



BALOO'S BUGLE

Volume 14, Number 6



"Make no small plans. They have no magic to stir men's blood and probably will not themselves be realized." D. Burnham
February 2008 Cub Scout Roundtable March 2008 Cub Scout Theme

LITTER TO GLITTER

Tiger Cub Activities

Webelos Engineer & Athlete

FOCUS

Cub Scout Roundtable Leaders' Guide

This month Cub Scouts will turn recycled items into art and other treasures, and learn about conservation at the same time. How much fun it will be to create a one-of-a-kind piece to show at your pack meeting!! You will be amazed at what recycled bottles and paper can look like with some glue, scissors and imagination. Plan a pack art show. Take a trip to a local recycling plant or a museum featuring sculptures from scrap materials. Remember the **Art Belt Loop** in your planning for this fun topic.

CORE VALUES

Cub Scout Roundtable Leaders' Guide

Some of the purposes of Cub Scouting developed through this month's theme are:

- ✓ **Character Development**, Boys will learn how important it is to reduce, reuse and recycle
- ✓ **Personal Achievement**, Boys will have a sense of pride when they create something useful or beautiful from recycled materials. (*CD Comment – NOT cute*)
- ✓ **Friendly Service**, Boys will be involved in recycling or conservation projects with their den or pack

The core value highlighted this month is:

- ✓ **Citizenship**, Cub Scouts will develop a sense of responsibility by reusing and recycling items.

Can you think of others??? Hint – look in your **Cub Scout Program Helps**. It lists different ones!! All the items on both lists are applicable!! You could probably list all twelve if you thought about it!!

COMMISSIONER'S CORNER

Yes, I am late again

Sorry. But I know that there are no Roundtables on Fridays. (at least I hope so). Our Pow Wow was January 19 then I flew out to Loma Linda University Medical Center for final approval for proton radiation treatment and to make housing arrangements and such.

After the visit to Loma Linda, we stopped at Disney, California. Shared a hotel with a lot of Navy and Marine servicemen who were there for a charity football game to raise money for disabled vets. I made sure I said Thank You

to each of the ones we met in the lobby and on the elevators. Navy won the game - 24 -7.

I will begin the nine weeks of proton radiation treatment the end of February. Hope to finally meet Gary, the president of www.USScouts.org, and California Scouters I have been E-mailing for years- Julie, Sakiko and a few others while I am there. I'll have no excuses for lateness of Baloo the next few months as I will be relaxing away from home and on medical leave from work.

Scouting Around the World

I received a great gift this month from a college friend of mine. She sent me a sweatshirt from her son's pack in Heidelberg, Germany! And it turns out the pack was founded the year I first joined cub Scouts - 1957! She wanted me to have something warm to wear as I go through the proton radiation treatments.



Chinese New Year

Apparently I was not careful enough in screening the material for Chinese New Year and some cheers I should have rejected made it into Baloo. I apologize. I recognize the influence this publication may have and keep my grey area standards pretty high. I know I was extra careful with both the Chinese New Year and Indian Nations themes. One of the assets of this electronic age is that if there is something in Baloo you do not you can just delete the paragraphs before you print it and pass it out. I used to cut a lot of Chris's material, not for content but to keep my monthly RT copying manageable.

Months with similar themes to Litter to Glitter

Dave D. in Illinois

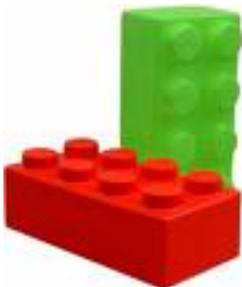
I chose themes that Dave D. had classified as Art and Conservation. You could also check out some of themes that lend themselves to a lot of crafts looking for ideas using recycled materials. CD

Month Name	Year	Theme
October	1940	Cub Artists
October	1947	Cub Scout Artists
February	1959	Carnival of Colors
May	1976	Save Our American Resources
October	1996	Animation Creation
April	1999	Pollution Solution
April	2001	Save It For Us
December	2001	Works of Art
April	2004	Cubservation



National makes a patch for every Cub Scout Monthly theme.

This is the one for this theme. Check them out at www.scoutstuff.org go to patches and look for 2008 Cub Scout Monthly Theme Emblems.



50 Years Of Legos

Boys' Life Website

www.boyslife.org

Godtfred Kirk Christiansen filed a patent for little plastic bricks on January 28, 1958. Fifty years later, 400 billion Lego elements have been produced.

Lego always meant to unlock the imagination of its users. The company emphasizes free-form play and has become wildly popular with children through the years. The Lego Group is the world's fifth-largest toymaker in terms of sales.

The Lego brick hasn't changed in the last half-century either. Bricks used today interlock with those built in 1958.

Click one of these to read more about this company's influence on young people.

<http://www.boyslife.org/home/pedros-weblog/3471/50-year-of-legos>

<http://www.time.com/time/world/article/0,8599,1707379,00.html>

<http://www.lego.com>



THOUGHTFUL ITEMS FOR SCOUTERS

Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at bobwhitejonz@juno.com or through the link to write

Baloo on www.usscouts.org. CD

Thanks to Scouter Jim, who prepares this section of Baloo for us each month. You can reach him at

ScouterJim57@yahoo.com or through the link to write

Baloo on www.usscouts.org. CD

Roundtable Prayer

CS Roundtable Planning Guide

O Lord, we thank you for the many beautiful things you have given us. Help us better understand our world and its resources. Help us show our Cub Scouts how to conserve our resources. And in so doing may we honor you by helping keep our world beautiful as you have given it to us.

Amen

Reuse to Reduce

Scouter Jim, Bountiful, Utah

This month's theme is all about conservation. There are the three "R's" of conservation; Recycle, Reduce, and Reuse. We all know about recycling. Many cities around America have Recycling Programs with curb-side bins. Many of us, sort our trash and recycle everything we can. I even recycle kitchen waste and leaves mixed with bunny droppings into compost for my yard and garden. Some people reuse durable bags when they shop to reduce waste. But how many of us really Reuse? Recycling is great, but still uses

valuable resources and energy to make those discarded items into new products.

This month's theme, "Litter to Glitter," is all about Reusing. Making use of things that would normally be discarded or recycled. Most of the projects our Cub Scouts do, are made from things that have been used originally in other ways. They are literally using litter to make new things. As a boy, I remember using old glass baby food jars to make parts bins for Father's Day gifts as a Cub Scout. But as leaders we need to be supporting Reuse ourselves. But how do we do that?

In my community, we have a local thrift store that employs dozens of individuals; most with challenges in their lives. Not only does this chain of stores, give these people jobs, it also has training programs to help them prepare for better employment elsewhere. There are other organizations in our communities that use donated goods to help specific groups of people, either with the goods themselves or with the revenue generated for the sale of those donated goods.

As Scouting leaders, not only can we let our Cubs use our junk to make new things, but we can teach them the value of reusing. We can do this by donating items we no longer need that are still in good useable condition to organizations that will reuse or resell those things. We can donate to organizations like Friends of MS, the ARC and others. Don't donate garbage that is worn out and of no value to anyone. That takes valuable resources away from the charities we give our items to, as they have to pay to have our trash hauled away. Make sure the items we donate are in good usable condition, or we are just adding to the problem. We can organize collection drives with our Cub Scouts to collect items to donate to these worthy organizations, allowing our Cub Scouts a hands-on experience in helping our communities, and turning Litter into Glitter.

We can support charities like, Goodwill Industries, the Salvation Army, Deseret Industries, and others that provide assistance and employment for those with special needs in our communities by shopping at their stores. Not only are we providing a revenue for those organizations, we are saving money ourselves and helping the world around us. There is also the chance that you might find a treasure at one of these stores. We have all seen what happens on Antiques Road Show on PBS.

Let us all learn to practice conservation by reusing more, and turning our Litter into Glitter to help our communities and our world. Don't just do it for a month, but make it part of you life and do it for the future.

Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover

"Just as we cannot blame others for destroying the environment, so we cannot look to others to protect the environment. Responsibility for both begins at home." [Paul Griss, The Daily Planet](#)

"Use it up, wear it out, make it do, or do without." [Proverb](#)

Thank God men cannot fly, and lay waste the sky as well as the earth. [Henry David Thoreau](#)

There is a sufficiency in the world for man's need but not for man's greed. [Mohandas K. Gandhi](#)

There's so much pollution in the air now that if it weren't for our lungs there'd be no place to put it all. [Robert Orben](#)

Don't blow it - good planets are hard to find. [Quoted in Time](#)

Nature provides a free lunch, but only if we control our appetites. [William Ruckelshaus, Business Week, 18 June 1990](#)

We do not inherit the earth from our ancestors, we borrow it from our children. [Native American Proverb](#)

There are no passengers on Spaceship Earth. We are all crew. [Marshall McLuhan, 1964](#)

If civilization has risen from the Stone Age, it can rise again from the Wastepaper Age. [Jacques Barzun, The House of Intellect, 1959](#)

When we heal the earth, we heal ourselves. [David Orr](#)

We cannot command Nature except by obeying her. [Francis Bacon](#)

Take care of the earth and she will take care of you. [Author Unknown](#)

Waste not the smallest thing created, for grains of sand make mountains, and atoms infinity. [E. Knight](#)

For a successful technology, reality must take precedence over public relations, for Nature cannot be fooled. [Richard P. Feynman](#)

Thank God men cannot fly, and lay waste the sky as well as the earth. ~[Henry David Thoreau](#)

Every creature is better alive than dead, men and moose and pine trees, and he who understands it aright will rather preserve its life than destroy it. ~[Henry David Thoreau](#), "Chesuncook," *The Maine Woods*, 1848

We shall require a substantially new manner of thinking if mankind is to survive. [Albert Einstein](#)

When you use a manual push mower, you're "cutting" down on pollution and the only thing in danger of running out of gas is you! [Grey Livingston](#)

Sam Houston Area Council

"We are not to throw away those things which can benefit our neighbor. Goods are called good because they can be used for good; they are instruments for good, in the hands of those who use them properly." – [Clement of Alexandria](#)

"Use it up, wear it out, make it do, or do without." – [New England proverb](#)

"Most of us are familiar with recycle and reusing, but how often do we think of the third R - REDUCE? 'Reduce' is probably the most important of the three R's because, if we reduced, it would limit the need to recycle and reuse." – [Catherine Pulsifer](#)

"I only feel angry when I see waste. When I see people throwing away things we could use." – [Mother Teresa](#)

"One thing you can't recycle is wasted time. - [Anonymous](#)

TRAINING TIP

Why Should Your Den Do Skits?

Bill Smith, the Roundtable Guy

Why Should Your Den Do Skits?

It builds **team work**. The Cub Scouts in your den work together to visually tell a story (often amusing) to the rest of the pack. It takes cooperation and exchanging ideas that lead to a common goal.

It creates reasons for other **den activities and projects**. Building scenery, props, and costumes all make good program ideas. Story telling is a great way to trigger an idea for a den skit.

Putting on a skit at a pack meeting or pack campfire is an excellent way to get the **support of parents**. Instead of den skits, you may want to try family skits.

A Den skit at a pack meeting can and should be the highlight of the evening. It makes pack meetings better and den meetings more fun.

It's not only fun, and boys just like to show off but getting your den to perform at a pack meeting will help **prepare them for Boy Scouts**. Communication is one of the set of leadership skills that Boy Scouting fosters amongst its members. The ability to stand up in front of the public and say something is an important part of the program.

Boys of Cub Scouting age can be incredibly shy. We try to help them overcome this by making it fun in the Cub Scout program. Run-ons, cheers and especially skits are all fun ways to help them feel comfortable **performing in public**.

HOW DO WE GET SKITS?

Canned Skits It will probably best for Tigers and Wolf Cub Scouts to start out with one or two of the old familiar and reliable canned skits. There is a wealth of skits available for Cub Scouts to act out.

The *Cub Scout Leader How-To Book* has some good ones in chapter 5.

Creative Campfires, that great Scouting standby from the Ore-Ida Council is still available from Amazon.com and EBay.

Web Sites: There are many sites with skits. Some are of questionable taste and have subjects that should be avoided for Scouting events. However here is a few that are especially good.

MacScouter Skits For Scouts. Has a down-loadable Big Book and several Pow Wow Book sections.

Darren Dowling. Assistant Cub Scout Leader at the 9th Barking & Dagenham Scout Group (UK) has an excellent web page on Skits and Stunts. It includes the collection of Jean Poulton of the Eagle District, Otetiana Council, BSA.

Original Skits

As Boys get more comfortable performing at campfires and pack meetings, they should be ready to make up their own original scripts.

Your Den Can Write a Script!

Writing a skit is not as hard as it may seem, though it does basically take some imagination. A basic subject or plot, such as the theme of the month, will get you started in the right direction.

HOW TO WRITE A SKIT:

Let's examine what a skit is.

Basically it represents the following items:

- **BOY WANTS SOMETHING** Friendship, a gold mine, a game trophy, to find a lost world, or something else. Stating the goal up front makes it easy for the audience to follow the great plot.
- **BOY STARTS TO GET IT** By canoe, plane, horseback, on foot, right at home by using his brain, or some other way. The plot unfolds and the main characters are introduced.
- **OBSTACLES STOP BOY** Crocodile, nature, native headhunters, a secret enemy, a false friend, or other problem. Aha! The villain appears and tension mounts.
- **BOY ACHIEVES GOAL** Through an act of kindness, bravery, wisdom, magic, unexpected help, or some other way. The happy ending and the cast takes their bows to a cheering crowd!

HERE ARE SOME IDEAS ON SKITS:

Act out a favorite story
 Act out parts of a story such as Treasure Island
 Use new ideas
 Act out poems
 Jokes (from Boy's Life even?)
 Act out songs
 Fairy tales
 Nursery rhymes
 Indian legends
 Trip to the moon by astronauts
 Satirize commercials

Make the skit fun for the Cub. To avoid problems in skits, keep the following in mind:

- **Keep the Skit Simple** - Don't expect boys at this age to understand complicated plots. If possible, have the boys compose the skit. You may give them ideas, but if they compose the skit they will enjoy it more and also better understand it.
- **Keep It Short** - (3-5 minutes). A long, drawn-out skit will make the audience restless.
- **Avoid Long Memorized Dialogue.** - Again, boys of this age cannot be expected to memorize long lines of dialogue. Keep the dialogue to a minimum. Have the boys speak slowly and loud. It is a good idea to let the Cubs practice their skit at the pack meeting place in advance of the pack meeting.
- **Use Simple Props** - Props can be made from cardboard and signs can be put up to indicate scenery. Adding appropriate accessories to everyday clothes can make costumes. Most costumes, intended to be cut from fabric and sewn, can also be cut from crepe paper and glued and/or stapled by the Cubs themselves.

- **Let Every Boy Participate.** – When a den puts on a skit, every member needs to be a part of it. Create parts for each person. One boy can introduce the skit by setting the scene. Others can be animated scenery, form a chorus to repeat important lines, or create sound effects. Certainly building props and costumes contribute, but make sure the builders get credit.

CAMP FIRE SKITS

Skits are important elements of campfire programs. If your den is doing one remember that things are different out there. The boys will have to use their outside voices. Actions should be somewhat exaggerated so that everyone will see them and follow the action.

If your presentation is between the camp fire and the audience, the actors may be silhouetted by the fire light. On the other hand, if they operate behind the fire, action on the ground may be hidden by the fire.

In any case, safety around a fire is very important so guard against sudden action or commotion anywhere near the fire.

TIPS TO HELP CUB SCOUT ACTORS

Let's face it ... Cub Scouts are not professional actors, but they can have fun presenting skits and pantomimes. The audience should also be part of the fun. Here are a few tips that may help your skit to be the smash hit of the meeting -- simply because the audience could tell what was happening or being said.

- Speak clearly, distinctly, and a little slower than normal. Remember that the people in the back row want to hear you.
- Every action should have a purpose or meaning -- movements should be somewhat exaggerated.
- Events in action should be performed one at a time so that the audience will not be confused.
- It is important to know what to say -- and it is also important to know when to say it.
- If your Cub Scouts understand how a character feels (happy, sad, sorry, angry, proud, etc.) in a given situation, and why a character does a particular piece of action, the Cub Scout will be able to react in a similar manner.
- Two characters engaged in dialogue should not face each other directly. Instead, they should face the audience in a 3/4 position, so that the audience will be able to hear them more clearly, as well as have a better view of facial expressions.
- In Pantomime, gestures and facial expressions are more important than costumes. What is done is more important than what is said.

Acting Games - Practice acting by including games like charades and quick pantomime stunts as regular den activities. A simple example:

Have the boys pretend to open a door to discover:
 a funny monster
 smelly garbage
 a big box of toys
 freshly baked pie
 all your dreams
 you are walking through a sea of peanut butter
 it is raining marshmallows
 you are swimming through a pool of Jell-O

[Children's Creative Theater](#) has more acting games.

Bill's challenge:

I found a few Cub Scout skits on You Tube. Here are three I liked.

[Tiger Den doing Emergency Broadcast](#)

[Wolf & Bear Den's Ugliest Man \(maybe at a Blue & Gold\)](#)

[An original with costumes](#)

Let's get some more up there, especially originals. If you do, let either Dave or I know about it so we can let everyone else know.

- ✓ *Also, be sure to visit Bill's website*

<http://www.wtsmith.com/rt>

to finds more ideas on everything Cub Scouting.

*Have any [Comments for Bill](#)
just click right here!*

PACK ADMIN HELPS

Character Connections Part 2

Carol E. Little

CS RT Commissioner,

American Elm District, Black Swamp Council

www.cubroundtable.com

In the earlier column, we learned about the history behind **Character Connections (CC)**. We discussed the three different components – **Know** –become familiar with all 12 core character connections (head), be able to **Commit** (heart) to doing the CC values and put them into practice in their daily life (hand) on their own initiative.

For part of this column, I'd like to use a piece that I ran into from the special needs section from **Heart of America Council** Pow Wow book for 2005. I think that by using some of these activities we can use the Character Connections values and give our scouts a way to connect to others who have special needs.

Wear glasses that have been smeared with Vaseline to simulate impaired vision. *What did you experience while wearing the glasses? What did you learn from about yourself? What was the purpose of trying the glasses?*

Use a balance board with a circular board with an "x" below also circular, to simulate inner ear problems. (see **teeterboard jousting in the How-To Book**) *What did you like about this exercise? How did you feel while standing on the board? What did you learn?*

Set up a blind man's maze, using wooden timbers to layout the maze. Each Cub was blindfolded, given a stick to tap out his way, and turned loose in the maze. Wow!

Was that a site to see! *What would you do differently in this exercise? How did you feel when you started to get around? What did you learn?*

Type out the Cub Scout Promise and the Law of the Pack on computer then use a font to change the words to symbols such as MT Extra, Mobile, Cairo, Webdings, Symbols, Zapf Dingbats. Have the boys figure out what they say. *What was the best part of this activity? Why do you think this activity was a good idea to do?*

This exercise simulates vision challenges. Fill a bowl with pony beads and add 1 or 2 slightly larger different colored beads. The object is to pick out the larger bead of a specific color. The boys will always pick up one of the larger beads, but not necessarily the right color. *What was the purpose of this game? What did you learn about yourself?*

These are activities that are designed to give the boys the chance to experience the frustrations faced daily by people with disabilities. Unless a person has experienced a disability we really have no idea what others face day to day. Treat the disabled Scout with all the respect and consideration that you do with other Scouts. If the game being played requires a blindfold, the blind or visually impaired Scout should be given one as well. If the Scout is in a wheelchair, don't stand over him to talk to him bend down to communicate face to face. If a hearing impaired scout has a signer, respond to the Scout not the signer. Our scouts look to us to set the example.

Games from **Woods Wisdom** 1996

Foggy Harbor Object: The group must maneuver an "oil tanker" (one member of the group) without bumping into the other "ships" (the remaining members). The oil tanker must be blindfolded. He is not to touch any of the other ships. These ships are distributed throughout the area. They remain stationary. As the oil tanker approaches on hands and knees, the nearest ship starts giving a warning signal, like a foghorn. The oil tanker then approaches slowly and attempts to maneuver across the harbor without colliding. *What was the purpose of this game? What would you do differently? What was the best part of this game?*

Everybody Up This exercise is a useful way to introduce the idea of group cooperation. Ask 2 scouts of about the same size to sit on the ground or floor facing each other with soles of their feet touching, knees bent, and hands tightly grasped. From this position they try to pull themselves into a standing position. If they succeed, ask another scout to join them and try standing with 3 scouts, then 4, etc. As the group grows, each player must grasp the hand of another person and must maintain foot contact with the group. An expanding group will find that thinking is required to come up with a solution that allows large numbers to get Everyone Up. *What got you all going in the right direction? What would you try differently to get everyone up?*

Bell Tag Equipment: Neckerchiefs or blindfolds and a hand bell. Method: Blindfold all scouts except the one who has the bell. Have blindfolded scouts mill around the room. The scout with the bell moves among the others, ringing his bell constantly. The blindfolded scouts try to tag the bell ringer.

The scout who succeeds changes places with the bell ringer. *What did you feel while playing this game? What did you learn from this game? What was the best part of the game?*

I hope that you all had fun learning how to use Character Connections in your den and pack activities.

Examples found in the 2005 **Character Connections Packet** are collected from 2002 to present so that future Leaders will have the resources we had from the beginning.

To learn more check out Character Connections

[The Purposes of Cub Scouting and Character Connections](#)

How Character Connections are used as part of the requirements.

[Character Connections Chart #13-323A](#) Chart explaining Character Connections

[2005 Character Connections Packet](#) Examples of the different areas covered by Character Connections from past Program Helps (from 2002 to this year's 2005 - 2006), Roundtable Resource sheets, and the 2003 Cub Scout Books.

