



BALOO'S BUGLE



Volume 17, Number 10P

"Make no small plans. They have no magic to stir men's blood and probably will not themselves be realized." D. Burnham

May 2011 Cub Scout Roundtable

June 2011 Activities

PERSEVERANCE

June Ideas for Leaders, Pack Meetings, & Activities

CORE VALUES

Cub Scout Roundtable Leaders' Guide

The core value highlighted this month is:

- ✓ **Perseverance:** Sticking with something and not giving up, even if it is difficult. Through participating in activities such as a bicycle rodeo, Cub Scouts learn the importance of practice and perseverance to improve new skills.

COMMISSIONER'S CORNER

"Thankfully, perseverance is a good substitute for talent"

— Steve Martin

Well, I knew this was going to be a busy month and there was no way to get from one end to the other without help. And so I reached out to the regular Baloo contributors and they responded and produced an awesome issue of Baloo's Bugle. I have spent only a few hours tweaking (as compared to my usual several days). I was planning on two Wood Badge weekends, a night shift assignment at work (my first in 6 or so years), increased visits to my Mom, an overfull house, and more. I was not ready for what happened, but I know God knew and he helped me by having me ask for help before it happened.

So, many, many thanks to Wendy, Alice, and Pat for assembling this issue. And Felicia, Joe, and Beverly for helping them out.

And to Jay, a newcomer, who will be updating us on Journey to Excellence.

Also, please read my closing thought about a persevering Mother and Den Mother who is responsible for me helping you today.

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THOUGHTFUL ITEMS FOR SCOUTERS

Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at bobwhitejonz@juno.com or through the link to write Baloo on www.usscouts.org. CD

Roundtable Prayer

Scouter Jim, Bountiful UT

Great Creator and Father of all, we thank Thee for the great gifts Thou have given us and the strength to persevere in our quest for excellence. Please bless us as we lead these young charges that we might remember in our hours of trouble and discouragement that we must push forward to do our best and teach these boys to do their best. We know that there is nothing impossible if we trust in Thy hand. **Amen.**

Perseverance

Scouter Jim, Bountiful UT

I have not failed. I've just found 10,000 ways that won't work. Thomas A. Edison

I have started several times to begin this thought, but I couldn't think of where to go, but I kept working at it and it came. There are many examples of perseverance.

I thought of Harlan Sanders, whose life was full of disappointments. He lost his father at the age of five and became the cook for his family as his mother was forced to work outside their home to support the family. He lied about his age and joined the Army at sixteen. During his early years, Sanders held many jobs, including: steamboat pilot, insurance salesman, railroad fireman and farmer. At the age of 40 he started serving chicken dishes for his service station customers. Because he didn't have anywhere else to feed them, he served customers in his own living quarters attached to the service station. He succeeded in moving to a larger space, but Interstate 75 bypassed his restaurant. At the age of 65, he took \$105 of his first Social Security Check and began visiting potential franchisees. He found one in Salt Lake City Utah, where Pete Harmon, renamed his Hamburger joint, Kentucky Fried Chicken, becoming the first franchisee for Harlan Sanders. As a boy I remember seeing Colonel Sanders riding on the Kentucky Fried Chicken float in the annual 24th of July founder's day parade in Salt Lake City.

There is another less famous example of perseverance that comes to mind, and that is of my own son. Some readers will know my son, Ammon. Many do not know he was born with

Asperger's Syndrome, but was not diagnosed until he was well into Junior High School. He is not a person with a disability; so much as he is a person with different abilities. Recently he turned sixteen, which in Utah is driving age. Getting his learners license was study in perseverance. He had to take the written test six times, before he passed, but he did pass. When he turned sixteen, he finally decided that it was time to give up his job as Webelos Den Chief which he had held for four years. I had been replaced as Cubmaster, but he was determined not to leave the new Cubmaster without a Den Chief for the Webelos Den until he was convinced the new boy had been trained and was qualified to take over his job. A replacement was finally found, and after he was convinced that the new leader was ready and trained, he then tendered his resignation. After four years he is now no longer Den Chief. Thanks to a great Webelos leader that showed him he had a unique ability to work with younger boys, where he thrived.

Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover

That which we persist in doing becomes easier, not that the task itself has become easier, but that our ability to perform it has improved. [Ralph Waldo Emerson](#)

The difference between perseverance and obstinacy is that one comes from a strong will, and the other from a strong won't. [Henry Ward Beecher](#)

When the world says, "Give up,"
Hope whispers, "Try it one more time."
[Author Unknown](#)

Don't be afraid to give your best to what seemingly are small jobs. Every time you conquer one it makes you that much stronger. If you do the little jobs well, the big ones will tend to take care of themselves. [Dale Carnegie](#)

Nobody trips over mountains. It is the small pebble that causes you to stumble. Pass all the pebbles in your path and you will find you have crossed the mountain.
[Author Unknown](#)

When you come to the end of your rope, tie a knot and hang on. [Franklin D. Roosevelt](#)

Consider the postage stamp: its usefulness consists in the ability to stick to one thing till it gets there. [Josh Billings](#)

The greatest oak was once a little nut who held its ground.
[Author Unknown](#)

Fall seven times, stand up eight. [Japanese Proverb](#)

He conquers who endures. [Persius](#)

It's not that I'm so smart, it's just that I stay with problems longer. [Albert Einstein](#)

Perseverance is not a long race; it is many short races one after another. [Walter Elliott, The Spiritual Life](#)

There is no telling how many miles you will have to run while chasing a dream. [Author Unknown](#)

Perseverance... keeps honor bright: to have done, is to hang quite out of fashion, like a rusty nail in monumental mockery.

[William Shakespeare](#)

The drops of rain make a hole in the stone not by violence but by oft falling. [Lucretius](#)

But the moment you turn a corner you see another straight stretch ahead and there comes some further challenge to your ambition. [Oliver Wendell Holmes, Jr.](#)

Don't be discouraged. It's often the last key in the bunch that opens the lock. [Author Unknown](#)

The great majority of men are bundles of beginnings. [Ralph Waldo Emerson](#)

Saints are sinners who kept on going. [Robert Louis Stevenson](#)

If we are facing in the right direction, all we have to do is keep on walking. [Buddhist Saying](#)

I may not be there yet, but I'm closer than I was yesterday. [Author Unknown](#)

Keep on going, and the chances are that you will stumble on something, perhaps when you are least expecting it. I never heard of anyone ever stumbling on something sitting down. [Charles F. Kettering](#)

One may go a long way after one is tired. [French Proverb](#)

Never think that God's delays are God's denials. Hold on; hold fast; hold out. Patience is genius. [Georges-Louis Leclerc](#)

Our greatest glory is not in never failing, but in rising up every time we fail. [Ralph Waldo Emerson](#)

Problems are not stop signs, they are guidelines. [Robert Schuller](#)

Vitality shows in not only the ability to persist but the ability to start over. [F. Scott Fitzgerald](#)

With ordinary talent and extraordinary perseverance, all things are attainable. [Thomas Foxwell Buxton](#)

When your dreams turn to dust, vacuum. [Author Unknown](#)

Most people never run far enough on their first wind to find out they've got a second. [William James](#)

Difficult things take a long time, impossible things a little longer. [André A. Jackson](#)

Don't let the fear of the time it will take to accomplish something stand in the way of your doing it. The time will pass anyway; we might just as well put that passing time to the best possible use. [Earl Nightingale](#)

Success seems to be largely a matter of hanging on after others have let go. [William Feather](#)

Big shots are only little shots who keep shooting. [Christopher Morley](#)

Look at a stone cutter hammering away at his rock, perhaps a hundred times without as much as a crack showing in it. Yet at the hundred-and-first blow it will split in two, and I know it was not the last blow that did it, but all that had gone before. [Jacob A. Riis](#)

"You have not lived today until you have done something for someone who can never repay you." [John Bunyon](#)

"That which we persist in doing becomes easier to do, not that the nature of the thing has changed, but our power to do so is increased." --[Heber J. Grant](#)

"If you stand up and be counted, from time to time you may get yourself knocked down. But remember this: A man flattened by an opponent can get up again. A man flattened by conformity stays down for good."
Thomas J. Watson, Jr., former President of IBM and National President of the BSA

TRAINING TOPICS

Will your pack attend Camp this summer?

[Bill Smith](#), *the Roundtable Guy*

There are varieties of Cub Scouting Camps: camps for Cubs and camps for Webelos, day camps and resident camps. Some are in a local park and others are at a Scout camp some distance away. Some leaders and their families may even be camping at Philmont Training Center! Facilities, like shelters, lodges, storage huts and waterfront, differ greatly from camp to camp. No matter what your camp is like, the camps and the staff that run them must conform to BSA standards. I fervently hope that you and the boys in your pack will be attending one of them.

I'm sure that your council has provided you a list of what to expect and especially what to bring with you to camp.

It's important to have the right number of adult help with you and wear suitable clothing and be equipped with enough rain gear, sun block, med forms, and drinking water.

What will you bring back from camp?

Besides almost finished craft projects, dirty clothes, and a few insect bites, I hope that you return home with a bunch of special memories and great plans for what your pack or den will do next year.

Think of your time at camp as a relaxed leader training experience. A lot goes on there that can help and inspire you in the years to come. If you are observant and know what to look for you can learn a lot that will help your den, your pack and your boys. The staff that runs your camp are experienced well trained Scouters and can serve as valuable role models for you and the other leaders.

Let's start with Memories.

As a help, you might take along a note book and a camera. Make notes, keep a journal, and have boys give their input and observations. Take lots of photos. They could make a great display that will help at fall recruiting.

You should get many opportunities to stand back and observe rather than be the instigator and leader. What did the boys enjoy? Did they participate and have fun? Did they cooperate and do their best or merely go through the motions? Would the good activities you see at camp work at your meetings?

What did the boys learn? What made a particular activity a good learning experience? You will probably notice that your boys respond differently to each activity and you may learn some new things about them.

New Activities.

The boys will engage in some new activities that will probably become favorites of theirs for a while. Make notes about them so you can always pop the good ones into your program when things get dull. (I know, you never have dull programs.)

Games are always popular activities and boys enjoy playing their favorites again and again. Keep those in mind – and in your notes - for later. When things get routine next winter, it may be fun to bring out a game they played at camp. Make sure you have the all rules before you leave and note any equipment you may have to add to your game chest.

Camps usually have regular assemblies for openings, closings or camp fires. These can be a treasure of songs, skits and stunts that may become part of your group's repertoire. If you have trouble leading songs at your pack meetings, try using one of the fun songs the boys know and loved to sing at camp. Learn the tune and get a copy of the words. It might be a good idea to take a portable recorder along so you can bring back a copy. Ask the person who leads the good ones for help.

Watch the camp staff.

How do they manage discipline and control? Try to detect how they use each of these control methods:

- Getting and holding the boys' attention,
- Explaining the rules,
- Well-planned activities,
- Giving individual attention.

You will see a variety of methods. Which ones worked and which ones could you use?

Many camps employ youth leaders: Boy Scouts or Venturers to lead activities. If your camp does, watch how the Cub Scouts respond to them. Would Den Chiefs work out OK in your program? Sometimes the timing is difficult for a Den Chief to make den meetings, but how about for pack camp outs and other special activities?

How does the camp run?

Camp is a good source of ideas for your pack's camping program. You should get some insight into topics like:

- **Food and food storage** – How do they manage it? Will their methods work for your pack?
- **Safety and medical** – Check with the camp nurse or medical staff for how they prepare and get set up.
- **Sanitation** – How are toilets, hand washing and showers set up and organized?
- **Campfire activities** – Most camp staffs are good at this. Pick their brains for ideas.
- **Emergency Preparedness** – how is the staff prepared for dangerous weather, medical assistance, etc? What are their communication methods?

Your gang of adults.

You will spend considerable time in the company of the adults from your pack. Get to know them, their attitudes, knowledge and skills. You should learn a lot about their appreciation of Scouting and how it helps boys grow.

Look for potential leaders, committee members and special helpers amongst this group. You will rarely get a better chance to get to know some of these people and discover how they might help their sons and their sons' Cub Pack.

Make it work for Your Pack.

Camp is great for boys and mostly they love it but the important value is: how can it help your pack and you as a leader? You are paying your money and your time to attend, so make it worthwhile. Get the best for your pack.

What are YOU going to do now?

*The best gift for a Cub Scout.....
.....get his parents involved!
The greatest gift you can give your child
..... good self esteem!*

- ✓ Be sure to visit Bill Smith's website <http://rt492.org/> to find more ideas on everything Cub Scouting. Reach Bill Smith at wt492@wtsmith.com.
This item was reprinted from the May 2006 issue of Baloo's Bugle

Some Tips Before Leaving for Camp

(Alice – Golden Empire)

After seeing boys, parents and leaders who returned frustrated from Camp, I wanted to share some tips for getting a good start on that Camp experience – especially for new scouts and parents:

1. Remember that pack families may have different levels of EXPERIENCE with camping – make sure “first-timers” have necessary equipment, resources.
2. Share photos and information about the camp – if others have been there, ask them to share some tips.
3. At least a month before, introduce information that will help everyone prepare – for example, give everyone a list of required and suggested equipment and items to bring. Even better, have a display for people to check out.
4. Have a “trial” event – maybe an overnighter in a nearby park so everyone can check out those tents, stoves, and other equipment.
5. Encourage dens and families to take short hikes to get in shape. Teach hiking skills, such as the “resting” step – on an uphill, put your next foot down, but don’t put your full weight on it immediately – just that short hesitation will help you persevere!
6. Team camping experienced families with “first-timers” – a little mentoring can really help!
7. Teach skills that can be life-saving: Make a game of learning the Hug A Tree program skills. For example, have a team relay to make shoe prints, turn a garbage bag into a shelter, practicing how to Look Big and blow a whistle if you are lost. Go to: http://www.nasar.org/nasar/hug_a_tree_program.php or <http://www.theozarks.com/HugATree.htm> for information about the Program.
8. Have a Workshop to do some outdoor and Dutch Oven cooking. Kids could also make Trail Mix and learn why we include the various kinds of food.
9. Make sure everyone has the essentials: a good water container, sunscreen, hats, extra socks, WHISTLE, layers of clothes, some easy to carry food.
10. At least two weeks before the Camp, make sure everyone has a good pair of shoes – NOT NEW, but ones they have “broken in.” This is a classic ‘first time’ mistake, and it can make for a miserable hike or camp experience.
11. Make sure your adults all have Youth Protection training, as well as having other required training representatives such as Hazardous Weather and BALOO, if needed.
12. COMMUNICATE – Make certain everyone knows about the programs available and if they need to pre-register, or bring special equipment. Make sure everyone knows when and where to meet.
13. Have an Emergency Contact who is not going on the trip, in case a phone tree change of plans is needed.

14. Prepare for FUN – bring along guitars, telescopes, magnifying glasses, nature guides, song books, binoculars, campfire stories and treats.
15. Consider having everyone bring their gear the night before leaving for camp – just as many Scoutmasters do. That way, everyone can check their items against the list and make sure they’re ready.
16. Assign someone to bring a camera and record the FUN for everyone to look back on fondly!
17. Do an Evaluation – things you want to do again, do a different way, or eliminate – Believe me, you will NOT remember everything you want to by next year!

DEN MEETING TOPICS

Wendy, Chief Seattle Council

MONTH/ CORE VALUE	MAY: HEALTH & FITNESS		JUNE: PERSEVERANCE		JULY: COURAGE	
	Your Choice	Your Choice	Your Choice	Your Choice	Your Choice	Your Choice
TIGERS	Do supplemental meetings (They have letters instead of numbers in the Resource Guide) of your choice. Remember the boys want to be outside at this time of the year.					
WOLVES						
BEARS						
WEBELOS						
ARROW OF LIGHT						
PACK NIGHT THEME, VALUE	Food & Physical Fitness (Health & Fitness)	Bicycles (Perseverance)	Hiking (Courage)			

ROUNDTABLES

From Bob Scott at National in answer to my question on the role of Roundtables with the new delivery system -

Dave, you have it right.

No changes to roundtable's role, how it's executed, etc.

Planning for next year – You gotta have a gimmick!
Beverly, Capital Area Council

Council program calendars are due out soon and it is time for the Packs to begin planning their programs for 2011-12. It is also time of the roundtable staff to do the same. The Roundtable Planning Guide is not out yet, but we know the "themes" it will contain – we are doing them this year. I don't know about the rest of you, but it has been a struggle for our roundtable staff to make our programs lively, energetic and fun this year. Next year promises to be a repeat – but with the loss of the workshops, we could be facing a year of lectures and death by power point. Our really "fun" roundtables have been the last 2 – the campfire workshop and the sports evening. Both times, we had a minimum of lecture and got the participants up and doing something. Judging by the smiles and laughter, they had a good time too! So how can we "put the fun" back into roundtable and still remain true to the focus?? Like that wonderful song from "Gypsy" says, you gotta have a gimmick. Silly hats, costumes, props work well. For example, part of the program this month focuses on bicycle safety. Our staff is coming in bike helmets and yellow "jerseys" (t-shirts- no spandex for this group!)– giving a nod to our home-town hero, Lance Armstrong. Very little effort on our part – but it could inspire the pack leaders to do the same for their pack meeting or bike rodeo.

We have decided to get together when the Roundtable Planning Guide arrives and plan a fun element to add each month – props, costumes, etc. And we will probably change the format of a couple of the meetings to the round-robin style. We have found that format is a nice change from having the participants just sit and listen and an easy way to dispense a lot of information in a short time. To lighten the mood, we are adding lots of run-ons and extra cheers.

I hope you all can find the right gimmick to make sure your roundtables are lots of fun – and I'd love to hear your ideas. Please email me at beverly_rodny@att.net

Note from Dave -

The CS RT Planning Guide will be out shortly. National is working hard to ensure consistency on a number of critical issues (e.g. Youth Protection) to ensure everyone receives the correct information and the reviews take time.

