masked men. Who were they?

A: The catcher and umpire in a baseball game

**Calling a Superhero**

Q: Imagine you are in a sinking rowboat surrounded by sharks. Which superhero would you need to survive?

A: You don't need a superhero at all – Just stop imagining!

**SKITS****Skit Challenge**

*Alice, Golden Empire Council*

Challenge the boys to learn about a Courageous person and do a quick skit about them.

Here are some ideas:

- ☿ The Cowardly Lion from Over the Rainbow
- ☿ Rosa Parks
- ☿ Martin Luther King
- ☿ Any of the Founding Fathers
- ☿ George Washington
- ☿ A local military hero
- ☿ Lewis & Clark
- ☿ Tom Whittaker
- ☿ A favorite Sports Hero (one with good character)
- ☿ A Favorite Family History Hero

Here is a hint -

**Look in BOYS' LIFE!!!****The Cowardly Lion**

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

**Scene:** A group of Scouts are walking along & out jumps a lion.

Lion: ROAR!

*(Scouts look a little scared & lion pointing to the smallest one says:)*

Lion: ROAR! ROAR! I think I'll have you for dinner.

Cub #1: LEAVE HIM ALONE!

Lion: (now acting scared himself) You don't need to make that kind of fuss over it.

Cub #2: Why not you were going to eat our friend.

Lion: Because you scared me.

Cub #3: Well that's what you were trying to do to us.

Lion: I know, but now look at me, I'm so scared I'm about to faint.

Cub #4: I've never seen such a cowardly lion before.

Lion: That's me! I'm really more of a big chicken than a Lion. In fact I think I'm even starting to grow feathers (pulls a feather out of his pocket).

Cub #5: You know, maybe you should think about joining Cubs.

Lion: Why is that?

Cub #1: Because when you're a Cub you learn about 12 different character traits & one of them is about being brave.

Lion: Really, you mean I can learn about courage if I join the Cubs.

Cub #2: And a lot of other things too!

Lion: Do you think they'll let me join?

Cub #3: Anyone can join Cubs.

Lion: Do you think I will become brave like you guys?

Cub #4: I don't see why not, and besides we were a little scared too, but we had to stick up for our friend.

Lion: Isn't that what Courage is all about, standing up for what you know is right, even if others tease, scare or threaten you.

Cub #5: I think you've learned something already.

Cub #1: So no more jumping out & scaring people, agreed?

Lion: Agreed! From now on I'll be known as a good Cub instead of the cowardly lion.

**Real American Heroes**

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

**Scene:** A group of Cubs sitting around reading comic books

Cub #1: I think Superman is the bravest super hero of them all. He has to deal with Lex Luther.

Cub #2: No way. I think it's Spiderman. After all, he has the Green Goblin to contend with.

Cub #3: You're both wrong. It's Batman with the way he takes on both the Joker & the Riddler.

Cub #4: And Batman doesn't have any super powers, he's just smart.

Cub #5: And because he doesn't have any super powers he must be very brave & courageous also.

Cub #6: This is silly guys. We're arguing over which comic book hero is the bravest.

Cub #1: He's right. History is filled with real life heroes all of whom are braver than anyone in a comic book.

Cub #2: You mean like our founding fathers George Washington, Thomas Jefferson & Benjamin Franklin.

Cub #3: How about Charles Lindbergh being the 1st to fly across the Atlantic Ocean all by himself. Or for that matter the Wright brothers or Amelia Earhart.

Cub #4: And Neil Armstrong being the first man to walk on the moon.

Cub #5: My dad remembers that happening & he also remembers Martin Luther King Jr. standing up for civil rights.

Cub #6: All of those are truly brave & courageous people, but I know of others who are just as brave & none of them are famous.

Cub #1: What do you mean?

Cub #2: He means like policemen, right?

Cub #3: I never thought about them, & they put their lives on the line for us every day.

Cub #4: How about firemen. They'll rush into a burning building to save someone's life.

Cub #5: And don't forget about all of the soldiers who have died over the years protecting our country. They were also brave.

Cub #6: I think we need to put the comic books away & go to the library & learn more about real life heroes.

Cub #1: Good idea!

*(Scouts all put their comic books in a pile & leave)*

**Knights of the Roundtable**

*Heart of America Council*

**Characters:**

King Arthur (In King's costume or Knight costume with crown),

2 Cub Scouts (in uniform),

Knights of the Roundtable (to enter by ascending heights, dressed in knight costumes.) They are to do the action assigned their knight when introduced.

**Setting:**

Small roundtable

Places on side of stage opposite entrance for Knights to stand behind.

Table should be small enough not to block view.

Knights stand back from it rather than close so costumes are shown off and they are not crowded.

King Arthur and Cub Scouts are on stage.

**King Arthur:** Welcome, Cub Scouts. We're happy to have you visit our castle. I'd like you to meet some of the Knights of my Roundtable.

*(Knights enter one by one as introduced or enter and say their own names.)*

*They then stand in order in a semi-circle around the Roundtable.)*

**#1 Knight:** I am Sir Growlahad. (Knight looks mean and growls)

**#2 Knight:** I am Sir Dancealot. (Taps across the stage.)

**#3 Knight:** I am Sir Bones. (Yawns.)

**#4 Knight:** I am Sir Bouncealong. (Walks with a bouncy step.)

**#5 Knight:** I am Sir Spinaround. (Turns once or twice as crosses stage.)

**Cub # 1:** Thank you Sir Arthur.

**Cub # 2:** It was a pleasure to meet the Knights.

*(Sir Arthur goes to circle end.)*

**Cub # 1:** You can sure tell that fall is coming.

**Cub # 2:** How's that?

**Cub # 1:** The Knights are getting longer.

*Note: Be sure Scouts enter from smallest to tallest in height. If there is little difference, the first boys may want to stoop a little or first boy enter on knees. Make up your own names if needed like Sir Singalong or Sir Sneezit. The boys will have fun making up their own names with an action or motion.*

### The Medicrin

*Baltimore Area Council*

**Cast:** Narrator, Hero, Medicrin, Loon, and Assorted Villagers

*The narrator reads the story slowly and dramatically.*

*The characters should act out the parts, no props are needed.*

*The humor in the punch line comes in the end.*

There once was a medieval village named Trinsic. This village was being terrorized by a vile monster, the Medicrin. Each night, the Medicrin would stalk down from the hills, and devour one of the villagers.

The terrified villagers called a meeting, and decided to pool their money together to hire the great hero Erik.

Erik came and listened to the complaints of the villagers. He consulted his Great Hero's book of Vile Monsters, and learned that Medicrins love to eat Loons.

So Erik hunted high and low to find a loon. He found one, captured it, tied it up, and brought it back to the village. He then had the villagers dig a deep pit.

That night, the Medicrin came...

It smelled the loon...

But it also smelled DANGER, and it ran off, devouring one of the villagers on the way out.

After calming the villagers, the next day, Erik again consulted his Great Hero's Book of Vile Monsters, and learned that Medicrins also love sugar.

So Erik gathered up all the sugar in the village, and threw it into the pit. The loon, not having eaten in days, devoured all of the sugar in a single gulp. Erik was struck with panic, and ran to and fro trying to figure out what to do next, but night had fallen, and the Medicrin would be there soon, so Erik crossed his fingers, and hoped for the best.

That night, the Medicrin came...

It smelled the loon...

It smelled danger...

But it also smelled sugar, and the Medicrin dove into the pit, and devoured the loon.

The villagers swarmed over the Medicrin, and slew it.

The moral of the story:

**A loon full of sugar helps the Medicrin go down.**

### Drag-on Around

*Grand Canyon Council*

*Heart of America Council*

**Characters** – Dragon (with head boy and as many body pieces as you need for the correct number of boys in the den, finishing with a tail piece), Knight Sir Cub Scout

**Scenery** - cardboard bushes, house fronts

**Props** - sword, flames, feather, marshmallow, red sock

**Setting** -:

Dragon comes on stage.

Head boy sticks red-socked hand out mouth occasionally as if fire is shooting out.

Dragon sneezes.

Head boy tapes paper flames to backdrop scenery as if it is being set on fire.

All boys making up dragon sneeze together.

**Dragon:** Oh, woe is me. (Sniffle) Everybody hates me. Nobody likes me. (Sneeze) I'm so miserable. I just keep sneezing and I can't help it. (Sneeze) I just can't figure out what is wrong with me.

**Sir C.S.:** (enters, pulls out sword and waves it at dragon) All right, dragon, if you have any last words, say them now. You have caused enough havoc.

**Dragon:** (sounding miserable) Oh, who are you? (Sneeze) Why are you bothering me? Can't you see I have enough problems? I can't eat. (Sneeze) I can't sleep. I'm so tired.

**Sir C.S.:** I am Knight Sir Cub Scout and I have been sent from the Roundtable to take care of you. You have ruined the countryside. You're not the only one who can't eat or sleep. Neither can anyone else, with you setting everything on fire.

**Dragon:** Well, take care of me, then. Find out what's the matter with me. I really mean no harm. I just keep

sneezing and when I sneeze, I breathe fire. I don't intend to do it.

**Sir C.S.:** I meant, I'm supposed to kill you. But I suppose it would not hurt if I could take care of your problem some other way. Let's see now. (He looks over the dragon) Why, here's the problem.

*(He pulls a feather out of the dragon's mouth)*

Now, take a deep breath. (Dragon breathes deeply)  
How do you feel now?

**Dragon:** Oh, Sir Cub Scout, I feel so much better. I promise to be good. Perhaps you could find a job for me. I would like to help people.

**Sir C.S.:** I do have an idea. (He puts the marshmallow on his sword, and holds it out as if to cook it over the dragon's flame.)

Or –

**Sir Cub:** I have an idea.

*(Pulls out a hotdog and puts it on a stick and holds it in from of the dragon)*

Now blow on this, you can be the king's personal cook. His favorite food is charcoal broiled hotdogs.

### **The Dragon and The Maiden**

*Heart of America Council*

**Props:** Cardboard swords, a dragon costume.

**Scene:** The dragon is on the side of the stage with the maiden and the knights are on the other side.

**Maiden:** The knights will be coming soon to say you and rescue me.

**Dragon:** I'll never let them have you. You belong to me.

**Knight 1:** I'm the strongest knight. I will slay the dragon and win the maiden's hand.

*(He goes to and battles the dragon, but the dragon wins and the knight gives up and goes off stage.)*

**Knight 2:** I'm the bravest knight in the land. I'll rescue the maiden. (repeat Knight 1's actions.)

**Knight 3:** I'm the one to conquer the dragon and save the maiden. (Repeat Knight 1's actions.)

*Have each boy in the den fight the dragon and lose.)*

**Dragon:** I'm the victor! My dear!

**Maiden:** Good, I've always loved you!

*(The maiden kisses the dragon and the dragon changes into a shining knight –*

*dragon takes off his costume and walks off stage with the maiden.)*

### **SIR LANCELOT'S MISSION**

*Grand Canyon Council*

*Here is the outline of this skit with a pun for a punch line.  
Your den will have to develop the actions CD*

King Arthur sends Sir Lancelot out on an important mission to deliver a message to the king of Spain. It is a long distance, and Lancelot looks in the Kingdom for a good horse to take

him there. His own horse is sick, and all he can find is an old mare, but, since he has to leave quickly, he takes the mare.

About 3 days out of the Kingdom, Lancelot realizes his mistake. The horse gets tired and appears to be going lame. He finally makes it to a small village and gets to the Inn. He goes up to the Innkeeper and explains his problem. That is, he needs a good horse so that he can fulfill his mission to deliver the message for the king.

The Innkeeper replies that this is only a small village, and most of the horses around are not up to the task. He is welcome to look around, however, and if he can find anything, he is certainly welcome to it.

Lancelot looks around the village, and true as the Innkeeper has said, no good horse is to be found. As Lancelot is about to give up, he comes across a stable boy carting some feed. He asks the stable boy if there is any beast of burden in the village that he can use to fulfill his mission. The stable boy thinks for a minute, and starts to reply no, but then says, go see if Old Mange in the barn can help you.

Lancelot goes over to the barn expecting to find a horse. What he finds is a very large dog: almost as large as a pony. The dog is a mess, however. It is mangy, parts of its fur are falling off, and it is full of fleas. Lancelot is desperate at this point, and he looks it over carefully. It does; however, appear to be strong enough to take him to Spain (which is only 3 days away at this point).

Lancelot goes back to the Innkeeper, and acknowledges that he cannot find a horse in the village that he can use. He says, however that this dog, Old Mange, might be able to take him most (if not all) of the way to his destination.

The Innkeeper hears this, stiffens up, and says, "Sir. I wouldn't send a Knight out on a dog like that."

### **Listen At the Wall**

*Heart of America Council*

This is a stunt in which one person goes along a wall just listening, listening.

Others come along and see him.

"What are you hearing?" they say.

"Listen!" he says, dramatically.

So they do. But they don't hear anything.

Several times somebody tells him "I don't hear anything."

"Listen!" he says each time more dramatically.

So they listen some more.

"I don't hear anything," someone says in a disgusted voice.

"You know," says the one that started, with a far-away look in his eyes "it's been that way all day!"

## **GAMES**

### **Courage Games**

#### **The Science of Courage**

*Alice, Golden Empire Council*

This favorite of Science teachers can also be used to demonstrate graphically how having courage can help you rise

above the rest – when you make the right decision, and stand up to peer pressure, you stand out!

**Materials:**

Wide mouthed glass or jar, uncooked rice, egg

**Directions:**

- Place the egg in the middle of the glass completely covered by rice.
- Explain that the egg represents someone who hangs with the crowd and doesn't make waves.
- The crowd (the other people in your group, or peers) is represented by the rice.
- Now tell the story and do the actions. To make it more effective, give examples and "ham" it up a little.

There's a whole group of people – like the people you know and like, maybe. They all like to do things together – sometimes they even try to dress the same! They're used to being like everyone else.

One day, someone new came into the group. He didn't dress quite the same way, and even had a funny accent. The group started making fun of him, and everyone joined in teasing the new guy.

But the egg didn't like it – he wanted to get along with everyone, and he knew that it wasn't right to make fun of someone. So he asked his friends to stop making fun. (tap on the top of the rim of the glass). Even though it was hard, and his friends even made fun of him, he kept saying they should all get along and be friends. (tap on the rim some more)

Soon, the egg's friends decided they wouldn't let him join in their games since he wouldn't help them make fun of the new guy. They even started telling lies about the egg and the new guy. But the egg knew he should remember the Golden Rule – he kept encouraging his friends to be kind.

Each time the egg refused to go along with his friends and stood up for what's right...his courage helped him stand taller. (tap again). (Continue tapping until the egg has completely risen above the rice)

Now you can see what the egg learned - A courageous person will rise to the top and stand out from the rest!

**Courage is .....Game**

*Alice, Golden Empire Council*

The object of the game is to recognize actions that show courage. Explain to the boys that you are going to give them a chance to identify ways to show Courage – and if they do it right, there will be a secret message about Courage.

**Directions:** Set up the game on a blackboard or even on the floor, with at least 12 spaces – but you could have even more. You could even use hula hoops to identify the spaces if you do the game on the floor.

1	2	3	4
5	6	7	8
9	10	11	12

For each space, have a piece of colored paper or a card with a number on one side and either a blank or the letters C, O, O, L

on the reverse. The number should matches a scenario on a list you can read as each boy has his turn.

Read the scenario – ask the boy whether it demonstrates Courage or Not – if he gives the right answer, he gets to turn the card to reveal either a letter or a blank.

If you want to do this as a team game, divide the boys into two teams, each with their own "chart" – and the team that uncovers the secret word first will be the winner.

Here are some scenarios – but you can make up lots of other ones! After you read the story, the boy must decide if it's an example of courage or not.

1. A guy from the other team challenges you to a fight – you decide to meet him after the game to prove you're not a chicken.
2. A boy on your team is cussing and swearing – you ask him to stop.
3. The rest of the den is making fun of the new boy because his shirt is old and torn. You ignore your friends and tell him you're glad to meet him – and offer to help him learn the Bobcat requirements.
4. Everyone is swinging out on a rope over the river, even though the sign says "Dangerous – do not enter the water here." You decide not to jump, even though someone will call you a coward or say you're a chicken.
5. You're nervous about heights, but you decide not to say anything and follow your leader and the boys in your den as they climb over a large boulder on the trail on a den hike.
6. You promised to trade jobs with your brother – but you forgot to empty the trash, and let him take the blame when your dad got mad at him.
7. You're supposed to be doing something every day for a month for a scouting award – you forgot one day, but you just mark it off anyway, and get the award.
8. Your mom promised to take you for a pizza if you finished your homework. But you aren't quite done, so you tell her the truth.
9. One of the boys at school is teasing you about wearing a scout shirt – you decide to just walk away without getting in to a fight.
10. You aren't good at catching the baseball – but instead of saying "It's a dumb game" you ask your older brother to practice with you so you can get better.
11. Your den leader arranges for the den to visit some older people – it makes you uncomfortable, so you don't go to the meeting.
12. You're really good at figuring out puzzles – so as soon as you're done, you could grab a treat, but since one of the younger kids is having a lot of trouble, you help him first.

**Hug A Tree & Survive Game Ideas**

**Feeling Lost Game**

*Alice, Golden Empire Council*

Go through the various stages of being lost and found, and have the boys demonstrate how their faces would look, based

on their feelings- you could even have them add sounds and actions:

You are off on a hike, and see an interesting insect on a tree (Look interested)

You keep hiking, but you begin to realize you might be lost (Show Face of Being Afraid)

You remember what to do if lost (Show a face – you've got an idea)

You know what to do, you choose a tree and gather some leaves to sit on (Look determined)

You are feeling very lonely (Make a face to show this)

You hear some sounds, and you're worried it might be an animal (Show a "scared" look)

You remember your whistle and blow it (Look like you have a great idea)

You think your parents will be angry at you for getting lost (Look worried)

You hear people calling your name, so you blow your whistle several times (Show excitement)

You have been found! You did the right thing! (Look very happy)

**Wolf Elect. #2b – if you put on a skit with costumes about being lost; Bear Ach. #17b – play a game of charades with den or family (act out getting lost and show faces); Webelos Communicator #1 – Play the Body Language Game, going through the steps of being lost, then found and showing how you would feel.**

### Hug A Tree & Survive Relay Game

*Alice, Golden Empire Council*

**Materials:** For each boy – several sheets of foil; water bottle; whistle, garbage bag; outdoor area with trees or indoor area with designated "trees," fake snake, two ropes or blue tarp to form a "stream," puddle jumpers from Wolf Book, Elect. #7b(optional); pile of leaves (optional)

**Set up:** Lay out a course, or two courses if you want to have a relay between two teams. You can either tell and show the boys what to do on the course, or have numbered signs at each station. If done as a relay, have the second boy wait till the first boy is done at station #3 before starting. You could also do this individually, with an adult reading off what each boy is supposed to do as he goes through the course. If you have more adults, post them to help keep the game going. Here are possible stations:

1/ You are going hiking and camping with your family.

When you get to the campsite, make a shoeprint for someone to follow your tracks. (two or three pieces of heavy duty foil, stacked on top of each other; press down your shoe print over a soft surface such as grass or a rug - adult keeps shoeprint)

2/ It's time to go – Make sure your water bottle is full! (grabs bottle and fills it as needed)

3/ Grab your whistle and a garbage bag to put in your pocket. (Black bag is fine, orange even better)

4/ Start on your walk, come to a stream and walk across using the puddle jumpers (opt) – (boys should just know that they should try and keep their feet dry)

5/ See a snake in the middle of the trail – so you turn around and run another way.

6/ Realize you are lost – Look afraid – Try to go another way.

7/ Remember to stop and think. Get your whistle – blow it three times.

8/ Remember to look for a tree nearby where you will stay. Mound up some leaves to sit on (optional).

9/ Hear a scary noise – (provided by an adult) – Blow your whistle!

10/ Make your garbage bag into a "shelter" to cover you (Poke a hole in the corner and tear it open a little, just enough so you can poke your head out – this will keep you dry and warmer)

11/ You hear people calling – blow your whistle and wait for rescue.

**Tiger Ach. #3F, item b- With your family, plan what to do if you get lost. Wolf Elect. #23c – Tell what to do if lost. Bear Ach. #7a – make a shoe print; ); Bear Elect. #25a – name essentials for camping or hiking (like water, a garbage bag, whistle, jacket, good snack food); Webelos Outdoorsman #9 – Tell what to take on a hike and go on a 3 mile hike.**

### Knight Games

#### Pool Noodle Swords

*Alice, Golden Empire Council*

You can make some excellent Knight's swords using pool noodles, PVC pipe and fun foam. Cut pool noodles in half, insert a PVC pipe into the center and extending out 6" on one end. Cut a rectangle of fun foam for the hilt, with a two circles cut out that fit very snugly over the PVC pipe. Add a cap to the top of the pipe to hold the hilt on. These can still hurt – so go over the rules of knighthood!

And of course, you could also just use pool noodles!