[Character Connections Data](#) Some history behind the program.

[Character Connections](#) Overview of all ranks on a chart.

[Character Connections Outdoor Grid](#) This is used for outdoor activities that connect with the 12 CC core values.

SPECIAL OPPORTUNITY

Art

<http://usscouts.org/advance/cubscout/academics/art.asp>



The requirements listed below are taken from the Cub Scout Academics and Sports Program Guide (34299B) 2006 Printing

Note:

Webelos that earn the Art Belt Loop while a Webelos Scout also satisfy requirement 11 for the Artist Activity Badge.

Belt Loop

Complete these three requirements:

1. Make a list of common materials used to create visual art compositions.
2. Demonstrate how six of the following elements of design are used in a drawing: lines, circles, dots, shapes, colors, patterns, textures, space, balance, or perspective.
3. Identify the three primary colors and the three secondary colors that can be made by mixing them. Show how this is done using paints or markers. Use the primary and secondary colors to create a painting

Academics Pin

Earn the Art belt loop, and complete six of the following requirements:

1. Visit an art museum, gallery, or exhibit. Discuss with an adult the art you saw.
2. Create two self-portraits using two different art techniques, such as drawing, painting, printmaking, sculpture, or computer illustration.
3. Demonstrate how to make paper. Make a sample at least 4 inches by 4 inches.
4. Make a simple silkscreen or stencil. Print a card or T-shirt.
5. Create a freestanding sculpture or mobile using wood, metal, soap, papier-mâché, or found objects.
6. Create an object using clay that can be fired, baked in the oven, or hardened in water.
7. Photograph four subjects in one theme, such as landscapes, people, animals, sports, or buildings.
8. Make a collage using several different materials.
9. Use your artistic skills to create a postage stamp, book cover, or music CD cover.
10. Use a computer illustration or painting program to create a work of art.
11. Display your artwork in a pack, school, or community art show.

Cub Scout Conservation Good Turn Award

Great Salt Lake Council



This Award is meant for Cub Scouts.

Conservation has always been an integral part of the program of the Boy Scouts of America. Scouts have rendered distinguished public service by helping to conserve wildlife, energy, forests, soil, and water. Past generations of Scouts have been widely recognized for undertaking conservation Good Turn action projects in their local communities.

The Conservation Good Turn is an opportunity for Cub Scout packs to join with conservation or environmental organizations (federal, state, local, or private) to carry out a conservation Good Turn in their home communities. Working together in the local community, the unit and the agency plan the details and establish the date, time and location for carrying out the project.

Conservation projects should involve the entire Cub Scout pack - scouts, leaders, and family members. Hands-on projects help Cub Scouts and Webelos Scouts realize that everyone can do things to care for the environment. Cub Scouts and Webelos Scouts participating in the Conservation Good Turn can also meet some advancement requirements.

Ideas for agencies to contact for project ideas:

U.S. Fish and Wildlife Service
U.S. Forest Service
Bureau of Land Management

National Park Service
U.S. Environmental Protection Agency
U.S. Army Corps of Engineers
local City Works department
Audubon Society
Trout Unlimited

Some suggested projects could be:

- ✓ Plant grasses, trees, shrubs, and ground cover to stop soil erosion.
- ✓ As a den or pack, adopt a park and keep it clean.
- ✓ Organize or participate in a recycling program.
- ✓ Participate in a beach or waterfront cleanup. Record the items collected and determine the possible harmful effects to wildlife.
- ✓ Establish a nature trail, plant vegetation, or carry out other needed projects as requested by the camp ranger at a local BSA camp property.

The patch can be worn as a temporary insignia or on the scout's patch vest.

CUB SCOUT WORLD CONSERVATION AWARD

www.uscouts.org



The World Conservation Award is worn on the uniform shirt, centered on the right pocket as a TEMPORARY patch. Only ONE Temporary patch may be worn at a time, but Cub or Webelos Scouts may wear the Progress Through Ranks (Immediate Recognition) or Webelos Compass Points Emblem suspended from the right pocket button in addition to any temporary patch sewn on the pocket.

The World Conservation Award provides an opportunity for individual Cub Scouts (or Boy Scouts, Varsity Scouts, and Venturers) to "think globally" and "act locally" to preserve and improve our environment. This program is designed to make youth members aware that all nations are closely related through natural resources and that we are interdependent with our world environment.

The Cub Scout version of the World Conservation Award can be earned by Wolf or Bear Cub Scouts, and by Webelos Scouts.

This award can be earned only once while you are in Cub Scouting (i.e. as either a Wolf Cub Scout, a Bear Cub Scout, or as a Webelos Scout).

As a **Wolf Cub Scout**, you can earn the Cub Scout World Conservation Award by doing the following:

Complete achievement [#7 - Your Living World](#)

Complete all Arrow Points in 2 of the following 3 Electives:

[#13 - Birds](#)

[#15 - Grow Something](#)

[#19 - Fishing](#)

Participate in a den or pack conservation project in addition to the above

As a **Bear Cub Scout**, you can earn the Cub Scout World Conservation Award by doing the following:

Complete achievement [#5 - SHARING YOUR WORLD WITH WILDLIFE](#)

Complete all requirements in 2 of the following 3 electives:

[#2 - Weather](#)

[#12 - Nature Crafts](#)

[#15 - Water and Soil Conservation](#)

Participate in a den or pack conservation project in addition to the above

As a **Webelos Scout**, you can earn the Cub Scout World Conservation Award by doing the following:

Earn the [Forester activity badge](#).

Earn the [Naturalist activity badge](#).

Earn the [Outdoorsman activity badge](#).

Participate in a den or pack conservation project.

See *Den and Pack activities sections for ideas for Conservation Projects*.

I found out in preparing this issue of Baloo my council has a Conservation Award available for all three levels of Scouts.

I am going to include the requirements for it in my RT edition of Baloo. CD

Maybe your council has an award, too! Check it out.

Boys' Life Reading Contest for 2008



(This is the 2007 patch NOT 2008)

SAY 'YES' TO READING

The 2008 Boys' Life reading contest will be announced in the May 2008 issue of the magazine. Once again, there will be great prizes for the winners and free patches to all who enter. The 2007 winners will also be announced in May.

Checkout the boys' Life website to read the winning essays from 2006

For more details go to www.boyslife.org

Knot of the Month



James E. West Fellowship Award



What is a James E. West Fellowship Award?

The James E. West Fellowship Award is a recognition presented by local councils to individuals who contribute

\$1,000 or more in cash or securities to the local council's Endowment fund. This contribution is in addition to, and should not diminish or replace, the donor's annual gift to the Friends of Scouting Campaign or other council fund raising campaigns.

Who was James E. West?

James E. West was appointed to the position of Chief Scout Executive in 1910 by the founding leadership of Scouting in America. West worked with Sir Robert Baden-Powell, Daniel Carter Beard, Ernest T. Seton, and many interested community leaders to give direction to the infant program of Boy Scouts of America. On January 2, 1911, West and others formed the National Council, B.S.A. Under his leadership over the next 33 years, Scouting grew and matured into the program we recognize and enjoy today.

Who can Become a James E. West Fellow?

Organizations or individuals may contribute an award in honor of someone -- an Eagle Scout, a Silver Beaver recipient, Council, District or unit Scouter, or in memory of a departed loved one. There can be no finer honor paid to a Scouter than to be named a James E. West Fellow, indicating that the nominee is in the same spirit and dedication to Scouting as was James E. West.

How is the James E. West Fellowship Recognized?

The James E. West Fellowship Award is an attractive 8 X 10 inch certificate, personalized with the honorees name, date of gift and presented in a bound leather presentation folder. In addition, there will be a distinctive lapel pin and an embroidered square knot.

GATHERING ACTIVITIES

Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD

Paper Bag Kite

Capital Area Council

- ✓ For this kite, use a brown paper grocery bag with rectangular bottom.
- ✓ Cut a piece of cardboard the same size as the bottom.
- ✓ Cut an oval shape in the center of the cardboard.
- ✓ Using the cardboard as a pattern, cut a matching hole in the bottom of the bag.
- ✓ Punch a hole in each corner of the cardboard piece.
- ✓ Attach a long piece of string to each corner,
- ✓ Glue cardboard to bottom of bag, matching the oval openings.
- ✓ Take all free ends of the string and tie them together, so that all lengths are even. Tie them to the actual kite string, which is already wound around a piece of wood or other kite string holder. Decorate as desired. Have fun kite flying!

Jigsaw Puzzle Ads

Capital Area Council

- ✓ Tear out a full page color picture from a magazine.
- ✓ Paste the picture to a thin sheet of cardboard (or poster stock)
- ✓ Cut up the picture into puzzle pieces.
- ✓ Have at least one puzzle per scout.
- ✓ As each scout arrives, hand him one to put together.
- ✓ If time permits, let the scouts exchange puzzles.

RECYCLING FUN!

San Joaquin (CA) Solid Waste Authority

<http://www.sjgov.org/solidwaste>

A	B	C	E	R	S	R	E	R	L	I	W	T	C	E	O	T	Q	V	O
R	E	C	Y	C	L	E	X	U	Q	L	O	K	O	L	L	E	H	B	M
G	B	E	Y	A	Z	U	Y	N	C	Z	O	P	S	C	T	A	L	M	E
O	F	F	I	T	R	S	M	R	O	W	D	P	A	P	E	R	A	N	G
O	U	T	C	P	R	E	D	U	C	E	A	T	N	A	H	P	E	L	E
G	N	L	G	D	O	B	C	Y	L	S	A	V	E	A	A	B	A	V	P
H	G	U	A	L	J	O	Y	Y	K	B	M	I	A	K	L	S	T	U	A
E	M	U	N	I	M	U	L	A	C	M	O	C	I	T	S	A	L	P	C
L	A	U	G	H	I	N	G	E	X	L	W	Y	V	N	H	J	P	T	K
I	C	P	O	T	R	E	P	U	H	S	I	N	U	F	R	E	U	S	A
T	O	L	I	O	R	O	T	O	M	T	O	N	T	J	E	L	L	O	G
S	R	E	C	Y	J	W	O	D	C	J	E	K	G	A	U	L	C	P	I
E	C	O	N	C	R	E	T	E	T	O	L	S	B	C	Z	Y	A	M	N
R	E	F	U	N	D	V	A	L	U	E	F	F	O	D	E	Q	D	O	G
I	T	R	C	N	O	C	F	R	O	P	M	O	C	L	R	N	O	C	O
T	Y	R	E	D	E	D	I	S	E	L	B	U	O	D	C	S	T	G	R
I	S	C	R	A	P	M	E	T	A	L	Y	P	P	A	H	Q	T	E	A
S	D	N	U	O	P	G	R	A	S	S	C	Y	C	L	E	Y	C	A	R

Find the following words in the word search. Words may be vertical, horizontal, or diagonal.

- | | | |
|------------------|----------------|-------------|
| ALUMINUM | RECYCLE | WORMS |
| REUSE | CLOSE THE LOOP | SCRAP METAL |
| GLASS | PAPER | CONCRETE |
| RECYCLING CENTER | | TIRES |
| MOTOR OIL | COMPOST | PLASTIC |
| REDUCE | DOUBLE-SIDED | GRASSCYCLE |
| WOOD | REFUND VALUE | FUN |
| SAVE | PACKAGING | |

There are lots of recycling word searches out on the web. Just Google "recycling word search" I chose this one because it was put up by a government group. CD

Recycling Activities

www.energyquest.ca.gov

The crossword and maze below are just two activities from a tremendous 26 page booklet you can download at www.energyquest.ca.gov/saving_energy/RECYCLINGFactsGamesCrafts02.PDF -

Glass Maze

Find your way through the maze on the last page and collect the glass containers. These items are all made from recycled glass. Which of these items can you take to the recycling center and redeem for money?? What other ways can you reuse your glass containers??

Why Recycle??

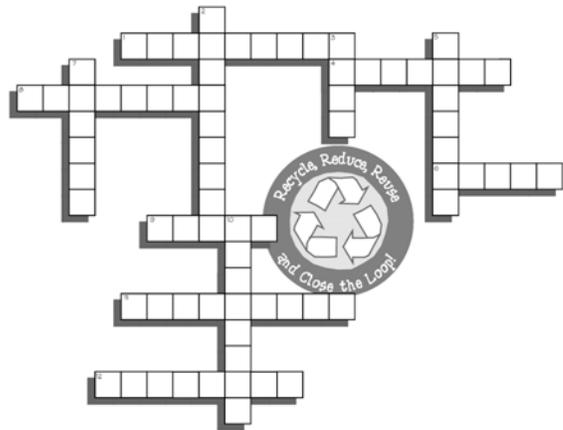
Recycling helps us preserve our environment and keeps garbage out of our landfills. There are also a lot of other reasons to recycle. Complete the crossword to find out why we should recycle.

Across

1. Recycling saves natural _____
4. Recycling instead of littering, protects _____
6. never wears out, it can be recycled forever.
8. Recycling helps keep fewer materials from going to the _____. Many are already full which means we need to find new places to put garbage.
9. You can earn _____ by turning in your beverage containers at the recycling center.
11. Recycling lets us reuse _____ instead of having to get more from the Earth all over again.
12. It takes 20 times more energy to make an _____ can from new materials than from recycled materials.

Down

2. Reccycling creates less _____ in the air
3. If we create less garbage. Our communities can _____ landfill space
5. Taking things that would be _____ and reusing them is a great way to help save the Earth.
7. It takes less _____ to make a new product from recycled materials than it does from raw materials.
10. _____ must recycle in order to make the world a better place.



Use these words

- | | | |
|-----------|-----------|----------|
| aluminum | money | garbage |
| energy | landfill | animals |
| resources | materials | everyone |
| pollution | save | glass |

OPENING CEREMONIES

C-U-B-S

*Capital Area Council &
Sam Houston Area Council*

Personnel: 4 Cubs

Equipment: Prepare posters that reflect the messages presented with the letters C U B S on the front with an appropriate picture. Have the parts on the back in LARGE print..

Setting: The boys stand in front of the Pack and recite their lines:

Cub # 1: C stands for "Cut Back". Reduce the amount of trash and waste you make.

Cub # 2: U stands for "Use". Use and Reuse things again and again instead of throwing them away.

Cub # 3: B stands for "Be Sure". Be sure to recycle whatever you can instead of throwing it in the trash.

Cub # 4: S stands for "Save" together we can save our planet from too much pollution.

Litter to Glitter Opening

Commissioner Dave's files

Materials

Seven placards – one each for the letters in LITTER. Each should have one letter and a picture of a piece of litter on front and the text on back in LARGE print. One placard with a large G done in glitter on front and the text on back in LARGE print.

Personnel

Seven Cub Scouts and a Leader

Ceremony

First six Cubs line up in front of room spelling out Litter

Cub # 1: (*Holding L*) Let's all

Cub # 2: (*Holding I*) Invest our

Cub # 3: (*Holding T*) Time and

Cub # 4: (*Holding T*) Talents to

Cub # 5: (*Holding E*) Embellish, Enhance and

Cub # 6: (*Holding R*) Recycle and Reuse

Leader: (*From the side*) And then what will happen?

Cub # 7: (*Enters with the letter G and stands before the L*)
We will turn Litter into Glitter

BEAUTIFUL AMERICA

Set Up - Seven Cub Scouts boys line up, each holding a card with one of the letters printed on the front (an appropriate picture would look good , too) and their part in LARGE letters on the back.

Cub #1: A - America abounds in beautiful sights;

Cub #2: M - Making it beautiful is one of our rights.

Cub #3: E - Each of us is proud of our U.S.A.,

Cub #4: R - Rolling hills and lakes in which we can play.

Cub #5: I - Instead of littering and spoiling our land,

Cub #6: C - Crusade to keep America beautiful and grand,

Cub #7: A - And then we can always be proud of our land.

Cub #8: (or Cubmaster or Den Leader) Please join us in the Pledge of Allegiance.

Allegiance to the Outdoors

Great Salt Lake Council

CM: We are coming up on the time of the year when we start using the outdoors more and more whether we are hiking the trails of America or just going to the park. Each of us, as Cub Scouts, owes an allegiance to the outdoors just as we do our flag. Each Cub Scout should know and understand the outdoor code.

Cub #1: As an American, I will do my best to be clean in my outdoor habits;

Cub #2: That means, I will keep my trash and garbage out of America's waters, fields, woods and roadways.

Cub #3: Be careful with fire:

Cub #4: That means, I will build my fire in a safe place and be sure it is out before I leave.

Cub #5: Be considerate of the outdoors:

Cub #6: That means, I will remember that the use of the outdoors is a privilege I can lose by abuse.

Cub #7: And be conservation minded:

Cub #8: That means, I will learn to practice good conservation of soil, waters, forests, minerals, grasslands, and wildlife and I will urge others to do the same.

CM: Please join with me in the Pledge of Allegiance

Explore Your Neighborhood

Capital Area Council

Set Up:

Five Cub Scouts come on stage in turn and recite one verse Each Cub should have a prop that represents what his verse is about. Words could be on back of prop or a card in LARGE print.

Cub # 1: *Newspaper Boy:*
I am your paperboy
I deliver the news
Freedom of press
Has different views.

Cub # 2: *Postman*
I am the postman
I deliver with dash
That Boy's Life issue
That's really a smash.

Cub # 3: *School Crossing Guard*
Safety is my job
I am the school guard
You cross the street safely
To the other yard.

Cub # 4: *Speed Limit Sign*
I am the sign-
That saves a lot of lives
Everyone obeys me
Without any jive.

Cub # 5: *Trash:*
I am the litter
That makes everyone bitter
Let's clean it up
So life will glitter.

CM Our neighborhood is an important part of the country in which we live. Let us all now stand and pledge allegiance to our country.

AUDIENCE PARTICIPATIONS

The Litter Bug

Capital Area Council

Divide audience into four groups.

Assign each group a word and a response.

Practice as you make assignments.

Paper	Crackle, crackle
Cans	Clatter, clatter
Trash	Dump, dump
Litter Bug	Toss and Throw

God put bugs in this world for many reasons. He made them to live in every kind of season. But the pesky **Litter Bug**, with his **Paper** and **Cans** was made through neglected **Trash** by the foolish man. To keep our land beautiful, get rid of that **Litter Bug**. So beach goes can again lounge on a clean, sand rug. Because of this pest, we must walk around in **Paper** and **Cans** and **Trash** on the ground.

Just who are the **Litter Bugs** who mess up our land? Do you really ever see them toss that **Paper** or **Can**? And in dumping his **Trash** he is very sly. So most of the time it just appears there, as if it had dropped right out of thin air.

Could it be we are so used to throwing things there, that we dump **Paper** and **Cans** without being aware? Without even thinking when we toss **Trash** and waste. We could be a **Litter Bug** in all of our haste.

So when you unwrap that gum or candy, don't throw down the **Paper** just because it is handy. Next time stop and think when it's pop **Cans** you toss, 'cause if you're a **Litter Bug** it's also your loss if every single person would take note of his habit that pesky **Litter Bug** we could certainly nab it. Then that terrible bug we could surely stamp it out, with no more **Paper** or **Cans** or **Trash** about to keep our land beautiful we must all do our part, by taking care of our **Trash** properly from the start.

ADVANCEMENT CEREMONIES

Litter to Glitter (or Reduce, Reuse, Recycle)

Capital Area Council

Adapted from a ceremony by Circle Ten Council

Although not specified here, you may wish to break this ceremony up and assign different parts to appropriate Den Leaders or other Leaders

Narrator (Cubmaster) - This month our Cub Scouts have been learning about their environment and how to be part of the solution to pollution rather than contributors to the problem. They have learned to re-use, reduce, and recycle products in their home by making "Litter to Glitter Projects and learned to think about the "second life" of items we often throw away. Tonight we honor some of those service minded Scouts who have completed requirements for their rank advancements.

The Bobcat Trail is the beginning of the Cub Scout adventure. The boys attaining this rank have just begun to learn the meaning of service to others as they learned the

Cub Scout Promise and Law of the Pack. (*Call boys and parents forward.*)

In attaining the rank of Wolf, boys learn about our "Living World" and how to protect it. They have made observations about how their neighborhoods get dirty, then gone into action to help be part of the solution to the problem. (*Call boys and parents forward.*)

The Big Bear Trail is full of choices, and some of those choices deal with "Taking Care of Your Planet" and "Sharing Your World With Wildlife." Boys attaining this rank have learned something of the interdependence of life on Planet Earth, that all living things need each other. (*Call boys and parents forward.*)

Learning the Outdoor Code is one of the requirements for attaining the Webelos Rank. In preparing for Boy Scouts, these boys will be spending more and more time outdoors, and their conduct toward the environment could impact generations to come. (*Call boys and parents forward.*)

The outdoor program is an important part of the Scouting movement. Be a leader in your school, your home, and your neighborhood to preserve this precious environment for our future and always think, "Litter to Glitter" before you throw something away.

RECYCLE LITTER INTO GLITTER

An Arrow of Light Ceremony

Scouter Jim

Great Salt Lake Council

Props:

Garbage bag or recycling container to put:

- ✓ boy's 4-6 surprise items obtained about Cub(s) ahead of time,
- ✓ Webelos book,
- ✓ picture, emblem, or colors for Arrow of Light award,
- ✓ three papers.

Apparel needed for a person to dress up as a garbage collector.

Ceremony:

The garbage collector comes in from the back very excited because he has some new litter that he wants to recycle and show everyone. He knows it will be useful and that it will "glitter."