Also, please note that the book is called the Cub Scout Roundtable Planning **GUIDE**. It is not a mandatory, must do it this way manual. Each RT Commissioner knows what works best in his/her district. Use that to spice up your program. Do as Beverly says -

Have a gimmick and have FUN!!

PACK ADMIN HELPS –

Journey to Excellence and Good Turn for America

Part 1

Jay Reeves

*CS RT Commissioner, Hiawatha District,
[Gamehaven Council, MN](#)*

(Click on the Council name and check out their Virtual RT A really great idea!! - CD)

The Journey to Excellence (JTE or J2E for short) quality program replaces the Centennial Quality Unit Award that has been in use since 2007. In the Centennial program, Packs were able set their own performance goals in order to earn the recognition.

With Journey to Excellence, standards are set by the National Council and are graduated for success. Strong Packs will be challenged to achieve "Gold" level performance, while developing Packs will be able to achieve "Bronze" by concentrating efforts in 13 performance objectives.

These objectives include the areas that have been found to be the best indicators of Pack performance. From advancement to budget, retention to Webelos-to-Scout transition. For the complete Pack Performance Scorecard, go to:

<http://scouting.org/scoutsources/Awards/JourneyToExcellence.aspx>

Packs rechartering between October 1, 2011 and September 30, 2012 will earn the 2011 Journey to Excellence award. Then the sequence will repeat from there each year. It is important that if your Pack recharter on or after October 1st this year need to get the scorecard and plan for JTE now.

There are no mandatory performance measures, but in order to achieve Bronze level, your Pack must score in 10 of the 13 areas.

"Where do I need to turn my attention now?"

There is a performance area that needs to be addressed very soon. "Leadership planning" requires your Pack to recruit and confirm it's Cubmaster and Den Leaders by May 31st.

To demonstrate the progressive levels from "Gold" to "Bronze", let's look at the performance measure, "Building Cub Scouting."

In order to achieve:

- Bronze level, the Pack must, "Have a net gain of one member over last year, or have at least 19 members."
- Silver level requires, "Increase youth members by 5%."
- Gold requires, "Increase youth members by 10%."

As you can see, Packs at all levels of ability will be able to qualify in this area. The other areas of measure have similar graduated standards.

Another new component of JTE is that the standards will change as Scouting improves from year to year. JTE is a system to provide for continuous improvement, we won't rest on our laurels! Every Pack will be challenge to improve every year, even if they are already strong.

Also new is the required online tracking of service projects through the JTE website. *I will provide more information on this requirement next month.*

Your Pack's performance will inform the District's JTE scorecard which will then go on to provide data for the Council's effort.

If you have questions about this new program, consult your Unit Commissioner or District Executive. Or you can write Jay, via Commissioner Dave by clicking on the "Send Your Ideas to Baloo" button.

More JTE Hints

Wendy, Chief Seattle Council

Many people are probably confused on the timing of Journey to Excellence, and could use some practical tips for implementing it. Those packs that re-charter late fall (Oct. Nov. Dec.) are eligible for the 2011 JTE patch. Although they don't tally their points and fill out the paper work until re-chartering, they will need to plan now so they can fulfill the requirements. And as one astute member of our district pointed out, some requirements need to be fulfilled *soon*.

For Example:

- ★ **Pack/Troop JTE requirement #9, Webelos to Scout Transition, Bronze level:** With a troop, hold two joint activities, one of which is a parent orientation and camp promotion meeting. Summer Camp promotion should happen late spring.

Practical Tips: Divide the Webelos and their parents into 2 groups. Boys Scouts can tell the Webelos about the cool things they can do at camp, while the boys see pictures or a power point slide show of previous camp outs. The scouts can also tell the boys about other summer activities. Meanwhile, Boy Scout Leaders orient the new parents to Boy Scouting, and tell them about the troop's summer plans.

Meeting #2: Many of the merit badges require the scouts to share their knowledge with others, or do some sort of service related to the merit badge. The troops could run activities at den or pack meetings to complete their merit badges, thus killing 2 birds with one stone (merit badge and JTE requirement). In one of my previous packs the scouts came to pack night and ran a balloon rocket race to finish their aeronautics merit badge.

- ★ **Pack JTE #8, Bronze:** Leadership recruitment needs to happen by the end of May.
- ★ **Pack JTE #5, Gold:** B.A.L.O.O. and O.W.L.S. training sessions may not be frequently offered.
- ★ **Pack JTE #4, Outdoor Activities:** Outdoor activities are best done in the summer (spring/fall for South & Southwest states), so planning needs to start soon. **Practical Tip:** this requirement dovetails nicely with the Outdoor Activity Patch.
- ★ **Pack JTE #6, Camping:** Day Camp registration is due soon.
- ★ **Pack JTE #3, Recruitment:** Packs need to be planning spring/fall recruiting events.
- ★ **Pack JTE #7, Service Projects:** packs should consider doing a conservation project, in addition to Scouting for

Food, and the chartering organization project.

Conservation projects are best done in spring/summer/fall months.

What is happening to www.goodturnforamerica.org ?

I was asked, "Do you know what happened to "GoodturnforAmerica.org"? When I type that into my web browsers and I am redirected to:

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

The first paragraph states:

"Scouting's Journey to Excellence" is the BSA's new council performance recognition program designed to encourage and reward success and measure the performance of our units, districts, and councils. It is replacing the Centennial Quality Awards Program as a means of encouraging excellence in providing a quality program at all levels of the BSA.

Is this also replacing Good Turn for America, where units used to report service hours?

Answer:

Yes, they are "rolling" Good Turn for America into the Journey for Excellence program

If you scroll down on that site which is test site for Journey to Excellence you will see a place to enter service hours.

Jay promised us an article next month with more details about this program. Looking forward to it!!

In the meantime you can go to

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

and check out the new forms and the Webinars and Power Point slide decks explaining the program, Unit Scorecards, Unit Spreadsheets for tallying your results, FAQs, Support Documents, and how to work your "Dashboard" from your MyScouting.org account!!

National is really doing its best to make sure this is a success and addressing all the needs of the various Generations in Scouting (Do not know what Generations are in Scouting?? Either take Wood Badge for the 21st Century or if you have already done so, get a copy of this new session added to the syllabus. CD

Hiking Get Ready! Set! Go! -

Tips, Cautions and Suggestions

Catalina Council

Most of these are well known and obvious, but the boys need to know

What to Wear

- Layered is great cool or cold weather. Make your outdoor adventure fun by wearing comfortable clothes.
- Long pants and comfortable shoes and a hat.
- Long-sleeved shirts are good for protection against sunburn, cold chills, stings, bites, scratches and rashes.

Stay on the Trail - Stay Together

- Bushwhacking may seem fun, but it's not safe for you or for the plants and animals you're tromping over.
- It's a good way to get poison ivy, scratched, etc.

Watch Your Hands and Feet

- Keep hands out of holes.
- Holes are often homes for animals, and they might not like to be disturbed.
- Little fleas also live around the entrances waiting to hop on some furry critter.
- Some fleas carry disease.
- In general, don't put your hands where you can't see.

Don't Eat the Plants

- Unless you are an expert don't eat any plants along the way.
- Many edible plants closely resemble non-edible ones.
- Even plants that are "edible" can be toxic during some seasons or without proper preparation.
- Some people may have allergic reactions to wild foods.

Leaves of Three - Let It Be

- The most common three-leafed plants are poison oak or ivy.
- Their leaves vary in color, size and shape.
- If you are unfamiliar with poison oak or ivy and you see a three-leafed plant, avoid touching it so you don't develop and itchy rash.

Pack It In - Pack It Out!

- Clean up the area where you ate, making sure you "LEAVE NO TRACE" of your presence.
- Leave it cleaner than you found it.

Back Pack Gear

- What you take with you depends on where you are going and how long you plan to stay, but here are some suggestions.
- You can find more detailed in some of the Scout books available through your Scout Shop, or your local camping store.

Day Pack

- Water
- Small first aid kit (include insect repellent)
- Snacks
- Small trash bag (to carry out your trash, and any other trash you pick up)
- Sweatshirt if needed
- Whistle (for emergency)
- Sunscreen
- A small pair of scissors
- Hand cleaner
- The boys might want to bring for fun:
 - A camera
 - Binoculars
- DON'T FORGET A WATCH!

TYPES OF HIKES

Catalina Council

Hold the Front

1. The leader is followed by Cub Scouts in single file as they hike along the trail.
2. The leader asks questions about things observed. (i.e., What is the name of that bird?)
3. If the first Cub Scout in line answers correctly, he stays in his position.
4. If he cannot answer, he moves to the end of the line and the next boy tries to answer the question.
5. Each player who fails to give the correct response goes to the rear of the line.
6. The object is to stay in the #1 position as long as possible.

Puddle Hike

1. Hike in a gentle rain or just after a rain, with boys wearing appropriate rain gear.
2. See how animals and insects take cover from the weather.

Stop, Look, and Listen Hike

1. Hike for 5 minutes or for a certain number of steps.
2. Stop and write down all that you see and hear.
3. Make several different stops.

Crafts Hike

1. Collect nature items to be used in crafts - leaves, rocks, shells.
2. Make leaf rubbings, leaf prints, or other projects later

Color Hike

1. Look for objects of a preselected color.
2. Make a list.

Historical Hike

1. Hike to a historical spot.
2. Know the history before going.

City Hike

1. Look for scraps of nature between cracks in the sidewalk.
2. Look at buildings-carvings, cornices.
3. A vacant lot can provide a lot of interest; even one overturned rock can reveal surprises.
4. Look for birds and trees.

I Spy

1. Leader says: "I spy a robin."
2. All of the Cub Scouts who see the robin may squat, the rest remain standing.
3. The leader then points out the robin or asks one of the squatting Cubs to do so.
4. The group then continues hiking until another object of interest is seen.

Nature Cribbage

1. As he walks along, each Cub Scout gathers 21 pebbles, acorns, or seeds (some type of "counters"), and puts them in his pocket or in a sack.
2. Then the boys decide upon a list of things they may see on the hike.
3. The leader makes up a written list, giving the object a certain number of points. Example: A grasshopper might be worth 2 points; A toad, might be worth 5 points; A Squirrel might be worth 4 points, etc.

- The first player to spot an object on the list calls out the correct name and points to it.
- The leader allows that player to throwaway the number of "counters" from his pocket or sack that the object is worth.
- The first player to get rid of all his "counters" wins the hike

Follow the Odor

- A few minutes before the time for the hike to begin, mark a trail by rubbing a large onion on different objects, such as a tree, grass, bushes, swing set, light pole, etc.
- These should be located fairly close together.
- Explain to the boys that they are to follow their noses to find their way along the trail.
- Afterwards, discuss how animals use odors for finding food and marking their own territories.

Awareness Hike

- The idea is for Cub Scouts to discover, during a hike, objects relating to texture, shape, density, temperature, and size.
- You may wish to give each boy a worksheet such as the one below, where they can add the names of the objects that satisfy each category. • Size: heavy, thick, tall, short, small, large, etc. • Shape: oval, round, square, triangular, etc. • Texture: furry, hairy, waxy, soft, hard, slimy, velvety, etc. • Density: solid, hollow, porous, non-porous, spongy, etc. • Temperature: cold, hot, wet, dry, cool, luke warm, etc.
- How many of these words could be satisfied in a one-square-yard area?
- How many could describe a tree? A Building?

Breakfast Hike

- For a special treat during the summer or on a Saturday morning, hike to a good vantage point to watch the sunrise.
- Then cook breakfast outdoors.
- Help boys become aware of the many different early-morning sounds that are not heard at other times of the day.

Sealed Orders

- Give the den a set of sealed directions, with a new one to be opened at each spot along the way.
- Use simple directions. (Go north for 50 paces and look under the three rocks piled below the big pin oak tree.)
- Here under the rocks they find the next note with instructions to follow.
- Make each clue challenging, but not too difficult.

Touch and Feel Hike

NOTE: It's important to leave things where they belong in the environment

- Group leader takes kids for a walk, giving the following direction at intervals along the walk. (Kids should work in small groups for comparisons can be made on-the spot without taking samples.)
 - ‡ Find the hairiest leaf around
 - ‡ Find the softest leaf around
 - ‡ Find the smoothest rock

- ‡ Find the roughest twig
- ‡ Find something cool
- ‡ Find something warm
- ‡ Find something dry
- ‡ Find something bumpy

2. Ask:

- ‡ What did you find that was dry, cool, etc.?
- ‡ Why was it dry, cool, etc.?
- ‡ How might these be different tonight?
- ‡ Next summer/winter?
- ‡ What have we discovered by touching and feeling things?

3. Big Idea:

- ‡ Our environment is made up of many textures.
- ‡ Being aware of the differences makes us ask why.
- ‡ By looking for the answers, we can learn.

4. Add other "textures" when appropriate.

SPECIAL OPPORTUNITIES

Pat Hamilton, Baltimore Area Council

Our Roundtable Planning Guide says a good focus for the Perseverance Core Value is Bicycling. Unfortunately, I covered the Bicycling Belt Loop and Pin two months ago. So... in keeping with my theme of introducing the more recent Sports and Academics awards (those released in 2009), I thought I'd go with another activity that takes quite a bit of perseverance. For those of you that remember, Jan and Dean's hit song *Sidewalk Surfin'* hit the charts in 1964, about the time I started hitting the pavement (falling off of my homemade skateboard).

from www.usscouts.org

Skateboarding Loop and Pin

Requirements

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Skateboarding Belt Loop



Complete these three requirements:

- Demonstrate to an adult the general rules for safe skateboarding by showing that you know how to wear the proper safety gear.
- Carefully demonstrate how to fall to help minimize injuries.
- Practice skateboarding for 30 minutes. This practice may be done in several periods.

Skateboarding Sports Pin



Earn the Skateboarding belt loop, and complete five of the following requirements:

1. Figure out your skateboard stance—whether you are regular or goofy footed.
2. Demonstrate proper stance, foot positions, knee bending, pushing off, turning, and stopping on flat ground.
3. Using pictures, explain to your den or family the difference between street, skate park, and vertical skateboarding.
4. List five ways skateboarders should be considerate and respectful of other people and their property when they are skateboarding.
5. View a skateboarding video.
6. Attend a pro skateboarder demonstration.
7. Show that you know how to lubricate the bearings and keep your skateboard clean.
8. Apply grip tape to your skateboard.
9. Skateboard at a skate park for 30 minutes.
10. Demonstrate three of the following maneuvers: ollie, nollie, frontside, grab, kickturn, carving.
11. Describe how to determine a safe area to skateboard.

For worksheets to help with earning these awards got to <http://usscouts.org/advance/cubscout/sports/skateboarding.asp>

Additional Resources

<http://skateboard.about.com/>

<http://www.exploratorium.edu/skateboarding/>

<http://www.skateboardparks.com/>

With summer coming up and school letting out, many people are gearing up for a family vacation. The June *Baloo's Bugle* is a perfect time to highlight the Family Travel Belt Loop and Pin.

from www.usscouts.org

Family Travel Loop and Pin

Requirements

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Family Travel Belt Loop



Complete these three requirements:

1. Make a list of things you would take on a three day trip with your family, then pack these items in a bag or suitcase.
2. With an adult's help, figure out the cost and miles to complete a trip to a place of interest using the family car or public transportation.
3. Research at least five places to visit during a trip to a place of interest. Explain what you learned to your family.

Family Travel Academics Pin



Earn the Family Travel belt loop, and complete five of the following requirements:

1. Go on a trip with your family that includes at least one overnight stay. Keep a journal of your trip and then share it with your den leader.
2. Play a travel game while traveling in a car.
3. With an adult, review the Guide to Safe Scouting, chapter XII, "Transportation." Then make a list of safety rules to follow when traveling in the car or while using public transportation such as a bus, plane, boat, and train. Share the list with your den.
4. With the help of a parent or adult partner, use a computer to look up an airfare from your closest airport to a city in a foreign country. Calculate the total travel time, the day and time you will leave your home, and the day and time you will arrive at your destination.
5. Visit a travel agent office or look up a travel Web site.
6. Using pictures, explain to a family member how people's forms of transportation have changed in the last 300 years.
7. Visit with an adult who has driven in a different country. List five things that the adult found to be very different from driving in the United States

8. Make a list of occupations that people have that are related to traveling. Describe the position you would like to try. Explain to a family member why you chose that occupation.
9. Learn how to apply for a U.S. passport. With adult supervision, read an actual application and complete as much of the form as you can.
10. Change \$1,000 U.S. dollars into pounds, Euros, or pesos.
11. With an adult, conduct a motor vehicle inspection of the car designated for traveling. Use the checklist provided in the *Guide to Safe Scouting* called "Annual Motor Vehicle Checklist." The appendix to the *Guide* can be found at: www.scouting.org/scoutsource/HealthandSafety/GSS/gssax.aspx.

For worksheets to help with earning these awards got to <http://usscouts.org/advance/cubscout/academics/travel.asp>

Additional Resources

U.S. passport information:

http://travel.state.gov/passport/passport_1738.html

U.S. currency conversions: <http://finance.yahoo.com/currency>

Maps: <http://maps.google.com> or <http://www.mapquest.com>

Which side of the road do they drive on?:

<http://www.rm9.com/whichside.htm>

Airplane restrictions: <http://www.tsa.gov/travelers/index.shtm>

Travel games for kids:

<http://www.kidsturncentral.com/summer/travelgames.htm>

Printable games to take along on trips:

<http://www.momsmivan.com/printables.html>

Cub Scout Outdoor Activity Award



from www.scouting.org

Tiger Cubs, Wolf and Bear Cub Scouts, and Webelos Scouts have the opportunity to earn the Cub Scout Outdoor Activity Award. Boys may earn the award in each of the program years as long as the requirements are completed each year. The first time the award is earned, the boy will receive the pocket flap award, which is to be worn on the right pocket flap of the uniform shirt. Each successive time the award is earned, a wolf track pin may be added to the flap. Leaders should encourage boys to build on skills and experiences from previous years when working on the award for a successive year.

