



Volume 16, Number 8

"Make no small plans. They have no magic to stir men's blood and probably will not themselves be realized." D. Burnham

March 2010 Cub Scout Roundtable

April 2010 Cub Scout Theme

SPRING INTO ACTION

Tiger Cub Activities

FOCUS

Cub Scout Roundtable Leaders' Guide

As winter weather gives way to warmer temperatures, it's time to head outside and spring into action! Go on hikes with the boys. Play outdoor games. While outside, involve the boys in service projects. A den or a pack can clean up litter in parks or on hiking trails, or plant trees and flowers for improved habitat and beauty

CORE VALUES

Cub Scout Roundtable Leaders' Guide Some of the purposes of Cub Scouting developed through this month's theme are:

- Sportsmanship and Fitness, Cub Scouts will learn the importance of being fit and playing fair while enjoying games and outdoor activities.
- Friendly Service, Cub Scouts will demonstrate friendly service through clean up or beautification projects.
- Preparation for Boy Scouts, Cub Scouts prepare to be Boy Scouts as they gain more outdoor experiences

The core value highlighted this month is:

 Positive Attitude, Boys will see that even a difficult project becomes easier and more often fun if they think they can do it and do their best.

Can you think of others??? Hint – look in your **Cub Scout Program Helps.** It lists different ones!! All the items on both lists are applicable!! You could probably list all twelve if you thought about it!!

COMMISSIONER'S CORNER



Webelos Sportsman and Family Member

Character Connections Ideas from Program Helps



Positive Attitude Utah National Parks Council

A positive attitude means setting your mind to look for the best in all situations.

Here is one way to complete the Character Connection for Positive Attitude:

- Know- Discuss with your family how a cheerful and positive attitude will help you to do your best at school and in other areas of your life.
- Commit- Discuss with your family how doing something new (e.g. starting items for a collection) may be difficult. How does a hopeful and cheerful attitude helpful to keep looking for more items? Why is a positive attitude important?
- Practice- Practice having a positive attitude while doing something new (e.g. the requirements for "Start a Collection").

Here is another approach -

- Know Discuss with an Akela (your parent, guardian, or your den leader), what it means to have a positive attitude and the "BEST" steps you can take to have a positive attitude. (Believe it can happen, Expect success, Set your mind, and Try, try, try.
- Commit Plan with Akela how you will apply the "BEST" steps for a positive attitude in doing your school-work and in other areas of your life.
- Practice Do your "BEST" to have a cheerful and positive attitude while doing some rank achievements, electives, or activity award requirements.

Pack Meeting Opening Thought

Utah National Parks Council

As you begin Pack Meeting this evening, remind the boys that this month the Character Connection is Good Attitude. Tell them you are looking for people who participate with a good attitude. Don't forget to notice and praise those who show positive attitude tonight.

Spider Web, a "Positive Attitude" Activity Utah National Parks Council

Spider web activity: Have the boys sit in a circle and explain that they are going to make a spider web. Give the first boy the ball of string. Have him hold the end of the string in one hand and roll the ball to another boy. Have each boy hold the string and roll the ball to another boy. It continues in the same manner from boy to boy. Remind them to hang on. At the end, discuss that through the positive attitude we have and receive, we begin to understand that we are intrinsically connected to those around us and that we have the ability to affect other people's attitudes.

> Months with similar themes to Spring Into Action Dave D. in Illinois

Month	Year	Theme
August	1952	Conservation
April	1955	Cub Scout Foresters
November	1955	America Beautiful
April	1958	Keep America Beautiful
April	1968	Keep America Beautiful
September	1971	Conservation
May	1972	Beautiful America
May	1974	Keep America Beautiful
May	1976	SOAR
July	1987	America The Beautiful
April	1999	Pollution Solution
April	2001	Save It For Us
April	2004	Cubservation
May	2009	Leave Nothing But Footprints

THOUGHTFUL ITEMS FOR SCOUTERS

Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at <u>bobwhitejonz@juno.com</u> or through the link to write Baloo on www.usscouts.org. CD

Roundtable Prayer

CS Roundtable Planning Guide "A new season has arrived, bringing with it warmer weather and new growth. We see the growth of the flowers and the trees, and new growth of our Cub Scouts as they continue along the Scouting trail. And it is a time when we, as leaders, renew our commitment to our boys and Cub Scouting. We pray for your help in this important task. **Amen..**"

Spring Into Action Scouter Jim, Bountiful UT

After a long "El Nino" winter there were record snowfalls in the Mountains of Utah in 1983. During a hot spring Memorial Day weekend, the snow in the mountains of Utah, began to melt too quickly and fill local streams to overflowing. One such stream, "City Creek" jumped its banks and flowed freely across the streets toward downtown Salt Lake City. City crews fought back with sandbags but were not match for a newly created urban river. More help was needed. It was Sunday, May 29, 1983. The word went out over television, radio and telephone calls to were made to local Church leaders asking for help. Residents quickly change from Sunday clothes to work clothes and headed toward the staging areas. Thousands of volunteers flowed into Salt Lake City like the wild waters to fill and place sandbags to contain the tremendous runoff in a newly created river down State Street, Salt Lake City. One report said of the 35,000 to 40,000 sandbags that were filled, 22,000 were filled by volunteers. Throughout the spring and summer of 1983 communities all across Utah fought spring flooding.

It is true that "Faith can move a mountain," but sometimes God needs a hand in work gloves to get it done. The story is told of a religious leader who asked his congregation to gather at a widow's home to move a pile of dirt in her yard. "Bring your faith," he asked, "so we can watch God move a mountain, and bring your shovels, just in case he wants some help."

This scene is not unique to Salt Lake City or Utah. Throughout the nation, when disaster strikes, volunteers come forward and go into action. After the earthquake in Haiti, many organizations Sprung Into Action. Among them were the boys of Cub Scout Pack 3513 in Salt Lake City, Utah. They wanted to help and started asking neighbors and friends for items so they could assemble hygiene kits to be sent to Haiti. They made signs asking people to "Make a Difference." Word got out and a local television station picked up the story. Donations came in from all over and when all was done, thousands of kits had been assembled. It proves that it doesn't take a well organized group of seasoned citizens to Spring Into Action. A small group of Cub Scouts decided to "Spring Into Action" and "Make a Difference."

Shake out the cobwebs of Winter, put work clothes on, and "Spring Into Action," "and a little child shall lead them." Holy Bible, Isaiah Chapter 11, verse 6.

Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover

I have always thought the actions of men the best interpreters of their thoughts. John Locke

Well done is better than well said. Benjamin Franklin

Between saying and doing many a pair of shoes is worn out. Italian Proverb

After all is said and done, a lot more will have been said than done. Author Unknown

The shortest answer is doing. Lord Herbert

Trust only movement. Life happens at the level of events, not of words. Trust movement. Alfred Adler

We should be taught not to wait for inspiration to start a thing. Action always generates inspiration. Inspiration seldom generates action. Frank Tibolt

A promise is a cloud; fulfillment is rain. Arabian Proverb

An idea not coupled with action will never get any bigger than the brain cell it occupied. Arnold Glasow

Inspirations never go in for long engagements; they demand immediate marriage to action. Brendan Francis

Small deeds done are better than great deeds planned. Peter Marshall

Never mistake motion for action. Ernest Hemingway

Action is eloquence. William Shakespeare

There are so many things that we wish we had done yesterday, so few that we feel like doing today. Mignon McLaughlin

A barking dog is often more useful than a sleeping lion. Washington Irving, adapted from a verse in the Bible

Action is the last resource of those who know not how to dream. Oscar Wilde

Nothing diminishes anxiety faster than action. Walter Anderson, The Confidence Course, 1997

Remember, people will judge you by your actions, not your intentions. You may have a heart of gold - but so does a hard-boiled egg. Author Unknown

Never act until you have clearly answered the question: "What happens if I do nothing?"

Robert Brault, www.robertbrault.com

If ifs were gifts, every day would be Christmas. Charles Barkley

Example is the school of mankind, and they will learn at no other. Edmund Burke

Talk doesn't cook rice. Chinese Proverb

Be content to act, and leave the talking to others. Baltasar Gracian

All know the way; few actually walk it. Bodhidharma

Contemplation often makes life miserable. We should act more, think less, and stop watching ourselves live. Nicolas de Chamfort

The first step binds one to the second. French Proverb

I do not believe in a fate that falls on men however they act; but I do believe in a fate that falls on man unless they act. G.K. Chesterton

If your work speaks for itself, don't interrupt. Henry J. Kaiser

There is no moment like the present. The man who will not execute his resolutions when they are fresh upon him can have no hope from them afterwards: they will be dissipated, lost, and perish in the hurry and scurry of the world, or sunk in the slough of indolence. Maria Edgeworth

Deliberation is a function of the many; action is the function of one. Charles de Gaulle, War Memoirs, 1960

Action is the antidote to despair. Joan Baez

Ironically, making a statement with words is the least effective method. Grey Livingston

The trick to getting things done is to list things to do in doable order. Robert Brault, www.robertbrault.com

He liked to go from A to B without inventing letters between. John McPhee

Action worships the deed. Nathaniel LeTonnerre, translated

The great composer does not set to work because he is inspired, but becomes inspired because he is working. Beethoven, Wagner, Bach and Mozart settled down day after day to the job in hand with as much regularity as an accountant settles down each day to his figures. They didn't waste time waiting for inspiration. Ernest Newman

We are all inclined to judge ourselves by our ideals; others, by their acts. Harold Nicolson

A nod, a bow, and a tip of the lid to the person who coulda and shoulda and did. Robert Brault, "A Poem Missing the Word Woulda," www.robertbrault.com

The vision must be followed by the venture. It is not enough to stare up the steps - we must step up the stairs. Vance Havner

He who has made a thousand things and he who has made none, both feel the same desire: to make something. Antonio Porchia, Voces, 1943, translated from Spanish by W.S. Merwin

Don't find fault. Find a remedy. Henry Ford

What ought to have been done, and what shall be done, often stifle doing between them.

Augustus William Hare and Julius Charles Hare, Guesses at Truth, by Two Brothers, 1827

Success will never be a big step in the future, success is a small step taken just now. Jonatan Mårtensson

Nature takes away any faculty that is not used. William R. Inge

He that waits upon fortune is never sure of a dinner. Benjamin Franklin

If I set for myself a task, be it so trifling, I shall see it through. How else shall I have confidence in myself to do important things? George Clason

In skating over thin ice, our safety is in our speed. Ralph Waldo Emerson

One's action ought to come out of an achieved stillness: not to be a mere rushing on. D.H. Lawrence

Not everything that is faced can be changed, but nothing can be changed until it is faced. James Baldwin

Action will remove the doubts that theory cannot solve. Tehyi Hsieh

Men expect too much, do too little. Allen Tate

When deeds speak, words are nothing. African Proverb

As I grow older I pay less attention to what men say. I just watch what they do. Andrew Carnegie

All problems become smaller if you don't dodge them but confront them. William F. Halsey

The best way out of a problem is through it. Author Unknown

I believe half the unhappiness in life comes from people being afraid to go straight at things. William J. Lock

People may doubt what you say, but they will believe what you do. Lewis Cass

We cannot do everything at once, but we can do something at once. Calvin Coolidge

TRAINING TIP

Pinewood Derbies

<u>Bill Smith</u>, the Roundtable Guy

Pinewood Derbies (PWD)

Over the years, I have seen several dozen pinewood derbies starting with a couple at Philmont Training Center in 1963 and especially during the years I served as a Unit Commissioner in Illinois. I also have links to about three hundred Cub Pack web sites where I regularly view descriptions and photos of their derbies. It's a fascinating hobby.

The pinewood derby was <u>originated in 1952</u> in Cub Scout Pack 280C in Manhattan Beach, CA, mostly by then Cubmaster Don Murphy, and has been one of the most popular activities in Scouting.

There are some good reasons for both the popularity and the longevity of the PWD:

1. It makes a wonderful home project where a boy and whoever loves and cares for him there can work together building dreams and turning them into reality. Just learning what tools to use.

My favorite tool for boys to use is one called a shoe rasp. It is a simple tool with four faces that can remove an amazing amount of wood, easily and safely by a Cub Scout. I would also suggest that he wear gloves and use a clamp to hold the body while he works on it.

2. It's competitive. Boys (actually most young life forms) need and seek out competition. Dr. Michael Gurian, wrote

"Boys need to compete and perform well to feel worthy...Boys compete verbally and physically, and base some relationships on competition. Competition for boys is a form of nurturing behavior."

Boys try harder when winning or losing is at stake. Competition encourages Cub Scouts to do their best!

Competition seems to come naturally, especially to boys. I have marveled at what, when and how they

choose to compete. It's varied, hardly the same from one set of boys to the next.

3. The derby itself has a dramatic content. Parents and leaders often put on some spectacular shows that add excitement to the competition.

These shows scan serve as great examples for Webelos preparing to be Boy Scouts where they will eventually get to run their own programs. One of the most spectacular derbies I saw was at a pack in Batavia, IL where a group of leaders and parents who worked at nearby Fermi Accelerator and Bell Labs ran a total computer controlled derby. This was in 1984 when home computers were indeed rarities.

Like any Cub Scout activity, a PWD should, of course, be organized and run to adhere to the purposes and ideals of Cub Scouting.

It should then be a simple matter then to organize a PWD to help attain one or more of the ten purposes of Cub Scouting. After all, what could possibly go wrong?

Level the Playing Field

Back when Don Murphy started this, almost all Cub Scout families included both parents and it was common then for dads to have both tools and the skills to use them. Today we often pit a single mother whose tool-crib consists of little more than two screw drivers (one phillips, one slotted) and a non-descript hammer against a father who commands a variety of technical and model-building resorces.

Many packs arrange workshops - typically on Saturday afternoons - to aid the tool-challenged families buid their cars. Even large corporations like Lowes and Home Depot are getting into the act. This certainly helps a lot of parents, but it does move the process away from the Home and Neighborhood method that has been part of Cub Scouting since its inception. We get better made cars but which of the ten purposes is supported?

Also I wonder if it is such a good idea to pit families of a Cub Pack against each other. It probably doesn't help get more parents involved with den and pack activities.

Give Control to the Boys

When a boy makes something, he expects it to **do** something. The word *Do* is important not only in the lexicon of boys but also in their actions and their dreams. National CS Director Bud Bennett used to tell us:

When two boys are standing, they are talking about doing something. When they are walking, they are on their way to do something. When they are running, they have just done something.

So when a boy builds a toy car, he has all sorts of hopes and dreams about whwt it will do. This goes on from the very start of the building process - often before the kit has been removed from the box. Even before the wheels are on I have watched boys, their eyes at table level, moving the halfshaped model along the table top.

Once the body has some sort of car-shape and especially when the wheels are on, I have noticed that many boys seem to lose interest in more work on the car. They are not so much interested in its final form. They want to see it perform - to do something.

What should it do?

- 1. Roll down a ramp and:
 - Crash into something,
 - Run up another ramp and fly over something,
 - Race his car against one or a few friends.
- 2. See if it's amphibious: will it float in a swimming pool, bathtub or mud puddle.

There are many more choices. Boys can be quite inventive. Somewhere about 1256th on his list might be:

> Handing his car over to some adults in the parking lot and then not touching it again until the races were completely over.

It is his car, isn't it?

Boys know how to race.

I have watched kids organize all sorts of races. They have good grasps of process, fairness and use of rules. I'm not at all sure of what we gain by letting adults usurp so much of the PWD race. It's almost as if we can't trust our own kids to do it.

Is it true that only adults can organize and run races between kids?

I recently attended a couple of my grandson's PWDs where the Cubmaster just let the kids race. He divided the pack into two groups, one group would race for about twenty minutes and then the other group took over. The boys ran their races, placed their cars on the tracks, operated the gates, and then ran to the finish line to view the results and collect their cars. By that time, the next Cubs would have their cars ready to race. Bears and Webelos helped Tigers learn to operate the gates and they soon got the hang of it.

The pack had acquired three dissimilar tracks so their were lots of opportunity for boys to race their cars. It was a relaxed enjoyable evening.

Cheating

Cheaters are huge problem in our derbies. I first became aware of it at my first PWD at Philmont in 1963. The PTC staff decreed that the kits would be shaped as trucks. That required that the bodies would be carved and run backwards. When I asked, "Why?" I was told that there had been problems with people bringing in ringers so that they could brag that their cars also won at Philmont. They wanted to ensure that all cars in their PWD were made there by those attending that session.

I was dumbstruck. Actual Cub Scout leaders, those recommended by their councils, cheating in a race of kids' toy cars! How could that possibly happen?

Appaently it has grown worse since then. I have been informed that one can purchase <u>"guaranteed winners"</u> on ebay and elsewhere for upwards of \$100.

The typical response to this for many packs is to enforce stricter rules to detect rule breakers.

The problem here is that the cheaters and especially the vendors of these ringers have a distinct advantage over most pack leaders. They have more technical knowledge about how to do it and more financing than the rest of us.

In reference to all this, Carl Cravens posted this:

I lost my one PWD race when I was a kid. I don't remember how I felt about losing... I'm sure I was disappointed, but I don't think it was any big deal. And in retrospect, I'm glad I didn't, because I didn't build that car myself. Imagine how a kid must feel when he wins a District championship with a car his daddy bought on eBay for \$150. What right does a father have to steal his son's chance at winning for himself? When my son races, whether he wins or loses, I want him to be proud of his car, because he built it himself.

My recomendation is to make cheating not worth the effort or the cost. Eliminate the grand champions, the trophies and the photos of the "winners" on pack web sites. In other words:

Keep it Simple, Make it Fun

The objective of your derby should not be finding the fastest toy car, but achieving one or more of the ten purposes. It probably doesn't matter which of the ten you choose. Pick a couple and see how it works.

Have several small championships rather than one big overall winner. Winning doesn't have to go to the fastest car. I once watched some Cub Scouts competing to see which car would stop closest to the finish line without crossing it. Stuff like that is still competitive but more fun.

In his wonderful book, *The Well Played Game*, Bernie De Koven recommends that it is important for all players in a game enjoy what they are doing and that you should change the rules of the game to do just that.

One of the strangest comments on PWD that I have read on Scouting forums is that it is imperative that we teach kids how to lose. Kids don't know how to lose? Which kids? I would guess that there are very few in Bedford-Stuyvesant, Watts or South Chicago who need that kind of teaching. Sean Scott, Scouter in San Diego commented that the kids who do need it are probably the ones whose fathers will put up the money to buy them the guaranteed winners.

What are **YOU** going to do now? Go get 'em. We need all the help we can get.

The best gift for a Cub Scout......get his parents involved!

Also, be sure to visit Bill's website <u>http://rt492.org/</u> to finds more ideas on everything Cub Scouting.

> Have any <u>Comments</u> for Bill just click right here!

Page 5

Page 6

PACK ADMIN HELPS

Spring Recruiting

Spring is a great time to recruit new Cub Scouts, especially Tigers!! Kindergartners are eligible after June 1. The Pack is getting ready for its biggest adventure of the year – CAMP!!! Once a boy goes to camp and has a good time he will be hooked!!

As mentioned below, the key to retention through the summer is PROGRAM –

Does your pack have an active Summertime Program – If you do – Spring Recruiting will work for you.

There has been a discussion on <u>www.cubroundtable.com</u> lately about Summer Programs. Many packs responded that they run two activities per month so no one has to miss out on the award. My local pack runs two activities – one free (pool party, car wash, hike, walk, picnic, fishing derby) and one that has a charge (camp, baseball game (*minor league games are best!!*), zoo, aquarium, museum). And they encourage Den Leaders to hold a meeting each month to keep the boys focused.

Where can you do your Round Up Night?

- ✓ How about at the Little League Field?? You probably have more than a few parents and boys registered in Cubs and Little League – get permission to set up a booth at a field (near the refreshment stand?) and advertise that you will be there. Show parents how the two work together. Have a few baseball and soccer loops to show parents.
- ✓ A Park with a playground in your town? It is spring time boys want to be outside not in a building. Set up some outside activities – volleyball, tin can walkers, stilts, make hot dogs, play games.

What do you need -

Besides all the applications and other usual stuff

- ✓ Pack Tee shirts Have all your Cubs and leaders in their spiffy pack tee shirts and have shirts available for the new Scouts. Maybe even adjust your registration fee to include a tee shirt for all registrants that night!
- ✓ A calendar of all your summertime activities with complete details, contact names and numbers, and sign up forms. Have it cleared with council that any boys recruited will still be able to go to camp for the early registration fee.

Why now (Spring)?

- ✓ You are away from the Fall frenzy when everything is starting up
- Kindergarteners are available and not swamped with a million things to sign up to do
- Most other organizations are slowing down or suspending for the summer
- Parents are not running around buying school supplies and signing kids up for other things
- ✓ Families are looking for activities to do together in the summer
- ✓ Summer is the best time to experience the outdoors where Scouting does its best job!

You can have everything rolling (especially your new Tiger Den!!) when you do hold your Fall Join Scouting Night to really wow those who sign up then.

Adapted from the Greater Pittsburgh Council website, http://www.gpc-bsa.org/

Key features of a Spring Roundup campaign:

- ✓ Kindergarten boys are invited early to join!
 ✓ Boys going into first grade may become Tiger Cubs anytime after the first day in June.
- ✓ First and second grade boys who were missed in the fall will be invited.
- National Council has helpful recruiting materials that should be available at every council headquarters

The key to success is, as always, **PROGRAM!** The council and districts offer great program opportunities like day camp which for many Cub Scouts, is a "mountain top" experience. By recruiting boys in May and June, they will be organized in time to experience Day Camp as well as opportunities for Parent and Son events and Cub Scout Resident Camps. Of course other program opportunities will be important.

First packs need to:

- 1. Organize the Tiger Dens and get them started on their Tiger Cub book. The new boys graduating from first to second grade can get caught up with their classmates by working on and earning their Bobcat badge.
- 2. Provide fun activities such as a baseball game, a picnic or other activity, which are vital to keeping the interests of new boys who join.

Adapted from The Gerald R. Ford Council website <u>http://bsagrfc.org/</u>

Pack Spring Roundup Coordinator Job Description

The Pack leadership appoints and/or recruits an individual to serve as the Pack's Spring Roundup Coordinator. This name should be submitted to the appropriate District personnel. This person should -

- 1. Attend a District Unit Coordinators training / orientation (If your district has one)
- 2. Determine the Packs Spring Rally / Tiger Cub Signup Night.
- **3.** Confirm date and secure permission for School Youth Talk and distribution of School Night flyers.
- 4. Order appropriate School Rally flyers.
- 5. Recruit additional leaders and parents as needed to help with the flyer distribution as well as with the actual Rally Night.
- 6. Check-out what incentive may be available for Spring Recruiting and how to get them.

In going to various council websites to prep this article I found a lot of incentives being offered by councils.

- * One council is offering FREE Handbooks to newly recruited Cub Scouts if the pack qualifies.
- * Many councils are offering free council summer events for new Cub Scouts
- * One council was giving free Tiger Tee Shirts

- Submit ALL NEW youth applications to your District Executive or the Boy Scout Service Center by a specified date
- **8.** Continue follow-up with potential NEW youth not signed up at the rally night.
- **9.** Promote NEW members and their parents to participate in the various council and district activities to be held over the summer months. Distribute flyer of activities and how they can sign-up to participate.
- **10.** Turn in recognition forms for those Cub Scouts which served as recruiters and brought in a NEW member to join the Cub Scout Pack

SPECIAL OPPORTUNITY

100th Anniversary Commemorative Patch

www.Scouting.org/100years A Year of Celebration, A Century of Making a Difference



Every Scout, adult leader, and Scouting alum should have the chance to be part of our biggest milestone yet—our 1OOth Anniversary Celebration. Cub Scouts will be a big part of that! We want keep Cub Scouts excited about Scouting while giving them a chance to make a difference and earn recognition—at an important time in our history. Through A Year of Celebration, A Century of Making a Difference, we will do just that.

By demonstrating dedication to five of Scouting's core values, Cub Scouts and others can earn award ribbons to hang from the 100th Anniversary Commemorative patch. A Year of Celebration, A Century of Making a Difference is fun, engaging and—most importantly—shows America the impact of Scouting through its commitment to these values. A Year of Celebration will be in effect from Sept. 1, 2009, through Dec. 31, 2010.

Program Objectives

- ✓ Provide every Scout, leader, and alumnus a fun and meaningful way to participate in the 100th Anniversary and earn recognition!
- ✓ Increase awareness of Scouting's value to the nation by promoting A Year of Celebration activities and by sharing the participation outcomes.
- ✓ Engage individuals in fun activities and reward their contributions to Scouting—helping improve both Scout and volunteer retention.
- ✓ Spark conversations about Scouting's values, history, and programs—for both positive public awareness and Scout and volunteer recruitment. The more people talk about Scouting, the more they will want to join in!
- Increase overall participation in our 100th Anniversary Celebration by working closely with other national engagement programs.
- ✓ Help build stronger local council and unit ties through an exciting and easy-to-use celebration program.

Cub Scout Patch Requirements

National has posted -

Individual Tracking Cards so each Scout can track his progress

http://ww2.scouting.org/100years/100years/sitefiles/1000/Y ourSource/PlanningTools/YOC/YOC_Tracking_Cards.pdf

Tacking Charts so Dens or Packs can track everyone's progress

http://ww2.scouting.org/100years/100years/sitefiles/1000/Y ourSource/PlanningTools/YOC/YOC_Chart_Letter.pdf

LEADERSHIP

Scouting has a proud tradition of producing great leaders. Self-determination, teamwork, and preparedness are synonymous with Scouts everywhere. For Scouting's 100th Anniversary, let's celebrate this tradition of developing youth leaders.

The Year of Celebration Leadership Award encourages Scouts to explore and reflect upon the qualities of a good leader. The award recipients will work on leadership skills. The Leadership Award rewards participants for reflecting upon and sharing leadership lessons and skills. Scouts earning this award will look to role models, lead groups, and participate in leadership-building activities. Adults and alumni will build their unit leadership skills by emphasizing membership growth, volunteering, and providing role models.

Complete three of the five requirements in each category to earn the ribbon.

- 1. Explain what makes a good leader and give an example of a Scout (past or present) demonstrating those qualities. Ask your parent or den leader what makes a good leader.
- 2. Practice being a leader such as being a denner for one week. Write or tell your parent or den leader about what you did during that week.
- 3. Get a friend to join Cub Scouts.
- **4.** Organize the den to set up and take down chairs at the pack meeting.
- 5. With the approval of your den leader, plan and lead a den activity.

ACHIEVEMENT

Achievement in Scouting builds self-esteem and fosters collaboration with others. With every rank advanced and award earned, Scouts develop pride in themselves and their units. More than just getting a patch, Scouting's myriad of awards challenge Scouts to excel, have fun, and grow into healthy, prepared adults. In addition to advancement, the award recipient makes an active effort to reflect on personal achievements and those of other Scouts.

The Year of Celebration Achievement Award highlights the possibilities for personal achievement. Scouts will pursue rank advancements, religious emblems, as well as engage adults and alumni in conversation about their own achievements in Scouting.

Complete three of the six requirements to earn the ribbon.