First, he pulls out the Webelos book and wonders if that can be recycled into "glitter?" The Cubmaster then reviews the requirements for the Arrow of Light. Then the garbage collector pulls out the Arrow of Light item and wonders about it. The Cubmaster then reviews the meaning of the Arrow of Light because it definitely will "glitter."

The garbage collector pulls out, unwraps the display items for the Cub Scout and the Cubmaster describes their importance. The garbage collector is very excited about the way his garbage has been recycled to something that "glitters."

Oh, wait a minute; there are three more papers in the garbage bag. Each paper can pretend to be read by the Webelos den leader, parents, and boy as they relate an activity/service that the boy did to earn the Arrow of Light. The Cub Scout quotes either the Scout Oath or Law.

Cubmaster then shows the Arrow of Light award. The Cub Scout then gives the pin to his mother, after which, the Father can present the award with the Cub Scout or Scout handshake. The Cub Scout leads everyone in his favorite cheer!

RECYCLE, RECYCLE, RECYCLE

Sam Houston Area Council

Set Up -

Make award cards out of recycled paper or card stock. Print the recycle logo on the award card along with the boy's name.

Hang all the award cards on a display board divided into "Paper" "Plastic" "Cans" "Glass" and "Electronics."

Place all of the Bobcats, Tigers, Wolves, Bears, and Webelos under separate headings.

Ceremony -

Talk about the need to recycle the items we use and how manufacturers use the products we recycle to make other useful products. When we recycle, we conserve natural resources like trees and water. As each boy and his parents are called up, let him know that he is a resource that can be recycled, in a manner of speaking, because the things he learns as he advances in Scouting will be and should be used over and over in his life.

Explanation Advancement Ceremony for all Ranks

Capital Area Council

This ceremony is not theme related but you may want to use it sometime when you can't find a theme-related advancement ceremony that you like.

CM: Have you ever wondered why most of the ranks in Cub Scouting are named tier animals? Think about the animals Bobcat, Wolf and Bear for a moment. What images come to mind? The Bobcat is a little smaller than most of his cousins in the wildcat family, but his features, especially his ever-alert ears, make him very distinctive and his movements are sleek and swift. We have several Bobcat Cubs here tonight who swiftly tracked the seven steps of what it takes to be a Cub Scout. Would the following boys and their parents please come forward? (Call the names of the boys who are to be awarded the Bobcat rank)

Wolf DL: The Wolf is a very intelligent animal and is known for his loyalty to the pack. He is quick to defend his territory much like a Cub Scout who is quick to stand up for what he believes is right. Would the following boys and their parents please come forward to accept the rank of wolf? (Call the names of the Cubs advancing.)

Bear DL: The Bear is one of the largest animals on our continent and for that reason is often feared, his strength is legendary and his senses are keen, but if you watch him closely you will probably see he has a sense of humor and likes to play. He also knows how to plan ahead as we see in his preparations for winter. We have some Cubs here tonight who have proven their strength and sharpened their senses and are now ready to be awarded the Rank of Bear. Would the following boys and their parents please come forward? (Call the names of the boys who are to be awarded the Rank of Bear.)

Webelos DL: The Webelos rank may not be named after an animal, but it does stand for something special. Who can tell

me what Webelos means? (Pause for response.) Right! **WE'll BE LOyal Scouts.** Part of being a Scout is being a friend to animals--a protector of their homes and their right to survive. Webelos are apprentice outdoorsmen, foresters and naturalists and they are learning what it means to be a Boy Scout. Would the following boys and their parents please come forward to be awarded the Rank of Webelos? (Call the names of the new Webelos.)

Webelos DL: Boys who have attained the Arrow of Light have made a commitment to live their lives by the Scout Oath. This commitment makes them the living of the Forest, the Ruler of the Roost, and the Leader of the Pack. Would the following candidates and their parents please come forward for the presentation of the Arrow of Light awards. (Call the names of the boys who are to be presented their Arrows of Light.)

SONGS

This Litter Piece of Mine

Commissioner Dave's Files

Tune: This Little Light of Mine

This song is in the CS RT Planning Guide for this month but here are a few more verses. CD

Chorus

This old piece of litter, I'm gonna make it glitter
This old piece of litter, I'm gonna make it glitter
This old piece of litter, I'm gonna make it glitter
Cubs reduce – recycle – and reuse

Throw it in the big trash can

No! I'm gonna reduce waste!

Take it down the landfill

No! I'm gonna recycle!

Leave it on the road side

No! I'm gonna reuse it!

Cubs reduce – recycle – and reuse

Chorus

Build hovercrafts from old CDs
Yes, we're gonna reduce waste
Make spring flowers from egg crates
Yes, we're gonna recycle!

Make a game from detergent jugs

Yes, we're gonna reuse it!

Cubs reduce – recycle – and reuse

Chorus

Make puppets from old paper bags
Yes, we're gonna reduce waste!
Build bird houses from scraps of wood
Yes, we're gonna recycle!

Whirligigs from soda bottles

Yes, we're gonna reuse it

Cubs reduce – recycle – and reuse

Chorus

Litterbugs Beware
Capital Area Council
 Tune: Auld Lang Syne

We are the folks who hunt the bugs,
 That litter up our streets,
 With papers, bottles, old tin cans,
 And wrappers off their sweets.

Chorus:

No litterbugs, No litterbugs,
 No Litterbugs for us.
 Let's start today to do our share.
 No litterbugs for us.

We want to keep our playground clean,
 Without a lot of fuss,
 Let's start today to do our share.
 No litterbugs for us.

Recycle Song
Capital Area Council

Tune of "Row, Row, Row Your Boat."

Pick, pick, pick it up
 Put it in a can,
 Please don't litter, it makes us bitter
 Don't dirty up our land.
 Re, re, recycle
 Paper, plastic and glass
 We're the solution, to stop pollution
 It will be a blast!

What Shall We Do With a Litter Dropper?

Capital Area Council

Tune: What Do We Do With a Drunken Sailor

What shall we do with a litter dropper
 What shall we do with a litter dropper
 What shall we do with a litter dropper
 Early in the morning?
 Put them in the bin, let the garbage truck take them (*say 3X*)
 Early in the morning.

What shall we do with the bottle smashers
 What shall we do with the bottle smashers
 What shall we do with the bottle smashers
 Early in the morning?
 Let the recycling truck take them (*say 3 X*)
 Early in the morning.

What shall we do with the tin can tossers
 What shall we do with the tin can tossers
 What shall we do with the tin can tossers
 Early in the morning?
 Put them in the bin, let the garbage truck take them (*say 3X*)
 Early in the morning.

What shall we do if they take no notice
 What shall we do if they take no notice
 What shall we do if they take no notice
 Early in the morning?
 Pitch right in and stop all littering, etc. (*say 3X*)
 Early in the morning.

Picking Up Litter
Capital Area Council

Tune: *I've Been Working On The Railroad*

I've been picking up the litter,
 All the live long day;
 I've been picking up the litter,
 Just to have a place to play.
 Can't you see the littler basket,
 Sitting on the sidewalk there?
 Every little bit will help us, If you just show you care.
 Won't you pick it up? Won't you pick it up?
 Won't you pick it up today?
 Help us clean it up. Help us clean it up.
 Help to clean the U.S.A.!

Bring Back a Clean World

Capital Area Council & Sam Houston Area Council

Tune: My Bonnie Lies Over the Ocean

My Roundtable staff knows there is a ban on "My Bonnie" songs but I think we will give this one an exemption CD

The litter blows over the highway,
 The litter blows over the park,
 Unless we do something about it,
 The world will be litterly dark.

Chorus –

Pick up, pick up,
 Oh, pick up the litter you see, you see.
 Pick up, pick up,
 Oh, pick up the litter you see.

The cars that drive over the highway,
 Are spewing exhaust in the air,
 We're leading our world in extinction,
 And yet just don't seem to care.

Chorus –

God gave us clean air for our breathing
 But we just don't keep it that way,
 Instead we pollute it from smokestacks
 And breathe in the garbage each day.

New Chorus –

Bring back, bring back,
 Bring back a clean world to me, to me.
 Bring back, bring back,
 bring back a clean world to me.

Recycle Song

Sam Houston Area Council

(Tune: This Old Man)

Newspaper, magazine,
 Make recycling your routine

Chorus

We should all recycle
 To give the earth a chance.
 We want to save this great expanse.

Plastics lids, milk jugs, too,
 Recycle bin's the place for you.

Chorus

No soda cans in the trash,
 You can turn them in for cash.

Chorus

Trash Rap*Sam Houston Area Council*

(Chant to a rap beat.)

We're Pack _____, comin' on through
 Recycling trash and we're doing it for you!
 We don't claim to have the whole solution.
 We're just trying to stop some more pollution!
 We pick up the trash and pick up the litter.
 We tell our parents and the baby-sitter:
 "Garbage is a mess, it makes the world dirty
 If we keep this up, by the time we're thirty,
 We'll be sitting on piles of non-decaying plastic,
 Disposable diapers and pieces of elastic,
 Broken glass and old tin cans;
 Clean up the world! That's the name of this plan."
 We don't claim to have the whole solution,
 We're just trying to stop some more pollution!
 The water is filthy; it's not fit to drink
 And the air around us, it really stinks!
 We have to start now to clean up our act
 Or we're gonna kill the Earth and that's a fact!
 The government is working to pass some legislation,
 To make the Earth fit for future generations.
 But, you'll agree that it's not enough
 It's up to us and we've got to be tough!
 We're Pack _____, comin' on through
 Recycling trash and we're doing it for you!
 We don't claim to have the whole solution
 We're just trying to stop some more pollution!

Make It Better*Sam Houston Area Council*

(Tune: "Frère Jacques")

We are looking, we are looking,
 Around our world, yes we are.
 Trying to make it better.
 Trying to make it better.
 For everyone - everyone.

STUNTS AND APPLAUSES**APPLAUSES & CHEERS***Capital Area Council*

Clean Air: Take a big sniff of air, exhale and say
 "AHHHHHHHHHHHHHHHHH!"

Garbage Bag: In a deep voice say, "Hefty! Hefty! Hefty!"

Give A Hoot: Divide the audience into two sections. Have one section yell, "Give A Hoot!" and the other section yell, "Don't Pollute!" Alternate pointing at each section, pointing faster and faster.

Noise Pollution: Raise hands and have everyone yell as loudly as they can. Lower hands and volume of yells go down. When hands are on floor, everyone must be extremely quiet. Do several times – raise and lower volume. Then, with hands on floor ask the Pack to listen to absolute quiet.

Reduce, Reuse, Recycle: Divide the audience into three sections. Have the first section yell, "Reduce!", the second section yell, "Reuse!", and the third section yell, "Recycle!" Alternate pointing at each section, pointing faster and faster.

Spring Applause Spring up and down and go "boing, boing, boing".

*Sam Houston Area Council***Litterbug Applause**

"Crackle, clatter, dump" (repeat 3 times.)

"Don't be a litterbug. Pick them up!"

Recycle Cheer

Use it up, wear it out, make it do, or do without!

RUN-ONS*Great Salt Lake Council*

Scout 1: Why do people preserve more vegetables than they used to?

Scout 2: Because now they can!

Scout 1: Do you ever file your nails?

Scout 2: Nah. After I trim them I throw them away.

Scout 1: Can you tell me an example of wasted energy?

Scout 2: Yes, Sir. Telling a hair raising tale to a bald man.

Scout 1: How can you make a coat last?

Scout 2: Make the pants and vest first.

Scout 1: Why did the little boy bury his flashlight?

Scout 2: Because the batteries were dead.

*Capital Area Council***How does a Cub Scout conserve his mind?**

He lets everything in one ear and out the other!

JOKES & RIDDLES*Sam Houston Area Council***Covered With Dirt**

Cub #1: What is blue and gold and covered with dirt?

Cub #2: A Cub Scout who has gone back to nature.

Crude Oil

Cub #1: What is the first thing you should do with a barrel of crude oil?

Cub #2: Teach it some manners!

Ocean

Cub #1: How can you tell the ocean is friendly?

Cub #2: It waves.

Tide

Cub #1: Why doesn't the sea spill over the earth?

Cub #2: Because it's "tide"!

Light Bulb

Cub #1: What did the light bulb say when it was turned off?

Cub #2: I am delighted!

Climate

Teacher: Please give me the definition of climate.

Student: That's what a kid does when he sees a tree!

SKITS

Turn Litter to Glitter Contest

Baloo's Archives

Materials: Litter piece mentioned by each boy. Comb and mirror for sixth Cub and a large box marked "TRASH!".

Personnel: Six Cubs in uniform.

Five Cubs are on floor playing when the Cub #1 rushes in.

Cub #1: (Runs in, very excited) Hey, you guys! Did you hear about the big contest?

Cub #2: What contest? What's it about?

Cub #1: The "Keep America Beautiful turn Litter to Glitter" Contest, that's what!

Cub #3: Are there prizes? A contest is no good without prizes.

Cub #1: Sure, lots of prizes. Neat ones like bicycles and CD players, and lots of other good stuff!

Cub #4: (Gloomily) I bet it's hard. Contests with neat prizes are always hard.

Cub #1: Nope! It's easy. Even the rules say it's SIMPLE – in big letters. The winner is the person who picks the easiest way.

Cub #5: The easiest way to do what?

Cub #1: The easiest way to Keep America Beautiful using Litter. That's what I've been talking about!

Cub #2: I'm going to turn this soda bottle into a whirligig!

Cub #3: I'm going to make a papier-mâché statue out of these newspapers

Cub #4: I'll turn these old CDs into an aquarium of fish!

Cub #5: I can create a whole army from this cardboard!

Cub #6: (With a swagger) Ha! I'm a cinch to win!

Cub #1: Why's it so cinchy for you? What's your great way to Keep America Beautiful using litter?

Cub #6: See this mirror I found on our clean up? (Takes a comb out of his pocket, holds up the mirror, and combs his hair) See! That's the easiest way I know to keep America beautiful using litter!

The other Cubs look at him and each other. Quickly they surround and drag him to a large box marked "TRASH" and dump him in. They exit, laughing while Cub #6 stands up in the trash box with a disgusted look on his face.

Litter Hurts

Capital Area Council

This is almost on gray side but if played right will be very funny. Play up the one scene Keystone Kops style. CD

A Scout comes out and begins talking about low impact camping and the importance of preserving nature. As he walks around, he sees a pieces of litter and picks them up. He complains about the thoughtlessness of those who litter. (*First Scout exits*)

Next a Scout enters and drops lots of litter in his path. Other Scouts rush the littering Scout and pretend to beat him up. (*Ham this part up without harming the littering Scout*)

Finally they pick up the littering Scout and ask him if he has learned anything from this experience?

He answers painfully: "I learned that every litter bit hurts!" (*Exit with Scouts assisting the scout who had been littering.*)

Three R's For Planet Earth

Sam Houston Area Council

This can be done with four Cubs as shown or 8, or 12 or 16 or any number you have. Just divvy up the parts. CD

Cub #1: Gimme an R for REDUCE!

Cub #2: Walk or ride a bicycle when you can.

Cub #3: Turn off the light you when you leave a room.

Cub #4: Before you buy something, ask yourself if you really need it.

Cub #1: Gimme an R for REUSE!

Cub #2: Use a cloth towel, instead of a paper towel.

Cub #3: Donate old toys to a thrift shop or a homeless shelter.

Cub #4: Use an empty milk carton for a bird feeder.

Cub #1: Gimme an R for RECYCLE!

Cub #2: It takes less water to make newsprint from old newspapers than from trees.

Cub #3: Every time you recycle a soda can, you save enough energy to run a TV for three hours!

Cub #4: Recycled plastic is used to make toys and filling for sleeping bags.

Cub #1: Reduce what you use.

Cub #2: Reuse what you can.

Cub #3: Recycle the rest.

Cub #4: Three Rs for Planet Earth!

The Recycle Machine

Capital Area Council

Personnel: 4 Cubs. In addition, another is hidden inside the machine.

Equipment: Large box made to look like, a recycle machine: other items mentioned.

Jack: Hey look, guys, a recycle machine!

Jim: Let's try it out! (Turns switch on)

Bob: Let's see what it does with this rusty, old pocketknife. (Drops it into machine. Machine makes noise and shakes, then out comes a new, shiny pocketknife.)

All: Wow, it works Fantastic!

Tom: Maybe it can recycle this old, torn handkerchief. (Drops it in and the machine shakes and rattles and turns out a new hanky.)

Jim: That's really great! Here, machine, here's an old, broken pencil for you. Drops it in and the machine performs giving out a new one.)

Bob: It's your turn. Jack.

Jack: I wonder how this things works. (Steps up, peers inside, and the machine pulls him in.)

Jack: Help!

Others: Oh no! What should we do? (All look worried)

The machine finally makes a very loud noise and out pops Jack. A sign on him reads REJECT.)

Tom: Look! He has a sign around his neck. It says 'REJECT'. A Cub Scout's spirit is too strong and durable to ever be worn out.

Jack: Remember, to help save our American resources, follow this motto

All: **Reduce, Reuse, Recycle!**

Use it up, wear it out, make it do, or do without!

CLOSING CEREMONIES

Declaration Of Dependence On Nature

Sam Houston Area Council

Personnel: Seven Cubs

Props : Seven Lit candles

Scene: Lower or turn out room lights. Each Cub says his line then blows out a candle.

Ceremony:

Cub #1: I am part of nature.

Cub #2: I have an effect on everything that lives.

Cub #3: I am bound together with all living things in the air, in the land, and in the water.

Cub #4: My life depends upon nature, upon its balance, upon its resources and upon the continuity of both.

Cub #5: To destroy nature is to destroy myself.

Cub #6: As a member of the human race, I am responsible for its survival.

Cub #7: I am a part of nature, and I will not destroy it, for if I do, my world will be a darker place.

G-A-R-B-A-G-E Closing

Sam Houston Area Council

Personnel- Seven Cub Scouts each with large cards with the letters G, A, R, B, A, G, E on front and their parts in LARGE print on back.

Scene - Each boy reads the line after the letter

Cub #1: **G** - Great mounds of trash,

Cub #2: **A** - All heaped up high,

Cub #3: **R** - Ruin the beauty of Earth.

Cub #4: **B** - Be aware of recycling.

Cub #5: **A** - All of us count.

Cub #6: **G** - Get started today.

Cub #7: **E** - Earth is ours to care for.

Country Closing

Sam Houston Area Council

Personnel- Five Cub Scouts who have practiced their parts. Maybe have a leader in back to help them out.

Scene - As each boys says his part, he points, grabs or some how indicates on his body the part he is talking about

Cub #1: This is my country. I will use my eyes to see the beauty of this land.

Cub #2: I will use my ears to hear its pleasant sounds.

Cub #3: I will use my mind to think what I can do to make it more beautiful.

Cub #4: I will use my hands to preserve and care for it.

Cub #5: And with my heart, I will honor it.

Outdoor Code Closing

Capital Area Council

Ensure everyone has a copy of the Outdoor Code. Print it in your Pack Show program or get the pocket cards for everyone or create a large poster for the front of the room. Have the Leader start the pledge, then have pack members read the parts and leader respond with the meaning.

Leader: As a citizen of the United States,

Pack: I will do my best to be clean in my outdoor manners.

Leader: I will treat the outdoors as a heritage to be improved for our greater enjoyment. I will keep trash and garbage out of my country's waters, fields, woods, and roadways.

Pack: Be careful with fire.

Leader: I will prevent wildfire. I will build my fire in a safe place and be sure it is out before I leave.

Pack: Be considerate in the outdoors.

Leader: I will treat public and private property with respect. I will remember that use of the outdoors is a privilege I can lose by abuse.

Pack: Be conservation minded.

Leader: I will learn how to practice good conservation of soil, water, forests, minerals, grasslands, and wilderness, and I will urge others to do the same. I will use sportsmanlike methods in my outdoor activities.

Nature And The Good Visitor

Capital Area Council

Comm Ch: Our pack meeting tonight brought us all together to think about nature. We can enjoy the great outdoors but we must think of others who will follow us. Wherever you go in the great wide world of nature, try to be a "good" visitor who will leave the plants and the creatures for others to enjoy after you leave.

Cub # 1: The only shots I took were snapshots.

Cub # 2: I tried to walk on pathways to keep off plants.

Cub # 3: When I see animals or birds, I try to remember that I am a guest in their living place and I don't do anything to them but look at them.

Cub # 4: The one big thing I always do when I am ready to go home is to look and see that all fires are out in nature's backyard.

Cubmaster: With Cubs and Webelos like you to help keep our friends on the ball, I'm sure that the beauties of nature will be around for years to come. Thanks Cubs, Good night.

Cubmaster's Minutes

RECYCLING

Sam Houston Area Council

Materials: 2 foot strip of paper about 2" wide (needs to be big enough to see), tape, marker, scissors, large picture/drawing of recycling logo, several products with recycling labels on them

[While the Cubmaster talks, he/she will be building a möbius strip.]

Cubmaster: I have with me today this long strip of paper. *[Picks up paper]*

I'm going to attach the ends here with tape *[Put the ends of the paper together forming a loop, but before taping, twist one of the ends - now tape]*

I now have a loop that has only one side. *[Ask a Cub Scout from the audience to come up].* My Cub Scout volunteer will show us. He's going to draw a line down the middle of our loop and won't have to pick up his pen. *[Cub Scout begins to*

draw the line, Cubmaster helping if needed]. [Thank the Cub Scout and ask him to sit down]

This is a special loop that goes on and on and on and as you follow the side around – you just can't figure it out how that happened *[On a hard surface, shape the loop into a triangle (this will crease parts of it, but that's OK).]*

[Hold up the triangle]. How many of you have seen something like this before? *[Parents may answer – and some boys may too – that it looks like the recycling logo.]*



[If no answer comes immediately, hold up the picture of recycling logo]. Just as this loop, called a möbius strip, has no end, the same is true of recycling. *[Ask them if they know what recycle means]* The symbol reminds us that the materials and resources that we use everyday can be recycled. This means that rather than use them just once and throw them away, we find other uses for these materials. Sometimes we are able to use them for something else at home. Can anyone tell me about something they use again at home instead of throwing it away?