Detailed instructions at Pinterest **Cub Scout Theme: Knights of the Round Table** by Nicole Lemon



Another great idea was to make a helmet using two Fireman's hats or construction worker hats sprayed silver or gold. Visor is made from second hat, attached with brads.

### Medieval Games

*Alice, Golden Empire Council*

Chess was widely popular (think Chess Belt Loop); both the traditional and in a simpler version using dice were played. Dice were easy to carry and were played in all ranks of society, even among the clergy.

Some games played during the Middle Ages, including bowling, blind man's bluff (also called hood man's blind), and Checkers were a popular pastime, as was backgammon. Children wrestled, swam, fished and played a game that was a cross between tennis and handball. Medieval knights would incorporate training in recreation, performing gymnastics and running foot races.

At harvest time, villagers would bob for apples and go on hunts in the surrounding forests, if the castle lord permitted.

### **Jousting Contests**

*Heart of America Council*

*Besides these jousting contests be sure to check out the Teeterboard Jousting in the "How To" Book, page 3-40. We are going to do that at my Roundtable this month CD*

#### **Hand Push:**

Two boys face each other with toes touching and palms together at shoulder height.

Each tries to push the other's hands until he is forced to step out.

#### **Broomstick Twist**

Two boys should be about equal in height and weight.

They grasp a broomstick held horizontally with both hands.

Each tries to touch the end of the broomstick to the floor on his right.

#### **Pull Over:**

Boy braces feet grasps the right hand of his opponent with his own right hand and tries to pull him over a centerline on the ground. Vary by changing hands.

#### **Sack Fight:**

Each boy stands in a burlap or similar type of bag.

He must use both hands to keep the bag stretched to its full length.

He tries to upset others by thrusting and pushing with shoulders and hips.

This can be a dual contest or a mass battle where boys are eliminated as they lose their balance and fall.

### **Siege the Castle**

*Alice, Golden Empire Council*

I made a great castle out of large pieces of cardboard – appliance boxes work really well, too. Two ways to do this:

1/ Cut some meat trays into brick shapes, spray with that texture stone paint

2/ I painted a base coat, then used a mix of leftover paint and a sponge to create "stone" walls of the castle. Don't forget to add some castle windows and a door that opens over the moat! If you make two of these, boys can have a team competition, tossing paper "balls" into the other team's castle. On signal, competition ends, and the team with the most "balls" in the enemy castle wins.

OR:

Use the wall for bean-bag toss. The object was to get your bean bag through one of the holes in the castle wall.

### **Dragon Tag**

*Alice, Golden Empire Council*

- Four Scouts link their arms together, forming a chain. They are the Dragon and must remain linked at all times, even when running.
- The aim of the game is for the Dragon to run and catch as many Scouts as possible by forming a circle around them.
- A Scout who is captured must link arms with the others forming the Dragon and help to capture the remaining Scouts.
- The game goes on until everyone has been tagged and is part of one long Dragon.

### **Paper Cutting Race**

*Heart of America Council*

- You need a pair of blunt scissors and a long strip of crepe paper for each player.
- All the strips should be the same length.
- Tie one end of each strip to something like a chair or a stair post.  
Or pin the end to a cushion.
- Give each player the other end and the scissors.
- When you say go, the players can start cutting along the middle of the paper.
- The first one to reach the other end of his strip is the winner.

### **Staff Rattle**

*Heart of America Council*

- Two Cub Scouts hold a broomstick between them.
- One end is painted blue and the other end red.
- On signal, each tries to touch his color to the ground.

### **Pillow Jousting**

*Heart of America Council*

- This is a mass battle royal!!
- Each contestant holds a broomstick horse in one hand
- He swings his pillow like weapon in the other.  
(The weapon may be a stuffed sock.)
- Each Cub wears a paper hat and leaves the game when he loses his hat.

### **Knights and Dragons**

*Alice, Golden Empire Council*

- An equal number of knights and dragons are selected. The dragons' left wrists are tied to the knight's right wrists.
- Each dragon is equipped with a long green balloon for a tail, tied behind his back.
- Each knight wears a helmet with small visor and carries a rolled paper lance or length of pool noodle.
- A time limit is set (such as 3 minutes) and
- On signal, each knight tries to break the dragon's tail with his rolled paper lance.
- Each dragon tries to take away the lance from the knight.
- At the end of the time limit, team having most of their props left intact is declared winner.

**Crossing the Moat***Heart of America Council**Oh the hardships of being a knight!!*

- This time, he must try to cross the moat on the drawbridge.
- For the drawbridge, set a long plank (at least 12" wide) on the floor.
- The knight, in full dress and astride his horse, must try to walk across the drawbridge.
- If he falls off the plank on either side, he is in the 'moat'; mark the distance he has gone.
- The knight who successfully crosses the drawbridge or goes the farthest is the winner.

**Chivalry Lives***Heart of America Council*

No knightly tournament would be complete without a chivalrous deed!

- For this game the knights will not need their helmets or horses.
- Line the knights up and place a handkerchief on the floor in front of each of them.
- At a given signal, each knight (with his hands behind his back) bends down and picks up the handkerchief with his teeth.
- The knight then gets up and delivers the handkerchief, still in his teeth, to the "Lady" at a designated point.
- First one who reaches the "Lady" wins.

**In the Moat***Heart of America Council*

- Arrange the players in a circle around you just outside a chalk line.
- If you order "in the moat" all are to jump in the circle.
- When you call "on the bank" all should jump back.
- If the order "in the moat" is given when all are in, no one should move.
- Such orders as "on the moat" or "in the bank" should be ignored.
- Anyone making a mistake is out of the game.
- The remaining player wins.

**DRAGON'S TAIL***Grand Canyon Council &  
Heart of America Council*

- ✓ There should be at least eight players, but an unlimited number can take part in this game.
- ✓ The players are divided into two equal teams.
- ✓ Each team makes a "dragon" by getting in a line, each player holding the waist of the one in front of him.
- ✓ The player at the end of the line has a handkerchief waving in back from his belt. This is the dragon's tail.
- ✓ The object of the game is for the first player of each dragon to get the other dragon's tail.
- ✓ It takes a lot of running and dodging to protect the handkerchiefs.
- ✓ Play for points, each dragon scoring one point for each time it succeeds in getting the other dragon's tail.

- ✓ Change positions occasionally. Set a time limit if necessary.
- ✓ The boys must not let go of each other.
- ✓ The longer the body of the dragon, the more fun it is to play.

**The Knight***Grand Canyon Council**Sam Houston Area Council*

- ✓ The boys stand in a circle with the "Knight" in the center.
- ✓ Boys call "Knight, Knight, are you ready?"
- ✓ Knight answers "No, I'm putting on my boots" and pantomimes putting on his boots.
- ✓ The others imitate him.
- ✓ Again they ask "Knight, Knight, are you ready" and he replies that he is putting on his armor, helmet, gloves, etc. each time pantomiming putting on the item, while all follow suit.
- ✓ Whenever he wishes, the Knight answers with "Yes, I'm ready, and here I come".
- ✓ The players rush to a goal line and the Knight tries to tag them.
- ✓ If any player is tagged, he becomes the Knight.

**Traditional Games With A Royal Twist***Grand Canyon Council**How about some of these??**Use your imagination to think of more!!*

Pin the tail on the donkey

Pin the flame on the Dragon

Simon Says...

The Queen/King Says

Mother may I?...

King may I ?

Red Rover...

King Rover

**Other Games****Footprint Identification***2010-2011 CS RT Planning Guide***Materials:** Aluminum foil , towel**Object:** Have everyone make an impression of their shoe prints on aluminum foil.

- ✓ Cut the foil large enough for a set of footprints,
- ✓ Handling the foil piece carefully, place it on a folded towel, and carefully step on the foil
- ✓ When everyone is done, have them leave the area,
- ✓ Place the foil pieces at random on a table,
- ✓ Call back the players,
- ✓ Have each person remove one shoe and exchange it with another person,
- ✓ Direct them to find the footprints that match the shoe,
- ✓ You may need to make another footprint to see if the match is correct.

**Note:** Some hikers leave their footprints on foil at home so they can be tracked if necessary,

## CLOSING CEREMONIES

### Courage Starts Small

*Alice, Golden Empire Council*

*You can divide this up anyway that works with your group – if the boys are younger, they could just say the first part of the phrase. Or have one boy say the first part, then another boy give the example. (And if your boys have personal examples, that's BEST of ALL!)*

**Narrator:** So here's what we've learned about Courage this month

**Cub #1:** Courage starts Small -

**Cub #2:** Like when you head home early to finish your homework, even when your friend has a great new game!

**Narrator:** That takes Courage.

**Cub #3:** Courage doesn't need cheering –

**Cub #4:** When you pick up trash on the way home from school, or choose a chubby kid for your team

**Narrator:** When you do things because they're right, without letting anyone know – that's Courage!

**Cub #5:** Courage may be hidden

**Cub #6:** Like when you have to talk yourself into climbing up a rock even though you are afraid of heights

**Narrator:** That's real Courage!

**Cub #7:** Courage has Vision – when you can see how great something could be

**Cub #8:** When you read about some kids that don't have school supplies, and you talk your friends into gathering what they can.

**Narrator:** That's Courage – even when it doesn't seem like you can solve the problem, but you tackle it anyway! So let's each decide, right now, to have courage and do what's right!

### Knights of the Roundtable Closing or Opening

*Alice, Golden Empire Council*

*This is from a Looong time ago, "before dirt" when I first began as a Den Mother – Alice*

**Boys come forward and sing this song:**

*Tune: Yankee Doodle*

This month we've learned of Knights of Olde,  
And we would like to share it  
That Knights and Cubs are much Alike  
And don't you ever doubt it!

**Next, One boy, a den or a group of boys come forward and say the Cub Scout Promise.**

**Another boy, den or group recites the Knight's Code:**

*(Simplified version)*

Be Always Ready  
Defend the Poor  
Do nothing to Hurt or Offend Anyone  
Try to win Honor and a Name for Honor  
Never Break a Promise  
Maintain the Honor of your Country or King  
Do Good Unto Others

**Another boy, den or group comes forward and repeats the Law of the Pack**

*One time, we had these all mounted on large posters so parents could actually see the similarities.*

**Boys sing the last verse of the song above:**

So now you see for Cub Scouts  
Our Code is much the same  
As that of Knights of Long Ago  
It's just the name that's Changed

*We followed this up with a Sword in the Stone Ceremony, where each boy got to pull the sword out of the stone (directions in the How To Book – I covered the base with chicken wire and papier mache painted to look like stone)*

*You could also follow up by "knighting" each boy.*

### Responsible Fun

*2010-2011 CS RT Planning Guide*

**Material:** Large poster of the Outdoor Code,

**Personnel:** Four Cub Scouts, Den Chief (DC) or adult leader to be narrator.

**DC:** Summer is here, and Cub Scouts are having fun outdoors, Here are some of our Cub Scouts to share their adventures with you:

**Cub # 1:** I had fun playing games outside with my den,

**Cub # 2:** I had fun on a hike with my den,

**Cub # 3:** I went to day camp and had great fun,

**Cub # 4:** I had fun at a picnic at the park.

**ALL:** We learned to respect our environment and took only pictures and memories from our adventures in the sun,

**DC:** Will you all please join me in reciting the Outdoor Code?

As an American, I will do my best to:  
Be clean in my outdoor manners,  
Be careful with fire,  
Be considerate in the outdoors, and  
Be conservation-minded,

### Do More

*Utah National Parks Council*

**CM:** We have dreamed of and spoken of the future tonight. We always think of the wonders of technology and all the changes that will take place. But, in the future, one thing will remain the same - the human spirit.

Tonight, as we leave, let us pledge to be the best we can as we listen to these thoughtful words.

**Cub # 1:** Do more than belong... Participate.

**Cub # 2:** Do more than care... Help.

**Cub # 3:** Do more than believe... Practice.

**Cub # 4:** Do more than be fair... Be kind.

**Cub # 5:** Do more than forgive... Forget.

**Cub # 6:** Do more than dream... Work.

**Cub # 7:** Do more than teach... Inspire.

**Cub # 8:** Do more than live... Grow.

**Cub # 9:** Do more than be friendly... Be a friend.

**Cub # 10:** Do more than give... Serve.

**CM:** Here's to a wonderful future. Good night Cub Scouts.

**No Knights About Today**  
*Heart of America Council*

**Personnel:** 8 Cub Scouts in costume.

In turn each recites one line of the following verse.

- Cub #1:** If I had been a knight of yore,  
**Cub #2:** I would have opened up the door,  
**Cub #3:** For queens and ladies to pass through.  
**Cub #4:** I would have been trustworthy, true.  
**Cub #5:** I would have ridden giant steeds,  
**Cub #6:** Accomplishing noteworthy deeds!  
**Cub #7:** Today there are no knights about,  
**Cub #8:** And so I have become a Scout.

**We The Knights Of The Roundtable**  
*Heart of America Council*

**Personnel:** Cubmaster in Knight's costume, reader, and den of Cub Scouts dressed as knights.

**Equipment:** Knight's costumes, including shields and wooden or cardboard swords and a scroll.

**Arrangement:** Cub Scouts form a closed circle around the Cubmaster, holding shields in front of them and facing out.

**Cubmaster:** We, the Knights of the Roundtable, are bound together in a circle of steel. Let this steel wall remind us to keep from our land and from our daily lives, those things that are not in keeping with our code of honor. Now, Knights of the Roundtable, place your left hand on your sword. May the spirit of honor and freedom go forth from you to all your brothers.

**Reader:** Reads the Cub Scout Promise written on the scroll while all Cubs join in.

**The Knight's Code**  
*Heart of America Council*

*This code is slightly different from the one in the Opening Ceremony. Either could be used for Opening or Closing. But please don't Open and Close with the same thing. CD*

Have one Cub Scout read each part.

- Cub #1:** Be always ready with your armor on, except when taking your rest at night.  
**Cub #2:** Defend the poor and help them that cannot defend themselves.  
**Cub #3:** Do nothing to hurt or offend anyone else.  
**Cub #4:** Be prepared to fight in the defense of your country.  
**Cub #5:** At whatever you are working, try to win honor and a name for honesty.  
**Cub #6:** Never break your promise.

## CUBMASTER'S MINUTE

**The Courage to be Kind**  
*Alice, Golden Empire Council*

It can take real courage to be kind. For example, scouts and their parents or leaders can visit an elderly neighbor and play a board game, look at photos and ask about their family memories, or share some cookies. But the most important thing to share with someone who is lonely is your time and attention. Have the courage to stand up and do the right thing, even if you're not sure it will work. That's what courage is –

doing the right thing when you really don't want to. And you might even discover that your visit is Fun!

**Stand Up and Be Courageous**  
*Alice, Golden Empire Council*

Use the demonstration of The Science of Courage under GAMES as you talk about how having courage and standing up to do the right thing in spite of peer pressure will help each boy to Rise to the Top.

**Let's Be Lions**  
*2010-2011 CS RT Planning Guide*

"Courage comes in many forms, Swimming to rescue a drowning person or saving someone from a burning building is one form, Not all courage is so spectacular, Some forms are quiet and ongoing, such as the courage to resist peer pressure, One of the hardest things for anyone to do is to stick to what he knows is right while his friends are coaxing him to do the opposite, The ancient symbol of courage is the lion, Let's all do our best to be lions as we live out the virtue of courage,"

**Don't Give Up**

*Utah National Parks Council*

To be good at anything, you have to have courage to believe that you can do it, and then practice it until you can. There's no easy way to become an expert. You just have to keep at it, over and over. There will be times you'll think that you just can't make it. But be courageous. Don't give up a task because it seems hard. There are few things worth doing that are easy to do at first.

**Knight's Patrol**  
**From Lord Baden Powell's "Scouting for Boys"**  
*Heart of America Council*  
*Alice, Golden Empire Council*

**Lord Baden-Powell & The Knight's Patrol**

Lord Baden-Powell was very familiar with the history of Knights of the Roundtable and the traits of an honorable knight. In fact, Baden-Powell himself was knighted not only in England, but in several other countries as well. In his "Scouting for Boys," Baden Powell talked about the Knight's Patrol:

"The Knight's Patrol used to stick to him through thick and thin, and all carried out the same ideas as their leader, namely: Their honor was sacred.

They were loyal to God, their King and their Country.

They were particularly courteous and polite to all women, children and other people.

They were helpful to everybody.

**Freedom**

*Utah National Parks Council*

We shouldn't take freedom for granted. Our right of free speech, to worship as we choose, and to enjoy the freedoms we have as Americans. There was a time in our history when men could only hope for these freedoms. And now they have become reality. Our freedom is a result of courage and sacrifice of thousands of our forefathers. Let us remember what it cost these men to provide our freedoms today and help keep our land free for those citizens of tomorrow.

**The Fear of Advancing**

*North Star District and Thunder Wolf District  
Sam Houston Area Council*

As the boys progress through Cub Scouts, some of them may become apprehensive as they are about to advance to the next rank as to if they will be able to do everything that will be required of them if they continue to advance. This is especially true of the Webelos as they near the decision of whether to join Boy Scouts or not. To paraphrase President Franklin Delano Roosevelt from his first inaugural address "The only thing they have to fear is, fear itself." So should you know any boys who are nervous about advancing, give them some gentle encouragement, & remind them of those fateful words of our 32nd President, & maybe once they have advanced or gone on to join Boy Scouts they will see that there really wasn't anything to be fearful of after all.

**Our Earliest Settlers**

*Sam Houston Area Council*

Traditionally, many native peoples were farmers. An important crop was maize, or corn. They needed rain to grow their maize. In Scouting, our most important crop is the boys. Parents and leaders guide them with all their skill and knowledge. Just like the maize, the boys need 'rain' to grow into healthy young adults. The rain in Scouting is love, understanding, patience, and a good program. Let us use all our skills to bring rain to our boys this month."

**A Hiking Prayer**

*Sam Houston Area Council*

Master of the Universe Grant me the ability to be alone; May it be my custom to go outdoors each day Among the trees and grass, among all living things. And there may I be alone, and enter into prayer, To talk with the One to whom I belong. May I express there everything in my heart, And may all of the foliage of the field, All grasses trees and plants, May they all awake at my coming, To send the powers of their life into the words of my prayer So that my prayer and speech are made whole through the life and the spirit of all growing things, Which are made as one by their Transcendent Source.

--Rabbi Nachman of Bratslav (1772-1811)

**CORE VALUE RELATED STUFF****Connecting Honesty with Outdoor Activities**

*Adapted from B.A.L.O.O. Appendix E &  
<http://www.scouting.org/filestore/pdf/510-097.pdf>*

- ★ **Hikes** – Follow the outdoor Code when hiking. After a hike, report accurately what was observed and/or done.
- ★ **Nature Activities** - Listen to boys when they are participating in an activity and praise honesty when you hear it.
- ★ **Service Projects** – Make posters that address being honest with parents about offers of drugs. Make posters discouraging shoplifting. Aim posters at peer group.
- ★ **Games & Sports** – Play a game in which each player must apply the rules to himself (e.g. *Golf, our sports loop and pin of the month require you to keep your own score*).

Discuss how honesty makes playing games more fun.  
Discuss how winning feels when you are dishonest.

- ★ **Ceremonies** – In a ceremony tell the George Washington Cherry Tree story or a story about Abraham Lincoln's honesty.
- ★ **Campfires** – Incorporate some good stories or skits about the benefits of being honest.
- ★ **Den Trips** - Visit a local bank or courthouse and include a discussion of honesty. Visit a local retail store and discuss security and shoplifting. Turn something in to your school's (or other organization's) lost and found.
- ★ **Pack Overnighter** – If the campground is an "Honor System" type, have the boys fill out the envelopes and pay the fees. Perhaps, set up a "Camp Store" that operates on the Honor System. Involve boys in counting the money so they see whether everyone was honest in paying. Discuss what the results might mean for future camping trips.

**HONESTY****Character Connection**

*Carol at [www.cubroundtable.com](http://www.cubroundtable.com)*

**Bobcat Requirement #1 -**

Complete the Character Connection for Honesty

This may be found in the -

- 🐾 Tiger Book, page 152
- 🐾 Wolf Book, page 18
- 🐾 Bear Book, page 140
- 🐾 Webelos Book, page 42
- ✓ **Know** - Discuss these questions with your family: What is a promise? What does it mean to "keep your word?" What does mean? What does it mean to "do your best?".
- ✓ **Commit** - Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.
- ✓ **Practice** - Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting

**Honesty Ceremony**

*Cub Scout Program Helps 2002-2003 & 2003-2004*

Here's an easy ceremony that tiger Cubs can perform at the pack meeting for an opening or closing.