- 1. Choose something you'd like to do better, and work on it for a week. Write or tell your parent or den leader about your progress.
- 2. Earn one Cub Scout Academics belt loop and one Cub Scout Sports belt loop.
- **3.** Complete one achievement or activity badge for your rank.
- 4. Complete one elective for your current rank.
- 5. Complete one Cub Scout Sports or Academics pin, or the BSA Emergency Preparedness Award or the BSA Physical Fitness Award.
- 6. Attend an event at an Adventure Base 100 tour site. Invite and bring a friend with you.

COMMUNITY SERVICE

Scouting's contribution to society is most visible in the movement's commitment to community service. Service is interwoven into many of Scouting's honors and is mandatory for earning the higher rank advancements. Through service, Scouts demonstrate that they provide an essential function to their communities.

The Year of Celebration Community Service Award rewards recipients for providing time and resources at no charge for the good of their local community. More than just engage in service, the award recipient must also share their thoughts about why service is crucial to our society and how Scouts today fulfill a 100-year-old legacy of serving communities.

Over the years, the Boys Scouts of America has partnered with several national organizations to accomplish some great service projects. If you are looking for service project ideas, consider the following options:

Nothing But Nets Habitat for Humanity American Red Cross Take Pride in America Cell Phones for Soldiers 2010 US Census Scouting For Food Our National Parks Arbor Day Foundation The Salvation Army Preserve Our Waterways

Complete three of the five requirements to earn the ribbon

. * Make sure that all service hours are recorded online for —Good Turn For America.

- 1. With your parent or den leader, identify a person who serves the community. Write or tell about what that person does for others.
- 2. With your family or den, help plan and carry out a community service project. Write or tell about the project.
- **3.** With your family and/or den, clean up your Pack's chartering organization's parking lot, a neighborhood park, the school grounds, or other public area.
- **4.** Participate in a nature beautification project such as a tree or natural vegetation planting.
- 5. Give service to a community organization such as a food bank or feeding station.

CHARACTER

Scouting is a character-building enterprise. Youth learn that personal responsibility and integrity are essential to accomplishing one's goals. They learn to do good turns without expectation of reward. They learn to be brave when challenged to do the right thing.

The Year of Celebration Character Award rewards recipients for engaging in an active conversation about living by the Scout Law. The award involves elements of citizenship, family life, and personal fitness. Scouts will reflect on their own character and values. Adults and alumni will rediscover the impact Scouting makes on their own character.

Complete three of the five requirements in each category to earn that patch.

- 1. Talk to your parent or den leader about the Cub Scout Promise or Law of the Pack. What does it say about the kind of character a Scout should have?
- 2. With your family or den, plan and carry out a game that helps demonstrate one of the Character Connections(TM). Write or tell about your experience.
- **3.** Talk to your parent or rabbi, minister, cleric, or other religious leader about how trust in God provides inner strength and confidence.
- 4. Talk to your parent or den leader about honesty. Talk about why it is important to be honest in everything you say and do.
- 5. Become a friend of a boy who is being left out of the group. Discuss how compassion and cooperation are essential to good character.

OUTDOORS

From campouts to High Adventure, Scouting happens outdoors. Since its inception, Scouting has centered on teaching values through working and playing outside, and fostering respect and understanding of one's natural surroundings.

The Year of Celebration Outdoors Award is geared toward getting individuals active in nature. The recipients must participate in outdoor activities and show growth in personal outdoor skills. They must also demonstrate increased knowledge of nature. Scouts must show understanding of the impact humans can have on ecosystems and why one must Leave No Trace when experiencing the outdoors. Adults and

Page 9

alumni are encouraged to share their outdoor Scouting experiences with Scouts, as well as non-Scouts of all ages. The Award centers on principles of stewardship, discovery, and personal fitness.

Complete three of the five requirements to earn the ribbon.

- 1. With your family or den, help plan and carry out an outdoor activity. Write or tell about your experience.
- 2. Describe to your parent or den leader the different kinds of plants and animals you can find around your neighborhood.
- **3.** Earn Cub Scouting's Leave No Trace Awareness Award or the Cub Scout Outdoor Activity Award.
- 4. Go on a hike with your family or den.
- 5. Participate in a district or council outdoor experience (day camp, resident camp, etc.).

Knot of the Month (Something different this month)

A Year of Celebration, A Century of Making a Difference

Alumni, volunteers, leaders, and Scouts can earn this patch by showing dedication to Scouting values

Learn More

The picture above is a button you can download from National's site. It is intended to be used as a link to the online award requirements

Adult Leader Patch Requirements

By completing three of the five requirements, adult Scouting Leaders can earn each of five award ribbons. A Year of Celebration will be in effect from Sept. 1, 2009, through Dec. 31, 2010.

LEADERSHIP

- **1.** Help organize a new unit.
- 2. Compile a list of all adult and/or alumni e-mail addresses in your unit, get their permission, and submit the list to your local council Scout service center so Scouting communication can be improved.
- **3.** Actively support a unit in at least two activities related to the BSA 100th Anniversary.
- 4. Recruit a new adult volunteer, or find a Scouting alumnus, who registers with the BSA.
- 5. Help any registered youth with their Year of Celebration Leadership award.

ACHIEVEMENT

- 1. Actively serve on one advancement review for any Scouting program or participate in any rank advancement award ceremony.
- 2. Earn any BSA training award, BSA Emergency Preparedness Award, or BSA Physical Fitness Award.
- **3.** Help any youth member with advancement toward rank.
- 4. Be a registered member of a Centennial Quality Unit.
- Help any youth member earn any 100th Anniversary Year of Celebration award.
- 6. Attend an event at an Adventure Base 100 tour site. Invite and bring a friend with you.

COMMUNITY SERVICE

Over the years, the Boys Scouts of America has partnered with several national organizations to accomplish some great service projects. If you are looking for service project ideas, consider the following options:

Nothing But Nets Habitat for Humanity American Red Cross Take Pride in America Cell Phones for Soldiers 2010 US Census Scouting For Food Our National Parks Arbor Day Foundation The Salvation Army Preserve Our Waterways

* Make sure that all service hours are recorded online for "Good Turn For America."

- 1. Be an active participant in Scouting For Food or another food drive or help with a Salvation Army service project.
- **2.** Be an active participant in the Nothing But Nets project found on the national 100th Anniversary Web site.
- **3.** Be an active participant in a Take Pride in America project or a project benefiting the National Parks Stewardship Awards program.
- 4. Be an active participant in an American Red Cross or a Habitat for Humanity project.
- 5. Be an active participant in any unit's service project.

CHARACTER

- **1.** Work with any youth so he achieves a religious emblem.
- 2. Do a Good Turn for seven consecutive days.
- **3.** Participate in a discussion on good character at a unit meeting.
- 4. Help any youth member achieve his Year of Celebration Character patch.
- 5. Learn about and participate in a flag retirement ceremony.

OUTDOORS

- 1. Participate in a unit, district, or council outdoor event.
- 2. Assist a unit in an outdoor conservation project.
- **3.** Attend camp with a unit (Cub Scout day camp, summer camp, Venturer camp, etc.).
- 4. Attend a professional (major or minor league) baseball game, or another public event, in uniform with a unit.
- 5. Visit the "Get in the Game Geocaching" page at www.Scouting.org/100years, the 100th Anniversary Web site and participate in a BSA 100th Anniversary geocaching activity.

GATHERING ACTIVITIES

Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD

Bug Match *Catalina Council*



- Hang pictures of different bugs labeled with numbers around meeting place.
- Hand out a list of the bugs.
- Have everyone write the number of the correct bug by each name.

Camouflage

Catalina Council

- Mark off a piece of ground or grass with a rope, about 2 feet by 5 feet.
- Sprinkle colored wooden toothpicks, 25 or 30 of each color don't forget to add the unpainted ones.
- Give the boys a 3 to 5 minute time limit to find the toothpicks.
- ☺ Count how many of each color they find.
- This leads to a fun discussion of how camouflage in nature works.

Rhyme/Reason Baltimore Area Council

Can you figure out the rhyming pairs of words from the clues. For instance, "A skinny young horse" is a "bony pony."

Ques	tions:	Ans	wers:
~		1	
1.	A seafood platter	1	Fish dish
2.	A comic rabbit	2	Funny bunny
3.	A foul in a boxing match	3	Low blow
4.	A hobo in the rain	4	Damp tramp
5.	Well-behaved rodents	5	Nice mice
6.	Flower asleep in the field	6	Lazy daisy
7.	Two pretty girls	7	Fair pair
8.	Timid insect	8	Shy fly
9.	A bee's home	9.	Live hive
10.	A jittery fowl	10.	Jerky turkey
11.	An unhappy boy	11.	Sad lad
12.	Small hot dog	12.	Teeny weeny
13.	An angry employer	13.	Cross boss
14.	A fresh vegetable	14.	Green bean

Nature Did It First *Baltimore Area Council*

For most modern inventions, there exists a counterpart in nature. Here is a list of animals and the invention they utilize. Try matching the animal with the invention.

A.

Β.

E.

F.

G.

H.

I.

J.

- 1. Bat
- 2. Armadillo
- Chameleon
 Fish
- C. Anesthetic D Helicopter

Parachute

Snowshoes

Suction Cup

Camouflage

Electricity

Radar

Tank

Hypodermic Needle

- Fish Flying Squirrel
- Flying Squirre
 Squid
- 7. Hummingbird
- 8. Scorpion
- 9. Snake
- Snake
- 10. Abalone 11. Caribou
 - K. Jet Propulsion
 - Answers: 1-G, 2-J, 3-H, 4-I, 5-A, 6-K, 7-D, 8-F, 9-C, 10-E, 11-B

Nature Trail

Catalina Council After reading the descriptions below, fill in the blanks to discover objects you might see as you follow a nature trail.

you follow a nature trail.	
1NN_	Fruit of the pine tree
2 A	Baby deer
3 T	Bird's home
4 U _	Prickly pear
5 R _	Oak tree nut
6 E _	Web weaver
7 T	Bird's covering
8 R	Earths largest plant
9 A	Hare
10 I	Climbing plant
11.L	Fallen tree trunk
	DUE COME EXTRA MEGE CLOTUC

Answers - PINE CONE, FAWN, NEST, CACTUS, ACORN, SPIDER, FEATHERS, TREE, RABBIT, VINE, LOG

Energy Waster's Hunt (Tiger E34, Wolf E7f) *Chief Seattle Council*

Before your den meeting starts, go and plant energy wasting items for the boys to find, such as; water running, lights on, refrigerator door slightly ajar, recycle items in the trash and so on. Give them a piece of paper and give them a limited time to go around the yard and the house. When they finish, review their list and discuss how energy was being wasted. Then, as a group, go around and correct the situations.

Camouflage Game

Chief Seattle Council

- Print off, or cut out pictures from old magazines/calendars.
- 2 boys hide the pictures in plain sight; the other boys find the pictures.
- The boys will quickly discover that putting the pictures on a background similar to the animal's colors helps them to hide better.
- ✤ You can also bend chenille stems into appropriate shapes and hide them instead of pictures.

Page 10

Where's the Spring? Alice, Golden Empire Council

Give each person, family or den a paper with these pictures of springs – see who can come up with the most uses for springs in everyday life.

Where's the Spring?

A spring is basically an elastic object that stores energy – most springs are made of hardened steel, but they can be made of other materials – and we use them many ways every day. How many uses can you list for each of these springs?



Extra Credit - Every Cub Scout has a favorite summertime activity that involves a spring – it uses a simple spring based on a long piece of wood pulled tightly into a bowed shape by the pressure of a length of cord shorter than the first piece. What is it?

Extra Credit Answer: An archery bow! Spring Into Action Charades *Alice, Golden Empire Council*

- Divide group into teams.
- In turn, each boy picks a folded strip of paper out of a container some kind of action word or phrase, such as "digging a garden" or "playing with a Slinky" is written on each slip.
- Rival team is allowed a certain amount of time, or a certain number of questions.
- If the rival team makes the correct guess, they get 1 point.
- If they are unable to guess the action, the first team gets the point.

Signs of Spring Word Search *Alice, Golden Empire Council*

G	A	G	A	Е	L	Е	D	A	G	N	Ν	В	G
A	L	Р	Ν	С	S	R	L	Е	U	В	С	N	Ι
R	S	U	Р	Ι	L	Ν	W	Ν	W	Ι	Ι	S	В
A	В	G	A	L	D	D	Т	Е	S	Т	S	Ι	G
G	Ν	Ι	Ν	A	Е	L	С	G	Ν	Ι	R	Ρ	S
Е	A	Ν	Р	U	Т	в	Ι	A	0	D	S	A	S
S	0	E	Α	G	G	N	L	U	S	Ι	В	L	Α
A	R	Ν	L	Ν	R	Р	S	0	В	D	E	S	R
L	Р	A	Μ	Е	N	L	N	Ι	S	Т	в	Ρ	G
Е	Р	S	Ν	Е	Е	G	S	A	Е	S	S	G	W
S	S	N	D	S	S	E	Ι	0	Т	G	0	E	E
S	С	R	0	С	U	S	в	U	L	в	S	Μ	Ν
R	A	Μ	Е	L	Т	Ι	Ν	G	S	Ν	0	W	S
G	W	0	Ν	S	G	Ν	Ι	Т	L	Е	Μ	D	Ν

Find the following words in the puzzle above. Words may be diagonal, horizontal or vertical. Words may be forwards or sdrawkcab.

Apple Blossoms	Bird Songs	New Grass
Crocus Bulbs	Garage Sales	Nest Building
Spring Cleaning	Melting Snow	
C	(C ·)	117 1

Conservation (or Spring) Word

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Give each player a section of the newspaper.

The object is to find conservation or spring related words within your newspaper section.

OPENING CEREMONIES

OUTDOOR CEREMONY HINTS

Catalina Council

Ceremonies are important, even in the outdoors. Outdoor pack activities usually call for an opening and closing ceremony (or closing campfire). Any outdoor pack activities which take the place of regular pack meetings should also include advancement ceremonies so awards can be presented promptly.

Remember these things when planning outdoor ceremonies:

- ✓ Weather It is difficult to keep candles lit in winds or light rain. Have a backup plan with some type of protection.
- ✓ Acoustics The wind sometimes carries voices in the wrong direction. Make sure the speaker can be heard.
- ✓ Natural Surroundings Make the most of the surroundings to furnish background. Lakefront or open areas in the woods make good ceremony sites.
- ✓ Length Make ceremonies shore, especially if the audience is standing.
- Flag Be certain the U.S. flag is secure. A normal flag holder will not be adequate in winds. Insist on respect for the flag, indoors or outdoors.

Page 11

Outdoor	Fun

Catalina Council

Six scouts lined up across the front of the room each with a card having one letter from the words BOY FUN on front. Have the parts on back in LARGE type. Boys hold up cards with letters on them for audience to see while saying their lines.

- Cub # 1: B is for Boy and family adventures
- **Cub # 2:** O is for Outdoors is where we have our summer fun
- Cub # 3: Y is for You can join us for some of our family activities
- **Cub # 4:** F is for Fun, that's what we will have this summer.
- Cub # 5: U is for Using our surroundings for fun and games.
- Cub # 6: N is for Nature's playground a boy's delight.

Curious Flag

Utah National Parks Council

Personnel: 1 Cub Scout in uniform, Person as "Voice".

Props: American Flag, Table draped to hide "Voice"

Setting: Flag in stand near draped table where the

"Voice" is concealed.

Cub Scout walks by the flag and stops when the flag begins to speak.

- Flag: Hev! Cub Scout!
- Cub: Who's that?
- Me, the flag! Flag:
- Cub: What do you want?

Flag: Well, I'm taken lots of places, but what am I doing here?

Cub: This is our pack meeting. All the Cub Scouts get together once a month with their families to share ideas and have fun. In Cub Scouting we learn about the Stars and Stripes -- that's you. In doing this, we all get a renewed sense of certainty and confidence in the future of our country!

Scouting! Yes, there is hope after all, but I still Flag: don't know why I'm here.

Cub: Why, you are the Guest of Honor! Without you and what you represent we couldn't have Scouting at all! Flag: Thank you, Scout

Cub: Anytime! (Turns, salutes flag, and leads the audience in the Pledge of Allegiance.)

The Den Hike

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Cub # 1: We are going to see nature's treasures.

Cub # 2: We will help to maintain nature's balance.

- **Cub #3:** We will observe and learn from nature's animals.
- Cub # 4: We will help maintain nature's resources.
- **Cub # 5:** We will protect them from harm.
- **Cub # 6:** We will follow the Laws of Nature.

Cub # 7: We are going on a hike.

- Cub # 1: S seeing trees and grass turning green.
- **Cub # 4:** I the iris blooming
- **Cub # 5:** N new animal babies
- **Cub # 6:** G going outside after winter
- It's a great time of year to enjoy our beautiful ALL: country. Please join us in the Pledge of Allegiance.

Chief Seattle Council

Cub scouts come in huffing and puffing, wearing backpacks.

(Remove packs) "Welcome to Pack Night!" ALL:

> They unpack the appropriate items from the packs as they say:

- Cub # 1: "We've got some first aid for your cub scouting woes. (first aid kit)
- Cub # 2: We're going to whistle up some excitement tonight...(whistle)
- Cub # 3: Quench your thirst for fun... (water bottle)
- Cub # 4: And give you some food for thought. (granola bar)
- **Cub # 5:** We've got some bright ideas...(flashlight)
- **Cub # 6:** To help you map out your summer... (map)
- Cub # 7: And give you some direction. (compass)
- Cub # 8: As a matter of fact, you could say we're all fired up. (matches)
- Cub # 9: We're ready for Cub Scouting adventure, rain (rain gear)
- Cub # 10: Or shine. (sunscreen).
- Cub # 11: We can see you're warming up to our Spring into Action theme. (jacket/spare clothes)
- Cub # 12: We think you get the point." (pocket knife)
- CA/DL: This opening Ceremony is based on the 10 essentials everyone should have on every hike or camping trip, so that if they get lost, they can take care of themselves until they are found.
- CM: Intro Pledge of Allegiance

This Is My Country

Catalina Council

Each Cub points or gestures to emphasize the body part about which he is speaking.

- This is my country. ALL:
- Cub # 1: I will use my eyes to see the beauty of this land.
- Cub # 2: I will use my ears to hear its sound.
- Cub # 3: I will use my mind to think what I can do to make it more beautiful.
- Cub # 4: I will use my hands to serve and care for it.
- Cub # 5: And with my heart, I will honor it.
- **Cub # 6:** Please stand and join in the Pledge of Allegiance.

Spring Opening

Catalina Council Six scouts lined up across the front of the room each with a

card having one letter from the word S-P-R-I-N-G on front.

Have the parts on back in LARGE type. Boys hold up cards with letters on them for audience to see while saying their lines. **Cub # 2:** P – planting seeds.

- **Cub # 3:** R the return of the robin.

10 Essentials Opening

	"My Favorite Sport"			
San Gabriel Valley, Long Beach & Verdugo Hills Councils				
(Boys are dressed in appropriate sports outfits.)				
This w	ould be a good one for a Webelos Den that has			
	completed Sportsman this month to do.			
Cub # 1:	Baseball is the game for me			
	Mitts and gum and batting tees.			
Cub # 2:	Soccer to me is really neat			
	Shin guards, goals and wearing my cleats.			
Cub # 3:	Swimming is my priority			
	Backstroke, butterfly and swimming the free.			
Cub # 4:	Football is a game of renown			
	Kickoffs, field goals and the touchdown.			
Cub # 5:	Now Basketball most definitely has it,			
	Dribbling, guarding and sinking that basket.			
Cub # 6:	Volleyball is what I like			
	Serving, rotating, and doing the spike.			
Cub # 7:	Tennis is a game for all			
	Serving, faults and very close calls.			
Cub # 8:	Golfing on the course is fun			
	Especially a stroke that's a hole-in-one.			
ALL:	The games we play have two things we can brag,			
	Good sportsmanship and our pledge to the flag.			
Den Chief	f: Please stand for the Pledge of Allegiance.			

Den Chief: Please stand for the Pledge of Allegiance. Attention. Salute. "I pledge---

Conservation Pledge Opening

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- 1. Provide copies of the "Conservation Pledge" below to each person in audience, and
- 2. Ask everyone to repeat it together.
- **3.** Follow with the Pledge of Allegiance.

"I give my pledge as an American to save and faithfully to defend from waste the natural resources of my country - its soil and mineral, its forests, waters and wildlife."

The Outdoor Code Opening Ceremony

San Gabriel Valley, Long Beach & Verdugo Hills Councils Materials: The American flag posted on the stage, several potted plants or an artificial tree, a garbage bag filled with trash (rinsed out cans, bottles, crumpled paper, etc.) Personnel: Cubmaster (CM) and 4 Cub Scouts (The Cubmaster enters carrying the garbage bag, and stands between the flag and the plants.)

CM: We are blessed to live in this great land of freedom and beauty. America truly is the home of amber waves of grain and purple mountains majesty.

Unfortunately, there are people in this country who abuse their freedom and pollute the land. (He dumps the bag of trash on the ground.) As Cub Scouts, we can learn to be better Americans by living the Outdoor Code.

Cub # 1: (enters and stands by Cubmaster) As an American, I will do my best to be clean in my outdoor manners. (He takes empty bag from Cubmaster and begins to pick up trash while Cubmaster speaks.)

	r age 13
CM:	I will treat the outdoors as a heritage. I will take
	care of it for myself and others. I will keep my
	trash and garbage out of lakes, streams, fields,
	woods, and roadways.
Cub # 2:	2nd Cub: (enters and takes bag from 1st Cub. 1st Cub exits.) I will be careful with fire. (Picks up more trash as Cubmaster speaks.)
CM:	I will prevent wildfire. I will build my fires only where they are appropriate. When I have finished using a fire, I will make sure it is cold out. I will leave a clean fire ring, or remove all evidence of my fire.
Cub # 3:	3rd Cub: (Enters and takes bag from 2nd Cub.2nd Cub exits.) I will be considerate in the outdoors. (Picks up trash as Cubmaster speaks.)
CM:	I will treat public and private property with respect. I will use low-impact methods of hiking and camping.
Cub # 4:	4th Cub: (Enters and takes bag from 3rd Cub. 3rd Cub exits.) I will be conservation-minded. (Picks up remaining trash as Cubmaster speaks.)
CM:	I will learn how to practice good conservation of soil, waters, forest, minerals, grasslands, wildlife, and energy. I will urge others to do the same. (4th Cub gives bag back to Cubmaster and exits.) These Cub Scouts have shown they are willing to protect our country's natural beauty and conserve her natural resources. Please stand, salute the flag and join me in singing "America the Beautiful." (Or say the Pledge of Allegiance.)
Note:	

Outdoor Code card (No. 33428) is available for purchase at the Scout Service Center. Give one to each Cub Scout to remind him of this ceremony.

AUDIENCE PARTICIPATIONS & STORIES

Climbing the Mountain I

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Divide audience into three parts. Assign each part a word and a response. Instruct them they are to say the response whenever they hear the word. Practice as you make assignments. Then read the story. After each of the words is read, pause for the group to make the appropriate response.

BOY	I'll get this right!
CHIEF	(hits thighs rhythmically)
MOUNTAIN	Poof, poof!

Far away in our dry southwestern country is an Indian village, set in front of a high **MOUNTAIN**, towering up out of the desert. It is considered a great feat to climb this **MOUNTAIN**, so that all the **BOYS** of the village were eager to attempt it. One day the **CHIEF** said, "Now **BOYS**, you may all go today and try to climb the **MOUNTAIN**. Start right after breakfast, and go each of you as far as you

can. Then when you are tired, come back; but let each **BOY** bring a twig from the place where he turned.

Away the **BOYS** went full of hope, each feeling that he surely could reach the top. But soon a small **BOY** came back, and in his hand he held a leaf of cactus and gave it to the **CHIEF**. The **CHIEF** smiled and said, "My **BOY**, you did not reach the foot of the **MOUNTAIN**; you did not even get across the desert," Later a second **BOY** returned. He carried a twig of sagebrush. "Well," said the **CHIEF**, "You got as far as the **MOUNTAIN** springs." Another came later with some bucks horn. The **CHIEF** smiled when he saw it and spoke thus, "You were climbing: you were up to the first slide rock."

Later in the afternoon, one **BOY** arrived with a cedar spray, and the old **CHIEF** said, "Well done, you went halfway up." An hour afterward, a **BOY** came with a switch of pine. To him the **CHIEF** said, "Good, you went to the third belt, you made three quarters of the climb.

The sun was low when the last **BOY** returned. He was a tall, splendid **BOY** of noble character. His hand was empty as he approached the **CHIEF** but his face was radiant. He said, "My father, there were no trees where I turned back. I saw no twigs, but I saw the shining sea." Now the old **CHIEF'S** face glowed too as he said aloud and almost sang. "I knew it! When I looked on your face, I knew it. You have been to the top. You need no twigs for token. It is written in your eyes and it rings in your voice. My **BOY**, you have felt the uplift; you have seen the glory of the **MOUNTAIN**.

Oh, ye Scouters, keep this in mind, then; the badges we offer for attainment are not prizes. Prizes are things of value taken from another. Scout badges, though are merely tokens of what you have done, or where you have been.. There are mere twigs from the trail to show how far you have gotten in climbing the **MOUNTAIN**.

The Litter Bug

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Divide audience into four parts. Assign each part a word and a response. Instruct them they are to say the response whenever they hear the word. Practice as you make assignments. Then read the story. After each of the words is read, pause for the group to make the appropriate response.

PAPER	Crackle, crackle
CANS	Clatter, clatter
TRASH	Dump, dump
LITTER BUG	Toss and Throw

God put bugs in this world for many reasons, He made them to live in every kind of season. But the pesky LITTER BUG, with his PAPER and CANS Was made through neglected TRASH by the foolish man.

To keep our land beautiful, get rid of that LITTER BUG, So beach goers CAN again lounge on a clean, sand rug. Because of this pest, we must walk around in PAPER and CANS and TRASH on the ground.

Just who are the LITTER BUGS who mess up our land? Do you really ever see them toss that **PAPER** or **CAN**? And in dumping his **TRASH** he is very sly.

So most of the time it just appears there, As if it had dropped right out of thin air. Could it be we are so used to throwing things there, That we dump **PAPER** AND **CANS** without being aware?

Without even thinking when we toss **TRASH** and waste, We could be a **LITTER BUG** in all of our haste. So when you unwrap that gum or candy, Don't throw down the **PAPER** just because it is handy.

Next time stop and think when it's pop **CANS** you toss, 'Cause if you're a **LITTER BUG** it's also your loss If every single person would take note of his habit That pesky **LITTER BUG** we could certainly nab it.

Then that terrible bug we could surely stamp it out, With no more **PAPER** or **CANS** or **TRASH** about TO KEEP OUR LAND BEAUTIFUL WE MUST ALL DO OUR PART, By taking care of our **TRASH** properly from the start.

Climbing the Mountain II Catalina Council

The leader starts by saying:

Who wants to climb a mountain? Then just say what I say and do what I do. All set? Let's go!

I think I'll climb a mountain . (Audience repeats this and the following phrases.)

Let's pack. (Put imaginary things in you imaginary pack and throw over shoulder.)