If you can't use it again at home you can recycle it by saving it in a particular container and giving it to a business that can use it again. Often they are able to use the recycled material to make something else. Can anyone tell me an item that you save so it can be made into something else?

So recycling means that we try to use something in some way so it never has to be thrown away and then used again and then they can be recycled again... and we hope that we can continue going on and on and on. It was a möbius strip that was the inspiration for the recycling logo that we have today and it is used all over the world.

It is difficult to break that unity of recycling... *[use scissors to cut the möbius strip along the line]* because it just keeps getting bigger. *[As you cut the möbius strip, you will now have not two strips, but a bigger strip].*

Recycling means we try to keep the cycle going. Let's do our part to start recycling all that we can today.

This Apple Is The Whole World

Capital Area Council

PROPS: Apple, Pocketknife, Table

*Because this ceremony involves the use of a pocketknife, an adult should handle this.

CUBMASTER: Earth Day comes in April and it reminds us to be careful with our home planet. There is also an old song about April showers bring May flowers. Together, these remind me of how precious and valuable water is, and how important it is to use it wisely. I

Imagine that this apple is the whole world. Three quarters of the world is covered with water, and only one quarter is covered by land. (Cut one-fourth section off of apple and place it down on the table.)

Out of the three quarters covered in water, only about three percent is fresh water and the rest is salt water, mostly in the oceans. (Cuts off thin sliver from apple, and places larger piece down on the table. Holds the thin sliver up for all to see).

Of this 3% slice, about two-thirds of that is generally not available. Most of that is frozen in the North Pole and South Pole, and other hard to reach places. (Cuts off two thirds of the thin sliver and puts larger piece down).

Only this thin sliver is left. All the fresh water that is available to life on the land's surface. This is all the fresh water we have. What would happen to us if we ruin this thin sliver by pollution? (Eats thin sliver in one bite).

We would be gone just like that. Be careful with the world. We need to save it for all these young people here tonight.

Nature Closing

Capital Area Council

Wood and water, wind and tree,
Wisdom, strength, and courtesy,
Scouting favor go with thee.

Conservation Closing

Capital Area Council

Cubmaster *(holds picture of outdoor scene):* All of this great and beautiful America is ours to enjoy. Surely we want to preserve it for the thousands of boys who will come after us. Let us stand and repeat in unison a pledge that will remind us to conserve these wonderful things for those who follow us. Please repeat the outdoor code with me.

OUTDOOR CODE:

As an American, I will do my best to:
Be clean in my outdoor manners,
Be careful with fire,
Be considerate in the outdoors,
And be conservation minded.

THEME RELATED STUFF

START TO RECYCLE

Sam Houston Area Council

Sort materials, rinse containers, and store in a safe, dry place. It's easy. With a little practice, it takes less than five minutes a day. Sort your materials and rinse any leftover contents from containers so your items won't begin to smell bad or attract ants and bees. Here is how the City of Houston wants you to sort materials and get them ready to recycle.

- Newspapers: place in paper bags, stack and store.
- Cans: empty, rinse and store.
- Plastic containers: empty, rinse, flatten and store.
- Glass containers: empty and rinse. Separate by color - clear, brown, and green. Store unbroken.
- Motor oil: drain and store in a sealed container.

Did You Know?*Capital Area Council*

We need to be aware of our environment and what we can do to help preserve our natural resources.

This is an excellent month to work on the World Conservation Award.

Can You Believe?

1. Each person in the United States throws out about four pounds of garbage every day.
2. New York City alone throws out enough garbage each day to fill the Empire State building.
3. In one day, Americans get rid of 20,000 cars and 4,000 trucks and buses.
4. Fourteen billion pounds of trash is dumped into ocean every year.
5. Forty-three thousand tons of food is thrown out in the United States each day.
6. Each hour, people in the United States use two and a half million plastic bottles.
7. People in the United States throw out about 200 million tires every year.
8. All the people in the United States make enough garbage each day to fill 100,000 garbage trucks.
9. In only one day, people in the United States toss 15,000 tons of packing material.
10. It takes 90 percent less energy to recycle an aluminum can than to make a new one.
11. Sixty-five billion aluminum soda cans are used each year.
12. The energy saved by recycling a glass bottle instead of making a new one would light a light bulb for four hours.
13. Every ton of paper that is recycled saves seventeen trees.
14. Only about one-tenth of all solid garbage in the United States gets recycled.

What You Can Do!*Capital Area Council &
Sam Houston Area Council*

1. Begin your own home recycling center.
2. Organize your den to take a field trip to a park or beach to clean up litter.
3. Instead of using paper towels, use cloth towels, which can be washed and reused again and again.
4. Before you toss soda rings into the garbage, cut all the circles with scissors so animals and birds can't get caught in them.
5. Instead of throwing out some things that you don't want anymore, see if someone else could use them. Try having a yard sale.
6. Keep a ragbag. Put old torn clothes in it and have a supply of rags to help clean the house or use for messy projects.
7. When you go shopping, bring a cloth bag or recycle old brown paper bags by taking them with you.
8. Bring old books you don't want to your library. Maybe the library could use them.
9. Save paper. Use both sides of every sheet. Use recycle paper. If more of us use recycled paper, there will be a bigger demand for it.

Useful Free Items or Items for a Small Charge*Capital Area Council*

- ✓ Ice Cream Cartons-Baskin Robbins or other ice cream shoppe
- ✓ Newspaper Rolls Or End Rolls - newspaper offices, meat markets
- ✓ Feathers- poultry farms
- ✓ Scrap Lumber and Saw Dust - lumber yards, carpenter shops, construction sites
- ✓ Glass and Plastic Bottles - cafes, drive-ins, hospitals, school lunch, grocery stores
- ✓ Movies - State and Game, Fire Dept, Police Dept, Library, Power and Light, Forest Service
- ✓ Shoe Boxes - parents, local shoe stores, discount stores
- ✓ Wallpaper - paint stores for old sample books
- ✓ Rug and Carpet Scraps - carpet stores and carpet layers
- ✓ Safety Information - local police and fire dept. and utilities
- ✓ Conservation Information - U.S. Forest Service, State Game and Fish
- ✓ Travel Posters And Helps - travel agencies, airlines, bus, train ticket offices
- ✓ Bleach Bottle, Plastic Cartons, Broom Handles, Boxes, Scrap Yarn - mothers of boys, neighbors, trash cans, stores where you work
- ✓ Bowling Pins - bowling alleys throw away broken pins
- ✓ Cardboard - furniture shops, grocery stores
- ✓ Leather Scraps - leather good stores, upholstery shops, shoe repair stores
- ✓ Styrofoam - drug stores, appliance shops, hardware stores
- ✓ Wire Thin And Flexible - telephone company, ask for their short lengths or telephone wire

Things to discuss when it comes to saving resources...*Capital Area Council*

Recycling - When an object can be shredded, melted or otherwise processed and then turned into new raw material -- for instance, aluminum cans can be melted down to make more cans, glass can make more glass, cardboard and paper make more cardboard and paper, plastic bags and containers can be turned into other plastic products. This takes some energy (very little for aluminum), but it is a good choice.

Reusing - When you find a use for an existing item - like decorating a bag and using it as a gift bag instead of buying wrapping paper; putting leftovers into a clean container from some other food; turning a used box into storage; decorating a can to hold pencils; saving packing peanuts and boxes and using them the next time you need to ship something or give a gift.

It is important to 'reuse' items wisely -- reusing packing peanuts to pack an item is by far the best way to use them. Recycling them, if it is available, would be the next best thing. Giving things in good condition that you no longer need to charity is another good way to reuse things like outgrown clothing or toys. Reusing is often the best way to save resources. This is something to consider year-round, not just around the winter holidays.

Shop Wisely - Can the container be easily recycled or reused? Will a larger container reduce the amount of packaging and perhaps cost less per serving? Is everything that can be recycled being recycled? Save resources (and money) by asking yourself if the item is something you really need, and if it is well suited for the task, and if it will last. Not only can this save you money, it can save you space and work, too. Five toys that are loved and played with are more fun than 10 toys that are broken or are boring to play with. And it's quicker to pick up 5 toys and put them away than to pick up 10.

After discussing ways to recycle do the following activities:

- ✓ Divide den into two teams. Open up a mystery trash bag at each table and identify which things can be recycled. Lift up the bag again and feel how much lighter it is when people take things out of the trash, which can be recycled
- ✓ Give the boys a pencil and paper. Tell them they are going to examine a specific tree.
Use the following procedure:
Ask them to use their senses to make observations about the tree. (Provide them time to do this silently, then discuss in the den)
- ✓ Have them touch and smell the tree.
Ask them to close their eyes and listen for sounds associated with the tree.
Next, have them look for signs of who or what uses the tree, and then discuss their observations.
Ask: "What could hurt the tree? How? Why?"
Pose the following "What if" questions for them to consider:
What if this tree (or all the trees in our community) were gone? What would be good/bad/interesting about that?
What if the birds that use this tree went away? What will be good/bad/interesting about that?
What if lots of trees were planted on the school grounds? What would be good/bad/interesting about that?
Ask: "Whose job is it to care for the tree? Why?"
This activity was adapted from a lesson written by: Phyllis Youngberg, a teacher at Burnt Mills Elementary School.
- ✓ When the weather is pleasant, ask the boys to go outside to sit and observe the area around them. They are to use their senses to observe other things in nature (sky, ground, plants, birds, etc.) Have them take a pencil and/or crayons and paper and:
Draw a picture of themselves outside.
Draw their observations.
Draw or write about their feelings about nature. (Provide ample time for this.)
When the boys return inside, provide time, if needed, to complete their work. Then have them share their work. Use the opportunity to discuss the importance of taking care of all things that are provided by the Earth.

Ideas from A Recycling Revolution website
Scouter Jim found this terrific website full of great ideas for recycling -

<http://www.recycling-revolution.com>

Unfortunately I cannot reproduce the material he sent me because of copyright restrictions. I explored the site and found it very informative on many recycling topics - Examples of topics covered on the website are -

A Recycling Basics Primer: What and How
What to Recycle Quick List
A Recycling Cheat Sheet
Recycling Stickers
Where to Recycle
Recycling Symbol History
What to Recycle Next, Beyond the Basics
Buy Recycled Products
Reduce your Trash
Recycle Household Items
Make Compost From Your Trash
How to Compost
What to Compost
Worm Compost
Compost Bins
Recycle Hazardous Waste
Recycle Computers
Ways to Prevent Global Warming
Global Warming and Recycling
Simple Ways to Stop Global Warming NOW
Fighting Global Warming
Recycling Benefits
Recycling Facts
Parents Recycling Resources
Reusing Your Trash
Reuse Trash Ideas
Crayon Recycling
Crafts From Trash
Community Involvement
Fund Raising Ideas and Opportunities
Recycle Aluminum Cans
Recycle Newspaper
Printer Cartridge Recycling
Cell Phone Recycling
Resources

Here is a list of items the site provides ideas for ways to recycle them - Go to the site, and read how you can recycle each of these items -

<http://www.recycling-revolution.com/reuse-trash-ideas.html>

Reuse Trash Ideas For...

Aluminum Foil
Baby Wipe Containers
Bags - Paper Grocery Bags
Bags - Plastic Baggies
Bags - Plastic Grocery Bags
Binders - 3-Ring
Blankets
Bottles - Glass Beverage
Bottles - Plastic Beverage
Bottles - Plastic Food



Use reusable tote bags.

- Bottles - Plastic Beauty Products (Shampoo, Lotion, etc.)
- Boxes - Cereal
- Boxes - Shoe
- Compact Discs
- Egg Cartons
- Envelopes
- Eyeglasses
- Eyeglass Cases
- Fabric Softener Sheets
- Film Canisters
- Flower Pots - Small/Medium
- Flower Pots - Large
- Foil Trays
- Garden Hose
- Greeting Cards
- Jars - Small (Baby Food, Bouillon)
- Jars - Food



- Juice Cans
- Laundry Baskets
- Lunchboxes
- Metal Mint and Candy Tins
- Milk Jugs - Plastic
- Mouse Pads
- Mugs
- Paper - Newspaper
- Paper - Scrap
- Pencil Box
- Picture Frame
- Plastic Candy Containers
- Plastic Containers - Cottage Cheese, Butter
- Plastic Utensils
- Pools - Children's Plastic
- Prescription Bottles

- Shoelaces
- Shower Curtain
- Spice Containers
- Suitcase



- Tires
- Toilet Paper Rolls
- Toothbrushes
- Wagon

And I believe some of the other sections are even more detailed!!

Scrap Items to Save

Capital Area Council

The following items may come in handy at Den and Pack meetings to use in games, crafts, or skits.

So, everybody start saving.

- | | | |
|---|---------------------------|---------------------|
| Coffee Cans | Tuna Cans | Oatmeal Boxes |
| Egg Cartons | Plastic Lids | Band-aid Containers |
| Soda Straw | Buttons | Yarn |
| Greeting Cards | Paper Towel Rolls | Toilet Paper Rolls |
| Gift Wrap Paper Rolls | Cottage Cheese Containers | |
| Popsicle Sticks | Toothpicks | Old Magazines |
| Wire | Clean Foam Meat Trays | Felt Scraps |
| Paper Bags | Paper Plates | Milk Jugs |
| Bleach Bottle (rinsed well) | | Sponges |
| Empty Plastic Film Container | | Assorted Nails |
| Orange Juice Lids (from frozen concentrate) | | |
| Washers, | Screws | Wood Scraps |

HOW LONG WILL IT LAST?

Sam Houston Area Council

To help promote better environmental awareness, share the following information with the Cubs. It will give them some facts they can relate to regarding the importance of recycling.

- Orange and banana peels – up to 2 years
- Wool socks – 1-5 years
- Cigarette butts – 1-5 years
- Plastic-coated paper – 1-5 years
- Plastic bags – 10-20 years
- Plastic film container – 20-30 years
- Nylon fabric – 30-40 years
- Tin cans – 50 years
- Leather – up to 50 years
- Plastic bottles – 100 years or more
- Plastic six-pack holders – 100 years
- Aluminum cans – 500 years
- Glass bottles – 1,000 years or more
- Hot-fired ceramics – 7,000 years or more
- Styrofoam – 10,000 years or more

After this discussion try the following -

DECOMPOSITION EXERCISE

Sam Houston Area Council

- Have the Cubs bring several common household trash items to a den meeting.
- With a stapler, hammer and nail, or duct tape, attach the trash to a board and expose it to the elements for a month.
- Make sure that the board is set up in a clear area where it will get the full force of the sun, wind and rain.
- At the end of the month examine each item and compare their relative decomposition.
- Talk about how long it takes for certain trash items to decompose.
- Share with the boys some facts about the “life expectancy” of trash items.

Plastic Recycling Symbols

Symbol	Acronym	Full name and uses
	PET	Polyethylene terephthalate - Fizzy drink bottles and frozen ready meal packages.
	HDPE	High-density polyethylene - Milk and washing-up liquid bottles
	PVC	Polyvinyl chloride - Food trays, cling film, bottles for squash, mineral water and shampoo.
	LDPE	Low density polyethylene - Carrier bags and bin liners.
	PP	Polypropylene - Margarine tubs, microwave-able meal trays.
	PS	Polystyrene - Yoghurt pots, foam meat or fish trays, hamburger boxes and egg cartons, vending cups, plastic cutlery, protective packaging for electronic goods and toys.
	Other	Any other plastics that do not fall into any of the above categories. For example melamine, often used in plastic plates and cups.

TIGERS

Time Capsules

Capital Area Council

Materials:

- Empty oatmeal containers
- Time capsule items
- Colored paper
- Markers
- Glue

Directions

Cover oatmeal container with paper and decorate as desired. Put items in container to represent time in their lives. Can include such items that have the partner and the Tiger, as photographs, fingerprints, drawings, messages, etc. It is suggested that the capsule be used through Scouting and displayed at his Arrow of Light Ceremony AND his Eagle Court of Honor.

Tips for Successful Meetings & Go-See-It's

St. Louis Area Council

with a few changes by Commissioner Dave (CD)

- 1) **Compare notes** with all the Partners in your den when it comes to setting dates.
- 2) **Pick a location** that is versatile and easy for everyone to find.
- 3) **Keep projects fun** and enjoyable by all.
- 4) **Try to keep a somewhat fast pace** so the boys don't have time to get bored. Remember that some boys will finish quicker than others.
- 5) **Include the boys** in on the decision making when planning anything. They know what they like better than we do.
- 6) **Communication** – this is very important! Set a calling tree so one person does not have to make all the calls. Each Partner should have a list of names and numbers for everyone in their den.
- 7) **The den leader should take the time to get to know each of the boys and their partners.** This will help when determining if you have a “Will” or “Will Not” travel group. Distance and cost can be a deterrent for some families.
- 8) **Know the relationship of each Partner to their Tiger Cub.** Sometimes it may not be mom or dad. We want our boys to be comfortable and that relationship can be a touchy subject.
- 9) **Stay upbeat!** Our moods set the mood of our boys. It been a long, day, week, month but when the den is together we should “put on a happy face”.

I have a story to share in relation to this tip. I received an email several years ago from a friend that was a great inspiration for just those kinds of days. It was about a plumber who was working at a customer's house where everything that could go wrong did. The plumber asked the homeowner if it would be possible to come back tomorrow and finish the job. Of course the homeowner, knowing how things had went, said that was fine. The plumber went to start his van and, you guessed it, it would not start. As he tried to figure out what to do, the homeowner came out and offered him a ride home. Through the entire drive, short of giving directions, the plumber was silent. When they arrived at the plumber's house he invited the homeowner to meet his family. On the walk to the front door the plumber paused at a tree in his front yard. There he laid his hand on the tree and closed his eyes for a moment. When he lifted his hand from the tree a new man emerged. The plumber was now happy and jovial, a far cry from what he had been like all day. He introduced his family to the homeowner. As the plumber walked him back to his car the homeowner asked what happened when you laid you hand on the tree. You became a new person. The plumber explained “I did not want my family to have to see me that ways so I left my worries on the tree for God to see and tomorrow when I return to the tree they are gone. God

had lifted them from me, letting me know that no matter what He is always there allowing me to continue unburdened.”

The moral of the story, though it may seem really bad at the moment take some time to let them settle. Lay them down and be happy with your family and friends. Tomorrow it won't be so bad.

10) Shared Leadership!! Remember that as the den leader you are not suppose to do it all! Each Tiger Cub Team should take care of a meeting and/or Go-See-It. A good way is to split it up by month. Two teams can work together to complete their month. Just remember to make sure everyone takes a turn! This is a team effort!

Each month in Baloo's Bugle I hope to provide you with fun and interesting activities and go-and-see- ideas based on the theme of the month. With the aid of the information provided here and at Roundtables and in your council's Pow Wow Book (actually probably a CD) if they held a Pow Wow, CS Program Helps, and other resources you will have everything you need to put on a great program for your Tiger's. Well, everything but time, that's your department.

Obviously I can't list "Go-See-Its" for every neighborhood in the US, so you will need to check your local phone book for the Department of Tourism, and your local Department of Conservation. You can even stop by a nearby State Park and ask one of the Park Rangers questions on where you can go for some the things listed in the different themes. You local City Hall may have information to help. Don't despair, with a little effort you can find all sorts of great things to do in your own hometown. A few phone calls can yield a multitude of resources. The Department of Parks & Recreation or Conservation will sometimes mail out brochures along with various other information at no charge. And don't forget the library! You can't go wrong with all those books. You will find hundreds of books with activities just for kids!

Everywhere you look you can find somewhere to go – from farms to hospitals – use your imagination and watch the magic happen!

PACK AND DEN ACTIVITIES

Advancement Ideas:

*Carol E. Little, CS RT Commissioner
American Elm District, Black Swamp Council*

Tigers -

Ach 1F , **Elect.** 20, 33, 47

Wolf-

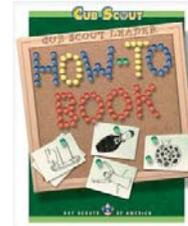
Ach 2B, 2E, 2F, 7, 8A, 11, **Elect.** 12A, 12C, 17D

Bear –

Ach 6C, 14A, 17A, 18E, 19C, **Elect.** 1A, 10A

MORE ACTIVITIES

Sam Houston Area Council



From the Cub Scout Leader How-To Book:

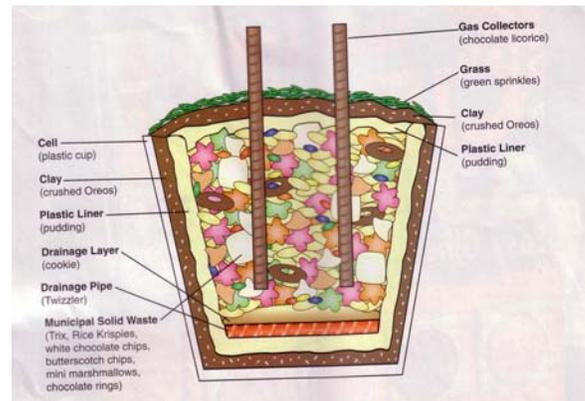
- ★ Can You Clean the Water? – page 4-16
- ★ How to hold your own Conservation Day - pp 6-12
- ★ Beach Bag from six-pack plastic rings – page 2-19
- ★ Milk Carton Bird Feeder – page 4-22

Incredible Edible Landfill

Our Special Thanks to:

Maurita Hudson, Educator

Dearborn County Solid Waste Management District
Aurora, IN



You should copy this picture and enlarge to full page.