**Preparation:** Prepare cards with the letters H-O-N-E-S-T-Y on them. Write the lines below on the back of the cards. Seven Tigers (or Cub Scouts) and one Den Chief (DC) (or Cubmaster or Den Leader)

**DC:** Being honest means many things. The dictionary suggests that an honest person will not lie, cheat, or steal. Other words associated with honesty are

**Tiger #1:** H - Honor your word.

**Tiger #2:** O - Obey the law.

**Tiger #3:** N - Never cheat.

**Tiger #4:** E - Everyone's property deserves respect.

**Tiger #5:** S - Stand for what's right.

**Tiger #6:** T - Tell the truth.

**Tiger #7:** Y - You can be trusted.

**DC:** You are on the right track to happiness if you practice being honest.

### Game: I've Got It!

- Cub Scouts form a circle. One boy is chosen to be "It" and stands in the center of the circle.
- Cub Scouts have an object such as a small rock or eraser that can be held within a boy's hand. Cub Scouts pass the object around the circle while "It" counts to ten.
- "It" knows the starting point, but not the stopping point.
- When the count of ten is reached, all Cub Scouts shout out "I've Got 'It'".
- "It" tries to guess which boy has the object.
- The boy who does have the object is honest and if he is selected, he becomes "It".
- Follow this game with a Character Connection high lighting honesty. Some Sample Questions -
  - ★ What does it mean to be?
  - ★ What does honesty mean?
  - ★ Is honesty an important quality?
  - ★ Is it always easy to be honest?
  - ★ How do you feel when someone has not been honest with you?
  - ★ Why do you think it is important to be honest?
  - ★ What can you do to encourage honesty with your friends and family?
  - ★ Is it fun to play with people who cheat? How do you feel when someone cheats? How important is it to play fairly?
  - ★ Which is more important – to win or to be honest?
  - ★ What can you do to help others to play fairly?
  - ★ Can you show by example that it is better to play fairly?

### Cubmaster's Minutes

#### Keeper of the Earth

*Cub Scout Program Helps 2004-2005, page 3 August*

The Cubmaster may be dressed in outdoor gear such as a flannel shirt or down vest, or perhaps just steps forward in a quiet moment while the fire is burning low.

In 1852, Chief Seattle wrote a letter to President Polk concerning the sale of land. He stated, "This we know: The earth does not belong to man, man belongs to the earth. All things are connected like the blood that unites us all. Man did not weave the web of life; he is merely a strand in it. Whatever he does to the web, he does to himself."

Today, we must remember that we are simply keepers of the earth not owners and the earth will only be as good as we make it.

As Cub Scouts and Good Citizens, we should always leave an area we use better than we found it. As Cub Scouts and Scouters, we need to do our best to do our duty to our county, to appreciate our earth, and to be prepared to care for it.

### Honesty

*Cub Scout Program Helps 2003-2004, page 4 August*

Lord, Baden-Powell, the founder of Scouting said, "Honesty is a form of honor. An honorable man can be trusted with any amount of money for other valuables with the certainty that he will not steal it." When you feel inclined to cheat in order to win a game, just say to yourself, "After all, it is only a game. It won't hurt me if I do lose." If you keep your head this way will often find that you win after all.

### Cubs in Shining Armor

*2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council*

The Knights of old were men of honor. They knew that to be trusted they had to be trustworthy. They had to be honest with themselves and with others. *Add in some more discussion on Knights and the Knight's Code.*

### Game: Flying Embers

*Cub Scout Program Helps 2004-2005, page 6 August*

- One boy is "It". Everyone else scatters in the playing area. On signal,
- "It" tries to tag another boy.
- If a second boy is tagged, that boy puts his hand on the spot where he was tagged. The player who is tagged becomes "It". He then tries to tag another Cub Scout while holding on to the spot where he was tagged. For example, if a boy is tagged on the head, he must place his hand on his head and then try to tag another person.
- The game is played with only one "It".

*(Hint: Don't tell the Cub Scouts this. See if they figure it out. The best place to tag a person is on the foot. They have to place one hand on the foot and hop around, trying to tag another person).*

### Use this Character Connection after the game -

- ★ Do you know what being honest is? Did you do that in this game (Were you Honest?)? What about when you were touched but you didn't think you were?
- ★ Is it important to be honest? Is it hard to be honest? Has anyone not been honest with you? How did you feel when you found out that they were not honest?
- ★ One part of being honest means not telling a lie. Are there other ways that we can be sure that we are honest?
- ★ How can you do that in your dealings with other students at school, with friends, or at church?

### Honesty

*2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council*

Telling the truth and being a person worthy of trust. How do you decide what's the right thing to do? Some decisions you make aren't terribly important. For example, you might decide to play basketball instead of going swimming. But other decisions may involve a choice between right and wrong, and sometimes it's not easy to know what to do. Whenever you aren't sure what's the right thing to do, stop and think! Ask yourself these questions:

- ? What does my conscience—that "little voice" inside my head—say about it?
- ? Could it hurt anyone—including me?
- ? Is it fair?
- ? Would it violate the Golden Rule? (How would I feel if somebody did it to me?)
- ? Have I ever been told that it's wrong?
- ? Deep down how do I feel about it?
- ? How will I feel about myself later if I do it?
- ? What would adults I respect say about it?

#### Follow Up Activity for this discussion

Divide the den into two groups. Give each group a situation to role play. In each role play half the group wants to do the wrong thing and the other half wants to do the right thing. Encourage the Cubs to make up their own situations, and continue the role plays.

#### Honesty / Dishonesty Flip

**Preparation:** Put an "H" for HONEST on one side of a coin. Put a "D" for DISHONEST on the other side.

Read the situation out loud then have one boy give his response depending on which side of the coin is face up after being flipped.

Have boys tell what he would be doing or saying if he were being honest or dishonest to the following scenarios. Add more situations as needed.

1. You want a candy bar. You only have enough money for gum. (Flip coin)
2. You're sitting next to a smart boy at school. You can see the answers on his paper during the test. (Flip coin)
3. You're supposed to read for 30 minutes every day but you didn't this morning. Your dad asks you if you did your reading. (Flip coin)
4. You'd like to see a movie with your friends. Your mom says you need to do your homework first. You know you didn't do your homework yet. (Flip coin)

#### Follow Up Questions for this discussion

- ★ • What does it mean to be Honest?
- ★ • How do you feel when someone has not been Honest with you? Why is it important to be Honest all of the time?
- ★ • What can you do to encourage Honesty with your friends?

#### Bobcat Trail #1 in the Tiger Den

*Cub Scout Program Helps 2008-2009, page 6 September*  
Meet with the adult partners to explain the ways to discuss a Character Connection with the boys. Use the Go See as an opportunity to talk about honesty.

- ★ What does honesty mean?
- ★ Why it is important for us to be honest?

- ★ Why is it important for reporters to report honestly?
- ★ Is it always easy to be honest?
- ★ What if we will get into trouble if we are honest?
- ★ What if a reporter has to report something that he doesn't want to report, but must if he is to be honest?
- ★ Ask boys: "Do you think friends who are honest with each other make the best friends?"

#### After any Game

*Cub Scout Program Helps 2008-2009, page 10 Jan.*

Discuss the importance of being honest with our friends and family and while playing games. Have boys think about and discuss how it feels when someone has been dishonest with them. Talk about good sportsmanship when playing games. You can also discuss the importance of being honest when writing and reporting facts.

For other **HONESTY**  
Character Connection Activities go to ·  
<http://www.cubroundtable.com/assets/pdf-documents/2002-2010%20Character-Connections-Packet.pdf>

## Crazy Holidays

*Jodi, SNJC Webelos Resident Camp Director Emeritus,  
2006-2011. Adapted from*

<http://holidayinsights.com/moreholidays/index.htm>  
<http://www.brownielocks.com/month2.html>

#### July is:

- Air-Conditioning Appreciation Days
- Cell Phone Courtesy Month
- Dog Days (7/3 to 8/11)
- Eggplant and Lettuce Month
- Family Reunion Month
- Family Golf Month
- Freedom From Fear of Speaking Month
- Mango and Melon Month
- National Black Family Month
- **National Blueberries Month**
- National "Doghouse Repairs" Month
- National Grilling Month
- **National Hot Dog Month**
- **National Ice Cream Month**
- National Horseradish Month
- National Hot Dog Month
- National Independent Retailers Month
- National Make A Difference to Children Month
- National Recreation & Parks Month
- National Share A Sunset With Your Lover Month
- National Wheelchair Beautification Month
- Nectarine and Garlic Month
- Sandwich Generation Month
- Share A Sunset With Your Lover Month
- Smart Irrigation Month
- Social Wellness Month
- Tour de France Month (Started 6/30 - 7/19?)
- Women's Motorcycle Month
- Worldwide Bereaved Parents Month

**Weekly Events:**

- National Education Association Week: 1-6
- Beans and Bacon Days: 4-7
- Freedom Week: 4-10
- International Chicken Wing Week: 5-7
- **Be Nice To New Jersey Week: 7-13 (First Full Week)**
- National Farriers Week: 7-13 (Second Week)
- Everybody Deserves A Massage Week: 14-20
- Sports Cliché Week: 14-20 (Always Week of Maj. League Baseball All Star Game)
- Rabbit Week: 15-21  
(Re: Magician Rabbits The sponsor is Melvin Rabbit up in Canada.)
- National Baby Food Week: 17-20
- National Ventriloquism Week: 17-21
- Comic Con International: 18-21
- Restless Leg Syndrome (RLS) Education & Awareness Week: 18-25 (Note: Different sponsor than the September 23 observance has.)
- **National Scrabble Week: 19-24**
- National Parenting Gifted Children Week: 21-27
- Captive Nations Week: 21-27
- National Independent Retailers Week: 21-27
- National Zoo Keeper Week: 21-27
- World Lumberjack Championships: 25-27
- Garlic Days: 26-28 (Last Weekend)
- Single Working Women's Week: 29-8/4 (Always on the week that has 8/4 in it)

**Daily:**

Build A Scarecrow Day - first Sunday in month

- 1 Canada Day
- 1 Creative Ice Cream Flavors Day
- 1 International Joke Day
- 1 ZIP Code Day
- 2 I Forgot Day
- 2 **Made In The USA Day**
- 2 World UFO Day
- 3 Compliment Your Mirror Day
- 3 Disobedience Day
- 3 Stay out of the Sun Day
- 4 **Independence Day (U.S.)**
- 4 National Country Music Day
- 4 Sidewalk Egg Frying Day- Hmmmm, I wonder why!?!
- 5 **Roswell UFO Days (July 5-7)**
- 5 Work-a-holics Day - even though everyone is on holiday
- 6 National Fried Chicken Day
- 7 Chocolate Day
- 7 Father-Daughter Take A Walk Together Day
- 7 National Strawberry Sundae Day
- 8 Video Games Day
- 9 National Sugar Cookie Day

- 10 Teddy Bear Picnic Day
- 11 Cheer up the Lonely Day
- 11 World Population Day
- 12 Chick-fil-A's Cow Appreciation Day: 12 [2nd Friday]  
*Dress Like a cow and get free sandwich!*
- 12 Different Colored Eyes Day
- 12 Pecan Pie Day
- 13 Barbershop Music Appreciation Day
- 13 Embrace Your Geekness Day
- 13 Fool's Paradise Day
- 14 Bastille Day
- 14 Pandemonium Day
- 14 National Nude Day
- 15 Tapioca Pudding Day
- 15 Global Hug Your Kid Day
- 16
- 17 Peach Ice Cream Day
- 17 Yellow Pig Day
- 18 National Caviar Day- something's fishy here
- 19 National Raspberry Cake Day
- 20 Moon Day
- 20 Ugly Truck Day- it's a "guy" thing
- 21 National Ice Cream Day (third Sunday of the month)
- 21 National Junk Food Day
- 22 Hammock Day
- 22 Casual Pi Day: 22 (22/7)
- 22 Ratcatcher's Day
- 23 National Hot Dog Day
- 23 Vanilla Ice Cream Day
- 24 Church of Latter Day Saints Pioneer Day
- 24 **Tell An Old Joke Day**
- 24 Amelia Earhart Day
- 24 Cousins Day
- 25 Culinarians Day
- 25 Threading the Needle Day
- 26 All or Nothing Day
- 26 Aunt and Uncle Day
- 27 Take Your Pants for a Walk Day
- 28 Buffalo Soldiers Day
- 28 National Milk Chocolate Day
- 28 Parent's Day - fourth Sunday in July
- 29 National Lasagna Day
- 30 National Cheesecake Day
- 30 Father-in-Law Day
- 31 Mutt's Day

**About the Knight's Code**

*Alice, Golden Empire Council*

There are different versions of the Code of Honor, the Knight's or Chivalric Code. But they all included being a person of honor, respect, loyalty and giving protection to those

who needed it. And every code also included Courage as an absolute requirement – no man ever advanced from page to squire, much less knighthood, without demonstrating the courage to stand up for the right and protect others in spite of personal risk and sacrifice.

The Knight's Code includes the same values found in the Scout Law – and beginning in 2014, all boys in scouting, even Cubs & Webelos, will begin using the Scout Oath and Law. So this is a great month to begin getting everyone familiar with the oath and law.

Here is Charlemagne's Code of Chivalry, which was included in the "Song of Roland" – during the 11<sup>th</sup> Century period when William the Conqueror went to battle. The duties of a knight were described as follows:

To fear God and maintain His Church  
 To serve the liege lord in valour and faith  
 To protect the weak and defenceless  
 To give succour to widows and orphans  
 To refrain from the wanton giving of offence  
 To live by honour and for glory  
 To despise pecuniary reward  
 To fight for the welfare of all  
 To obey those placed in authority  
 To guard the honour of fellow knights  
 To eschew unfairness, meanness and deceit  
 To keep faith  
 At all times to speak the truth  
 To persevere to the end in any enterprise begun  
 To respect the honour of women  
 Never to refuse a challenge from an equal  
 Never to turn the back upon a foe.

***If the boys in your den or pack are making their own shields, or learning about knights, help them understand this code and/or come up with their own code based on family and scouting values, motto and the promise and law – and reflecting the Scout Oath and Law that will become standard for Cubs and Webelos in 2014.***

### Fun Facts About the Tongue

Alice, Golden Empire Council

July 19th is "[Stick Out Your Tongue Day](#)"

Check the link for it!! Click [HERE](#)

- The tongue is made up of many groups of muscles that run in all different directions.
- The front part of the tongue is very flexible and works with the teeth to create different sounds and words.
- The tongue also pushes your food to the teeth so it can be ground up and swallowed.
- You need the back of your tongue to make some sounds: "k" and "g" – Want some proof – say the letters slowly and you can feel your tongue move against the top of your mouth.
- If you didn't have that little membrane under your tongue, you would swallow your tongue!
- Take another look at your tongue to see how rough and bumpy the top side is – that's where your taste buds are!
- You have about 10,000 taste buds when you are born, but as you get older about half of them die.

- Your taste buds send messages to your brain to protect you from eating or drinking something dangerous or spoiled.
- If you suck on an ice cube, you won't be able to taste your next bite.
- Without saliva, your tongue wouldn't work – it needs moisture to taste something.
- Your tongue even helps keep you from getting sick, by filtering out harmful germs.
- Your tongue never sleeps – it's always working!
- You should brush your tongue, along with your teeth, to keep it working well!

***Now exercise that tongue with some of the Tongue Twisters under Applauses and Songs!***

## PACK & DEN ACTIVITIES

Baloo's Bugle for July 2013 Edition  
 Courage

Alternative Theme: Cubs in Shining Armor  
 Betsy O, Northwest Texas Council

### Rocket Slide

<http://www.e-scoutcraft.com/misc/rocket.html>



### Materials:

- 2 ½" piece of ½" PVC pipe
- Scraps of fun foam for the nose cone and fins
- Red tinsel (found in the gift wrapping section)
- ½ of a chenille stem

### Tools:

- Permanent markers or paint pens
- Hot Glue
- Scissors

### How To:

- Cut a small circle out of fun foam 1" in diameter. Cut a slit into the center. Overlap the edges and glue to form a small nose cone. Glue to the top of the rocket.
- Cut three small fins from the fun foam and attach to the base of rocket.
- Glue the tinsel into the bottom of the rocket to look like flames. Trim to desired length.
- Glue the center of the chenille stem to the back of your rocket.
- Decorate as desired!

**Lifeguard Trunks Neckerchief Slide***Betsy O, Northwest Texas Council***Materials:**

- Red fun foam, 2 ½ x 1 ½ inches
- Scraps of black and white fun foam for embellishment
- Bit of string or thread
- ½ inch slice of ¾ inch PVC pipe

**Tools:**

- Glue
- Black Marker
- Scissors with a fine point
- Pencil
- Hot glue gun

**How To:**

- Cut out a pair of swim trunks from the red foam.
- Cut out scraps of fun foam to match the photograph.
- Decorate to look like your favorite lifeguard patrol.
- Glue PVC ring to back of the trunks. Don't forget to add your name and the date to the back!

**Fire Hydrant Slide***Betsy O**Northwest Texas Council***Materials:**

- 2" tube of ¾" PVC
- An assortment of beads, some are wood, some are pony beads. You will need 8.
- Cardboard scraps
- ½ of a chenille stem

**Tools:**

- Red Paint Pen or other paint
- Hot glue gun
- Pencil
- Scissors

**How To:**

- Trace the PVC tube ends onto the cardboard scraps and cut out the small circles. Glue the circles to the top and bottom of the PVC tube.
- Glue the beads to the PVC to become the water outlets and the top of the hydrants. I used a big bead and a smaller bead to form these. Don't glue anything to the back of the hydrant.
- Paint the whole hydrant red or match your own home town hydrants.
- Glue the center of the chenille stem to the back of the hydrant.

**The Castle Tower Slide***From the Cub Scout 2006 – 2007 Program Helps***Materials:**

- Black empty film canister (these are getting hard to find, grab them while you can!)
- White or gray paint pen

**Tools:**

- Scissors

**How To:**

- Cut the open end of the film canister to look like a crenellated castle tower.

- Slice into the bottom end of the canister and remove a half moon out of the bottom. This is where the neckerchief will slide through.
- Add painted on stones, bricks and windows to decorate your tower. Let the paint dry! Huzzah!

#### Family Crest Shield Neckerchief Slide

*I think that this slide was in a Program Helps, but I couldn't find it again. X B*



#### Materials:

- Scrap of medium weight cardboard 1 ½ "x 2", cut into the shape of a shield
  - Gray felt approximately 2 ½ "x 4 ½ "
- Scraps of felt or fun foam

#### Tools:

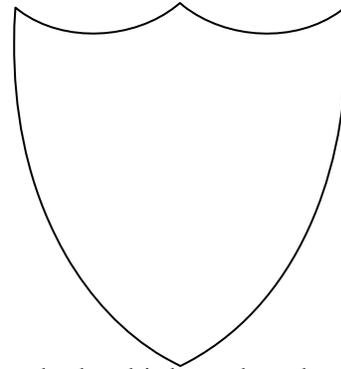
- Small, sharp scissors
- White glue
- Markers or pens as needed

#### How To:

- If your cardboard is not cut out into the shape of a shield, do that first.



- Carefully center and glue the shield to the felt. (It needs to be centered because you will cut the slide part out of the "wings" after the glue dries!)



- When the glue has dried, cut along the top of the shield. Carefully cut down along the sides of the shield ¼ of an inch. Turn your scissors sharply and cut out a tab 1" wide and 1 ½ "long. (This should take you to the edge of your gray felt.) Turn your scissors again and carefully cut back to the edge of the shield. Turn your scissors and cut along the bottom of the shield to the point at the bottom. Stop there and repeat this step on the opposite side of the shield.
- Take the tabs to the back of the slide and overlap them. Glue the overlap and let dry.
- Decorate the front of your shield with the scraps of felt or foam.

Try this with duct tape, (sometimes folded over) if you don't want to buy felt!

The web site above and seen here:

[http://www.e-scoutcraft.com/toc\\_text.html](http://www.e-scoutcraft.com/toc_text.html) has several moving "Knight" neckerchief slides that are pretty neat. I haven't made any, YET!

#### A simple bird feeder for a pack or den activity

*Mark Johnston, Cubmaster and Chartered Org. Rep from VFW Post 9030, Pack 580, Yorba Linda, CA*

- Pine cones
- Tie line from the top of
- Cover in peanut butter
- Roll in bird seed in a shoe box
- Set aside on wax paper to dry a bit or take home
- Hang outside and watch the birds that come around

Our Wolf den did this as part of the elective domain 13 (Birds) while working on their World Conservation Award for Wolves. Those boys absent at the den meeting when it was done were used for doing a demo at the next Pack meeting, those already having done it being the instructors to their den cohorts and the rest of the Pack. Some Pack parents are also GSA leaders, who took the idea for themselves for use with the Daisies and Brownies.

## Great American Camp Out June 23rd

Check it out on -

National Wildlife Federation website:

<http://www.nwf.org/Get-Outside/Great-American-Backyard-Campout.aspx>

On Facebook:

<http://www.facebook.com/backyardcampout>

They are, also, on Twitter (but I am not):

[www.twitter.com](http://www.twitter.com)

On REI, one of the major sponsors:

<http://www.rei.com/family-adventure>

There are many giveaways and sponsored camping events for families to enjoy



### Courage Ideas

#### Courageous Activities for Packs & Dens

*Alice, Golden Empire Council*

**Keep an eye out for little acts of courage** – give boys a little party favor “medal” for sharing examples of courage.

**Ask boys and parents to help collect stories of courage** – Print them out so everyone can have stories to share in their families or dens.