Out the door! (Single clap to indicate the banging of door.) Down the street! (Marching claps with both hands against thighs.)

Awfully big town. (Continue marching.)

In the country at last! (Speed up marching.)

Here's a river. (Continue marching.)

And here's a bridge. (Resume ordinary marching.) Let's cut across. (Swish palms together.)

Here we are at the foot of the mountain. Let's start climbing. (Clap thighs more slowly.)

Lost! (Several slow marching stops and starts.)

There's a tree, let's climb it and look around. (Fast clapping to indicate running to tree, then arm motions for climbing, then hand to forehead and peer in several directions.) Still lost. (Make slow climb down the tree, then several

hesitant marching starts and stops.)

Look, there's a cave! (Fast clapping for run to cave.) This side is cold. (Feel with hand against imaginary side.)

This side is wet. (Feel other side.)

There's a light! (Point with one finger into cave.)

There's another light! (Point in same direction.)

They're eyes! It's a bear! (Rapidly reverse actions: coming down mountain, jumping stream, swishing palms across field, over bridge, through streets, ending with a loud clap for door closing back home.)

Back home! (Wipe brow with hand and go Phew) Safe at last! But wasn't that a great climb.

Page 15

ADVANCEMENT CEREMONIES

Awards Ceremony Ideas Catalina Council

Wally the Worm

Props: Have an apple made of cardboard with several holes in it. Have the awards in a box in the back. Create a worm puppet for the central character living in the apple. **Format:** Have Wally the Worm hiding in his apple and coax him out to tell everybody what kind of special things he has hiding in his apple. Proceed through an advancement ceremony starting with Bobcat rank as Wally shares his special treats (awards) with the recipients.

Butterfly Catching

Props: A large butterfly net, large enough to catch a Cub Scout size butterfly. Have badges attached to colored, construction paper bugs that have been "mounted" on a collection board.

Format: Cubmaster enters ready for a butterfly collecting expedition. (Wear pith helmet, binoculars and the like.) Spot and catch such rare breeds of butterflies as the Bobcat, Tiger, Wolf, Bear, Webelos as well as the Gold Arrow and Silver Arrow tipped Monarchs.

Spring Tree

Hang each Scout's awards from a decorated spring tree. It can be made from a limb placed in a planter of plaster or rocks.

Easter Egg Advancement

Place each Scout's awards in a large plastic Easter egg that is marked with his name and decorated with stickers.

Animal Tracks Awards Ceremony

San Gabriel Valley, Long Beach & Verdugo Hills Councils Catalina Council

Props - Have various "animal tracks" available as each of the following are discussed.

Cubmaster: (In a secretive manner) We are gathered tonight to study the scene here in the forest. We have found many tracks in the dirt. The first animal track that we found was a fairly fresh one. The facts that we know are: it has a gray to brown coat, is spotted, has a short stubby tail, and belongs to the Lynx family. Could it be a Bobcat? (Call up Bobcats receiving awards and their parents)

Cheer – Bobcat yowl

The next animal we need to identify has the following characteristics: It is striped, orange and black. Stalks prey, belongs to the cat family. From all the above details I believe we are describing the Tiger family. (Call up Tigers receiving awards and their parents)

Cheer – Tiger roar

The next track was harder to trace as it belongs to the Canine family. It loves to eat game, travels in packs, and it especially loves to howl. It is more commonly known as the Wolf. (Call up Wolfs receiving awards and their parents)

Cheer - Wolf howl

This track is easier. It is larger in size than the other tracks. It is a mammal with shaggy hair, it loves to eat fruit, honey and game and especially fish. Bears are easy to identify. (Call up Bears receiving awards and their parents)

Cheer - Bear growl

This was the hardest track of all. It has been here the longest so it was harder to identify. It made deeper grooves like it was carrying something. The biggest clue was that it's love of junk food, soda and candy. Of course it could only be Webelos. (Call up Webelos receiving awards and their parents)

Cheer - Yell "Do Your Best"

It relieves my mind that the tracks have been identified and classified into groups.

Congratulations to all who received awards tonight! Lead one final cheer for all recipients and their parents

Cub Scout Mountain Baltimore Area Council

Props: Stage steps (at least six steps to the top), cardboard or plywood false front of a mountain to fit across front of steps. Place a strip of paper with the appropriate rank on each step, Bobcat the lowest up to Arrow of Light. Copies of the Tiger, Wolf, Bear and Webelos books.

Instructions: Place steps sideways to the audience so they can see the 'mountain" but not the steps. Each Scout will be allowed to ascend to receive his award, (even arrow points, activity badges, etc.)

Cubmaster: "Has anyone ever been mountain climbing? (Response) Well, the Scouts who have achieved awards will demonstrate how to climb a 'mountain' tonight. Before you can climb a mountain, you need to have the appropriate equipment. You need ropes, packs, first aid supplies, maps, hiking boots, and many other things, AND YOU NEVER GO CLIMBING ALONE!

'In Cub Scouring, in order to advance along the Cub Scout trail, you also need the appropriate equipment. Your book, your uniform, your Den and Pack, and you CAN'T do it alone. I have here some of the supplies for climbing to the top of the 'Cub Scout Mountain'. (Hold up the books)

'Will ______and his parents please come forward? You will be our first climb today. Do you feel rested for the climb? (Response) I know you are not prepared to go climbing, so here is a Tiger book. It won't get you to the top of Cub Scout Mountain, for that you will need different equipment. But, let's see how far it will help you climb. (Scout climbs a to Tiger step and faces audience.)

'I now present this Tiger award to your parents to present to you. He makes the climb seem easy, but he has worked hard to reach that altitude on Cub Scout Mountain.

- You should start with the Bobcats First.
- Proceed with the other awards, each time letting the Scouts go to their 'altitude' before receiving their award. Let them show the audience how far they have climbed rather than announcing it.
- Arrow of Light recipients will reach the 'peak', and should be allowed to go to the top step, even if there are more than five steps.
- You may want to have graduating Scouts climb to the top and jump off onto the stage (i.e. Boy Scouting), or back down the other side, etc.

Advancement Ceremony Baltimore Area Council

Cubmaster: Bobcats are like the raindrops of our Cub Scout nature. They are fresh and new and bring with them a clean excitement. Their enthusiasm helps keep us alive. Congratulations, ______ on earning your Bobcat rank. You are as welcome as rain. (*Have 6 inch cutout of raindrop, with this written on it. Laminate and give to the new Bobcat with his award*)



______has earned his Tiger rank and we see he continues to grow. Just like a tree he has sprouted above ground breaking the layer of soil that nourished the seed. Now that he is above ground, he can see what lies ahead. His adult partner has nourished him in the spirit of Cub Scouting. (Have 6 inch picture of an acorn, with above message on it. Laminate and give to the new Tiger with his award)

______has earned his Wolf rank and we see he continues to grow. Just like a tree he has matured and branched out to reach new heights. Stronger than he once was, he can more easily withstand the winds of danger. His roots are becoming more firmly embedded in the healthy soil of Cub Scouts. (*Have 6 inch picture of tree, with above message on it. Laminate and give to the new Wolf with his award*)



The Bear is the rock of Cub Scouting. ______ has earned his Bear rank. He is now solid and immovable in his commitment to the promises he makes in Cub Scouting. Just as a rock, a Bear is unchanging through bad weather, as well as good. (*Have 6 inch picture of a rock cut out with above message on it, laminate and give to the new Bear with his award.*)

The brightness of the Webelos is like that of the sun. His knowledge of scouting ideals is warm and welcome. By earning his Webelos rank, ______ has continued to shine day after day and helped others to grow. Congratulations and "Shine on!" (*Cut out 6-inch picture of sun with message on*

back laminate and give to the new Webelos scout with his award)

Nature Advancement

Catalina Council

Equipment: A three foot high tree limb with several branches set in a can of mortar to look like a tree. Green paper leaves with Cub Scout's names and awards. Cubmaster (CM) and Assistant CM (CA)

CM: This little tree is a symbol of the natural beauty of our land that we find outdoors. This tree also represents Cub Scouting.

CA: It takes a long time for a beautiful tree to grow. In the same way, a Cub Scout spends a lot of time and effort advancing from rank to rank. So do his parents who help him.

CM: Tonight, you will see how much prettier this Cub Scouting tree will be when we put some leaves on it. Each of these leaves represents the time and effort put into their advancement work by our Cub Scouts and their parents.

CM and CA alternate calling forward boys and their parents to receive their awards starting with Bobcat, Tiger, Wolf, Wolf arrow points, etc. Lead a cheer for each group. NOTE:

Awards should be presented to the parents to present to the boy. Give each boy a leaf to put on the tree.)

CA: Each of you had helped to nurture this tree. Just as trees endure for many years, so the values you have gained from working on achievements, electives and Webelos activities will last you a lifetime.

CM: May you always stand strong and tall like a tree - and be a great resource to our land. Lead one final cheer for boys and their parents.

Indian & the Wolf

A Bear Promotion Ceremony San Gabriel Valley, Long Beach & Verdugo Hills Councils

Personnel - Cubmaster (CM) and Cub Scouts **Props** - Candles or penlights, Bear neckerchiefs

rops - Candles or penlights, Bear neckerchiefs, copies of The Bear Handbook, electric council fire.

CM: The wolf was greatly admired by the Indians for his swiftness, his hunting ability, and his endurance. In fact, the Indian Scout was called a wolf, and the sign was two fingers spread apart, symbolizing the erect ears of the wolf. The wolf was considered a great "medicine animal." And, in some tribes, the Indian Scout wore the skin and head of the wolf when on a scouting expedition. (The Cubmaster calls the Cub Scouts forward who are going to be Bears. They are handed a lighted or penlight and stand in front of the council fire). You have followed the trail of the Indian by attaining the rank of Wolf Cub Scout. You have proven yourself brave, swift, and alert as your Indian brothers of the past. Now you must go on to greater honors for yourself and your parents by earning the Bear badge to prove your greatness. Learn the ways of our animal friends. Learn about the earth and how to grow food. Look up to our skies and learn the stories the stars tell. Let this light be a sign to others that you are now a Bear! Congratulations!

(Blue neckerchiefs and Bear books are handed the boys as they blow out their candles or turn off their penlights.)

SONGS

Trash Rap Chief Seattle Council

(Chant to a rap beat.) We're Pack _____, comin' on through Recycling trash and we're doing it for you! We don't claim to have the whole solution. We're just trying to stop some more pollution! We pick up the trash and pick up the litter. We tell our parents and the baby-sitter: "Garbage is a mess, it makes the world dirty If we keep this up, by the time we're thirty, We'll be sitting on piles of non-decaying plastic, Disposable diapers and pieces of elastic, Broken glass and old tin cans; Clean up the world! That's the name of this plan." We don't claim to have the whole solution, We're just trying to stop some more pollution! The water is filthy; it's not fit to drink And the air around us, it really stinks! We have to start now to clean up our act Or we're gonna kill the Earth and that's a fact! The government is working to pass some legislation, To make the Earth fit for future generations. But, you'll agree that it's not enough It's up to us and we've got to be tough! We're Pack _____, comin' on through Recycling trash and we're doing it for you! We don't claim to have the whole solution We're just trying to stop some more pollution!

> **Slinky Jingle** Alice, Golden Empire Council



It walks down stairs, alone or in pairs And makes a slinkity sound. A spring, a spring, a marvelous thing. Everyone knows it's slinky. It's Slinky, It's Slinky For fun it's a wonderful toy. It's Slinky It's Slinky. It's fun for a girl or a boy!

To hear the jingle go to www.poof-slinky.com/Slinky-Museum/Slinky-Song/ or http://www.youtube.com/watch?v=SAsnfcLEIOI

	Conservation				
	Chief Seattle Council				
	(Tune: Allouette)				
Chorus:					
	Conservation, we like conservation				
	Conservation means more for you & me.				
Leader:	Will we pick up all the trash?				
Cubs:	Yes, we'll pick up all the trash.				
All:	Oh!				
Chorus					
Leader:	Will we clean up city parks?				
Cubs:	Yes, we'll clean up city parks!				
Leader:	Clean Up Parks				
Cubs:	Clean Up Parks				
Leader:	Pick up trash?				
Cubs:	Pick up trash!				
All:	Oh!				
Chorus					
Leader:	Will we plant a dozen trees?				
Cubs;	Yes, we'll plant a dozen trees.				
Leader:	Dozen trees				
Cubs:	Dozen Trees				
Leader:	Clean Up Parks				
Cube	Clean Un Parks				

Conservation

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L C A С L C L C Le Cubs: Clean Up Parks Leader: Pick Up Trash Pick Up Trash Cubs: All: Oh! Chorus **Picking Up Litter** San Gabriel Valley, Long Beach & Verdugo Hills Councils Tune: I've been working on the Railroad

I've been pickin' up the litter, All the live long day. I've been pickin' up the litter, Just to have a place to play. Can't you see the litter basket, Sitting on the sidewalk there? Every little bit will help us, If you just show you care. Won't you pick it up? Won't you pick it up? Won't you pick it up today, today? Help us clean it up, Help us clean it up, Help clean up the USA.

Take Me Out To The Forest

San Gabriel Valley, Long Beach & Verdugo Hills Councils Tune: Take Me Out to the Ball Game Take me out to the forest. Let me hike in the wild. Show me a skunk and a few bear tracks. I won't care if I never come back. But it's look, look, at your compass. If it rains, then it pours. And it's ouch, slap, sting and your bit In the great outdoors!

The Cub Scouts Go Hiking Along

San Gabriel Valley, Long Beach & Verdugo Hills Councils Tune: Caisson Song

Over hill, over dale We will hit the greenwood trail As the Cub Scouts go hiking along. In and out, all around You will never see us frown, As the Cub Scouts go hiking along. And it's hi, hi, hee, The Cub Scouts are for me. Shout our name and shout it strong. DEN ____ or PACK _____ Where ere we go, we will always know That the Cub Scouts go hiking along.

Doorways to Adventure

Baltimore Area Council (Tune: My Bonnie Lies Over the Ocean)

Let's follow the trail to adventure, The trait every good Cub Scout tries. With all of God's beauty around us, The trees and the streams and the skies.

(chorus)

Cub Scouts, Cub Scouts, Adventure is part of Cub Scouting fun Cub Scouts, Cub Scouts, O' won't you come have fun with us?

Let's open the door to adventure, With achievements, electives and fun. Cub Scouting is such an adventure, It's exciting for everyone.

(chorus)

And after we've had fun Cub Scouting, Another door lies straight ahead. We're prepared for the Scouting adventure, And so we have nothing to dread.

(chorus)

I Love the Mountains

Baltimore Area Council I love the mountains, I love the rolling hills; I love the flowers, I love the daffodils; I love the campfire, when all the lights are low;

Boom-de-adds, Boom-de-adda, Boom-de-adda, Boom-de-adda, Boom-de-adda, Boon-de-adda, Boon-de-adds, Boom-de-adda,

(Repeat entire song)

This may be used as a round or two-part singing with one part singing "Boom-de-addas" while other sings the verse.

Pep up your Cub Scout spirit, And shout so they'll hear it. Our resources must be saved today. If we share, not borrow, We can shape tomorrow, And be proud we helped along the way.

Pick it up

Chief Seattle Council (Tune: Row, Row, Row Your Boat)

Pick, pick, pick it up. Help to keep things clean. Cub Scouts and their families... A conservation team!

> Bring Back a Clean World Chief Seattle Council (Tune: My Bonnie Lies Over the Ocean)

The litter blows over the highway, The litter blows over the park, Unless we do something about it, The world will be litterly dark.

Chorus –

Pick up, pick up, Oh, pick up the litter you see, you see. Pick up, pick up, Oh, pick up the litter you see.

The cars that drive over the highway, Are spewing exhaust in the air, We're leading our world in extinction, And yet just don't seem to care.

Chorus –

God gave us clean air for our breathing But we just don't keep it that way, Instead we pollute it from smokestacks And breathe in the garbage each day.

New Chorus –

Bring back, bring back, Bring back a clean world to me, to me. Bring back, bring back, bring back a clean world to me.

Do Your Part *Chief Seattle Council*

Plastic bottles and food wrappers Styrofoam shouldn't roam. On the ground it's litter. Pick them up, it glitters. We are smart, And do our part.

Cub Scout Hike Chief Seattle Council (Tune: "The Happy Wanderer")

Oh, I love to take a Cub Scout hike Through bug infested woods. And as I go, I scratch and itch, Got poison ivy good!

Chorus:

Splash in mud; creeping crud, Fallen trees; scrape my knees; _ Stung by bees; sneeze and wheeze; Got blisters everywhere!

Oh, I love to take a Cub Scout hike, And feel my muscles pull. I'm glad I brought the lineament; I ain't nobody's fool!

Chorus:

Oh, I love to take a Cub Scout hike; My mom thinks it's a must. She thinks it builds strong character To drink juice that tastes like rust!

Chorus:

Out in Nature

Chief Seattle Council (Tune: Clementine)

Out in nature, out in nature You will find your summer's fun; If you look at what's around you, You'll have fun till day is done.

After sunset, watch the stars shine, Nature's wonders you can see; Mother Nature's world is endless, Always there for you and me.

Did you ever watch an ant work? Have you listened to the bees? Have you watched birds build their nests high, And been thankful for the trees?

If you'll just look all around you, Many new things you will find. If you'd only realized it, They were right there all the time.

> A Worm's Eye View Baltimore Area Council Tune: Home on the Range

Oh come see my home, Where I live quite alone, Munching onions and spinach all day. Now you may think a worm Doesn't deserve his turn, But without me the gardener would play.

Chorus:

Home, home in the squash, Where I live and I snooze and I eat, The gardener may try to blow me sky high, But I'll hide safely inside a beet.

Picking Up Litter Baltimore Area Council (Tune: I've Been Working On The Railroad)

I've been picking up the litter, All the live long day; I've been picking up the litter, Just to have a place to play. Can't you see the littler basket Sitting on the sidewalk there? Every little bit will help us, If you just show you care.

Won't you pick it up? Won't you pick it up? Won't you pick it up today? Help us clean it up. Help us clean it up. Help to clean the U.S.A.!

Campfire Cooking

Catalina Council (Tune: Finiculi, Finicula) Last night I roasted marshmallows at campfire, It was so grand, I burned my hand. The wire was so darned hot it branded, My tender palm, I'm not too calm.

Twirl it, wave it, stick it in the fire, Trying to roast a marshmallow and keep it on the wire, I burned my hand, I burned my hand. I burned my hand, I burned my hand. Roasting marshmallows on hanger wire should now be banned.

Last night I roasted hot dogs in the campfire, But mine fell in, it burned its skin. I grabbed it from the coals and ate it, It tasted bad, it's the worst I've had.

Bite it, chew it, the hot dog was so black, I swallowed it at campfire but it keeps coming back. I need some Tums, I need some Tums. I need some Tums, I need some Tums. Especially when I found out from what part of pigs they come.

Swatting Skeeters

Catalina Council (Tune: Blowing Bubbles) I'm forever swatting skeeters, Little beasts that buzz and bite; They're always right In earth and sky, And like my dreams they come at night. They are always hiding;

They are everywhere. I'm forever swatting skeeters, Little demons of the air.

Do Your Best *Utah National Parks Council* Tune: DO-RE-MI DO – to us means Do Your Best, RE – are cheers for all the fun MI – is what I do myself FA – means father, mom and son; SO – what happens to our pack, LA – with lots of this and that? TI – together to the top! (clap, clap) Then that brings us back to DO, oh, oh, oh... DO..RE..MI..FA..SO..LA..TI..DO.. Do Your Best!

Singing in the Rain

Catalina Council

I'm singing in the rain, Just singing in the rain. What a glorious feeling, I'm happy again.

Leader calls "Thumbs up" and holds out his hands with the thumbs up.

Group repeats - "Thumbs Up" Then sings song again hiding their thumbs up.

Continue with the song, the leader adding a new motion each time the verse is sung. Each time the group will respond and add the new motion. Leader and group must do all motions called throughout the song. At the end of the song all actions are being performed simultaneously.

- 2. Elbows back
- 3. Knees together
- 4. Feet apart
- 5. Backside out
- 6. Chin up
- 7. Tongue out
- 8. Turn around

Outdoor Adventure In the Back Yard

Catalina Council & Utah National Parks Council (Tune: Clementine)

Chorus:

In the outdoors (*or backyard*), in the outdoors (*or backyard*) You will find your summer's fun. If you look at what's around you You'll have fun 'til day is done.

Did you ever watch an ant work? Have you listened to the bees? Have you watched birds build their nest high? And been thankful for the trees?

Chorus

After sunset, watch the stars shine; Nature's wonders you can see. Plant a garden, watch the corn grow, There'll be food for you and me.

Chorus

If you'll just look all around you, Many new things you will see. Mother Nature's backyard's endless, Always there for you and me.

STUNTS AND APPLAUSES

APPLAUSES & CHEERS

Catalina Council

Mosquito Applause: Pretend you are slapping mosquitoes all over, saying, "Ooh, aah, aah."

Water Water Applause:

Hold throat and shout: Water, Water, Water!! Pretend to find it, drink it, say "GLUG, GLUG, GLUG," Wipe your mouth on your sleeve and say: Aaaaahhhhh!!! **Out of Shape Hiker:**

Hang tongue out of mouth and pant loudly.

Swat the Fly Applause:

Using your hand and arm as if it were a fly swatter, swat at a pretend fly then yell: "Got ya!!"

Spider Applause: Walk your four fingers on one hand up the hand and arm of the opposite one. When you have gone as far as you can, yell: "EEEEEKKK" and brush it off you.

Utah National Parks Council

The Ball Applause: (*Similar to Hat Cheer*) Hold any kind of ball in your hands. When you are holding the ball, everyone is quiet. When the ball leaves your hands, everyone goes wild and cheers. Try bouncing the ball, faking a throw, or tossing it to another

Hiking in the mountains -

Look around and say "Beautiful and cool, cool, cool."

Hiking in the dessert -

Tell them it is warm, dry and dusty, so dust off the seat of their pants.

Flower -

Like a flower blooming raise part way up in your chair, look around then stand up quickly, yelling "Sproooooong!"

Bicycle -

Say "Pump, pump, pump!"

Fishing –

Pretend to catch and reel in fish three times. Then stretch your arms out to show how long the fish was and say. "It was this long, but it got away!"

Tracker –

Point to various animal tracks and name them as you point, "Rabbit, bear, deer, eagle, jeep.

Baltimore Area Council

Beaver:

Cut a tree by tapping front teeth together, slap your tail by slapping a palm against your thigh, then yell, "TIMBER!"

Bear:

Growl like a bear four times, turning halfway around each time.

Bee:

Put arms straight out and pretend to fly, while going "Buzzz-z-z, Buzz-z-z-z."

Rainstorm Cheer:

To simulate rain, have everyone pat one finger of the left hand and one finger of the right hand. Gradually increase the intensity of the storm by increasing the fingers hitting together. Decrease the number of fingers as the storm passes.

Alice, Golden Empire Council Springing forward Applause- Everyone jumps forward one step while shouting "Spring Forward! three times.

Popcorn Popping Applause - Hold up open hands, facing outward, then quickly pull fingertips together and apart several times while shouting "Popcorn Popping on the Apricot Trees!"

Springing Into Action Applause – Start with both hands held in front and to one side, then make a throwing upwards action while shouting "Spring Into Action"

Action, Action Applause – Each person stands up, then takes some "action" pose – change position three times while shouting "Spring" then "Into" then "Action"

A Fun "Spring" Applause – Jump straight up into the air while shouting "Boing, Boing"

Slinky Applause – Have everyone bring their favorite Slinky (or get a bunch from an online party place) – Whenever you want to "applaud" during the pack meeting, everyone stands and plays with their slinky while singing the Slinky song chorus:

> "It's Slinky, It's Slinky For fun it's a wonderful toy. It's Slinky It's Slinky. It's fun for a girl or a boy!"

To hear the jingle go to

www.poof-slinky.com/Slinky-Museum/Slinky-Song/

RUN-ONS

Catalina Council

- **Cub #1**: How would Akela start this campfire in the rain?
- Cub #2: I don't know. With magic?
- Cub #1: No, with waterproof matches!
- **Cub #1:** Why do you have that rock so close to your ear?
- Cub #2: Because, I'm listening to rock music!
- Cub #1: Why are you tapping those two pebbles together?
- Cub #2: Silly Now I'm playing rock n' roll music!
- Cub #1: What kind of rocks do you see in the Rio Grande? Cub #2: Wet ones!
- Cub #1: What did the limestone say to the geologist?
- Cub #2: You stop taking me for granite!
- Cub #1: What did the miner say to his girlfriend?
- Cub #2: I really dig you!
- Cub #1: Why does a spider spin a web?
- Cub #2: Because he can't knit!
- Cub #1: What's the best way to make a fire with two sticks?
- **Cub #2:** Make sure one of them is a match.
- Cub #1: This match won't light.
- Cub #2: What's the matter with it?
- Cub #1: I don't know, I lit it before.
- Cub #1: (Crawls on stage crying) Water, water!
- Cub #2: (Comes running with a glass of water.) You poor thing, here's some water.
- Cub #1: Thank You! (Pulls out a comb and uses the water to comb his hair.)

- Teacher:What is a geologist?Student:A fault finder!
- **First Aid Instructor:** What's the best way to avoid infection from biting insects?

Cub Scout: Stop biting insects!

Knock, knock.

Who's there? Roxanne. Roxanne who?

I got Roxanne pebbles in my hiking boot!

Definition of the day:

Rock n' Roll - A boulder traveling downhill . . .

Utah National Parks Council

Stickin'

- **1st Scout** enters poking a stick in the ground and playing with it.
- **2nd Scout** enters from other side and asks, "What are you doing?"
- 1st Scout replies "Just stickin' around."

Bird Seed

- Cub 1: May I have a dollar's worth of bird seed, please.
- Cub 2: How many birds do you have?
- Cub 1: None yet, but I'm going to grow me some!

Hikers - An exhausted hiker stumbled onto another hiker in the woods.

- Hiker #1 "Am I glad to see you.
 - I've been lost for two days!
- Hiker #2 "Don't get excited. I've been lost for two weeks!"

Breakfast

- Cub 1: Why were you late for breakfast?
- Cub 2: Because of the alarm clock.
- **Cub 1:** How was that?
- Cub 2: There were nine of us and the alarm was set for 'eight'.

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- Cub 1: My mother does bird imitations.
- **Cub 2:** Really? How does she do that?
- **Cub 1:** She watches me like a hawk.

Alice, Golden Empire Council

Missing Season Run-On

- Cub #1: Mary's mother has four children. Their names are Summer, Fall, Winter and ? Who is the missing child?
- Cub #2: (Looking very confident) I know this one! It's Spring!

Cub #1: Sorry, the missing child is MARY! Or tell it as a riddle!!! CD

- Q. What season is it when you are on a trampoline?
- A. Spring-time!
- Q. Why is the letter A like a flower?
- A. A bee (B) comes after it!

For April Fool's Day:Q Why is everyone so tired on April 1?A. Because they've just finished a long, 31 day March!

Knock, knock! Who's there? Noah. Noah who? Noah body . . . April Fool's!

> Knock, knock! Who's there? Noah. Noah who? Noah fooling this time . . . it's really me!