Materials

Base layer

- | | |
|---------------------------|---------------------------|
| Plastic cup or container" | 1 tsp. Oreo cookie crumbs |
| 2 tsp. vanilla pudding | Two 4" Twizzlers® |
| One shortbread cookie | |

Municipal waste (middle layer)

- | | |
|------------------------------|------------------------------|
| 1 tsp. Trix® cereal | 2 tsp. Rice Krispies® cereal |
| 1 tsp. white chocolate chips | 1 tsp. butterscotch chips |
| Six mini marshmallows | Four chocolate rings |
| 1 tsp. mini M&M's® | Chocolate syrup |

Final Cap (top layer)

- | | |
|------------------------|----------------------------------|
| 2 tsp. vanilla pudding | 1 tsp. Oreo cookie crumbs |
| 1 tsp. green sprinkles | Two 4" chocolate licorice pieces |
- *Designer used clear Solo® cups.*

Instructions

Add each ingredient in order listed to plastic cup. The layers of a landfill are described below.

Base layer

Layer 1 (cell): Landfills range in size from four to six acres of land. The area, or cell, must be free of debris and able to hold the weight of the landfill mass. *This is represented by the plastic cup.*

Layer 2: This layer is three feet of clay which prevent fluids from seeping out of the landfill. *This is represented by pressing 1 tsp. of Oreo cookie crumbs firmly into bottom of cup.*

Layer 3: This layer is a thin liner of plastic which is designed to prevent leaks in the ground beneath the landfill. *This is represented by adding 2 tsp. of pudding.*

Layer 4: These are pipes that make the leachate collection system. They collect leachate which is a liquid that is squeezed out of the garbage leachate then travels to a treatment pond. *This is represented by laying two Twizzlers across pudding.*

Layer 5: This is a drainage layer that protects the pipes from being damaged. *This is represented by laying the shortbread cookie on top of the Twizzlers. (Note: No trash has been added yet. Layers 1-5 are designed to protect the environment by disposing of garbage safely.)*

Municipal waste (middle layer)

Municipal solid waste is all of the garbage from peoples' homes and businesses.

Layer 6: This layer is composed of the following:

- Organic waste (Trix) is yard waste and food scraps.
- Paper (Rice Krispies) consists of cardboard, newspaper, and, packaging products.
- Plastics (white chocolate chips) include milk and soda bottles and food containers.
- Glass (butterscotch chips) range from bottles to old building windows.
- Metals (mini marshmallows) include tin and aluminum cans and appliances or sheet metal.
- Tires (chocolate rings) include those from cars and trucks.
- Other garbage (mini M&M's) contains old toys, shoes, and clothing.

This is represented by adding 1 tsp. Trix, 2 tsp. Rice Krispies, 1 tsp. white chocolate chips, 1 tsp. butterscotch chips, six mini marshmallows, four chocolate rings, and 1 tsp. mini M&M's. Spread evenly.

Layer 7: This layer is the leachate that forms. It seeps through all of the layers to the pipes which filter the liquid out of the landfill. *This is represented by squirting chocolate syrup around the edge of the cup.*

Final Cap (top layer)

This outermost layer prevents rainwater from entering the landfill and keeps gases from leaving and polluting our air.

Layer 8: This layer is the top plastic barrier that seals the landfill. *This is represented by adding 2 tsp. of pudding.*

Layer 9: This layer is five to seven feet of soil. *This is represented by sprinkling 1 tsp. of Oreo cookie crumbs onto pudding.*

Layer 10: This layer is grass which prevents soil erosion. *This is represented by adding 1 tsp. of green sprinkles.*

Gas collectors. These pipes are placed in the closed cell and act as methane gas collectors. They prevent fires by collecting the gas produced from decaying trash. *This is represented by inserting two chocolate licorice pieces vertically into the cup.*

Maurita was kind enough to share some secrets:

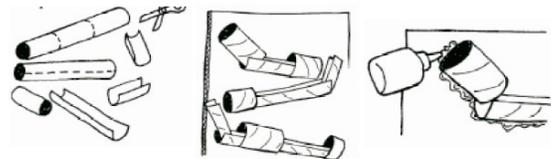
- ✓ The Solo cups she uses are 9 or 10 oz ones with hard plastic side. Very wide at the top.

- ✓ She, also, told me to keep talking during the assembly. Ask boys what impermeable, leachate, organic, perforated mean Start a discussion about what can become leachate. She says these usually get to be fun Ask them what some of the items represent before you tell them (e.g. ask what the chocolate cereal rings look like (tires))

Cardboard Tube Marble Maze:

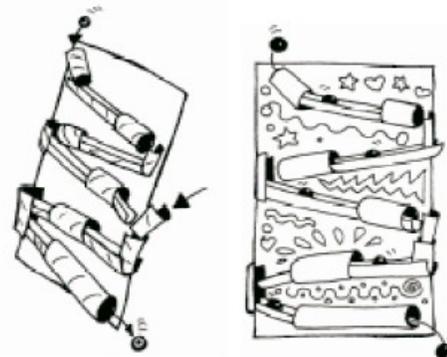
Great Salt Lake Council

This one was recently in Baloo but it fits well with this theme. Also, I saw it done at our White Horse District RT and they had a contest to see which group could design the best raceway. Everyone had fun laying out, building, and then using their raceways. CD



You will need:

- Lots of cardboard tubes (toilet paper tubes, paper towel tubes, etc.),
- Scissors,
- Craft glue and tape,
- A large piece of corrugated cardboard,
- Marbles,
- Stickers,
- Markers or crayons.



Directions:

1. Cut the tubes into different sizes and shapes.
2. Lay the tubes on the large cardboard so that they are all slanted slightly downward. Each tube should empty into the next tube.
3. Glue the tubes in place. Allow the glue to dry.
4. Prop the maze against a wall and test it with a marble. If a marble jumps out of the maze, glue or tape on pieces of tubes to fix it.
5. Decorate.

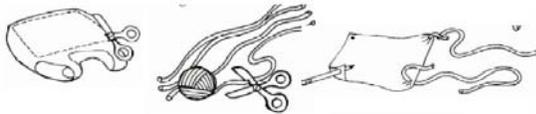
Plastic Bag Parachutes:
Great Salt Lake Council



You will need:

- A plastic grocery bag, scissors,
- A ruler
- A pencil,
- Yarn,
- A clothespin pal/small plastic toy (any similar small weight will suffice).

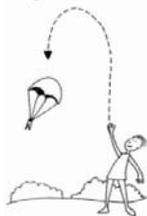
Directions:



1. From the grocery bag, cut a piece of plastic at least 14 inches square.
2. Cut four pieces of yarn, each 24 inches long.
3. Use the pencil to poke a hole in each corner of the plastic. Knot a piece of yarn in each hole.



4. Hold the four yarn ends together and fasten them in an overhand knot as shown.
5. Tie the yarn around your weight (clothespin pal/small plastic toy/etc.)
6. To prepare your parachute for sky-diving, hold it by the center of the parachute so the strings and weight hang down.
7. Fold over the parachute and loosely wind the strings and pal around it to make a small bundle.



8. Toss up the parachute bundle as high as you can. It should float gently to the ground.

RECYCLED CRITTERS
Sam Houston Area Council

Materials:

Toilet paper tubes, paper towel tubes, fast food containers, 2-liter bottles, candy wrappers, empty soft drink cans, cereal boxes, juice boxes, tape, glue, markers, paint

Instructions

This is a great den team building activity. In planning for the pack meeting, tell each den to design and create a critter for display at this month's pack meeting. You can either supply materials or give them a list of allowable materials. See which dens are the most creative.

Gold Medal Awards
Baloo's Archives

Materials: Jar lids, Margarine bowl lids, and/or other flat round lids, Ribbon or colored string, markers, decorations, hole punch, spray paint. If you are short on lids, cut circles out of cardboard.

Directions:

Spray paint the discs. Write the name of the event on the disc then decorate the disc appropriately. Designs can be drawn or stuck on. Punch a hole in the top and thread the ribbon through the hole. Make sure the ribbon is long enough that medal hangs about mid torso. Ribbons are placed around the neck.

You might want to save this one for May 2008 when the theme is "Go For the Gold" CD

Puzzle Tree
Capital Area Council

Supplies:

- Yellow and brown construction paper
- Old jigsaw pieces
- Scissors and glue

Directions:

- ★ Cut a tree shape from the brown construction paper.
- ★ Glue the tree on the yellow paper.
- ★ Glue the puzzle pieces on the tree for leaves.
 - If your puzzle pieces have lots of red, orange, and brown colors on them you can make an autumn tree and glue some of the pieces at the base of the tree, to make leaves on the ground.
 - Pink pieces mixed with light green pieces make pretty spring trees.
 - Green pieces are just right for a summer tree.

Why not make all three to show the different trees during the changing seasons?

Hint:

If your puzzle pieces are not the right color for the tree just turn them over and paint them the color you want.

Reduce It - Reuse It
Capital Area Council

This one's made from scratch and has never been tested that I know. Best of luck! And if it or a variation of it works well, let the world know about it. This game focuses on the idea of "Reduce, Reuse, Recycle" as the way to minimize personal pollution. It will take a little bit of courage on someone's part (the Den Leader's?) because someone has to come forward with their recycling bin and whatever is in it. The object of the exercise is to get the boys thinking about the "stuff" we throw out on a regular basis and how we might eliminate some of it.

The leader brings in the recycle bin of "stuff" and, one at a time, displays their wares. The boys then discuss/disgust what, if anything, could have been done to reduce or reuse the items shown. [Note: If you've got beer or other alcoholic beverage bottles in the bin, please remove them before doing this game!]

CD Fish

Baloo's Archives

Materials: 2 CDs per fish, string, Scrap pieces of craft foam or cardboard, glue, scissors, markers

Directions:

- ✓ Create a pattern for fish fins, eye, mouth, scales
- ✓ Have boys cut out needed pieces in colors they desire
- ✓ Glue fins, tail, mouth to back (non-shiny side) of one CD
- ✓ Create a loop of string and loop through hole in other CD
- ✓ Glue the two non-shiny sides together
- ✓ Glue on eye
- ✓ Have boys draw scales and other fish features on the CD without the string

Note: If boys come up with ideas for other creatures to be made with the CDs (e.g. spiders, people, birds, snowmen, pigs, ...), let them go with it!!

Craft: Litter to Glitter Regatta

Baloo's Archives

I learned this one from Steve who lead the "Strictly for Cubmaster's" course at Philmont I took in 2005. CD

Materials: Give each team – one Styrofoam cup and plate and a straw. Have glue, tape and markers available. Raingutters and water will be needed to run a regatta

Directions:

- ✓ Instruct teams to design and build a boat that can be blown down the regatta course (a raingutter) from parts of the cup, plate and straw.
- ✓ Although all three pieces must be used they do not need (actually cannot be) used in their entirety
- ✓ Race is run following normal Raingutter Regatta rules.

GENIUS KITS

Great Salt Lake Council

Place 13 or 14 items that might be recycled such as clothespins, pipe cleaners, ribbon, a nail, cork, lids, string, paperclip, etc. in a bag for each Cub Scout.

Then they have to use those items to invent something. You can provide glue, tape or glue gun for them to stick it all together.

Have a contest to see who did the best job.

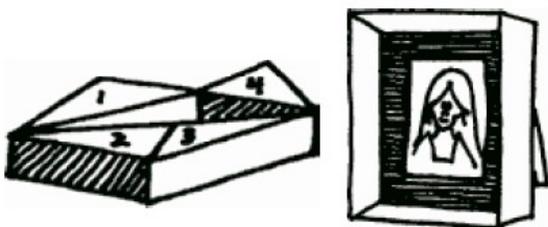
This could be done at a pack meeting or prepared before and brought with.

JELLO BOX FRAME

Great Salt Lake Council

Materials:

- Jell-O Box,
- 1" x 3" piece of cardboard,
- two 1" x 2" pieces of cardboard, scissors,
- glue
- contact paper.



Instructions:

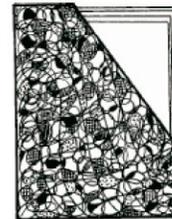
- ✓ Glue flaps back together.
- ✓ Cut from corner to corner on one side of box.
- ✓ Cut off the four sections to make a frame.
- ✓ Cover the box with contact paper.
- ✓ Glue 1" x 3" cardboard to back of Jell-O box.
- ✓ Glue the other two pieces of cardboard together and glue inside of Jell-O box.
- ✓ Glue photo to center of frame.

MAGAZINE HOLDER

Great Salt Lake Council

Materials:

- Laundry soap box or large cereal box,
- magazine pictures or colored paper,
- scissors
- glue.



Instructions:

- ✓ Cut top off the box and opposite sides on an angle.
- ✓ Decorate with magazine picture or colored paper in collage style.

LOG PLANTER

Great Salt Lake Council

Materials:

- One large juice can.



Instructions:

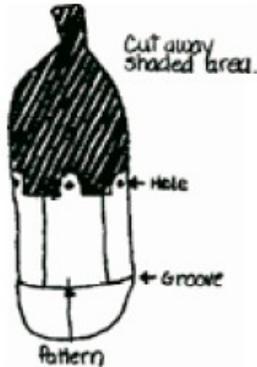
- ✓ Remove part of the side.
- ✓ Apply moist paper mache to the can pressing until surface is smooth. It is not necessary to get a perfectly even finish.
- ✓ Tuck edges over & against inside opening in can.
- ✓ Using a fork make lines with prongs to simulate bark lines.
- ✓ Let dry then paint.
- ✓ Apply clear varnish.
- ✓ Line can with aluminum foil
- ✓ Place a few pebbles in bottom of can before filling with soil to help with drainage.

HANGING PLANTER

Great Salt Lake Council

Materials:

- 2 liter bottle or other bottle with same basic shape,
- scissors,
- yarn,
- hole punch,
- small pebbles,
- potting soil,
- small plant



Instructions:

- ✓ Cut bottle according to diagram.
- ✓ Punch holes in tabs.
- ✓ Put pebbles in bottom of bottle then soil and plant.
- ✓ String yarn through holes in tabs and bring up tying in knot at top.

GROCERY BAG KEEPER

Sam Houston Area Council

Materials:

- 2-liter soda bottles
- Knife and scissors
- Plastic grocery bags

Directions:

Wash and dry bottles thoroughly.
 Cut off about 3 inches off the top of the bottle and about 2 inches off the bottom of the bottle.
 Stuff the bottles with plastic grocery bags.

CLEAN UP YOUR HANDS JUG

Sam Houston Area Council

My troop made these at the time on camping trips. Try one on your next Pack family camping Trip. CD

Materials:

- Clean empty milk jug, golf tee, string

Directions:

Punch a hole several inches from the bottom of the jug on the side opposite the handle. This hole should be the size that a golf tee can fit into it.
 Fill the jug and hang from a tree.
 To wash your hands remove the golf tee... and out comes the water.
 Open the cap of the jug a little bit for more pressure.
Another version:
 Cut off the bottom of a milk jug and hang upside down.
 Fill the jug from the bottom.
 Unscrew the cap and out comes the water.

PLASTIC VOLLEYBALL/BADMINTON NET

Sam Houston Area Council

Materials:

- Plastic holders from six packs of sodas, string or cord

You'll need lots of six-pack plastic holders. Tell den members to start collecting well ahead of time.

Directions:

Have boys take a handful of the holders and begin tying them together with string or cord.
 Make the net about 3 feet tall and 15 feet wide.
 After all of the holders are tied, run a long length of cord through the entire top row of holes, weaving the cord in and out.
 Repeat for the bottom of the net.
 Tie the ends of the cord between two trees and you're ready to play.

LITTER TO GLITTER – THREE MOBILES

Sam Houston Area Council

It would be a disservice to this Litter to Glitter theme if we didn't provide at least one totally frivolous, absolutely glittery Litter to Glitter project. What Cub Scout has not at some point in his life looked at some gaudy, shiny, sparkly, glimmering item and said, "Mom, I think that's beautiful?" So, here are three Ultimate Litter to Glitter mobiles (To hang in the front yard for the entire world to see!)

Materials:

- A variety of glittery discards that will reflect the sun such as aluminum pie tins, clean, used aluminum foil, used CDs, mylar (old mylar balloons or the inside of some snack bags. Clean with soap and water first.) gift wrap, garland, silvery buttons and baubles, miscellaneous shiny packaging like candy and gum wrappers, iridescent ribbon, old shiny ornaments, sequins, leftover glittery craft items, clear 2-liter soda bottles and a paper plate (not glittery.) You will also need glue, scissors and thin wire, string or cord.

SHINY SPIRAL

Sam Houston Area Council



Directions:

- ✓ Start by forming a long thin snake from the pieces of used foil.
- ✓ Scrunch and twist them together until it is a long tube about the width of a finger.
- ✓ Make sure that the separate pieces are connected in some way either by folding the foil together or using some glue.
- ✓ Twist this shimmery snake around your hand to make a spiral shape.
- ✓ Tie a piece of string around the top of the spiral.
- ✓ Tie the other end of the string around a CD.
- ✓ Leave some extra string at the top so you can hang it.

- ✓ Add smaller shiny items using glue or wire.
- ✓ Add more spirals and more CDs if you want.
- ✓ After all, when it comes to glitter, isn't more better?

CURLY BEL MOBILE

Sam Houston Area Council

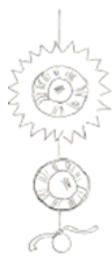


Directions:

- ✓ **Part 1 -**
Cut the bottom off a 2-liter clear soda bottle.
Cut long strips, about 1/2 inches wide about two-thirds of the way up the bottle.
Roll each strip up with your fingers or around a pencil and it will stay curled.
- ✓ **Part 2 -**
Take some string and attach a 1 inch circle of cardboard about halfway up.
Do this by poking a hole in the cardboard.
Thread a button below the cardboard so it will stay in place.
Attach shiny decorations to the half of the string below the button.
Use CDs, ornaments, strips of mylar and anything else that shimmers.
- ✓ **Part 3 -**
Take your curly bell and thread the top of the string through the bottom of the bell. It will sit on the cardboard circle.
Add an iridescent bow or other shiny thing to the top of the bottle.
Hang from a tree branch with your shiny spiral.

**ONE LAST SHINY INDULGENCE –
SHIMMERY SPINNING PLATES**

Sam Houston Area Council



Directions:

- ✓ Draw a zigzag around the edge of a paper plate and cut it out.
- ✓ Attach an aluminum pie tin to the center of the plate.
- ✓ Cover both sides of the plate with lots of shiny things – candy wrappers, sparkly paper, sequins, buttons, foil, and whatever else you have.
- ✓ Attach string to top and bottom.

- ✓ Continue to add shiny items, and even another pie tin to the bottom of the string.
- ✓ Use the top of the string to hang the Spinning Plates in the breeze

UNNATURAL HIKE

Sam Houston Area Council

Leader will need to plan and set up the trail for this hike in advance.

Collect items such as a plastic cup, extension cord, old tire, tennis ball, ceramic pot, clothes hanger, packing peanuts, a piece of clothing, old tools, a light bulb, tin and aluminum can, glass bottle, etc.

Place these items along the trail as if they belong there. For example, hang an extension cord from a tree limb like a vine, have a tennis ball peeking out from a pile of leaves, scatter a few packing peanuts with pebbles at the side of the path.

With a partner, Cubs will walk the trail.

Let them know that they will be looking for items that aren't supposed to be there and making a list of what they see.

When the boys return they will probably have found more than you put there.

Have them compare their lists with each other and then with your list.

Talk about how it feels to see unnatural items in a natural setting.

Ask them if they have noticed items in places they don't belong when they have been hiking or walking before.

Ask how they think those items get where they don't belong.

Talk about what they and others can do to prevent discarded items from invading our natural spaces.

Go together to pick up the unnatural items from the trail they just walked.

Take a few minutes to read the Outdoor Code or the principles of Leave No Trace together.

PENCIL HOLDER

Great Salt Lake Council

Using a clean soup can, wrap paper around the can and have the Cub Scouts decorate the can.

You could attach arms and a head if you would like.

We still have the one our son made on our refrigerator full of pens. CD

Home Made Band

Great Salt Lake Council

This was my session at Pow Wow this year we had a blast CD

- ★ **Kazoo** - Cover one end of a toilet paper tube with a 4" square of waxed paper and place and elastic band to hold it in place. Punch three holes in a row (about 1" apart) lengthwise along the side of tube. Decorate.
- ★ **Tambourine** - Decorate 2 paper plates, put a handful of seeds or beans in one plate, place the other face down on top of the other plate and staple, tape or punch holes in and tie with yarn or ribbon. Add ribbon for streamers if desired.
- ★ **Drum** - Using an oatmeal box, margarine container, ice cream container or coffee can (with lids) have the Cub Scouts decorate them using paper, crayons, markers, etc. Use a wooden spoon for drum sticks.

- ★ **Sand Block** - Use two blocks of wood and wrap sandpaper around the block and staple to the sides. Glue or nail a thread spool to each block to form handles.
- ★ **Maracas** - Put a handful of pebbles or seeds in the soda pop can and place a piece of tape over the hole, use a hammer and nail to punch a hole in the center of the bottom of the pop can and push an unsharpened pencil through the bottom hole of the can for a handle. Place tape around the pencil to keep it from sliding. Decorate the maracas using scraps of paper, construction paper, wallpaper, etc.