Requirements:

All Ranks

Attend Cub Scout day camp or Cub Scout/Webelos Scout resident camp.

Rank-Specific

Tiger Cubs

Complete one requirement in Achievement 5, "Let's Go Outdoors" (Tiger Cub Handbook) and complete three of the outdoor activities listed below.

Wolf Cub Scouts

Assemble the "Six Essentials for Going Outdoors" (Wolf Handbook, Elective 23b) and discuss their purpose, and complete four of the outdoor activities listed below.

Bear Cub Scouts

Earn the Cub Scout Leave No Trace Award (Bear Handbook, Elective 25h) and complete five of the outdoor activities listed below.

Webelos Scouts

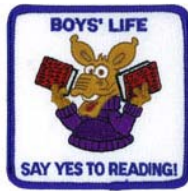
Earn the Outdoorsman Activity Badge (Webelos Handbook) and complete six of the outdoor activities listed below.

Outdoor Activities

With your den, pack, or family:

- Participate in a nature hike in your local area. This can be on an organized, marked trail, or just a hike to observe nature in your area.
- Participate in an outdoor activity such as a picnic or park fun day.
- Explain the buddy system and tell what to do if lost. Explain the importance of cooperation.
- Attend a pack overnighter. Be responsible by being prepared for the event.
- Complete an outdoor service project in your community.
- Complete a nature/conservation project in your area. This project should involve improving, beautifying, or supporting natural habitats. Discuss how this project helped you to respect nature.
- Earn the Summertime Pack Award.
- Participate in a nature observation activity. Describe or illustrate and display your observations at a den or pack meeting.
- Participate in an outdoor aquatic activity. This can be an organized swim meet or just a den or pack swim.
- Participate in an outdoor campfire program. Perform in a skit, sing a song, or take part in a ceremony.
- Participate in an outdoor sporting event.
- Participate in an outdoor Scout's Own or other worship service.
- Explore a local city, county, state, or national park. Discuss with your den how a good citizen obeys the park rules.

The award requirements are detailed in the Cub Scout Outdoor Activity Award brochure, No. 13-228.

Boys' Life Reading Contest for 2011<http://boyslife.org/>**SAY 'YES' TO READING****Enter the 2011 Boys' Life Reading Contest**

Write a one-page report titled "The Best Book I Read This Year" and enter it in the Boys' Life 2011 "Say Yes to Reading!" contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

- * 8 years old and younger
- * 9 and 10 years old
- * 11 years old and older

First-place winners in each age category will receive a \$100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a \$75 gift certificate, and third-place winners a \$50 certificate.

Everyone who enters will get a free patch like the one on this page. (*And, yes, the patch is a temporary insignia, so it can be worn on the Boy Scout uniform shirt, on the right pocket. Proudly display it there or anywhere!*) In coming years, you'll have the opportunity to earn different patches. The contest is open to all Boys' Life readers. Be sure to include your name, address, age and grade in school on the entry.

Send your report, along with a business-size, self-addressed, stamped envelope, to:

Boys' Life Reading Contest
S306
P.O. Box 152079
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2011 and must include entry information and a self-addressed, stamped envelope.

For more details go to <http://boyslife.org/>

Knot of the Month

from www.usscouts.org

Cubmaster Award**Tenure:**

Serve as a registered assistant Cubmaster for one year and a registered Cubmaster for one year, or serve as a registered Cubmaster for two years.

(Dates of service used to earn this award cannot be used to earn another key or award.)

Training:

1. Complete Cubmaster Fast Start training

2. Complete This Is Scouting and Cubmaster Specific Training.
3. Complete Youth Protection Training.
4. During each year of tenure for this award, participate in a Cub Scout leader pow wow or University of Scouting, or attend at least four roundtables.

Performance:

1. As a Cubmaster or assistant Cubmaster in a pack, earn the National Quality Unit Award at least twice.
2. Earn the National Summertime Pack Award at least once.
3. Plan and conduct pack meetings during each year registered as Cubmaster.

For a pocket chart to record your progress, visit:

<http://www.scouting.org/filestore/pdf/34169-53.pdf>

GATHERING ACTIVITIES

"Gathering Activities" for large groups and getting groups to know each other are in this edition. Those good for dens (e.g. word searches, puzzles, mazes) are in the Den edition. Dave

Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD

Perseverance Theme Ideas:

(Alice – Golden Empire Council)

Create a Picture of Perseverance - a collage of pictures and/or names of people who have persevered - Each boy and/or family member brings a name and/or picture of someone they admire for perseverance – pictures are added to a collage of names and faces on display at the Pack meeting. (Check the list of names below, the list under Value Related "Picture of Perseverance" or choose someone you know about personally)

Find A Perseverance Personality – Print out a list of Names of people who have overcome some challenge by perseverance – and a matching list of something special they did. As people come in, each one gets either a name or an accomplishment. They have to find their matching person by asking questions with only Yes or No answers. You can use famous names or those who are well know in your area. For example:

- | | |
|----------------|---------------------------------|
| ✓ Ben Franklin | Kite experiment for electricity |
| ✓ Michael Oher | "Blind Side" football player |
| ✓ Tim Howard | Soccer player with Tourette's |
| ✓ Cesar Chavez | Farm Worker's Advocate |

- ✓ Jackie Robinson First African-American in Pro Baseball
- ✓ Beethoven Deaf Composer

There are lots of other possibilities – some ideas are listed in “The Picture of Perseverance” under Value Related - Alice

Set up a Round Robin of Demonstrations - Cubs or Webelos or family members can show off a skill at which they have persevered – like a sport, music, art, learning a language, or even juggling or Yo-Yo tricks.

Have each family or boy share the story of someone that showed perseverance– Each boy could share with his den OR each family could bring a picture and some information about their favorite to share at the Pack Meeting. See a list of possibilities under Theme Related.

Have a special outdoor flag ceremony in honor of Flag Day, which is celebrated June 14th – Learning to fold the flag properly or hoisting and lowering the flag can be a real challenge for young scouts – it does take Perseverance!

A Penny for Perseverance
(Great Salt Lake Council Pow Wow)

1. Provide a bucket half full of water with a quarter in the bottom.
2. Give each person a penny to drop in, to try to land entirely on top of the large coin.
3. It is almost impossible. The trick takes time and patience – in other words, Perseverance!
4. Discuss the need for patience and perseverance, and when and why it may be appropriate.

Talent Mix Up
(Utah National Park Pow Wow)

Developing a talent can take real perseverance. See if you can Unscramble these talents.

1. gngnisi _____
2. cangidn _____
3. estinilgn _____
4. muttrep _____
5. simuc _____
6. arepo _____
7. urgtai _____
8. mgnferropi _____
9. wsoh _____
10. oinpa _____
11. ingcat _____
12. zooak _____
13. uhimmg _____
14. dsmur _____
15. wihstglin _____

Answers: 1. singing, 2. dancing, 3. listening, 4. trumpet, 5. music, 6. opera, 7. guitar, 8. performing, 9. show, 10. piano, 11. acting, 12. kazoo, 13. humming 14. drums 15. whistling

Make Marshmallow Catapults and have a competition among families. (Great Salt Lake Pow Wow Book)

You can practice PERSEVERANCE and have some fun – and if you’re lucky, you’ll catch a delicious marshmallow!

Directions in the Value Related Section.

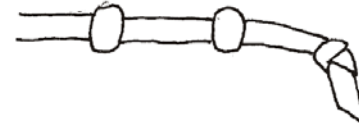
Make Friendship Wristbands

(Santa Clara County Council Pow Wow Book Nov. 2003)

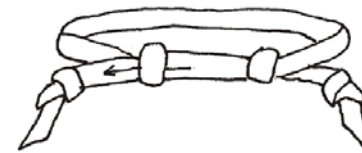
Materials: For each, you will need two pony beads and a leather lace.

Step 1: Cut lace 5" longer than measurement around wrist. Trim lace ends at an angle.

Step 2: Tie a knot in one end of the lace. Thread on 2 pony beads. *(To celebrate Best Friends Day in June, have each boy choose two beads, then exchange at least one bead with other boys- or let boys add more than two beads as a record of friendship - Alice)*



Step 3: Thread the other end of the lace through the beads from the opposite direction. Tie a knot in this lace end. Adjust size of bracelet by pulling on knotted lace ends.



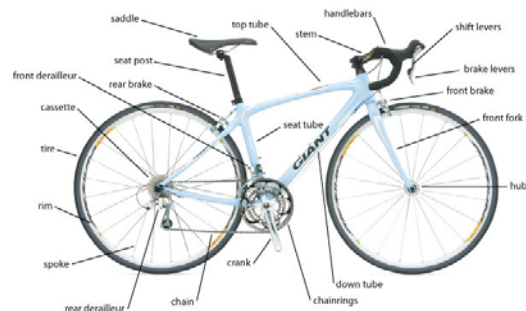
This could also be a good activity in a Den setting.

Bike Rodeo Theme:

What is it?

(Alice, Golden Empire Council)

Mount an unlabeled picture of a bike on the wall – number each part of the bike, or block out the labels on a labeled picture. As they enter, each person or family gets a sheet with a list of the parts of a bike. They must decide which number goes with the part on their list. Winner is the one with the most correct answers when the meeting starts. You can enlarge this image and then block out the names of each part.



If you are having a Bike Rodeo, start off with a bike inspection to make sure everyone has a safe bike that fits– AND a Helmet! Bring together an expert from a bicycle shop or a local bicycle club, and check to make sure each person has a bike adjusted properly for size and safe to ride.

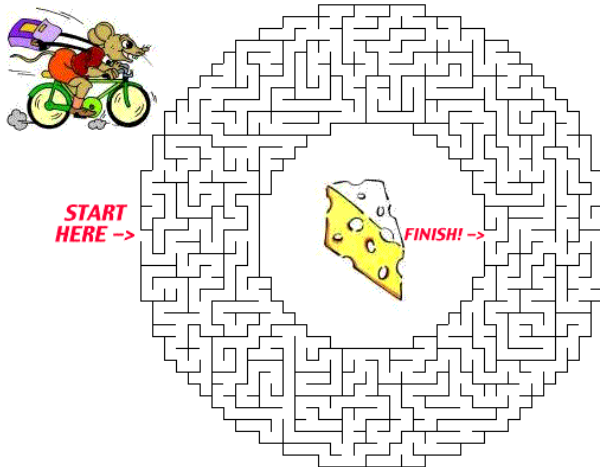
Set up a Perseverance Obstacle Course to navigate – each obstacle can be labeled with a possible challenge that could keep a person from going forward. This could be done either

on a bicycle or on foot. Or try one of the suggested obstacles under Value Related.

Mouse on the Bike Maze (Alice, Golden Empire Council)

Every bike rider needs to learn how to maneuver his bike to avoid hazards and stay safe – and to reach his destination safely.

Our Mouse on the Bike has broken the Number 1 Rule – he is not wearing a helmet – but YOU would never do that! See if you can help the mouse get to his destination safely.



OPENING CEREMONIES

Perseverance - True Or False? (Alice, Golden Empire Council)

Materials: Print out the statements below in large print – each one on a large sheet or poster so that a boy can bring out each statement to post on the wall or hold for the audience to see.

Also make two signs, one saying TRUE and the other saying FALSE.

Narrator: This month, the boys have been learning all about Perseverance. That's a big word, and sometimes people are confused about what makes for perseverance. Let's explore what Perseverance really is.

Cub #1 – Comes out and holds up or posts his sign:

PEOPLE WHO HAVE NO HARSHIPS
ARE MORE LIKELY TO PERSEVERE

Narrator: What do you think boys? Is that a true statement?
Assigned boy holds up the FALSE sign

Narrator: That's right – sometimes having to overcome hardship helps to make you strong enough to persevere!

Cub #2: Comes out and holds up or posts his sign:

FAILURE IS WHEN YOU
CAN'T DO SOMETHING

Narrator: True or False?

Assigned boy holds up the FALSE sign

Narrator: That's right – Failure is when you don't pick yourself up and try again! Lots of things take practice, practice, practice!

Cub #3: Comes out and holds up or posts his sign:

IF YOU KEEP FAILING AT
SOMETHING, YOU JUST
AREN'T MEANT TO DO IT.

Narrator: What do you think - True or False?
Assigned boy holds up the FALSE sign

Narrator: That's right – Maybe you need to stop and think of a different way to do it – or maybe you just need more practice – like the boy learning a Yo-Yo trick!

Cub #4: Comes out and holds up or posts his sign:

IF YOU LOOK FOR THE POSITIVE,
YOU CAN ACHIEVE
ALMOST ANYTHING

Narrator: What do you think - True or False?
Assigned boy holds up the TRUE sign

Narrator: That's right – If you can't juggle three things at once, start with two – then congratulate yourself for getting better – and keep practicing!

Narrator: What do you think - True or False? *Assigned boy holds up the FALSE sign*

Cub #5: Comes out and holds up or posts his sign:

ONE PERSON'S PERSEVERANCE
CAN CHANGE THE WORLD

Narrator: Is that True? Just one person?
What do you think? True or False?
Assigned boy holds up the TRUE sign

Narrator: That's right – Just one person who keeps on trying CAN change the world – look at the example of Martin Luther King or Cesar Chavez. Or how about the Founding Fathers of our Country? They were up against the most powerful country in the world when they decided to sign the Declaration of Independence – and the risked their lives to do it.

Let's remember the Perseverance of those Founding Fathers and celebrate Flag Day as we open our meeting by honoring our flag.

(Move into a Flag Ceremony)

What The Promise And Law Mean To A Cub Scout: *Baloo's Files*

Set Up: (Have cards with letters on front and "reading" on back in LARGE print for Cubs to hold)

Cub #1: P stands for Partnership with God and our fellow man

Cub #2: R means Responsibility, which when accepted, makes us a better person

Cub #3: O is for Opportunities. The many opportunities that come to us through Cub Scouting

Cub #4: M is for Moments that we'll treasure always

- Cub #5:** I stands for Individuality, the mark of a strong person
- Cub #6:** S symbolizes Service, a keynote of Scouting
- Cub #7:** E is for Experiences, little things and big ones, too. Summer Camp, Family Camping, Field Trips, Pinewood Derby, and more.
- ALL CUBS** Recite the Cub Scout Promise
- Cub #8:** L stands for Laughter, an effective medicine for all aches and pains, emotional and physical
- Cub #9:** A symbolizes Adventure: the kind of thing that can change an ordinary day into a momentous one
- Cub #10:** W means Work, good and simple, without it we could not live - merely exist
- ALL CUBS** Recite The Law of the Pack
- ALL** And remember always, A smile is the trademark of a Cub Scout

"The Book of Trees"
Baloo's Files

Set Up: (Have cards with letters on front and "reading" on back in LARGE print for Cubs to hold)

Reader: Those of us who are here tonight are fortunate enough to have come in contact with the organization which believes in making a "friend in need, a friend indeed."

Let us all imagine that we are in a great forest. The clearing through which all Scouts must enter is our ethical code. All who enter must make the Cub Scout Promise. But once inside, we find many paths - all leading to a way of life on which we can build a wholesome future. In Cub Scouting, we are able to help all our scouts take this trail.

A Reading from the Book of Trees:

- Cub #1:** I am the Oak Tree - As sturdy and long-lived as I, so is a Cub Scout's honor.
- Cub #2:** I am the Holly Tree - Constantly green and holding tight to my leaves as a Cub Scout is ever loyal.
- Cub #3:** I am a Birch Tree - With my bark and my wood, I am useful and help others as every Cub Scout does.
- Cub #4:** I am a Linden Tree - My heart shaped leaves are like the hearts of Cub Scouts who are friends to all and brothers to each other.
- Cub #5:** I am the Aspen Tree - My leaves softly whisper "Courtesy is Thoughtfulness" as every Cub Scout knows.
- Cub #6:** I am the Elm Tree - Sheltering the little folk of the woods in my gracious branches and roots, I am a friend to all animals, just as every Cub Scout is.
- Cub #7:** I am the Poplar Tree - Tall and straight as a soldier who obeys orders, so does every Cub Scout.
- Cub #8:** I am the Maple Tree - Brightening the spring, my leaves bright in the fall, I am as cheerful as a Cub Scout.

Cub #9: I am a Hickory Tree - Tough of wood, I keep my nuts stored in strong, tight cases, just as a Cub Scout is thrifty.

Cub #10: I am the Dogwood Tree - In the spring, I stand clean and beautiful in the face, as does a Cub Scout, clean in thought, word and deed, so stands in beauty.

All: (Lead the Audience in The Outdoor Code)
As an American, I will do my best to -
Be clean in my outdoor manners
Be careful with fire
Be considerate in the outdoors, and
Be conservation minded.

All: **Audience Sings** "This Land is Your Land"

I Can Opening
(Simon Kenton Council)

This can be read as is or split into a few or many parts

I can- stand tall in my heritage and believe fully in America!

I can- strive for the highest pinnacle, or any other spot I so choose, it is my decision, to be freely arrived at.

I can- worship at the church of my choice, read whatever books, articles, or newspapers I choose, select my own home, friends, job and associates!

I can- sleep peacefully, free from the fear of midnight persecution, secure in the protection of my rights!

I can- fail as well as succeed, this is true freedom!

I can- shape my own destiny, have my visions realized, achieve anything I really believe I can!

I can- fail and still be counted a man, gain strength and experience through mistakes, lose it all, and start over again as many times as my spirit is willing, until my dreams are reality!

I can- grow as large as my dominant aspirations, be as big as I am willing to pay the price to become!

I can- own my own home, start a business, invest in my future, climb to the stars by constructing my own staircase!