> > Knock, knock! Who's there? Noah. Noah who? Noah something? It's still April Fool's!

JOKES & RIDDLES

Krystal L

<u></u>					
Superstition District, AZ					
Can February March?	No, But April May				
When do monkeys fall from the sky?	In Ape-ril				
Why does it get hotter after a Football	game?				
	All the fans leave!				

What takes longer, running from first base to second, or from second to third?

Second to third, because you have to go through a shortstop.

What has six wheels and flies? A garbage truck

What's the best way you avoid infection from biting insects? Stop biting insects

Why did the fly fly? Because the spider spied her What is green and brown, has four legs and can kill you if it falls out of a tree and lands on you?

A pool table!

San Gabriel Valley, Long Beach & Verdugo Hills	s Councils
What kind of a dog has no tail?	Hot dog.
What kind of an insect does your uncle like best?	Ants
What's the double tree?	Pear
What tree is nearest the sea?	Beech
What is a calendar tree?	Date
What tree will keep you warm?	Fir
What tree is used in kissing?	Tulip

SKITS

Trails, Treks, and Tracks

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- **Cub 1:** We are supposed to be learning how to do tracking today. Do you guys know how to track?
- **Cub 2:** I have never done any tracking.
- Cub 3: Me neither.
- Cub 4: I have. I once tracked a wild slimer for six hours.
- Cub 1: What happened?
- Cub 4: I tracked the slimer north for two hours.
- **Cub 2:** Then what happened?
- **Cub 4:** Then he turned west and I tracked him for another hour.
- Cub 3: What happened next?
- **Cub 4:** For the next three hours the slimer back tracked on himself, circled around and finally ended up going south.

Cub 1: Wow, how far did you end up tracking the wild slimer.

Cub 4: About three feet, snails get really tired after that.

The Recycling Machine

Chief Seattle Council

Personnel: 4 Cubs. In addition, another is hidden inside the machine.

Equipment: Large box made to look like, a recycle machine: other items mentioned.

Jack: Hey look, guys, a recycle machine!Jim: Let's try it out! (Turns switch on)Bob: Let's see what it does with this rusty, old pocketknife.

(Drops it into machine. Machine makes noise and shakes, then out comes a new, shiny pocketknife.)

- All Wow, it works Fantastic!
- **Tom:** Maybe it can recycle this old, torn handkerchief. (*Drops it in and the machine shakes and rattles and turns out a new hanky.*)
- Jim: That's really great! Here, machine, here's an old, broken pencil for you. (Drops it in and the machine performs

giving out a new one.)

Bob: It's your turn. Jack.

Jack: I wonder how this things works.

(Steps up, peers inside, and the machine pulls him in.) **Jack:** Help!

Others Oh no! What should we do? (All look worried) *The machine finally makes a very loud noise and out pops Jack. A sign on him reads REJECT.*)

- Tom: Look! He has a sign around his neck. It says 'REJECT'. A Cub Scout's spirit is too strong and durable to ever be worn out.
- Jack: Remember, to help save our American resources, follow this motto
- All: Reduce, Reuse, Recycle! Use it up, wear it out, make it do, or do without!

Cub Scouts.

Water Conservation Skit Chief Seattle Council

Chief Seallie Co

Equipment Personnel

cup, 4 to how many scouts you want, water, announcer

Setting: All Scouts are on stage as the skit starts.

Cub 1: When I grow up I'm going to be the world's greatest broad jumper and jump like this! (Jumps about one 1 foot and falls down.)

One Step At A Time

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Characters: Senior Scout (like a Den Chief, Denner, etc.) 4

- Senior Scout: Well, you'll have to remember to take it one step at a time, one step at a time.
- **Cub 2:** Well, I am going to be a high jumper and win a gold medal like this! (Jumps and falls flat.)
- Senior Scout: Well just remember that you'll have to remember to take it one step at a time, one step at a time.
- **Cub 3:** Well I am doing to be a world famous baseball player and hit homeruns like this! (Swings and falls.)
- Senior Scout: Fine, fine, but remember to take it one step at a time, one step at a time.
- Cub 4: I am going to be the world's best slam-dunker (dribbles imaginary ball across stage and slamdunks it, falling.
- Senior Scout: Sure, sure, but remember to take it one step at a time, one step at a time.
- Cub 1: Say, what are you going to be when you grow up?
- Senior Scout: Why I am going to be the greatest marathon runner that ever lived! (Turns to walk away and trips on shoelace.)
- Cubs One step at a time! One step at a time!

The Infantry is Coming!

Chief Seattle Council

- Equipment:A small tree or bush and about 5 scouts.Preparation:Rehearse panic
- Action: 3 scouts are loafing around waiting for something to happen
- Cub # 1: (comes in shouting) The infantry is coming! The infantry is coming! Hurry! Hide! (he runs offstage, but no one else moves) (5-10 second pause)
- Cub # 2: (comes in shouting) The infantry is coming! Look Out! They're coming fast! Quick! Hide yourselves! (he runs off, but no one else moves) (5-10 second pause)
- Cub # 3: (comes in shouting) You guys! The infantry is corning! Hide! Look! Here it comes!
- Cub # 4: (comes on holding the small tree and all of the scouts run offstage, screaming.)
- Cub # 4: With Small Tree Branch: Wait! Wait! It's just an Infant Tree!

Preparation

Put half a mouth full of water in the last person's mouth. The person should not swallow, and should not let the audience notice they have water. Have another cup filled with water for the first person.

Action

All the people except the announcer stand in a straight line, the last person will have the water in his mouth.

The announcer will start talking about water conservation and how water is very heavy on backpacking trips and these scouts have found a way around that. The announcer turns around and asks for a demo of one of the ways to conserve water.

The first scout says ok and all start brushing their teeth with their fingers. (The last person needs to practice before hand so water doesn't spill out.)

After everybody is done "brushing" have the announcer take a cup over to the first person. Let the announcer accidently spill some water out of the cup to show the audience there is water in there.

The first person rinses his mouth out with water and swallows the water. Then the first person will turn to the second and "transfer" water into the next scout's ear.

Repeat action down the line till last scout, who with great showmanship, spits the water out into cup a cup and proudly holds it up!!

Great Cook Skit

Catalina Council

Set Up: Several boys and leader come hiking in.

Leader: All right guys, let's break for lunch. We'll take 30 minutes, unpack your lunches.

(Everyone sits down and unwraps sandwiches from their own paper bags. They begin comparing, discussing their lunches. One has ham, another tuna, and so on. The last guy has peanut butter. He protests loudly.)

Cub 1: Yuk! I hate peanut butter!

- **Cub 2:** We go through this every trip. If you don't like peanut butter, why don't you tell your mom to fix something different next time.
- **Cub 1:** You leave my mom out of this. I fix my own sandwiches for these hikes.

DALUU 5 DUGLE	1 agt 24		
The Magic Compass	Magic Mud		
Utah National Parks Council	Catalina Council		
Set Up: - Den Chief (DC) and 5 Cub Scouts ready to go	Set Up:		
hiking. They are lined up on the stage (or in the audience).	Cub and Leader come out on stage and say first two verses.		
They walk around in a circle as the lines are said.	After first two verses - all Cubs get down on their hands and		
Narrator: Pack has been lined up to take their annual	knees in semicircle around imaginary patch of ground - use a		
hike for months and everyone is ready, we think.	piece of cardboard painted black and green. Words could be		
DC: Today we are going to hike to Rocky Rivers.	put on the fake ground to help the boys.		
Everyone line up with a buddy.	Each boy is assigned one or more of the verses. Items or		
(Boys line up and they march in a circle or square.	Pictures Items in the verses may be held up as they are		
Each has a back pack and there is a salt lick nearby.)	found.		
1st Cub: Hope we don't get lost. I only have three	Bee sting (#11) gets everyone to his feet, and victim is		
sandwiches.	smeared with some black substance. All line up for final		
DC: Don't worry, I have my magic compass.	stanza.)		
2nd Cub: Hope we can find some clean water, because I'll	Leader: Did you ever wonder, as you pass,		
get thirsty.	A little stretch of mud and grass.		
DC: Don't worry, I have my magic compass.	What Nature may be hiding there,		
3rd Cub: I sure hope there are plenty of places to rest,	Within this spot a few feet square?		
because I get real tired.	All Cubs: Let's gather round and take a look.		
DC: Don't worry, I have my magic compass.	And like the pages in a book,		
4th Cub: Hope we don't run into any lions.	We'll study it with open eyes.		
DC: Don't worry, I have my magic compass.	Can soil like this hold a surprise?		
5th Cub: Hope we see a deer.	Cub # 1: Here's a freshly patterned animal track		
DC: We will, we will.	Where a rabbit hopped across and back		
5th Cub: I thought we probably would because we just	Cub # 2: I see a stream of busy ants		
passed that same salt lick four times.	Carrying tidbits as they dance.		
DC: (Throwing compass to the side.) So much for my	Cub # 3: Look, a feather blue and gray		
magic compass. Next time I'll bring my GPS!!	Dropped off by a screaming jay.		
Do A Good Turn	Cub # 4: Sprinkled here are sprouting seeds		
Utah National Parks Council	From lofty elms and sprawling weeds.		
Cub # 1: (Enters stage turning around and around.)	Cub # 5: A pebble smoothed by action slow,		
Cub # 2: (Enters stage doing forward rolls.)	Formed a million years ago.		
Cub # 3: (Enters stage doing backward rolls.)			
Cub # 4: (Enters stage rolling over and over.)	Cub # 6: In a puddle spot net yet dried out,		
Cub # 5: (Enters stage turning cartwheels.)	A water beetle swims about.		
Den Ldr: "What are you guys doing?"	Cub # 7: And here an eager plant is set		
All Don't you know a good turn when you see one?	An early-blooming violet.		
Around the Campfire	Cub # 8: A wiggly worm comes up to twitch,		
Catalina Council	No one knows which end is which!		
Set Up: Cubs sitting around a campfire	Cub # 9: The mud itself, with food stores vast,		
Leader: You did a good job on the hike this morning.	From life that grew in ages past.		
Let's see how much you saw. Which pine would	Cub # 10: It's not all Nature that reveals		
you say had the sharpest needles?	Here's a candy wrapper and two toy wheels.		
Cub 1: The porcupine.			
Leader: What's the best way to prevent infection caused	Cub # 11: There's something moving, what's that now?		
by biting insects?	I'll pick it up A BEE! Ow, yow!		
Cub 2: Don't bite any insects.	ALL STAND UP!		
Leader: Where do you take your bath?	Cub # 12: Quick, here's some mud upon the spot		
Cub 3:In the spring, of course.Leader:I didn't ask when, I asked where It's time for	To take away the soreness hot.		
our snack. Where is it.	All: In mud, there's stone and living things,		
Cub 3: I don't know! The bag had a hole in it and the	Healing power for bitter stings.		
0	Through it flows the earth's blood,		
snacks fell out a long time ago. Leader: I cooked for the whole den last night, and what	Our soil is really MAGIC MUD!		
Leader: I cooked for the whole den last night, and what did I get? Nothing!	•		
Cub 5: You're lucky. We all got stomach aches.			
(Leader slowly walks away from the fire shaking His head.			
Leaver slowly waiks away from the fire shaking this held.	l		

Keep America Beautiful Baltimore Area Council

Cast: Flower, Grass, Beer Can, Bottle, Cigarette Butt, Litterbug, Candy Wrapper, Trash Can, Cub Scout.

Setting: Flower and grass wave gently in breeze. Litterbug stands at left, laughing and throwing beer can at flower, bottle at flower, candy wrapper at grass, cigarette butt at grass.

Action -

Flower: Oh, what hit me? My petals are crushed. My upsweep is downswept.

Grass: You should complain. They buried me.

Beer Can: You think I like being thrown around? I could be used for tin craft by some Den Leader.

Bottle: Does the Pack Staff realize my potentiality? I could be used as a puppet or trick.

Cigarette Butt: To be lit up is one thing but to be tossed aside and not stripped is just too much.

Litterbug: (Laughs) I dirty America every day, Ugly, Ugly, Ugly.

Candy Wrapper: Just look at me. I was meant to be so sweet and bring such happiness.

Cub Scout: Sees litter trashcan sleeping) Wake up trash can, Litterbug was here.

Trash Can: Help, help, you'd think I was a SlimFast girl. No more than they are feeding me. All I ever do is wait. I've tried everything. I've even flipped my lid.

Cub Scout: People have got to realize this is one bug RAID won't kill. Only consideration by others will get rid of this pest. I'll start helping right now to eliminate that old Litterbug!

Litterbug: FOILED AGAIN! (Cub picks up trash.)

Flower: (Sigh) What a relief! I thought you'd never come.

Cub Scout: Every Cub is honor bound to help Keep America Beautiful!

Grass: Adults help the Litterbug so much. Are they too old to be Cubs?

Cub Scout: No one is either too old or too young to do their share in keeping America beautiful. This is the duty and privilege of every American.

Litter Hurts

Baltimore Area Council

- A Scout comes out and begins talking about low impact camping and the importance of preserving nature. As he walks around, he sees a piece of litter and picks it up. He complains about the thoughtlessness of campers who litter.
- S Next a Scout enters and drops lots of litter in his path.
- Other Scouts rush the littering Scout and pretend to beat him up.
- Finally they pick up the littering Scout and ask him if he has learned anything from this experience?
- (*) He answers painfully: "I learned that every litter bit hurts!" (Exit holding injured parts of body.)

Litter Bug or Tidy Bug

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Personnel: 2 Cubs

Equipment: Two paper sack costumes, one Litter Bug and

one Tidy Bug.

Setting: The other Cubs in the Den could be used as a color guard if you want to use this as an opening. Or you might dress the entire den, half as Litter Bugs and half as Tidy Bugs. Then you need to change the pronoun from I to we. **Litter Bug:**

My name is Litter Bug Lou,

And, oh, what us litterbugs do! We clutter the country with papers and trash, At making a mess we're really a smash. The roadsides and parks are scenes of our folly, We really enjoy it and think it quite jolly, To leave garbage, bottles, and paper, As little mementos of our daily labor.

Tidy Bug:

I'm Tidy Bug Ted of the Tidy Bug clan, We work to keep things spic and span. We pick up the litter together we are, And always carry litter bags in our car. We'll K.O. Lou and all of the band, And make America a beautiful land, Free of litter, trash and clutter, Won't you belo us dear Fadder and Mut

Won't you help us, dear Fadder and Mutter?

CLOSING CEREMONIES

On the Trail Closing

San Gabriel Valley, Long Beach & Verdugo Hills Councils Personnel - Cubmaster (CM) and 4 Cub Scouts

- **CM:** Our pioneer forefathers found and followed many trails. The Native Americans explored the country first. European settlers followed. With each new person came new experiences and new challenges.
- Cub # 1: Cub 1: Our trail is the Cubbing trail!
- Cub # 2: Cub 2: Our experience is the fun and adventure of Cub Scouting.
- Cub # 3: Cub 3: Our challenge is to be good Scouts, friends and neighbors.
- Cub # 4: Cub 4: Our future is to explore the world around us, moving up the trail from Cubs to Webelos and then to Boy Scouts!
- CM: Let's join together in singing "Happy Trails to You."

BALO	O'S BUGLE	
	Nature and the Good Visitor Closing	(
	Chief Seattle Council	
Personne	l: Committee Chair (CC), Cubmaster (CM), Four Cub Scouts	(
Equipme	nt: Each boy holding an object representing his words – Camera, Shoes, Stuffed or ceramic bird, matches. Words can be printed on 4X6 cards for Cubs to read.	
Setting: CC:	Boys lined up in front of audience. Our Pack meeting tonight brought us all together to think about nature. We can enjoy the great	
CA:	outdoors but we think of others who will follow us. Wherever you go in the great wide world of nature, try to be a "good" visitor who will leave	
Cub # 1:	the plants and the creatures for others to enjoy after you leave. The only shots I took were snapshots.	(
Cub # 2: Cub # 3:	I tried to walk on pathways to keep off plants. When I see animals or birds, I try to remember that I am a guest in their living place and I don't	(
Cub # 4:	do anything to them but look at them. The one big thing I always do when I am ready to go home is to look and see that all fires are out in nature's backyard.	(
C M:	With Cubs and Webelos like you, I'm sure that the beauties of nature will be around for years to come.	2
San Gabi	The Roy Rogers Show (Happy Trails) Words and Music by Dale Evans <i>riel Valley, Long Beach & Verdugo Hills Councils</i>	
	Verse (rarely heard): Some trails are happy ones, Others are blue. It's the way you ride the trail that counts, Here's a happy one for you:	
	Refrain:	(
H	Happy trails to you, until we meet again. Happy trails to you, keep smilin' until then. to cares about the clouds when we're together?	
	st sing a song and bring the sunny weather.	
	Happy trails to you, 'till we meet again.	
	"Wildlife Pledge" Closing riel Valley, Long Beach & Verdugo Hills Councils opies of the "Wildlife Pledge" below to each	
person in	audience, and ask them to repeat it together.	S
	b use my eyes to see the beauty of all outdoors.	E
pledge to	b train my mind to learn the importance of nature. b use my hands to help protect our soil, water, woods, and wildlife.	(

And by my good example, show others how to respect, properly use, and enjoy our natural resources.

Nature Closing Thought

Catalina Council

Cubmaster (CM) and Assistant CM (CA) alternate paragraphs. Or do it as a solo or have a Den do it with each boy having apart.

- **CM:** It is exciting to learn about animals, birds and insects, flowers and trees, rocks, soil, weather, water and stars!
- CA: Nature is everywhere all the time - in cities, in the woods and fields, in the winter, spring, summer and fall. Nature is not confined by time and place - it is everywhere.
- CM: But where to begin how to begin. All you need to start is an inquiring mind - and eyes, ears, nose and hands. Use all senses to gather information from the world about you.
- CA: In the beginning, we might just as well make up our minds that we are never going to know all there is to know about the subject. Remember that it is not so much knowing the names and identifying everything but the joy in making the discovery that counts.
- **CM:** "Country Cub" knows there is plenty of nature to be seen if you take time to look around, while the "City Cub" may have the notion that nature is not to be found in the city limits - - not true, of course.
- CA: Nature is something we can enjoy no matter where we go in the world. Nature is something we should enjoy and respect.
- **CM:** Let's step out into the world of nature.

May I ...

Utah National Parks Council

- Set Up: Uniformed Cubs read the following lines.
- Cub # 1: May I grow in character and ability as I grow in size.
- Cub # 2: May I be honest with myself and others in what I do and say.
- Cub # 3: May I learn and practice my religion.
- Cub # 4: May I always respect my parents, my elders, and my leaders.
- Cub # 5: May I develop high moral principals and have the courage to live by them.
- Cub # 6: May I strive for a healthy body, mind and spirit.
- Cub # 7: May I always respect the rights of others.
- Cub # 8: May I set a good example so that others will enjoy and benefit from being around me.
- Cub # 9: May I work hard and do my best in everything I try to do.
- Cub # 10: Cub Scouting helps me learn these things and will prepare me for the doorway to boy scouting.

Great Master We Give Thanks

Utah National Parks Council

Set Up:

Boys in an inner circle, hands across chest.

Adults in an outer circle behind the boys, hands across chest.

- Cub # 1: For all the food that the Great Master provides for us we give thanks.
- **Cub # 2:** For all the beauty that the Great Master surrounds us, we give thanks.
- Cub # 3: For all of our parents and leaders who guide us, Great Master, we give thanks.

Cubmaster and Adults Together: (extend arms) And now Great Master guide us in love and friendship until we meet again

Page 27

Springing Into Action With a Slinky *Alice, Golden Empire Council*

Set Up: Cubmaster or Den Leader to Narrate and Six Cubs. (You could involve more boys by having one or more boys post the letters on the wall after the first boy shows the letter and reads the words written on the back in Large letters) If possible, get six slinkys and have the boys practice so they can demonstrate the slinky at the end as they sing the Slinky jingle.

Cubmaster: This month, the boys have been "Springing Into Action" – and they have the advancements and awards to prove it! But they have also learned some important lessons from a famous toy and the story of how it came to be. Here's the story:

Narrator: In 1943, an engineer named Richard James had a goal to develop a new meter to monitor horsepower on Naval ships. One of the springs he was using fell from his desk and "walked" down a stack of books. He took what had been an accident and turned it into a new goal – to develop a toy from a spring.

Cub #**l** – (With a Letter "S") "Seek out solutions -turn your Stumbling Blocks into Building Blocks"

Narrator: Richard James made lots of springs, tested all kinds of materials, used all different gauges of steel and types of springs to see which ones worked best and which ones would keep moving.

Cub #2 - (With a Letter L)" Learn all you can about whatever you want to do"

Narrator: The children in the James family tested out the new "toy" – and proved it would be fun for children everywhere! Betty James came up with a name for the toy when she discovered in the dictionary that the word "Slinky" is a Swedish word meaning traespiral – sleek or sinuous. Cub #3 – (*With a Letter I*) "Involve your family to help you succeed."

Narrator: It took two years to find the best gauge of steel and type of coil to make a reliable toy, but Richard James kept trying!

Cub #4 - (With a Letter N) "Never Give Up"

Narrator: Richard and Betty James had only \$500 to start their company – Richard made several hundred of the new toys, then got permission to do a demonstration at a Gimbel's Department Store during the 1946 Christmas season. He was so nervous that he asked his friend to be in the audience and buy the first one. In 90 minutes, he sold 400 of the toys at \$1 each!

Cub #5 – (*With a Letter K*) Keep a positive attitude Narrator: After her husband died, Betty James kept introducing new kinds of slinky toys – Slinky Jr, Slinky Dog, Crazy Eyes, Neon Slinky. She tried new colors, new materials and all kinds of clever advertising.

Cub #6 – (With a Letter Y)"You can always learnsomething NEW if you keep trying to Do Your Best"Narrator – (pointing to letters on the wall)And whatdo we have?

All boys: (*playing with Slinky or Slinky toys as they sing*) All the boys sing the Slinky Jingle

Slinky Jingle Alice, Golden Empire Council It walks down stairs, alone or in pairs And makes a slinkity sound. A spring, a spring, a marvelous thing. Everyone knows it's slinky. It's Slinky, It's Slinky For fun it's a wonderful toy. It's Slinky It's Slinky. It's fun for a girl or a boy! To hear the jingle go to <u>www.poof-slinky.com/Slinky-Museum/Slinky-Song/</u> or http://www.youtube.com/watch?v=SAsnfcLEIOI

Cubmaster's Minutes

The Ant & Positive Attitude Alice, Golden Empire Council

You all know that the Cub Scout Motto is "Do Your Best." But if you ever start to feel like you aren't old enough, important enough, or experienced enough to make a difference, even if you do your best, go outside and look for an ant. Here is a tiny creature that can be squashed underfoot, washed away by a little stream of water, or easily buried by a spoonful of dirt. But he never gives up - wash him away with a little water, and he will struggle back to his feet and search for the ant trail. Buried under a shovel of dirt, he will dig his way out and continue on his way. Put a brick or a leaf in his path, blocking the ant trail, and he will find a way around or over the obstacle and continue on his way. So think of the ant if you are tempted to give up or think you can't succeed – just pick yourself up, dig your way out, or find a way around, under or over that obstacle - don't ever give up!

Closing Thought

San Gabriel Valley, Long Beach & Verdugo Hills Councils

You might want to provide copies of the closing though so audience can read it together with you. This is my country.

I will use my eyes to see the beauty of this land. I will use my ears to hear its sounds.

I will use my mind to think what I can do to make it more beautiful.

I will use my hands to serve it well. And with my heart, I will honor it.

"Wildlife Pledge" Closing Baltimore Area Council

(Provide copies of the "Wildlife Pledge" below to each person in audience, and ask them to repeat it together.)

"I pledge to use my eyes to see the beauty of all outdoors. I pledge to train my mind to learn the importance of nature. I pledge to use my hands to help protect our soil, water, woods, and wildlife.

And by my good example, show others how to respect, properly use, and enjoy our natural resources."

Closing: A Hiking Prayer Baltimore Area Council

Master of the Universe Grant me the ability to be alone; May it be my custom to go outdoors each day Among the trees and grass, among all living things. And there may I be alone, and enter into prayer, To talk with the One to whom I belong. May I express there everything in my heart, And may all of the foliage of the field, All grasses trees and plants, May they all awake at my coming, To send the powers of their life into the words of my prayer So that my prayer and speech are made whole Through the life and the spirit of all growing things, Which are made as one by their Transcendent Source.

--Rabbi Nachman of Bratslav (1772-1811)

Bubbles

Catalina Council

Equipment:

Bubble solution and a wand to blow the bubbles through. (If this is done at night you can use a flashlight to illuminate your bubbles. The colors are great!)

(Begin by blowing a few bubbles.) Everyone enjoys bubbles. They are fun no matter what age you are. Blow a bubble and watch it. It will give you a wonderful show of rainbow colors. But then, it begins to give in to pressure. As it floats in the air, gravity drains it from the top down. As the top thins it begins to show a black band. You can predict with dire accuracy when a bubble is about to breathe its last; look for the tell-tale band of black near the top – the sign of impending doom.

A Cub Scout doesn't give up and he doesn't give in to bad things. He brightens the people he is around by being cheerful and kind, by having a good attitude. He always tries to do his best. As we leave tonight, let's remind ourselves of our promise by standing and repeating the Cub Scout Promise.

Nature Lovers Creed

Catalina Council The things I prize of great worth Are just the common things of earth; The rain, the sun, the grass, the trees, The flowers, the birds, the glorious breeze, Clouds that pass, the stars that shine, Mountains, valleys, all are mine. Rivers broad, and open sea, Are riches none can take from me. And God is here on every hand, Upon the sea, upon the land. So day by day, my thanks I give, That with these common things I live.

A Good Attitude

Utah National Parks Council

Tonight we have had fun and games as we Sprang Into Action with a good attitude and good sportsmanship. This is what being a Cub Scout is all about—A good attitude equals fun for all!

MOUNTAIN MAN CLOSING Baltimore Area Council

At the end of each day,

give thanks for the bounties of the Earth. Thank the Creator for

the warmth of the sun on a cold winter day,

The cooling breeze and rain of summer,

For water plentiful in mountain streams

Filled with beaver and trout.

For forests filled with deer, elk, and bear,

For good trading at the Rendezvous,

And for friends to share an evening meal.

As the fire turns to ash,

give thanks for the adventure of another day. Say AMEN to close the prayer

THEME RELATED STUFF

Fun Facts About A Fun Spring – The Slinky *Alice, Golden Empire Council*

- During the Vietnam War, soldiers used Slinkys as mobile shortwave radio antennas.
- A Slinky dog was a character in the 1995 movie "Toy Story" – and his spring proved to both helpful and a problem!