Goofy for Cub Scouts
(Cub Scout Tuba, Bagpipe or Digeroo)

Darby, my daughter, who learned this from a PTC Cub Week faculty member.

Directions enhanced by Steve from North Carolina who taught my Strictly for Cubmasters course at Philmont

Materials:

- A long, fairly stiff, hollow tube (Paper, plastic, or most any material will work for the tube. Larger diameters make for deeper musical notes.) I like the plastic tubes in the center of the 36 inch paper used on the plotter where I used to work but a real stiff tube from any paper roll will work or make one by rolling a piece of poster board. I have one made from a carpet roll, too!!
- A latex glove
- A straw
- Tape (Electrical tape, duct tape, etc. Masking tape may tear easily.)

Construction Instructions:

1. Cut a few inches of the straw
2. Put a pin hole in the end of the thumb of the glove (My daughter and Steve say use the thumb. Reason becomes evident, below.)
3. Push the straw part way through the hole and tape where the straw and glove intersect
4. Take the wrist opening of the glove and stretch it over one end of the tube.
5. Tape the wrist end of the glove to the tube by wrapping tape around the glove's wrist and the tube.
6. Grab the fingers of the glove and stretch the palm/ back of hand of the glove taut across the tube, sort of sealing the entire circumference of the tube with the palm / back of hand of the glove. . (The glove palm/back will make a "drum" over one end of the tube. This "drum" will be the vibrating membrane, which makes the noise.)
7. Holding the glove taut across over the opening, pull the four loose fingers up the side of the tube.
8. After you have successfully produced music, if you wish, use tape to secure the four fingers to the side of the tube to evenly tighten your "drum" / your tympanic membrane.)

Playing:

1. Resting the top (open end) of the tube on your shoulder
2. Blow into the straw; you should get a tuba like sound

HINT - If you get nothing -

Try readjusting the glove across the opening or change angle on the tube

Soda Bottle Spinners

Baloo's Archives

Materials: 2 liter Plastic Soda Bottle with cap, Sharp Cutting Tool (e.g. Xacto Knife, Single edge razor blade knife for use by adult), sharp scissors, gloss enamel paint, small artist type paint brush, Crayon or Marker, Masking Tape (or similar), Ornament hanger or bent paper clip.

Directions:

- ✓ Remove label from bottle and dry bottle.
- ✓ Find seam on bottle and mark in two places: where the top and bottom of the label was. This is essentially where the straight section ends and bottle begins to taper
- ✓ Place a piece of tape on each mark going around the circumference of the bottle. Place 13 marks on the tape about 1" apart. The circumference of the bottle is 13 1/2".
- ✓ Make a or choose a pattern.
- ✓ Place pattern against bottle going from top band to bottom band at a mark.
- ✓ Mark pattern on bottle with crayon or marker. Repeat this 13 times, once at each mark
- ✓ Have a leader or parent using the sharp knife, go around the bottle and cut the first 3/4 inch or so of each line of the pattern. If your pattern has two sections per line, be sure to start both parts.
- ✓ Cub Scouts may finish cutting of the lines with a sharp pair of scissors. Do not separate/ spread/unfold the cuts/flaps/ shapes !!!!
- ✓ One Color Painting – If you wish the bottom of the bottle to remain clear - cover it with masking tape. If you wish the bottom of the bottle to be the same as the top, leave it uncovered.
- ✓ Using spray paint, spray the entire bottle.
- ✓ Wait for paint to dry (overnight or next den meeting).
- ✓ Remove tape if applied.
- ✓ Multi-Color Painting: For multi-color bottles, paint each stripe individually with the artist's brush.
- ✓ Allow to dry.(see above)
- ✓ After the bottle is thoroughly dried, you may apply any desired decorations. (e.g. spots, sparkles, markings) Now you may fold out the flaps, shapes.
- ✓ Drill or punch a hole in the cap.
- ✓ Insert the ornament hanger (or wire). Use a bead or knot inside the cap to keep the wire from pulling out.

Milk Jug Luminary

Baloo's Archives

Materials: Sand, empty plastic gallon milk containers, tea lights, scissors, fireplace matches.

Directions:

These are different luminaries. They don't blow over or go out if it's wet and windy. They have a lovely white light.

- ✓ Clean milk containers and remove all labels.
- ✓ On the side nearest the handle, cut a slit one inch tall and three inches long about one inch up from the bottom.
- ✓ Pour about one inch of sand into the container. Shake to distribute sand evenly.
- ✓ Push tea light into the middle of the sand. Use fireplace matches to light. *Care must be taken to place the tea light near the center of the container but not directly under the spout.*

Recycled Wind Sock

Capital Area Council

Supplies:

Plastic margarine, Cool Whip, or similar tubs
Scissors and knife
Bells
Glue
Crepe paper party streams,
Plastic bags,
Ribbon,
Nylon fabric, or yarn

Directions:

- ★ Cut the bottom out of the plastic tub.
- ★ Cut the center out of the lid, leaving the outer ring.
- ★ Cut 2-foot streamers from the crepe paper, ribbon, or plastic bags.
- ★ Arrange streamers around the rim of the tub so that they hang down over the edge.
- ★ Put a small bead of glue all the way around the inside of the lid and snap it over the rim of the tub to hold the streamers in place.
- ★ Tie the bells onto a 1-foot length of yarn.
- ★ Tuck the two ends of the yarn under the lid so that it forms a hanger.
- ★ Hang outside where the wind will blow it.

Soda Cans

Capital Area Council

Before a soda can gets to the store, before it has soda in it before it's even a can, it is part of the earth!

As a conservation project for your den, recycle the aluminum cans your family uses. These cans can also be used for crafts.

Materials needed:

Aluminum cans – empty,
Paint that will hold on aluminum,
Hot glue or 6000 glue,
Materials needed for decorating the cans

Directions:

1. Wash the can thoroughly of all soda.
2. Crush the can so that the can top is on one side and the can bottom is on the other side.
3. This may take several cans in order to get them crushed correctly. Make the can as flat as you can.
4. Paint the can any way you choose. An example: make a Cub Scout
5. Glue on any accessories needed.
6. A magnet could be attached on the back.

Sock Cactus

Capital Area Council

Supplies:

Old white socks
Toothpicks
Sand
Rubber band
Glue
Green poster paint or green spray paint
Large detergent bottle cap, hair spray cap, or similar

Directions:

1. Cut the foot off of a sock just after the heel.

2. Stuff the part of the sock you cut off into the foot to make the cactus. You may need to put in part of another sock or pillow stuffing to make it full enough.
3. Close the sock with a rubber band.
4. Trim off some of the extra sock if you need to, but be sure to leave about 3 in. for "planting" the cactus.
5. Paint the cactus green and let it dry.
6. Break several toothpicks in half, dip them in glue, and push them into the cactus to make the spines.
7. Let the glue dry.
8. To plant the cactus, mix glue into the sand so that it moistens it completely. Use enough sand to almost fill the cap.
9. Stand the cactus in the cap and pack the sand into the cap around the cactus. Let the sand and glue dry overnight.

The Eggheads

Capital Area Council

This year, give your bald Easter eggs a head of hair.

Materials:

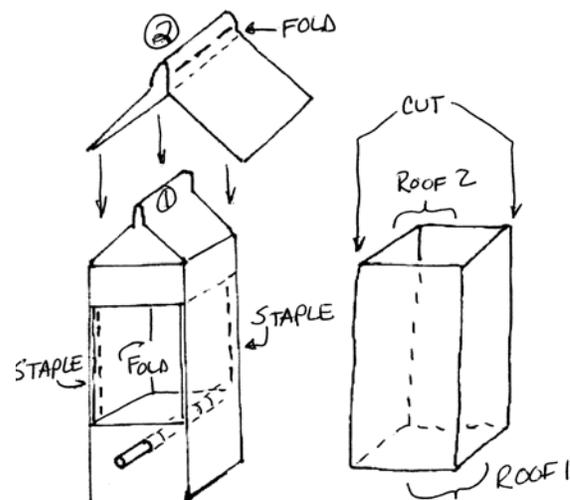
Eggs and carton,
small nail,
soil,
grass seed,
permanent markers,
film canisters.

Procedure:

1. Use a small nail to make a hole about the size of a quarter in one end of an egg, the drain the egg and rinse out the shell. Draw funny faces on shells and put them back in carton.
2. Fill the shells with soil (using spoon makes it easier), then plant with grass seeds.
3. Moisten the soil, cover with plastic wrap, and place in a sunny window until the seeds sprouts - generally less than a week. When the eggheads have a thick, green mane, remove the covering and place them on a stand (empty film canisters work for this.)
4. Style the hair into pigtails, buzz cuts, or Mohawks and water every day.

Milk Carton Bird Feeder

Capital Area Council



Materials:

3 half-gallon milk cartons make 2 feeders,
two 8" lengths of 3/16 inch wooden dowel,
pencil, utility knife, carpenter's square, stapler,
leather punch, wire coat hanger, wire cutters, pliers.

Instructions:

1. Using the carpenter's square, mark 2 lines, one 2 1/4 inch from the bottom and one 1 1/4 inch from the top of the milk carton.
2. Repeat on the opposite side of the milk carton.
3. Have an adult set the utility knife so that the least amount of blade is exposed and cut all four of the lines you just drew.
4. Now cut opposite corners between the lines to create a flap on each side of the milk carton.
5. Fold the flaps in and staple them to form double thick walls.
6. Use the pencil to punch a hole centered one half inch below each opening. Make the holes only big enough to insert the dowel.
7. Cut the top and bottom of a second milk carton off and then cut apart at opposite corners to form two roof sections.
8. Measure the top vertical portion of the milk carton.
9. Using the carpenter's square and pencil score a line on either side of the fold inside of the roof section. These lines should be the same distance from the fold as the measurement you took of the top of the carton.
10. Fold on the scored lines and attach the roof with staples as shown.
11. Have an adult punch a hole in the center of the roof ridge with a leather punch.
12. Have an adult cut the coat hanger into two equal pieces with the wire cutters and bend each piece into a hanger for the two feeders.
13. Fill with bird seed and hang outdoors where you can observe the birds that will flock to your feeder.

COFFEE GROUND 'FOSSILS'*Capital Area Council***What You Need**

- 1 cup of used coffee grounds
- 1/2 cup of cold coffee
- 1 cup of flour
- 1/2 cup of salt
- Wax paper
- Mixing bowl
- Some small objects to make impressions in the dough
- Empty can or a butter knife
- Toothpicks, optional
- String to hang your fossil, optional

How To Make It

- 1st. Stir the together the coffee grounds, cold coffee, flour, and salt until well mixed.
- 2nd. Knead the dough together and then flatten it out onto the waxed paper.
- 3rd. Use the can to cut out circles of the dough or use the dull knife to cut slabs large enough to fit your "fossil" objects.

4th. Press your objects firmly into the dough. When you take the object out, you have your "fossil". If you want to hang the fossil, poke holes into the edge to hold the string.

5th. Let the fossil dry overnight and then hang it if you wish.

Tip - Bake them for a short period to get the "dough" to harden.

Creating Critters*Capital Area Council*

Object: To create a new insect.

Materials: Scissors, glue, and a variety of colored construction paper.

How to play:

- Divide the boys into small groups.
- Give each group scissors, glue, and a variety of colored construction papers.
- Within a given time limit, each group designs and constructs a new species of insect.
- They must decide on a name for their bug, tell where it lives and what it eats.
- When all groups are finished, a spokesman for each group introduces their critter to everyone.

Hairy Harry*Capital Area Council***Supplies:**

- Old panty hose or knee-highs
- Potting soil
- Grass seed
- Wiggle eyes
- Red paint marker
- Small black pom pom
- Lo-temp hot glue gun
- Scissors
- Rubber band
- Water
- Small flowerpot

Directions:

1. If using panty hose cut off the foot end so that it is about a six inches long.
2. Carefully place a scant teaspoon of grass seed in the tip end of the hose.
3. Place enough potting soil on top of the seed so that you form a 3 to 4 inch ball.
4. Secure the loose end of the panty hose with a rubber band.
5. Hot glue the wiggle eyes below the seeds.
6. Hot glue the pom pom in place for a nose and use the marker to draw a mouth.
7. Hot glue the soil filled panty hose ball to the flowerpot, seed side up.
8. Water and keep moist and in a few days "Harry" will grow "hair".

Coffee Can Stilts

Capital Area Council

You need two large coffee cans.
 Clean and dry them.
 Get your Den Leader to help you make two holes in the can, one on one side and then one on the other.
 Then you do the same with the second can.
 Run the end of a rope into one hole and then the other end through the other hole on one of the cans.
 Get help to measure how long the rope should be according to how tall you are while your standing on the can.
 After you have the length you need tie the two loose ends together inside the can.
 Cut off any excess rope.
 Repeat for other can.
 Now you have stilts to walk around on.
 Lots of fun.

See Wolf Book for pictures on this project. CD

Trash Monster

Capital Area Council

You'll need for each Monster

- Two paper lunch bags,
- Construction paper,
- Markers, scissors and glue.

Directions

- ✓ Cut an oval opening in the bottom of one lunch bag.
- ✓ Open the other lunch bag and slide the first one inside it so the hole is at the top (monster's mouth) and the other bag's bottom is on the bottom.
- ✓ Decorate the bag, as you like with construction paper eyes and accordion-folded arms. Or use markers.
- ✓ Set the monster on a desktop and feed it small pieces of trash!

GAMES

Scavenger Hunt

Baloo's Bugle Archives

Conduct a clean-up treasure hunt on your school grounds or in your neighborhood. Not only will you have fun looking for the items listed, but you will pick up litter as well.

Wanted:

- | | | |
|---------------------|------------------|-------------------|
| A ballpoint pen | A red object | A lunch bag |
| A pencil | A blue object | A candy wrapper |
| A piece of clothing | A yellow object | Something plastic |
| Something round | Something glass | Notebook paper |
| A leaf or twig | A bottle cap | A broken crayon |
| A rubber band | Something square | Something metal |
| A paper clip | | |

Directions

1. Divide the group into teams of two or more.
2. Give each team two trash bags, gloves, and a copy of the wanted list.

Litter Sweep Relay

Capital Area Council

Object: To be the first team to make a clean sweep of all the litter.

Materials: A broom for each team and a small pile of dry trash: soda cans, paper, small plastic bottles, etc.

How to play:

- Divide into two teams and
- Give each team a broom and a small pile of dry trash - soda cans, paper, small plastic bottles, etc.
- At the start signal, the first boy on each team sweeps the trash to a certain point and back.
- The next team member then takes over, and so on until all have run.
- The first team finished wins. If a boy loses any trash he must sweep back and pick it up.

TRASH CAN RELAY

Sam Houston Area Council

Set up five classroom trash cans in an obstacle course. The first cub on the team runs the course, weaving in and out around the cans.

When the cub reaches the last can, he turns around and weaves back to the team.

The runner taps the next team member in line, who takes his turn running the course...

You could give each boy on each team five pieces of trash that have to make it in each trash can as they go through the obstacle course.

WASTE NO WATER

Sam Houston Area Council

- ✓ Fill a clean open-topped non-breakable container (a plastic spaghetti sauce jar or a soup can work well) with water for each team. Be sure the containers are the exact same size and filled to the brim with water.
- ✓ Set a start and finish point.
- ✓ At a signal, the first runner heads for the finish line, walks over the line, turns around and heads back to his or her team, and passes the container to the next person in line.
- ✓ At the end of the race, the team with the most water still in the container is the winner.

NEWSPAPER RELAY

Sam Houston Area Council

- Provide a stack of newspapers for each team and have team members divide the stack evenly among themselves.
- Set up a paper bag or recycle bin (or whatever container your community uses for recycling newspaper) at a finish line.
- At a signal, the first member of the team carries his or her stack of newspaper to the finish line, deposits it in the container, runs back to the team, and taps the next person in line.

PUTT FOR POINTS*Sam Houston Area Council***Equipment:**

Five empty cans large enough for a golf ball,
golf club,
paint,
golf balls (*maybe you'll want to use the wiffle type gold balls??*)

To play:

- ✓ Paint five cans with bright colors.
- ✓ Paint or draw a point value on each can. (Suggestions: Paint the number 5 on one can, the number 10 on another, 15 on a third, 20 on a fourth, and 50 on the fifth.)
- ✓ Set up the cans in a row.
- ✓ Give students three golf balls and three chances to accumulate points for their team.

KICK THE CAN RELAY*Sam Houston Area Council***Equipment:** Two empty cans**To play:**

Divide the den into two teams and line them up relay style behind a start/finish line.

Give each team an empty can.

The object of the game is for the first Cub on each team to kick the can to a turning point and then back to the start/finish line.

One at a time, the rest of the team repeats the action.

The first team finished wins.

LITTER BASKETBALL*Sam Houston Area Council*

Boys always get fussed at for doing this – why not make it a game?

Equipment:

Lots of crumpled newspaper, computer or copy paper,
trash cans

To play:

- Divide the den into two teams and seat them behind a throw line.
- Place the trash cans about 10 feet away. (the distance depends on the motor skills of your boys.)
- On the signal to GO, Cubs fire their paper “basketballs” at the trash can goals.
- After a set amount of time stop the game.
- Count the number of “basketballs” in each trash can.
- The team with the most “basketballs” in the cans wins.
- Work together to collect the paper and place it in a recycle bin.

TUMBLING TOWERS*Sam Houston Area Council*

- ✓ This activity can be done one team at a time.
- ✓ Provide a recycle bin full of clean aluminum cans (for example, soda pop cans).
- ✓ At a signal, cubs have 2 minutes to stack the cans one atop another.
- ✓ Each cub takes a turn at building a tower by stacking cans one atop the other.

- ✓ The cub on each team who builds the tallest tower then represents his team in a final team-against-team stacking competition.

PAPER, PLASTIC, ALUMINUM*Sam Houston Area Council*

The Cub Scouts stand in a circle with one Cub in the center.

The Cub in the middle holds a beanbag and tosses it to one of the Cubs standing in the circle.

While it's in the air, the Cub in the center shouts either “PAPER!”, “PLASTIC!”, or “ALUMINUM!”

The Cub who catches the beanbag must name an object made from paper, plastic, or aluminum in 5 seconds while the other Cubs count out loud.

If the object's name is duplicated, or if the Cub can't think of an object, he's out of the circle.

When there is only one Cub left (the winner) he takes the place of the Cub in the middle of the circle.

NEWSPAPER HOCKEY*Great Salt Lake Council***Materials needed**

Roll of newspaper for each boy,
Soft rubber ball or nerf ball,
Two goals

Play:

- ✓ Play like you would regular street hockey.
- ✓ Each team has a goalie.
- ✓ “High Sticking” results in a penalty.

RECYCLED BOTTLE BOWLING*Great Salt Lake Council***Materials needed:**

Seven or more 2 – liter bottles,
Water,
Volleyball or basketball

Play:

- ✓ Have boys fill each bottle with a few inches of water.
- ✓ Replace lids.
- ✓ To play the game, boys take turns setting up the “pins” and bowling with the ball.
- ✓ They can keep individual scores or team scores after so many rounds.

Or try it the Texas way -

LET'S GO BOWLING*Sam Houston Area Council***Materials:**

As many empty 2 liter soda bottles that you want for bowling pins (10), water, ball, chalk or masking tape

Directions:

When playing outside, mark off the spots for the bottles with chalk. That will make it easier for Cub Scouts who are going to set up the pins. For inside bowling you can make small Xs with the masking tape on the floor to mark where the bowling pins go.

Fill the bottoms of the bottles with a small amount of water. Set up as many lanes as you like... Grab some balls and have fun setting up and knocking the pins down.

RECYCLE MAN*Great Salt Lake Council***Materials needed:**

chairs – need one less than there are boys

Play:

- ✓ One person is “Recycle Man” and stands in the center of the group,
- ✓ The group is seated in chairs.
- ✓ Each boy is given a name of paper, plastic or aluminum.
- ✓ When “Recycle Man” shouts one or two of these names, the boys having these names must change chairs.
- ✓ While they are changing, “Recycle Man” tries to get one of their chairs.
- ✓ The boy without a chair becomes “Recycle Man”.
- ✓ Now and then, “Recycle Man” can shout, “Recycle Man”, which is a signal for everybody to change chairs.
- ✓ “Recycle Man” tries to find a chair at that time too.

RECYCLED LID FRISBEE*Great Salt Lake Council***Materials needed:**

Variety of plastic lids from margarine containers, yogurt containers, etc.,
Tape or string,
Markers

Play:

- ✓ With a permanent marker, mark half the lids with the letter “C” for Cubs and the other half with the letter “S” for Scouts.
- ✓ Divide the group into two teams, the Cubs and the Scouts.
- ✓ Give the team the appropriate set of lids.
- ✓ Using tape or string, mark two targets circles about 15 feet away from a base line.
- ✓ Each team must stand behind the base line and sail their lids, Frisbee style, into their target.
- ✓ A point is awarded for each lid that lands in the target.
- ✓ A point is taken away if a lid lands in the opposing target.

CUB GRUB**Dirt Cake***Baloo's Archives***Ingredients**

1 ¼ # pkg Oreos
1/2 stick margarine
8 oz. cream cheese
1 cup powdered sugar
3.5 cups milk
2 small boxes instant vanilla pudding
12 oz. Cool Whip

Directions:

- ✓ Crush Oreos until fine.
- ✓ Cream margarine, cream cheese and powdered sugar together.
- ✓ Mix milk and pudding and combine with margarine mixture.
- ✓ Mix well, then add Cool Whip.
- ✓ Using a large rectangular cake pan, alternate layers of Oreo crumbs and pudding mixture in the containers.