I can- compete and receive in direct proportion to my efforts, thank others for assistance in my success, but look only to myself for my failures!

I can- raise my family in freedom, and freely change homes, jobs, friends, tastes, location, vocation, and avocation, but, most importantly, I can change myself!

I can- because I am an American!

Please join me in pledging allegiance to our flag.

AUDIENCE PARTICIPATIONS & STORIES

How to Survive a Day Hike

Santa Clara County Council

Divide the audience into six groups. Assign each group their sound/words for the story.

Each time their word is mentioned, the assigned group should make the designated sound. Practice as you make assignments before starting the story.

Day: "Dig those rays!" (Shade eyes with one hand)

Hike: "Tramp tramp" (stomp feet)

Clarence: "Do your best" (make Cub Scout Sign)

Sidney: "My way is better" (hand on chest)

Pack: "Light as air"

(pretend to tuck thumbs under pack straps)

Duffle Bag: "Heave-ho!"

(Make motion of throwing over shoulder)

CLARENCE Cubby and **SIDNEY** Scout went on a **DAY HIKE** in the mountains behind their home. **CLARENCE PACKED** his comfortable **DAY PACK** with high-energy foods and lots of water. He also put in a map and compass for good measure. **SIDNEY** Scout decided to use his Dad's old Army **DUFFLE BAG** since it could hold more canned root beer and chocolate pudding than a **DAY PACK** could. The weather was nice that **DAY**, though the hiking was slow because of **SIDNEY** Scout's heavy **DUFFLE BAG**. Finally they **HIKED** to a small lake and stopped for lunch.

CLARENCE Cub ate his lunch and rested awhile on his **PACK**. **SIDNEY** was too tired to eat after carrying the **DUFFLE BAG** that far. **SIDNEY** told **CLARENCE** to start hiking home and he would catch up later that **DAY**. **CLARENCE** took a compass reading and **HIKED** for home. **SIDNEY** took a nap on his **DUFFLE BAG**. When **SIDNEY** woke up the **DAY** had turned cloudy and he didn't know which way to begin to **HIKE** home.

He picked up his **DUFFLE BAG** and decided to **HIKE** along a stream back to town. When the **DUFFLE BAG** got too heavy, **SIDNEY** tried to float it down the stream, but the **DUFFLE BAG** sank, and now it was twice as heavy for **SIDNEY** to carry. **CLARENCE HIKED** home and enjoyed his **DAY HIKE**. Three years later **SIDNEY** was finally picked up on a sunny **DAY** along the lower Colorado River heading toward the Gulf of California, still carrying his **DUFFLE BAG**. When asked about the unusual length of his **DAY HIKE**, **SIDNEY** said the next time he went he would change only one thing -- he would **PACK** his **DUFFLE BAG** with more flavors of pudding.

I'm Going to Keep On Going!

(Alice, Golden Empire Council)

This is a Repeat After Me story in honor of Repeat Day. But it's also about Perseverance.

The leader says each line, then the audience repeats it. Have fun!

I have a hard job to do. *(audience repeats)*

But I'm Going to Keep on Going. *(repeat)*

There's lots of tall grass just ahead. *(repeat)*

I can't see over it. *(repeat)*

I can't see around it. *(repeat)*

Just have to go through it! *(repeat)*

(Make swishing sounds and use your arms to push the "grass" aside)

Wonder what's in here? *(repeat)*

Think it's dangerous? *(repeat)*

Wish I could go back. *(repeat)*

But I have to Keep on Going! *(repeat)*

At last, I can see where I am. *(repeat)*

But there's a BIG swamp ahead *(repeat)*

Lots of water. *(repeat)*

Maybe there's an alligator. *(repeat)*

Wish I could stop. *(repeat)*

But I have to Keep on Going! *(repeat)*

(Make splashing sounds and pick your feet up as if mud is pulling at your boots)

Whew, glad I made it! *(repeat)*

There's a big hill ahead. *(repeat)*

Wish I didn't have to climb it. *(repeat)*

But I have to Keep on Going! *(repeat)*

(Reach up with hands and feet as if climbing hard)

Sure is a hard climb. *(repeat)*

Wish there was an elevator. *(repeat)*

But there isn't. *(repeat)*

And I have to Keep on Going! *(repeat)*

(Make motion of reaching the top – stand with hands on hips and look happy)

Boy, that hill was hard to climb. *(wipe brow)*

That swamp was kind of scary. *(look scared)*

The grass was hard to walk through. *(repeat)*

But I made it. *(repeat)*

I Kept on Going! *(repeat)*

I Persevered! *(repeat)*

(Points proudly to himself)

I deserve a Round of Applause! *(repeat)*

(Everyone gives a Round of Applause)

I deserve a Big Hand! *(repeat)*

(Everyone Gives a Big Hand)

And so do YOU! *(repeat)*

(Everyone gives another Round of Applause and a Big Hand)

The Three Trees

Catalina Council

Divide the audience into six groups. Assign each group their sound/words for the story.

Each time their word is mentioned, the assigned group should make the designated sound. Practice as you make assignments before starting the story.

BIG TREE - Drop a large rock into a large can.

MIDDLE-SIZED TREE - Drop a medium-sized rock into a medium sized can.

BABY TREE - Drop a small pebble into a small can.

BABBLING BROOK - Use a straw to blow bubbles in a glass of water.

Or have them go "Babble, Babble, Babble"

RABBIT - Hop in and around trees.

HUNTERS - Blow bugle.

GUN - Shout "bang".

Once upon a time in the deep, dark woods there stood three trees - the **BIG TREE** (plunk), the **MIDDLE-SIZED TREE** (plink), and the wee **BABY TREE** (pink) - and through the trees ran the **BABBLING BROOK** (gurgle, gurgle) and hopped the little **RABBIT** (clippety-clip). One day a group of **HUNTERS** (bugle call) wandered through the forest, in which stood the three trees - the **BIG TREE** (plunk), the **MIDDLE-SIZED TREE** (plink), and the little **BABY TREE** (pink) - and through the trees ran the **BABBLING BROOK** (gurgle, gurgle) and hopped the little **RABBIT** (clippety-clip).

As the **HUNTERS** (bugle call) wandered through the forest, in which stood the three trees - the **BIG TREE** (plunk), the **MIDDLE-SIZED TREE** (plink), and the little **BABY TREE** (pink) - and through the trees ran the **BABBLING BROOK** (gurgle, gurgle) and hopped the little **RABBIT** (clippety-clip) - one of the **HUNTERS** (bugle call) spied the little **RABBIT** (clippety-clip). He raised his **GUN** (bang) at the **RABBIT** (clippety clip), and sadness reigned in the forest, in which stood the three trees - the **BIG TREE** (plunk), the **MIDDLE-SIZED** (plink), and the little **BABY TREE** ((pink), and through which ran the **BABBLING BROOK** (gurgle, gurgle), but no longer hopped the little **RABBIT** (clippety-clip).

The **BIG TREE** (plunk), the **MIDDLE-SIZED TREE** (plink), and the little **BABY TREE** (pink), were all very sad. Even the **BABBLING BROOK** (gurgle, gurgle) was sad. But all of a sudden, out from the thicket hopped the little **RABBIT** (clippety-clip). The **HUNTERS'** (bugle call) **GUN** (bang) had missed. And once again happiness reigned in the forest where the three trees - the **BIG TREE** (plunk), the **MIDDLE-SIZED TREE** (plink), and the little **BABY TREE** (pink), and through which ran the **BABBLING BROOK** (gurgle, gurgle) and hopped the little **RABBIT** (clippety-clip).

A True Story of Perseverance

(Alice, Golden Empire Council)



Special Bikes, Special Cyclists!

The cycling team of Misael Taboada, coach Alejandro Feldman, Horacio Bustamante, and Carmen Barrionuevo were thrilled with their medals. They had been training hard for eighteen months, and before that, with individual coaches for many, many additional hours so they could compete in the 2003 Olympics games.

But the economic situation in Argentina made it impossible for the cyclists to come equipped with the latest bikes. In fact, some of the equipment was so old that it didn't survive the journey. Two of the three bicycles that came from Argentina with the athletes were damaged in transit. A team of expert mechanics did everything they could to repair the equipment when the pieces arrived in Dublin, but one machine was damaged beyond repair.

"We were devastated when we realized we were a bike down, because so much effort and training had gone into getting here," said Feldman. But the team was determined to carry on and enjoy their time in Dublin nonetheless.

Once competition began on Saturday, Argentina's team of three had to share two bicycles for a variety of events- some of which were at the same time! Their coach had to take one athlete off the bicycle at the finish line and then push it halfway back around the track for the second bicyclist to use! But in spite of the situation, the team went on to win nine medals in the first four days of competition!

Their story struck a chord with an anonymous donor and new bikes were delivered and presented to the team. "We are really excited, we just can't believe it," said athlete Misael Taboada.

What a great example of determination and dedication, even when it seemed they couldn't possibly win! And these athletes had one more hurdle to overcome – you see, these special athletes were participating in the Special Olympics in 2003 – but nothing deterred them from "doing their best!"

(Read lots of other inspiring stories at

<http://www.specialolympics.org>

LEADER RECOGNITION & INSTALLATION

And Then Some

Sam Houston Area Council

These three little words are the secret to success.
They are the difference between average people and top people in most organizations.
The top people always do what is expected ... and then some.
They are thoughtful of others, they are considerate and kind ... and then some.
They meet their obligations and responsibilities fairly and squarely ... and then some.
They are good friends and helpful neighbors ... and then some.
They can be counted on in an emergency ... and then some.
I am thankful for people like this for they make the world more livable.
Their spirit is summed up in these three little words ... and then some.

Materials –

Candle or a small flashlight mounted on a display;
Write on the display – thank you for lighting our path.

Words –

There are some leaders and parents with us tonight who have shared the bright light of their enthusiasm with us all year, and we need to thank them for their time and their dedication to our pack program. They lit our path with the energy they put into this event and I would like them to come forward so we can show them our appreciation. (Call adults forward and present award.)

ADVANCEMENT CEREMONIES

You Did It!

(Alice, Golden Empire Council)

Personnel: Have different boys, or even the Cubmaster and Den Leaders, come out one by one and show off a skill – Use these ideas, or substitute with skills your pack members have.

Cubmaster: Well, the boys have certainly been working hard this month – so we want everyone to pay attention as we give out some awards

(He is interrupted by someone coming out in front of him and beginning to Juggle, or....)

Juggler performs a little, then says –

“I knew I could do it – just took a little practice”

Then he reaches down and says –

“Oh, hey, here’s something I’m supposed to give you.

Performer goes off

Cubmaster: What’s this? *(Opens or reads from the envelope)*

Why, it’s an award for..... *He reads off the name(s) and calls up boy(s) and parents and presents the award. For rank*

advancements, CM gives parent the award to give to the boy and the boy puts the parent pin on his parent.

Cubmaster: I think that calls for some applause. *(Choose an applause to use)*

Cubmaster: Now, let’s get back to business – we have some other awards to give out tonight...*(He is once again interrupted by someone coming out, standing in front and doing a Yo-Yo trick, skating in on inline skates, walking on carrying gear for fishing, or holding a kite)* The “performer” show off his skill, says something like – “Practice Makes Perfect” or “I KNEW I could do it”. The “performer” then produces an envelope with another award(s) to be given out. For example, the fisherman could take the award out of his tackle box, the boy with a kite could remove the award from his kite tail ...

You get the idea – just substitute whatever skills and props work for you. And have Fun!

Paul Bunyan & Perseverance

(Alice, Golden Empire Council)

Scoutmaster can be dressed as Paul Bunyan, with a red plaid shirt, boots, suspenders – whatever makes him look the part. He tells the story as if he IS Paul Bunyan – using some of the Tall Tales – Look in Value Related for some ideas about some of his amazing feats.

Cubmaster: By Golly, I’m glad to see so many hardy scouts here tonight. Some of the boys wanted me to tell you about my adventures in the North – and how I persevered.

As he tells the story, he uses props and compares his exploits to the boys who are receiving awards.

For example: “When all the pancakes were ruined, I needed to find a way to make a pancake big enough for all the loggers. Well, that was going to call for a BIG Pan The blacksmith, Olaf Olafson, needed lots of iron to make that pan – it took 100 train cars to carry out all the iron I mined! He also made me a giant Egg Beater – much bigger than this one.”

(Sees a note on the Egg Beater and reads off a boy(s) name, calls up boy(s) and parents)

Then I realized I would need a GIANT EGG BEATER to mix up all the batter for my GIANT PANCAKE – Where would I get all those eggs? But like my Momma used to say “Where there’s a Will, there’s a WAY!” Sourdough Sam, the cook, corralled all the chickens and ducks he could find. The Canada Geese flew down from up north to help. When they were all there, Sourdough Sam made such an awful face that all those birds dropped their eggs. A dozen eggs just wouldn’t have been enough for that Giant Pancake!

(He opens an egg carton and finds another award or set of awards – continue as above)

Well, we thought we had the problem solved – and then we realized it would take an ENORMOUS fire to get that GIANT pan hot! So I set off with my trusty ax and felled whole forests all over the land.

(Finds awards attached to his "Axe" or "Saw" – Continue as above.)

I was in quite a hurry to get all those logs back to Sourdough Sam – so I sawed off some round tree stumps, attached them to my boots, and SKATED all the way back. And that's how I invented Inline Skating – at least, that's what a scout told me you call it nowadays!

(Holds up a skate, and awards fall out of the boot – continue as above.)

And that's how I made the Biggest Pancake EVER! Like my Momma always said "Where there's a Will there's a Way." Just goes to show you what a little PERSEVERANCE can do!!

There are many other twists in the story – if you need more props and ideas, go to: www.first-school.ws/activities/onlinestory/books/pbunyan.htm and click on Story #2, then click on the link to listen to the story.

Some ideas for Bike Theme Ceremonies:

Alice, Golden Empire Council

- Use the parts of a bike, scooter, skates or skateboard and relate them to various awards or to the parts of the Flag.
- Use a drawing of a bicycle with the parts labeled – relate the parts to the steps in earning various awards and advancements.
- Use a bike tool kit with its very special tools to the special steps on the Scout trail and have each piece relate to advancements, awards, or to being prepared to continue on the Scouting Trail.
- Use a bike that is the wrong height for a Cub Scout – As you adjust the seat and handlebars, you can relate that to the way the Scouting program is age and skill based, step-by-step according to ability. Just as the seat height needs to be right, the Tiger Cub program is based on a boy and his adult partner. (If using for Advancement, call up Tiger Cubs or Bobcats at this time) At the same time, you would be reinforcing the need for each boy to have a bike that is adjusted to be safe for him. Other parts that could be "tested" and adjusted would be the brakes, a low tire, and lubricating the bike. (Make sure that the person doing the adjusting knows how to do it, and has rehearsed the various steps)

Baden Powell Advancement

(Santa Clara County Council Pow Wow Book Feb. 1999)

When Baden-Powell started the Scouting movement, he felt that any Scout who took the time and trouble to master skills should be rewarded. He gave to each Scout who passed certain tests a badge to wear on his uniform. It recognized the importance of what the Scout had done and let others know of his achievement.

Cub Scouting is based on one of the stories in Rudyard Kipling's The Jungle Book. The story is called "Mowgli's Brothers." We know it as "The Story of Akela and Mowgli." In Kipling's story, the black panther, Bagheera, is the mighty hunter who teaches the cubs the skills of the jungle. In Cub Scouting we use the symbol of the Bobcat.

(Announce boys who have earned the Bobcat rank.

Call up boys and parents.

Present awards to parents to present to sons.

Lead CHEER.)

The first rank is that of Tiger, named for Shere Khan, the tiger in the Jungle Book. The Tiger Cubs must complete 5 achievements with their adult partners.

(Announce boys who have earned the Tiger rank.

Call up boys and parents.

Present awards to parents to present to sons.

Lead CHEER.)

The next adventure is the Wolf trail. This is a big adventure for a boy. The Wolf trail is much longer than the Bobcat trail. A Cub Scout should "Do His Best." That's a part of the promise he made to become a Bobcat.

(Announce boys who have earned the Wolf rank.

Call up boys and parents.

Present awards to parents to present to sons.

Lead CHEER.)

In the Bear book, we learn how Baloo, the wise old brown bear, teaches Mowgli the Law of the Pack. The requirements are a little bit more difficult than those for the Wolf badge. Obeying the Law of the Pack is another part of the promise he made to become a Bobcat.

(Announce boys who have earned the Bear rank.

Call up boys and parents.

Present awards to parents to present to sons.

Lead CHEER.)

Webelos Scouting is an integral part of Cub Scouting. It has some distinct differences from the program for younger Cub Scouts, but it shares in Cub Scouting's main purpose. As a Webelos Scout, he learns new ways to "Help Other People," another part of the promise he made to become a Bobcat.

(Announce boys who have earned the Webelos rank.

Call up boys and parents.

Present awards to parents to present to sons.

Lead CHEER.)

The highest award a Cub Scout can receive and transfer over to his Boy Scout uniform is the Arrow of Light. Usually awarded during a special ceremony, it is important to mention this light is at the end of the Cub Scouting trail. This "Light" with all the skills and tools it represents is carried forward to brighten the new world of Boy Scouting. It is in Boy Scouting and after that a boy will keep the promise he made when he became a Bobcat—"Duty to God and Country."

(Announce boys who have earned the Arrow of Light

Call up boys and parents.

Present awards to parents to present to sons.

Lead CHEER.)

(Congratulate all boys who have earned a rank at this time.)

Perseverance

(Adapted from Ceremonies for Dens & Packs)

Narrator: Just as mountain climbers love to challenge mountains, Cub Scouts challenge the mountain of Scouting.

Narrator: As Bobcats, you have reached the first plateau of Scouting. You might feel that you haven't gone far yet, but you have accomplished many things. Doing your best at each task is what it takes to reach the top of the mountain of Scouting.