- The Slinky is used as a percussion instrument by the Christian band Lost and Found, and in their song called "Lions" fans shout Slinky as the "instrument" is played.
- The Slinky, or a group of them, can be used to demonstrate almost anything to do with the science of earthquakes and seismology.
- The Slinky started as an accident, when a tension spring being tested in the development of a meter to monitor horsepower on US Naval ships fell from a desk. It kept wiggling, and the idea for a toy was born!
- The Slinky became the Official State Toy of Pennsylvania on November 4, 2001 by passage of a House Bill!
- Eddie Murphy ends some of his stand up performances by singing the Slinky Jingle.
- The Slinky was invented in 1943 by a mechanical engineer in the Philadelphia Naval Shipyard named Richard James.
- He brought home some of the springs for his six children to play with, and then told his wife "I think I can make a toy out of this!"
- It took Richard James two years to figure out which gauge steel and coil to use for the new toy
- Tom Servo from Mystery Science Theatre 3000 has arms made from mini Slinkys.
- The James Spring & Wire Company that made the Slinky was started with just \$500.
- Each slinky uses 80 feet of wire.
- The Slinky toy has a 90% recognition rate in the United States.

- Slinkys were also featured in the Jim Carrey film "Ace Ventura: When Nature Calls" and John Waters' "Hairspray."
- [©] Over a quarter billion have been sold worldwide.
- The co-creator of the Slinky, Betty James, was inducted into the Toy Hall of Fame in 2001.

DID YOU KNOW?

Catalina Council

- An earthworm doesn't breathe through a mouth or nose like you; he breathes through his skin.
- A deer gets a new set of antlers every year. During the winter his old set begins to get itchy, and he rubs them against trees until they come off. If you see him early in the spring, he won't have any antlers at all!
- Birds have a calendar too. Birds have a special way to telling how long the days are. When the days get shorter in the fall, they know it is time to go south. And when the days get longer in the spring, it is time to come back. It took scientists a long time to learn this secret, and they still do not know everything about it.
- Although some dinosaurs were large, the blue whale is bigger and heavier than all of them were.
- A hummingbird's wings buzz because he beats them more than five thousand times each minute. If you flap your arms that fast, you would buzz too!
- A beaver sharpens his own teeth. The outside of each tooth s softer than the center of it, so the softer part wears off first, leaving the harder part always sharp.
- A fish can't see as far as you can. But he can point his eyes in two directions at once!
- ✤ If a bird doesn't have any teeth, how can he chew? He swallows his food whole, and his gizzard grinds it.
- A catfish has fingers. Well, not really, but he uses his whiskers to touch and feel the bottom of a murky lake just as we use our hands.
- A bird stays on a perch when asleep because of an automatic locking mechanism in his feet.
- ✤ The eggs of hummingbirds are about the size of peas. Those of the ostrich are about seven inches long.
- A porcupine has about 30,000 quills in his arsenal, and, if he loses any, they will grow back in a few months.
- A litter of baby armadillos is born usually four at a time and will be all brothers or all sisters, never both in the same litter.
- The opossum is the only marsupial in North America. Marsupials have pouches in which to carry their young. New-born opossums are smaller than bees - a whole litter would fit into a teaspoon.

TIGERS

Tiger Prowl

Utah National Parks Council Take the Tigers for a walk outside and talk about signs of Spring. Talk about when it's okay to pick the flowers and when not. Talk about why it rains so much in the Spring. Then ask them to tell you what signs of Spring they see. You could dress in a raincoat and hat and offer umbrellas for them to hold even if it's not raining.

I did not get to look for these this month. Sorry. Check out the Den and Pack Activities Sections for ideas for your Tigers CD

PACK AND DEN ACTIVITIES

Outdoor Activities: *Alice, Golden Empire Council*

Set a goal to have at least two outdoor activities each month for your den.

Move your den meetings to a park for the month. Let the boys come up with ideas on how to make any changes needed – how can we keep papers from blowing away? What kind of treats can we choose? Where can we sit – what if the grass is wet?

Challenge boy, dens and family to do something outdoors each day – Set up a table at the pack meeting where they can share what they did.

Collect ideas about outdoor activities and where to do them in your community - Share the information with den and pack families, local libraries, TV lifestyle boards and shows.

Invite a local expert to come and help pack or den families get started gardening – Don't have one? Check with your local librarian or Agricultural Extension Service – every county has one!

Have families without space for a traditional garden? Make window boxes – they can be planted with a mix of veggies and flowers.

Take advantage of experts - Bird Watchers, Park Rangers, Local hiking guides can all provide a GREAT den meeting – just meet them at the site!

Have each den demonstrate the physical skills from their book – Wolf "Feats of Skill", Bear "Building Muscles", Webelos Athlete – they finish advancement requirements and get to share their skill. Or take photos of the activities and post at the Pack Meeting.

Plan a den, family or pack picnic – Be sure to include some healthy food choices good for energy, and some physical activity that everyone can participate in.

Set up a pack obstacle course – Each den is assigned a segment – gather sports cones, old tires, ropes, boxes, all kinds of materials - when the entire obstacle course is ready, everyone gets to take a turn going through the entire course

- We did this several times at Herms District Day Camp, and the boys loved it – they wanted to do it again and again!

Go on a hike – be creative and enjoy the season. You can go on a "Sound" hike, listening for the sounds of nature in Spring, looking for emerging plants and animals, a trashcollecting hike, an eye-spy hike where the boys have a list of things, either natural or man-made, to look for. Don't collect natural items – just have boys stop and raise their arms whenever they find something to share!

Start a "Signs of Spring" List – Each member of the family or den looks for signs of spring – branches beginning to swell, bulbs emerging, birds building nests, new smells from flowering plants, new sounds of birds, insects, frogs, the time of sunrise and sunset, etc. – even people doing spring cleaning and having garage sales! Share your discoveries in a journal, a poster, with photos at the Pack meeting or just as a family or den.

Have an Egg Hunt with some "Spring" in it – In plastic eggs, insert an idea that involves some activity – jump as high as you can, run to the nearest tree, walk 50 paces and back, etc. Each boy must do the task, and then he can trade his eggs for a treat.

Have a Kite Day – make sure that everyone can have fun – provide materials and instructions for some simple minikites that even young siblings can enjoy.

Go over sun safety, the buddy system, and rules for safe outdoor activities BEFORE your pack "Springs Into Action" - review Tour Permit requirements, Health & Safety requirements, anything that parents, leaders and boys should know.

Have a Pack Exchange of Outdoor and Sports Equipment – or set up an equipment lending resource – set up guidelines for everyone to follow.

Have a pack or den bike rodeo or check-up – Review the rules of bike safety and the most common causes of accidents, check every bike for maintenance, safety and correct sizing, make sure everyone has a safe bike helmet that fits them – BEFORE boys get out on those bikes!

Encourage a Positive Attitude towards Activity in the Outdoors - and Physical Activity that may be outside of comfort zones. Need some ideas? Check out the great ideas on the handout "<u>Cub Scout Character Development:</u> <u>Ideas for Connecting Core Values with Outdoor Activities</u>" – (One I love that fits this theme: "Visit a herpetologist or entomologist to talk about how snakes and insects contribute" – everything has a place in the outdoor world!)

Observe the ants – another favorite way to see how even small creatures have a place in the world - and how they "spring into action" when confronted with drops of water, a slight breeze blown through a straw, a blockage of their trail, or being removed from the ant trail to another location.

Service Ideas:

Utah National Parks Council

- Have the Pack or a Den Pick up the litter from a park or public place.
- Have the pack or a den Plant a tree for your charter organization.
- Have Cub Scouts build and set out bird houses or feeding stations in their backyards.

Service Projects:

Alice, Golden Empire Council

Check with local organizers for Creek Week or Beach Clean-up activities in your area – boys, dens or families can help clean up waterways – creeks to oceans – and often get a free T-shirt, lunch, admission to a local park or museum – and hours towards Good Turn for America!

Help the pack and families get ready for the camping season – spend a morning cleaning out the cub closet, making an inventory of equipment, making a list of things that need to be replaced or repaired, delegating repairs to families or dens, re-marking each item with permanent marker, and making a chart of where things are stored in the "new" closet arrangement.

Check with local parks or regional park districts to find a service project - they often have a wish list of trails that need clearing, tables and benches that need painting, etc.

Do a small scale project – Take boys with gloves, sunscreen, close-toe shoes and garbage bags and spend some time picking up trash – my den collected two trash bags in 20 minutes on one block! End with washing hands and enjoying a treat.

Help start a garden – an elderly neighbor could use help in clearing and preparing the beds, or even in actual planting. Want a bigger project? Check with community gardens in your area, school gardens or even senior communities that might want help in getting started.

Give a hand to Senior Gleaners or a local food bank – Pack families that have surplus fruits or spring vegetables can have their boys "glean" food to deliver to Senior Gleaners. In rural areas, you can make arrangements with local farmers to glean fields and take the food products to Senior Gleaners, a local food bank, a homeless shelter or a service center for an organization like Salvation Army.

Choose an Earth Day Activity to participate in -<u>www.earthday.net/earthday2010</u>

Help Habitat for Humanity – BSA is a partner, and has a list of ways even Tigers, Wolves, Bears and Webelos can help – by making a welcome basket or stocking the pantry for a new homeowner, helping to landscape or plant trees, making wooden doorstops, key holders, picture frames or window boxes. And sometimes, you can even use scrap lumber from the site! Go to:

www.scouting.org/FILESTORE/marketing/pdf/02-842.pdf

Check out Jump Rope for Heart or Hoops for Heart -

www.jumprope4heart.org Many schools across the country participate in jumping rope or making hoops, getting sponsors, and having a lot of fun while being physically active. Click on the link to find out if local schools are participating and encourage your boys and families to participate.

Using A Spring

Alice, Golden Empire Council



Have fun with pogo sticks – check with pack families to see who has them; challenge families to come up with other "springing" equipment or toys

Have a display of "springs" at your pack meeting – Encourage everyone to come with an item or a picture of something that uses springs

Give everyone a picture of various kinds of springs – see who can come up with the longest list of how springs are used – there's a big hint in this picture!



Have a Slinky Competition – parents vs. boys! Check out the <u>Fun Facts about the Slinky under Theme Related</u>. Give a special "prize" to anyone who can sing the Slinky jingle!

Use a pipe cleaner "spring" to make a fun card or hat to share with someone – directions in Program Helps. Pg. 37

Use a "paper spring" to make a pop up card - it's just a variation of the principle of the spring

MOTHER NATURE'S HOUSING DEVELOPMENTS (An Outdoor Observation Game)

San Gabriel Valley, Long Beach & Verdugo Hills Councils

People don't build homes in parks, but many creatures do. How many animal homes can your den find? Look for bird nests, cliff or barn swallows' nests, squirrel nests, cocoons, insect galls, spider webs, paper wasps nests, mud dauber wasps' nests, gopher's holes. It is fair to count the evidence of homes, too, such as the little mud casts made by earthworms and a long raised mound across a lawn made by a burrowing mole. A hollow tree might be the home of several animals: woodpeckers, owls, bats, or mice. If your park has a pond, look for mud chimneys of crayfish built near the shore. Award a prize to the one who finds the most animal homes. Remind the boys not to remove or destroy these animal homes. Caution the boys not to stick their hands in a hole they cannot clearly see inside.

Peanut Butter Stick

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Material needed:

Coat hanger hook, Screw eye. Branch 2"-3" thick, about 16 inches long. Bottle caps --nailed on.

Directions

- Mix peanut butter and bird seed.
- General Fill bottle caps.

Do Trees Drink?

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- A simple demonstration can be done with celery.
- Use a piece of celery with leaves for each boy.
- Place three drops of red food coloring in a glass of water and place celery in the water.
- Over a couple of days, the veins on the outside of the celery will start changing color, showing how the liquid goes up the stalk.
- The same type of activity takes place inside a tree.

Tree Planting

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- Collect acorns or other tree seeds and plant in small Styrofoam cups filled with dirt.
- Keep watered.
- After the seeds sprout and are a fair size, plant in a suitable place like the property of your charter organization. Get permission first.

Tracks Of All Kinds

How To Cast Animal Tracks

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Materials:

Plaster of Paris A measuring cup A tin can (2 lb coffee can) Paper cups Strips of light cardboard (2" wide, 12-24" long) An old toothbrush Water Paper Clips

Directions

A mud bank near a stream is a good place to look for tracks. After a rain, look around sandbars, ditches and gullies. When you find a good, sharp imprint, clear the ground around it. Be careful <u>not to disturb the print</u>.



Encircle the print with light cardboard strip. Secure with paper clips. Press the paper collar into the ground, so the poured plaster doesn't seep out. If the ground is too hard, build up dirt around the outside of the collar. If the print is in loose sand, spray it with a cheap hair spray to prevent its crumbling. If the ground is very muddy, sprinkle some dry plaster on the print and the area around it to soak up excess moisture before proceeding.

Mix plaster of Paris in the tin can. Use about 1 2/3 cups plaster to one cup water. You need a consistency like pancake batter - neither too thick nor too thin. Stir until it's smooth and creamy. Let stand in can two or three minutes, and then pour slowly and gently into track. Let set about 30 minutes, then pick up cast gently, brush off dirt. Note: The first cast of the animal's track is the negative. The second cast or positive shows the track as it actually looked on the ground. This can be painted to emphasize the track. To make the positive cast, smear the 'negative' with a coat of Vaseline. Mix plaster as before. Set collar around negative. Pour in plaster. When nearly dry, scrape date, location, animal's name, etc. on back of cast for a record. When hard, remove the 'positive'.

Milk Carton Bird Feeder Baltimore Area Council

Materials:

3 half-gallon milk or OJ cartons to make 2 feeders, Two 8" lengths of ³/₁₆" wooden dowel, Pencil, Utility knife, Carpenter's square, Stapler, Leather punch, Wire coat hanger, Wire Cutters, Pliers.



Instructions:

- 1. Using the carpenter's square, mark 2 lines, one 2¹/₄" from the bottom and one 1¹/₄" from the top of the milk carton. Repeat on the opposite side of the milk carton.
- 2. Set the utility knife so that the least amount of blade is exposed and cut all four of the lines you just drew. Now cut opposite corners between the lines to create a flap on each side of the milk carton.
- 3. Fold the flaps in and staple them to form double thick walls.
- 4. Use the pencil to punch a hole centered ¹/₂" below each opening. Make the holes only big enough to insert the dowel.
- 5. Cut the top and bottom of a second milk carton off and then cut apart at opposite corners to form two roof sections.
- 6. Measure the top vertical portion of the milk carton.
- 7. Using the carpenter's square and pencil score a line on either side of the fold inside of the roof section. These lines should be the same distance from the fold as the measurement you took of the top of the carton.
- 8. Fold on the scored lines and attach the roof with staples as shown.
- 9. Punch a hole in the center of the roof ridge with a leather punch.
- 10. Cut the coat hanger into two equal pieces with the wire cutters and bend each piece into a hanger for the two feeders.
- 11. Fill with bird seed and hang outdoors where you can observe the birds that will flock to your feeder.

First Aid Kit Tie Slide

Baltimore Area Council



Materials:

Nail; 35mm film canister; White adhesive tape (1/2" wide); Pipe cleaner.

First aid supplies:

Phone money Band-aids; Moist towelettes; Cotton swabs; Needle for removing splinters; Individual packet of anti-bacterial cream.

Instructions:

- 1. Heat the nail and poke two holes near the top of the canister about 1" apart.
- 2. Thread each end of the chenille stick through its' own hole and twist together on the inside to form the loop for the neckerchief.
- 3. Use the tape to form a cross on the front of the kit.
- 4. Fill with supplies and close tightly.

Match Box Tie Slide

Baltimore Area Council

Materials:

Nail;

35mm film canister or medicine bottle; pipe cleaner;

Fine grit sandpaper,

Construction paper;

Self lighting kitchen matches (the type with the two color match head made to strike on any rough surface); Utility knife;

Glue;

red marker;

Scissors.



Instructions:

- 1. Heat the nail and poke two holes near the top of the canister about 1" apart.
- 2. Thread each end of the pipe cleaner through its' own hole and twist together on the inside to form the loop for the neckerchief.
- 3. Glue a strip of sandpaper, as wide as the bottle is tall, completely around the bottle. This will act as a striker for the matches.
- 4. Cut a piece of construction paper to cover the sandpaper, then , use the knife cut the shape of a fire or flame out of the center.

- 5. Center the cut-out on the front the canister and glue, being sure to glue the edges of the cut-out down.
- 6. Cut the matches to size if necessary and put them head-up in the container.

Tin Can Fire Starter (Buddy Burner Candle) Baltimore Area Council





Materials:

Tuna or cat food can (thoroughly washed); Corrugated cardboard; Candle wick; Old candles or block of paraffin wax; Newspaper; Razor knife (used for opening boxes) or scissors; Tin can and vice grips An old pan larger than the can; Electric stove or skillet.

ABSOLUTELY NO OPEN FLAME.

Instructions:

- 1. Cut the cardboard into strips 1/4" narrower than the tuna can is tall. Roll the strips tightly into the tuna can. Slide a 2" piece of wick into the center.
- 2. Grasp the tin can edge with the vise grips and bend until the grips are 90 degrees to the side of the can, you now have a safe handle for pouring.
- 3. Create a spout by crimping the lip of the can 90 degrees from where you made the handle.
- 4. Half fill the pan with water and place the can with wax into it, melt over low heat. Do not leave the vise grips attached while the wax is heating.

CAUTION: WAX IS FLAMMABLE, DO NOT LEAVE UNATTENDED.

- 5. Cover the work area with newspaper.
- 6. Carefully fill the can with melted wax.



These handy little gadgets can be used for fire starters, charcoal lighters, emergency road flares, you can even cook on them in a pinch. To extinguish, use an empty inverted can and smother. *Pat, BAC*



Materials:

Plaster of Paris; Measuring cup; Paper cups; Old toothbrush; 1 lb. Margarine tub; Water; Rings of various sizes cut from 1 gallon to 1 liter plastic bottles __or paper align and

plastic bottles-- or paper clips and Strips of light cardboard (2" X 12" or 24"); Vaseline;

During winter you'll need a small spray bottle. Instructions:

- 1. A mud bank near a stream is a good place to look for tracks. After a rain look around sandbars, ditches, and gullies. When you find good sharp prints, clear the ground around it. Be careful not to disturb the print.
- 2. Encircle the print with a plastic ring slightly larger than the track or a cardboard strip secured with a paper clip. Press the collar into the ground so the poured plaster won't seep out. If the ground is too hard, build up dirt around the outside of the collar. If the print ground is very muddy, sprinkle some dry plaster on the print and the area around it to soak up excess moisture before proceeding. If the print is in the snow and it is below freezing, mist with water.
- 3. Mix plaster in the tub. Use about 1 2/3 cups of plaster in one cup of water. You need a consistency like pancake batter- neither too thick or too thin.
- 4. Stir until smooth and creamy.
- 5. Pour into collar and let stand for 10-15 minutes then pick up cast; remove the ring, and gently brush off the dirt. This first cast of the animals track is the negative. The second cast or positive shows the track as it actually looked on the ground.



6. The positive is most easily made at home. Smear the negative with Vaseline and put it back in the ring, pour in plaster. When nearly dry, scratch the date, location, and type of animal on the back of the cast. When hard separate the negative and positive.

Tree Tracks

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Other places to look for tracks are on leaves and tree trunks. Have you ever wondered about those lace-like trails on leaves or fancy carvings on the surface of wood? They're footprints! Leaf miners are the larvae of insects that live within leaves and feed on the leaf's internal tissues. Bark beetles also leave tunnel tracks. Adult beetles carve out a tunnel under the bark of trees then they lay their eggs. If you find bark in the area, look for tiny holes. This is where the beetle emerges when it becomes an adult. It bores a hole to get out of the tree where it hatched and flies to a new tree.

Leaf Prints

San Gabriel Valley, Long Beach & Verdugo Hills Councils

You can make permanent copies of your favorite leaves using plaster of Paris.

Materials you will need:

A leaf

Plaster of Paris

Shallow dish that is bigger than the leaf

Vaseline

Water

A jar

An old spoon

Directions

- Lay the leaf on the dish with the underside (the veined side) facing upwards.
- Rub a little Vaseline on the leaf.
- Put a little water in the jar.
- Carefully spoon plaster of Paris into the jar.
- Stir the mixture with a spoon.
- Keep adding plaster little by little until the mixture is like toothpaste.
- Carefully spread the plaster over the leaf so that it is evenly covered.
- Then fill the dish with the rest of the plaster.
- Work quickly.
- Leave plaster to dry.
- This will take about half an hour.
- When dried, you can lift it out of the dish.
- Carefully peel off the leaf.
- There in the plaster is a cast of your leaf!!

Animal Tracks

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Make up outlines of various animal footprints, which are common in your area.

Number the tracks.

Write the animal name on a separate card.

Lay out the footprints and give each boy a chance to match the correct animal name to the footprint number.

Practice this game several times before going out on a hike to look for footprints in the mud or sand.

Take along casting materials and bring back "real" footprints.

Take this game to the pack meeting and let adults try it.

Explore a Tree San Gabriel Valley, Long Beach & Verdugo Hills Councils Blindfold the Cub Scouts, one at a time, and ask them to

explore a tree. Ask them to think about

How does it feel? Is the bark rough or smooth?

Are the leaves damp or dry?

What does it smell like?

While one boy does this, the others observe, by sight, things about the tree such as color, height, etc.

After all have explored let them compare the results. Help them identify the tree.

Emergency Poncho: *Chief Seattle Council*

http://www.makingfriends.com/scouts/poncho_camping.htm

Cut head and arm holes out of a large garbage bag to make an emergency poncho. To make a rain hat, cut a large hole out of one side of a plastic grocery bag to make a hole for the face. Fold up the bags, and put them into a sandwich size Ziploc bag. Decorate.

To use the rain hat, put the plastic grocery bag over your head (face hole in front), and tie the handles under your chin.

Mini First Aid Kit:

(Wolf Outdoor Activity Award, Bear E25a) Chief Seattle Council

http://www.makingfriends.com/lanyard_firstaidkit.htm Use a pill bottle instead of film canister.

Weather Vane (Bear E2b): Chief Seattle Council

http://jas.familyfun.go.com/arts-and-

crafts?page=CraftDisplay&craftid=10645

Instead of a flower pot, we drilled holes for the dowels in a block of wood. Then we wrote the directions on the wood with permanent ink. We punched a hole through a ice cream cup, and glued it to the wood. Then we pushed the dowel through the cup and into the pre-drilled hole. We taped the fish to a straw, and slid the straw onto the dowel.

> Styrofoam Animal Track Stamps: (Bear E12b) Chief Seattle Council

Using a ball point pen, draw (or trace) an animal track on the flat side of a Styrofoam tray, pressing to create an indented foot print. Sand the top of a milk bottle cap. Cut out the track and tacky glue it to the cap to create a stamp. The Styrofoam scratches easily, so take care to protect the stamps. (Variation of an idea in Family Fun) **Styrofoam Tray Shrink Art:** *Chief Seattle Council*

http://familycrafts.about.com/cs/fork6/a/blshrinka.htm, http://www.associatedcontent.com/article/1368752/what_to_ do_with_meat_trays.html?cat=7

http://gsleaders.org/files/shrink.htm

275 degrees worked fine for me. It took 3-5 minutes for the shapes to finish shrinking. First they arch up, then flatten. Then they arch the other way, and flatten. The shapes shrunk to ¹/₄ the size of the originals, but were about the same thickness.

Don't Bug Me Door Hanger:

Chief Seattle Council

http://www.makingfriends.com/dontbug.htm Could use paper bugs instead of woodsie bugs.

> **Bug Crafts:** *Chief Seattle Council*

http://familyfun.go.com/parties/holiday/specialfeature/pulldo wn_butterfliesbugs_sf/

> **Paper Bag Hats:** Chief Seattle Council

http://familyfun.go.com/crafts/paper-bag-hats-668321/

Great costume for the rap song below.

Spinning Recycling Tie Slide:

Chief Seattle Council



- Print out recycling symbol.
- Cut out, and color.
- Sand yogurt/cottage cheese lid so that the glue sticks better.
- Glue the recycling symbol to the lid.
- Cut out the symbol, and punch a hole in the center.
- Cut a 1 inch ring from the handle of a plastic milk jug.
- Cut a small slit in the flat side of the ring.
- Thread a brad through the hole in the recycling symbol.
- Push the brad through the slit in the milk jug ring. Leaving some space between the plastic disc and the ring (so the disc will spin freely),
- Spread out the wings on the brad, and flatten.

Bagel Birdfeeder

(Tiger E32; Wolf E13e; Bear Ach. #5b) Chief Seattle Council

- Cut bagels in half.
- Spread mixture of 50% peanut butter and 50% cornmeal (How To Book p. 4-21) on bagel, and press into birdseed.
- Punch a hole in the center of a plastic plate, and in the center of the bottom of a yogurt cup.
- Tie a string around the bagel.
- Thread the string through the yogurt cup and plate.
- Tie the string to a branch.
- The plate acts as a rain shield for the birdfeeder

Bird House Dimensions Chart Chief Seattle Council

Chief Seattle Council								
Type of bird	Floor size	Depth	Entrance above floor	Entrance hole size	Height above ground			
Eastern Bluebird	5"x5"	8"	6"	1 1/2"	5-8 ft			
Chickadee	4x4"	8"- 10"	6-8"	1 1/8"	6-15 ft			
Downy Woodpecker	4x4"	9-12"	6-8"	1 1/4"	6-20 ft			
Flicker	7x7"	16- 18"	14-16"	2 1/2"	6-22 ft			
House Wren	4x4"	8-10"	4-6"	1 1/4"	6-10 ft			
Nuthatch	4x4"	8-10"	6-8"	1 1/4"	12-20 ft			
Screech Owl	8x8"	12- 15"	9-12"	3"	10-30 ft			

More birdhouse dimensions: <u>http://www.wild-bird-</u> watching.com/Building_Bird_Houses.html

Bird House Ideas *Chief Seattle Council*

When making a birdhouse, use the following suggestions:

- Make sure the roof is slanted enough to shed rain and extends well over the entrance hole for protection from rain and sun.
- Don't add a perch. Most people think that there should be a perch under the entrance hole. However, the birds nesting inside do not need a perch. The perch also invites predators or other birds to attack or bother the parents and babies inside.
- Make drain holes or small slots in the bottom of the nest box for drainage (you don't want those babies to be drowned during a storm!)
- The birdhouse should have a door, roof, or side wall that can easily be opened to clean out the nest box. Leftover nests can attract mites and other parasites as well as make more work for new occupants who must clear out the old nest.
- The inside wall beneath the entrance hole should be roughed up, or have some type of grooves for baby birds to climb as they get older.

Reasons why birds may not like a birdhouse:

- 1. Location-too open to passing traffic
- **2.** Fresh paint and caulking fumes
- **3.** Leaks-needs repairs
- 4. Hole opening is too big-predator birds can eat their eggs and young.
- 5. Perch in front of hole, allows predator birds to easily sit on the perch and eat the babies and eggs.
- **6.** Birdhouse is too small
- 7. It swings on a rope

HIKES - LET'S GO EXPLORING! Catalina Council

What is the one of the first things boys want to do when they get outside? EXPLORE! What's one of the best ways of exploring? Go take a hike!