- ✓ Arrange top layer to look like a path.
- ✓ Add various gummy and other candies to look like litter along the path

Quicky Dirt Pudding*Great Salt Lake Council***Ingredients:**

Chocolate pudding snack packs (enough for each boy)
Large plastic cups (enough for each boy)
Chocolate cookie crumbs (Oreos work well)
Gummy worms (about 3 or 4 per boy)

Directions:

- ✓ Scoop the pudding out of the pack and
- ✓ Place it into the plastic cup.
- ✓ Add cookie crumbs and gummy worms.
- ✓ Mix together and enjoy.

Sour Cream Sugar Cookies*Great Salt Lake Council***Ingredients:**

1 stick butter, softened but not runny
1 cup sugar
1 egg
1/2 cup sour cream
1 teaspoon vanilla
3 1/4 cups flour
1 teaspoon baking soda
1/2 teaspoon salt

Directions:

- ✓ Preheat oven to 350° – Yields about 3 dozen
- ✓ Cream butter and sugar.
- ✓ Add egg and beat until fluffy.
- ✓ Add sour cream and vanilla.
- ✓ Blend well
- ✓ Mix together flour, baking soda and salt.
- ✓ Gradually add to creamed mixture. (May need to add a little more flour).
- ✓ On floured board or counter, roll out to 1/8 – 1/4 inch thick.
- ✓ Cut out into desired shapes.
- ✓ Bake on ungreased cookie sheet 5 – 7 minutes or until done (shine in gone and edges of cookies are beginning to brown lightly).
- ✓ Cool and let the boys have fun decorating.

EARTH RICE CRISPY TREATS*Sam Houston Area Council***Directions:**

- ✓ Mix a batch of crispy rice treats (visit www.ricekrispies.com if you need a recipe).
- ✓ Rather than placing the batch of treats in a 9”x 13” pan to cool, put the batch of treats in a round pizza pan.
- ✓ Once the treats have cooled, use green and blue frosting to color the earth (continents and oceans) on the round crispy treat.

DIRT CUPS*Sam Houston Area Council***Ingredients**

- 2 cups of cold milk
- 1 package (4 serving size) instant pudding (chocolate flavor)
- 3 ½ cups (8 ounce container) whipped topping, thawed
- 1 package (16 ounces) chocolate sandwich cookies. Crush them into tiny pieces in a plastic bag.
- 10 cups
- Gummy worms or insects

Directions:

- ✓ Mix milk and pudding in a bowl with a wire whisk until blended.
- ✓ Stir in whipped topping.
- ✓ Add half of the crushed cookies.
- ✓ Divide pudding mixture between the cups.
- ✓ Sprinkle remaining cookies on top of the pudding in each cup.
- ✓ Add gummy worms.

MUDPIE COOKIES*Sam Houston Area Council***Ingredients**

- 2 cups sugar
- 2 tablespoons cocoa
- ½ cup milk
- ½ cup butter
- ½ cup peanut butter
- Litter to Glitter Page 18
- 2 cups oatmeal
- 1 teaspoon vanilla flavoring

Directions:

- ✓ Lay out sheets of waxed paper on table or counter.
- ✓ Mix the sugar and the cocoa together in a bowl.
- ✓ Stir in the milk.
- ✓ Put the mixture in a pot, add the butter, and put it on the stove to cook. It needs to come to a full boil and cook for two minutes.
- ✓ Keep stirring the mixture the whole time so that it won't burn.
- ✓ Take the mixture off of the stove and add to the bowl of sugar and cocoa.
- ✓ Dip, by spoonfuls, on to waxed paper and cool.

WEBELOS

This could be a Webelos Den's last salute and thank you to the pack before graduation. CD

Graduation of a Webelos Den to Boy Scouts*Adapted from Alapaha Council Pow Wow Book**All graduating Cub Scouts stand at the front of the room.*

Props: 10 candles, 10 cards with verse

*Dim lights - candles are lit:***Cub # 1:** We've played together and worked together.**Cub # 2:** Maybe had a fight or two.**Cub # 3:** We've taken trips and had some slips.**Cub # 4:** And seen many projects through.**Cub # 5:** That Tiger Badge seems so long ago**Cub # 6:** We earned our Wolf and Arrow Points.**Cub # 7:** And passed the tests for our Bear degree.**Cub # 8:** We earned Activity Awards for Webelos**Cub # 9:** And finally those for Arrow of Light**Cub # 10:** Now, Boy Scouts we'll soon be.**Leader:** We hope you remember Den (#) with delight!**CM:** We salute you Den (#)! Good luck! Happy Scouting!

At this time, the den does its cheer one last time and the Bridging Ceremony to Boy Scouts is begun

WEBELOS -to- Boy Scouts Bridging Ceremony

Del-Mar-Va Council

I picked this up at Del-Mar-Va Council Pow Wow a few years ago and it has become my favorite bridging ceremony. The bridge I made for this ceremony generally gets used several times each year as other Packs in my district borrow it for the ceremony. CD

Props -

- 4 - 5 to 6 foot 4 X 4's (or 2X6's) for foundation notched to interlock
- 5 - 4 foot 2x10's - one plain, one yellow, one blue, one green, one red

Set Up -

All words are spoken by same person (Narrator, Cubmaster) but you could divide them up amongst several leaders.

Ceremony -

WEBELOS leader, will you please place the first post on the stage in a North/South direction. (WL places post)

WEBELOS Asst. leader, please place the second post on the stage three feet away from the first post in the North/South direction. (WA places post)

These two posts placed here are symbolic of the foundations of Scouting that these WEBELOS leaders have instilled in their WEBELOS Scouts through activities and outings as represented by the natural brown color.

Scout Master (name) and Assistant Scout Master or Senior Patrol leader), please place your posts in an East/West direction 3 feet apart over the North/South posts that are already in place. (SM and SPL place posts)

As represented by the structure assembly, Boy Scouting will build on the Scouting foundation begun in WEBELOS. These leaders have set the stage for bridging the boys from Cub Scouting into Boy Scouting.

WEBELOS Scout (name), will you and your parents please bring the unfinished plank forward and place it across the east/west posts. (Scout places plank)

This unfinished plank represents the boys as they arrived in Cub Scouting, full of potential but unfinished.

WEBELOS Scout (name), will you and your parents please bring the blue plank forward and place it snugly against the unfinished plank. (Scout places plank)

This Blue plank represents the Wolf and Bear years of Cub Scouting where with the help of their parents the Scouts became true blue and loyal friends.

WEBELOS Scout (name), will you and your parents please bring the gold plank forward and place it snugly next to the blue planks. (Scout places plank)

This Gold plank represents their golden years in Cub Scouting as Webelos learning important skills through activity badges and culminating in the Arrow of Light.

WEBELOS Scout (name), will you and your parents please bring the green plank forward and place it next to the gold plank. (Scout places plank)

This green plank represents their new beginning as Boy Scouts, who will soon be green Tenderfoot scouts, anxious to begin the Boy Scout trial toward Eagle.

WEBELOS Scout (name), will you and your parents please place the final plank onto the bridge. (Scout places plank)

This last plank is red the predominant color in the Eagle Scout Badge and represents the fact that as they step off the bridge from Cub Scouting to Boy Scouting they are beginning of their journey to becoming Eagle Scouts.

Webelos entering Troop (number), please assemble with your parents at the unfinished board of the now completed Bridge to Scouting?

As we present you with your Pack graduation Certificate, will each parent please remove your sons Webelos neckerchief and slide.

Scoutmaster invites boys across the bridge, calling each by name and (performing whatever ceremonies are customary for your pack and troop)

After all have crossed - Pack (number) please stand and show your pride to the new Boy scouts from this Pack. (Cheer (Blast Off), Applause)...

We are very proud of you all.

ENGINEER TECHNOLOGY GROUP

Great Salt Lake Council

Den Activities

- ✓ Arrange for boys to visit an engineer or surveyor in a municipal county office. Plan for the boys to look through the surveyor's manual and read a rod.
- ✓ Visit a construction site and see the plans that are being followed.
- ✓ Visit the county water works or a TV or radio station.
- ✓ Have someone explain how to read topographic maps.
- ✓ Make a block and tackle. Be sure to explain its purpose.
- ✓ Make catapults and demonstrate them at pack meeting, shooting at a safe target (away from people) candies for distance.
- ✓ Discuss different types of engineers. If one can visit your den, let him describe briefly what his duties are.
- ✓ Have an engineer or surveyor visit your den meeting.
- ✓ Demonstrate the basic principles of leverage by using a teeter-totter or a plank with a fulcrum made of bricks or blocks.
- ✓ Invite a civil, electrical, mechanical or chemical engineer to the meeting to discuss his/her occupation.
- ✓ Obtain a blue print of a building and ask an engineer to discuss the plans. Then tour the building.
- ✓ Measure the dimensions of your meeting place and include the locations of doors and windows. Show how to sketch a simple floor plan with these measurements.

- ✓ Have a resource person demonstrate the use of drafting tools.
- ✓ Invent a machine to do a task. You might even have fun concocting a "Rube Goldberg" invention.
- ✓ Have an engineer visit your den and tell about his profession. He might be able to bring a set of blueprints, and explain the symbols used, and show how he uses blueprints.
- ✓ Ask your local Boy Scout troop to give a demonstration of some of the skills needed for the Pioneering Merit Badge. One particular item of interest would be to see a rope monkey bridge being lashed together.

Model Monkey Bridge

Circle Ten Council

Based on a foot bridge found in the high mountains of India, the monkey bridge uses one thick rope to walk on and two others as hand ropes.

The same design and knots used in the full-sized version are used in this model. The monkey bridge is often built in Scout camp as part of the Pioneering merit badge.

You'll need some hemp cord, some pieces of strong string, four 1/4" dowels 10" long, and two 1/4" dowels 4" long. A piece of scrap lumber at least 30" long and 4" wide makes a good base.

Make the shear lashings first, about 4" from the top of the shear legs. Tie loosely so the legs can open. Add the crosspieces, fastened with square lashings about 2" from the bottom. All lashings begin and end with a clove hitch. Stretch the cord between the supports and tack the ends in place. Add the hand ropes and fasten them to the same anchor. Paint or stain the wood to give the bridge a rustic look.

Speakers in the following Fields of Engineering

Circle Ten Council

You may be lucky enough to have some Moms and Dads of your Scouts who are Engineers. Invite them to speak about what they do. Perhaps, they could even take the den to see where they work and what they do. Or maybe there is a big local plant near you that has Engineers who would be willing to volunteer some time to show your den around. I live near a large Dupont facility and have met some of their staff and toured their Waste Treatment facility. Here are some ideas about what engineers do -

Aeronautical Engineering - deals with the whole field of design, manufacturing, maintenance, testing, and the use of aircraft.

Industrial or Management Engineering - pertains to the efficient use of machinery, labor, and raw materials in industrial production.

Chemical Engineering - concern with the design, construction, and management of factories in which essential processes consist of chemical reactions.

Civil Engineering - is one of the broadest of the engineering fields dealing with the creation improvement and protection of the communal environment. Buildings, roads, bridges, airports and other constructions are just a few of the areas civil engineers impact.

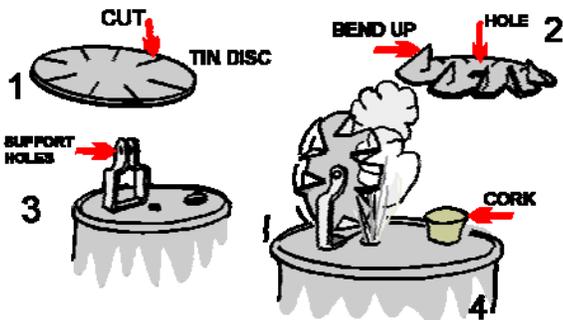
Electrical Engineering - involves the use of electrical power, electrical machinery and communication, information, and control systems.

Geological and Mining Engineering - includes activities related to the discovery and processing of minerals.

Mechanical Engineering - speaks to the design and operation of all types of machinery.

Safety Engineering - is concerned with the prevention of accidents.

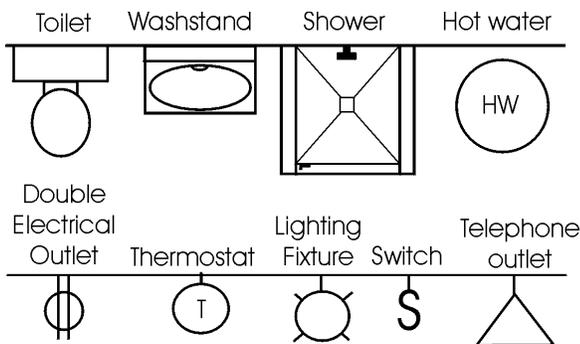
Make A Steam Engine
Circle Ten Council



A Webelos Scout may get a graphic demonstration of the power of steam by building the simple steam turbine shown in this illustration. Materials needed are a tin can, a lid from a second tin can, a pair of tin snips, a sheet metal screw, a cork, a power drill, an extra piece of tin to make the support for the turbine wheel, a finishing nail, and a source of heat. Assemble to look like the illustration.

Blueprint Symbols.
Circle Ten Council

Can be used in floor plans drawn for requirement 8 of the Webelos Engineer activity badge. Make a game of learning them by putting each one on a 3" x 5" card and using them as flash cards.



Paper Bridge Competition

*Karen, Webelos Leader (and an engineer),
Pack 23, Suffern, NY*

Materials:

- 2 rolls masking tape
- 2 stacks of newspaper (a good size Sunday paper will do)
- 4 chairs with backs
- 2 identical sets of books or blocks (for weight)

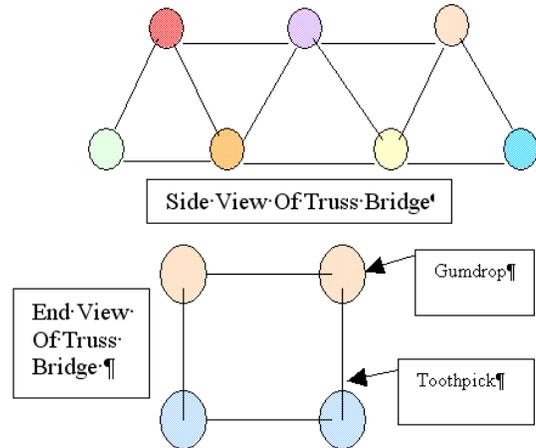
Divide the Den into two groups. Let an adult help each group if available. Give each group a roll of masking tape and a stack of newspapers. Set up the chairs in pairs about 4

feet apart. Each group must make a bridge using the materials provided that spans from one chair to the other.

After a set amount of time (15 to 20 min), see how much weight each bridge can support without failing. The bridges may be a truss, suspension, or cable stayed bridge, but must span from one chair to the other without touching the ground in between.

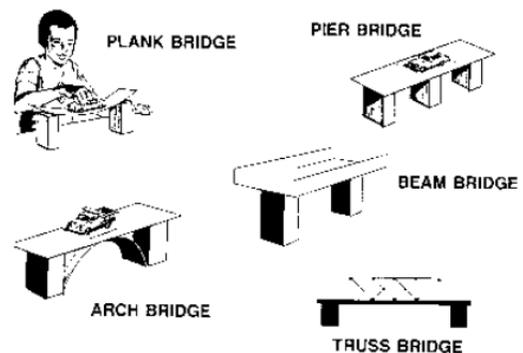
Gumdrop Truss Bridge

*Karen, Webelos Leader (and an engineer),
Pack 23, Suffern, NY*



This is a fun project that illustrates the strength and rigidity of a truss bridge. You will need a box of round toothpicks and a couple of bags of inexpensive gumdrops (or spice drops). Scouts can work as pairs or individuals on this project. Each scout should start by assembling a single triangular panel using 3 gumdrops and 3 toothpicks. (It is important to notice the strength of the triangular shape.) From there they can extend the side panel of the truss by adding more toothpicks and gumdrops.

Once the single truss is about 4 panels long, the scouts can begin the second truss side. The two sides are then connected together by adding toothpicks between matching gumdrop node points. This short bridge span, which is about 8 inches long, will be very stiff and strong. Spanning the bridge between two stacks of books, or the like can test the strength. A cup full of pennies can be used to load the truss. After testing the strength, the scouts can extend the bridge length by adding more pieces. A second level of truss may be added for really long spans (2 ft or more). The scouts will enjoy testing out various different bridge configurations.



The Right Person for the Job!

*Annawon, Cape Cod and Islands, and
Old Colony Council Pow Wow Book*

Use a word from this list to fill in the correct answer.

- | | |
|--------------|------------|
| Aeronautics | Electrical |
| Chemical | Physical |
| Computer | Industrial |
| City | Mechanical |
| Agricultural | Civil |

1. An engineer who designs plants to make water safe to drink - _____.
2. An engineer who designs machines in a factory - _____.
3. An engineer who tests new processes and checks old ones in a chemical plant - _____.
4. An engineer who plans new circuits and directs workers in an electrical plant - _____.
5. An engineer who designs and tests new space techniques - _____.
6. An engineer who designs and tests new techniques for new equipment for industry - _____.
7. An engineer who designs and tests equipment for farmers and ranchers - _____.

Bridges & Machines

*Annawon, Cape Cod and Islands, and
Old Colony Council Pow Wow Book*

Use a word from this list to fill in the correct answer.

- | | |
|--------------|-------------------|
| Catapult | Arch Bridge |
| Pulleys | Suspension Bridge |
| Beam Bridge | Levers |
| Plank Bridge | Block & Tackle |
| Truss Bridge | Pier Bridge |

1. A flat surface over two supports - _____
2. A flat surface over three or more supports - _____
3. A flat surface over an arched support - _____
4. A flat surface with turned up edges - _____
5. A bridge with sides made up of a series of triangles - _____
6. A bridge that appears to hang from strong strung cables - _____
7. A pulley(s) and a rope or cable - _____
8. A slingshot or other device used to project something - _____

**Rubber Bands & Engineering
Rubber Band Strength**

*Annawon, Cape Cod and Islands, and
Old Colony Council Pow Wow Book*

One of the requirements for engineer is to make a catapult. This requires the use of a rubber band or two, or a piece of tire inner tube. The rubber band is "elastic" and it stretches, but then returns to it's original shape. Before using materials in building, engineers must know the characteristics. Does it expand or contract? Is it weak or strong? Does it burn or not?

You can try an experiment to learn more of the characteristics of rubber bands and other elastic material. Get a collection of different sized rubber bands. Measure them for length, width and thickness (if you can). Make a

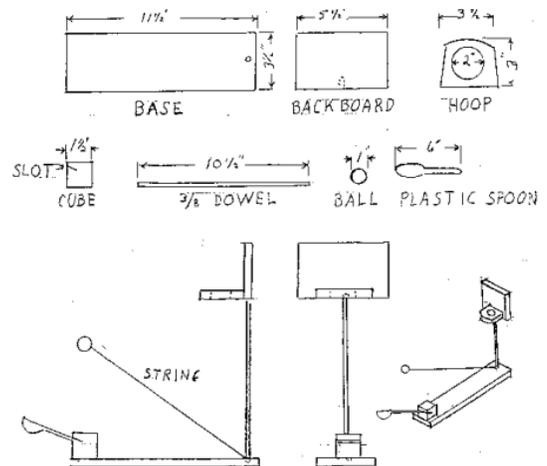
chart that shows this information and mark each rubber band clearly so you know which is which. (Using colored rubber bands is best.)

Rubber band	Original			Stretched		
	Length	Width	Thickness	Length	Width	Thickness

With each rubber band, attach one end to a cup hook that is screwed into a board. Attach the other end to a known weight. How far down does each rubber band stretch? Does its thickness change? Does its width change? Which rubber band is the strongest? Which rubber band is the weakest? How can you tell?

Basketball Catapult

*Annawon, Cape Cod and Islands, and
Old Colony Council Pow Wow Book*



Instructions

1. Base, backboard and hoop are made from a 1"x4" board.
2. Drill holes in base and backboard 3/8" diameter and 1/2" deep.
3. Cut a slot at a 15 degree angle in a cube block large enough for the handle of a plastic spoon.
4. Cut hole for the hoop first; then finish cutting the hoop piece. *(We used a slice of 2" diameter PVC pipe and screwed it into backboard.)*
5. Glue the hoop to the backboard; then glue dowel rod into backboard and base.
6. Glue cube block to base and insert spoon into slot.
7. Cut string and attach one end to dowel rod at base and the other end to any 1" sized ball *(ping pong balls work well).*

ATHLETE PHYSICAL SKILLS GROUP

Sam Houston Area Council

Athletes persevere to meet their goals. They try to do things that are a little bit harder than what they can do right now. With those goals, they make improvement and become a great athlete as they do their best one little step at a time.

DEN ACTIVITIES

IDEAS FOR DEN ACTIVITIES

- ★ Take the den on a short bicycle trip
- ★ Have a tug of war.
- ★ Do exercises as a den.
- ★ Attend a high school or college athletic event.
- ★ Attend a track meet or gymnastic event
- ★ Visit a gym and try out weight lifting equipment.
- ★ Invite a physical education teacher or gymnastics instructor to talk about fitness.

REMEMBER

- ✓ When putting boys to any test, the important point is that they do their best!
- ✓ While some in physical feats do excel, some others in mental abilities do well.
- ✓ So don't compare and expect the same of all.
- ✓ Let each set his personal best goal.
- ✓ Give them encouragement and praise their skill, and you'll find they will strive their best to fulfill.

EXERCISES AND GAMES

AGILITY EXERCISES

Perform these exercises within the designated time limits. Be sure to rest for two minutes between each set.