Will the following new Bobcats please come forward with their parents?

Narrator: Tigers, you are at the base of the mountain. Some of you might have been afraid to start climbing. But with the help of your adult partners you have all found your way to this level.

Will the following new Tigers please come forward with their parents?

Narrator: Wolves, you are almost halfway up the mountain. Some of you might have slipped on the rocks on the way up, but you have all found secure ground in receiving your badge today.

Will the following new Wolves please come forward with their parents?

Narrator: Bears, you have now come far enough up the mountain to feel that the air is thinner and there are fewer and fewer trees. You still have more ridges to climb and your fellow climbers and leaders will be there to help and guide you.

Will the following new Bears please come forward with their parents....

Narrator: Webelos, you are now hiking above the tree line and the sense of accomplishment you feel has made the trip worthwhile. The summit of the mountain looms before you and the skills you have gained have prepared you for what lies ahead.

Will the following Webelos Scouts please come forward with their parents to receive their Webelos badge.

Narrator: Scouts, looking up, you see the summit of the mountain of Cub Scouting...the Arrow of Light Award awaits you. The higher you climb, the more determined you are to reach the peak.

A Trip Across the Country Award Ceremony

(York Adams Council)

(Note. This ceremony is written so that any particular award can be used or omitted without impacting the whole of the ceremony.)

From Alice: *Since traveling across the country is the theme here, the Summer vacation months might be a great time to use this ceremony – and you could add a large map of the USA and trace the journey .*

Cubmaster: Tonight we're going to take a trip—a trip across the country—from sea to shining sea. We'll begin in the east and move our way west, like our forbearers did as they settled this great land. When our country first began, the land on the

east coast was settled. People moved from other countries to this land of opportunity.

The trip through Cub Scouting happens in much the same way. When boys first join a Pack, they settle in this new world we call Cub Scouting. And, like the first settlers of the new world, they learn new ideas and new ways to live.

The new Cubs have learned about the Pack and about Cub Scouting. They have discovered the Law and the Promise, the Cub Scout Sign, handshake, and salute, and other important things that make being a Cub Scout possible.

(Bobcat) Tonight we have several Cub Scouts, new to the Pack, who have just begun their trip. (List names of Bobcat recipients and call them with their parents to the front of the room. Hand parents the awards to present to the boys and congratulate them with the Cub Scout handshake. Offer applause and ask them to take their seats.)

(Tigers) Once the settlers became comfortable with how to live in the new world, they became more adventurous. They set out from the east to cross the Appalachian Mountains. As they crossed the mountains, they found new adventures and new challenges. In Scouting, the Tiger Cubs move forward too, with their Adult Partners, they cross the foothills leading to the higher mountains. They complete five achievements along the way. They learn about their family, where they live, keeping healthy and safe, how to tell about things and the outdoors.

In Scouting, the Wolf Cub Scout moves forward too, crossing his own "mountains" to meet new challenges and adventures. He learns about the American flag and his state flag; he begins to work on being physically fit, and he spends time learning more about his family, his home, and his neighborhood.

(Wolf) Tonight we have some Cubs who have crossed the mountains of the Wolf trail and have met the challenges and welcomed the adventures that have brought them. (List names and invite them with their parents to come forward. Hand out badges to parents to give to the boys. Congratulate them and offer a suitable applause. Have them sit down.)

So our trip continues. From the Appalachian Mountains, the settlers moved further west, into the Great Plains. Here they were greeted with challenges they had never imagined. But they also found the room to grow. That's exactly what happens after a Cub Scout leaves the Wolf Den and becomes a Bear. He faces more challenges, but he also learns and grows by facing those challenges

(Bear) What does it take to face challenges and succeed in them? We can look to several of our Bear Scouts to find out. Tonight we have several Bear Scouts who have done just that. (List off Bear candidate names and invite them and their parents to the front of the room. Hand parents the awards to present to the boys and congratulate them. Offer applause and ask them to take their seats.)

Across the Great Plains and into the Rockies our settlers traveled. The Rockies presented to them the greatest of challenges. But again, they rose to the challenges, because they knew that with the hard work and hardships came a freedom and a strength that made it worth the effort.

What about the Cub Scout's path? The next phase of their trail is the Webelos. Here the Cub Scout begins to let go of the security he has known from working closely with his parents. He starts his climb into a freer, but more responsible and more challenging level. He no longer has his parents sign off his completed requirements, but reports them to the Den Leader himself. He is becoming more responsible—the challenge—but is also growing more independent, learning to handle his freedom well.

(Webelos) Tonight there are several Webelos Scouts who have struggled up their own Rockies and have met the challenges offered. (List names and invite them with their parents to come forward. Hand parents the awards to present to the boys and congratulate them. Offer an applause and ask them to take their seats.)

So the settlers finally crossed the Rockies. Can you imagine what it was like for those that found their way to Yosemite Valley. It was a struggle to cross the coarse terrain, but the sights that awaited them were beyond compare. The settlers who spent their lives crossing the country, one step at a time, received the reward they richly deserved. They saw the golden rays of the sunset along the Pacific Coast and knew that they had done it themselves.

And our Cub Scouts who grow into Webelos Scouts and advance the full trail of the Cub Scout program are also rewarded for their great accomplishments. They don't get riches of gold or silver; they don't get a life free of hard work, but they do get to know, deep down within themselves, that they have made it to the greatest reaches, for they have earned the Arrow of Light.

(Arrow of Light) Tonight we celebrate the accomplishments of those Webelos Scouts in the Pack who have reached the summit, the top, the farthest reaches. We recognize and congratulate them for their efforts; efforts that took their greatest strength to complete. (List names and invite them with their parents to come forward. Hand boys the parent's Arrow of Light pins to present to their parents. Then give parents the awards to present to the boys and congratulate them. Offer an applause and ask them to take their seats.)

SONGS

Perseverance

(Alice – Golden Empire Council)

Tune: If You're Happy & You Know It

If you're learning something new,

Persevere

When you keep on with your practice,

Never fear

When you try to do your best,

Put your labor to the test

When you never give up trying

You can cheer!!

If you want to learn to juggle,

You must start

Break the actions down and try the simple part

Once you master the beginning

You will slowly fill like winning

If you simply always work with all your heart.

If you're good,
Then strive to be a whole lot better
Start at "A" and go through every single letter
If you only keep on trying
You are sure to make the grade
If your work and perseverance does not fade
So remember – Don't give up and simply sit
When it looks like you will never ever fit
And no matter what the challenge
You can always find a way
If you DON'T give up you're sure to be a Hit!

Start & Stick & Do Not Quit

(Alice-Golden Empire Council)

(Tune: Row, Row, Row Your Boat)

When you go to start a Task,

Be sure you Learn to Stick

If you want to "Do Your Best"

You cannot Start & Quit

First set your final goal

Then practice hard and long

Keep it up and try again

Then sing a victory song!

Cub Scout Rodeo

(tune: Jingle Bells)

Hopping on my bike, and with my helmet on,

Down the street I go, peddling fast not slow,

Waving to my friends

"Grab your bikes, let's go!"

Peddle on to have some fun at our Bike Rodeo..Oh.....

Chorus:

Cubs on bikes, Cubs on bikes, riding is such fun
The rodeo for bikes, you know is meant for everyone

Cubs on bikes, Cubs on bikes, riding is such fun

Safety first and practice, too, will make you #1!

Here are three FUN "Repeat After Me" songs – perfect for Repeat Day on June 3rd – and you will also need to PERSEVERE to get all the way to the end! - Alice

Froggy!

(A repeat after me song)

Dog! [repeat]

Dog, Cat! [repeat]

Dog, Cat, Mouse! [repeat]

Froggy! [repeat]

Itsy, bitsy, teensy, weensy, little, bitty Froggie! [repeat]

Jump, jump, jump, little Froggie! [repeat]

Gobble up all the little worms and spiders. [repeat]

Fleas and flies, scrumdillicious! [repeat]

Ribbit. ribbit, ribbit, ribbit, ribbit, ribbit, ribbit, CROAK! [repeat]

FASTER! [repeat]

(Keep repeating faster and faster until you can't go on!)

The Bear

(tune: Sippin' Cider)

Leader sings one line and audience repeats it
For the chorus, after every four lines,
the audience repeats the four lines
without pausing between lines.

The other day (repeat)
I saw a bear (repeat)
Out in the woods (repeat)
A-way out there (repeat)
Chorus: (repeat verse without stopping)
I looked at him (repeat)
He looked at me (repeat)
I smiled at him (repeat)
He smiled at me (repeat)
Chorus
He said to me (repeat)
Why don't you run? (repeat)
I see you ain't (repeat)
Got any gun (repeat)
Chorus
And so I ran (repeat)
Away from there (repeat)
But right behind me (repeat)
Came that bear (repeat)
Chorus
And then I saw (repeat)
Ahead of me (repeat)
A great big tree (repeat)
Oh, mercy me (repeat)
Chorus
The lowest branch (repeat)
Was 10 feet up (repeat)
I'd have to jump (repeat)
And trust to luck (repeat)
Chorus
And so I jumped (repeat)
Into the air (repeat)
But I missed that branch (repeat)
A-way up there (repeat)
Chorus
Now don't you fret (repeat)
And don't you frown (repeat)
"Cause I caught that branch (repeat)
On the way back down (repeat)
Chorus
That's all there is (repeat)
There ain't no more (repeat)
Unless I meet (repeat)
That bear once more (repeat)
Chorus

Billy Grogan's Goat

Leader sings one line and audience repeats it
For the chorus, after every four lines,
the audience repeats the four lines
without pausing between lines.

There was a man (repeat)
Now please take note (repeat)
There was a man (repeat)
Who had a goat (repeat)

Chorus

He loved that goat (repeat)
Indeed he did (repeat)
He loved that goat (repeat)
Just like a kid (repeat)

Chorus

One day that goat (repeat)
Felt frisk and fine (repeat)
Ate three red shirts (repeat)
Right off the line (repeat)

Chorus

The man, he grabbed (repeat)
Him by the neck (repeat)
And tied him to (repeat)
A railroad track (repeat)

Chorus

Now, when that train (repeat)
Came into sight (repeat)
That goat grew pale (repeat)
And green with fright (repeat)

Chorus

He heaved a sigh, (repeat)
As if in pain (repeat)
Coughed up those shirts (repeat)
And flagged the train! (repeat)

*Chorus***"Hole In the Bottom of the Sea"***(Great Salt Lake Council)**with some commentary by CD*

*[This song takes some work to get through-
so Persevere!]*

There's a hole in the bottom of the sea
There's a hole in the bottom of the sea
There's a hole, there's a hole
There's a hole in the bottom of the sea
There's a log in the hole in the bottom of the sea
There's a log in the hole in the bottom of the sea
There's a hole, there's a hole
There's a hole in the bottom of the sea
There's a bump on the log in the hole
In the bottom of the sea
There's a bump on the log in the hole
In the bottom of the sea
There's a hole, there's a hole
There's a hole in the bottom of the sea

Keep building as long as your imagination let's you. Be sure to repeat all the items each time.

There's a frog on the bump on the log in the hole ...

There's a fly on the frog on the bump on the log ...

There's a wing on the fly on the frog on the bump...

There's a flea on the wing on the fly on the frog ...

After this you could have

A wing on the flea,

A hair on the wing,

But at Camp No-Be-Bo-Sco in the 60's under the direction of "Golden" Eddie (Stoeffels) we would continue with -

There's a truck on the flea on the wing on the fly ...

There's a tire on the truck on the flea on the wing ...

And somehow we would wind up with

There's a charge in the proton in the atom ...

I don't remember it all. Sorry. However you do it -

#1. Have Fun

#2. Make sure your Cubs are having fun, don't drag it out too long. Commissioner Dave

If you are a No-Be-Be-Sco Alumnus or just a fan or a nosy Scouter - check out the Sand pond Society to see what

No-Be Alumni are up to -

<http://sandpondsociety.org>

or <http://nobebosco.org/>

STUNTS AND APPLAUSES

APPLAUSES & CHEERS

Alice, Golden Empire Council

Perseverance:

(Do as a Repeat after Me)

Do It! *(Repeat)*

Do It Again! *(Repeat)*

One More Time! *(Repeat)*

That's Better! *(Repeat)*

Almost There! *(Repeat)*

Now You've Got It! *(Repeat)*

Perseverance!! *(Repeat)*

Do Your Best Applause:

Do Your Best! Do Your Best! Do Your Best!

How Much? Applause:

Divide audience into three groups and assign each one a phrase and action:

1. Practice, Practice, Practice
(move forefinger back & forth)
2. Do It Again! (Open arms wide)
3. One More Time! (Hold up one finger)

Leader: How much time does it take to Persevere?

Leader then points randomly to each group at least a couple of times. Each group responds with their chant.

Leader: THAT'S HOW MUCH! Give yourselves a BIG HAND. (Everyone holds up a Big Hand)

Bike Theme:

Pop A Wheelie Cheer -

Pop wheelie leaning way back and saying, "EERRRRRTTT!"

Bicycle Applause: Pretend to get on your bicycle, throw one leg over the center bar, and move your legs as if you were pedaling - Yell out: "Pump, Pump, Pump up the Hill!"

Wheels Applause: "That was Wheely, Wheely, Wheely Good!"

Squeaky Wheel: Hold out your arm and bend it at the elbow. Make a motion like a wheel. Say "Squeal, squeak, squeak" as the wheel goes around.

Bicycle: Say: "Pump, pump, pump!"

Special June Days:

Flip a Coin Applause - Everyone makes the motion of taking change out of their pocket, "searching" in their palm for the right coin, then "tossing" the coin in the air. Then everyone says "Heads UP!"

Juggling Applause - Everyone makes the motion to pick up three balls, then pretend to juggle them and say "Practice Makes Perfect!"

Doughnut Hole Applause - Look for your "doughnut" - pick it up, take a big bite, then say "There's no hole in THIS doughnut!"

Magic & Perseverance:

"Magic Yell: - Pretend to reach up your sleeve. Pull your hand out and shout "ShaZamm!"

Disappearing Rabbit:- Hold hands to the side of your head like bunny ears and shout, "Poof! Poof! Poof!"

Magician Applause - Take the imaginary hat off your head, make a magical gesture over the hat and say "Presto!"

Magic Hand Applause - Applaud with your hands in front of you, then with your hands behind your back while you say, "Now you see them, now you don't!"

Superman Grace

Thank you Lord, for giving us food

(actions: raise right arm overhead as Superman flying)

Thank you Lord, for giving us food

(actions: raise left arm flying)

For the food that we eat

(actions: standing with both arms over head, to the left)

For the friends that we meet

(actions: standing with both arms over head, to the right)

Thank you Lord, for giving us food!

(actions: move both hands in fists to hips and stand strong like Superman)

RUN-ONS

Juggler's Run On

Alice, Golden Empire Council

Boy comes out over and over during the pack meeting, does a "juggling" activity, then leaves. (This could also be a whole den of boys, or a different boy each time)

First time – he drops the ball. Says – "Need more practice!"

Second time – he tosses the ball between his hands several times and says "That's better!"

Third time – he has added a second ball, and shows he can juggle them. Says "Practice makes Perfect!"

Fourth time – He has added a third ball, but drops all of them after a couple of tosses. Says, "Well, I'll keep trying!"

Fifth Time - He comes out, tosses all three balls successfully. Then he says, "Know what that is?"

ALL the boys from his den run out and say together – "Perseverance!"

(If it's hard for the boys to remember the lines, you could also have the boy(s) come out and do the action, then have another person who says all the words – until the end, when all the boys should say "Perseverance!" together.)

Actually, I suppose you could substitute another action appropriate to age and skill level – like tossing a ball between two boys, or any action that requires practice to get perfect - Alice

JOKES & RIDDLES

Alice, Golden Empire Council

A joke about never giving up:

Q: Why do you always find things in the LAST place you look?

A: Because once you FIND it, you stop looking!

A joke in honor of Doughnut Day:

Q: What has no beginning, no end, and nothing in the middle?

A: Simple – a Doughnut!

Bicycle Knock Knock Joke

Cub #1 - Knock Knock.

Cub #2 - Who's there?

Cub #1 - Ivan.

Cub #2 - Ivan who?

Cub #1 - Ivan riding your bike.

Joe: I saw you running alongside your bike this morning.

Moe: Yes, I was late and didn't have time to get on.

Q: What's big and gray and has 16 wheels?

A: An elephant on roller skates!

Q: Why can't an elephant ride a bicycle?

A: Because he can't ring the bell.

SKITS

Alice, Golden Empire Council

Looking for a story that could make a good skit? There are dozens of them about Paul Bunyan – check for the information in Value Related under Paul Bunyan Day!

Put on a skit about Perseverance

Aesop's Fables are often good sources for an easy skit. Think about the Tortoise and the Hare – (he who persevered won over he who was speedy!) If you'd like some other ideas, go to:

www.kidsinco.com/our-values/perseverance

Scripts for kids – can be used free to use in community or schools – but may not be edited.

The Juggler's Run-On above could also be turned into a skit very easily. And you could use the idea and substitute any other activity that requires practice, such as doing Yo-Yo tricks, doing a magic trick, etc. – Just have the boys coming out with increasing degrees of skill while demonstrating a skill they have practiced.

The Train

(A Scouting Classic from Utah National Parks PowWow)

Cast: 2 BOYS tracking animals, rest of den acts as TRAIN

Props: 3 flashlights, other props as desired

Setting: 2 boys are walking across the stage shining their flashlights on ground as if they're looking for something.

Cub 1: Look! Bear tracks!

Cub 2: There aren't any bears around here. These are raccoon tracks.

Cub 1: Those are bear tracks.

Cub 2: They can't be!

Cub 1: I know what bear tracks look like and those are bear tracks.

Cub 2: Raccoon tracks!