Now, we don't mean the kind of hike where you are lugging a 50 pound pack up a mountainside. Leave that for when the boys become Boy Scouts. We're talking about an easy, fun morning or day activity that everyone can enjoy. The hike does not even have to be on a trail. It can be along a city street. Bring the boys' mothers, fathers, sisters and brothers along! The more the merrier, IF you make it interesting. Here are some ideas:

Hold the Front The leader is followed by Cub Scouts in single file as they hike along the trail or roadside. The leader asks questions about things observed, such as "What is the name of that bird?" If the first Cub Scout in line answers correctly, he stays in his position. If he cannot answer, he moves to the end of the line and the next boy tries to answer the question. Each player who fails to give the correct response goes to the rear of the line. The object is to stay in the number 1 position as long as possible.

<u>I Spy</u> The leader says, "I spy a robin." All of the Cub Scouts who see the robin may squat, and the rest remain standing. The leader then points out the robin or asks one of the squatting Cub Scouts to do so. The group then continues hiking until another object of interest is seen.

Follow the Odor (A Backyard Hike) A few minutes before the hike begins, mark the trail by rubbing a large onion on different objects, such as trees, grass, bushes, swing set, light pole, etc. These should be located fairly close together. Explain to the boys that they are to follow their noses to find their way along the trail. Afterwards, discuss how animals use odors for finding food and marking their territories.

<u>Color Hike</u> Give each Cub Scout a list of colors to try and locate on the hike. The items can either be collected or simply noted. The boy who successfully locates all colors on the list is the winner.

<u>Sealed Orders</u> Give the den a set of sealed directions, with a new one to be opened at each spot along the way. Use simple directions, such as "Go north 50 paces and look under three rocks piled below the big scrub oak three." Under the rocks, they find the next note, directing them to "Go east and look in the tire swing on the left." Make each clue challenging, but not to difficult.

<u>Stop, Look, and Listen Hike</u> Hike for 5 minutes (or a certain number of steps). Stop, look, listen and then write down all that you see and hear. Make several different stops. The Cub Scout with the longest list wins.

<u>Animal Home Hike</u> Look for animal homes and discover the different ways they are built. Perhaps you will see a spider web, an insect gall, or a bird nest. You might even find the front door of some animal's underground home.
Page 37

Take a Hike San Gabriel Valley, Long Beach & Verdugo Hills Councils

- ★ NATURE HIKES For observation, for listening.
- TREASURE HIKES A trail laid out with treasure at the end.
- * HISTORICAL HIKES To historical landmarks.
- SNOOP HIKE Explore, be aware, notice oddities, be snoopy.
- ★ CRAFT HIKE Gather nature items for a craft project.
- BABY HIKE Look only for 'babies'. Make a list. Birds, fern, leaf.
- DETECTIVE HIKE Spot and list all evidence of man in nature, even litter, which can be picked up and put in the litter bag you have with you.
- HEADS-TALES HIKE Toss a coin each time you reach a crossroads. Turn left if the coin says heads, turn right if tales.
- BREAKFAST HIKE Reach the destination in time to see the sunrise, and then cook breakfast.
- RAIN HIKE Go dressed in raincoats and boots to observe nature in the rain.
- COLLECTING HIKE Collect whatever your family show an interest in: rocks, leaves, shells, seeds, fossils, insects, oddly shaped sticks.

Hiking Along Baltimore Area Council

Stop and Spot

While hiking, the leader stops and says: "I spot a _____," naming a familiar object. Everyone in the group who sees the object will raise his hand or sit down. This sharpens the skill of observation.

Obstacle Course

Some boys have never climbed a tree, walked a log, gone through a fence, or chinned themselves on a tree branch. To give them this experience, pick a trail which will provide such an obstacle course. Don't destroy property or trespass.

Penny Hike

This is an adventure! Set a time limit. Start walking until you come to the end of the block or a fork in the trail. Stop and flip a coin; heads, left; tails, right. Boys can take turns flipping the coin. Keep a record of the turns (you can reverse the directions to get back to your starting point).

Memory Hike

This game is played after a hike or a trip to the zoo or park. During the outing, tell the boys to observe everything very carefully so they can make a list of all that they have seen. Just after the outing, hand out paper and pencils and have the boys make their lists. See who was most observant.

Nature Hiking Games

- 1. Leaf collecting contest most different ones
- 2. Matching leaves
- **3.** Hike use pebbles for counters. Agree on things to be discovered. Each discovery counts a point and counter is thrown away. First one out of counters wins.

Here are some examples:

Each specified bird	1 point
Each specified snake, insect, flower	1 point
Each specified tree	2 point
Each rabbit hole	2 points
Nest of (?) Bird	2 points
Tree struck by lightning	2 points
Cow or horse	1 point
Each animal track	2 points

Conservation Projects

- ★ Build and set out bird boxes, feeding stations, birdbaths in backyards and parks.
- ★ Plant shrubs to provide cover for wildlife.
- ★ Plant grass seedling on bare ground in parks, schools or church yards to prevent erosion.
- ★ Plant tree seedlings for shade, landscaping or ground cover.
- ★ Make window boxes, and plant flowers; or plant tubs with trees or shrubs.
- \star Plant and maintain a flower garden in a park.
- ★ Make litter bags for family;¥s and neighbor;¥s cars and boats.
- ★ Make Outdoor Code posters to put up in school and explain the Code to others.
- \star Make a conservation display for school.
- \star Make anti-litter posters.
- ★ Collect insects and find out which ones are harmful to farm crops and trees.
- ★ Check with local Conservation office for a pack project.
- ★ Pick up litter and build a litter scarecrow to display to the public.
- ★ Collect glass, aluminum and paper for re-cycling.
- ★ Adopt a park, lake or roadside rest and keep it litter free on a long-term basis.
- ★ Have a "Fight Litter" parade with boys carrying signs urging the public to "Stash the Trash" or "Don't Be a Litterbug."

Take a Hike

Utah National Parks Council

There are many kinds of hikes use your imagination or try:

- ★ Service Hike pick up trash along the way.
- ★ Historical Hike Go to such a place in your area and learn as you go.
- ★ Heads or Tails Hike Flip a coin at each cross road to decide the next direction.
- ★ Nature Hike Give the boys a checklist of things to look for. Like animal tracks, cloud formations, wildlife, vegetation,
- ★ Mini Hike Give each boy a magnifying glass and have him hike on his knees, examining plants, rocks, grass and insects along the way.
- ★ Stop, Look and Listen Hike have the boys stop every 100 steps and write down all that they see and hear.
- ★ Homes Hike Look high and low see how many homes you can find (webs, nests, holes).
- ★ Golf tee Hike Toss a golf tee in the air hike in the direction indicated by the pointed end of the tee.
- ★ Rain Hike—Don't let rain scare you away. Dress the part and be off!

Bike Roadeo

Utah National Parks Council A roadeo is an opportunity for young participants to learn, practice, and demonstrate bicycle skills in a fun, noncompetitive atmosphere.

Its goal is to help participants become better bicyclists and to teach them the rules of the road.

Some things to consider -

Recruit help – Bike roadeos can be conducted with any number of volunteers, at least one person per station is ideal. **Location** – Hard-surfaced, level, and traffic free areas are best, such as a play ground or parking lot.

Safety first – Make sure all participants wear a helmet and understand the direction of the course.

There are many exercises available on the internet that you can use to teach specific bicycle skills. Look for ones that are straight forward and that reinforce the rules of the road. Design your course according to space and the number of volunteers that you have available.

Often police, fire and public health departments have Bike rodeo kits to loan out.

For more information, see the Colorado Department of Transportation Bicycle Roadeo Guide located at

http://www.coloradodot.info/programs/bikeped/bike-ped-

manual/2008-07-bicycle-roadeo-information.pdf/view

And the **Cub Scout How To Book** for Bicycle Safety Day, page 6-11

Bicycle Games

Utah National Parks Council

Bike Snail Race

This is a test of balance and control! The object is to travel the course in the slowest time, without touching the ground with your feet or going out of your lane. Lay out a lane, more than one if you have room, 3 to 6 feet wide, 50 to 100 feet long. Slowest time wins

Shoe race -

Place all the contestants' shoes in the center of the field. At the starting signal the players ride to within 10 feet of the shoe pile, dismount, find their shoes (Which are not tied together), put them on, remount the bikes and ride back to the starting line. First one back - with his own shoes - wins.

Hit the target -

Place 4 or 6 large cans in a row about 15 feet apart along a 100 foot course. Each player is given a supply of bottle caps, stones, marbles or other small objects (identified for each player). Players ride past the cans at average speed, dropping one object in each can. Winner is the one with the most objects in the cans.

Slalom race -

This is a race against time. Set up a zigzag course with markers at each zig and zag, about 5 feet wide. Length is usually 100 to 150 feet. Each contestant rides the course inside chalked lines, racing against the clock. He is disqualified if he touches the ground with his feet or rides over a marker.

Coasting race -

The object is to see who can coast the longest distance along a three feet wide strip. Player pedals as fast as he can up to a line about 15 feet from the start. Then he coasts staying inside the strip. Distance is marked where he wobbles out of the strip or his feet touch the ground.

Build a Backyard Weather Station

Alice, Golden Empire Council

- ✓ You'll find lots of ideas and instructions in the How To Book and in the boy's Wolf and Bear books. You will need
- ✓ A thermometer
- ✓ A rain gauge
- ✓ A wind/weather vane
- ✓ A barometer
- ✓ An anemometer to measure wind speed
- ✓ A Hygrometer to measure relative humidity
- \checkmark A Journal to record readings each day

Note -

Visit the local children's library to find out more - a back yard weather station can fuel all sorts of questions – and you can discover the answers in interesting and colorful books – and by personal experience. It can also be fun to check your backyard statistics against the TV and newspaper weather reports!

NATURE ACTIVITIES

Catalina Council

All through the year, nature provides us with new and different things. Each day holds a new surprise, if we only watch it over a period of time. Several of the following projects can be done in a den meeting and then put outside for study. The rest can be kept indoors and noted at each den meeting.

<u>Sundial</u>

- Most animals and plants use the sun as their natural time teller. Cub Scouts can too, by building their own sundial.
- ✓ Cut a piece of wood about 11" square.
- ✓ Take a compass and draw the largest circle that can fit inside the square.
- \checkmark Mark the center of the circle with a dot.
- ✓ Drill a hole and glue a long, thin wood dowel or stick into the center. This will be the pointer that will cast a shadow on the sundial.
- ✓ Draw a line straight through the center of the circle, perpendicular to the top edge of the wooden block. This will be the 12 o'clock marking.
- ✓ Set the sundial so that the 12 o'clock mark points North (use a compass to find North).
- ✓ Attach the sundial to the top of a flat object or post and put it in a place that gets full sunlight.
- ✓ From 6 A.M. to 6 P.M., make a dot each hour where the shadow hits the outside of the circle.
- \checkmark Decorate your sundial with some sunny pictures.

Carrot Hanging Basket

- ✓ Hollow out the center of the top 2 inches of a carrot, leaving just a thin shell. Trim the top.
- ✓ Suspend the carrot, upside down, by inserting toothpicks in sides and using strings to hang the vegetable near light.
- \checkmark Keep the hollow bowl filled with water.
- ✓ New greenery will grow up around the bowl of the carrot.

Plaster Crafts *Catalina Council*

Mixing plaster:

A hint in deciding how much plaster you will need would be to fill your project with water. This will give you a general idea of how much you will need. Cover your work surface with a disposable table cloth or newspaper.

Directions:

- 1. Mix your plaster in a disposable container.
- **2.** Place the dry plaster in the container.
- **3.** Add water: usually 1 part water to 2 parts plaster.
- 4. Stir gently to mix to avoid trapped air bubbles.
- 5. Pour or spoon into molds. (Molds can be purchased at craft stores or at your local Scout Office.)
- 6. Tap molds to bring air bubbles to the top where they may be popped.
- 7. Add hangers to the back wait no longer than 2 to 3 minutes.
- **8.** After plaster hardens remove from molds. It will shrink in the molds.
- 9. Once dry the item can be sanded and smoothed.

*CAUTION: -*Never, ever, put plaster powder or mixed plaster liquid down a drain.

Fun Plaster Ideas: *Catalina Council*

Dinosaur Dig -

Put small plastic toys inside larger plaster items. Have a 'Dinosaur Dig' and break them out.

Neckerchief Slides

Use plaster to make neckerchief slides using candy molds. Leaf prints:

- 1. Spray the vein side of a leaf with cooking spray or cover it with Vaseline.
- 2. Place it vein side up in the bottom of a flat container.
- 3. Pour plaster on it carefully. Let it set up.
- 4. Remove the leaf and carefully wash off any residual coating.
- 5. Let dry. It can be painted if you want.

Tracks:

- ✓ Spray the track with water to make sure that the dirt or sand doesn't pull the water from the plaster causing it to be crumbly.
- ✓ Pour the plaster into the animal, human or bike track.
- \checkmark Let it set until it can be safely handled.

Sidewalk chalk:

Mix the plaster with dry tempura paints. Pour into small cups or egg cartons. You might marble the chalk by mixing the colors slightly.

Tree Seed Neckerchief Slide

Utah National Parks Council Catalina Council

You can make a neckerchief slide from the seed of a peach or a nectarine.



Start by sanding a hole in one side of a seed, then sand a hole in the other side. This is easiest if you use rough sandpaper wrapped around a block.



Run the pit against the flat surface and sand until you can see the seed inside the hard crinkly outer shell. Poke out the soft seed. You can fit the slide by rubbing more – the more you rub the bigger the hole. Remember to sand both sides equally. Be sure to check out Peach Pit Carving at

http://www.cst.cmich.edu/users/dietr1rv/peachpits/index.htm

I think I would just glue a loop to the back of a whole peach pit after it has been dried and cleaned. CD

Hiking Boot Neckerchief Slide Catalina Council



- © Cut boot shape from felt or fun foam, decorate.
- \odot Glue a ring to the back.
- OR -
 - Cut out a picture of hiking boots.
 - Caminate it and
 - \bigcirc Attach a ring to the back.

Bead Bunnies Utah National Parks Council

Materials:

Round wooden beads (*The holes need to be large enough for double pipe cleaners to fit through.*) Pipe cleaners,

Acrylic paint, Mini pompom,

Fine-point pen



Directions:

- Paint two beads (one large and one smaller) with acrylic paint.
- ✤ Bend a pipe cleaner into an "M" shape.
- ✤ When the beads have dried, thread the bent pipe cleaner through both beads,
- Bend the ends of the pipe cleaner under the larger bead to form two big feet,
- \blacktriangleright Then adjust the loops above the smaller bead for ears.
- ➢ Glue on a pompom tail and draw on eyes, nose, and whiskers.

MORE GAMES AND ACTIVITIES

Sam Houston Area Council



From the Cub Scout Leader How-To Book -

- Bicycle Safety Day page 6-11
- Fun on Hikes Pages 4-2 to 4-4

All of Chapter 4 is "Fun in the Outdoors"

ADVANCEMENT IDEAS

From Program Helps via www.cubroundtable.com

www.cubroundtable.com

If you followed the program in CS Program Helps, your Cub Scouts have completed earning their Rank Awards (Tiger, Wolf, Bear) and can now work on Electives.

Tigers –

Ach: Den Meetings -At Home -

Elect. 31, 32

Wolf-

Ach Den Meetings - 2e, 7c, At Home - 7a-f, 9a-e Elect. 11a

Bear -

Ach Den Meetings- 6g, 22a At Home -

Alice. Golden Empire Council With the theme of Spring Into Action, boys can be encouraged to get moving in the great outdoors .Dens and Packs can celebrate the season by working on the World Conservation Patch or Leave No Trace Award. Families, dens and packs can participate in Earth Day 2010 activities, Creek Week or Audubon service projects. Many Good Turn for America service hours can be earned during seasonal scout, community and even national projects. Or explore the actions that rely upon springs rather than batteries! And check out the expanded list of **Belt Loops** and Pins – several of them apply to this theme. BEFORE you plan den or pack outdoor activities, make sure you know the requirements for a tour permit, have reviewed the safety rules for any activity, and have reviewed Sun Safety and the Buddy System with boys and families.

Tiger Cub Achievements

Ach. #1F – As a family, do a yard clean-up, garage clearout, or clear and prepare a space for a garden; Ach. #1G – Go to an area farm or visit with a retired farmer and learn about how they spent their Spring seasons – what had to be done, what did they eat, how did they spend time with their families? Ach.#1F – Look at a map of your community and note places where the Spring season is especially evident – landscaped parks, community gardens, farms, wildlife and bird migration sites

Ach. #3Fb- with the start of outdoor activities, plan what to do if you are lost or separated from family

Ach. #5F – Use all your senses to experience the weather, and learn how people who are without one of their senses can learn about their world and communicate with others; do the Character Connection for Faith; Ach. #5D – Make a leaf rubbing – notice the size & color of new leaves; Ach. #5G – Take a hike with your den – try a sound hike to listen for the "sounds" of Spring

Tiger Cub Electives:

- ✓ Elect. #6 Teach a song to your family or den and sing it together – try the one in Program Helps (PH) pg.37.
- ✓ Elect. #10 Help an elderly or shut-in person by helping clear their yard or prepare the garden area
- ✓ Elect. #11 Help collect food, clothing, or toys with your den or pack as a Good Turn for America project.
- ✓ Elect. #12 Send a "Spring" pop-up card to a shut-in or someone in a hospital or care facility – or use the pipe cleaner "spring" idea in PH, pg. 37.
- ✓ Elect. #22 Have a picnic with your family or den.
- Elect. #25 Make a Spring Snack for family or friends – use spring vegetables!
- ✓ Elect. #30 Plant a seed from something you have eaten ideas in the Tiger Cub book.
- ✓ Elect. #32 Make a bird feeder (<u>Do NOT use Peanut</u> <u>Butter – the Audubon Society suggests plain</u> <u>shortening instead</u>) OR set out nesting materials for birds to use – hair, bits of yarn, small twigs – I have one bird's nest with Easter grass in it!
- ✓ Elect. #33 Have a Spring Cleanup Treasure Hunt in your neighborhood, around your Chartered Organization site, at a local park or beach.

Page 41

- Elect. #34 To celebrate Earth Day, practice water or electricity conservation for a week – or even longer – make it a family habit!
- Elect. #35 Enjoy the Spring and some Action play a game outdoors with your family or den.
- Elect. #37 Take a Bike Ride But FIRST, review bike safety rules and check for needed repairs to your bike, helmet, or other equipment;
- ✓ Elect. #38 Visit a bike repair shop and learn how to take care of your bike This is one time to go backwards do the repairs BEFORE you do the bike ride!
- ✓ Elect. #47 Learn how you can Reduce, Reuse and Recycle to protect the environment; practice what you learn!
- ✓ Elect. #48 Take a ride on public transportation, and learn how you can have a positive effect on the environment by use public transit.

Wolf Achievements:

Ach. #1 – Spring into ACTION – Do any or all of these active requirements!

Ach. #2e,f, g - Get outdoors and learn how to do an outdoor flag ceremony, practice folding the flag properly, showing proper respect.

Ach. #3a – Make a chart and track good health habits for two weeks – including running and playing outdoors!

Ach. #4f – Visit an important place in your community that helps to protect the environment

Ach. #5 – After learning about the <u>safe use of tools</u>, make a birdhouse (or bat house) that will provide **protection to** wildlife and help the environment.

Ach. # 6a – Complete the Character Connection for Positive Attitude. Ach. #6b, c – Make and explain a collection of at least 10 things – choose items seen in nature, things that help or harm the environment, or ways to "Spring into Action" for Earth Day

Ach. #7 – Do any or all of the requirements alone, with your family or as a den project

Ach. #9a, d, e – Learn about and practice being responsible so you can be safe on or near the street, in a car, or while riding your bike. NEVER ride your bike without following the rules and wearing your helmet and safety equipment!

Ach. #10c – Plan a family walk or outside activity at a park, zoo, or favorite outside location.

Wolf Electives:

- ✓ Elect. #1a, b Use a secret code or invisible ink to share information about the environment, bike safety, an outdoor activity or the spring season with a friend.
- ✓ Elect. #2 Help to plan and put on a skit about Spring, the environment, or the need for physical activity.
- ✓ Elect. #4f Play a wide-area or large group game with your den or pack outdoors.
- ✓ Elect. #5 –Know the rules for safe kite flying, then make and fly a kite with your family, den or pack
- Elect. #7 Get active by learning to walk on stilts or making and using "puddle jumpers" or "foot racers."

- Elect. #8b Help an adult do an outdoor cleanup or garden preparation by using a wheelbarrow
- ✓ Elect. #11f Learn a song like "Spring Into Service," PH pg.37 and sing it with your den at a pack meeting
- Elect. #12d, f Help draw or paint some scenery for a skit about the environment, or make a poster for a project to benefit the environment
- ✓ Elect. #13 Do any or all of this elective if you do all the requirements, you are on your way to the World Conservation Award!
- ✓ Elect. 14d Make sure you know how to behave around strange dogs or wild animals – BEFORE you start spending your spring in the great outdoors!
- ✓ Elect. #15 Do one or all of the requirements you must do all if you choose this as one of the items for the World Conservation Award.
- ✓ Elect. #16c Know what is needed for a first aid kit, where it is kept, and how to use it – You could help put together a kit for your car or an outdoor activity backpack, so your family will always be ready for emergencies.
- ✓ Elect. #18 Outdoor Adventures Start by reading the rules for sun safety with Akela, then help plan and run a family or den picnic, outing, treasure hunt, obstacle course or adventure trail. Point out poisonous plants and know what to do if you accidentally touch one of them.
- ✓ Elect. #19 Depending on the weather and climate where you live, you could do one or all of the Fishing Elective – it is also one that can be part of the World Conservation Award.
- ✓ Elect. #20- Sports Do the Action part of this theme by doing any of the requirements be sure to know the rules of any sport activity before you start!
- ✓ Elect. #22e Spring into Action as a Cub Scout by inviting a new boy to join, or by helping a boy through the Bobcat Trail.
- ✓ Elect. #23a participate in a pack overnighter; Elect.
 #23b, c, d BEFORE going camping, know how to take care of yourself outdoors, what to do if lost, how to use the buddy system. Elect. #23g, h With your den, participate in a campfire in front of the pack, or with family, den or pack participate in an outdoor worship service.

Bear Achievements:

Ach. #1b – Include in a list of living your faith those things that also show respect for the outdoors and the wildlife in our environment.

Ach. #3b – With help from family or your leader, find out about two famous Americans who have helped to preserve and improve the environment. Ach. #3h,i – Learn how to raise and lower the flag properly, then participate in an outdoor flag ceremony.

Ach. #5 – Sharing your world with wildlife – Do any or all of the requirements – if you do all of them, it will count toward the World Conservation Award!

Ach. #6a – recycle glass, aluminum or newspapers as required. Ach. #6b – Plant a tree, with permission, in your yard, a park or public lands, or on the grounds of your

Chartered Organization – check with local Arbor Society, Forester, or Tree Foundations for information on what trees to plant and how to do it properly – sometimes, they even provide trees free of charge! Ach. #6d, e, f – Explore how much water, energy and electricity are used by your family, learn how to repair leaks and make changes that will save energy, water, or electricity; Ach. #6g – Take part in a den or neighborhood clean-up as a service project.

Ach. #9e – Make some trail food for a hike- check for allergies, and consider what kind of foods your body will need for quick and sustained energy.

Ach. #10a – Go on a day trip outdoors with your family and make sure you have needed supplies and have reviewed the rules of safety and good manners.

Ach. #12 – Family Outdoor Adventures – This is part of the Leave No Trace Award – remember to review Sun Safety, what to do if lost, the buddy system and how to show respect in the outdoors!

Ach. #14 – Ride Right – Before you get outdoors on your bike, be sure you review the rules, practice good bike skills, check your bike, helmet and accessories, and know how to make minor repairs.

Ach. #15a – Set up equipment and play any two listed outdoor games with family or friends.

Ach. #16 – Do any or all of the requirements – and do it outdoors!

Ach. #18g – Write about the activities of your family or den in the great outdoors, working on a service project, celebrating Earth Day or Creek Week, or helping with Habitat for Humanity

Ach. #23c – Take part in one team and one individual sport.

Bear Electives:

- ✓ Elect. #2 Weather Combine science and outdoor activity by doing the requirements – but go outside and make your own observations, too. Part of World Conservation Award for Bears.
- ✓ Elect. #5 Get outdoors and on the water by doing the Boats elective – Review water and boating safety FIRST and make sure you wear an approved life vest near the water.
- ✓ Elect. #12 Nature Crafts Observe and collect nature materials while doing the requirements Part of World Conservation Award for Bears.
- ✓ Elect. #14 Landscaping any or all of the requirements; could be part of a Habitat for Humanity service project.
- ✓ Elect. #15 Water and Soil Conservation Get outside and discover how soil holds water. Do all the requirements as part of the World Conservation Award for Bears.

Webelos Activity Pins:

Sportsman and Family Member assigned

Forester #8 – Plant 20 seedlings as part of a service project.

Naturalist #5, #6 - Watch for birds in your yard, neighborhood, or town for one week. Identify the birds and keep a list. Learn about bird flyways closest to your home

and find out which birds use them. **Naturalist #8** – Watch six wild animals in the wild, describe the habitat where you saw them and what they were doing.

Outdoorsman #2 – With family or den, help plan and take part in an evening outdoor activity with a campfire; #3, #4 - With parent or guardian, take part in a Webelos Overnighter and sleep in a tent you have pitched, or do the activity with a Boy Scout troop. Do any of the other possible requirements that involve outdoor activity.

Craftsman #2 – Make two wooden projects that are useful, such as window boxes for a Habitat for Humanity project

GAMES

Catalina Council

How many times have you gotten outside only to have the boys "hack around." By providing games, the chances of someone getting hurt will be reduced greatly. The Cub Scout How-to Book provides a great number of games. Here are some ideas in addition to those:

Litter Sweep Relay

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- Divide into two teams and give each team a broom and a small pile of dry trash -soda cans, paper, small plastic bottles, etc.
- On signal, the first boy on each team sweeps the trash to a certain point and back.
- The next team member then takes over, and so on until all have run.
 - First team finished wins.
- If a boy loses trash he must go back and sweep it up.

Polo Pan

San Gabriel Valley, Long Beach & Verdugo Hills Councils Number six 1" cubes on each side: 0-1-2-3-4-5; and use a six hole muffin pan.

Have boys toss cubes to the pan

Let the cubes that land in the pan to determine a winner.

20 Yard Dash

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Line up the dens for a relay race.

Have the contestants carry an egg in a teaspoon held with the arm extended.

The first in each line runs 20 yards and back to the next one in line.

20 Foot Dash

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Have the relay runners roll lemons or hard-boiled eggs with a stick down the course and back and touch off the next player in line.

Push - Catch

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Everyone is in a circle except for one person in the middle (usually a leader to start).

The person in the center has a ball that the leader throws to those in the circle.

The leader must shout out either Push or Catch.

The person to whom the ball is thrown must Do The Opposite Action that was shouted out. That is

If the leader shouts Push, the Cub must Catch the ball.

If the leader shouts Catch the Cub Pushes the ball. If an error is committed by either not doing the opposite or stumbling with the ball the Cub must sit down or step back and is eliminated from play.

Variation: If the group gets really good at the game, the shouter must shout out 3 words (such as Push Catch Push) and the Cub must do the opposite of the middle one (or the first or last).

