



Salmon Run

Bear Adventure Workbook



No one may add or subtract from the official requirements found in the *Cub Scout Bear Handbook*
Requirements were revised in December 2016. This workbook was updated in October, 2018..

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this **checklist** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** should be sent to: Advancement.Team@Scouting.Org

Cub Scout's Name: _____ Pack No. : _____

Source for requirements: Cub Scout Bear Handbook (#34753 - SKU 646429)

This adventure is an elective adventure which can be used to earn the Bear Badge.

Complete requirements 1-4 plus two others.

1. Explain the importance of response personnel or lifeguards in a swimming area.

- Tell how the buddy system works and why it is important.

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2. Visit a local pool or swimming area with your den or family.

Go swimming or take a swimming lesson.

3. Explain the safety rules that you need to follow before participating in boating.

4. Identify the safety equipment needed when going boating.

5. Demonstrate correct rowing or paddling form.

Explain how rowing and canoeing are good exercise.

- 6. Show how to do both a reach rescue and a throw rescue.
- 7. Demonstrate the front crawl swim stroke to your den or family.
- 8. Name the three swimming ability groups for the Boy Scouts of America.

1. _____

2. _____

3. _____

- 9. Earn the BSA beginner swimmer classification.

When working on Cub Scout Advancements and awards, Cub Scouts, their parents, and Scouters should be aware of some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088). Important excerpts from that publication can be downloaded from <http://usscouts.org/advance/docs/GTA-Excerpts-Cub.pdf>.

You can download a complete copy of the *Guide to Advancement* from <http://www.scouting.org/filestore/pdf/33088.pdf>.