Cub 1: Bear tracks!

Cub 2: Raccoon tracks!

(Boys grab each other and start to wrestle. As they are rolling around on the ground, the other boys enter making train noises the first one carrying a flashlight to simulate the headlight of the train. Boys stop wrestling.)

Cub 1 and 2: (Look at each other and speak in unison.)
Train tracks!

(They jump up and start running as the train chases them offstage.)

GAMES

Paul Bunyan's Perseverance Relay

Alice, Golden Empire Council

Materials: For each team you need: an egg carton and 12 plastic eggs dumped out on the ground, a bowl of water with bubble solution or dish soap; an old-fashioned egg beater or wire whisk; frying pan; a "pancake" – could be packing peanuts, a circle of foam, or a circle of foam sandwiched between two pieces of brown paper and stapled, a large bowl filled with water "balls" and a large spoon, 7 lengths of pool noodles or newspaper logs

Directions: Have someone tell the story of Paul and his amazing feats – Details under Value Related or at: www.first-school.ws/activities/onlinestory/books/pbunyan.htm.

Divide the group into two or more teams and tell them they are going to follow the example of Paul Bunyan in a set of relay games. Set up each event at a station – one set of stations for each team. Line each team up and explain that the first boy in the line will start. Only when the first boy is at station #3 can the second boy start. The game continues in this way, with each boy waiting to start till the boy in front of him reaches station #3.

The winning team is the one that gets all their boys back to the start first.

1. Boy runs to the station, gathers all the eggs and puts them in the egg carton, closes the egg carton, then dumps the eggs out again.
2. Boy must run to the station, then use the egg beater or whisk to make bubbles in his bowl of water and soap.
3. Boy puts a pancake in the pan and flips it at least as high as the top of his head – he must flip and catch a pancake three times, then dumps the pancake out for the next boy.
4. Boy runs to station and uses the scoop or big spoon to pick up 3-4 "water" balls from a large bowl (forming the Great Lakes) – then return the balls to the bowl for the next boy.
5. Runs to the "Logging" station and stacks all the logs. Then he must kick them out of the stack for the next boy.
6. Boy races back to the starting point as if he were wearing inline skates – hands behind back, and sliding each foot ahead one by one (The story is that Paul invited inline skating). When the whole team is back at the starting line in order, they yell, "Paul Bunyan!"

NOTE: You could also take just one or two of these events and turn them into a relay - Alice.

Bucket Ball

(Great Salt Lake Council Pow Wow Book)

- Set up buckets on a surface that balls will bounce on about six feet from a line.
- Divide the boys into teams and have them line up behind the marked line.
- Object is to bounce the ball once and have it land in the bucket for a point.
- The team with the most points wins.

Follow with a Character Connection discussion on perseverance:

- ★ Think about the game we just played. Was it fun? How did you do on your first try?
- ★ Perseverance is staying with something, doing it over and over. Did you persevere?
- ★ Was it hard to persevere; to do it again? Was it worth the effort? When you think of athletes or inventors, do you think they persevere?

IDEA: If this pack meeting is held in conjunction with a derby, use the principle of perseverance in relation to sportsmanship.

Where's My Buddy?

In honor of Best Friends Day

(Alice – Golden Empire Council)

Place several hula hoops on the ground – the ratio should be one for every two boys, MINUS one hula hoop. Use a cone, or base, or even just a piece of fabric to mark a Special Spot that is each boy's "home" during the game – spread out these "home" places so the boys aren't bunched together too closely.

Now, explain that the boys have to find a buddy each time the leader says "Where's My Buddy?" But once buddies are found, the leader will say "Return Home." (The idea is to keep boys from grabbing and keeping a partner for the whole game)

To start the game, every boy goes to his "home."

The leader can then tell a story, for example:

"It's a hot day, and we are going to go swimming. I have my towel, and swimsuit, and sunscreen. But before I go in the water, I need to know "Where's My Buddy?"

Boys race to one of the hula hoops – but only two boys can be together. (If you have an odd number, allow a group of 3 in one hoop)

When all the boys have found a Buddy, tell them to return "Home."

Other possible scenarios:

1. Going on a hike – have your water bottle, jacket, trail mix and my whistle, but....
2. We're going to the zoo for a field trip – I have my permission slip, my sack lunch and water bottle, my jacket and hat, but.....
3. This is great – it's Day Camp time at last. And my den gets to go to the BB Range first – I have my camp shirt, and my water bottle, and my ID lanyard, but.....

You get the idea – just add your own!

Wilderness Survival Game

(Utah National Parks Pow Wow Book)

This game shows how animals in the wild that are weaker or slower will lose to those who are stronger.

Each player needs a three-inch bolt with two nuts screwed onto it, and twenty pieces of candy.

Let the boys challenge each other to a race. To start, the nuts must be screwed to the top of the bolt.

On a signal, the boys must unscrew the nuts all the way until they come off the bolt.

The boy who gets the nuts off first gets two pieces of the other Cubs candy.

Eat & Whistle Challenge

(Utah National Parks PowWow Book)

Players are divided into two teams and each person is given a cracker. At the signal, the first player on each team starts eating his cracker. He must finish it and whistle before the next player in line can start eating. The first team to finish, wins.

It's A Blast!

(Utah National Parks PowWow Book)

Players scatter around the room.

The leader blows a number of short blasts on a whistle.

If there are four blasts, all players try to get into groups of four before the leader counts to ten. Players left out of the groups are eliminated.

The leader continues to whistle different number of blasts. The game ends when only two players are left.

Travel Games to Play in the Car

(Alice – Golden Empire Council)

(Just in time for those Summer Vacations) Long trips in the car require Perseverance from both parents and kids – but these ideas might help! Alice

Guess What I Am?

In advance, fill each compartment of a clean egg carton with a different snack, making one snack carton for each child – put them in a plastic Easter egg to keep them clean and in place. Some ideas: small pretzels, grapes, raisins, breakfast cereal, cheese cubes, popcorn, small marshmallows, cookie bits. In turn, have the children try to guess what an item is just by shaking the egg. If they guess correctly, they get to eat their prize.

Mileage Countdown Bags



Materials:

- ★ 3 or 4 paper lunch bags or containers for each child, more for a long trip
- ★ String or ribbon,
- ★ Felt tipped markers,
- ★ Inexpensive toys that can be used in the car: books, stickers, magnifying glass, little dolls or tiny animals, small notebook and pen or colored pencils, hand held games such as the ones you find for party favors (where you move squares around to form a picture or put numbers in order or where you try to make balls go into specified holes)
- ★ Snack items: small packages of peanuts, raisins, or fruit snacks, fruit, granola bars, rice cakes, boxes of fruit juice, packages of gum, cheese cubes, etc.

Directions:

Before your trip, print the name of each child on the outside of a set of lunch bags. Looking at your planned route on the map, determine points where you think the kids will be ready for a snack, toy, game, book, etc. (Every 50 miles or so seems to work best for school-age children) Write the number of miles you have traveled, or the name of a city or geographic point on each of the bags in a set. Once you start traveling, each child will receive the appropriate bag at the spot or mileage you have noted. Even though this activity requires a little extra effort on the part of Mom or Dad, (or an older sibling), it will be worth it once you are on the road. Not only does it curb the whining question, “Are we almost there?” but it encourages good behavior as kids anticipate opening their next mileage bag. Older children can trace your route on the map, and predict when the mileage bag will be opened.

Put an item in each bag, making sure that each child receives the same type of treat at the same time. Try to judge when certain items would be appropriate and helpful – you can space out food items and toys. Tie the bags shut with string or ribbon and place in a basket or box that will sit next to you during the trip. Explain the mileage game at the beginning of the trip – hopefully, the miles will fly by!

When Are We Going To Get There?

Bring along a roll of nickels for each child. Every time one of them asks, “When are we going to get there?” he owes you a nickel. When you reach your destination, the nickels left in his roll are his to spend!

Things That Are Alive

Give each child a magazine and have him hunt for pictures of things that are alive – people, plants, animals – and tear them out. Whoever finds the most wins.

For Older Children:**Unscrambling the Scrambler**

Before you leave the house, make a list of the towns, rivers, states and any prominent landmarks you'll be passing on your trip. Scramble the letters of each place name on the list and give a copy to each child. During the ride, put the kids to work unscrambling the names. Then have them circle the name of each place as you pass it. (Geared for children who can read and spell; if you have younger children who can't, team them with an older sibling or parent.

A, My Name is Annie

A traveling twist on the old-fashioned ball-bouncing game. The first player says, "A, my name is Annie and my husband's name is Alfred. We live in Alaska and we like airplanes." The next child continues, using all names, places and things that start with B. (Any name, place, object, or activity can be used as long as it starts with the right letter.) The players continue taking turns and go completely through the alphabet. When someone misses, he's out.

Complete the Category

Have your kids choose a category, such as boats, flowers, storybook characters, television shows, rock bands, sports teams, cartoons, cities, vegetables, or songs. The first player names something in the chosen category, and then continue around, with each person naming something else within the category. When someone can't think of an item that fits the category, he's out. The last player left is the winner.

Double or Triple Plays

In this version of the traditional find-the-letter-on-the-license-plate game, the players look for double or triple letters or numbers on the license plates. They don't have to be in any particular order. Each player gets one point for each double or triple he finds. At the end of the allotted time, the player with the most points wins.

Word Makers

Each player takes a pad and pencil and chooses the name of a town, river, state, bridge, or area you'll pass on your trip. They try to make up as many words from the name of their place as they can think of, and most words made from the original wins.

Navigator

Let kids take turns being the navigator. With a map, a magnifying glass and a prepared itinerary, they can keep track of where you are and when stops or changes are to be made.

CLOSING CEREMONIES**Perseverance and the One Dollar Bill**

(Alice – Golden Empire Council)



I have here a One Dollar Bill – and there are some interesting lessons in perseverance to be learned from this money.

First, the image of George Washington reminds us that he persevered in spite of terrible odds, overwhelming enemy forces, freezing weather and a lack of even the most basic needs as he led his men in the struggle for freedom.

Now, if you turn the bill over, you will see two circles –the two sides of the Great Seal of the United States. Before the adjournment of the Continental Congress on July 4th, 1776, a committee of Benjamin Franklin, John Adams, and Thomas Jefferson was appointed to develop a seal for the United States. It took six years, the work of two additional committees and a total of 14 men before a final version of the Great Seal was approved – another example of perseverance.

The reverse side of the seal has a pyramid with one side lighted and one side dark. Exploration of the West had not yet begun, so we were in the "dark" about much of our land. The pyramid is also Un-capped, representing the unfinished state of our country. Congress was told that this represented "Strength and Duration" – in other words, Perseverance.

The front of the Great Shield shows an eagle with a shield. Notice the shield is not supported – denoting that the United States of America ought to rely on its own virtue as it perseveres.

The history of our country is filled with examples of patriots who have relied on their own virtue and perseverance in spite of many challenges – Our flag is the symbol of those patriots and the many who serve our country.

We honor our flag on June 14th every year – and tonight, we ask you to stand as we honor our flag once more. (*Retrieval of flag by color guard*)

Do More Closing

(*Utah National Parks Pow Wow Book*)

We have dreamed of and spoken of the future tonight. We always think of the wonders of technology and all the changes that will take place. But, in the future, one thing will remain the same - the human spirit.

Tonight, let us pledge to be the best we can as we listen to these thoughtful words.

- Cub # 1:** Do more than belong... Participate.
- Cub # 2:** Do more than care... Help.
- Cub # 3:** Do more than believe... Practice.
- Cub # 4:** Do more than be fair... Be kind.
- Cub # 5:** Do more than forgive... Forget.
- Cub # 6:** Do more than dream... Work.
- Cub # 7:** Do more than teach... Inspire.
- Cub # 8:** Do more than live... Grow.
- Cub # 9:** Do more than be friendly... Be a friend.
- Cub # 10:** Do more than give... Serve.

Here's to a wonderful future. Good night Cub Scouts.

CUBMASTER'S MINUTE

Flip a Coin?

(Alice – Golden Empire Council)

The story goes that Caesar was the one who first flipped a coin when he had a decision to make – and for him, “Heads” was always the winner – since his head was the image on the Roman coins.

Today, we still sometimes use a coin toss to make a decision like which team will play on which side. But some of the most important decision you make shouldn't be done with a coin toss. If there is some temptation that faces you, decide NOW what you WILL do – based on what you know is RIGHT! Don't wait till it's too late to think about your choices. It will be easier to “Do Your Best” if you already know what you will do!

Don't Give Up

(Utah National Parks Pow Wow Book)

To be good at anything, you have to believe that you can do it, and then practice it until you can. There's no easy way to become an expert. You just have to keep at it, over and over. There will be times you'll think that you just can't make it. But don't give up a task because it seems hard. There are few things worth doing that are easy to do at first.

Do Your Best

Inland NW Council

When you give the Cub Scout Promise, the words "Do Your Best" often are lost in all of the other very important words. Let's stop for a minute and carefully consider those words.

"Do" signifies effort and action.

"Best" describes effort and action above our usual performance.

"Your Best" is just that—the very best.

You are the only person who can possibly know whether or not you have done your best to do certain things.

Think about the meaning of the Promise and decide that you will always do your very best, no matter what the job facing you might be.

Abraham Lincoln & Perseverance

(Great Salt Lake Pow Wow Book)

Abraham Lincoln personifies the value of perseverance. The son of a Kentucky frontiersman, Lincoln had to struggle for a living and for learning. Five months before receiving his party's nomination for President, he sketched his life:

"I was born Feb. 12, 1809, in Hardin County, Kentucky. My parents were both born in Virginia, of undistinguished families--second families, perhaps I should say. My mother, who died in my tenth year, was of a family of the name of Hanks.... My father removed from Kentucky to ... Indiana, in my eighth year.... It was a wild region, with many bears and other wild animals still in the woods. There I grew up.... Of course when I came of age I did not know much. Still somehow, I could read, write, and cipher ... but that was all."

Lincoln made extraordinary efforts to attain knowledge while working on a farm, splitting rails for fences, and keeping store at New Salem, Illinois. He was a captain in the Black Hawk

War, spent eight years in the Illinois legislature, and rode the circuit of courts for many years. His law partner said of him, "His ambition was a little engine that knew no rest."

He married Mary Todd, and they had four boys, only one of whom lived to maturity. In 1858 Lincoln ran against Stephen A. Douglas for Senator. He lost the election, but in debating with Douglas he gained a national reputation that won him the Republican nomination for President in 1860.

Considered to be one of America's greatest leaders, Abraham Lincoln lost eight elections. Despite those defeats, he became the sixteenth president of the United States and held the country together during the bloodshed of the Civil War.

Additional biography can be found at:

<http://www.whitehouse.gov/about/presidents/abrahamlincoln>

CORE VALUE RELATED STUFF

Connecting Perseverance with Outdoor Activities

Wendy, Chief Seattle Council

(Adapted from B.A.L.O.O. Appendix E)

- ★ **Hikes** – Plan a hike where boys encounter obstacles similar to those an early explorer might have encountered. Talk about how pioneers and early explorers persevered to reach their destinations.
- ★ **Nature Activities** - Study plants that survive difficult environments. Encourage boys to keep trying when an activity is difficult.
- ★ **Service Projects** – Institute a tutoring program. Boys can plan rewards for the students who persevere until they finish.
- ★ **Games & Sports** – Play a game related to pioneers and discuss their perseverance to complete their journeys. Tell boys that those who persevere improve their skills.
- ★ **Ceremonies** – “Lewis and Clark” could conduct an awards ceremony. “George Washington” (or “Davy Crockett”) could also. After “crossing the Delaware” pioneers could deliver awards from a covered wagon.
- ★ **Campfires** – Pioneer and frontier days are good themes to incorporate into your campfire plans.
- ★ **Den Trips** - Visit a local gym and talk with a personal trainer. Visit a doctor and talk about education. Visit a local outdoor track facility and talk with a long distance runner. All of these people have demonstrated perseverance.
- ★ **Pack Overnighter** – Plan some Dutch oven and open campfire cooking so boys experience something like pioneer life.

June – A month to celebrate Perseverance

(Alice – Golden Empire Council)

NOTE: Many of these activities can also sign off Achievements, Electives or Activity Pin requirements – check under Den Activities to see the possibilities – Alice

1 – Flip a Coin Day - Caesar would take a coin and flip it to make decisions where the right choice was unclear. The correct answer was "heads", which of course carried HIS head on the coin! But here are some FUN reasons to Flip a Coin:

- **Flip a Coin Hike** - Go for a hike or walk around the neighborhood – but every time you come to a crossroads of any kind you take turns flipping a coin to decide your route – OR
- **Flip a Coin – Make a Choice** - Set out different activities and then boys take turns flipping – heads (yes), tails (no) – to decide what activities you are going to do.
- **Flip for a Treat** - have two different treats – and flip a coin to decide which one to eat!

3 – National Doughnut Day – National Doughnut Day honors the perseverance of Salvation Army "Lassies" of WWI - volunteers who made home cooked foods to boost troop morale – and they still provide support today to troops and victims of natural disasters.

And they did show perseverance – in the beginning, they used a bottle to roll out the dough – and because they didn't have a doughnut cutter, they cut their doughnuts into strips.



Eventually, a retired French blacksmith fastened the top of a condensed milk can and camphor-ice tube to a wooden block so a doughnut with a hole could be made. Later, all sorts of other inventions were employed, such as the lid from a baking powder can or a lamp chimney to cut the doughnut, with the top of a coffee percolator to make the hole. Sometimes doughnuts were cooked inside the metal helmet of an American soldier – which may be one reason for the infantry being called “Doughboys.”