**Tiger Ach. #2, Elect. #1, #8; Wolf Elect #21b; Bear Ach. #17d; Webelos Citizen #11**

**Brainstorm with your den about what courage is** – does a person have to be a hero to show courage? Encourage boys to think about real people, not just super heroes. Have the boys make special thank you cards for the people they choose as courageous.

**Wolf Ach. #12a; Bear Ach. #11g; Webelos Readyman #1**

**Work on the scouting requirements that prepare scouts to be a hero** –first aid training, plumbing, fix it, carpentry skills – boys or families can be a “hero” by helping an elderly neighbor or relative who can’t afford regular maintenance – and in the future, as men with these skills, today’s scouts will be a hero to their own families.

**Tiger Elect. #10; Wolf Elect. #8b; Bear Ach. #20c; Bear Elect. #17a, e; Webelos Readyman, Handyman**

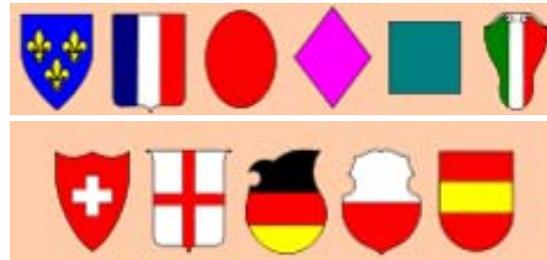
**Learn more about how courage was shown by the knights of old** – Study the Knight’s Code and Rules of Chivalry and

compare them to the Cub Scout motto and Law of the Pack & Scout Law.

**Visit a local Renaissance Faire or Knights of the Roundtable Restaurant** – Most states now have at least one event based on the Middle Ages and Knights of Yore – Just Google it! Of course, you can also just host your own event at the Pack Meeting!

**Have each boy create his own shield** – Boys can choose their own color, shape and symbols, or you can share the meaning of colors, decorations and symbols used on real shields used by knights; check out the traditional examples:

#### Shield or Heraldic Shapes



The shapes above are traditional shapes used by a knight, with some examples showing how they might use color and designs as well. The shapes are:

“Heater” style used by both French and English knights; Modern French style; Oval; Lozange (sometimes used by a heiress to a family crest); Square; Italian; Swiss; Tudor Arch; German or English; Polish; Traditional Iberian

#### Traditional Colors

Yellow or gold -	Generosity and elevation of the mind
White or silver	Peach & Sincerity
Blue -	Loyalty & Truth
Red -	Military fortitude; Courage
Black	Dependable; Mourning a fallen comrade Constancy or grief
Green -	Hope & Joy
Purple -	Royal majesty, justice
Orange -	Worthy ambition
Maroon -	Patient in battle; victorious

#### Traditional Symbols

Cross or Chevron -	Protection
Crescent –	Honored by the king
Lion or panther –	Great courage
Tiger -	Great fierceness and valor
Bear -	Ferocity in the protection of family
Wolf –	Valiant leader
Leopard -	Valiant and hardy warrior
Horse -	Readiness for all employments for king and country.
Lamb -	Gentleness and patience under suffering
Ram -	Authority
Dog -	Courage, vigilance, loyalty, and fidelity
Camel -	Patience and perseverance

Tortoise - Invulnerability to attack

Heart - Charity, sincerity

Pen - Emblematic of the liberal art of writing and of learned employments.

Eagle or Double Eagle -Signifies a man of action, ever more occupied in high and weighty affairs, and one of lofty spirit, ingenious, speedy in apprehension and judicious in matters of ambiguity.

**Play one of the Courage Games in this Baloo** – and discuss the outcome!

**Set up an obstacle course based on the adventures of Lewis & Clark** – Check out ideas on the website as shown in Theme Related. Let the boys use tables, chairs, safety cones, hula hoops, pool noodles, boxes – whatever is available – to include some of the obstacles the Corp of Discovery faced. If you do it outside, add in some water obstacles – after all, much of the Lewis & Clark journey was on or in the water!

*Wolf Elect. #18d; Bear Ach. #16 –(can be included as part of course) Bear Elect. #18c;*

**Visit a museum and look for examples of Courage** – people who have done something heroic or started a service project, saved a building from demolition, worked with youth in the community, overcome challenges

*Tiger Ach. #1G; Wolf Ach. #4f; Bear Ach. #3d;*

**Suggest that families talk about examples of courage in their family history** – share stories about how ancestors were everyday heroes.

*Bear Ach. #8d; Webelos Family Member #12; Heritages Belt Loop*

**Learn or review the steps for Hug A Tree and Survive** – then you can be prepared to act with courage if you ever do become lost.

*Tiger Ach. #3Fb; Wolf Elect. #23c; Bear Ach. #12b; Webelos Outdoorsman #9*

**Choose some everyday heroes that the boys know** – such as teachers, police or fire department members, the cubmaster – invite them to come to the pack meeting and give each of them a simple award – perhaps a certificate or even a picture the boys have made to present to them.

**Choose a service project to honor military people who have shown courage** – one idea is Operation Military Kids, which provides hero packs to children who are sacrificing time with their deployed parents; another it Call to Action, directed by Tom Whittaker.

**In honor of Lewis & Clark, earn the Map & Compass Belt Loop** – Learn more about the expedition of the Corp of Discovery.

**Have each scout or family make a list of some examples of courage** – make a list of categories and have each person or team fill in a real name that fits the category. Some ideas are: volunteer firefighters, musicians or artists, parents that volunteer at school, people that bake for a benefit sale, people that help the elderly, people that plan celebrations that everyone can enjoy, first responders, people who teach Sunday School, Scout leaders, kids who help younger kids

learn something new (like Venturing Scouts or the Den Chief), people who help their neighbors, people who coach sports for kids.

**Visit with older people, especially family members, and learn about them, their work, their service, how they spent their time** – identify ways that they showed courage, overcame challenges, helped others get educated, or made a difference in their communities

*Tiger Ach. #1G; Wolf Elect. #9b; Bear Ach. #8b;*

**If you haven't worked on Hug A Tree and Survive, check out these excellent ideas for what to do if lost** – Details at: [www.nasar.org](http://www.nasar.org) Also check out the Hug A Tree game ideas under GAMES.

*Tiger Ach. #3F; Wolf Elect. #23c; Bear Elect. #25b;*

**Obtain or print out a map of the local community** – (Thomas Bros. maps also show schools, fire stations, community centers) –talk about the places where help is available and where courage is needed.

*Tiger Ach. #2F; Bear Elect. #23d;*

**Invite a CERT (Community Emergency Response Team) member to come** and share information with your den or pack families.

**Explore different kinds of people who display courage** – include Strategic Air Command, DART, Civil Air Patrol, CERT (Community Emergency Response Team), National Guard, Firemen and Policemen, Regular Military, Teachers, Doctors.

*Bear Ach. #3b, Ach. #17d; Webelos Communicator #11,12,13;*

**Check out the book The Children's Book of Heroes by William Bennett** and read a story about courage — you might even use a story as the plot of a skit for the pack meeting!

*Tiger Elect. #14; Wolf Elect. #6b; Bear Ach. #3b;*

### **Go to a Renaissance Faire**

*Commissioner Dave*

Renaissance Faires are where many people come in costume and spend the day reliving the time of chivalry and knights. My family and I regularly attend the Pennsylvania Renaissance Faire (See website below). We see Shakespearean plays snippets, eat turkey legs, participate in old time games and dancing, listen to folk music from the era and much more as we walk around and look at knights in armor, the ladies in their fancy dresses, wenches and pirates.. One year we witnessed the rivalry between Queen Elizabeth and Mary, Queen of Scots through jousts, human chess games, sword fights and other events. This year there were two noblemen courting Queen Victoria who were competing (in strangely enough) the exact same events.. We were there on Pirates Weekend and there was a boat race people were paying to play – It was a Cub Scout Raingutter Regatta. The boats were unmistakable even though they were painted to be pirate ships.

So I went looking and found some websites for Renaissance Faires -

Texas Renaissance Festival, Plantersville, TX

<http://www.texrenfest.com/main.htm>

(There are at least four other Ren Faires in Texas)

Pennsylvania Renaissance Festival

<http://www.parenfaire.com/>

Maryland Renaissance Festival

<http://www.rennfest.com>

Then I found these sites that have lists of Renaissance Faires from all around the country. Some are one weekend events, some are like the Pennsylvania Faire that are every weekend for 10 weeks or so.

<http://www.verymerryseamstress.com/renaissancefares.htm>

<http://www.faires.com/>

<http://www.faire.net/SCRIBE/WebScribe.htm>

<http://www.renaissance-faire.com>

<http://www.renaissanceinfo.com>

[the periodical Renaissance Magazine](#)

So if you are not holding your own event, maybe you can go and see one of these.

### Summertime Pack Ideas

*2010-2011 CS RT Planning Guide*

**Leave No Trace.** While teaching boys about protecting the environment is appropriate at any time of the year, summertime pack outings are excellent chances to present the Leave No Trace program to Cub Scouts and families. Use the Cub Scout Leader Book as a resource develop a plan using the guidelines and requirements for Cub Scouting's Leave No Trace Awareness Award to have Pack members earn the award over the summer. Additional information, guidelines, and the award requirements are in the boys' handbooks as well. These web sites

<http://www.usscouts.org/advance/cubscout/leavenotrace.asp> and

<http://www.scouting.org/scoutsources/CubScouts/resources/LeavenoTrace.aspx>, also have information. Be sure your leaders set the example and earn the award themselves. Use the awareness patch to promote earning the award. Brainstorm ideas with your pack for the Leave No Trace-related service projects.

**Summer Hikes** - Develop with your leaders a listing of various themed hikes the pack could take. The list should include - backyard hikes, city hikes, and nature trails. Brainstorm hiking ideas and games boys and families want to do and play that are consistent with the Leave No Trace principles. Ideas include -

- ☺ A treasure hunt can be played without touching the items.
- ☺ A litter-picking project can become a contest between dens.
- ☺ Cub Scouts and families might want to document their hike with cameras.
- ☺ The pack might have a nature photo contest with a variety of categories, including "the wildest," "the most puzzling," and "the most interesting."
- ☺ How about recording your hike with souvenir rubbings? Boys can make rubbings of tree barks, fallen leaves, and brass plates they may find on the trail.

Have the Cubs make special Hiker's Neckerchief Slides and complete their Leave No Trace Pledge Cards before the hike to remind them to leave nothing but footprints.

**Hug a Tree and Survive.** The Hug-A-Tree and Survive program started in 1981 in California, following an unsuccessful search for a missing 9-year-old boy. It is a program designed to teach 7 to 11-year olds what to do should they become lost in a wilderness setting. It is part of the National Association for Search and Rescue (NASAR). Additional information may be found at [www.nasar.org](http://www.nasar.org).



A short syllabus for teaching the Hug-A-Tree principles is at [http://www.nasar.org/files/hugatree/HAT\\_handout2\\_fs.pdf](http://www.nasar.org/files/hugatree/HAT_handout2_fs.pdf) Download it and additional information and help make your Pack Safe. Play some of the Hug-A-Tree Games in Baloo to get the point across. Truly COURAGE is needed when you are lost. Ask your pack members and their parents to share their experiences getting lost. Each youth handbook has an achievement or elective regarding what to do if they are lost. Use that in your presentation. Show a trash bag and whistle as the recommended items for the boys to carry. The Bear Handbook shows how to cut holes in a plastic trash bag to make a poncho.

### Hiker's Neckerchief Slide

*2010-2011 CS RT Planning Guide*

**Materials:** Craft foam, half-inch PVC pipe section, fine-point marker, scissors, low-temp glue gun, sandpaper.



- ✓ Cut a piece of craft foam in the shape of the sole of a hiking boot, about two to 2 1/2 inches long,
- ✓ Using the marker, decorate the sole with desired "tread,"
- ✓ To provide better adhesion, sand the PVC ring,
- ✓ Glue it to the back of the foam sole,

### Leave No Trace Pledge Card

*2010-2011 CS RT Planning Guide*

**Materials:** Cardstock or index card, markers or crayons, The size of the card depends on the age of the Cub Scouts, Younger boys will require postcard-size paper, whereas Webelos Scouts will be able to manage smaller sizes,

- ✓ Write the Cub Scout Leave No Trace Pledge on cardstock or the index card,
- ✓ Sign the bottom of the card,

- ✓ Decorate the card with markers or crayons,
- ✓ Keep the card in a pocket as a reminder of your commitment to Leave No Trace,

## DEN MEETINGS

*Wendy, Chief Seattle Council*

Now is a great time to get the boys outside while the weather is good, so this month we're focusing on outdoor, and activities that require some courage.

According to a recent survey, the thing Americans fear most is public speaking. Cubs will develop courage as they overcome their fear of speaking in front of an audience at the closing campfire at camp or during supplemental den meetings.

Dealing with emergencies also requires courage, so there are ideas for that den meeting, too.

### Outdoor Achievement Award

*Wendy, Chief Seattle Council*



During the summer our den works on the outdoor activity award: <http://usscouts.org/advance/cubscout/Outdoor-Activity.asp> So we spend a lot of time outdoors. All the boys meet together to keep our numbers up. We do the following outdoor activities for the outdoor activity award:

- #1: Go hiking (also passes off Bear Ach. E9e, E25a,b)
- #2: Pack picnic (also passes off a summer time pack award activity)
- #3: Buddy system (passes off Wolf E23b,c,d)
- #4: Pack camp out (passes off Wolf E23a; Bear E25d; Webelos Outdoorsman #1, #3, #7, #8, #11)
- #5: Collect litter (also passes off Tiger E33; Wolf Ach. #7d; Bear Ach. #6g, E14c)
- #9: Swimming (passes off Tiger E40; Wolf Ach. #1h; Bear E19; Webelos Aquanaut)
- #10: Campfire program (Tiger E6; Wolf E2, E11c, E23g; Bear E25c; Webelos Outdoorsman #2)
- #13: Go geocaching or letterboxing at a local park. (A great way to explore the park!!)
  - ♣ Letterboxing links:
    - <http://www.letterboxing.org/index.php>,
    - <http://www.atlasquest.com/>
  - ♣ Geocaching: <http://www.geocaching.com/>
  - ♣ Mini Book for letterboxing: [http://www.shininghours.com/creating/one\\_sheet\\_8\\_pages!.htm](http://www.shininghours.com/creating/one_sheet_8_pages!.htm)
  - ♣ Styrofoam Stamps for letterboxing:



Using a ball point pen, draw a picture on the flat side of a Styrofoam tray, pressing to create an indented picture. Sand the top of a milk bottle cap. Cut around the Styrofoam picture, and tacky glue it to the cap to create a stamp. The Styrofoam scratches easily, so take care to protect the stamps. (Variation of an idea in Family Fun)

### One Note on Cub Scout Outdoor Award -

The first requirement is listed at the top without a number and is often missed. It states:

***Attend Cub Scout day camp or Cub Scout/ Webelos Scout resident camp.***

Therefore, for a CS to earn this award, he must attend a summer camp program not just a Pack Family Camping Trip.



### Activities that Coordinate with Cubs in Shining Armor Supplemental Theme

*Wendy, Chief Seattle Council*

I kind of miss the old days when den meeting themes coordinated with the pack meeting theme, and there was a build up toward pack night. So here are a few activities to coordinate with this month's alternate pack night theme.



### Aluminum Foil Family Crest Shields

Cut a shield shape out of poster board. Cover with aluminum foil. Smooth wrinkles out by rubbing with fingers. Color shield with permanent markers. Boys can draw their family crest/coat of arms on their shields, or make one up. Be sure to check out the family crests for mothers' maiden names, as well as fathers' last names.

Coat of Arms/Family Crest links:

<http://www.houseofnames.com/xq/asp.c/qx/donald-coat-arms.htm?a=>

<http://www.allfamilycrests.com/>

<http://www.fleurdelis.com/meanings.htm>



**Coat of Arms Tie Slide**

Using the same method as above, make a mini shield. Glue it to a shield shape cut from corrugated cardboard. Make sure the corrugations run horizontally. Push a chenille stem through one of the corrugations, and twist ends together to make a ring. Or sand the top of a plastic ring cut from a milk jug handle, and tacky glue the ring to the back of the corrugated cardboard shield.

**Knight Helmet**

Cut a large rectangle from poster board. Make sure it is long enough to go around the boy's head, and tall enough to cover his face. Cut out a rectangular eye hole in the front of the helmet. Poke mouth holes using a pencil. Cover the poster board with foil, and glue or tape down. Poke holes in the foil again. Overlap the edges in back. Use glue, tape, or large paperclips to hold in place. Add a feather if desired.

**Den Flag**

Make a flag for the den, or have each boy make his own flag. To make the flag, cut a rectangle or shield shape out of fabric or felt. Cut heraldic shapes out of felt, and glue to the flag. Add ribbon if desired.

**Clothespin Catapult**

Cut a small rectangle from corrugated cardboard. Remove the paper covering from one side of the cardboard. Enlarge the central depression in the cardboard using the rounded end of a pen. Tacky glue the cardboard to the end of the clothespin, leaving enough room for the tip of a finger. Make sure the corrugations are running perpendicular to the clothespin, so the marshmallow will not slide off. Hold the clothespin with one hand. Put a marshmallow in the central depression. Press down the end of the clothespin to launch the marshmallow at a target. Experiment with different angles to affect the distance and height the marshmallow flies.

Heraldic pictures:

<http://www.fleurdelis.com/meanings.htm>

For more Knight ideas, go to:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/06/10/>

**4th of July Activities**

Wendy, Chief Seattle Council

**Salad Spinner Fireworks Art**

Cut circles from black construction paper that are the right size to fit in a salad spinner. Line the salad spinner basket with a plastic grocery bag to keep the salad spinner clean. Put the black circles into the lined basket. Dribble paint on the circle. Put the top on the salad spinner, and give it a whirl! The streaks of color on the black circles look like fireworks exploding.

**Melted Crayon Star**

Trace star pattern onto wax paper. Lay the wax paper on a paper sack. Using a vegetable peeler, scrape crayon shaving onto wax paper, inside the traced star. Add embroidery thread and glitter, if desired. Lay a second piece of wax paper on top of the wax paper with the star. Lay a clean piece of paper over the wax paper. Press the star with an iron set to medium. After the crayon has cooled, cut out the star. (Wendy McBride, based on a technique from the TV show "Creative Juice.")



Red, White, & Blue drinks: <http://familyfun.go.com/4th-of-july/4th-of-july-recipes/4th-of-july-cold-drinks/patriotic-drink-686812/>

More 4<sup>th</sup> of July Ideas: <http://familyfun.go.com/4th-of-july/4th-of-july-crafts/5/>

<http://www.makingfriends.com/Patriotic.htm>

**TIGER**

**Supplemental Den Meetings and other ideas that go with:**

**Courage Core Value:**

A: Collections

E: Public Service Announcement (E20)

H: Seed & Song (E6, E30)

**Courage Related Tiger Electives**

- E6 Teach a song
- E21 Puppets
- E27 Emergency!

**Tiger Summer Activities**

- E22 Picnic
- E29 Sun Safety
- E35 Outdoor Game
- E37 Biking
- E40 Swimming
- E42 Zoo

*See also last month's issue for more outdoor ideas*

**Public Service Announcement Ideas (E20):**

Encourage the boys to show, rather than just tell, why boys should join Cub Scouts. Challenge the boys to figure out how to make their announcement more interesting and fun through the use of funny dialog, props, costumes, or special effects.

You Tube has examples of Tiger PSA announcements:

<http://www.youtube.com/watch?v=xz5jBo-HLIY>

**Pea "Seed" Cup Cakes:**

Cook chocolate cup cakes. When cool, use the handle of a mixing spoon to press a trench into the tops of the cup cakes. Frost with chocolate frosting. Put 3 green M&Ms in the trench to be green pea seeds. Decorate with Pea Patch signs. To make the sign, write the words "Pea Patch" on a small sign. Glue the sign to a toothpick, and stick it into the cup cake.

**Songs (E6): <http://usscouts.org/songs.asp>**

The songs below have a lot of repetition, making them easy for Tigers to learn and teach.

**Alice the Camel**

Alice the camel has three Humps  
 Alice the Camel has three humps  
 Alice the Camel has three humps  
 So go Alice, Go  
 Boom, Boom, Boom

Alice the camel has two humps  
 Alice the camel has two humps  
 Alice the camel has two humps  
 So go Alice, Go  
 Boom, Boom, Boom

Alice the camel has one hump  
 Alice the camel has one hump  
 Alice the camel has one hump  
 So go Alice, Go  
 Boom, Boom, Boom

Alice the camel has no humps  
 Alice the camel has no humps  
 Alice the camel has no humps  
 'Cause Alice is a horse!

**Actions:**

Everyone must get in as close to a circle as possible and put their arms over the shoulders of the people next to them. Then during the saying of each number of humps everyone bends at the knees.