Set 1 – within 8 minutes

- ✓ Fish Flops – Lie flat on your stomach with arms and legs extended and off the ground. Rock back and forth. Do for two minutes.
- ✓ Grass Drill – Run in place. Drop to the ground and bounce up again for two minutes.
- ✓ Quick foot – Knee Touch – Drop quickly to one knee and bounce up again. Alternate knees for two minutes.

Set 2 – within 4 minutes

- ✓ Crab mirror – Two players on all fours. One moves at random to the left, right, back or forward. The other mirrors his moves. Switch leaders at the one minute mark. Do for two minutes.
- ✓ Sit ups – Lie on back with feet together, hands clasped behind head. Rise up and touch elbows to knees. Do as many as possible for one minute.

FLEXIBILITY EXERCISES

- ✓ **Fingers** – Extend arms to side, palms down. Quickly flex the fingers by alternating between fist and open hand position. Continue for 30 seconds.
- ✓ **Wrists** – Extend arms to front, palms down, wrists locked. Rotate wrists clockwise, then counterclockwise. Continue for 30 seconds.
- ✓ **Palms** – Same position as wrists. Turn palms inward and outward in quick short movements. Continue for 30 seconds.

PULL OVER

This game is similar to tug-of-war – without a rope! Divide the Scouts into pairs. Each pair grasps right hands, braces their feet and each tries to pull the opponent over a center line on the ground. The game may be varied by changing hands.

GORILLA RELAY

Webelos Scouts spread their feet shoulder width, then bend down and grasp their ankles. They then walk forward, keeping their knees locked and their legs straight. Divide into teams, and run as a relay over a course of however long you want it to be.

TORTOISE AND HARE

Boys are in a circle, about three feet apart, and begin jogging slowly in place. When the leader calls, "Hare," the tempo is stepped up, knees are lifted high, and the arms are pumped vigorously. When the leader calls, "Tortoise," the tempo slows to an easy jog. Make changes swiftly for more fun.

TREES IN THE WIND

Boys are in a circle facing counter-clockwise. They run slowly around the circle, bending left, right, forward, and back as though swaying in a breeze. On command, "Reverse," they turn and run in the opposite directions.

INCHWORM

Boys assume push-up position. Holding their hands in place, they walk their feet up as close to the hands as possible. Then, holding their feet in place, they "walk" their hands out to push-up position again.

TIN CAN WALKER RACE

Needed: Several large tin cans and rope

1. Make tin can walkers by punching two holes opposite each other near the tops of the tin cans. Tie ropes in large loops which pass through the holes in the tin cans.
2. Boys stand on cans and hold ropes in hands. Pulling up on the ropes and stepping forward take steps.
3. Try relay races between dens. Using three cans and two boys, (Sharing the middle can) a three-legged race can be run.

Being Healthy

Circle Ten Council

Good Health Habits Quiz

Circle the correct answer(s).

1. Bathe/shower (everyday OR once per week) and especially after exercise.
2. Wash your hair (1/month OR 2+ times/week).
3. Wash hands (before eating OR after using the restroom) and when they're dirty.
4. Eat right - (3 OR 4 OR 6) regular meals each day at regular times!
5. Eat (just some OR a variety of) food from each of the 4 food groups.
6. The average 10 year old should get at least (6 OR 9 OR 12) hours of sleep each night.

ANSWERS: 1. Everyday, 2. 2+ times, before eating and after using restroom, 3. 3 meals, 4. Variety, 9 hours

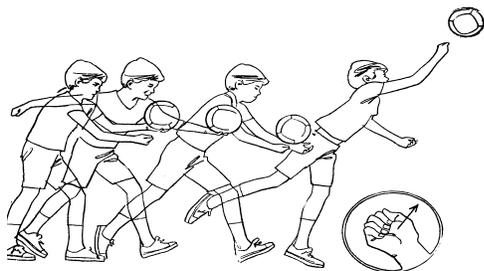
Clean & Strong
Circle Ten Council

Circle T for True or F for False.

- T F Our bodies "repair" themselves while we sleep.
- T F Clean clothes aren't necessary after a bath or shower - they are just in the morning.
- T F Use proper lighting for all activities including reading, TV viewing, and playing.
- T F Fitness is never just physical - it involves both the mind and body together.
- T F Stand tall, and walk tall with shoulders back and stomach in.
- T F It's OK to share drinking cups, washcloths and towels.
- T F Different foods provide different nutrients, and no one food can sustain us.
- T F Rushing meals or skipping meals can be harmful to your body.

ANSWER: 1 - T, 2 - F, 3 - T, 4 - T, 5 - T, 6 - F, 7 - T, 8 - T

Volleyball Serve it Underhand
Circle Ten Council



The underhand serve is the easiest to master for volleyball. In a game you must put the ball into play from a 10 foot wide area behind the end line. Always practice with a line in front of you so you will learn not to cross it until you have released the ball.

For the underhand serve (if right handed), stands with your left foot about 13" in front of the right foot. Bend both knees a little, lift the ball in both hands out in front of your chest, to your right side. Hold the ball in the left hand and start to bring the right hand down. Close the finger of the right hand as if you were making a loose fist.

Keep your eyes on the ball. Bring right hand down, back, and up behind you. Step a quarter step forward on your left foot. Swing your right hand at ball. Just before you hit it, toss the ball up a little and drop your left hand away from it. (The rules say – release your left hand from the ball before hitting it.) Strike ball solidly with the palm side of your fist and follow through. (Of left handed, reverse from right to left.)

Once you master the serve, try using the heel of hand instead of fist. Close hand instead of your fist. Close your hand half-

way so fingertips come just below the base of the fingers with thumb-tip beside the first joint of forefingers

The Athlete
Circle Ten Council
Tune: My Bonnie

They gave me a suit and a number
And sent me out on the field
They gave me a ball called the pigskin,
And shoes with some cleats, toe and heel

CHORUS

Muscles, Cramps, wracking my body with pain, with pain
I stand, wondering, if ever I'll do this again!

Next time they gave me a racquet,
They sent me out on the court
Funny the things you encounter,
While trying to learn a new sport.

(CHORUS)

The ordeal was finally over,
At least, that's what I thought,
When they shoved me the soccer equipment
I fainted dead on the spot!

(CHORUS)

Athlete Den Activities
Circle Ten Council

TOWEL PICKUP - Take off your shoes and socks. Pick up a towel with your toes.

PAPER PICKUP - Pick up a piece of paper from the floor without bending your knees

BOOK CARRY - Walk across the room with a book balanced on your head.

SKIN THE CAT - Clasp your hands in front of you. Try to step through the ring formed by your hands and finish standing upright with them clasped behind you. Return to your original position by stepping backwards through the ring.

TOE WRESTLING - Two wrestlers sit on the floor, facing each other with arms clasped around knees. When they are in this position, place a stick over each person's elbows and under his bent knees. Their feet should be flat on the ground with the toes of one touching the toes of his opponent. The object is for one wrestler to get his toes under the toes of his opponent and roll him over backwards. If either wrestler breaks the handclasp above his knees, the other wins the contest.

SIDEWALK TENNIS - Played with a tennis ball on two squares of sidewalk or patch of level ground marked off in similar size. Ball is batted with the hands. Use regular tennis rules, except that there is no serving court

SUGGESTIONS FOR COMPLETING ATHLETE ACTIVITY BADGE

Requirement #1

Can be combined with the Fitness Activity Badge and the Sportsman Activity Badge. The subjects of being physically healthy, balanced diets, and bad effects of drugs, alcohol, and tobacco can be combined and signed off all together.

Requirement #2

Takes the longest amount of time to complete and sign off of all the Physical Skills Group. To earn the Physical Fitness Sports Pin, the boy needs to earn 60 points in a 90 day period. They must exercise or be involved in some activity for 30 minutes to earn one point. The boy can earn a maximum of five points in a day. Just remember 30 minutes for one point, 60 points total in a 90 day period.

You can pass off requirements 3 through 9 as part of this pin, use requirement 3 and 4 of the Sportsman badge to meet the requirement.

POW WOW EXTRAVAGANZAS

Let me know as soon as your date is set. I will post whatever I receive! CD

Southern NJ Council

*Commissioner Dave and Engineer Frank
(with the help of a cast of many) present -*

Cub Scout Centennial Express

January 24, 2009

Somewhere in South Jersey

Call Southern NJ Council, 856-327-1700, extension 32, or visit the website, www.snjscouting.org for more information
That's right, we are already rolling for next year!!

WEB SITES

http://www.swa.org/site/recycling/school_recycling_education/school_recycling_and_education.htm

Recycling program and activities for youth from the Palm Beach County Solid Waste Authority

<http://www.epa.gov/epaoswer/education/students.htm>

Educational resource center of the Federal EPA.

<http://www.cpia.ca/teachers/news/details.php?ID=882>

California Teacher's Resource center for recycling and resources

http://www.energyquest.ca.gov/saving_energy/

This is the place with the 26 page activity booklet. Energy Quest is the award-winning energy education website of the California Energy Commission.

www.trashbash.org –

Have your pack participate in this year's "Trash Bash". It's generally held the last Saturday of March all over the Houston area. This looks to be a Texas activity but you could probably start one in your area.

<http://Earth911.org> –

Find the nearest recycling centers in your area (search by zip code)

www.paperretriever.com –

Find the nearest paper recycling bin

www.houstonbeautiful.org –

Website for "Keep Houston Beautiful" Does your town have one similar???

<http://www.kinderart.com/recycle/>

Many years ago, we worked in a public art gallery where the art room was shared by many instructors, as were the art materials. More often than not each class was an exercise in making three sheets of paper stretch into thirty art projects. Every week we had a choice to make. Do we throw up our hands in defeat or do we make due and improvise? Over time it was a given that before each class began, we would take a trip to the recycle room. It was there that we found inspiration as wild and wonderful project ideas jumped out at us from deep within recycle bins and throwaway boxes. We made musical instruments from flower pots, gargoyles from coffee trays and relief carvings from drywall. The more we made, the more we dreamed up. The following ideas will inspire you to reduce, reuse and recycle! ~Andrea & Jan

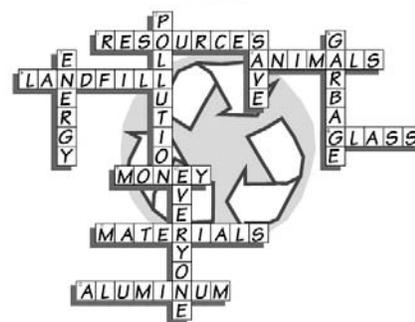
If you're looking for recycled art projects made from aluminum cans, visit <http://www.aluminouspublishing.com>. You'll find the E-book, Crafting Aluminum Art, which contains over 100 aluminum art ideas, including wreaths, ornaments, wall hangings, picture frames, toys, baskets, boxes, flowers, cookie cutters, candle holders, and more. Aluminum is soft and light and is easy to cut and bend. It's weather resistant too, so many of these projects can be displayed outside for all to see

And to find more -

Just Google "recycled art"

Get too many start adjusting your searches.

Why Recycle?



Glass Maze

You can take the glass bottle marked "CRV" to a recycling center and redeem it for money. You can reuse your glass containers as a vase, pencil holder, a candy jar... and much, much more!



ONE LAST THING

Can I borrow \$25?

Baloo's E-mail Inbox

A man came home from work late, tired and irritated, to find his 5-year old son waiting for him at the door.

SON: 'Daddy, may I ask you a question?'

DAD: 'Yeah sure, what it is?' replied the man.

SON: 'Daddy, how much do you make an hour?'

DAD: 'That's none of your business. Why do you ask such a thing?' the man said angrily.

SON: 'I just want to know. Please tell me, how much do you make an hour?'

DAD: 'If you must know, I make \$50 an hour.'

SON: 'Oh,' the little boy replied, with his head down.

SON: 'Daddy, may I please borrow \$25?'

The father was furious, 'If the only reason you asked that is so you can borrow some money to buy a silly toy or some other nonsense, then you march yourself straight to your room and go to bed. Think about why you are being so selfish. I don't work hard everyday for such childish frivolities.' The little boy quietly went to his room and shut the door.

The man sat down and started to get even angrier about the little boy's questions. How dare he ask such questions only to get some money? After about an hour or so, the man had calmed down, and started to think: Maybe there was something he really needed to buy with that \$25.00 and he really didn't ask for money very often. The man went to the door of the little boy's room and opened the door. 'Are you asleep, son?' He asked.

'No daddy, I'm awake,' replied the boy. 'I've been thinking, maybe I was too hard on you earlier' said the man. 'It's been a long day and I took out my aggravation on you. Here's the \$25 you asked for.'

The little boy sat straight up, smiling. 'Oh, thank you daddy!' He yelled. Then, reaching under his pillow he pulled out some crumpled up bills. The man saw that the boy already had money, started to get angry again. The little boy slowly counted out his money, and then looked up at his father.

'Why do you want more money if you already have some?' the father grumbled.

'Because I didn't have enough, but now I do,' the little boy replied. 'Daddy, I have \$50 now. Can I buy an hour of your time? Please come home early tomorrow. I would like to have dinner with you.'

The father was crushed. He put his arms around his little son, and he begged for his forgiveness. It's just a short reminder to all of you working so hard in life. We should not let time slip through our fingers without having spent some time with those who really matter to us, those close to our hearts. Do remember to share that \$50 worth of your time with someone you love.

If we die tomorrow, the company that we are working for could easily replace us in a matter of hours. But the family & friends we leave behind will feel the loss for the rest of their lives.

Thanks for Your Time

Baloo's E-mail Inbox

To all Cub Scout volunteers everywhere and my family & friends I want to thank you for your time.

Once you read this you will understand. CD

A young man learns what's most important in life from the guy next door.

It had been some time since Jack had seen the old man. College, girls, career, and life itself got in the way. In fact, Jack moved clear across the country in pursuit of his dreams. There, in the rush of his busy life, Jack had little time to think about the past and often no time to spend with his wife and son. He was working on his future, and nothing could stop him.

Over the phone, his mother told him, "Mr. Belser died last night. The funeral is Wednesday." Memories flashed through his mind like an old newsreel as he sat quietly remembering his childhood days.

"Jack, did you hear me?"

"Oh, sorry, Mom. Yes, I heard you. It's been so long since I thought of him. I'm sorry, but I honestly thought he died years ago," Jack said.

"Well, he didn't forget you. Every time I saw him he'd ask how you were doing. He'd reminisce about the many days you spent over 'his side of the fence' as he put it," Mom told him.

"I loved that old house he lived in," Jack said.

"You know, Jack, after your father died, Mr. Belser stepped in to make sure you had a man's influence in your life," she said

"He's the one who taught me carpentry," he said. "I wouldn't be in this business if it weren't for him. He spent a lot of time teaching me things he thought were important... Mom, I'll be there for the funeral," Jack said.

As busy as he was, he kept his word. Jack caught the next flight to his hometown. Mr. Belser's funeral was small and uneventful. He had no children of his own, and most of his relatives had passed away.

The night before he had to return home, Jack and his Mom stopped by to see the old house next door one more time.

Standing in the doorway, Jack paused for a moment. It was like crossing over into another dimension, a leap through space and time. The house was exactly as he remembered. Every step held memories. Every picture, every piece of furniture... Jack stopped suddenly.

"What's wrong, Jack?" his Mom asked.

"The box is gone," he said

"What box?" Mom asked.

"There was a small gold box that he kept locked on top of his desk. I must have asked him a thousand times what was inside. All he'd ever tell me was 'the thing I value most,'" Jack said.

It was gone. Everything about the house was exactly how Jack remembered it, except for the box. He figured someone from the Belser family had taken it.

"Now I'll never know what was so valuable to him," Jack said. "I better get some sleep. I have an early flight home, Mom."

It had been about two weeks since Mr. Belser died. Returning home from work one day Jack discovered a note in his mailbox. "Signature required on a package. No one at home. Please stop by the main post office within the next three days," the note read.

Early the next day Jack retrieved the package. The small box was old and looked like it had been mailed a hundred years ago. The handwriting was difficult to read, but the return address caught his attention. "Mr. Harold Belser" it read. Jack took the box out to his car and ripped open the package. There inside was the gold box and an envelope. Jack's hands shook as he read the note inside.

"Upon my death, please forward this box and its contents to Jack Bennett. It's the thing I valued most in my life." A small key was taped to the letter. His heart racing, as tears filling his eyes, Jack carefully unlocked the box. There inside he found a beautiful gold pocket watch.

Running his fingers slowly over the finely etched casing, he unlatched the cover. Inside he found these words engraved:

"Jack, Thanks for your time! -Harold Belser."

"The thing he valued most was...my time"

Jack held the watch for a few minutes, then called his office and cleared his appointments for the next two days. "Why?" Janet, his assistant asked.

"I need some time to spend with my son," he said.

"Oh, by the way, Janet, thanks for your time!"

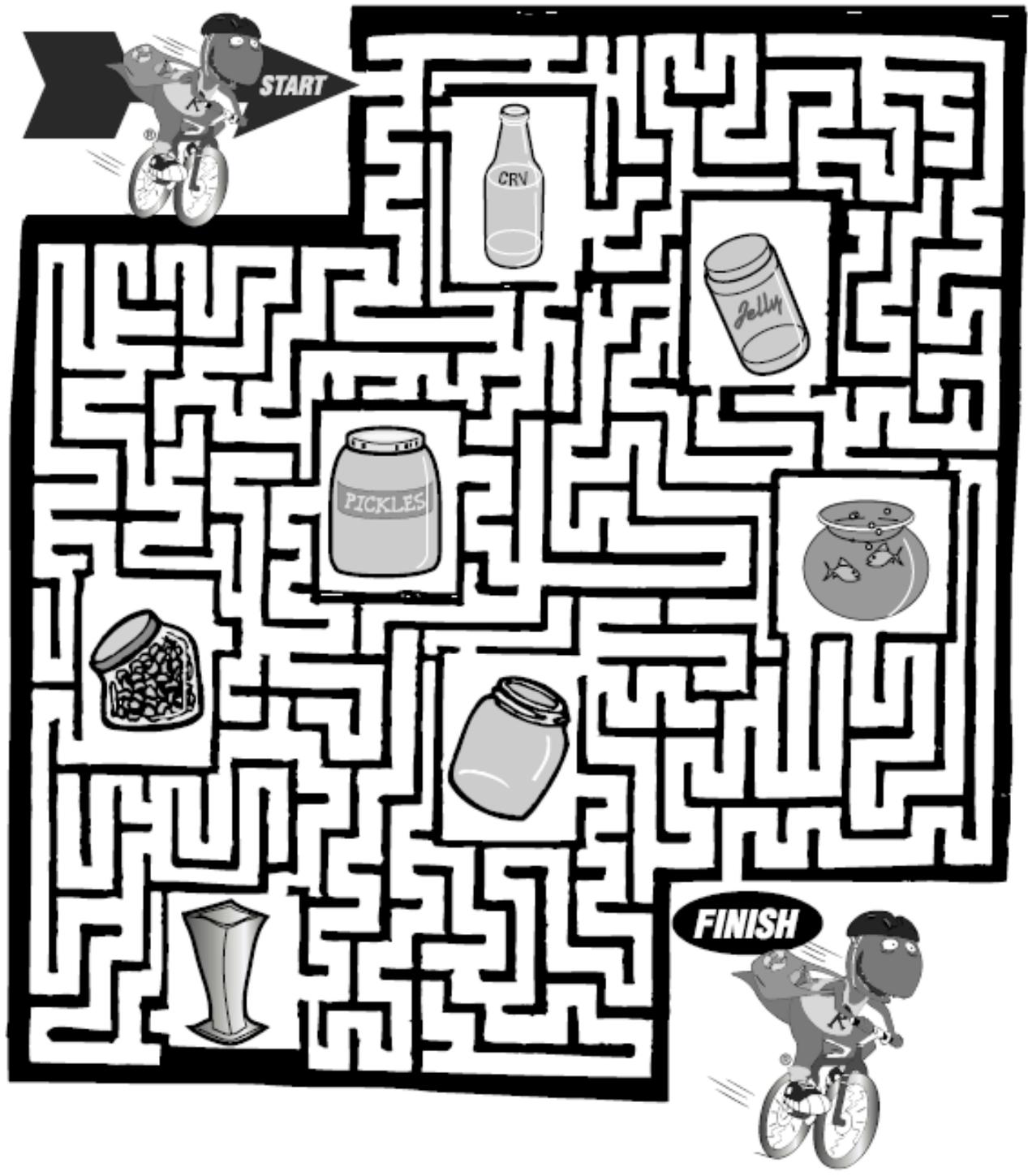
"Life is not measured by the number of breaths we take but by the moments that take our breath away,"

Think about this. You may not realize it, but it's 100% true.

1. At least 2 people in this world love you so much they would die for you.
2. At least 15 people in this world love you in some way.
3. A smile from you can bring happiness to anyone, even if they don't like you.
4. Every night, SOMEONE thinks about you before they go to sleep.
5. You mean the world to someone.
6. If not for you, someone may not be living.
7. You are special and unique.
8. When you think you have no chance of getting what you want, you probably won't get it, but if you trust God to do what's best, and wait on His time, sooner or later, you will get it or something better.
9. When you make the biggest mistake ever, something good can still come from it.
10. When you think the world has turned its back on you, take a look: you most likely turned your back on the world.
11. Someone that you don't even know exists loves you.
12. Always remember the compliments you received. Forget about the rude remarks.
13. Always tell someone how you feel about them; you will feel much better when they know and you'll both be happy.
14. If you have a great friend, take the time to let them know that they are great.

Glass Maze

Find your way through the maze and collect the glass containers. These items are all made from recycled glass. Which one of these items can you take to the recycling center and redeem for money? What other ways can you reuse your glass containers?



(Answer on a previous page)