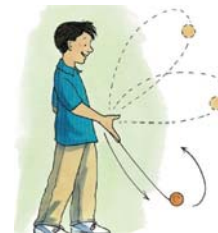
But even in the Civil War, the name was used - as a kind of “put-down” of the ordinary foot soldier – Both General Custer and his wife referred to the name in letters, and some soldiers mentioned that they, ordinary foot soldiers, had to wait for “the artillery to cross the bridge in their carriages.” And in the 19th Century, baker apprentices in England were called doughboys, and soldiers and sailors were used to a fried flour dumpling called “doughboys.”

But remember that all of those “doughboys” kept going – and because they did, that name became a badge of honor and

affection. So... Celebrate by making some easy doughnuts for a treat – see Cub Grub. Cook the holes, too – then let boys choose which sprinkles to roll their holes or doughnuts in.

Make some doughnuts to share with the local military. Check with Pack families or a VFW post, military base or Salvation Army. In Sacramento, we have several choices, including Reserve units and a Coast Guard Station in addition to regular military bases.

3 - Repeat Day – And repeating is something you NEED to do in order to get good at a new skill or to improve your performance – So PERSEVERE – Repeat till you can Do Your Best! But a fun way to celebrate Repeat Day would be to do one of the “Repeat After Me” songs in the Songs section – or try the Repeat After Me Story – “I’m going to Keep Going.”



6 – National Yo-Yo Day – Learn a new trick - Great way to practice perseverance and have some FUN! Go to:

<http://entertainment.howstuffworks.com/easy-yo-yo-tricks.htm>

Here are some fun facts about the Yo-Yo:

- It may have originated in China as early as 500-1000 B.C.
- Greeks were probably using a Yo-Yo even earlier than that!
- National Yo-Yo Day on June 6 honors the birthday of Donald F. Duncan Sr. – who manufactured the Duncan Yo-Yo.
- In 1992, Jeffrey Hoffman took a Yo-Yo into space aboard the shuttle Atlantis
- Presidents Kennedy, Johnson and Nixon showed off their Yo-Yo expertise while in office!
- The world's largest Yo-Yo weighs 256 pounds - It's on display at the National Yo-Yo museum.
- "Walking the Dog" or "Shooting the Moon" are the most popular Yo-Yo tricks.

8 – Best Friends Day – Best Friends are dependable– they work together and never give up! And being with a good friend can help keep you safe, too. Make sure the boys practice the Buddy System – especially if they are going swimming!

Or celebrate Best Friends Day in the den:

- **Have treats that must be shared** – one long length of licorice for example. The boys must agree how the treat will be divided, then come to Akela and explain BEFORE they can eat the treat!
- Another great food to share – **make a giant sandwich** that everyone contributes to, a fruit salad, a soup that everyone brings a veggie for, or, most fun of all, a giant ice cream sundae.
- **Make cookies**, then divide them into small baggies – give two to each person, but each boy shares one with a buddy.

- **Prepare a “community” trail mix** – have each person bring an item to add, then mix them all together while you talk about why that item is good to have. Then everyone gets to fill a snack bag with some trail mix and the den can go on a hike. OR Have everyone bring a snack to share on a den hike – two cookies, two boxes of raisins. Let the boys share or mix and match.



14 – Flag Day – Many people have persevered in serving our country – and Cub Scouts can honor their service and sacrifice by learning how to display the flag with respect. It also takes perseverance to learn how to do a flag ceremony, raise and lower a flag, or fold the flag properly!

15 – Fly a Kite Day - This holiday commemorates that famous experiment of Benjamin Franklin, which took place on this day in 1752. But be sure to emphasize that scouts aren't trying to attract lightning! In fact, make sure you don't fly a kite with a storm approaching. And look for a safe place with lots of space, away from power lines. Check with a local kite shop or club for some ideas. And check the Wolf Book, Elective #5 for Kite Safety Rules, some patterns for kites, and a kite string reel you can make.

17 – Eat Your Vegetables Day – Now here's something that your Mother probably perseveres at – trying to get you to eat your veggies. But you can persevere too – try at least a couple of bites of every new vegetable – you might even learn to like it!

Here are two different third Saturday in June

Celebrations - Flip a coin and decide how to spend that third Saturday – or let every den or boy try a different one and report on what they did –

18 - World Juggler's Day – always held on the Saturday closes to June 17th – and it certainly takes perseverance to get good at juggling. So give it a try! Here are some good tips:

- Start with scarves if you are brand new.
- Then throw and catch a ball from one hand to the other.
- Now add a second ball – use medium sized soft balls to practice.
- Once you have practiced and can do two balls really well, add a third ball.
- With the hand you write with, hold two balls in that hand and one in the other.
- Throw one of the two balls toward the other hand, and just before you catch it, throw the ball in the other hand.
- Practice over and over till you get really good! In other words, Persevere!

18 - Go Fishing Day – Fishing is a lot of fun – but it also takes perseverance! Sometimes it takes quite a while to learn how to bait a hook, cast a line without snagging it, or pick a good place and time to catch some fish. And you often have to wait a while for those fish to take the hook! But persevere – fishing can be a great hobby.

This year, Go Fishing Day is the day before Father's Day – so you could celebrate both holidays at once!

19 – Father's Day – Make sure to do something special for and with your Dad – yesterday was Go Fishing Day. And tomorrow is Ice Cream Soda Day – You could do all THREE for a wonderful celebration!

20 – Ice Cream Soda Day – I'm sure you can find the perfect thing to do to celebrate – even though I don't think it takes perseverance!

21 – Go Skate Day – And whether it's ice skating, roller skating, inline skating or skateboarding – it requires perseverance to get really good! But be sure to WEAR A HELMET, and pads or guards that will keep you safe! And if you want to hear the Paul Bunyan version of how inline skating was invented, check out Paul Bunyan Day!

24 – Swim a Lap Day – Like all sports, swimming requires lots of practice, especially if you are afraid of the water. But persevere, and you can always improve your swimming skills! Don't forget Safe Swim Rules – and never swim alone!

28 – Paul Bunyan Day - Bear Scouts will recognize Paul Bunyan as an American folklore character – but we think the story originated among French Canadians. Paul was a giant of man, with a gigantic blue ox called Babe – the story goes that he was a logger who used his enormous size and strength to perform amazing feats – and he didn't give up – he knew how to Persevere! When the Axmen got into a fight and ruined all the flapjacks, Paul had to mine the ore to make the pan to cook a giant flapjack; he had to figure out a way to get lots of eggs and milk. He even had to figure out how to make a giant eggbeater and get enough wood to make a fire to cook his giant pancake – and he invented inline skating to solve the problem – and that's just one of his stories!

Go to: www.first-school.ws/activities/onlinestory/books/pbunyan.htm to watch and hear the whole story!

Here are some of his other legendary deeds:

- He created logging in the U.S.
- He scooped out the Great Lakes to water Babe, his ox.
- He cleared the entire states of North and South Dakota for farming.
- He trained ants to do logging work - Carpenter Ants.
- Babe's large footprints created Minnesota's 10,000 lakes.

Celebrate Paul Bunyan Day in a giant way. Learn more of his tales and tell them around a campfire!

29 – Camera Day – Celebrate Camera Day by taking pictures – with any kind of camera. But a digital camera is really easy to use, and you can print out the results very quickly.

The camera can capture moments and keep them forever. But it can take perseverance to learn how to use a camera – how to focus, use different angles and lighting, choose the right moment and position to take your photo, even what kind of film to use. It can also take lots of practice to learn how to show your photographs so they tell the story you want to show – how the picture is cropped, the kind of matting, even the kind of frame – or no frame at all.

And here's a fun way to help the boys see how important it is to choose the right way to show your photos

- If boys have a photo they like, print out several copies of the same photo – they could be from online images
- Gather several different frames and mats that would fit the photo, OR
- You could even print out “matting” and “frames” from online images and cut out the center so you can “insert” the photo
- Let each boy try different matting and frames and decide which he likes best
- You could even display their favorites at the Pack meeting, with an explanation of why each boy made his choice

This is a good exercise in how to make choices, and the need to be open to try different things and persevere till you find the right solution

30 – Meteor or Comet Day – AND Superman’s Birthday!

Check out the great ideas at NASA’s “The Space Place” – Scouts are listed as “Friends” – and they have all kinds of great ideas that are keyed to Advancement. They actually list the ideas by rank – Achievements, Electives, Activity Pins and even Belt Loops.

For Superman’s Birthday on the 30th, encourage pack and den families to watch the Chris Reeve’s – Superman, the Movie - and challenge the boys to find ways that the Superhero follows the Cub Scout Law.

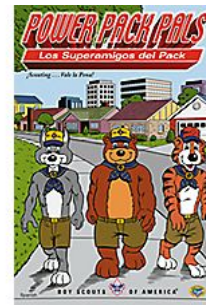
(Families might point out that he does Good Deeds all the time, and CHEERFULLY!) He saves Lois from a helicopter accident, rescues a cat from a tree, replaces an engine on Air Force One – all of it cheerfully, like a scout! In real life, Christopher Reeve also displayed perseverance after being thrown by a horse and suffering a devastating spinal injury that left him paralyzed. (Be sure to talk about what Perseverance means – that in spite of problems, obstacles and challenges, a boy can keep trying to Do Your Best – even without “Super powers!”)

PACK ACTIVITIES

(Alice – Golden Empire Council)

Put on a Bike Rodeo to make sure the boys and their bikes are ready for a safe summer – check under Value Related for some helpful information. For example, kids have a different outlook and experience, which affects the mistakes they make on bikes, and the five most common reasons for bike accidents. Be sure and cover these issues if you have a Bike Rodeo.

Celebrate Best Friends Day as a Pack – the date is June 8th, but helping all the boys come together with a feeling they belong would be a great theme anytime – and a great time to focus on a very real problem that many kids face – **Bullying**. Check out these BSA resources:



It not only takes adult and peer support, it takes a lot of perseverance to overcome bullying – whether the victim or the bully! Check out the Power Pack Pals comics from BSA at: www.scoutstuff.org These eight-page comic books feature TC, Akela and Baloo talking to kids about bullying. Available in Spanish or English for 20 cents a copy.

Have treats that must be shared – one long length of licorice for example. The boys must agree how the treat will be divided, then come to Akela and explain BEFORE they can eat the treat! OR... **Prepare a “community” trail mix** – have each person bring an item to add, then mix them all together while you talk about why that item is good to have. Then everyone gets to fill a snack bag with some trail mix and can go on a hike. *Tiger Elect. #25; Bear Ach. #9e*



Have a Yo-Yo clinic – National Yo-Yo Day falls on June 6th, and it is a fun activity that requires practice and perseverance. If there’s a real expert in the pack family or locally, invite them to come to your June Pack activity. There are videos and picture instructions – every boy could learn a trick and practice till he is really good at it – each den could show off at the Pack Meeting! Or – less pressure – take a picture of each boy doing his signature trick and display at the Pack Meeting. Details under Value Related.



Celebrate National Doughnut Day (June 3rd) and continue the tradition of honoring our military - Make some doughnuts to share with the local military. Check with Pack families or a VFW post, military base or Salvation Army. In Sacramento, we have several choices, including Reserve units and a Coast Guard Station in addition to regular military bases. **Be sure to share the whole story about how**

Salvation Army "Lassies" and the heroes they served both persevered – go to Value Related.

Tigers might visit a bakery (Elect. #45), then make some of their own doughnuts – Elect. #25; Wolf Elect #9a (Den Party Treat); Bear Ach. #9b, f

Choose a "Repeat after me" song in the Songs section for your Pack Meeting or Activity - Repeat Day is June 3rd – Repetition certainly can help you improve your performance or learn a new skill – so PERSEVERE – Repeat till you can Do Your Best! And have fun with the songs!



Celebrate Flag Day on June 14th with a special outdoor flag ceremony – Many people have persevered in serving our country – and Cub Scouts can honor their service and sacrifice by learning how to display the flag with respect. It also takes perseverance to learn how to do a flag ceremony, raise and lower a flag, or fold the flag properly!

Wolf Ach. #2 e, f; Bear Ach.#3f,g,h and i; Webelos Citizen #3, 4

Have a Pack Kite Day to Celebrate "Fly a Kite Day" – honoring the famous 1752 kite experiment of Benjamin Franklin - Make sure you choose a safe location with a nice steady breeze – check with a local kite shop for ideas, and go over kite flying safety rules FIRST.

Wolf Elec.#5a, b-e; Bear Ach. #10a or 12d –Kite Day; Webelos Craftsman #4 – Make a kite, or Family Member #8 – Plan a Family Kite Day.

Have a "Perseverance Performance" for your June Activity – Think of this as a Talent Show and a chance to either demonstrate or show off skills - Boys might demonstrate Juggling, Skating, Yo-Yo tricks, Magic tricks, or any other skill. But think outside the box – boys could also display examples of something they are good at – photography, or chess, or math, or any area where they have special skill. Make sure that every boy gets a chance to show off – parents or den leaders may have some ideas. See the Value Related section for some details about talents.

Plan a special activity for Father's Day – check the ideas under Value Related for two other great "holidays" that Dad might enjoy – Fishing Day and Ice Cream Soda Day. Combine all THREE for a wonderful day with Dad – as a pack activity, you might want to choose the Saturday before Father's Day. Make sure everyone is included – Grandfathers, uncles or Grandpas for a Day can be invited to fill in. See more ideas for celebrating these holidays and connecting them to Perseverance under Value Related.

Have a Pack Skate Day – it's a real holiday celebrated on June 21st! And whether it's ice skating, roller skating, inline skating or skateboarding – it requires perseverance to get really good! But be sure to WEAR A HELMET, and pads or guards that will keep you safe! And if you want to hear the Paul Bunyan version of how inline skating was invented, check out Paul Bunyan Day!

Wolf Elect. #20e,f; Bear Elect. #20c or e; Webelos Sportsman #3

Have a Pack Swim Day – Swim a Lap Day is celebrated on the 24th – Like all sports, swimming requires lots of practice, especially if you are afraid of the water. Make sure that Safe Swim and the Buddy System are enforced.

Review and practice the Buddy System – Play "Where's My Buddy?" in the Games section. When the weather is warm, and swimming and outdoor activities take over, it's important that the Buddy System and Safe Swim Defense are second nature!

Wolf Elect. #23d; Bear Elect. #25b

Paul Bunyan Day could be a great Pack Activity - Bear Scouts will recognize Paul Bunyan as an American folklore character – but everyone could have fun with activities that mirror Paul and Babe, his big Blue Ox. See Value Related for the Paul Bunyan for more details – and play the Paul Bunyan Perseverance Relay in the Games section.

Open the Summer Season with a Family Campout for the Pack. Be sure you have a Baloo Trained Adult! You could celebrate Paul Bunyan Day in a giant way by telling some of his Tall Tales around the campfire. See Value Related ideas.

Display favorite photos in honor of Camera Day – Families or dens members can pick their favorites to display – or to add to a Pack Scrapbook. Check out some other ideas to expand this activity under Value Related.

Bear Elect. #11a, b, d

For Superman's Birthday on the 30th, encourage pack families to watch the Chris Reeve's – Superman, the Movie Challenge the boys to find ways that the Superhero follows the Cub Scout Law. (Families might point out that he does Good Deeds all the time, and CHEERFULLY!) He saves Lois from a helicopter accident, rescues a cat from a tree, replaces an engine on Air Force One – all of it cheerfully, like a scout! In real life, Christopher Reeve also displayed perseverance after being thrown by a horse and suffering a devastating spinal injury that left him paralyzed. (Be sure to talk about what Perseverance means – that in spite of problems, obstacles and challenges, a boy can keep trying to Do Your Best – even without "Super powers!")

Invite everyone to print out their favorite scenes from the movie and share them at a pack meeting display.

Bikes & Bike Rodeo Ideas:

(Alice – Golden Empire Council)

Bike Rodeo How To

Here are some ideas for you to run a bike rodeo for your Cub Scouts. The boys and their parents need to be involved in this fun activity. Include traffic safety, bike safety, and bike skills in the activities you choose for the event. **Your local Police Department, a Cycling Club or the California Automobile Association have information on how to do a Bike Rodeo. Also check some excellent resources on the web.**

The rodeo should encourage the safety, bike skills and confidence a Cub needs to ride safely. A bicycle is a vehicle with the same rights and responsibilities as other vehicles on the roads. Biking is fun. In order for Cubs to know if their bikes are safe, contact your local police department. Many will send an officer out to do a bike safety checks. Stress the need to of bike safely - not foolishly. Instill good traffic habits

from the start with young riders. Once a boy learns to ride a bike, he will never forget. If he learns good riding skills when he is young, they will follow him into adulthood. Bicycling is truly a life-long activity.

Equipment: 50 feet tape or yard stick, Chalk, tape or sting - for lines, Traffic cones or weighted cans, Score sheets and pencils, Clipboards - for volunteers, Stop Sign, Bicycles and helmets

Organize so there is as little waiting as possible.

Divide the Cub Scouts and rotate them through the different areas.

Station One: Inspection Station – The Cub Scout needs to have his bike checked for safety. See the Webelos Readyman Bike Clinic Check sheet – Have someone available to make needed repairs, or do this inspection ahead of time – Bikes should be correctly adjusted for size and in good repair for the Bike Rodeo.

Station Two: Helmet and bike check – Check the helmet fit and seat height. Have each boy show how to lock his bike.

Station Three: Ride on the line – Make a wide line and have the Cub Scout ride his bike down the line. The line should be no longer than 12 feet.

Station Four: Safe Driving - Have the Cub Scouts ride their bikes around traffic cones. The leaders can choose the pattern of the cones.

Station Five: On the Street - Create an intersection on the parking lot. Have the Cub Scouts demonstrate how to cross an intersection safely.

Station Six: Steering - Make a circle with the tape. Have the Cub Scouts ride their bike around the circle, staying on the tape as much as possible.

Station Seven: - Recognition - Cub Scouts receive recognition for rodeo participation and have a snack.