During the lines Boom, Boom, Boom then everyone bangs hips against each other. Nothing dangerous of course.

**Boom Chicka Boom**

**Lyrics:** (repeat each line after song leader)

I said a Boom Chicka Boom  
 I said a Boom Chicka Boom  
 I said a Boom Chicka Rocka Chicka Rocka Chicka Boom  
 Uh huh  
 Oh yeah  
 One more time \_\_\_\_\_ style.

Other styles -

Baby style  
 Grandpa style - with lips wrapped over teeth  
 Frankenstein style  
 Opera Singer  
 Underwater - wiggle finger over lips  
 Slow-mo style (slow)  
 Fast Forward style

**Robert Baden Powell**

*(Tune: Father Abraham)*

Robert Baden-Powell had many scouts.  
 Many Scouts had Robert Baden-Powell.  
 I am one of them, and so are you.  
 Let me tell you what to do...  
 Right arm. (do Cub Scout salute)

Robert Baden-Powell had many scouts.  
 Many Scouts had Robert Baden-Powell.  
 I am one of them, and so are you.  
 Let me tell you what to do...  
 Right arm, Left arm. (add hand shake)

*Repeat verses above, adding in turn:*

Right arm: Do Cub salute  
 Left arm: Add left arm hand shake motion.  
 Right foot: Add right foot stepping up and down.  
 Left foot: Add left foot stepping up and down.  
 Chin up: Add head nodding up and down.  
 Turn around: Add turning in place.  
 Sit down: Sit down!

*Words above are accompanied by actions adding new motions as soon as sung until you are performing all motions.*

**Baby Shark Song**

The fun of this song is in the actions. As the shark gets bigger, so does its mouth you make with your hands and arms.

**Lyrics:**

(shark mouth with hands connected at wrist)  
 Baby shark, Doh-doh, doh, doh  
 Baby shark, Doh-doh, doh, doh  
 Baby shark, Doh-doh, doh, doh  
 Baby shark.

(shark mouth with forearms connected at elbows)  
 Momma shark, Doh-doh, doh, doh  
 Momma shark, Doh-doh, doh, doh  
 Momma shark, Doh-doh, doh, doh  
 Momma shark.

(shark mouth with full arms)  
Daddy shark, Doh-doh, doh, doh  
Daddy shark, Doh-doh, doh, doh  
Daddy shark, Doh-doh, doh, doh  
Daddy shark.

(same as Daddy,  
but with fists instead of fingers to look like no teeth)  
Grandpa shark, Doh-doh, doh, doh  
Grandpa shark, Doh-doh, doh, doh  
Grandpa shark, Doh-doh, doh, doh  
Grandpa shark.

(swimming crawl motion with arms)  
Swimmer dude, Doh-doh, doh, doh  
Swimmer dude, Doh-doh, doh, doh  
Swimmer dude, Doh-doh, doh, doh  
Swimmer dude.

(hand on top of head like shark fin.  
Other hand rubbing stomach with hungry look on face.)  
Hungry shark, Doh-doh, doh, doh  
Hungry shark, Doh-doh, doh, doh  
Hungry shark, Doh-doh, doh, doh  
Hungry shark.

(back crawl swimming motion with arms)  
Swam away, Doh-doh, doh, doh  
Swam away, Doh-doh, doh, doh  
Swam away, Doh-doh, doh, doh  
Swam away.

(same back crawl, with very frantic actions)  
Swam too slow, Doh-doh, doh, doh  
Swam too slow, Doh-doh, doh, doh  
Swam too slow, Doh-doh, doh, doh  
Swam too slow.

(hop on one leg to beat)  
Lost a leg, Doh-doh, doh, doh  
Lost a leg, Doh-doh, doh, doh  
Lost a leg, Doh-doh, doh, doh  
Lost a leg.

(hand on head like shark fin. Other hand rubs stomach  
with a very satisfied look on face.)  
Happy shark, Doh-doh, doh, doh  
Happy shark, Doh-doh, doh, doh  
Happy shark, Doh-doh, doh, doh  
Happy shark.

(push cell phone numbers to beat)  
9-1-1, Doh-doh, doh, doh  
9-1-1, Doh-doh, doh, doh  
9-1-1, Doh-doh, doh, doh  
9-1-1.

(make any dying actions you want. finger across neck,  
grabbing heart, fainting away....)  
It's too late, Doh-doh, doh, doh  
It's too late, Doh-doh, doh, doh  
It's too late, Doh-doh, doh, doh  
It's too late.

(point to your bottom)  
That's the end, Doh-doh, doh, doh

That's the end, Doh-doh, doh, doh  
That's the end, Doh-doh, doh, doh  
That's the end.



**WOLF**

### Supplemental Den Meetings and other ideas that go with:

#### Courage Core Value:

E: Skits (E2, E12d)  
M: Family Alert (E16)  
O: Say it Right (E22)

#### Wolf Summer Activities

E18 Outdoor Adventure  
E19 Fishing

*See also last month's issue for more outdoor ideas*

#### Skits (E2)

How-To Book, section 5, pp. 27-36.

Online skit resources:

[www.ultimatecampresource.com](http://www.ultimatecampresource.com),

[www.macscouter.com](http://www.macscouter.com)

[www.boyscouttrail.com](http://www.boyscouttrail.com)

[www.scoutorama.com](http://www.scoutorama.com)

#### **Be careful -**

Not all skits found online comply with  
BSA Grey Area standards and Core Values.

[http://www.inquiry.net/outdoor/campfire/gravy\\_areas.htm](http://www.inquiry.net/outdoor/campfire/gravy_areas.htm)

**See page 420 of the Den and Pack Meeting  
Resource Guide for a brief listing of the Cub  
Scout "Positive Values" guidelines.**

Previous Themes with good skit ideas -

#### "In the Spotlight," May 2010 Theme:

<http://usscouts.org/bbugle/bb1004.pdf>

Skits: p. 19-21.

Games: p. 8-10; 36-8.

Snacks: p. 39-40.

#### "Lights, Camera, Action," May 2003

<http://usscouts.org/usscouts/bbugle/bb0304.pdf>

Games: p. 3; 12.

Snacks: p. 9.

#### **Basketball: The Movie**

*This skit is a simple one that uses easy costumes.*

#### Characters:

Director, Camera Operator, Basketball Team,

A narrator could easily be added.

The director calls for action. The basketball players pretend to be playing a basketball game. The camera operator pretends to film the game.

The director stops the action, telling the players "Cut! Too fast! Slow down!" The players go very slowly.

"Cut!" yells the director. "Too slow – speed up the game!" The players go super fast.

"No, no. Just go normal speed. But be sad now – you're behind." The players cry and sob while playing.

"Cut! Now you're happy and excited – you're ahead!" The players cheer and high-5 each other.

"Great!" says the director. "That's a wrap!" Then he turns to the camera operator. "Let's get the film back to the studio."

"Film?" asks the camera operator. "The camera is empty. I thought this was just a rehearsal!" The director and basketball players chase the camera operator off the stage.

### What's 2+2?

#### Characters:

Captain, three or four Pirates.  
Pirates wear head scarves.

#### Setting:

On the Bridge (Or Deck of a Ship)

**Captain:** First Mate! What's 2+2?

**1st Mate:** Duh! One, Sir!

**Captain:** Good! Bosun! What's 2+2?

**Bosun:** Uhh ... let's see ... (Counts on fingers) Uhh ... Five, Sir!

**Captain:** No problem! Gunner! What's 2+2?

**Gunner:** Sheesh, Captain! Why give me all the hard ones?

**Captain:** Great! Cook! What's 2+2?

**Cook:** Let's see. Two apples and two potatoes makes ... (Thinks) Two apples and two potatoes, Sir!

**Captain:** Pleased to hear it! You! Floor Scrubber! What's 2+2?

**Scrubber:** Four, Sir!

**Captain:** Walk the Plank!

*(Scrubber walks imaginary plank, and falls into sea)*

**Servant:** Beggin' the Captain's pardon, Sir! I think everyone else got it wrong, but the floor scrubber got it right. Why did you make him walk the plank?

**Captain:** He's too smart! He might go after my job some day!

#### Stories (E22c)

[http://americanfolklore.net/folklore/2010/10/the\\_fisherman\\_and\\_the\\_bear.html](http://americanfolklore.net/folklore/2010/10/the_fisherman_and_the_bear.html)

Folklore Animal stories are good to use with paper bag masks (E2e). For story ideas, see the story links.

#### Emergency Preparedness Games & Activities (E16)

##### First Aid Games for Kids

When medical attention is necessary, children may panic if they don't know how to apply some basic first aid or if they don't understand what is being done to assist. Children have the capacity to learn first aid skills through games. The objective of these first aid games (keeping an individual healthy and safe) is serious, but the games present first aid in a way that is easier for children to remember and enjoy.

Learn more go to -

[http://www.ehow.com/list\\_6098682\\_first-aid-games-kids.html](http://www.ehow.com/list_6098682_first-aid-games-kids.html)



*Kids can use their toys to learn first aid skills.*

#### Red Light Green Light

Red Light Green Light is a traditional children's game in which children take steps forward when a leader calls out that the light is green and stay still when the leader calls out red light. Meaghan Lister created a first aid version of this game. Instead of simply calling out "red light" or "green light," the leader asks questions about first aid, such as whether you should pop a blister. If the answer to the question is "yes," then the children have a "green light" and take three steps forward. If the answer is "no," then the children stay put. This game allows whoever is overseeing the game to assess very quickly based on the children's movements what first aid topics may need to be addressed further with the children. from: [http://www.ehow.com/list\\_6098682\\_first-aid-games-kids.html](http://www.ehow.com/list_6098682_first-aid-games-kids.html)

#### Kim's First Aid Kit Game

Put first aid kit items on tray. Let the boys look at the items on the tray for a minute. Cover the tray with a towel. Boys must name as many items as they can remember. Alternatively, let the boys look at the items on the tray for a minute. Choose one boy to turn around. Remove an item from the tray. The boy turns around, and must name the missing item.

Emergency Preparedness Board Game:

<http://www.fema.gov/kids/games/board/>

More games:

[http://dragon.sleepdeprived.ca/games/first\\_aid/first\\_aid.htm](http://dragon.sleepdeprived.ca/games/first_aid/first_aid.htm)

Emergency Preparedness Activities (from

<http://www.welltrainedmind.com/forums/showthread.php?t=255067>) :

1. Make a list of about 30 items and have boys choose the top ten to pack in an emergency.
2. Pack a plastic tote w/ about 30 items and have boys choose the top 10 to fit in a backpack.
3. Practice an emergency evacuation drill.
4. Role play what to do in emergency situations
5. Get some high calorie emergency bars and let the kids taste them.

BSA Emergency Preparedness Award;

<http://usscouts.org/advance/EmergPrep.ap>

FEMA freebies:

<http://www.fema.gov/kids/pubs.htm>

*Be sure to check out (and order) the disaster preparedness activity book for kids here.*

More EP activities and information for kids:  
<http://www.fema.gov/kids/>

**MORE WOLF IDEAS**

**Roxanne, Heart of America Council**

- ✓ Ach. #6b “Books, Books, Books” Choose a book on a subject (courage) you like and read it. With an adult, discuss what you read and what you think about it.
- ✓ Ach. #8c “Machine Power” Show how to use a pulley.
- ✓ Elect#13d “Birds” Point out 10 different kinds of birds (5 may be from pictures).

**COURAGE**

Courage is having the strength and faith to carry on a project or to face your fears no matter how tough or scared you are.

Lead a discussion on Courage and have the boys answer these questions (or similar):

- ★ What does courage have to do with responsibility?
- ★ What people in history or today’s world do you know or can find that showed or shows courage? (space program, military, etc.)
- ★ How as a Cub Scout do you or can you show courage?
- ★ How can using a pulley show courage?
- ★ What birds show courage?
- ★ What constellation(s) shows courage? Orion, Leo, who or what?

**Courage Word Search**

B X N H E K U E S D G H B J K  
 H O R G U T S C P V A G J R D  
 Y T L E J O M N I Z M R Q E E  
 R L S D G T J A R P E K I N L  
 X E J F Y N G R I E O Z O N F  
 K R W G R R A U T F W B C U G  
 H E R O I S M D Z J K J B F Q  
 C K L Q P S Z N E C T R V W M  
 L A K N U P S E A C A M E W B  
 V F Q H L K H B Z V A P V L D  
 Q E N U I J K Z E S U F R P C  
 G Q W F S F P Y X O Y Y E U L  
 X K Q P R V P C E H L E N G N  
 R A N S P C W D B P C M A B X  
 X T K U T W C Q L C Q J K Y F

Find these synonyms for COURAGE in the word search:

- |          |             |           |
|----------|-------------|-----------|
| BACKBONE | GUTS        | BOLD      |
| HEROISM  | BRAVE       | NERVE     |
| DARING   | POWER       | ENDURANCE |
| SPIRIT   | FACE DANGER | SPUNK     |
| GAME     |             | VALOR     |

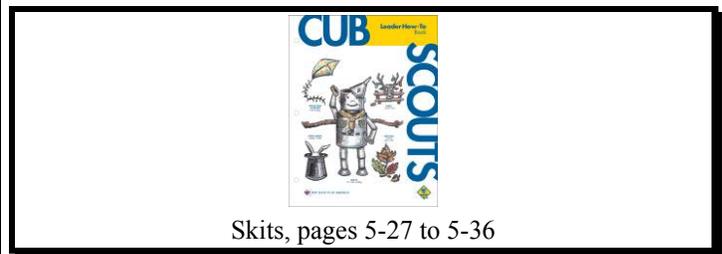
**Astronomy Meeting Ideas**

- A. Do “Astronomy” belt loop
  1. **Set up and demonstrate how to focus telescope or binoculars.**  
 Invite an astronomy group in your local area to come out and talk with the boys about astronomy. They

- have telescopes and binoculars that the boys can use to look at the various stars, constellations, and galaxies. Inform them of the requirements needed for the belt loop or give them a copy of the requirements
  - 2. Draw a diagram of the solar system with surrounding objects. **May use help from a book or chart or have a handout of solar system and have boys label items.**
  - 3. Explain terms used with astronomy. Planet, star, solar system, galaxy, Milky Way, black hole, red giant, white dwarf, comet, meteor, moon, asteroid, and universe. **Use a handout with these words on it.**
- B. How to Book (2002) Pp. 4-25 to 4-27
  - C. Create a mobile of the solar system.
  - D. D. Play a solar system game where one boy stands in the middle representing the sun, the boys then figure out what the next planet might be closest to the sun, and so on until all planets are around the sun. Can have the boys wear or hold a planet sign to show who they are. You can also add the moons that go to the planets.

**Astronomy websites to visit:**

- <http://spaceplace.nasa.gov/cub-scouts/en/>
- <http://www.kidsastronomy.com/fun/index.htm>
- <http://www.frontiernet.net/~kidpower/astronomy.html>
- <http://www.astronomy.com/en/News-Observing/Astronomy%20Kids/2008/03/The%20ABCs%20of%20observing.aspx>
- <http://www.spacecamp.com/camp/sc>
- <http://www.usscouts.org/advance/cubscout/a-sindex.asp>
- <http://www.usscouts.org/advance/cubscout/academics/astronomy.asp>
- <http://www.cosmo.org/>



Here are some good websites for bullying, and how to deal with it:

*Wendy, Chief Seattle Council*

- <http://www.stopbullyingnow.com/for%20young%20people.htm>
- <http://www.erasebullying.ca/youth/youth.php>
- [http://stopbullying.adcouncil.org/pages/503ea5db93ae0a314300002/widgets/50510feb93ae0a0b4d000001/transcript?transcript\\_type=home](http://stopbullying.adcouncil.org/pages/503ea5db93ae0a314300002/widgets/50510feb93ae0a0b4d000001/transcript?transcript_type=home)
- BSA also puts out a \$0.20 booklet on dealing with bullying:  
 BSA Power Pack Pals #1 comic book: bullying 33980  
<http://www.scoutstuff.org/power-pack-pals-1-bullying-comic-book.html>



## BEAR

### Bear Ideas by Felicia

**Meeting #K:** Elective 16 - Farm Animals

**Meeting #L:** Elective 19 - Swimming & Belt Loop

**Meeting #M:** Elective 5 - Boats

We all use Courage when we try new things. Summer is a wonderful time to learn to swim, try boating, make some new animal friends, take a hike, go camping or learn a new song to lead around a campfire.

### Down on the Farm

**Meeting #K** Elective 16 - Farm Animals

**Bear Den Plan K Farm Animals E. 16**

- take care of a farm animal
- Name, describe 6 farm animals & their uses
- Read a book about farm animals & tell den
- Visit a livestock exhibit @ a county/state fair



Busy Bee Kids Crafts has fun things you can make with your cubs, like this cute tp roll cow.

<http://www.busybeekidscrafts.com/Farm-Animal-Crafts.html>

DLTK Kids has free printable crafts

<http://www.dltk-kids.com/animals/farm-other.htm>



### PURPLE COW Drink

1 cup milk

1 sliced banana

¼ cup unsweetened grape juice

Put in a blender. Makes 4-6 small servings

### Farm Jokes

**What do you get when you cross a cow with a duck?**

Milk and quackers.

**What do you get when you cross a cow with a rabbit?**

Hare in your milk!

**Why did the farmer buy a brown cow?**

Because he wanted chocolate milk.

**What do you get if you cross a chicken with a cement mixer?**

A brick-layer!

**What do you call an arctic cow?**

An eskimoo!

**How do you fit more pigs on your farm?**

Build a sty-scraper!

**What do you call a sleeping bull?**

A bulldozer!

**What do you get from an Alaskan cow?**

Cold cream!

**For more Farm Jokes -**

[www.kidactivities.net/post/Jokes-Cats-Dogs-Farm-Elephant-Variety.aspx](http://www.kidactivities.net/post/Jokes-Cats-Dogs-Farm-Elephant-Variety.aspx)

[http://www.ahajokes.com/farm\\_jokes.html](http://www.ahajokes.com/farm_jokes.html)

### Farm Games



Horse Shoes.

### The Farmer & The Dell

1. Form a large circle. The children hold hands make sure there is room for each child to move freely.
2. Select a farmer, who goes to the middle of the circle.
3. Everyone skips around the circle counter-clockwise, holding hands with the farmer in the middle. They chant the "The farmer in the dell" 3 times. Then say, "Hey Ho the Derry-o! The farmer in the dell." Then they repeat 3 times: "The farmer takes a wife." "Hey Ho the Derry-O! The farmer takes a wife." The circle stops moving to give the farmer time to choose his "wife." Who enters the center of the circle along with the farmer.
4. Then they repeat 3 times: "The wife takes a child." "Hey Ho the Derry-O! The wife takes a child." The circle stops moving to give the wife time to choose her "child." Who enters the center of the circle along with the farmer & wife. Keep substituting as follows: the child takes a dog; the dog chooses the "cat"; the cat chooses the "mouse"; and the mouse chooses the "cheese". Each selected child joins the others in the middle of the circle.
5. Things change after the cheese is chosen. The words become, "The farmer steps out". While the circle skips around the group, the farmer has to try to squeeze out of the circle by ducking under the arms of 2 of the players. Each new verse directs the next person to "step out. Hey Ho the Derry-o! The "wife", then "child", then "dog", then "cat", then the "mouse" all squeeze out of the circle until only the "cheese" is left.
6. everyone chants: "The cheese stands alone". At the end, the cheese gets to select the next farmer & the game starts over.

## Swimming

**Meeting #L** Elective 19 - Swimming & Swimming Belt Loop



- E. 19 a.** Jump feet first into water over your head, swim 25' on the surface, stop, turn sharply, & swim back.
- E. 19 b.** Swim on your back, using the elementary backstroke, for 30'.
- E. 19 c.** Rest by floating on your back, using as little motion as possible, for at least 1 minute.
- E. 19 d.** Tell what is meant by **the buddy system**. Know the **basic rules of safe swimming**.
- E. 19 e.** Do a racing dive from the edge of a pool & swim 60', using a racing stroke. (You might need to make a turn.)



- E. 19 d.** The Swimming Buddy System can be found on page 256 of the Bear Handbook.

The following **Buddy Swim System** is from the **Cub Scout Academics & Sports Workbook**:

- 🦋 Pair every youth with another, in the same ability group.
- 🦋 Buddies check in and out of the swimming area together.
- 🦋 Emphasize that each buddy lifeguards his buddy.
- 🦋 Check everyone in the water about every 10 minutes, or as needed to keep the buddies together.
- 🦋 The adult in charge signals for a buddy check with a single blast of a whistle or ring of a bell, and call "Buddies!"
- 🦋 The adult counts slowly to 10 while buddies join and raise hands and remain still and silent.
- 🦋 Guards check all areas, count the pairs, and compare the total with the number known to be in the water.
- 🦋 Signal 2 blasts or bells to resume swimming. Signal three blasts or bells for checkout.