Hiking Games

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Stop And Spot Game - While hiking, the leader stops and says: "I spot a _____," naming a familiar object. Everyone in the group who sees the object will raise his hand or sit down. This sharpens the skill of observation.

Obstacle Course Game - Some boys have never climbed a tree, walked a log, gone through a fence, or chinned themselves on a tree branch. To give them this experience, pick a trail which will provide such an obstacle course. Don't destroy property or trespass.

Memory Hike Game - This game is played after a hike or a trip to the zoo or park. During the outing, tell the boys to observe everything very carefully so they can make a list of all that they have seen. Just after the outing, hand out paper and pencils and have the boys make their lists. See who was most observant.

Creating Critters

Baltimore Area Council

Object: To create a new insect.

Materials: Scissors, glue, and a variety of colored construction paper.

How to play:

- \blacktriangleright Divide the boys into small groups.
- Give each group scissors, glue, and a variety of colored construction papers.
- ✤ Within a given time limit, each group designs and constructs a new species of insect.
- They must decide on a name for their bug, tell where it lives and what it eats.
- ✤ When all groups are finished, a spokesman for each group introduces their critter to everyone.

Log-Rolling Contest

Catalina Council

Boys make logs from cardboard rug tubes (approximately 11" long) by covering the ends with brown paper glued in position. Real logs may also be used, if available. Several players can compete; each will need a log and a stick (3/4" x30" dowel made from a broom stick, or similar). At the word "Go," each player must roll his log from start to finish lines with the stick.

Logs may not be touched with the hands.

No hitting is allowed and players must remain behind their logs.

First to cross the finish line wins.

Push-Out

Catalina Council Draw a circle about 8 feet in diameter.

All players except "It" must hold their arms across their chests and hop on one foot. "It" does not have to do either.

The others must try to push "It" out of the circle without using their hands or arms.

"It" dodges them, and he may push the hoppers out of the ring, using his hands or arms.

When a hopper is pushed out, unfolds his arms, or puts both feet down, he is out of the game.

The game goes on until all hoppers are disqualified or "It" is pushed out of the circle.

Hint-*This is a team building game*. Don't tell the boys but if the hoppers work together, they can push "It" out much easier than working alone.

Litter Basketball

Chief Seattle Council

Equipment:

Lots of crumpled newspaper, computer or copy paper, trash cans

To play:

 \star

- Divide the den into two teams and seat them behind a throw line.
- Place the trash cans about 10 feet away. (the distance depends on the motor skills of your boys.)
- On the signal to GO, Cubs fire their paper "basketballs" at the trash can goals.
- After a set amount of time stop the game.
- Count the number of "basketballs" in each trash can.
- The team with the most "basketballs" in the cans wins.
- Work together to collect the paper and place it in a recycle bin.

Recycling Game

(Tiger E47, Wolf Ach. #7c) Chief Seattle Council

- ★ Divide boys into 2 teams.
- \star Give each team an identical set of items.
- ★ Have the boys sort them into things that can be recycled, and things that can't be recycled.
- \star Award points for each correct answer.
 - Team with the most points wins.

Spring Ahead Game

Chief Seattle Council

- Divide boys into 2 teams.
- \blacktriangleright Each team gets a stick.
- The first boy on each team jumps (springs ahead) as far as he can.
- ▶ Mark the spot closest to the starting point with the stick.
- The next boy on the team starts at the stick and jumps, marking his landing spot.
- The first team to reach the designated ending point wins.
- Or see which team can go the farthest in a set amount of time.
- ✤ You could also give each boy a stick, and have them run the race at the same time.

Scavenger Hunt *Chief Seattle Council*

- Make a list of things for the boys to find, but not pick up.
- Give a copy of the list to paired boys.
- See which pair can find the most things on the list in a set amount of time.
- Winning team must show where they found the items. Examples: a dandelion, a rock bigger than 2 inches, an insect, a spider web, etc.

Tic Tac Toe Toss:

Chief Seattle Council

- 2 players or teams toss milk bottle caps (2 colors) onto a tic tac to board.
- First player/team to get 3 in a row wins.

Ping Pong Ball Bounce: *Chief Seattle Council*

- Write point values in bottoms of egg carton compartments.
- Bounce ping pong ball into the egg carton for point.
- Boy with most points wins.

Pine Cone Bocce: *Chief Seattle Council*

- Make a distinctive mark on pine cones, one pine cone for each boy. (Paint a stripe, tie on string, etc.)
- Place target (rock) in open area.
- [©] Boys toss pine cones toward target.
- O The closest pine cone wins.

Pebble Catch:

Chief Seattle Council

- ✓ This game is played like jacks, but don't tell the boys that!
- ✓ The first boy puts a pile of stones in front of himself (about 10 stones).
- ✓ He then tosses a stone into the air, and attempts to pick up 1 stone and catch the falling stone with the same hand.
- ✓ If he is successful, he tosses the stone again, and attempts to pick up 2 stones and catch the falling stone (with the same hand).
- ✓ The boy's turn continues until he misses the falling stone.
- ✓ The next player takes his turn.
- ✓ The winner is the boy that can pick up the most stones and catch the falling pebble.

Missile Launch

Catalina Council

Boys make paper airplanes during crafts period.

A hula hoop is hung suspended from a tree branch. Boys throw paper airplanes through the hoop from a distance away.

Each boy gets two or three turns to launch his "missile" through the hoop.

The same type of activity can be played by hurling Frisbees through a hula hoop.

Crabs, Crows and Cranes

Catalina Council

This game is a variation on Crows and Cranes. Split the boys into two teams, in two lines across the hall. There should be a gap of about ten feet between them.

Near each end of the playing field should be a home line for each team. One team is the crows, the other team is the cranes.

If you shout cranes, the cranes team must run to their home line without getting tagged by the crows team. Any member of the cranes that gets tagged has to join the crows team.

If you shout crows, the crows team has to run to their home line without getting tagged by the cranes team. Any member of the crows that gets tagged has to join the cranes team.

If you shout crabs they must all stand still. Anyone that moves must join the opposing team.

You start off each time with both teams lined up across the hall facing each other.

The game ends when one team has all the players. You can have a lot of fun rolling your RRRR'S with this. CRRRRRRABS, CRRRRRRANES, CRRRRRRANES.

Leaf Games

San Gabriel Valley, Long Beach & Verdugo Hills Councils

- ② Leaf collecting contest most different ones
- Match leaves found to those on a Bingo type board

Discovery Hike

San Gabriel Valley, Long Beach & Verdugo Hills Councils

Use pebbles for counters. Agree on things to be discovered. Each discovery counts a point and counter is thrown away. First one out of counters wins.

Here are some examples:

Each specified bird (1 point) Each specified snake, insect, flower (1 point) Each specified tree (2 points) Each rabbit hole (2 points) Nest of (?) Bird (2 points) Tree struck by lightning (2 points) Cow or horse (1 point) Each animal track (2 points)

Outdoor Nature Hunt Capital Area Council

Directions

- \blacktriangleright Make up a list such as the one below for each boy.
- Boys can hunt in pairs in your backyard or in the park.
- See which pair can find the most within a limited
 - amount of time.

A Sample List

Something alive that flies A cup of wet sand A worm A cup of pink water Five maple leaves Three rocks at least two inches in diameter A piece of string A dandelion

Tell me what is missing game *A Kim's Game variation Utah National Parks Council*

- ✓ Before meeting gather fifteen or twenty small items that pertain to outdoors, Such as pocket knife, compass, Frisbee, golf tee, baseball, magnifying glass, etc.
- \checkmark Arrange them on a cookie sheet or a small table.
- ✓ Give boys a moment to study the items (Usually 1 minute),
- \checkmark Then have them turn around.
- ✓ Quickly remove one item.
- ✓ Have them turn back and try to identify the item that you removed.
- ✓ To make it more difficult, you can rearrange the items while they are turned away or rotate the tray.

Penguin Soccer Utah National Parks Council



- Give each player a rag about four inches wide and two feet long (sheets torn into strips work well).
- Each person ties the rag securely around his knees to make running impossible.
- Players can move only by shuffling their feet.
- Now divide into teams and play a game of soccer.

Explore Your Ground

Utah National Parks Council

- Give each boy a wire hanger bent into a square shape, a magnifying glass, paper and pencil.
- Have them pick a place on the ground or the grass.
- Lay the hanger on the place.
- Have them examine everything that is inside the hanger and write it down.
- This works well with buddy systems of two.

Animal Rescue

Baltimore Area Council

- **Object:** To find the most animals in a given period of time.
- Materials: North American animal names written on slips of papers.

How to play:

- Write the names of North American animals on slips of paper and hide the papers throughout the room.
- Tell the Cubs that the animals have lost both their memories and themselves and give the Cubs five minutes to find as many as they can.
- When they gather again at the signal, each Cub describes the animals he has found.
- In order to rescue the animals, the others must guess who they are from the descriptions.
- Tiger Cubs will enjoy the game if you hide animal pictures.

Nature Scavenger Hunt Baltimore Area Council

Object: To find t

Materials:

To find the all the items on a scavenger list. **s:** An envelope with scavenger hunt directions, one for each scout.

How to play:

- ★ Each boy is given an envelope with these directions: "The den leader is sick and needs a potion made up of the following: four acorns, five dandelion flowers, six pine needles, four ants, etc. (List other items found in the area.)
- ★ Give the boys 15 minutes to find as many of the ingredients as they can and put them in their envelope.

One-of-a-Kind Hunt

Baltimore Area Council

To score the highest number of points.

Materials: A paper lunch bag for each scout.

How to play:

Object:

- ★ Scouts line up about five feet apart at the edge of a yard or playground.
- ★ Each is given a small bag or paper cup.
- ★ On a signal, they drop to their hands and knees and begin crawling toward the finish line, picking up one of each nature object they see and putting it into their containers.
- \star This is not a race.
- ★ The boys are allowed five minutes to reach the finish line.
- ★ Score one point for inanimate objects, two points for animal life.
- \star After scoring, return objects back to the ground.

CUB GRUB

OUTDOOR COOKING

Catalina Council

Cooking and eating can be an outdoor adventure too. You don't have to camp out to get a taste of the camping adventure. There is just something about outdoor cooking that is special.

Cooking outdoors requires a different set of rules and equipment. Even cooking a hot dog or marshmallow just right without burning it can be a real challenge.

Charcoal Stove

Catalina Council

Materials:

Tin can (#10 or larger) Roll-type can opener Punch opener Wire for handle Three pieces sturdy wire screen



Note - This picture does not match directions but gives you an idea. I could not find a good picture to use. CD

Directions:

- 1. Remove top of can with roll-type can opener.
- 2. Punch air holes with punch opener all around the can near top and bottom.
- 3. Stick ends of wire for handle through two of the holes at top and twist to make a handle.
- 4. Push wire screen half way down into can to make a grate. This will hold the charcoal near top for cooking and keep air under charcoal. To keep screen from slipping, cut second piece of screen into a coil, and put between grate screen and bottom of stove.
- 5. Make a stove top out of the third piece of wire screen. This supports your hamburger or the cook pot.

To use:

- Set the stove on cleared ground and put tinder on the ٠ grate.
- When tinder is burning briskly, drop charcoal into fire.
- Swing the stove by the handle now and then to keep the charcoal burning.

Bug Snacks:

Chief Seattle Council

Ants on a Log:

- Spread peanut butter or cream cheese on celery sticks.
- O Add raisins or cranberries for "ants."

Ants on a tire (or toilet seat):

- \star Core apples, and slice into rings.
- \star Spread peanut butter or cream cheese on the rings.
- \star Add raisins or dried cranberries for "ants".

Peanut Butter Play Dough Bugs

- Make a recipe of peanut butter play dough.
- Boys can use straight pretzels, small regular shaped pretzels, thin licorice, raisins, M & M's, etc. to add antennae, eyes, legs, spots, and stripes, to their bugs.

Play dough recipes:

http://www.makingfriends.com/pro_edible.htm

Jell-O Snakes (or worms)

Ingredients

1 ¹/₂ cup apple juice 3 oz. package flavored gelatin 1 envelope unflavored gelatin 5 ice cubes small Ziploc bags

Directions

- 1. Pour half the juice into saucepan. Heat until boiling;
- 2. Remove from heat. Add gelatin, and stir until dissolved.
- 3. Pour remaining apple juice into mixing bowl. Add unflavored gelatin, and stir until dissolved.
- 4. Add mixture to hot apple juice.
- 5. Add ice cubes, and stir until melted.
- 6. Refrigerate until the consistency of pudding, about 10-15 minutes.
- 7. Spoon gelatin into Ziploc bags.
- 8. Cut $\frac{1}{4}$ inch off the corner of the bag.
- 9. Squeeze a wavy line of gelatin onto a foiled cookie sheet.

- **10.** Chill in refrigerator about 2 hours.
- 11. To keep snakes firm while serving, place them on a plate over ice cubes.

Backyard Ice Cream

Baltimore Area Council

Ingredients

- 1 1 pound coffee can w/lid
- 1 3 pound coffee can w/lid 2 10" squares aluminum foil
- 1 pkg. instant pudding 1 qt. crushed ice
- ¹/₂ pint milk
- 1 13 oz. can evaporated milk
- 1 roll duct tape
- 1 pound rock salt (any flavor)
- For additional flavoring use fruit, chocolate chips, nuts. etc.

Directions

- Into one pound can add the pudding mix, evaporated milk and enough fresh milk to fill can to the 34 point.
- Stir very well.
- Place aluminum foil squares over can top and press plastic lid on.
- Secure lid with several wrappings of duct tape across top of lid and several more holding the lid on the sides.
- ✓ Place shallow layer of crushed ice into the 3 pound can.
- ✓ Sprinkle with rock salt.
- \checkmark Place one-pound can in three pound can.
- ✓ Alternate layers of crushed ice and rock salt, filling the three-pound can.
- Secure lid with aluminum foil and cut tape as before. \checkmark
- Roll or otherwise agitate the can for 20 minutes (perfect \checkmark opportunity for a game!).
- Remove the ice cream and enjoy. Makes about a quart.

Nelson's Stew

Catalina Council

Ingredients:

Box of macaroni and cheese 1 can of chunky ham

Directions:

- **1.** Heat water to boiling.
- 2. Add macaroni and cook until soft.
- 3. Make macaroni and cheese in accordance with directions on box.
- 4. Crumble can of chunky ham into mixture, mix thoroughly.

This is easy. Feeds 2 scouts per box of macaroni and cheese, 1 can of ham may be mixed with each 2 boxes of macaroni.

I remember a card from the back of Mac and Cheese boxes when I was a SM that gave various meat and vegetable combinations to add to the box mix. My Scouts loved those meals. Wish I still had the card. CD

Sausage Balls Catalina Council

Ingredients:

- 1 lb sausage
- 3 cups Bisquik
- 1 8 oz jar Cheese Whiz or shredded cheese

Directions:

- 1. Combine sausage (cooked), Bisquik(R) and cheese;
- 2. Shape into balls.
- **3.** Bake in preheated 300 degree oven for 25 minutes or until lightly browned.

Camp Stroganoff

Catalina Council

Ingredients:

1-1/2 to 2 pounds ground beefOnion soup mix2-3 tablespoons of ketchup

1 cup sour cream

1 can cream of mushroom soup

Noodles

Directions:

- 1. Bring pot of water to a rolling boil and cook noodles until done.
- 2. Brown meat and drain off grease.
- **3.** Add remaining ingredients and simmer until meat is tender. If necessary, thin sauce with a little milk.
- 4. Serve over cooked noodles.

Taco Casserole Catalina Council

Ingredients:

2 pounds hamburger 6 tortillas Cheese grated 2 cloves garlic, minced 2 cans enchilada sauce 1 small can tomato sauce

Directions:

- **1.** Brown meat and garlic.
- 2. Add enchilada sauce and tomato sauce.
- **3.** Simmer for 30 minutes.
- 4. Tear tortillas and layer pan with tortillas, meat, cheese.
- 5. Repeat with cheese on top.
- 6. Bake at 350 degrees for 45 minutes.

Scout Tacos

Baltimore Area Council

Ingredients

1 pkg. Taco Seasoning mix 2 pounds hamburger 1 15 oz. can Ranch Style Beans 1 medium onion, chopped Lettuce Tomatoes Cheese, shredded

Instructions

- Sprinkle salt in bottom of Dutch oven.
- Generation Follow directions on Taco Seasoning mix.
- Be sure not to add too much water.
- Add beans.

- Cook until beans are hot.
- Serve mixture on Doritos or Fritos.
- $\hfill\square$ On top, sprinkle lettuce, tomatoes, cheese & onions.

Campfire Foil Dinner Baltimore Area Council

In a square piece of heavy duty aluminum foil, place enough of each of the following to make one serving:

sliced potatoes	thin ground beef patty			
sliced carrots	sliced onions			
salt	pepper			

Cook package on hot coals for approximately 15 minutes on each side. Pork chops are also good this way.

Dutch Oven Cobbler

Ingredients

1 White cake mix 1½ sticks butter or margarine brown sugar cinnamon 2 cans apple filling (or whatever fruit pie filling you prefer)

Instructions

- ★ Put pie filling into Dutch oven together with about 3/4 can of water.
- \star Sprinkle cinnamon over apples.
- \star Sprinkle dry cake mix evenly into Dutch oven.
- ★ Do not mix or stir.
- ★ Cut butter into 1/4 thick squares and cover cake mix.
- ★ Sprinkle cinnamon and brown sugar on top of butter.
- ★ Place lid on Dutch oven. Put 4 pieces of hot charcoal under Dutch oven and 12 pieces on top of Dutch oven.
- ★ Cook about 45 minutes or until you can't resist the aroma.
- ★ Peach cobbler can be made by using two cans of sliced peaches (29 oz. can) and eliminating the water.

Cashew Chicken Stir Fry

Alice, Golden Empire Council



When you serve this main dish, it will taste surprisingly sweet!

Ingredients:

- 2-3 green fruit roll-ups and 2 red fruit roll-up
- 1-1/2 teaspoon hulled sunflower seeds
- 1-1/2 c. dried apple rings
- 3/4 c. dried pineapple chunks
- 1/2 c. cashews

Directions:

- 1. Make a bunch of pea pods by cutting a 2-1/4 inch square from green fruit roll-up,
- Then arrange 5 or 6 sunflower seeds on the strip in a 2. row, just off center.
- 3. Fold the strip in half over the seeds, then press the edges together to seal them. Use kitchen scissors to trim the sealed edges into a rounded pea-pod shape.
- 4. Cut the red fruit roll into thin pepper strips and the apple rings into bite-size "chicken" pieces.
- 5. For the full effect, combine the pea pods, pepper strips, chicken pieces, pineapple chunks and cashews in a frying pan, or serve them on plates with chopsticks
- Makes three cups. 6.

Just A Little Bit Different Trail Mix

Utah National Parks Council

Ingredients

2 cups Quaker Oat Squares 1 cup small Pretzels 1 cup Almonds ¹/₂ cup Honey Roasted Peanuts 1 or 2 small packages of M&M's 1 cup Craisins

Directions

^(C) Mix them all together and

O Divide evenly into plastic baggies.

A Pocket Banquet for One

Utah National Parks Council

Here's a complete meal for one that you can carry in your pocket... and you can prepare all of it before you leave for a hike. Then all you do is add water where necessary, heat it and feast!

Soup -

Dehydrated soup (like Lipton's Chicken Noodle - or your preference) packaged in a piece of strong foil. The foil can be molded into a soup bowl when ready to eat just add water and heat.

Cocoa –

Pack enough instant cocoa mix for two or three cups in small envelopes of foil. Biscuits - Carry enough instant biscuit mix wrapped in foil to make two biscuits. Mix necessary amount of water right in the same foil. Puncture with knife so steam can escape when you put it next to the fire to bake.

Main dish -

Wrap a quarter pound of beef steak, one potato, one onion, and one carrot all cut into small cubes in a piece of foil. Remember to add seasoning and a pat of butter. Place foil package on coals. Puncture to allow steam to escape. Cook for ten minutes.

Dessert -

Core one apple, add cinnamon and sugar. Wrap it in foil. Place it on coals, by the time you are ready for dessert, it will be baked, ready to eat.

Chili in Chip Bags

Utah National Parks Council

- Make your favorite chili or use canned.
- Use the individual bags of chips.
- Turn the chip bag on its side and carefully cut open the side of the bag.
- Crunch up the chips.
- Pinch open the bag making the bag your bowl.
- Put some chili on the chips.
- . You may add lettuce, onions, tomatoes, salsa, cheese, or sour cream as you like.
- Eat out of the bag. Enjoy!

Wormy Apple Mix

Utah National Parks Council

Directions

8.5 ounces Gummy Worms 6 ounces dried apple chunks 1 cup dry roasted peanuts 1 cup miniature marshmallows

1 cup raisins

Directions

- Mix all ingredients. \odot
- \odot And divide evenly into plastic bags.

April Fools "Cupcakes"

Alice, Golden Empire Council

I've made this recipe several times as a cake, just like you make Shepherd's Pie - if you make it in a larger version, adjust the cooking time - and you might want to use a cake decorating tube to make the frosting look especially realistic. This version is neat, since you have individual servings. Alice



Ingredients: (Makes 12 "cupcakes") "Meat Loaf" -

- •
- 1/2 lb. lean ground beef,
- 1/2 cup seasoned bread crumbs,
- 1 cup grated Monterey Jack cheese,
- 3 T. ketchup,
- 1 egg,
- 1/2 teaspoon celery salt,
- 1/4 teaspoon pepper •

"Frosting" -

- 3 cups mashed potatoes,
- food coloring or beet juice

Directions:

- Heat oven to 375 degrees. •
- Line 12 muffin tins cups with foil baking cups
- In a large bowl, mix together meat loaf ingredients and •
- Divide evenly among cups. •
- Bake for about 15 minutes or until cooked through, with • the filled muffin tins on cookie sheets.
- If you want different colors of "frosting" divide the potatoes and add food coloring. Spread a generous amount on each cupcake.

Page 49

Spaghetti & Meatballs -Alice, Golden Empire Council

This was a lot of fun one year - you just make a yellow cake, then make regular butter cream vanilla frosting - but tint it just slightly yellow. You're going to squeeze it out to look like spaghetti – I didn't have a decorating tube, but a sealing bag with a hole in one corner worked just fine remember to do your spaghetti haphazardly, twisting on top itself so it looks realistic.

The Meatballs are those great Ferrero Rocher chocolate candies (although I have seen chocolate malt balls used). I rolled them in some cocoa powder to make them look more realistic. Then just cover with "sauce" made from strawberry preserves and top with grated white chocolate for parmesan cheese.

WEBELOS

WEBELDS

A History Lesson on Webelos Colors Mike Walton, www.USScouts.org In Response to a question from Barbara

Barbara wrote me -

"Dave -- our son is a Webelos I and is earning pins toward his Webelos badge and eventually Arrow of Light Our question is this, does it make a difference on which ribbon he displays the pins? Since there are three colors, gold, red, and green, it would make sense to have a requirement for what goes where.

In response Mike wrote -

The three badge colors represent the three programs in the BSA: Cub Scouting (the yellow/gold), Boy/Varsity Scouting (the red) and "Senior Scouting" (used to be Exploring and now Venturing, the green). These are the same three colors found in the "WEBELOS Tartan", an official tartan (plaid) color combination recognized in Scotland (and is also referred to as the "Boy Scouts of America Tartan", just so you know -- and if you get a chance to go to Scotland and request a woolen skirt and they ask you for the "family name" or the "tartan name" *smiling*). The BSA's "Pedro" jacket features that three color plaid color combination as well.

When the WEBELOS Badge colors were introduced in the spring of 1969, the then-Director of Cub Scouting answered this question in the following manner:

"There is a sequence for the placement of the 15 silver activity badges upon the Badge Colors. The first five should be worn on the central color, the gold (yellow) strand

because the WEBELOS is transitioning from being a Cub Scout to a Boy Scout. The next five should be placed onto the green color because it is hopeful that the outdoors aspect of Boy Scouting will appeal to the WEBELOS Cub Scout and will whet his appetite toward becoming a Boy Scout. The final five should be placed onto the red color strand as a reminder of his goal toward earning the Arrow of Light and becoming a Tenderfoot Boy Scout." (Back in the day, we did not have a joining step called "Scout" and instead Arrow of Light recipients automatically became Tenderfoot Boy Scouts upon graduation from a Cub Scout Pack to a Boy Scout Troop).

I guess that bit of wisdom was not past down, because the same question was asked in 1974, when the Cub Scout program was revised and there was this answer in SCOUTING magazine within the "Front Line Stuff" column: "WEBELOS Cub Scouts may wear the activity badges as earned in any manner on any of the three strands of the WEBELOS Badge colors. The most important part of the process is that he earns the badge and displays it on his uniform on the Badge colors."

And again in 2003, the same question was asked again in "Front Line Stuff" and someone from the Cub Scout Division answered in this manner: "The 20 multi-colored badges earned for participating in activities as a WEBELOS Cub Scout may be worn either on the WEBELOS Badge colors OR on the WEBELOS Cub Scout hat. The number of or which strand it is worn on first, second or last is up to the WEBELOS Cub Scout. On the hat, the activity badges should be worn on either side of the WEBELOS badge emblem in the center of the hat. Either all of the badges are worn on the hat or on the Badge colors and this is an option of the individual WEBELOS Cub Scout and his parents." So to summarize:

The 20 activity badges are worn, in any order that the WEBELOS Cub Scout chooses, on the WEBELOS Badge colors or alternatively on the WEBELOS Cub Scout hat (personally, Mike & I think wearing them on the hat like pins one receives from Disneyland or some resort place is very tacky but at the time kids were wearing hat pins and it was very popular and "stylish").

The three strands represent the three program groups of the Boy Scouts of America. Alternatively, if he chooses to wear them on the WEBELOS Cub Scout hat, he wears one half on one side of the WEBELOS "tartan" or plaid hat. I hope this bit of Scouting history and lore helps your son and you out, Barbara, and I hope it helps others who ask Dave or the local Scout Shop(tm) employee the same question. I'll put this together and add it to my Badge and Uniform Site later this month.



SPORTSMAN PHYSICAL SKILLS GROUP

Capital Area Council

Suggestions for Den Meetings

- Explain and discuss football signals.
- Invite a referee or umpire to talk with the den about signals and/or sportsmanship
- Parents and boys attend a high school or college football game.
- Go bowling as a den or at a district tournament if possible (belt loop)
- Have each boy list the sports in which he participated during the past year
- Attend a high school football/baseball game.
- Assign the scouts an Olympic event (gymnastics, swimming, luge, fencing, equestrian etc.). Have them find out the following:
 - \checkmark How someone gets on the team.
 - \checkmark Rules for the event.
 - ✓ How it is run
- Go fishing (belt loop)
- Invite a team member, sports figure, coach or referee to talk with the boys about teamwork, sportsmanship and fair play
- Have each boy list the sports in which he participated during the past year
- Decide on a demonstration for the pack meeting
- If you save cardboard Frozen Juice Cans you can play Tiddly-Croquet
- Learn a new sport.
- Learn what two individual and two team sports the boys will want to do.