This is just one suggested set of stations. The CAA has a set up that goes over the top five bad habits that cause the most injuries and deaths to children on bikes. See below:

How To for Bike Rodeos:

www.bike.cornell.edu/pdf%20files/Bike_Rodeo_404.2.pdf

www.eduref.org/Virtual/Lessons/Health/Safety/SFY005.html

http://www.bikebakersfield.org/bike_rodeo.htm

Some Important Facts about Children & Wheels for Parents:

Children are children, and according to the Bicycle Helmet Safety Institute there are specific reasons why they don't SEE danger the same way we do while using bikes, scooters, skateboards or skates. Specifically, children:

- Have a narrower field of vision than adults, about 1/3 less.
- Cannot easily judge a car's speed and distance.
- Assume that if THEY can see a car, its driver must be able to see THEM. However, children are easily hidden from view by parked cars and other objects.

- Cannot readily tell the direction a sound is coming from.
- May be impatient and impulsive.
- Concentrate on only one thing at a time. This is likely not to be traffic.
- Have a limited sense of danger.
- Often mix fantasy with reality.
- Imitate the often BAD behavior of others, especially older children and adults

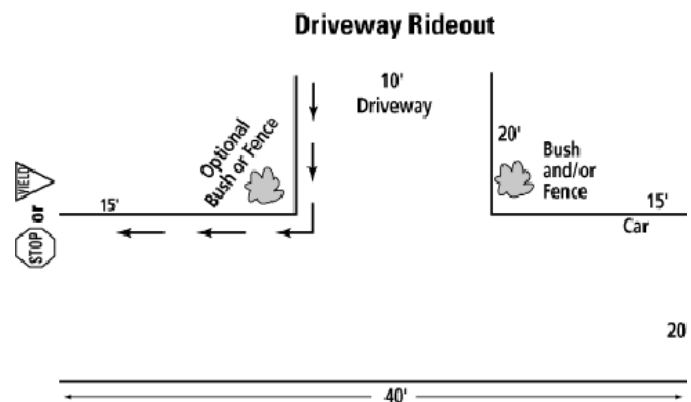
The Top FIVE:

You might be surprised at the Top Five reasons for children's bike accidents - Authorities urge including these five hazards in your bike rodeo! A booklet from the California Automobile Association included diagrams.

Materials: Several cardboard silhouettes of cars, real or cardboard obstructions such as bushes or fences, Chalk or Tape to mark off street lanes and intersections. Make up a Score Sheet that you can mark off for each participant. Send the scoresheets home with parents so they can see where they need to work on bike safety with their children.

Instructions: Lay out the courses as described. Assign adults to hold the car silhouettes. When the car is "moving" or in play, adult holds it facing the boy doing the course. When not needed, adult turns to the side so the silhouette doesn't show.

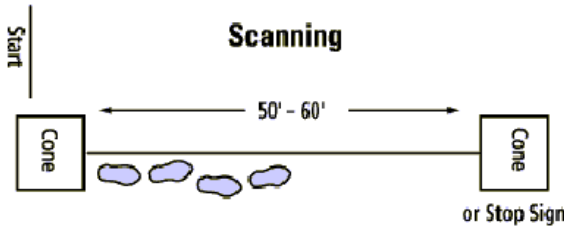
Hazard Number 1: Darting out of driveways or from between parked cars – 30% of all bike accidents, most during Daytime on quiet two-lane streets. Median age is 11!!



1. Point out the driveway. Ask how they should ride their bike out, what they need to look for. (cars, trucks, bikes, dogs, cats, pedestrians)
2. Tell the rider to go to the end of the driveway, stop, look both ways, and then give a hand signal for a right turn. (Let them practice right hand turn signals)
3. Adult volunteer holds a car and randomly has the car "approaching" the driveway. Use a "fence/bush" as a sight obstruction.
4. Watch for and note errors: Rider looks only one way; rides out of the driveway with only one hand; doesn't look for traffic; looks for traffic only one time each way, leaving out the final check; rides on

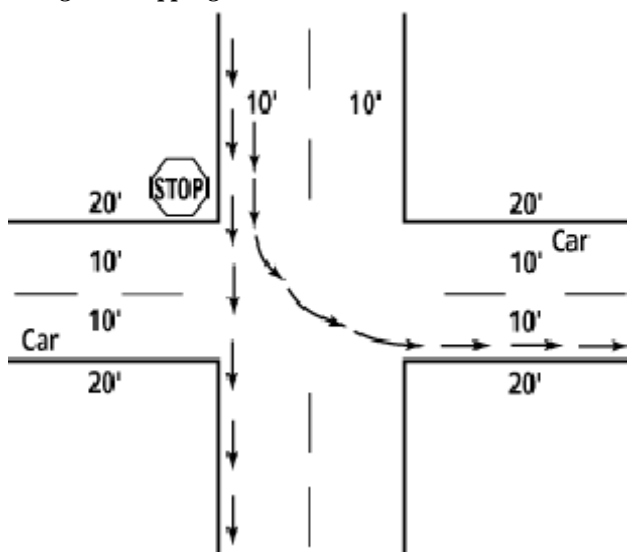
the wrong side of the street, against traffic; doesn't stay to the right.

Hazard Number Two: Moving to the left without looking, or swerving when looking over the shoulder – 30% of all bike injuries and fatalities – Median age – 13!!



1. Mark off a line to the left of a line of cardboard "cars" "parked" on the right side. An optional idea is to have an adult following behind about 10 feet and to the right.
2. Each rider is told to listen for their name to be called, then look back around their shoulder to see if there is a car coming. If you have space and cars, you could even park real cars like this. Watch to see if each rider can look over their shoulder without turning the bike into the street.
3. Rider is instructed to ride on the line, then to move over and prepare to turn left. Watch to see if the rider looks over his shoulder and can still keep riding straight – the tendency is to swerve to the left as a boy looks over his shoulder. Have them practice several times till they can do it consistently.

Hazard #3 - Failure to Stop at STOP signs – 20% of bike accidents, median age – 12!! Simply place a stop sign at your "intersections and watch to see if the riders follow safe riding and stopping



1. Have riders get in line and approach the stop sign, where they stop, look both ways, then proceed, making hand signals as appropriate for left and right turns.

2. Two adults hold the cars (car facing means traffic coming; car turned away, traffic is clear). Make sure kids stop at sign then move far enough to see traffic and again look both ways before proceeding.
3. Watch for these errors: Rider doesn't stop, or looks only one way; Rider sees the car and waits, but fails to check again before moving; rider making a turn moves too far to the right or left while waiting; doesn't put both feet on the ground when stopping.
4. Ask what else they should stop for (red lights, yield signs, uncontrolled intersections). See if they know what "yield" means.

Hazard Number 4: Riding against traffic, especially when a car is turning right at the corner. – 30% of all bike accidents – median age 12!!

This is a matter of forming a habit, so have the boys practice several times. Set up a set of intersections and place cars at several locations, with adults randomly turning car silhouettes right at the corner. Make some of your "streets" one way streets to test for understanding by each rider.

Hazard Number 5: NO HELMET!! Riding with the correct helmet will reduce the risk of head injury by 85%!!

(This should be a Mandatory Family, Den and Pack rule – no one is allowed to ride without their helmet! You might have children and parents sign a pledge to ALWAYS WEAR THEIR HELMET) Also, check out the Jello "Brain Without Helmet" in Cub Grub.

Summer Bike Safety

www.helmets.org

Here are some great tips for any parent or den leader to check before bikes come out for the Summer!

I'm going out for my first ride of the summer. Is there anything I need to do with my bicycle before I start?

Yes, and it will only take about ten minutes.

- First, clean the dust off of it. That helps you get back in touch with it, and remember anything you meant to do over the winter. While you are dusting, check for loose parts like saddle or handlebars. If your bike has quick release levers on the wheels, make sure they are snugly closed. Check the tires for wear or dry rot.
- You always need to inflate your tires. Inflate them to the pressure molded into the side wall. Soft tires make the bike harder to pedal, and you'll have more flats.
- Lube the chain. Squeaky chains actually will break from excess internal friction. In the meantime, they rob you of some pedaling energy.
- Adjust your saddle if necessary. Saddle adjustment can be important for comfort and to avoid pressure in the wrong places, particularly on the first rides of summer.

What about equipment? What do I need for safety?

- A helmet, of course.

The helmet is the most important, yes. Make sure it is well adjusted, fits level, and won't slip around too much. In addition to that:

- Gloves protect your hands from chafing, and keep the skin intact if you crash.
- Bike shoes are good because they have rigid soles and spread the pedal pressure evenly. More of your energy gets to the pedal. Running shoes are fine for shorter rides.
- The top that you wear should have a close-fitting neckline. The ones that flop open or hang down are called "bee-catchers."

Anything special to do if I'm taking a child with me?

If you have children, review the basic safety rules with them while you are checking over their bike.

Designer Helmets

Wearing a helmet is a must, but it can be FUN, too! Just use strips of colored plastic tape to create stick on lightening bolts, initials, racing stripes, whatever!

We're all set to go. Any advice for that first ride?

Ride around the block to be sure your bike is ready. Plan an easy first outing to avoid dragging in to the office on Monday with sore muscles. If the weather is hot, drink plenty of water and take it easy for the first few rides until your body is acclimated to the heat. And use sunscreen to prevent burning. Summer riding is great fun. It is one of the four best seasons to ride a bicycle!

MORE GAMES AND ACTIVITIES

Wendy, Chief Seattle Council



- ✓ Bicycle Games, pages 3-11 to 3-13
- ✓ Bicycle Safety Day, page 6-11 to 6-12

Want to check something in the "How To Book," and your copy is not available?? Want to copy something quick to use at a meeting?? You can find the "How To Book" at this address on **National's Web Site** -

http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

CUB GRUB

"Cub Grub" recipes are in the Den edition.

Dave

WEB SITES And Other Resources

Books

Den & Pack Meeting Resource Guide; How To Book; Boys' Wolf, Bear, Webelos Hand books; Cub Scout Leader Book; Cub Scout Ceremonies Book; Family Fun Magazine.

Websites**Training:**

<http://www.seattlebsa.org/Training> Menu is on the right side of the page.

Church Scouting & Primary Website:

<http://www.lds.org/pa/display/0,17884,4697-1,00.html>

Journey to Excellence:

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

General Scouting:

www.seattlebsa.org

<http://www.scouting.org/sitecore/content/Home/CubScouts.aspx>

<http://www.macscouter.com/>

<http://www.scoutingthenet.com/>

<http://scoutingbear.com/>

<http://www.boyscouttrail.com/>

<http://www.scoutorama.com/>

<http://www.buckeyescouts.org/buckeyescouts/EVENTS/Roundtable/RoundtablePackets/tabid/149/Default.aspx>

<http://www.of-worth.com/cc/cubscouts.htm>

Forms:

<http://www.scouting.org/scoutsource/CubScouts/Leaders/Forms.aspx>

Online Books:

Boys' Handbooks, Academics & Sports:

<http://usscouts.org/advancementTOC.asp>

Den & Pack Meeting Resource:

<http://www.scouting.org/scoutsource/CubScouts/Leaders/DenLeaderResources/DenandPackMeetingResourceGuide.aspx>

Pow Wow Books: <http://www.macscouter.com/CubScouts/>

Den & Pack Meeting Help:

Baloo's Bugle: <http://usscouts.org/bbugle.asp>

Links to theme related publications:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/11/>

Free Wood Project Workshops:

http://www.homedepot.com/webapp/wcs/stores/servlet/ContentView?pn=Kids_Workshops&langId=-

[1&storeId=10051&catalogId=10053&cm_mmc=THD_market ing- -Clinics_site- -Digitas- -KidsClinics](#)

<http://www.lowesbuildandgrow.com/Home.aspx>

American Folklore Stories (Bear Ach. #4):

<http://www.americanfolklore.net/ss.html>

Science Articles (Wolf Ach. #7e):

<http://kids.nationalgeographic.com/kids/>

Cub Masters: <http://www.cubmaster.org/>

Ceremonies: <http://usscouts.org/usscouts/ceremony.asp>

Crafts, Games, & Activities:

<http://familyfun.go.com/>

<http://www.dltk-kids.com/scouts/index.htm>

Crafts: www.makingfriends.com

Sports & Games:

<http://www.scoutingweb.com/scoutingweb/program/Games.htm>

ONE LAST THING

Abraham Lincoln Didn't Quit

Baloo's Incoming E-mail

Probably the greatest example of persistence is Abraham Lincoln. If you want to learn about somebody who didn't quit, look no further.

Born into poverty, Lincoln was faced with defeat throughout his life. He lost eight elections, twice failed in business and suffered a nervous breakdown.

He could have quit many times - but he didn't and because he didn't quit, he became one of the greatest presidents in the history of our country.

Lincoln was a champion and he never gave up. Here is a sketch of Lincoln's road to the White House:

- 1816 His family was forced out of their home. He had to work to support them.
- 1818 His mother died.
- 1831 Failed in business.
- 1832 Ran for state legislature - lost.
- 1832 Also lost his job - wanted to go to law school but couldn't get in.
- 1833 Borrowed some money from a friend to begin a business and by the end of the year he was bankrupt. He spent the next 17 years of his life paying off this debt.
- 1834 Ran for state legislature again - won.
- 1835 Was engaged to be married, sweetheart died and his heart was broken.
- 1836 Had a total nervous breakdown and was in bed for six months.
- 1838 Sought to become speaker of the state legislature - defeated.
- 1840 Sought to become elector - defeated.
- 1843 Ran for Congress - lost.
- 1846 Ran for Congress again - this time he won - went to Washington and did a good job.
- 1848 Ran for re-election to Congress - lost.
- 1849 Sought the job of land officer in his home state - rejected.
- 1854 Ran for Senate of the United States - lost.
- 1856 Sought the Vice-Presidential nomination at his party's national convention - got less than 100 votes.
- 1858 Ran for U.S. Senate again - again he lost.
- 1860 Elected president of the United States.

An Example of Perseverance - My Den Mother (and my Mother)



(December 8, 1926 - **April 17**, 2011)

Ruth H. Lyons, 84, of Middletown, DE and formerly of Washington Township, Bergen County, NJ, passed away on Sunday, April 17, 2011 at Christiana Hospital in Newark, DE. Born on December 8, 1926 in Brooklyn, NY, she was the only child of the late Cord F. and Otilie (Weiss) Kuhlmann.

Ruth graduated from W.C. Mephram High School in Bellmore, NY, Class of 1944. She enjoyed being a homemaker and throughout her life loved being involved in her two sons' activities. She was a long time Cub Scout Den Mother, Den Mother Coach, Roundtable Commissioner, and Cub Scout Trainer (I have her 1960's syllabus) with the Boy Scouts and a Little League team mother. She used to amaze my dad that wherever they went, she knew all these men. This was unusual in the 60's. She knew them all from roundtable.

She made sure my brother, Bill, and I both were confirmed at Zion Lutheran, whose confirmation class was known as "West Point of Lutheran (Mo. Synod) Confirmation classes," earned our Arrow of Light and Eagle Scout awards, graduated from High School. And that we knew what was right and wrong. And always recognized we were different. The old saying goes, Dave is right-handed and Billy is left-handed. After that, similarities end.

While living in New Jersey, she was an active member of Zion Lutheran Church in Westwood, NJ. Following her move to Delaware, she became actively involved with Faith Lutheran Church in Bear, DE. She would manually type the Zion Times, then count spaces and manually justify it. And then retype the whole thing.

She was an active member of the Blue Knights Motorcycle Club New Jersey One with her husband, Bill. Following his death, she continued to volunteer with their organization.

Ruth was an active member of the Jean Birch MOT Senior Center, where she and her husband started the first MOT Senior Center bowling league. As a member of the Senior Center she enjoyed teaching crocheting and in 2009 at the age of 82 was proud to have been the recipient of a blue ribbon at the Delaware State Fair for one of her prize crocheting pieces. She completed poster size crochet pieces of the Lord's Prayer, the 23rd Psalm, and the Last Supper and donated them to her and her sons' churches.

Ruth and her husband were avid travelers and together enjoyed visiting all 50 states and taking a cruise through the

Panama Canal. She took pride that at age 67 she received the first motorized trike driver's license issued to a female in Delaware.

They believed strongly in family. Bill and I are the only two of our cousins that know all the others. And they were generous with those in need. Helping as they could even though Dad was a police officer and they were not well paid at that time. Ruth completed a family tree of her husband's family starting with his parents and including all 9 of his siblings and their children and grandchildren. After his death, she maintained this and became the honorary matriarch of the family. All the cousins would let her know what changes were occurring. And they would visit when they could. (Being an only child, she had a desire to marry into a large family. She used to kid that any person she dated who had two or less siblings, somehow never got a second date). She attended all the high school and college graduations, Eagle ceremonies, and marriages of her grandchildren and any of the other Lyons family members to which she was invited. Billy and I drove her to many of these.

In addition to her parents, she was preceded in death by her husband of 49 years, William S. "Bill" Lyons on **April 17**, 1997. She is survived by her two sons, David and his wife, Donna of Carney's Point, NJ and William and his wife, Linda, of Middletown, DE; seven grandchildren, Peter (Chris), William (Melissa), Shaun (Kelley), Patrick, Daniel, Bernadette and Darby; 10 great-grandchildren, as well as many cousins and dear friends.

You can see the complete obituary and leave a note at

<http://www.daniels-hutchison.com/index.cfm>

If her picture is not on the home page, enter Ruth Helen Lyons in the search box.

She is interred with her husband at Delaware Veterans Memorial Cemetery in Bear, DE.

Memorial contributions can be made to Faith Lutheran Church, 2265 Red Lion Road, Bear, DE 19901 or

www.usscouts.org, the host for Baloo's Bugle, by going to the bottom of the page and clicking the make a donation button.

We are now certified (*not certifiable*) and your donations will be tax deductible. For either location, please specify Ruth Lyons memorial.