Kakadu Warning Sign

### Rules for Safe Swimming

- Be physically fit.
- Have a qualified adult present whenever you swim.
- Swim in areas that have already been checked for safe swimming.
- If you can't swim, don't go in water that is more than 3½ feet deep. Go in deep water only if you are a good swimmer.
- Swim with a buddy.
- Obey the rules of the swimming area.

*Excerpt from the Cub Scout Academics & Sports Program Guide. A more detailed version of the Rules for Safe Swimming can be found on p. 256 of the Bear handbook.*

There is a **Cub Scout Academics and Sports Workbook** for belt loops & pins. The link to the swimming section can be accessed at any of the following sites:

- [http://meritbadge.org/wiki/index.php/Cub\\_Scout\\_Swimming](http://meritbadge.org/wiki/index.php/Cub_Scout_Swimming)
- [http://meritbadge.org/wiki/index.php/Cub\\_Scout\\_Belt\\_Loops\\_and\\_Pins](http://meritbadge.org/wiki/index.php/Cub_Scout_Belt_Loops_and_Pins)
- <http://www.boyscouttrail.com/cub-scouts/acadsports/swimming.asp>

- <http://usscouts.org/advance/cubscout/sports/worksheets/Swimming.pdf>



### Swimming Belt Loop requirement 1

#### Safe Swim Defense

- **Qualified Supervision.** A responsible adult (at least 21 years of age) must supervise.
- **Physical Fitness.** Require evidence of fitness for swimming activity, using a health history.
- **Safe Area.** Before swimming in unknown waters, check the swimming area for varying depth, currents, holes, rocks, or other dangerous conditions.
- **Lifeguard on Duty.** Swim where lifeguards are on duty.
- **Lookout.** Station an adult on shore where he or she can see and hear everything in all areas.
- **Ability Groups.** Divide into groups non-swimmers, beginners, and swimmers. Mark off areas in the swimming area for the different swimming ability groups.
- **Buddy System.** Pair each boy with another boy in his ability group. They must stay together the entire time they are swimming.
- **Discipline.** Insist upon strict but fair discipline.

*For a more complete description of Safe Swim Defense, see the Cub Scout Leader Book, No. 33221, or Safe Swim Defense Pamphlet, No. 34370.*

*Excerpt from Cub Scout Academics & Sports Prog Guide*

### Water Games to satisfy Swimming Belt Loop requirement

**Marco Polo** is like blind man's bluff. It can be played with any number of people in the water. Marco is "it." Marco closes his eyes, counts to 10 and calls, "Marco." All of the other players must answer, "polo." Players are allowed to move. Marco can call out, "Marco" whenever he wishes, to try to locate the others. When Marco tags a player, that player becomes the new Marco.

More water games can be found at:

- [www.ehow.com/how\\_2324761\\_play-fun-water-games.html](http://www.ehow.com/how_2324761_play-fun-water-games.html)
- <http://fun.familyeducation.com/games/outdoor-games/45761.html>
- [www.funandgames.org/games/GameSwim.htm](http://www.funandgames.org/games/GameSwim.htm)



### Swimming Pin requirement 7

#### Water Rescue Methods

*Cub Scouts only do the first 2 water rescue methods, but they need to be aware of all 4:*

1. **REACH** with whatever is available or at hand.
2. **THROW** a line, a buoy, or a floating object to provide support.
3. **ROW** in a watercraft to the victim. A rowing rescue requires a minimum of 1 person to retrieve the victim & 1 person to handle the boat. Any person in the boat must wear a PFD (personal floatation device).
4. **GO** with support. Those who "go" to the victim & make a swimming rescue must be trained in swimming and lifesaving. In the rare instance when a swimming rescue is tried, the rescuer takes with him something that can be used for floatation or extended to the victim to avoid direct contact.

**No Cub Scout should ever put himself in danger or at risk. If reaching & throwing don't work, Get help!**



### Swimming Jokes

**Why can male elephants swim whenever they want?**

*They always have trunks with them!*

**What do you get if you cross a fish with an elephant?**

*Swimming trunks!*

**What race is never run?**

*A swimming race.*

**What kind of stroke can you use on toast?**

*BUTTER-fly!*

**Why did the girl have problems swimming?**

*She didn't have boy-ancy! (Buoyancy)*

**Why did the teacher jump into the water?**

*She wanted to test the water!*

**Did you hear about the slow swimmer?**

*He could only do the crawl.*

**Where do ghosts like to go swimming?**

*Lake Eerie (also, the Dead Sea).*

**What kind of exercises are best for a swimmer?**

*Pool-ups!*

**Where do Cars go Swimming?**

*In a carpool.*

*For more Swimming Jokes -*

[http://www.tenbychaseswimclub.org/Swim\\_jokes.htm](http://www.tenbychaseswimclub.org/Swim_jokes.htm)

**Make a boat snack like one of these:**



**Boats**

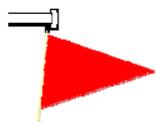
**Meeting #M:**

**Elective 5 Requirements**

- Help an adult rig & sail a real boat. (Wear your PFD.)
- Help an adult repair a real boat or canoe.
- Know the flag signals for storm warnings.
- Help an adult repair a boat dock.
- With an adult on board, & both wearing PFDs, row a boat around a 100-yard course that has 2 turns. Demonstrate forward strokes, turns to both sides, & backstrokes.

**Weather Warning Signals**

The United State Weather Bureau adopted a system of maritime weather warning flags in the early twentieth century. Originally, combinations of red pennants, white pennants, & red flags with black square centers were used to warn mariners that a storm was coming from a particular direction. In 1958, the present system of signals indicating the strength rather than the direction of the storm was introduced.



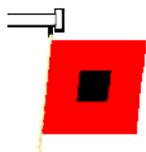
**Small Craft Warning**

The small craft warning indicates a forecast of high winds up to 33 knots (38 mph).



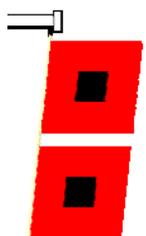
**Gale Warning**

Winds predicted between 34 & 47 knots (39 to 54 mph).



**Storm Warning**

a "whole gale" warning, this signifies winds of 48 knots or more, or 48 to 63 knots (55 to 73 mph) in the case of a tropical cyclone.



**Hurricane Warning**

A tropical

**Cubs in shining armor**

craft & game ideas can be found on the following sites:

[http://party.kaboose.com/A\\_Knights\\_Banquet\\_and\\_Tournament\\_Party3.html](http://party.kaboose.com/A_Knights_Banquet_and_Tournament_Party3.html)

<http://www.busybeekidscrafts.com/Medieval-Fantasy-Crafts.html>

**WEBELOS DENS**

Joe Trovato,  
 WEBELOS RT Break Out Coordinator  
 Westchester-Putnam Council  
 Have a question or comment for Joe??

Write him at  
[madyson54@hotmail.com](mailto:madyson54@hotmail.com)



**Core Value for July**  
**Courage**



*Courage: Doing what is right regardless of how hard it is or what the consequences are.*

*"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."*

— Winston Churchill (1874-1965)

Sir Winston Leonard Spencer-Churchill, was a British politician who served as Prime Minister of the United Kingdom from 1940 to 1945, and again from 1951 to 1955. A noted statesman, orator and strategist, Churchill was also an officer in the British Army. A prolific author, he won the Nobel Prize in Literature in 1953 for his own historical writings, "for his mastery of historical and biographical description as well as for brilliant oratory in defending exalted human values."

The core value of *Courage* is often misunderstood to encompass the opposite of fear. To overcome the fear of doing an activity certainly takes courage; however, courage is much more than that. It may take courage not to do something – standing up to peer pressure certainly is one example that applies to your Webelos scouts. For some, peer pressure can be overwhelming. Including activities in your den meetings such as role play may help the scouts understand that real courage is not only the ability to overcome fear or danger, but also to do what is right in the face of injustice.

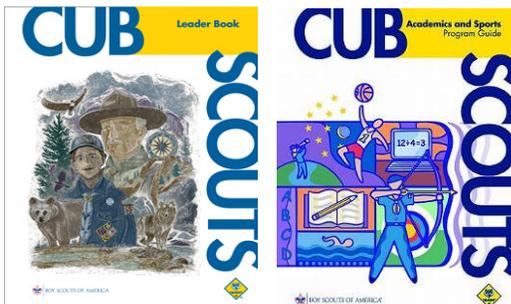
New Webelos will be anxious to learn new skills. Some may feel overwhelmed by them. Help them understand that it takes courage to keep at something, though they might not readily get it, and to work at a skill until it is mastered. With July at hand and outdoors the place to be, consider challenging them to learn appropriate camping techniques. Perhaps visit a Boy Scout summer camp in your area to get the scouts ready for Boy Scout camping after they bridge next year.

**Courage Activities**



- Arrange for a safe visit to a food kitchen or homeless shelter and talk about how it takes courage to ask for help from others and courage to help those who are different than we are.
- Visit a dentist’s office. Many people are afraid of dentists.
- Visit with a firefighter, or EMT. Speak to him or her about the courage needed to do their jobs.
- Have a story-sharing hour around the campfire where adults share their experiences of being afraid or uncertain, and how they handled it. Plan a camp at military installation

**Book Corner**



From the *Cub Scout Leader Book* (page 4-4):

**Some Practical Applications for Courage:**

- Tell the truth despite the consequences.
- Admit mistakes when you make them.

- Apologize for mistakes and wrongdoing.
- Accept the consequences of your actions.
- Stand up for people who are less fortunate than you.
- Stand up for the beliefs of your faith or religion.
- Resist peer pressure to do the wrong thing.
- Stand up for your beliefs about what is right and wrong.

**Academic and Sports Program**



Keep the Academic and Sports Program as part of your den meeting planning and demonstrating that it takes courage to learn something new. Working on outdoor belt loops and pins certainly lend themselves to a July day or evening. On the Academics side, pick one or more of Astronomy, Geology, Map & Compass, Weather or Wildlife Conservation. Sports provides a multitude of outdoor option, but why not focus on those that may translate to Boy Scout merit badges, such as Hiking and Swimming.

Information on the requirements for the various sports belt loops and pins can be found on-line at

- [http://www.scoutstuff.org/BSASupply/images/pdfs/34299\\_07\\_CS\\_SA\\_Guide.pdf](http://www.scoutstuff.org/BSASupply/images/pdfs/34299_07_CS_SA_Guide.pdf) and
- <http://www.scouting.org/scoutsources/CubScouts/Cub%20Scouts/UniformsAndAwards/sanda.aspx>

**The Webelos Scout Denner**

<http://meritbadge.org/wiki/index.php/Denner>

*Cub Scout Leader Book* (page 20-7)



The **Denner** and **Assistant Denner** are the most important youth leadership positions in Webelos Scouts. A denner is a Webelos Scout who is elected to be the temporary youth leader of his den, usually one or two months.

The den leader and den chief determine his responsibilities. Duties might include helping to set up the den meeting place and cleanup; helping with games, ceremonies, tricks, and puzzles; leading a song; or acting as den cheerleader.

The Webelos denner should be given meaningful responsibilities and recognition to help him learn how to be a leader, so all boys will look forward to their turn as denner. (The short term of office is to give all boys the opportunity to serve.) The denner wears a shoulder cord on the left shoulder.

The **Assistant Denner** is a den member elected by the den for a term of office that coincides with the denner’s term. He

helps the denner and usually becomes denner for the next term.

The Denner position provides many important benefits to the boy and to the den:

- Each boy serves as Denner as a part of various rank requirements.
- Denners learn about leadership and responsibility first-hand.
- The Denner program helps give every boy a fair chance to lead.
- Each family shares equally in helping the den leader.
- The Denner position is preparing boys to be Patrol Leaders in Boy Scouts.
- Scouts and parents who are allowed to help are more like to stay in Scouts.
- Denners are recognized by being allowed to wear the Denners gold cords

### Meeting Planner



The scheduled monthly meeting plans for **First Year Webelos** ended with meeting 18. Your NEW first year Webelos (Bears this past year) should begin working towards their **Webelos Badge**, and rising second-year Webelos may begin completing requirements for earning the **Arrow of Light Award**.

In addition they should be attending Webelos resident camp or Cub Scout day camp to learn about and enjoy the outdoors, and to get ready for Boy Scout camp the summer after they bridge over. In fact, with summer here, you should ensure that your meetings help your den earn the **National Den Award**.

### National Den Award



To earn the National Den Award, a Cub Scout den must:

- A. Have at least 50 percent of the den's Tiger Cubs, Cub Scouts, or Webelos Scouts attend two den meetings and one pack meeting or activity each month of the year.
- B. Complete six of the following during the year:
  1. Use the denner system within the den.

2. In a Tiger Cub den, use shared leadership and rotate the boy/adult host team.
3. Have 50 percent of the den go on three field trips per year. A field trip may be used in place of a den meeting.
4. As a den, attend a Cub Scout day camp, Cub Scout or Webelos Scout resident camp, or a council family camping event with at least 50 percent of the den membership.
5. Conduct three den projects or activities leading to a Character Connections discussion.
6. As a den, participate in at least one of the Cub Scout Sports programs.
7. As a den, participate in at least one of the Cub Scout Academics programs.
8. Have 50 percent of the den participate in a den conservation/resource project.
9. Have 50 percent of the den participate in at least one den service project.

Once the requirements are completed as stated, the signed National Den Award application is sent to the local council service center where the ribbon can be obtained. You can obtain the application from your local council or on line at [www.scouting.org](http://www.scouting.org).

### Flag Ceremony for July



With Independence Day on July 4<sup>th</sup>, there are many references that may be used in a relevant flag ceremony. One significant symbol of our independence is the Liberty Bell. The following ceremony for July, highlights the Liberty Bell and used information found at <http://www.ushistory.org/libertybell/index.html>.

Follow your standard Color Guard process (for Den or Pack meeting. After the Cub Scout promise (or Boy Scout Law, and Oath, if this is a Webelos Den meeting) and before posting the U.S. Flag and reciting the Pledge of Allegiance, you should have three or four Webelos Scouts come up and read portions of the following tribute to the Liberty Bell:

*SCOUT #1:* After the Civil War, Americans sought a symbol of unity. The flag became one such symbol, and the Liberty Bell another.

*SCOUT #2:* To help heal the wounds of the war, the Liberty Bell would travel across the country. Starting in the 1880s, the Bell traveled to cities throughout the land "proclaiming liberty" and inspiring the cause of freedom.

*SCOUT #3:* Tradition tells us it was rung for the First Continental Congress in 1774, the Battle of Lexington and Concord in 1775 and on July 8, 1776, when it summoned the

citizenry for the reading of the Declaration of Independence produced by the Second Continental Congress.

*SCOUT #4:* To this day, oppressed groups come to Philadelphia to stand at the Liberty Bell, proclaiming their call for liberty and justice. Please join me in reciting the Pledge of Allegiance.

**Den Meeting Helpers  
WEBELOS**



**Outdoorsman  
(required for Arrow of Light)**

With the summer here, outdoors is the place to be. One thing all cub scouts and especially WEBELOS love to do is eat! What better way to get them going is to have a WEBELOS overnighiter and have your scouts cook some of their meals! Planning an overnighiter is easy with the help of other adults. The following checklist can help you be organized:

**Webelos Leader Overnight Checklist**

Our Webelos den is going camping on \_\_\_\_\_ at \_\_\_\_\_.

We will meet at \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ at \_\_\_\_\_.

We will return there at \_\_\_\_\_ on \_\_\_\_\_.

- Tents will be furnished.  Bring your own shelter.
- Cooking equipment will be furnished  Bring your own cooking equipment.

A full Webelos Scout uniform is required for the campout. Sturdy shoes that are suitable for hiking will be useful. During the campout we will be working on requirements for the following activity badge(s):

- Forester  Geologist  Naturalist  Outdoorsman

REMIND SCOUTS: The related material in the Webelos Scout Book should be read and carefully studied in advance.

Bring your Webelos Scout Book to camp. Provide scouts with equipment checklist.

The following is a list of equipment that would be useful on the campout. Pick the ones you want to give your scouts copy them to a sheet and then give out with the following direstions:

“Check off each item in pencil as you lay out your equipment pack”

**Camping Equipment**

- Tent or tarp, poles, and stakes
- Waterproof ground cloth or plastic sheet
- Sleeping bag, pillow, air mattress or pad
- Cup, bowl, plate, knife, fork, spoon, mesh bag
- Clothesline

**Clothes Bag**

- Webelos Scout uniform
- Poncho or raincoat
- Warm jacket or coat
- Pajamas or sweatshirt, sweatpants
- Underwear
- Durable shoes, shoe laces
- Hat or cap
- Gloves
- Extra socks, shoes, other extra clothing

**Toilet Kit**

- Toothpaste, toothbrush, comb
- Washcloth, towel
- Soap in container
- Toilet paper
- Extra plastic bag or container

**First Aid**

- First aid kit
- Water bottle
- Flashlight, bulb, batteries
- Sunscreen
- Insect repellent
- Whistle
- Webelos Scout Book
- Safety pins

**Extras**

- Camera
- Binoculars
- Sunglasses
- Notebook and pencil
- Nature books

**Program Options**

- Swimsuit, towel
- Fishing gear
- Work gloves

**PERSONAL EATING KIT**

Every Scout needs a personal eating kit when camping. Take an unbreakable plate and sturdy drinking cup. (In winter, use an insulated plastic mug to keep drinks and soup warm.) Keep your knife, fork, and spoon together by drilling a hole in the handle of each one (Adult should do this for the Scout). Run a string through and tie. Makes cleanup easier, too!

**Outdoor Cooking Hints**

- Pack charcoal in a paper egg carton and tie shut. When ready to use, just light the carton.
- For a wood fire, use candle pieces wrapped (like candy) in wax paper. Light the paper and the wax will keep it going long enough to ignite your kindling.
- Handy fire starters (never-fail) can be made by placing one charcoal briquette in each section of an egg carton (paper kind). Cover with melted wax. Tear apart and use.
- Handy fire starter. Save lint out of lint filter in clothes dryer.
- Place lint under kindling and use as tinder.
- Put a burger fresh from the grill into the bun and place in a plastic bag for about a minute. The bun will be steamed warm.
- Let a pan or bucket of water heat on the fire while you eat and your dish water will be ready when you are.
- Melted paraffin, applied inside and outside a cooler leak will seal it.
- A bar of soap will stay clean on a cookout if kept in the end of an old stocking and hung in a tree.
- For safety, always keep a bucket of water nearby when cooking outside.
- When camping, choose foods that keep well with little or no refrigeration. Check out instant and dehydrated foods.
- Cool the ice chest before you fill it. The ice will last much longer.

- Cans of frozen juice help keep other foods cold when packing your ice chest.
- Freeze fresh meat before putting in cooler. It will last longer and also help keep other foods cold. Even make hamburger patties and freeze with double paper between each.
- Give yourself plenty of time to start a fire and wait for wood or briquettes to be ready.
- Brush grates of a grill with oil to prevent meat from sticking.
- Don't forget to rub the outside of metal pans with liquid detergent - it sure helps when it comes time to clean up.

**Foil Cooking**

If your Webelos Scouts are new to cooking, or even if they are experienced, oil cooking on charcoal is a great and easy way to get them cooking their own food. Here are helpers and recipes to try.

**Foil Cooking Hints**

Use two layers of light-weight, or one layer of heavy duty aluminum foil. Foil should be large enough to go around food and allow for crimping the edges in a tight seal. This will keep the juices and steam in. This wrap is known as the "drugstore" wrap.

**Drugstore Wrap**

Use heavy foil three times the width of the food. Fold over and roll up the leading edges. Then roll sides for a steam proof seal.

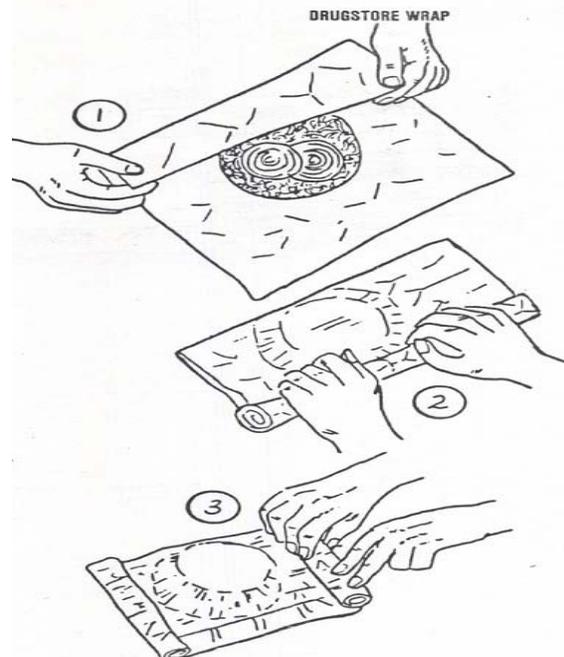
A shallow bed of glowing coals that will last the length of cooking time is necessary.