One of the prime purposes of Cub Scouting is "encouraging good sportsmanship and pride in growing strong in mind and body." If the boys learn all the skills and rules involved in every sport this month, but don't get an inkling of what good sportsmanship means, everyone has wasted his time.

The leader's example will help to achieve these goals. Put stress on the fun of the game, not on winning. During interden competition, choose the teams so that ability is equally divided. If boys choose teammates, there is a good chance that most of the best players will wind up on one team. Encourage the less skillful players. Discourage others from belittling them. Sports in a Webelos den should be fun for all.

Good Sportsmanship

The ability to abide by the rules, to win without boasting and to lose without offering excuses is the essence of good sportsmanship. Sportsmanship requires honesty, fair play, cooperation, competitive spirit, respect for authority and rules, acceptance of responsibility and respect for others. A real sportsman follows these rules in each game, but also in his/her life. Good sportsmanship is part of good citizenship. For example, to lose a class election gracefully. The following is the code of sportsmanship of the Sportsmanship Brotherhood.

- 1. Keep the rules
- 2. Keep faith with your comrade.
- **3.** Keep your temper
- 4. Keep yourself physically fit.
- 5. Keep a stout heart in defeat.
- **6.** Keep your pride under control in victory.
- 7. Keep a sound soul, a clean mind and a healthy body.
- 8. Play the game.

GAMES

See how many terms you can match with the proper game (The one where the term is used, e.g. Puck and Hockey):

Sports term	Sport			
Spare	Hockey			
Shell	Trap-shooting			
Shuttlecock	Boxing			
Fairway	Bowling			
Slalom	Polo			
Double fault	Skiing			
Eight-ball	Basketball			
Chukker	Archery			
Clay pigeon	Boating			
Technical K. O.	Football			
Jump shot	Baseball			
Puck	Figure Skating			
Double play	Tennis			
Field goal	Badminton			
Headlock	Pool			
Casting	Wrestling			
Quiver	Golf			
Jack-knife	Diving			
Oar	Hunting			
Figure Eight	Fly Fishing			

Scoring: 1 - 5 Amateur 5 - 10 Novice 10- 15 Semi-Pro 15 - 20 Pro

Tiddly-Croquet

You need two sizes of frozen juice cans to make a Tiddly-Croquet game. Cut wickets of various lengths from the largest cans. Shoot the lids from the small cans through the wickets. Place one upside down on a smooth surface. Press hard on one edge with a "shooter" lid from a large can.

Frisbee Baseball

Played according to regular baseball rules. The pitcher throws the Frisbee toward the "batter: who then catches it. If he misses it, it is a strike and if it is outside the strike zone, it is a ball. The "batter" who has made a good catch, then throws the Frisbee and proceeds around the bases. If it is caught the "batter" is out. The rest of the game follows baseball rules.

Sports Cards

Make a set of 10 x 10-inch cards. On one side put a copy of the official signals for the game (football, basketball, hockey, baseball, soccer, etc.) of your choice. On the other side put an explanation of what the call means. The game can be played several ways.

- 1. Hold up the picture and ask for the proper call.
- 2. Read the explanation of the call and ask for its name.
- 3. Execute the call and ask for its name.
- 4. The game can be played as a competition:
 - **a.** Divide den(s) into two teams and give one point to the first person to guess the answer.
 - **b.** Divide den(s) into two teams and assign each team a sport and show each team a card for its sport. Each team will have a different sport. The first team to get the answer gets a point.

Potato Golf

Draw concentric circles on the floor and label each circle with a number representing the number of points it is worth. (10 for the center, decreasing outward). From a distance of six feet, player putts a potato with a cane or stick with a curved handle. Score is recorded according to number in circles. No score is made if the potato stops on a line. Each boy gets ten tries.

Soccer Ten Kicks

Divide den into two teams. Each tries to kick the ball between teammates ten consecutive times while the opponents try to intercept and start their own sequence of ten kicks. As he kicks the ball, each player calls out the appropriate number (1, 2, 3, etc.) Hand may not be used. The team making ten consecutive kicks without interception wins.

Micro Hockey

Use two cardboard boxes as the goals. Supply chopsticks and a checker for the puck.

Micro Soccer

Use the same boxes as you did for micro hockey. Players use their fingers to "kick" the ball (ping pong ball) across the "field" (a table).

The Penalty Box

Match the Official's Signal Calls to correct sports.

Sports

~r · · · ·				
Footba	.11			
Basket	ball			
Baseba	ıll			
Soccer				
Hocke	у			
Signal Calls				
Pass Interference	e Face Mask	Slashing		
Fair Ball	Ball	Incomplete Pass		
Penalty Kick	Holding	Illegal Dribble		
Time-out	Offside	Hooking		
Strike	Out	Clipping		
Technical Foul	Time-in	Charging		
Substitution	Corner Kick	Touchdown		
Delay of Game	Foul Ball	Safe		
Tripping	Unsportsmanlike Conduct	t Foul		
Illegal Motion	Traveling			

Ultimate Frisbee Contest Equipment: Five Ultimates (Frisbees)



- 1. Draw the course as shown.
- 2. The object of the game is to throw for accuracy.
- 3. Add up points after each boy takes his turn throwing.

FAMILY MEMBER **COMMUNITY GROUP**

Capital Area Council

Den Activities:

- Set up a Webelos Den family cook-out. Let the boys decide on the menu and do all the cooking and preparation. Have games for the brothers and sisters to play, and after dinner do some family activities.
- Make a list of fun activities of little cost and do them over several den meetings.
- Switch chores with another family member for a month.
- Have a meeting where boys try food that they have never tasted before. Have a "Taste It, You May Like It" party.
- Have the boys make their chart showing the jobs that they and other family members have in their homes. Have them bring the charts to the meeting and tell what jobs they are taking on for the next two months, and how they will do them.
- Have a contest - take a small piece of cloth and a button, needle and thread. Have the boys sew a button on -judge the button that is sewn on the best.
- Make a contest out of making a list of things families spend money for. See who can make the longest list. Most boys will forget things like rent, utilities, car payments, stamps, insurance, etc. You might think up a list of things that most boys will omit and award two points if they happen to list one.
- Have a cooking contest. Have each boy cook one dish and bring it to the meeting. Be sure they can tell how they made the dish. You might think about making a small recipe book for your den. This could include breakfast dishes, lunch, and dinner dishes. Also you might adopt some of these for your cookouts!
- Tracing your family roots can become a lifetime hobby. There are many books and classes on how to find information. Ask if any den parents have organized charts or have studied their heritage. Try to find out a family tree for both your mother and father's family. Make a list of the members of your family. What other relatives are living? (Grandparents, uncles, aunts, cousins)? Try to talk to them (or write) and ask them about their parents and grandparents. Ask for birthdays and year of death. Where they lived is also an important clue in your search.

- Play a game of hazards. Set up a room with several hazards. Have boys come in and find as many hazards as possible.
- Practice house cleaning skills by cleaning the chartered organization areas. Be sure to get permission and ideas first.
- □ Have a mother come in to the den meeting and talk about clothes washing.
- Announce that next week's meeting will be at the local Laundromat. Each Scout is to bring a load of wash, soap, and change for the washer and dryer. Practice ways to fold laundry.
- Invite a home economics teacher or dietician to talk to your den. Perhaps your den could also plan a week's worth of meals and visit a retail food establishment to price the food required. This would also cover a requirement in the Fitness Activity Badge.
- □ Make outlet insulators. Use foam meat trays, save at home, or ask local grocery store for some. Use outlet covers as guides.
- □ Invite a fireman to a den meeting to talk about home safety. Perhaps he can also provide you with a copy of a home inspection sheet.
- **Take a guided tour a waste disposal facility.**
- Invite an energy conservation engineer to give a talk on energy. Tour an energy conserving home that is built underground.
- Make a list of fun activities that involve little cost; do them over several meetings.
- □ Invite someone from OSHA or a plant safety committee to give a talk after touring a manufacturing facility.
- □ Have a family relation's teacher visit and talk.
- □ Keep a personal budget for a month.
- Do not throw away those seemingly ruined clothes. Let the Cubs try to save them.
- Visit with a local financial institution to find out how the monetary system works and how saving money as a family unit can be beneficial in the long run.
- Contact the local public utility companies, or the environmental control agency to find out how our natural resources can be saved and what we can do as individuals within the family unit to conserve energy.
- You could also contact the Police Department and ask if someone from Crime Prevention could attend one of your meetings to talk about security in your home.
- □ Have the boys fix a meal and invite the parents to your meeting for a feast! In the meal planning, they must plan the meal, shop for the food and then cook it.
- □ Have a "Family" meeting at your den meeting and have the boys show Cub Scout Spirit by doing their best to make plans for the rest of the year, or at least three months.
- You might invite a mother to show some cooking skills to the boys or to explain recipes. Have the boys use measuring spoons, cups, etc. Have them explain such terms as cream, braising, stewing, and steaming.
- Plan a family game night each family brings a game and takes part in sharing the game with another family. The boys could even "invent" games for the families to play.

Field Trips

- Tour some of the historical homes in your town, find out who lived there, when, and a little about the family. How did they help the community? Are the descendants still living in the area? Talk to them, too, if possible.
- □ Tour a fast food restaurant or small restaurant.
- □ Have someone from OSHA or plant safety committee give a talk after touring a manufacturing facility.
- □ Tour an energy conservation home (underground or energy efficient).
- □ Tour the local water company and ask for ways to conserve water.

Neckerchief Tie Slide Ideas

- A mounted photo of the Scout with his family
- A piece of sponge for cleaning
- Model of food the Scout likes to eat
- A photo or a miniature of a house
- A photocopy/drawing of the Family Member activity badge laminated or mounted on poster board

Games

Shopping

This is a variation of Kim's game. Fill a grocery bag with items from your cabinet before the den meeting. Close to the activity time, add cold items from the refrigerator. To play the game, put one item from the bag at a time, announce the name and lay it on the table. When the bag is empty put everything back in quickly. Give boys a paper and pencil and ask them to write down what items were on your shopping bag.

Who Are We?

Ask boys to bring baby pictures and family pictures to the next meeting. Hold the pictures up one at a time and try to guess who it is. Bring in family vacation pictures and try to guess where the family went. (Disney World, the White House, etc.) Think of other ideas of pictures the boys can bring to show off (first fish catch, riding a horse, talking to someone famous, etc.) Take some den pictures and make up an album of your Webelos family or take slides and play music while you are watching them.

Grocery "Blues"

Material needed: paper and pencil for each boy. Instructions: Food is one of the major ongoing expenses that a family has, so good shopping habits will help curb the costs. Boys sit in a circle. They write down the names of ten items their family buys at the grocery store...only scramble the letters of each word! On signal, each boy passes his grocery list to the boy on his right. Set a time limit, and have them unscramble the grocery list. This game could be played as a team also.

House of Cards

Divide den into two teams. Give each team 20 playing cards. On signal, they must build a house of cards using all 20. The first team to complete a house that stands alone for five seconds are the "den contractors."

Who Are We?

Ask boys to bring baby pictures and family pictures to the next meeting. Hold the pictures up one at a time and try to guess who it is. Bring family vacation pictures in, and try to guess where the family went. (Disney World, the White House, etc.) Think of other kinds of pictures the boys can bring to show off (first fish catch, riding a horse, talking to someone famous, etc.) Take some den pictures and make up an album of your Webelos "family" OR take slides and play a music record while you are watching them.

Home Hazards

Before the den meeting, set up as many possible hazards around your house as possible. (Safely, that is!) Examples: pan on the stove with handle sticking out over the front, metal pan in the microwave, bag of newspapers in the middle of the stairs,

(empty) bottle of ammonia sitting in the corner, matches too close to the fireplace, gas can in the laundry room, pills (candy) laying on the counter. When the boys arrive, give them a paper and pencil and ask them to write down any hazards they see. During the opening period discuss the answers. Are there some that were not noticed? Ask them to take their lists home and check for similar things at their house.

Laundry Hints

Removal with a store-bought cleaner-ballpoint pen ink, facial makeup, motor oil, rubber cement, wax. One of the best pen ink stain removers is using a cheap hair spray on the ink spot.

- Put absorbent cloth or paper towel under stained area.
- Place chemical cleaner on stain.
- Rub stain until it leaves the clothing and passes into the material below.
- Remove the absorbent material. Put cleaner on a new cloth. Wipe around edges of stain and toward center of stain.
- Let dry. Reapply treatment if removal unsatisfactory.

Removal with water - blood, ketchup, coffee and tea, dairy products, grass, mustard, soda pop:

- Place absorbent cloth or paper towel under stained area.
- Rub stain gently with water. If stain is persistent, rub in drops of detergent.
- Rinse out detergent.
- Remove absorbent material.
- Wipe dry.

Family Facts

Save your family memories and pass them on to the next generation. Nothing gives more enjoyment to a family than "REMEMBER WHEN." Children learn who they are from their parents and grandparents. To play FAMILY FACTS have each member of your family write out questions that only your family would know - the more personal the better. Who went to Canada on vacation? What was this family's first pet? Who broke their arm during the school play? Who ran into the basketball standard and chipped his front tooth? What was the address of our first house? When is Grandma's birthday? When did dad graduate from high school? Play in the car, home on a rainy day or at family gatherings. For a different twist, make up cards in categories -dates, people, places, events, pets, vacations, etc., and play family trivial pursuit. Use the regular Trivial Pursuit game, but substitute you family cards.

Family Finances

Many Cubs are not aware of how their families spend money. Food, clothing, and entertainment are obvious. Suggest to the parents that they share the actual bills with their children and have them add up the total cost. They will be amazed. As the Cubs conduct the safety/energy checklist, encourage the parents to discuss the cost of keeping the house in good repair, the cost of water use, the cost of cooling and heating the house, etc. Then the Cubs will be better prepared to share in ideas for saving money and they will be ready to develop a family energy-saving plan.

CAREERS/SPEAKERS

Social worker, day care provider, family counselor, parent, human services agent, ombudsman, YMCA activities planner, family education specialist, dietitian, cleaning person, community education director, congressman.

ACTIVITIES

Zoo Babies

Visit a local zoo with your den families. While there, find out about the family structures of some of the animals. Observe how the monkeys socialize and care for their young. When are some of the other animal babies "on their own?"

Family Snack Surprise

Prepare a cake mix, then spoon batter into flat bottom wafer cones. Fill half way. Place six cones at a time on a tray and microwave 2-3 minutes on high or until a toothpick inserted comes out clean. Rotate during cooking period.

Trivia

For an evening of great family fun make up a trivia game to play. Each person writes a question on an index card. Example: What is your favorite book? What do you live about your bedroom? When is mom's birthday? What was your first home address? Mix the cards together then each person draws a card to answer. You could also have every person answer every question. Learn more about each other and have fun, too!

Saturday Fun!!

Have boys arrive early, like 6:30AM. Ask them to wear pajamas and bring sleeping bags. Enjoy a typical "family" Saturday morning. Boys can watch cartoons, play board games or Legos, or sleep. Have them help make a special breakfast like waffles or home-made yeast cinnamon rolls. Talk about what their families do on a Saturday morning. Stress the importance of allowing each person to have freedom to do as they please to relax. Are there ways they can help by cooking or playing with their brothers and sisters?

Dirty Clothes

Announce that the next week the den will be meeting at the local Laundromat. Each boy should bring a load of wash and coins for the washer and dryer. Leader can bring a box of detergent and measuring cup. Meet and wash clothes! Look around at the kinds of washers and the safety instructions. Time how long you are there.

Page 54

Bills!

Ask your parents to help you set up a chart of the electric and gas use in your home. Write down all the ways you can think of which use electricity or gas. Look at the bills for the last few months and write down the actual usage and the cost. Is the usage up or down? Why? If your parents have the bills from last year at the same time,

compare them. For a one month, practice turning out lights and conserving in other ways. See how much difference you can make on the next bill. The utility companies can provide you with a list of appliance usage/hour. Figure out how much it costs to dry a load of laundry, or to run your hair dryer or toaster.

TIE SLIDE

Nothing is more fun than sitting around with your family and watching a good movie! Make this tie slide during a den meeting and tell what movies you especially like.

Materials needed:

35mm film can, pipe cleaner, red or white adhesive vinyl, marker, cotton balls, plaster, popped corn, clear acrylic spray, glue.

Instructions:

Have an adult drill two small holes in the back of the can to insert the pipe cleaner. Twist pipe cleaner to form tie slide. Cover the can with red vinyl. Print "Popcorn" on a small piece of red adhesive and attach. Put two cotton balls into the can and pour a small amount of plaster over the top. When plaster is dry, glue popped corn into the top of the can When glue is dry, spray popcorn thoroughly with clear acrylic spray.

PACK MEETING

- ✓ Webelos can draw pictures on poster board to illustrate their paragraph. Tape the speech onto the back side. You have joined the Cub Scouts and therefore, the World Brotherhood of Scouts around the world. You are a brother to Cubs in Finland, Australia, Pakistan, and Chili. in fact, a brother to Cubs in over 120 countries!
- ✓ Regardless of size, color, or language Cubs have a happy grin and love to have FUN! Pack meetings may be slightly different, but most packs use The Jungle Book as background. The Cub Scout cap is universal, and most countries have different styles of uniforms to go with it. In France, the Cubs wear navy blue shorts and sweaters in the winter. In the summer they dress with cross-over suspenders and blue shirts. They wear a navy blue beret. The Dutch Cub Scouts have uniforms of green caps, sweaters and shorts, and green knee socks. The Wolf badge is red, white, and blue. In Uganda, in the heart of Africa, it is hot the whole year. Cubs here have real excitement with the jungle animals! Their Akelas must sometimes carry guns when they go to the lake shore ... to shoot crocodiles.
- ✓ One of the most isolated Scout groups is on the Pacific Island of Pitcairn. The whole island is only three square miles, and only 20 children are involved in Scouting. There are no stores on the island. People grow their own vegetables and keep goats and poultry.
- ✓ The Cub Scout Promise is the same around the world. Lord Baden-Powell once said, "When a fellow promises to do a thing, he means it would be a terrible disgrace to

him, if afterwards he neglected or forgot to carry it out." In other words, when a Wolf, Bear, or Webelos promises to do something, you can be certain he will do it.. anywhere in the world!

Fire Safety Quiz

Use at a den meeting by reading the questions and asking the boys to write down the letter of the correct answer or by making copies and giving one to each boy.

- 1. What should you do to be ready if fire should strike your home?
 - a. Keep pails of water handy
 - b. Have an escape plan and rehearse it often
 - c. Be ready to carry out the furniture
 - d. Have a suitcase packed
- 2. In making your escape plan, why should you know two ways out of every room?
 - a. So you can see different parts of the house when you practice
 - b. In case fire or smoke blocks one of the escape routes.
 - c. To keep people guessing
 - d. To make home fire drills more fun

3. If your clothing catches fire, what do you do?

- a. Run for help
- b. Look for water to throw on yourself
- c. Roll on the floor or ground, wrapping yourself in a coat, blanket or rug if possible

4. What should you use for light in a dark closet when there is no light bulb?

- a. A match
- b. A candle
- c. A cigarette lighter
- d. A flashlight
- 5. When you check extension cords in your house, what do you look for? Choose Two.
 - a. Frayed, broken insulation
 - b. Whether the color matches the woodwork.
 - c. Whether they run under rugs
 - d. Whether the plug is brown or white
- 6. In checking around a furnace for fire hazards, you should remove which of these?
 - a. Fishing rods and reels
 - b. Table
 - c. Garden tools and aluminum folding chairs.d. Gasoline can, greasy rags, and newspapers
 - Gasoline can, greasy rags, and newspapers Answers: 1.b 2.b 3.c 4.d 5.a, c 6.b

House Name Sign Materials:

rials:	
1" thick lumber	Sand paper
4 screw eyes	2 S-hooks
Saw	Nails
Ruler	Hammer
Stain or paint	Brush
Plastic Letters	
	0

Instructions

1. Layout your letters on the board to determine where you need to cut it.

BROWN

- **2.** Cut the length you need.
- **3.** Sand the wood smooth and then stain or paint the wood.
- 4. Tack plastic letters to sign.
- 5. Attach two screw eyes to sign and two to sign holder.
- 6. Fasten sign to holder with "S" hooks.
- 7. Attach sign holder to house.

My 30 Day Budget Plan

Where will my money come from:
Allowance
Jobs
Savings
Other
Total Money
Where my money will go:
School Lunch
Dues
Clothes
Bus
School Supplies
Food/treats
Other:

Total Expenses

Seven Day Expense Record

CategoryRirchases	Monday	Tuesday	Wechesday	Thursday	Friday	Saturciay	Sunday	Total
Daily Total								

Genealogy

Tracing family roots can become a lifetime hobby. There are many books and classes on how to find information. Ask if any Den parents have organized charts or have studied their heritage. Have the boys make a family tree for both their mother and father's family from a list of all the members of their family. What are their birthdays, dates of marriage and years of death?



Requirements for the Heritages Belt Loop

- Complete these three requirements:
- 1. Talk with members of your family about your family heritage: its history, traditions, and culture.
- 2. Make a poster that shows the origins of your ancestors. Share it with your den or other group.
- 3. Draw a family tree showing members of your family for three generations.

Requirements for the Heritages Pin

Earn the Heritages belt loop, and complete five of the following requirements:

- 1. Participate in a pack heritage celebration in which Cub Scouts give presentations about their family heritage.
- 2. Attend a family reunion.
- 3. Correspond with a pen pal from another country. Find out how his or her heritage is different from yours.
- 4. Learn 20 words in a language other than your native language.
- 5. Interview a grandparent or other family elder about what it was like when he or she was growing up.
- 6. Work with a parent or adult partner to organize family photographs in a photo album.
- Visit a genealogy library and talk with the librarian about how to trace family records. *Variation:* Access a genealogy Web site and learn how to use it to find information about ancestors.
- 8. Make an article of clothing, a toy, or a tool that your ancestors used. Show it to your den.
- 9. Help your parent or adult partner prepare one of your family's traditional food dishes.
- 10. Learn about the origin of your first, middle, or last name.

<u>Page 56</u>

POW WOW EXTRAVAGANZAS

Let me know as soon as your date is set. I will post whatever I receive! CD

> Southern NJ Council Improving Your 'Scoutability" January 22, 2011

Lakeview Middle School, Millville, NJ 08332 Call Southern NJ Council, 856-327-1700, extension 32, or visit the website, <u>www.snjscouting.org</u> for more information





Neckerchief Slide Ideas



The greatest collection of old Slides of the Month I have ever seen!! And lots more too. CD

http://woodcarversrcut-ups.com/WoodCarversRCut-Ups-NewCarvingProjects.html#SlideBacks

Utah National Parks Council http://bicycling.about.com/od/organizedbikeevents/ss/bike_r odeo.htm

http://usscouts.org/usscouts/bbugle.asp

http://www.boyscouttrail.com/cub-scouts/cub-scouts.asp

http://crafts.kaboose.com/cub-scout/

www.CanTeach.com

Alice, Golden Empire Council

Physical Activity Resources:

Jump rope or do Hoops for Hearts – children can look for sponsors, then participate, usually as schools, in jumping rope or shooting hoops to support care for children with heart disease <u>www.jumprope4heart.org</u>

Ideas for Outdoor Recreation for Kids - Lots of ideas for kids and whole families to be active outdoors in all seasons; safety tips for hiking, camping, gardening and other outdoor activities; this site also has games, travel tips and interactive projects.

www.fun.familyeducation.com/outdoor...activities/33332. html

Ideas from Mayo clinic on how to get your kids off the couch and outdoors

www.mayoclinic.com/health/fitness/FL00030

How to combat packed schedules and guarantee physical activity for kids – specific ideas and explanations about

how much activity, what kind and what benefits are provided by various sports and outdoor activities

www.kidnetic.com/advice/

Gardening for kids – Great resource for beginning gardeners or getting started with kids – what plants and types of gardens work with different ages; how to turn kids onto gardening, instructions for garden structures, safety, projects to try <u>www.kidsgardening.com/</u>

Spring Season Activities & Ideas:

Ideas for Spring activities, crafts, printables, word searches, family projects, clip art

www.holidays.kaboose.com/spring/

Ideas for family activities, crafts, games, educational activities with a Spring focus from Family Fun

www.familyfun.go.com/spring/spring-crafts/

April Fool's Day Ideas – games, pranks, activities, even fun food and recipes <u>www.familyfun.go.com/april-fools-day</u> Service Project Ideas:

Service Project Idea

Senior Gleaners –they glean food from fields as well as collecting from grocery stores and food producers of all kinds. Food is distributed to food banks, senior centers, homeless shelters Check for programs in your area **www.seniorgleaners.org**

Habitat for Humanity – they partner with BSA and have projects for both older Scouts and boys as young as Tigers. www.scouting.org/FILESTORE/marketing/pdf/02-842.pdf

Earth Day Activities – Check out activities and projects in your area, or choose a project to adopt <u>www.earthday.net/</u>Community Gardens – Learn how you can help in your area or how to start a new project

www.communitygarden.org/

Chief Seattle Council

Great online resource:

http://www.scoutingthenet.com/Training/Roundtable/Hando uts/10/03/

Cub Scout Conservation Good Turn Award

http://www.boyscouttrail.com/content/award/award-240.asp

http://home.earthlink.net/~eaglescoutmccarthy/cubscoutpack 2293/id25.html

Leave No Trace Award:

http://scoutleaderawards.com/advance/cubscout/leavenotrace .asp

Outdoor Activity Award

http://www.scouting.org/scoutsource/CubScouts/resources/C SOutdoorActivityAward.aspx

World Conservation Award:

http://scoutleaderawards.com/advance/cubscout/worldcons.a spin

Kids National Geographic Stories (Wolf Ach. #7e): http://kidsblogs.nationalgeographic.com/kidsnews/

50 Ways to Get Kids Hooked on the Outdoors: http://www.tpwmagazine.com/archive/2008/mar/ed_1/

REI Store Events:

<u>http://www.rei.com/map/store</u> Click on the store nearest you. Look for the classes, events, & presentations link.

More information on bird houses: http://baltimorebirdclub.org/by/house.html#6

Bird Related Activities (Feathered Friends theme): <u>http://www.scoutingthenet.com/scouting/Training/Roundtabl</u> e/Handouts/06/03/

Geocaching:

http://ww2.scouting.org/100years/100years/geocaching.aspx http://www.geocaching.com/

Letterboxing:

http://www.letterboxing.org/, http://www.atlasquest.com/ Be sure to check that the boxes are still there before you take your cub scouts letterboxing. Some boxes are missing.

> Bicycle Roadeo -Utah National Parks Council

The Colorado Department of Transportation Bicycle Roadeo Guide has information about running a Bike Roadeo. It is located at -

http://www.coloradodot.info/programs/bikeped/bike-pedmanual/2008-07-bicycle-roadeo-information.pdf/view

ONE LAST THING

Nails In The Fence My Friend M. Wayne, Who is much younger than I

There once was a little boy who had a bad temper. His Father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence. The first day the boy had driven 37 nails into the fence.

Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.

The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence. He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there."

A verbal wound is as bad as a physical one. Friends are very rare jewels, indeed! They make you smile and encourage you to succeed. They lend an ear, they share words of praise and they always want to open their hearts to us."

Just one more thing...

Please forgive me if I have ever left a hole in your fence!