**Cooking Times:**

Hamburger: 8-12 minutes, Carrots: 15-20 minutes

Chicken pieces: 20-30 minutes, Whole Apples: 20-30 minutes

Hotdogs: 5-10 minutes, Sliced potatoes 10-15 minutes



### Foil Recipes

#### Aluminum Eggs (Foil Breakfast)

- Sausage
- Egg
- Hash brown potatoes
- Salt, pepper and spices to taste

Place potatoes, scrambled egg (doesn't need to be cooked) sausage patty and spices in foil. Wrap securely. Place on coals for 15 minutes.

#### Hobo Stew

- Hamburger Patties
- Carrots - sliced
- Onions - diced
- Potatoes - cubed
- Salt and Pepper

Break patty into pieces~ add carrots, onion and potatoes to taste.

Roll in foil and put on hot coals. 25 - 30 minutes, turn two or three times.

#### Chicken and Rice

- Chicken
- Instant Rice
- Cream of mushroom soup

Combine a can of soup with an equal amount of rice. Then put a scoop of the rice/soup with a piece of chicken in the center of the foil. Wrap securely and place on hot coals. Cook about 30 minutes over hot coals, turning twice during cooking.

#### Cooking Rules for Cub Scouts

1. Wash your hands
2. Put on a clean apron.
3. Read the recipe carefully.
4. Assemble the utensils needed.
5. Assemble the ingredients needed.
6. Read the recipe again and follow the directions carefully.
7. After cooking, wash the utensils in hot, soapy water and rinse well.
8. Put everything back in its place.
9. Clean you working and cooking area. Leave it neat and clean.
10. Don't use fires or grill without your parents' or leaders' permission.

## ARROW OF LIGHT



In addition to working on **Family Member** over the summer and getting a head start on **Aquanaut**, you should focus on those Arrow of Light requirements that should be repeated at every meeting. Paramount is that your Webelos know the Scout Law and Oath as well as the other requirements for becoming a Boy Scout. Specifically:

- Repeat from memory and explain in your own words the Scout Oath or Promise and the 12 points of the Scout Law. Tell how you have practiced them in your everyday life.
- Give and explain the Scout motto, slogan, sign, salute, and handshake.
- Understand the significance of the First Class Scout badge. Describe its parts and tell what each stands for.
- Tell how a Boy Scout uniform is different from a Webelos Scout uniform.
- Tie the joining knot (square knot).

Here are some of the requirements that may be helpful.

#### *Complete the Honesty Character Connection*

- Know:** Say the Cub Scout Promise to your family. Discuss these questions with them. What is a promise? What does it mean to keep your word? What does it mean to be trustworthy? What does honesty mean?
- Commit:** Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to be truthful? List examples.
- Practice:** Discuss with a family member why it is important to be trustworthy and honest. How can you do your best to be honest even when it is difficult?

#### *The Meaning of the Scout Oath*



#### **ON MY HONOR, I WILL DO MY BEST**

When you say "On my honor," that's like saying "I promise." It also means you are the kind of person who always tries to do what is right and you can be trusted to keep this promise.

No one can take your honor from you, but you can throw it away by breaking your promise and doing what you know is wrong.

Notice that the Scout Oath has three basic parts. Let's look at what they mean.

### TO DO MY DUTY TO GOD AND MY COUNTRY AND TO OBEY THE SCOUT LAW

Your family and religious leaders teach you to know and serve God. By following these teachings, you do your duty to God.

Men and women of the past worked to make America great, and many gave their lives for their country. By being a good family member and a good citizen, by working for your country's good and obeying its laws, you do your duty to your country.

Obedying the Scout Law means living by its 12 points.

### TO HELP OTHER PEOPLE AT ALL TIMES

Many people need help. A cheery smile and a helping hand make life easier for others. By doing a Good Turn daily and helping when you're needed, you prove yourself a Scout and do your part to make this a better world.

### TO KEEP MYSELF PHYSICALLY STRONG, MENTALLY AWAKE, AND MORALLY STRAIGHT

*Keeping yourself physically strong* means taking good care of your body. Eat the right foods and build your strength. *Staying mentally awake* means learn all you can, be curious, and ask questions. *Being morally straight* means to live your life with honesty, to be clean in your speech and actions, and to be a person of strong character.

#### *The Boy Scout Uniform*



The basic Boy Scout uniform has tan shirt and khaki pants. The shirt may have either short or long sleeves. For summer wear you may wear uniform shorts.

Your hat will be chosen by the troop. It may be a baseball-style cap or a broad-brim campaign hat.

Every troop has its own neckerchief. Yours will be the one chosen by your new troop.

Some of the insignia on your Boy Scout shirt are like those on your Webelos uniform. But on your right sleeve, you will wear your patrol emblem. On your left shirt pocket, you will wear the highest Boy Scout rank you have earned (not all ranks, as in Cub Scouts).

Your Arrow of Light Award goes at the bottom of this pocket. You will wear green epaulets.

#### *The Scout Badge*



When we speak of the Scout badge, we mean the badge of the First Class Boy Scout. It is shown here.

- The three-point design of the top half of the badge is like the north point of the old sailor's compass.
- The main part of the badge shows that a Scout is able to point the right way in life as truly as the compass points it in the field.
- The three points, like the three fingers in the Scout sign, stand for the three parts of the Scout Oath to which a boy pledges himself as a Boy Scout.
- The stars symbolize the ideals of truth and knowledge of the Scouting movement. They guide you by night and suggest a Scout's outdoor life.
- The eagle with the shield is the national emblem of the United States of America. It stands for freedom and readiness to defend that freedom.
- The scroll with the Scout motto is turned up at the ends to suggest the corners of a Scout's mouth raised in a smile as he does his duty.
- The knot attached to the bottom of the scroll is to remind you that, as a Boy Scout, you promise to do a Good Turn for someone every day.

## ADDITIONAL ADVANCEMENT IDEAS

*Alice, Golden Empire Council*

*These are additional ideas. Maybe your Cubs did some advancement in camp and you got to skip a section. Maybe your den is above average and streaking through the program. Maybe you want some ideas to tie into the Core Value of the month. Maybe your presenter or field trip for that week fell through and you need a Plan B. Here are ideas you can use!!*  
**CD and Alice**

The suggested Achievement, Elective and Activity Pin requirements listed here not only fulfill advancements, but reflect the Core Value for July – Courage. BSA has a number of **Lifesaving and Meritorious Awards**, which recognize conduct exhibiting courage and daring, skill and self-sacrifice. Moral courage is also required in earning **Religious Awards** – especially when dealing with peer pressure to “follow the crowd.” Also, learning or reviewing the steps for **Hug A Tree and Survive** can help a scout act with courage if they ever do become lost. Courage is sometimes needed when learning any

new skill, especially if demonstrating or performing in front of other people.

### Tiger Achievements

**Ach. 2G** – Visit a Police or Fire Station. Ask someone there how he or she helps people. Ask them what they think about courage and if they have any stories of courage to share.

**Ach. #3F, part a** – With your family, plan and practice a fire drill in your home – it will make it easier to have courage if you ever need to actually have a fire.

**Ach. #3F, part b** – With your adult partner, plan what to do if you become lost or separated from your family in a strange place – learn how to do the steps of Hug A Tree and Survive so you will have the courage to do the right thing if you ever do become lost.

### Tiger Electives

**Elect. #1** - Think of a time when your family celebrated something, and tell the den about it and how it made you feel. See if your family has a story of courage that might be celebrated during a family birthday or patriotic celebration.

**Elect. #8** - Invite a religious leader from your place of worship to your home or to your den meeting – ask them to share a story of religious or moral courage.

**Elect. #9** – Help a new boy or girl get to know other people – it can take courage to greet someone new and introduce them to others, especially if your friends might want to ignore them.

**Elect. #10** – Along with your adult partner, help an elderly or shut-in person with a chore. Even if you are a little afraid of them, or have heard scary stories about them, have the courage to give service.

**Elect. #12** - Make at least two cards or decorations and take them to a hospital or long-term care facility. Be friendly and kind, even if you are uncomfortable or not used to being in that kind of place.

**Elect. #18** – Learn how to sew on a button – it can take courage to learn a skill that your friends may think only girls do.

**Elect. #27** - Talk to your adult partner about what to do if these things happened and how you can show courage:

The adult who is caring for you becomes ill.

You are alone with someone who makes you feel uncomfortable.

**Elect. #40** - Together with an adult partner, go swimming or take part in an activity on water. Sometimes it takes courage to go swimming or be in or on the water – or to learn to swim if the water scares you.

**Elect. #47** – Learn about what you can recycle in your community, especially things that need to be recycled in special ways. Learn about the courage of Tom Whittaker and how he recycled trash he found on Mt. Everest.

**Elect. #49** - Visit a government office such as the mayor's office, the state capitol building, or a courthouse – and have the courage to ask some questions so you can learn more.

### Wolf Achievements

**Ach. #1c, d, e or h** – Do a front roll, a back roll and a falling forward roll; using a basic swim stroke, swim 25 feet. It can be scary to do something physical when you are afraid of

falling or getting hurt – or when it looks like a long way to swim - so remember that Cub Scouts can have courage to try new things.

**Ach. #4b, #4c** - Tell what to do if someone comes to the door and wants to come in; Tell what to do if someone calls on the phone. Remember it takes courage to remember the best thing to do in some situations.

**Ach. #12a –12k** – Do the requirements for the Courage Character Connection. Then do at least the four required activities as you decide how you would make the right choices when faced with difficult situations.

### Wolf Electives

**Elect. #2a, d** – Help to put on a play or skit using costumes; Be the announcer for a skit. If you are shy, or not used to performing in front of people, it can take courage to do it.

**Elect. #7a** – Learn to walk on a pair of stilts – it might take courage if they seem too high!

**Elect. #16a, b** – Talk with your family about what you will do in an emergency; In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water and show one way; Know where and how to shut off water, electricity, gas or oil. Talk about why you might have to show courage in a real emergency, and practice so you will remember what to do.

**Elect. #21b** – Explain what a computer program does and use a program to write a report about someone who showed courage.

**Elect. #22c** – Tell a short story to an adult, your leader or your den. Sometimes it takes courage to do this, but the more you do it, the easier it will be for you to talk in front of other people.

**Elect. #23b, c** – Explain the basics of how to take care of yourself in the outdoors; Tell what to do if you get lost. (Learn about how to “Hug a Tree and Survive” – if you know what to do, it is easier to have the courage to do the right thing, especially if you are lost.

### Bear Achievements

**Ach. #1, 2** – Whether practicing your faith or working on the Religious Award, it can take real courage to do the right thing, especially if other people make fun of you – but have courage to do your best and make good choices.

**Ach. #6a** – In honor of Tom Whittaker and his courage on Mt. Everest, and his hauling over 1,000 pounds of trash down the mountain, save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center and donate the proceeds, or use your community recycling service.

**Ach. #6c** – Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away. It can take courage to make this kind of call – but make a list of questions before you start so you don't get confused.

**Ach. #11g** – Complete the Character Connection for Courage by doing all three steps. All of the requirements for Ach. 11- Be Ready are also activities that would require courage to complete.

**Ach. #12b** – The suggestions for what to do if lost or how to prepare also would require courage to fulfill – and fit with the Hug A Tree and Survive program.

**Ach. #14b** – Learning to ride a bike can require courage if a boy hasn't learned previously.

**Ach. #17a**– With an adult in your family, choose a TV show and watch it together. Look for a documentary about someone who has shown courage, such as a local or national hero. Talk about how they showed courage.

**Ach. #17d** – Use a computer to get information about a person who has shown courage, such as Lewis & Clark – Write, spell check, proofread and print out a report on what you learned.

**Ach. #22b** – If you don't feel comfortable doing knots, it can take courage to learn to tie a square knot, bowline, sheet bend, two half hitches and slip knot – tell how each is used.

**Ach. #24a, c** – It can take some courage to help a new boy through the Bobcat trail or to plan and conduct a den activity with the approval of your den leader.

**Ach. #24e** – It definitely takes courage to make a choice on how to do something when not everybody likes your choice – go over the hard choices and decide what you would do.

### Bear Electives

**Elect. #6b** – For someone who has a fear of flying, or who hasn't ever flown, it can take courage to ride in a commercial airplane.

**Elect. #8c** – If you are a little shy, it can take courage to play in a den band using homemade or regular instruments, and to play at a pack meeting.

**Elect. #13** – It can take courage to show magic tricks, especially to put on a magic show for someone with your den. Lots of practice will make you feel more sure of yourself – and check out the ideas for what to say in last month's Baloo. Then you'll be prepared in case a trick doesn't work perfectly.

**Elect. #19** – Any of the requirements for Swimming can require courage, especially if you are unsure of yourself in the water. Remember never to swim alone, and get some lessons to help you feel more comfortable in the water.

**Elect. #21a** – It can take courage to take part in a council or pack- sponsored money earning sales program. Learn all you can about the product and practice how to make a sale with a parent.

**Elect. #25b** – Learn all about the Buddy system and why it's important to follow it. Tell what to do if lost – knowing what to do, and how to follow Hug A Tree and Survive, will help you to have courage if you ever do get lost.

### Webelos Activity Pins

**Aquonaut** – It can take courage to do any of the requirements, especially if you are not comfortable in the water. It can also take courage to do Requirement #7 – even if you know how to swim, passing the BSA "Swimmer" test can be hard to do and may require courage, especially if others are watching. Practice the skills with a parent or leader, or take swim lessons to improve your skills.

**Citizen #11** – Write a short story about a former US President or other great American. Include examples of his or her

morale or physical courage. Give a report on this to your Webelos den.

**Communicator #2** – It can take courage to prepare and give a three minute talk to your den.

**Fitness #8** – Read the booklet *Take a Stand Against Drugs!* Discuss it with an adult and show that you understand the material. If you find yourself in a situation where drugs are involved, it will take courage to stand up and do the right thing.

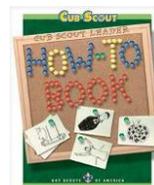
**Outdoorsman #3, #9** – With your parent or guardian, take part in a Webelos den overnighter; or discuss with your den leader the things you need to take on a hike before doing a 3 mile hike. Learn or review the steps of Hug A Tree and Survive so you will be able to show courage if you ever do become lost.

**Readyman #1** – Complete the requirements for the Courage Character Connection. Do the Know, Commit and Practice steps so you will be prepared to act with courage in an emergency. Also, any of the requirements of Readyman may require courage to use in an emergency.



## MORE GAMES AND ACTIVITIES

Wendy, Chief Seattle Council



Want to check something in the "How-To Book," and your copy is not available?? Want to copy something quick to use at a meeting?? You can find the "How-To Book" at this address on **National's Web Site** - [http://www.scouting.org/filestore/hispanic/english/33832\\_WEB.pdf](http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf)

## CUB GRUB

### Edible Knight's Swords

Alice, Golden Empire Council

This one is simple, good to eat, and fits the theme. Just provide large skewers and seasonal fruit. Boys can make their own swords and then eat them! If you really want to follow the theme, use fruit leather strips to make a "hilt" for your edible sword!

**Dragon Cake**

*Alice, Golden Empire Council*



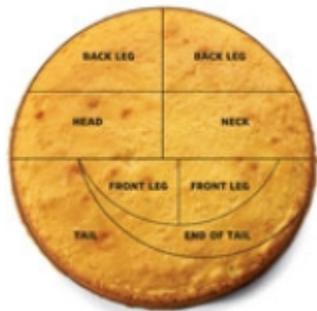
This delightful cake recipe from Family Fun Magazine is sure to be a hit at your Medieval celebration or for anyone who loves friendly dragons! You will need: 2 9-inch round cakes, baked according to the package directions

- 2 16-ounce cans of white frosting, tinted green with food coloring
- 9 chocolate-covered graham crackers
- 12 orange gumdrop slices
- 1 marshmallow
- 2 chocolate chips
- 2 green gumdrop slices
- 2 Hershey's Kisses®
- Marker cap
- 2 pieces of fruit leather (we found that Fruit Roll-Ups® work best)
- 2 (10-inch) bamboo skewers
- 2 toothpicks

**Directions:**



To form the dragon's body, cut one cake in half. Spread a thin layer of frosting on the bottom of one half. Place the pieces cut side down and gently press them together as shown above.



Cut the second cake using the diagram above as a guide (the pieces don't have to be exact). Assemble those pieces as shown above and frost the cake.

To create the pointy spinal ridge, use a serrated knife to gently cut the graham crackers in half diagonally. Push them into the frosting along the dragon's back, cutting a few smaller triangles for the end of the tail.

Claws: place 3 orange gumdrop slices in front of each leg.

Eyes: Cut the marshmallow in half. For pupils, poke a hole in the center of each marshmallow slice with a toothpick, then press a chocolate chip into each hole. Gently press the marshmallows in place on top of the dragon's head. For each brow, poke a toothpick into a green gumdrop slice and stick it into the cake just behind an eye.

Nostrils: place the Hershey's Kisses® point-side in on the end of the dragon's snout.

Scales: use a clean marker cap as a stamp and press half of it into the frosting.



To make each wing, trim a 1-1/2-inch piece off a corner of a Fruit Roll-Up®, as shown at right (cutting off the corner keeps the wings from looking too bulky). Beginning at that edge, roll the Roll-Up partway onto a skewer and press to secure it. With scissors, make scalloped edges. Because the wings are heavy and can sag over time, don't insert them in the dragon's body until right before serving

**Cub Grub Cookbook**

This is a really great cookbook for Cubs -

<http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> -

You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

**Pretzel Sparklers for July 4<sup>th</sup>**

*Alice, Golden Empire Council*

Give children long pretzel sticks. Have them dip the top part of the stick into melted white chocolate. Then, let them add red and blue sprinkles or other miniature candies on top of the melted chocolate.

**Watermelon on a Stick**

*2010-2011 CS RT Planning Guide*

**Ingredients and materials:**

- ✓ Watermelon pieces, seedless
- ✓ Orange juice
- ✓ Water
- ✓ Paper cups
- ✓ Clean craft sticks or candy-making sticks (short sticks work best)
- ★ Mix in a blender, one cup each of seedless watermelon pieces, orange juice, and water.
- ★ Pour into paper cups and place in a freezer.
- ★ Insert craft sticks when partially frozen, If your stick doesn't remain standing, you can cover the paper cup with foil and poke a small hole to insert the stick through the foil
- ★ When completely frozen, remove the treat from the cup and enjoy!

*Note: Be aware of food allergies and diet restrictions,*

**Fruit Sparklers for July 4<sup>th</sup>***Alice, Golden Empire Council*

Alternate blueberries, strawberries, bananas, cherries, and large marshmallows to make a red, white, and blue pattern onto wooden skewers. **Note:** When finished skewering fruit, break off sharp tips to prevent injury.

**Red, White & Blue for Courage***Alice, Golden Empire Council*

Let each boy make an individual "Salute" snack to enjoy – (this is an easier variation of the Program Helps idea) You will need: Graham Crackers, White icing, Blue sprinkles, Red rope licorice, White chocolate chips.

Each boy gets a graham cracker and craft stick or small knife to spread white icing on the cracker.

Have each boy mark off the square for the blue using the edge of a craft stick or knife. Now he can carefully drop blue sprinkles on the square.

Cut red licorice into thin strips and short pieces, and let each boy add the "stripes" to his flag.

If you have them, white chocolate chips can be used to make some stars.

While the boys enjoy eating their treat, remind them of the symbolism of the flag: 50 stars = 50 states; white = purity; blue = justice and fairness; and red = courage. Remind them that these are some of the same qualities that help make a hero.

*A larger version, I'm sure you've seen before, uses a sheet cake, rows of banana slices and strawberries, and blueberries. Just be sure to dip the banana in citric acid or pineapple juice so it doesn't turn brown!*

**Red, White, & Blue drinks:***Wendy, Chief Seattle Council*

With a steady hand and some colorful drinks, you can create a tasty, multilayered concoction. The secret is in selecting liquids with varying amounts of sugar, since those that contain more (such as soda) are denser than those with less (such as diet drinks). And that makes it possible to actually stack one on top of another (for a little while, anyway -- then they'll start to blend). Here's how to serve up a thirst quencher with two, three, or even more layers. Our recipe is for a red, white, and blue version for your Fourth of July celebrations. See how your favorite beverages literally stack up!

Check it out at -

<http://familyfun.go.com/4th-of-july/4th-of-july-recipes/4th-of-july-cold-drinks/patriotic-drink-686812/>

**Lewis & Clark Treats***Alice, Golden Empire Council*

Want to experience some of the food that Lewis & Clark, John Muir and other courageous explorers have eaten? Prepare or purchase jerky, dried fruit, hardtack or make trail mix. Enjoy your treat on a den or pack hike. If you want to do as John Muir did, take white bread and squish it into little balls – Muir often lived on dried bread, tea and fruits and nuts that he gathered on the trail.

**Transformer Fruit Snacks***Alice, Golden Empire Council*

Easiest of all – just pass out Transformer fruit snacks - **but be sure you have talked about what is required to "transform" yourself into a hero –someone who shows courage and stands up for the right!**

**FAMILY COOKING EVENT***Sam Houston Area Council*

Tiger Elective 24,25, Wolf Achievement 8e,  
Bear 9g, Webelos Outdoorsman

**Baloo's Bugle, Volume 12, Number 12, Aug. 2006**

Cub Scouts will plan, prepare, and cook an outdoor meal for their families for this den meeting.

**Foil Dinner Meals***Sam Houston Area Council*

*Always protect your hands when cooking foil packets— they're hot! And when opening the packets, beware of escaping steam, which can burn you.*

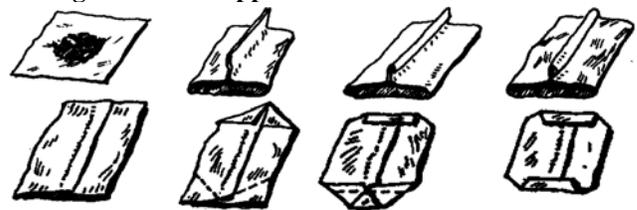
Foil dinners are meals that cook inside the pouch of a piece of heavy-duty aluminum foil. Place your food on aluminum foil, seal it by folding the top and sides, and place the foil onto hot coals. Here are two simple ideas:

**Traditional Hamburger Foil Dinner**

Place quantities of hamburger meat, sliced onion, potato, carrot, and other vegetables on a piece of foil. Season as desired with salt, pepper, and other spices. Seal the foil and place on coals for approximately 15 minutes on each side.

**Tuna Noodle Foil Dinner**

Place quantities of precooked pasta, grated cheese, and drained tuna in the middle of the foil. Seal it and place on coals for approximately 10 minutes to warm the ingredients.

**Folding the Foil Wrapper**

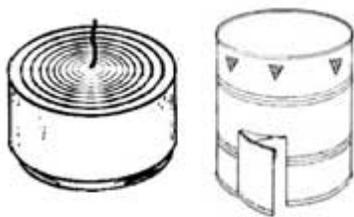
**Tin Can Cooking***Sam Houston Area Council*Wolf 5e, 8e, elective 8e, Bear 9g,  
Webelos Outdoorsman, Craftsman**Materials To make a stove and buddy burner:****Stove:**One No. 10 (one gallon) can,  
Tin snips,  
Kitchen can opener,  
Punch-type can opener,  
Pair of gardening gloves**Buddy Burner:**One tuna or cat food can,  
Rolled corrugated cardboard,  
Scissors to cut the cardboard,  
Paraffin wax**Damper:**Aluminum foil or tuna-can lid,  
Spring clothespin**Instructions:****To make the burner,**

- ☺ Cut the corrugated cardboard across the corrugation (so its holes show) into strips the same width as the height of the tuna can.
- ☺ Roll the cardboard to fit inside the can and place it there,
- ☺ Pour melted wax over the cardboard. Very carefully heat the wax in a double boiler.

**Caution:**

**NEVER heat wax directly over flames. If the wax does burst into flames, smother it with a lid or similar covering. DO NOT use water to extinguish the flames.**

The cardboard in the buddy burner serves as a wick. When it is lit the wax burns like a candle, providing heat for the stove. It will help when lighting the burner to hold the can on its side so the flames can spread across the surface of the cardboard more easily.



'Buddy Burners'-wax filled cardboard in a can

**For the stove,**

- ☺ First put on the gloves and then cut out one end of the No. 10 can with a kitchen can opener.
- ☺ With a pair of tin snips cut a door about three inches high and four inches wide on the side of the can at the open end.
- ☺ Leave the top or one side of the door attached and carefully bend the door open toward the closed end.
- ☺ Use caution because the edges are razor sharp. At the top of the stove (the closed end) punch two to three smoke holes into the side opposite the cut-out door. This will allow the smoke to escape out the back of the stove.

**Make a damper out of foil or the lid of a tuna can.**

- ☺ The damper is the key to tin can cooking because it gives you the ability to control the level of heat. The easiest way to make a damper is with the lid of the tuna can that was used for the buddy burner.
- ☺ Clip a spring clothespin to it for holding and protecting your fingers from both heat and cuts.
- ☺ Position the damper over the burner can, sliding it forward or backward, to expose more or less flame. By controlling the fire this way you can have low, medium, or high heat.
- ☺ Your stove is now complete and you're ready to cook.

**No-Bake American Flag Cake***Sam Houston Area Council*

*This easy no-bake flag dessert will be a hit at any celebration. Who wouldn't want fresh fruit over pound cake with Cool Whip Whipped Topping? You won't be able to wait to dig into the tasty layers.*

**Difficulty:** Moderately Easy**Things You'll Need**

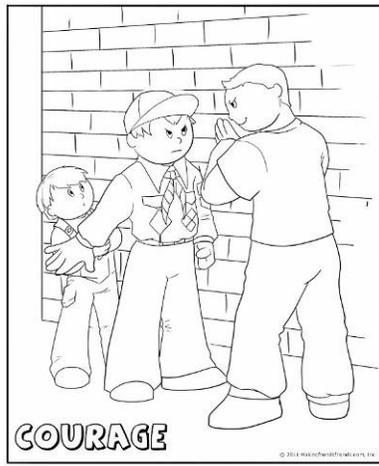
- 2 pints of fresh strawberries
- 1 ~ 12 ounce pound cake, cut into 16 slices
- 1 1/3 cups of blueberries
- 1 tub (12 oz) Cool Whip Topping, thawed

**Instructions**

1. Slice 1 cup of fresh strawberries and set aside for later use.
2. Cut remaining fresh strawberries in half and set aside for later use.
3. Line the bottom of a 12X8-inch glass baking dish with 8 slices of pound cake.
4. Top cake layers with 1 cup of fresh strawberry slices, 1 cup of blueberries and 1/2 of the Cool Whip Whipped Topping.
5. Place remaining pound cake slices over the Cool Whip whipped topping.
6. Spread remaining Cool Whip whipped topping over the pound cake.
7. Arrange fresh strawberry halves and remaining 1/3 cup of blueberries over the Cool Whip whipped topping to create a flag design. (Use strawberries to mark the stripes and the blueberries in a square to represent the stars).
8. Refrigerate until ready to serve. Serve with or without ice-cream.

## WEB SITES And Other Resources

Free Coloring pages for Core Themes:



I am brave and do what is right regardless of my fears, the difficulties, or the consequences.

This web site has coloring pages like this one for COURAGE for all 12 Cub Scout Core Values:

[http://www.makingfriends.com/color/cub\\_scout\\_coloring\\_pages.htm](http://www.makingfriends.com/color/cub_scout_coloring_pages.htm) Be sure to check it out!!

Also, check out their project & craft pages for Scouts [http://www.makingfriends.com/scouts/scouts\\_boys\\_all.htm](http://www.makingfriends.com/scouts/scouts_boys_all.htm)



Make things Out of Cardboard Boxes -

<http://www.ehow.com/make-out-of-cardboard-boxes>

### Great Salt Lake Council

<http://www.magickeys.com/books/lk/index.html>

<http://www.sandiegozoo.org/kids/crafts.html>

<http://www.kidscolorpages.com/knights.htm>

<http://www.dltk-kids.com/fantasy/crafts.html>

<http://www.kidsdomain.com/craft/hall-knight2.html>

<http://webtech.kennesaw.edu/jcheek3/castles.htm>

<http://yahooligans.yahoo.com/>

<http://www.caerleon.net/history/arthur/>

<http://www.schools.ash.org.au/elanorah/Med.htm>

**Society of Creative Anachronism** – Renaissance era and Knight Re-enactors [www.sca.org](http://www.sca.org)

### **Websites for Renaissance Faires -**

Texas Renaissance Festival, Plantersville, TX

<http://www.texrenfest.com/main.htm>

(There are at least four other Ren Faires in Texas)

Pennsylvania Renaissance Festival

<http://www.parenfaire.com/>

Maryland Renaissance Festival

<http://www.rennfest.com>

Then I found these sites that have lists of Renaissance Faires from all around the country. Some are one weekend events, some are like the Pennsylvania Faire that are every weekend for 10 weeks or so.

<http://www.verymerryseamstress.com/renaissancefares.htm>

<http://www.faires.com/>

<http://www.faire.net/SCRIBE/WebScribe.htm>

<http://www.renaissance-faire.com>

<http://www.renaissanceinfo.com>

[the periodical Renaissance Magazine](#)

So if you are not holding your own event, maybe you can go and see one of these.

### **Books**

- ★ Den & Pack Meeting Resource Guide;
- ★ Cub Scout How To Book;
- ★ Boys' Tiger, Wolf, Bear, Webelos Hand books;
- ★ Cub Scout Leader Book;
- ★ Cub Scout Ceremonies Book;
- ★ Family Fun Magazine.

**From Steve Leth**, Training Chair,  
White Horse District, Southern NJ Council

☺ [www.Scouting.org](http://www.Scouting.org) - The BSA's main website. (By the way - BSA.ORG is actually the Business Software Alliance, a trade group that campaigns against computer software piracy.)

☺ [www.ScoutStuff.org](http://www.ScoutStuff.org) - The BSA National Supply Division

☺ [www.snjscouting.org](http://www.snjscouting.org) - Southern New Jersey Council

☺ [www.USScouts.org](http://www.USScouts.org) - An independent treasure trove of Scouting information, including *Baloo's Bugle*.

☺ <http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> - Source for the *Cub Grub Cookbook*. You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

*Alice, Golden Empire Council*

- 📌 [www.heifer.org](http://www.heifer.org) international organization that connects givers with projects and initiatives all over the world. You can choose an area from a world map. In addition to providing heifers, the giver can also choose to give as little as \$10 for a share in a seedlings donation, \$20 for a flock of chicks, various "baskets" for \$60 and up; lots of different projects to choose from, as well as explanations of the value of each gift to the recipients. Information on how to start or support an urban garden.
- 📌 [www.usaweekend.com/diffday](http://www.usaweekend.com/diffday) website for a national day of service on the fourth weekend of October every year. Lots of ideas on how an individual, family, den or pack could participate. You can win funding, vacations and various prizes for participating.
- 📌 [www.redcross.org](http://www.redcross.org) go to volunteer services, then click on volunteer opportunities checklist; use the locator to look for opportunities for kids, youth in a given zip code.
- 📌 [The Points of Light Foundation](http://www.points.lightfoundation.org), the non-profit partner in USA WEEKEND's Make A Difference Day, is the nation's leader in promoting more effective volunteering and awareness of the importance of volunteering.
- 📌 <http://giving.clintonfoundation.org> links to all kinds of giving opportunities; click on resources to go to lists by category
- 📌 [Newman's Own](http://www.newman.org): Paul Newman, a Make A Difference Day judge and supporter, site also includes information on his summer camps for kids who have cancer and blood diseases.
- 📌 [America's Promise](http://www.americaspromise.org): Founded in Philadelphia, at the Presidents' Summit for America's Future, America's Promise aims to provide every at-risk child in America with access to all resources they need.
- 📌 [The Corporation for National Service](http://www.nationalcorps.org) oversees three national service initiatives: [Americorps](http://www.americorps.org) allows people of all ages to earn help paying for education in exchange for a year of service. [Learn and Serve America](http://www.learnandserve.org) supports teachers and community members who involve young people in service that relates to their school studies. [National Senior Service Corps](http://www.nationalseer.org) helps people age 55 and older find service opportunities related to their interests.
- 📌 [The National Assembly](http://www.nationalassembly.org): This is a great stop for anyone interested in human service as a career. Dedicated to youth development, their homepage includes a newsletter and the On-line Directory for over 2000 Internships in Youth Development.

- 📌 [Global Service Corps](http://www.globalservicecorps.org) invites you to address social inequities and environmental problems around the world. At the same time, you can experience learning and friendship through working with, and living in the homes and communities of Global Service Corps partners and hosts in Kenya, Costa Rica, Guatemala and Thailand. This experience is available through volunteer project trips as well as longer term volunteer opportunities.
- 📌 [Volunteers of America](http://www.volunteersofamerica.org) 49 community-based service organizations throughout the U.S. offer more than 160 different programs that help people including children, youth, the elderly, families in crisis, the homeless, people with disabilities or mental illness, and ex-offenders returning to society.
- 📌 The [Volunteers in Technical Assistance \(VITA\)](http://www.vita.org) is a not-for-profit private voluntary organization which was established by scientists and engineers to respond to technical inquiries from people in developing countries. VITA collects, refines, and disseminates information that helps to improve food production, minister health needs, increase productivity of businesses, generate higher incomes, and preserve natural resources.
- 📌 [Volunteermatch.org](http://www.volunteermatch.org) offers a variety of online services to support a community of nonprofit, volunteer and business leaders committed to civic engagement.
- 📌 [Ohio's Governor's Community Service Council](http://www.ohiogovernor.org) is Ohio's state office of volunteerism and community service.

#### **Journey to Excellence:**

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

#### **Games, Games, Games**

If you search the web for group games, you can get hundreds of listings. Here are a few that I have found:

[www.Boyscouttrail.com](http://www.Boyscouttrail.com)

They have a section for group games. You can search based on the age of the boys, the type of game, or by game name. They also have a listing of all the belt loops to help you play those games as well.

[www.Funandgames.org](http://www.Funandgames.org)

These games are geared toward kids. They have some of everything and are listed by categories. This site can help with group games as well as pre-openers. It is a database of games compiled by many people, so as you read the rules you can see different people's style of writing.

[www.Gameskidsplay.net](http://www.Gameskidsplay.net)

This site lists lots and lots of games. They have some in categories and others are just listed. They have a search engine as well. They are not listed by age so you will have to read the rules of the games to decide if they are right for your group. They do give variations for how to play many games.

[www.Funattic.com](http://www.Funattic.com)

This site offers free game ideas as well as sells things for games. It seems to focus on products for disabled children. I

haven't purchased anything from them, but the game listing is organized and easy to understand. They have a newsletter you can subscribe to as well as a monthly game to play.

[www.Macscouter.com](http://www.Macscouter.com)

This site has what it calls two volumes of games in a PDF format. The first volume is for younger scouts and the second for older scouts. It is easy to navigate and find the type of game you are looking for. They even have a listing of games called Scouting Games by Baden-Powell; great fun all year long. This site has other information for basic cub scouting, as well.

#### **Den & Pack Meeting Help:**

Baloo's Bugle: <http://usscouts.org/bbugle.asp>

Links to theme related publications:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/11/>

#### **Crafts, Games, & Activities:**

<http://familyfun.go.com/>

<http://www.dltk-kids.com/scouts/index.htm>

Crafts: [www.makingfriends.com](http://www.makingfriends.com)

Sports & Games:

<http://www.scoutingweb.com/scoutingweb/program/Games.htm>

## ONE LAST THING

### To All of Us Who Survived the 40's, 50's, and 60's!

- ★ First, we survived being born to mothers Who smoked and/or drank while they were Pregnant.
- ★ They took aspirin, ate blue cheese dressing, Tuna from a can and didn't get tested for diabetes.
- ★ Then after that trauma, we were put to sleep on our tummies in baby cribs covered with bright colored lead-base paints.
- ★ We had no childproof lids on medicine bottles, Locks on doors or cabinets and when we rode
- ★ Our bikes, we had baseball caps not helmets on our heads.
- ★ As infants & children, We would ride in cars with no car seats, No booster seats, no seat belts, no air bags, bald tires and sometimes no brakes.
- ★ Riding in the back of a pick-up truck on a warm day Was always a special treat.
- ★ We drank water From the garden hose and not from a bottle.
- ★ We shared one soft drink with four friends, From one bottle and no one actually died from this.
- ★ We ate cupcakes, white bread, real butter and bacon. We drank Kool-Aid made with real white sugar. And, we weren't overweight. WHY?
- ★ Because we were Always outside playing... that's why!
- ★ We would leave home in the morning and play all day, As long as we were back when the
- ★ Streetlights came on.
- ★ No one was able To reach us all day. And, we were O.K.
- ★ We would spend hours building our go-carts out of scraps And then ride them down the hill, only to find out We

forgot the brakes. After running into the bushes a few times, we learned to solve the problem.

- ★ We did not have Playstations, Nintendo's and X-boxes. There were no video games, no 150 channels on cable, No video movies or DVD's, no surround-sound or CD's, No cell phones, No personal computers, no Internet and no chat rooms. WE HAD FRIENDS And we went outside and found them!
- ★ We fell out of trees, got cut, broke bones and teeth And there were no lawsuits from these accidents.
- ★ We ate worms and mud pies made from dirt, And the worms did not live in us Forever.
- ★ We were given BB guns for our 10th birthdays, Made up games with sticks and tennis balls and,
- ★ Although we were told it would happen, We did not put out very many eyes.
- ★ We rode bikes or walked to a friend's house and Knocked on the door or rang the bell, or just
- ★ Walked in and talked to them.
- ★ Little League had tryouts and not everyone made the team. Those who didn't had to learn to deal With disappointment. Imagine that!!
- ★ The idea of a parent bailing us out if we broke the law Was unheard of. They actually sided with the law!

These generations have produced some of the best Risk-takers, problem solvers and inventors ever.

The past 50 years Have been an explosion of innovation and new ideas. We had freedom, failure, success and responsibility, and we learned how to deal with it all.

#### **If YOU are one of them? CONGRATULATIONS!**

You might want to share this with others who have had the luck to grow up as children, before the lawyers and the government regulated much of our lives for our own good.

Kind of makes you want to run through the house with scissors, doesn't it?

As Jay Leno said: "With hurricanes, tornados, fires out of control, mud slides, flooding, severe thunderstorms tearing up the country from one end to another, and with the threat of swine flu and terrorist attacks. Are we sure this is a good time to take God out of the Pledge of Allegiance?"

I know that God is watching over me and all of us.

- He told me about Proton Treatment at Loma Linda
- He got me safely to Vermont when I hitchhiked there from New Jersey when I was a15found
- He pushed me out of one church to go to my Mom's church so I could be part of the last two years of her life.
- He made sure I received a scholarship to Valparaiso University so I could attend there

And so many more things

God determines who walks into your life.... it's up to you to decide who you let walk away, who you let stay, and who you refuse to let go.

#### **A Small Prayer!**

When there is nothing left but God, that is when you find out that God is all you need. Take 60 seconds and try this. Say the following prayer for all the persons in your life.

Father (or however you address your God in your Faith tradition),

Bless my friends in whatever it is that You know they may need this day! And may their life be full of your peace, prosperity, and power as they seek to be closer to you. **Amen.**



## Grandkids

From Paul Harvey –

We tried so hard to make things better for our kids that we made them worse. For my grandchildren, I'd like better.

I'd really like for them to know about hand me down clothes and homemade ice cream and leftover meat loaf sandwiches. I really would.

I hope you learn humility by being humiliated, and that you learn honesty by being cheated.

I hope you learn to make your own bed and mow the lawn and wash the car.

And I really hope nobody gives you a brand new car when you are sixteen.

It will be good if at least one time you can see puppies born and your old dog put to sleep.

I hope you get a black eye fighting for something you believe in.

I hope you have to share a bedroom with your younger brother/sister. And it's all right if you have to draw a line down the middle of the room, but when he wants to crawl under the covers with you because he's scared, I hope you let him.

When you want to see a movie and your little brother/sister wants to tag along, I hope you'll let him/her.

I hope you have to walk uphill to school with your friends and that you live in a town where you can do it safely.

On rainy days when you have to catch a ride, I hope you don't ask your driver to drop you two blocks away so you won't be seen riding with someone as uncool as your Mom.

If you want a slingshot, I hope your Dad teaches you how to make one instead of buying one.

I hope you learn to dig in the dirt and read books.

When you learn to use computers, I hope you also learn to add and subtract in your head.

I hope you get teased by your friends when you have your first crush on a boy\girl, and when you talk back to your mother that you learn what ivory soap tastes like.

May you skin your knee climbing a mountain,  
burn your hand on a stove and  
stick your tongue on a frozen flagpole.

I don't care if you try a beer once,  
but I hope you don't like it.

And if a friend offers you dope or a joint,  
I hope you realize he is not your friend.

I sure hope you make time to sit on a porch with your  
Grandma/Grandpa and go fishing with your Uncle.

May you feel sorrow at a funeral and  
joy during the holidays.

I hope your mother punishes you when you throw a baseball through your neighbor's window and that she hugs you and kisses you at Hanukkah/Christmas time when you give her a plaster mold of your hand.

These things I wish for you - tough times and disappointment, hard work and happiness.

To me, it's the only way to appreciate life.

Written with a pen. Sealed with a kiss.

I'm here for you. And if I die before you do, I'll go to heaven and wait for you.

*Well, I became curious if Paul Harvey really wrote this and used it and found out from several Urban Legend sites –*

Paul Harvey certainly didn't write the essay. The true author of this piece is Lee Pitts, and the nostalgic essay was published in his 1995 book, "People Who Live At The End of Dirt Roads" and appeared in the 2000 book Chicken Soup for the Golden Soul. Paul Harvey does use material written by Lee Pitts from time to time, and he did read this particular essay (crediting Pitts, of course) during his 6 September 1997 broadcast.

(<http://www.snopes.com>)

*But it still is a great thought*



Next Month's Core Value -  
**HONESTY**